R S Pinto

List of Publications by Year
in descending order

144 papers	4,355 citations	117625 34 h-index	144013 57 g-index
145 all docs	145 docs citations	145 times ranked	3938 citing authors

#	Article	IF	Citations
1	Effects of Moderate-to-Heavy Sled Training Using Different Magnitudes of Velocity Loss in Professional Soccer Players. Journal of Strength and Conditioning Research, 2023, 37, 629-635.	2.1	11
2	Cardiometabolic effects of earlyv. delayed time-restricted eating plus energetic restriction in adults with overweight and obesity: an exploratory randomised clinical trial. British Journal of Nutrition, 2023, 129, 637-649.	2.3	11
3	Lateral and functional asymmetries in the lower limbs of college-level female handball players. Motriz Revista De Educacao Fisica, 2022, 28, .	0.2	0
4	Dissociation between fatigued power output and traditional peak torque for isokinetic hamstring:quadriceps ratios in professional soccer players. Sport Sciences for Health, 2022, 18, 967-973.	1.3	3
5	The impact of skeletal muscle disuse on distinct echo intensity bands: A retrospective analysis. PLoS ONE, 2022, 17, e0262553.	2.5	2
6	Can supplemental protein to low-protein containing meals superimpose on resistance-training muscle adaptations in older adults? A randomized clinical trial. Experimental Gerontology, 2022, 162, 111760.	2.8	5
7	Relationship Between Dual-Energy X-Ray Absorptiometry, Ultrasonography, and Anthropometry Methods to Estimate Muscle Mass and Muscle Quality in Older Adults. Journal of Aging and Physical Activity, 2022, , 1-7.	1.0	0
8	Decreased running economy is not associated with decreased force production capacity following downhill running in untrained, young men. European Journal of Sport Science, 2021, 21, 84-92.	2.7	8
9	Post-match recovery of eccentric knee flexor strength in male professional football players. Physical Therapy in Sport, 2021, 47, 140-146.	1.9	8
10	Brazilian Jiu-Jitsu fighters present greatest rapid and maximal strength imbalances at extreme elbow angles. Journal of Bodywork and Movement Therapies, 2021, 25, 126-132.	1.2	1
11	Moving forward with the echo intensity mean analysis: Exploring echo intensity bands in different age groups. Experimental Gerontology, 2021, 145, 111179.	2.8	3
12	Resistance training in breast cancer patients undergoing primary treatment: a systematic review and meta-regression of exercise dosage. Breast Cancer, 2021, 28, 16-24.	2.9	21
13	Effects of high-intensity interval training combined with traditional strength or power training on functionality and physical fitness in healthy older men: A randomized controlled trial. Experimental Gerontology, 2021, 149, 111321.	2.8	9
14	Rating of Perceived Exertion as a Method to Determine Training Loads in Strength Training in Elderly Women: A Randomized Controlled Study. International Journal of Environmental Research and Public Health, 2021, 18, 7892.	2.6	4
15	Chair sit-to-stand performance is associated with diagnostic features of sarcopenia in older men and women. Archives of Gerontology and Geriatrics, 2021, 96, 104463.	3.0	16
16	Resistance Training Load Effects on Muscle Hypertrophy and Strength Gain: Systematic Review and Network Meta-analysis. Medicine and Science in Sports and Exercise, 2021, 53, 1206-1216.	0.4	98
17	Acute Blood Pressure Response to High- and Moderate-Speed Resistance Exercise in Older Adults With Hypertension. Journal of Aging and Physical Activity, 2021, , 1-8.	1.0	2
18	Effects of Traditional and Vascular Restricted Strength Training Program With Equalized Volume on Isometric and Dynamic Strength, Muscle Thickness, Electromyographic Activity, and Endothelial Function Adaptations in Young Adults. Journal of Strength and Conditioning Research, 2020, 34, 689-698.	2.1	39

