

# Gwendolyn A Sowa

## List of Publications by Year in descending order

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94  
papers

2,957  
citations

218677

26  
h-index

182427

51  
g-index

95  
all docs

95  
docs citations

95  
times ranked

3007  
citing authors

#	ARTICLE	IF	CITATIONS
1	Role of autophagy in intervertebral disc degeneration. <i>Journal of Cellular Physiology</i> , 2022, 237, 1266-1284.	4.1	27
2	Investigation into the anti-inflammatory properties of metformin in intervertebral disc cells. <i>JOR Spine</i> , 2022, 5, .	3.2	2
3	Comparison of Clinically Relevant Adipose Preparations on Articular Chondrocyte Phenotype in a Novel In Vitro Co-Culture Model. <i>Stem Cells and Development</i> , 2022, , .	2.1	2
4	ISSLS Prize in Bioengineering Science 2022: low rate cyclic loading as a therapeutic strategy for intervertebral disc regeneration. <i>European Spine Journal</i> , 2022, 31, 1088-1098.	2.2	1
5	Percutaneous lumbar annular puncture: A rat model to study intervertebral disc degeneration and pain-related behavior. <i>JOR Spine</i> , 2022, 5, .	3.2	7
6	ISSLS prize in basic science 2021: a novel inducible system to regulate transgene expression of TIMP1. <i>European Spine Journal</i> , 2021, 30, 1098-1107.	2.2	2
7	Risk Factors Associated With Transition From Acute to Chronic Low Back Pain in US Patients Seeking Primary Care. <i>JAMA Network Open</i> , 2021, 4, e2037371.	5.9	136
8	Subjective and Objective Measures in Assessing Neck Disability and Pain in Head and Neck Cancer. <i>Laryngoscope</i> , 2021, 131, 2015-2022.	2.0	7
9	Stratified care to prevent chronic low back pain in high-risk patients: The TARGET trial. A multi-site pragmatic cluster randomized trial. <i>EClinicalMedicine</i> , 2021, 34, 100795.	7.1	43
10	Rapamycin Ameliorates Age-Associated Intervertebral Disc Degeneration in Male Marmosets. <i>FASEB Journal</i> , 2021, 35, .	0.5	0
11	Lactate oxidative phosphorylation by annulus fibrosus cells: evidence for lactate-dependent metabolic symbiosis in intervertebral discs. <i>Arthritis Research and Therapy</i> , 2021, 23, 145.	3.5	13
12	Effect of CHRFAM7A 2bp gene variant on secondary inflammation after spinal cord injury. <i>PLoS ONE</i> , 2021, 16, e0251110.	2.5	9
13	Use of healthcare resources in patients with low back pain and comorbid depression or anxiety. <i>Spine Journal</i> , 2021, 21, 1440-1449.	1.3	6
14	Pancreatic Pain Knowledge Gaps and Research Opportunities in Children and Adults. <i>Pancreas</i> , 2021, 50, 906-915.	1.1	6
15	Association of Protein and Genetic Biomarkers With Response to Lumbar Epidural Steroid Injections in Subjects With Axial Low Back Pain. <i>American Journal of Physical Medicine and Rehabilitation</i> , 2021, 100, 48-56.	1.4	6
16	Use of Adipose-Derived Orthobiologics for Musculoskeletal Injuries: A Narrative Review. <i>PM and R</i> , 2020, 12, 805-816.	1.6	14
17	Descriptive Analysis of an Interdisciplinary Musculoskeletal Program. <i>PM and R</i> , 2020, 12, 639-646.	1.6	5
18	Biomechanical contribution of the alar ligaments to upper cervical stability. <i>Journal of Biomechanics</i> , 2020, 99, 109508.	2.1	4

