

Ruth Suk-Mei Chan

List of Publications by Year in descending order

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Version: 2024-02-01

61
papers

3,140
citations

218677

26
h-index

155660

55
g-index

61
all docs

61
docs citations

61
times ranked

4934
citing authors

#	ARTICLE	IF	CITATIONS
1	Prevalence of non-alcoholic fatty liver disease and advanced fibrosis in Hong Kong Chinese: a population study using proton-magnetic resonance spectroscopy and transient elastography. <i>Gut</i> , 2012, 61, 409-415.	12.1	423
2	Community-based lifestyle modification programme for non-alcoholic fatty liver disease: A randomized controlled trial. <i>Journal of Hepatology</i> , 2013, 59, 536-542.	3.7	254
3	Prevalence and Severity of Nonalcoholic Fatty Liver Disease in Non-Obese Patients: A Population Study Using Proton-Magnetic Resonance Spectroscopy. <i>American Journal of Gastroenterology</i> , 2015, 110, 1306-1314.	0.4	240
4	Beneficial effects of lifestyle intervention in non-obese patients with non-alcoholic fatty liver disease. <i>Journal of Hepatology</i> , 2018, 69, 1349-1356.	3.7	198
5	Fatty Pancreas, Insulin Resistance, and β -Cell Function: A Population Study Using Fat-Water Magnetic Resonance Imaging. <i>American Journal of Gastroenterology</i> , 2014, 109, 589-597.	0.4	194
6	Incidence of non-alcoholic fatty liver disease in Hong Kong: A population study with paired proton-magnetic resonance spectroscopy. <i>Journal of Hepatology</i> , 2015, 62, 182-189.	3.7	147
7	<i>PNPLA3</i> gene polymorphism and response to lifestyle modification in patients with nonalcoholic fatty liver disease. <i>Journal of Gastroenterology and Hepatology (Australia)</i> , 2015, 30, 139-146.	2.8	125
8	A Prospective Cohort Study to Examine the Association Between Dietary Patterns and Sarcopenia in Chinese Community-Dwelling Older People in Hong Kong. <i>Journal of the American Medical Directors Association</i> , 2016, 17, 336-342.	2.5	102
9	Dietary Patterns and Risk of Frailty in Chinese Community-Dwelling Older People in Hong Kong: A Prospective Cohort Study. <i>Nutrients</i> , 2015, 7, 7070-7084.	4.1	92
10	Effects of exercise and nutrition supplementation in community-dwelling older Chinese people with sarcopenia: a randomized controlled trial. <i>Age and Ageing</i> , 2019, 48, 220-228.	1.6	92
11	Association between serum 25-hydroxyvitamin D and psychological health in older Chinese men in a cohort study. <i>Journal of Affective Disorders</i> , 2011, 130, 251-259.	4.1	87
12	Relative Contributions of Geographic, Socioeconomic, and Lifestyle Factors to Quality of Life, Frailty, and Mortality in Elderly. <i>PLoS ONE</i> , 2010, 5, e8775.	2.5	82
13	Diet-Quality Scores and Prevalence of Nonalcoholic Fatty Liver Disease: A Population Study Using Proton-Magnetic Resonance Spectroscopy. <i>PLoS ONE</i> , 2015, 10, e0139310.	2.5	77
14	Outcome of a postnatal depression screening programme using the Edinburgh Postnatal Depression Scale: a randomized controlled trial. <i>Journal of Public Health</i> , 2011, 33, 292-301.	1.8	74
15	A cross sectional study to examine the association between dietary patterns and cognitive impairment in older Chinese people in Hong Kong. <i>Journal of Nutrition, Health and Aging</i> , 2013, 17, 757-765.	3.3	69
16	Associations of dietary protein intake on subsequent decline in muscle mass and physical functions over four years in ambulant older Chinese people. <i>Journal of Nutrition, Health and Aging</i> , 2014, 18, 171-177.	3.3	64
17	Prostate cancer and vegetable consumption. <i>Molecular Nutrition and Food Research</i> , 2009, 53, 201-216.	3.3	62
18	Relationship between dietary intake and the development of type 2 diabetes in a Chinese population: the Hong Kong Dietary Survey. <i>Public Health Nutrition</i> , 2011, 14, 1133-1141.	2.2	58