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19	Moderate volume of sprint bouts does not induce muscle damage in well-trained athletes. Journal of Bodywork and Movement Therapies, 2020, 24, 206-211.	1.2	10
20	Acute and chronic effects of muscle power training on blood pressure in elderly patients with type 2 diabetes mellitus. Clinical and Experimental Hypertension, 2020, 42, 153-159.	1.3	7
21	Hamstring-to-Quadriceps Torque Ratios of Professional Male Soccer Players: A Systematic Review. Journal of Strength and Conditioning Research, 2020, 34, 281-293.	2.1	43
22	Acute Hemodynamic Responses to Repetitions to Failure Using Different Resistance Exercises and Protocols in Normotensive Men: A crossover study. Clinical and Experimental Hypertension, 2020, 42, 401-408.	1.3	5
23	COVID-19 pandemic is an urgent time for older people to practice resistance exercise at home. Experimental Gerontology, 2020, 141, 111101.	2.8	34
24	Effects of long-term concurrent training to failure or not in muscle power output, muscle quality and cardiometabolic risk factors in older men: A secondary analysis of a randomized clinical trial. Experimental Gerontology, 2020, 139, 111023.	2.8	7
25	Multi- and Single-Joint Resistance Exercises Promote Similar Plantar Flexor Activation in Resistance Trained Men. International Journal of Environmental Research and Public Health, 2020, 17, 9487.	2.6	2
26	Coronavirus Disease-19 Quarantine Is More Detrimental Than Traditional Off-Season on Physical Conditioning of Professional Soccer Players. Journal of Strength and Conditioning Research, 2020, 34, 3316-3320.	2.1	69
27	Echo Intensity Reliability From Two Ultrasound Systems. Journal of Diagnostic Medical Sonography, 2020, 36, 464-469.	0.3	2
28	Adaptations in mechanical muscle function, muscle morphology, and aerobic power to high-intensity endurance training combined with either traditional or power strength training in older adults: a randomized clinical trial. European Journal of Applied Physiology, 2020, 120, 1165-1177.	2.5	16
29	Comparison of muscle quality and functional capacity between Japanese and Brazilian older individuals. PLoS ONE, 2020, 15, e0243589.	2.5	7
30	Effects of Different Combinations of Concentric and Eccentric Resistance Training Programs on Traditional and Alternative Hamstrings-to-Quadriceps Ratios. Sports, 2019, 7, 221.	1.7	8
31	Muscle quality and functionality in older women improve similarly with muscle power training using one or three sets. Experimental Gerontology, 2019, 128, 110745.	2.8	27
32	Effects of short-term resistance training on endothelial function and inflammation markers in elderly patients with type 2 diabetes: A randomized controlled trial. Experimental Gerontology, 2019, 118, 19-25.	2.8	16
33	Effects of resistance training concentric velocity on older adults' functional capacity: A systematic review and meta-analysis of randomised trials. Experimental Gerontology, 2019, 127, 110731.	2.8	40
34	Effects of a Single Session of High- and Moderate-Intensity Resistance Exercise on Endothelial Function of Middle-Aged Sedentary Men. Frontiers in Physiology, 2019, 10, 777.	2.8	18
35	The effects of 6 weeks of constant-angle muscle stretching training on flexibility and muscle function in men with limited hamstringsâ€™ flexibility. European Journal of Applied Physiology, 2019, 119, 1691-1700.	2.5	11
36	Hamstring rate of torque development is more affected than maximal voluntary contraction after a professional soccer match. European Journal of Sport Science, 2019, 19, 1336-1341.	2.7	24

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37	Concurrent training performed with and without repetitions to failure in older men: A randomized clinical trial. Scandinavian Journal of Medicine and Science in Sports, 2019, 29, 1141-1152.	2.9	7