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19	Prioritized Research for the Prevention, Treatment, and Reversal of Chronic Disease: Recommendations From the Lifestyle Medicine Research Summit. <i>Frontiers in Medicine</i> , 2020, 7, 585744.	2.6	36
20	Attenuation of ataxia telangiectasia mutated signalling mitigates age-associated intervertebral disc degeneration. <i>Aging Cell</i> , 2020, 19, e13162.	6.7	18
21	Rabbit Annulus Fibrosus Cells Express Neuropeptide Y, Which Is Influenced by Mechanical and Inflammatory Stress. <i>Neurospine</i> , 2020, 17, 69-76.	2.9	15
22	Influences of circulatory factors on intervertebral disc aging phenotype. <i>Aging</i> , 2020, 12, 12285-12304.	3.1	5
23	Actions of Prostaglandins on Human Nucleus Pulposus Metabolism Inferred by Cyclooxygenase 2 Inhibition of Cytokine Activated Cells. <i>Neurospine</i> , 2020, 17, 60-68.	2.9	5
24	A Stimulus-Response Framework to Investigate the Influence of Continuous Versus Interval Walking Exercise on Select Serum Biomarkers in Knee Osteoarthritis. <i>American Journal of Physical Medicine and Rehabilitation</i> , 2019, 98, 287-291.	1.4	15
25	Study protocol for targeted interventions to prevent chronic low back pain in high-risk patients: A multi-site pragmatic cluster randomized controlled trial (TARGET Trial). <i>Contemporary Clinical Trials</i> , 2019, 82, 66-76.	1.8	11
26	Systemic clearance of <i>p16<sup>INK4a</sup></i> -positive senescent cells mitigates age-associated intervertebral disc degeneration. <i>Aging Cell</i> , 2019, 18, e12927.	6.7	118
27	Optimization of compressive loading parameters to mimic in vivo cervical spine kinematics in vitro. <i>Journal of Biomechanics</i> , 2019, 87, 107-113.	2.1	4
28	Serum and nutrient deprivation increase autophagic flux in intervertebral disc annulus fibrosus cells: an in vitro experimental study. <i>European Spine Journal</i> , 2019, 28, 993-1004.	2.2	28
29	Association of a Functional Polymorphism in the <i>CHRFAM7A</i> Gene with Inflammatory Response Mediators and Neuropathic Pain after Spinal Cord Injury. <i>Journal of Neurotrauma</i> , 2019, 36, 3026-3033.	3.4	18
30	Effectiveness of Later-Stage Exercise Programs vs Usual Medical Care on Physical Function and Activity After Total Knee Replacement. <i>JAMA Network Open</i> , 2019, 2, e190018.	5.9	15
31	The Role of Type I Diabetes in Intervertebral Disc Degeneration. <i>Spine</i> , 2019, 44, 1177-1185.	2.0	32
32	Stabilization exercises combined with neuromuscular electrical stimulation for patients with chronic low back pain: a randomized controlled trial. <i>Brazilian Journal of Physical Therapy</i> , 2019, 23, 506-515.	2.5	16
33	Dynamic knee joint stiffness and contralateral knee joint loading during prolonged walking in patients with unilateral knee osteoarthritis. <i>Gait and Posture</i> , 2019, 68, 44-49.	1.4	22
34	Cellular Senescence in Intervertebral Disc Aging and Degeneration. <i>Current Molecular Biology Reports</i> , 2018, 4, 180-190.	1.6	55
35	Effects of the Insulin-like Growth Factor Axis and its Relationship in Nonsurgical Treatments in Patients with Lumbar Spinal Stenosis. <i>FASEB Journal</i> , 2018, 32, 588.24.	0.5	0
36	Effect of Comprehensive Behavioral and Exercise Intervention on Physical Function and Activity Participation After Total Knee Replacement: A Pilot Randomized Study. <i>Arthritis Care and Research</i> , 2017, 69, 1855-1862.	3.4	25