38	Alternative Methods of Determining Hamstrings-to-Quadriceps Ratios: a Comprehensive Review. Sports Medicine - Open, 2019, 5, 11.	3.1	42
39	Does Rest Time before Ultrasonography Imaging Affect Quadriceps Femoris Muscle Thickness, Cross-Sectional Area and Echo Intensity Measurements?. Ultrasound in Medicine and Biology, 2019, 45, 612-616.	1.5	32
40	Effects of photobiomodulation therapy associated with resistance training in elderly men: a randomized double-blinded placebo-controlled trial. European Journal of Applied Physiology, 2019, 119, 279-289.	2.5	9
41	Effects of Concentric and Eccentric Strength Training on Fatigue Induced by Concentric and Eccentric Exercises. International Journal of Sports Physiology and Performance, 2019, 14, 91-98.	2.3	12
42	The effects of flexibility training on exerciseâ€induced muscle damage in young men with limited hamstrings flexibility. Scandinavian Journal of Medicine and Science in Sports, 2018, 28, 1671-1680.	2.9	14
43	Explosive type of contractions should not be avoided during resistance training in elderly. Experimental Gerontology, 2018, 102, 81-83.	2.8	30
44	Higher muscle power training volume is not determinant for the magnitude of neuromuscular improvements in elderly women. Experimental Gerontology, 2018, 110, 15-22.	2.8	27
45	Ingestion of carbohydrate or carbohydrate plus protein does not enhance performance during endurance exercise: a randomized crossover placebo-controlled clinical trial. Applied Physiology, Nutrition and Metabolism, 2018, 43, 937-944.	1.9	4
46	Repetitions to failure versus not to failure during concurrent training in healthy elderly men: A randomized clinical trial. Experimental Gerontology, 2018, 108, 18-27.	2.8	35
47	Different Muscle Action Training Protocols on Quadriceps-Hamstrings Neuromuscular Adaptations. International Journal of Sports Medicine, 2018, 39, 355-365.	1.7	8
48	Hamstringâ€toâ€quadriceps fatigue ratio offers new and different muscle function information than the conventional nonâ€fatigued ratio. Scandinavian Journal of Medicine and Science in Sports, 2018, 28, 282-293.	2.9	26
49	Texture analysis of ultrasound images is a sensitive method to followâ€up muscle damage induced by eccentric exercise. Clinical Physiology and Functional Imaging, 2018, 38, 477-482.	1.2	17
50	Effect of Three Different Muscle Action Training Protocols on Knee Strength Ratios and Performance. Journal of Strength and Conditioning Research, 2018, 32, 2154-2165.	2.1	21
51	Effectiveness of Multimodal Training on Functional Capacity in Frail Older People: A Meta-Analysis of Randomized Controlled Trials. Journal of Aging and Physical Activity, 2018, 26, 407-418.	1.0	24
52	Benefits of resistance training in physically frail elderly: a systematic review. Aging Clinical and Experimental Research, 2018, 30, 889-899.	2.9	193
53	Functional capacity improves in-line with neuromuscular performance after 12Âweeks of non-linear periodization strength training in the elderly. Aging Clinical and Experimental Research, 2018, 30, 959-968.	2.9	13
54	Short duration static stretching preceded by cycling warm-up reduces vertical jump performance in healthy males. Sport Sciences for Health, 2018, 14, 77-82.	1.3	2

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55	Cardiorespiratory Adaptations in Elderly Men Following Different Concurrent Training Regimes. Journal of Nutrition, Health and Aging, 2018, 22, 483-490.	3.3	21
56	Effects of dancing compared to walking on cardiovascular risk and functional capacity of older women: A randomized controlled trial. Experimental Gerontology, 2018, 114, 67-77.	2.8	28