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37	Inflammatory Mediators Associated With Pressure Ulcer Development in Individuals With Pneumonia After Traumatic Spinal Cord Injury: A Pilot Study. <i>Archives of Physical Medicine and Rehabilitation</i> , 2017, 98, 1792-1799.	0.9	10
38	NSAID use in intervertebral disc degeneration: what are the effects on matrix homeostasis in vivo?. <i>Spine Journal</i> , 2017, 17, 1163-1170.	1.3	7
39	Scoping review to develop common data elements for lumbar spinal stenosis. <i>Spine Journal</i> , 2017, 17, 1045-1057.	1.3	2
40	Biomechanical Evaluation of Transpedicular Nucleotomy With Intact Annulus Fibrosus. <i>Spine</i> , 2017, 42, E193-E201.	2.0	25
41	The influence of continuous versus interval walking exercise on knee joint loading and pain in patients with knee osteoarthritis. <i>Gait and Posture</i> , 2017, 56, 129-133.	1.4	23
42	Senescent intervertebral disc cells exhibit perturbed matrix homeostasis phenotype. <i>Mechanisms of Ageing and Development</i> , 2017, 166, 16-23.	4.6	34
43	Poster 113: Association of Clinical Characteristics and Response to Lumbar Epidural Steroid Injections in Subjects with Axial Low Back Pain. <i>PM and R</i> , 2017, 9, S171.	1.6	0
44	ADAMTS5 Deficiency Protects Mice From Chronic Tobacco Smoking-induced Intervertebral Disc Degeneration. <i>Spine</i> , 2017, 42, 1521-1528.	2.0	19
45	Catabolic effects of endothelial cell-derived microparticles on disc cells: Implications in intervertebral disc neovascularization and degeneration. <i>Journal of Orthopaedic Research</i> , 2016, 34, 1466-1474.	2.3	14
46	Molecular mechanisms of biological aging in intervertebral discs. <i>Journal of Orthopaedic Research</i> , 2016, 34, 1289-1306.	2.3	270
47	Predictive validity of the Spinal Cord Injury Pressure Ulcer Scale (SCIPUS) in acute care and inpatient rehabilitation in individuals with traumatic spinal cord injury. <i>NeuroRehabilitation</i> , 2016, 38, 401-409.	1.3	14
48	Mechanical role of the posterior column components in the cervical spine. <i>European Spine Journal</i> , 2016, 25, 2129-2138.	2.2	15
49	Biologic Treatments in Intervertebral Disc Degeneration: Protein-Based and Cell-Based Therapies. <i>Operative Techniques in Orthopaedics</i> , 2016, 26, 189-197.	0.1	2
50	Influence of varying compressive loading methods on physiologic motion patterns in the cervical spine. <i>Journal of Biomechanics</i> , 2016, 49, 167-172.	2.1	25
51	NF- $\kappa$ B Signaling Pathway in Controlling Intervertebral Disk Cell Response to Inflammatory and Mechanical Stressors. <i>Physical Therapy</i> , 2016, 96, 704-711.	2.4	23
52	Early Detection of Pressure Ulcer Development Following Traumatic Spinal Cord Injury Using Inflammatory Mediators. <i>Archives of Physical Medicine and Rehabilitation</i> , 2016, 97, 1656-1662.	0.9	20
53	The Influence of Continuous Versus Interval Walking Exercise on Joint Loading and Serum Biomarker Profile in Patients with Knee Osteoarthritis. <i>PM and R</i> , 2015, 7, S89-S90.	1.6	1
54	Biological responses to flexion/extension in spinal segments ex vivo. <i>Journal of Orthopaedic Research</i> , 2015, 33, 1255-1264.	2.3	17

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55	Molecular Basis of Intervertebral Disc Degeneration and Herniations: What Are the Important Translational Questions?. <i>Clinical Orthopaedics and Related Research</i> , 2015, 473, 1903-1912.	1.5	196
56	Needle Puncture in Rabbit Functional Spinal Units Alters Rotational Biomechanics. <i>Journal of Spinal Disorders and Techniques</i> , 2015, 28, E146-E153.	1.9	7
57	The effects of glucosamine sulfate on intervertebral disc annulus fibrosus cells in vitro. <i>Spine Journal</i> , 2015, 15, 1339-1346.	1.3	8
58	A Computational, Tissue-Realistic Model of Pressure Ulcer Formation in Individuals with Spinal Cord Injury. <i>PLoS Computational Biology</i> , 2015, 11, e1004309.	3.2	30
59	Skeletal muscle as a regulator of the longevity protein, Klotho. <i>Frontiers in Physiology</i> , 2014, 5, 189.	2.8	52
60	Associations Between Serum Biomarkers and Pain and Pain-Related Function in Older Adults with Low Back Pain: A Pilot Study. <i>Journal of the American Geriatrics Society</i> , 2014, 62, 2047-2055.	2.6	46
61	Rehabilomics Research. <i>American Journal of Physical Medicine and Rehabilitation</i> , 2014, 93, 913-916.	1.4	14
62	Investigating the role of DNA damage in tobacco smoking-induced spine degeneration. <i>Spine Journal</i> , 2014, 14, 416-423.	1.3	57
63	Intradiskal Steroids: A Viable Treatment for Low Back Pain?. <i>PM and R</i> , 2014, 6, 547-555.	1.6	3
64	Identification of Distinct Monocyte Phenotypes and Correlation With Circulating Cytokine Profiles in Acute Response to Spinal Cord Injury: A Pilot Study. <i>PM and R</i> , 2014, 6, 332-341.	1.6	19
65	Biologics for Disk Regeneration. , 2014, , 1-25.		0
66	Mechanotransduction as a Tool to Influence Musculoskeletal Tissue Biology. , 2014, , 1-20.		0
67	Abnormal Vitamin B6 and Response to Supplementation with Pyridoxal 5-phosphate (P5P) in Patients with Neuropathic Pain: A Case Series. <i>PM and R</i> , 2013, 5, S216.	1.6	4
68	Expression and regulation of metalloproteinases and their inhibitors in intervertebral disc aging and degeneration. <i>Spine Journal</i> , 2013, 13, 331-341.	1.3	314
69	The Identification of Biomarkers That Are Predictive of Response to Interventional Spinal Procedures for Axial Low Back Pain: A Pilot Study. <i>PM and R</i> , 2013, 5, S296-S297.	1.6	0
70	Using Biology to Define Optimal Treatments for Low Back Pain. <i>American Journal of Physical Medicine and Rehabilitation</i> , 2013, 92, 841-848.	1.4	1
71	Glucosamine Supplementation Demonstrates a Negative Effect on Intervertebral Disc Matrix in an Animal Model of Disc Degeneration. <i>Spine</i> , 2013, 38, 984-990.	2.0	11
72	Mitochondrial-derived reactive oxygen species (ROS) play a causal role in aging-related intervertebral disc degeneration. <i>Journal of Orthopaedic Research</i> , 2013, 31, 1150-1157.	2.3	148