57	Effects of resistance training on neuromuscular parameters in elderly with type 2 diabetes mellitus: A randomized clinical trial. Experimental Gerontology, 2018, 113, 141-149.	2.8	24
58	Oxygen consumption during concurrent training: influence of intra-session exercise sequence and aerobic exercise modality. Biology of Sport, 2018, 35, 247-252.	3.2	3
59	Functional and physiological adaptations following concurrent training using sets with and without concentric failure in elderly men: A randomized clinical trial. Experimental Gerontology, 2018, 110, 182-190.	2.8	22
60	Heat-induced extracellular HSP72 release is blunted in elderly diabetic people compared with healthy middle-aged and older adults, but it is partially restored by resistance training. Experimental Gerontology, 2018, 111, 180-187.	2.8	29
61	Alternative assessment of knee joint muscle balance of soccer players through total workâ€based hamstring:Âquadriceps ratios. European Journal of Sport Science, 2018, 18, 1398-1404.	2.7	9
62	Echo intensity independently predicts functionality in sedentary older men. Muscle and Nerve, 2017, 55, 9-15.	2.2	73
63	Muscle Damage and Muscle Activity Induced by Strength Training Super-Sets in Physically Active Men. Journal of Strength and Conditioning Research, 2017, 31, 1847-1858.	2.1	9
64	Full Range of Motion Induces Greater Muscle Damage Than Partial Range of Motion in Elbow Flexion Exercise With Free Weights. Journal of Strength and Conditioning Research, 2017, 31, 2223-2230.	2.1	15
65	Local cryotherapy is ineffective in accelerating recovery from exercise-induced muscle damage on biceps brachii. Sport Sciences for Health, 2017, 13, 287-293.	1.3	3
66	Test-Retest Reliability of Muscle Thickness, Echo-Intensity and Cross Sectional Area of Quadriceps and Hamstrings Muscle Groups Using B-mode Ultrasound. International Journal of Kinesiology and Sports Science, 2017, 5, 35.	0.8	30
67	Effects of Different Concurrent Resistance and Aerobic Training Frequencies on Muscle Power and Muscle Quality in Trained Elderly Men: A Randomized Clinical Trial. , 2016, 7, 697.		32
68	Neuromuscular Adaptations to Unilateral vs. Bilateral Strength Training in Women. Journal of Strength and Conditioning Research, 2016, 30, 1924-1932.	2.1	51
69	Effect of exercise intensity on postprandial lipemia, markers of oxidative stress, and endothelial function after a high-fat meal. Applied Physiology, Nutrition and Metabolism, 2016, 41, 1278-1284.	1.9	26
70	Acute Effects of Static vs. Ballistic Stretching on Strength and Muscular Fatigue Between Ballet Dancers and Resistance-Trained Women. Journal of Strength and Conditioning Research, 2016, 30, 3220-3227.	2.1	19
71	Effects of strength training, detraining and retraining in muscle strength, hypertrophy and functional tasks in older female adults. Clinical Physiology and Functional Imaging, 2016, 36, 306-310.	1.2	34
72	Eccentric resistance training of the knee extensor muscle: Training programs and neuromuscular adaptations. Isokinetics and Exercise Science, 2015, 23, 183-198.	0.4	20

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73	Dose-Response of 1, 3, and 5 Sets of Resistance Exercise on Strength, Local Muscular Endurance, and Hypertrophy. Journal of Strength and Conditioning Research, 2015, 29, 1349-1358.	2.1	98
74	Qualidade muscular, mas nÃ£o espessura, Ã© reduzida em diferentes grupos etÃ¡rios em idosas ativas. Revista Brasileira De Cineantropometria E Desempenho Humano, 2015, 17, 347.	0.5	1
75	Angle Specific Analysis of Side-to-Side Asymmetry in the Shoulder Rotators. Sports, 2015, 3, 236-245.	1.7	6
76	Neuromuscular adaptations to water-based concurrent training in postmenopausal women: effects of intrasession exercise sequence. Age, 2015, 37, 9751.	3.0	31
77	Nonsteroidal Anti-Inflammatory Drug Use and Endurance During Running in Male Long-Distance Runners. Journal of Athletic Training, 2015, 50, 295-302.	1.8	16
78	Lower-Extremity Strength Ratios of Professional Soccer Players According to Field Position. Journal of Strength and Conditioning Research, 2015, 29, 1220-1226.	2.1	91
79	The association between conventional and dynamic control knee strength ratios in elite soccer players. Isokinetics and Exercise Science, 2015, 23, 1-12.	0.4	12
80	High-volume resistance training reduces postprandial lipaemia in postmenopausal women. Journal of Sports Sciences, 2015, 33, 1890-1901.	2.0	17
81	Physiological Adaptations to Resistance Training in Prepubertal Boys. Research Quarterly for Exercise and Sport, 2015, 86, 172-181.	1.4	14
82	Inter-machine reliability of the Biodex and Cybex isokinetic dynamometers for knee flexor/extensor isometric, concentric and eccentric tests. Physical Therapy in Sport, 2015, 16, 59-65.	1.9	102
83	Order Effects of Combined Strength and Endurance Training on Testosterone, Cortisol, Growth Hormone, and IGF-1 Binding Protein 3 in Concurrently Trained Men. Journal of Strength and Conditioning Research, 2015, 29, 74-79.	2.1	16
84	Strength Training Prior to Endurance Exercise: Impact on the Neuromuscular System, Endurance Performance and Cardiorespiratory Responses. Journal of Human Kinetics, 2014, 44, 171-181.	1.5	8
85	Effects of Intra-session Exercise Sequence during Water-based Concurrent Training. International Journal of Sports Medicine, 2014, 35, 41-48.	1.7	35
86	Specific joint angle assessment of the shoulder rotators. Isokinetics and Exercise Science, 2014, 22, 197-204.	0.4	13
87	Concurrent strength and endurance training exercise sequence does not affect neuromuscular adaptations in older men. Experimental Gerontology, 2014, 60, 207-214.	2.8	68
88	The influence of running and cycling on subsequent maximal muscular performance. Isokinetics and Exercise Science, 2014, 22, 115-122.	0.4	3
89	Do compression sleeves worn during exercise affect muscle recovery?. Isokinetics and Exercise Science, 2014, 22, 265-271.	0.4	8
90	Strength and Endurance Training Prescription in Healthy and Frail Elderly. , 2014, 5, 183-95.		178

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91	Differential Effects of 30- Vs. 60-Second Static Muscle Stretching on Vertical Jump Performance. Journal of Strength and Conditioning Research, 2014, 28, 3440-3446.	2.1	24
92	Short-term strength training improves muscle quality and functional capacity of elderly women. Age, 2014, 36, 365-372.	3.0	106
93	Regional fat mobilization and training type on sedentary, premenopausal overweight and obese women. Obesity, 2014, 22, 86-93.	3.0	7
94	Time course of low- and high-volume strength training on neuromuscular adaptations and muscle quality in older women. Age, 2014, 36, 881-892.	3.0	101
95	Muscle conduction velocity, strength, neural activity, and morphological changes after eccentric and concentric training. Scandinavian Journal of Medicine and Science in Sports, 2014, 24, e343-52.	2.9	78
96	Relationship between quadriceps femoris echo intensity, muscle power, and functional capacity of older men. Age, 2014, 36, 9625.	3.0	160
97	The effects of strength, aerobic, and concurrent exercise on skeletal muscle damage in rats. Muscle and Nerve, 2014, 50, 79-86.	2.2	11
98	Resistance exercise at variable volume does not reduce postprandial lipemia in postmenopausal women. Age, 2014, 36, 869-879.	3.0	8
99	Effects of single vs. multiple-set short-term strength training in elderly women. Age, 2014, 36, 9720.	3.0	41
100	Effects of high and low volume of strength training on muscle strength, muscle volume and lipid profile in postmenopausal women. Journal of Exercise Science and Fitness, 2014, 12, 62-67.	2.2	7