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73	Cells from Degenerative Intervertebral Discs Demonstrate Unfavorable Responses to Mechanical and Inflammatory Stimuli. American Journal of Physical Medicine and Rehabilitation, 2012, 91, 846-855.	1.4	20
74	ISSLS Prize Winner. Spine, 2012, 37, 1819-1825.	2.0	68
75	Injection of AAV2-BMP2 and AAV2-TIMP1 into the nucleus pulposus slows the course of intervertebral disc degeneration in an in vivo rabbit model. Spine Journal, 2012, 12, 7-20.	1.3	110
76	Novel ex-vivo mechanobiological intervertebral disc culture system. Journal of Biomechanics, 2012, 45, 382-385.	2.1	22
77	Commentary: Do no harm: the potential negative effects of injectates used in spinal intervention. Spine Journal, 2012, 12, 674-675.	1.3	2
78	Fear Avoidance Beliefs Predict Disability in Older Adults With Chronic Low Back Pain. PM and R, 2012, 4, 493-497.	1.6	43
79	Biomarker Development for Musculoskeletal Diseases. PM and R, 2011, 3, S39-44.	1.6	6
80	Biological Basis of Exercise-Based Treatments for Musculoskeletal Conditions. PM and R, 2011, 3, S59-63.	1.6	7
81	Why a Supplement on Biologics in <i>PM&amp;R</i> . PM and R, 2011, 3, S1-2.	1.6	0
82	Alterations in gene expression in response to compression of nucleus pulposus cells. Spine Journal, 2011, 11, 36-43.	1.3	38
83	Bupivacaine decreases cell viability and matrix protein synthesis in an intervertebral disc organ model system. Spine Journal, 2011, 11, 139-146.	1.3	47
84	In Vitro and in Vivo Testing of a Novel Regulatory System for Gene Therapy for Intervertebral Disc Degeneration. Spine, 2011, 36, E623-E628.	2.0	27
85	Determination of annulus fibrosus cell response to tensile strain as a function of duration, magnitude, and frequency. Journal of Orthopaedic Research, 2011, 29, 1275-1283.	2.3	37
86	Effect of bupivacaine on intervertebral disc cell viability. Spine Journal, 2010, 10, 159-166.	1.3	45
87	Emerging Technologies for Degenerative Disk Disease: Potential Synergy Between Biochemical Signaling and Spinal Biomechanics. PM and R, 2009, 1, 466-470.	1.6	2
88	Identification of Candidate Serum Biomarkers for Intervertebral Disk Degeneration in an Animal Model. PM and R, 2009, 1, 536-540.	1.6	7
89	p38 MAPK inhibition modulates rabbit nucleus pulposus cell response to IL-1. Journal of Orthopaedic Research, 2008, 26, 991-998.	2.3	87
90	Cyclic Tensile Stress Exerts a Protective Effect on Intervertebral Disc Cells. American Journal of Physical Medicine and Rehabilitation, 2008, 87, 537-544.	1.4	43

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91	Characterization of Intervertebral Disc Aging. Spine, 2008, 33, 1821-1828.	2.0	83
92	Activated Macrophage-Like THP-1 Cells Modulate Anulus Fibrosus Cell Production of Inflammatory Mediators in Response to Cytokines. Spine, 2008, 33, 2253-2259.	2.0	49
93	Gene Therapy for the Treatment of Degenerative Disk Disease. Journal of the American Academy of Orthopaedic Surgeons, The, 2008, 16, 312-319.	2.5	28
94	Regulation of Transgene Expression Using an Inducible System for Improved Safety of Intervertebral Disc Gene Therapy. Spine, 2007, 32, 1381-1387.	2.0	27