101	Echo intensity is negatively associated with functional capacity in older women. Age, 2014, 36, 9708.	3.0	160
102	Low- and high-volume strength training induces similar neuromuscular improvements in muscle quality in elderly women. Experimental Gerontology, 2013, 48, 710-716.	2.8	100
103	Efficiency of twice weekly concurrent training in trained elderly men. Experimental Gerontology, 2013, 48, 1236-1242.	2.8	39
104	Single-joint isometric rate of torque development is not related to counter- movement jump performance in soccer players. Isokinetics and Exercise Science, 2013, 21, 181-186.	0.4	13
105	Effects of strength training and detraining on knee extensor strength, muscle volume and muscle quality in elderly women. Age, 2013, 35, 1899-1904.	3.0	49
106	Neuromuscular adaptations to concurrent training in the elderly: effects of intrasession exercise sequence. Age, 2013, 35, 891-903.	3.0	115
107	Bilateral deficit between concentric and isometric muscle actions. Isokinetics and Exercise Science, 2013, 21, 161-165.	0.4	16
108	Neuromuscular, Hormonal, and Metabolic Responses to Different Plyometric Training Volumes in Rugby Players. Journal of Strength and Conditioning Research, 2013, 27, 3001-3010.	2.1	29

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109	Comparison of hamstring/quadriceps ratio between isoinertial and isokinetic measurements. Isokinetics and Exercise Science, 2013, 21, 107-112.	0.4	2
110	Efeito do uso profilÃ¡tico do anti-inflamatÃ³rio nÃ£o-esteroide ibuprofeno sobre o desempenho em uma sessÃ£o de treino de forÃ§a. Revista Brasileira De Medicina Do Esporte, 2013, 19, 116-119.	0.2	7
111	AvaliaÃ§Ã£o funcional em idosas: uma proposta metodolÃ³gica. Revista Brasileira De Cineantropometria E Desempenho Humano, 2013, 15, .	0.5	1
112	3 Different Types of Strength Training in Older Women. International Journal of Sports Medicine, 2012, 33, 962-969.	1.7	67
113	Concurrent Training with Different Aerobic Exercises. International Journal of Sports Medicine, 2012, 33, 627-634.	1.7	55
114	Effect of Range of Motion on Muscle Strength and Thickness. Journal of Strength and Conditioning Research, 2012, 26, 2140-2145.	2.1	45
115	Hormonal Responses to Concurrent Strength and Endurance Training with Different Exercise Orders. Journal of Strength and Conditioning Research, 2012, 26, 3281-3288.	2.1	44
116	Time Course of Strength and Echo Intensity Recovery After Resistance Exercise in Women. Journal of Strength and Conditioning Research, 2012, 26, 2577-2584.	2.1	69
117	DeterminaÃ§Ã£o da carga de treino nos exercÃcios supino e rosca bÃceps em mulheres jovens. Motriz Revista De Educacao Fisica, 2012, 18, 22-33.	0.2	3
118	AdaptaÃ§Ãµes neuromusculares ao treinamento de forÃ§a e concorrente em homens idosos.. Revista Brasileira De Cineantropometria E Desempenho Humano, 2012, 14, .	0.5	6
119	AvaliaÃ§Ã£o do dÃ©ficit bilateral em contraÃ§Ãµes isomÃ©tricas dos extensores de joelhos. DOI:10.5007/1980-0037.2012v14n2p202. Revista Brasileira De Cineantropometria E Desempenho Humano, 2012, 14, .	0.5	1
120	DÃ©ficit bilateral: origem, mecanismos e implicaÃ§Ãµes para o treino de forÃ§a.. Revista Brasileira De Cineantropometria E Desempenho Humano, 2012, 14, .	0.5	3
121	Strength prior to endurance intra-session exercise sequence optimizes neuromuscular and cardiovascular gains in elderly men. Experimental Gerontology, 2012, 47, 164-169.	2.8	92
122	Echo intensity is associated with skeletal muscle power and cardiovascular performance in elderly men. Experimental Gerontology, 2012, 47, 473-478.	2.8	184
123	Effects of antagonist pre-load on knee extensor isokinetic muscle performance. Journal of Sports Sciences, 2011, 29, 271-278.	2.0	18
124	Espessura e qualidade musculares medidas a partir de ultrassonografia: influÃªncia de diferentes locais de mensuraÃ§Ã£o. DOI: 10.5007/1980-0037.2011v13n2p87. Revista Brasileira De Cineantropometria E Desempenho Humano, 2011, 13, .	0.5	1
125	The reliability of the one maximum repetition in sedentary, active and strength-trained subjects. Motriz Revista De Educacao Fisica, 2011, 17, 700-707.	0.2	4
126	Respostas metabÃ³licas ao treinamento de forÃ§a: uma Ãªnfase no dispÃªndio energÃ©tico. DOI: 10.5007/1980-0037.2011v13n2p150. Revista Brasileira De Cineantropometria E Desempenho Humano, 2011, 13, .	0.5	2

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127	Effects of different methods of antagonist muscles pre-activation on knee extensors neuromuscular responses. Brazilian Journal of Physical Therapy, 2011, 15, 4520-459.	2.5	10
128	AnÃ¡lise da forÃ§a isomÃ©trica mÃ¡xima e do sinal de EMG em exercÃcios para os membros inferiores. DOI:10.5007/1980-0037.2011v13n6p429. Revista Brasileira De Cineantropometria E Desempenho Humano, 2011, 13, .	0.5	2
129	Effects of Strength, Endurance, and Concurrent Training on Aerobic Power and Dynamic Neuromuscular Economy in Elderly Men. Journal of Strength and Conditioning Research, 2011, 25, 758-766.	2.1	61
130	Dissociated Time Course of Recovery Between Genders After Resistance Exercise. Journal of Strength and Conditioning Research, 2011, 25, 3039-3044.	2.1	57
131	Neuromuscular Economy, Strength, and Endurance in Healthy Elderly Men. Journal of Strength and Conditioning Research, 2011, 25, 997-1003.	2.1	40
132	The effects of periodized concurrent and aerobic training on oxidative stress parameters, endothelial function and immune response in sedentary male individuals of middle age. Cell Biochemistry and Function, 2011, 29, 534-542.	2.9	31
133	The Effects of Resistance Training Performed in Water on Muscle Strength in the Elderly. Journal of Strength and Conditioning Research, 2010, 24, 3150-3156.	2.1	33
134	A PercepÃ§Ã£o de EsforÃ§o no Treinamento de ForÃ§a. Revista Brasileira De Medicina Do Esporte, 2010, 16, 301-309.	0.2	23
135	AvaliaÃ§Ã£o IsocinÃ©tica em Jogadores de Futebol Profissional e ComparaÃ§Ã£o do Desempenho Entre as Diferentes PosiÃ§Ãµes Ocupadas no Campo. Revista Brasileira De Medicina Do Esporte, 2010, 16, 264-268.	0.2	25
136	Influence of body position on shoulder rotator muscle strength during isokinetic assessment. Isokinetics and Exercise Science, 2010, 18, 119-124.	0.4	12
137	Physiological Effects of Concurrent Training in Elderly Men. International Journal of Sports Medicine, 2010, 31, 689-697.	1.7	107
138	EMG activation of abdominal muscles in the crunch exercise performed with different external loads. Physical Therapy in Sport, 2009, 10, 57-62.	1.9	15
139	The time course of recovery of indirect markers of exercise-induced muscle damage induced by multi- and single-joint exercises. Sport Sciences for Health, 0, , 1.	1.3	0
140	Rate of torque development as an indirect marker of muscle damage in the knee flexors. Sport Sciences for Health, 0, , 1.	1.3	1
141	Interval training during concurrent training optimizes cardiorespiratory adaptations in women. Revista Brasileira De Cineantropometria E Desempenho Humano, 0, 23, .	0.5	0
142	Muscle function and muscle balance in lower limbs are not impaired in individuals with general joint hypermobility. Sport Sciences for Health, 0, , 1.	1.3	0
143	Nutritional Knowledge and Eating Habits of the National Brazilian Futsal Team. Revista Espanola De Nutricion Humana Y Dietetica, 0, 25, e1393.	0.3	1
144	Cardiorespiratory responses to isolated dance steps in young girls. International Journal of Performance Analysis in Sport, 0, , 1-16.	1.1	0