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19	Chinese tea consumption is associated with longer telomere length in elderly Chinese men. <i>British Journal of Nutrition</i> , 2010, 103, 107-113.	2.3	56
20	The association of a priori and a posterior dietary patterns with the risk of incident stroke in Chinese older people in Hong Kong. <i>Journal of Nutrition, Health and Aging</i> , 2013, 17, 866-874.	3.3	47
21	Circulating amino acids are associated with bone mineral density decline and ten-year major osteoporotic fracture risk in older community-dwelling adults. <i>Bone</i> , 2019, 129, 115082.	2.9	42
22	Association Between Estimated Net Endogenous Acid Production and Subsequent Decline in Muscle Mass Over Four Years in Ambulatory Older Chinese People in Hong Kong: A Prospective Cohort Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2015, 70, 905-911.	3.6	37
23	A Prospective Cohort Study to Examine the Association between Dietary Patterns and Depressive Symptoms in Older Chinese People in Hong Kong. <i>PLoS ONE</i> , 2014, 9, e105760.	2.5	37
24	Dietary Intake of Anti-Oxidant Vitamins A, C, and E Is Inversely Associated with Adverse Cardiovascular Outcomes in Chinese—A 22-Years Population-Based Prospective Study. <i>Nutrients</i> , 2018, 10, 1664.	4.1	30
25	Not All Elderly People Benefit From Vitamin D Supplementation with Respect to Physical Function: Results From the Osteoporotic Fractures in Men Study, Hong Kong. <i>Journal of the American Geriatrics Society</i> , 2012, 60, 290-295.	2.6	28
26	A Prospective Cohort Study Examining the Associations of Dietary Calcium Intake with All-Cause and Cardiovascular Mortality in Older Chinese Community-Dwelling People. <i>PLoS ONE</i> , 2013, 8, e80895.	2.5	28
27	Greater Fruit Intake was Associated With Better Bone Mineral Status Among Chinese Elderly Men and Women: Results of Hong Kong Mr. Os and Ms. Os Studies. <i>Journal of the American Medical Directors Association</i> , 2015, 16, 309-315.	2.5	28
28	Higher Estimated Net Endogenous Acid Production May Be Associated with Increased Prevalence of Nonalcoholic Fatty Liver Disease in Chinese Adults in Hong Kong. <i>PLoS ONE</i> , 2015, 10, e0122406.	2.5	28
29	Effects of food groups and dietary nutrients on bone loss in elderly Chinese population. <i>Journal of Nutrition, Health and Aging</i> , 2011, 15, 287-294.	3.3	26
30	Development and Validation of Chinese Health Literacy Scale for Low Salt Consumption - Hong Kong Population (CHLSalt-HK). <i>PLoS ONE</i> , 2015, 10, e0132303.	2.5	26
31	Associations between dietary patterns and demographics, lifestyle, anthropometry and blood pressure in Chinese community-dwelling older men and women. <i>Journal of Nutritional Science</i> , 2012, 1, e20.	1.9	21
32	Effects of Lifestyle and Diet on Bone Health in Young Adult Chinese Women Living in Hong Kong and Beijing. <i>Food and Nutrition Bulletin</i> , 2009, 30, 370-378.	1.4	20
33	Urinary Sodium Excretion and Dietary Sources of Sodium Intake in Chinese Postmenopausal Women with Prehypertension. <i>PLoS ONE</i> , 2014, 9, e104018.	2.5	20
34	Glycaemic index and glycaemic load values of a selection of popular foods consumed in Hong Kong. <i>British Journal of Nutrition</i> , 2010, 103, 556-560.	2.3	19
35	Serum 25-hydroxyvitamin D, bone mineral density, and non-vertebral fracture risk in community-dwelling older men: results from Mr. Os, Hong Kong. <i>Archives of Osteoporosis</i> , 2011, 6, 21-30.	2.4	19
36	High Protein Intake Is Associated with Lower Risk of All-Cause Mortality in Community-Dwelling Chinese Older Men and Women. <i>Journal of Nutrition, Health and Aging</i> , 2019, 23, 987-996.	3.3	19

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37	Randomized trial examining effectiveness of lifestyle intervention in reducing gestational diabetes in high risk Chinese pregnant women in Hong Kong. <i>Scientific Reports</i> , 2018, 8, 13849.	3.3	18
38	The Role of Dietary Patterns in the Contribution of Cardiorespiratory Fitness in Community-Dwelling Older Chinese Adults in Hong Kong. <i>Journal of the American Medical Directors Association</i> , 2019, 20, 558-563.	2.5	18
39	Clients'™ Experiences of a Community Based Lifestyle Modification Program: A Qualitative Study. <i>International Journal of Environmental Research and Public Health</i> , 2009, 6, 2608-2622.	2.6	15
40	A Cross-sectional Study to Examine the Association Between Dietary Patterns and Risk of Overweight and Obesity in Hong Kong Chinese Adolescents Aged 10-12 Years. <i>Journal of the American College of Nutrition</i> , 2014, 33, 450-458.	1.8	15
41	Identifying psychological predictors of adherence to a community-based lifestyle modification program for weight loss among Chinese overweight and obese adults. <i>Nutrition Research and Practice</i> , 2019, 13, 415.	1.9	11
42	Peak oxygen uptake, six-minute walk distance, six-meter walk speed, and pulse pressure as predictors of seven year all-cause and cardiovascular mortality in community-living older adults. <i>Experimental Gerontology</i> , 2019, 124, 110645.	2.8	10
43	Association of dietary patterns with serum high-sensitivity C-reactive protein level in community-dwelling older adults. <i>Clinical Nutrition ESPEN</i> , 2019, 31, 38-47.	1.2	8
44	Randomized Controlled Trial of Exercise and Nutrition Supplementation on Physical and Cognitive Function in Older Chinese Adults Aged 50 Years and Older. <i>Journal of the American Medical Directors Association</i> , 2020, 21, 395-403.	2.5	8
45	Dietary patterns and telomere length in community-dwelling Chinese older men and women: a cross-sectional analysis. <i>European Journal of Nutrition</i> , 2020, 59, 3303-3311.	3.9	8
46	Potential of Asian Natural Products for Health in Aging. , 2016, , 659-676.		7
47	Family factors and fruit and vegetable consumption in Chinese preschool children living in Hong Kong. <i>Journal of Children's Services</i> , 2018, 13, 122-133.	0.7	7
48	Fracture Incidence and the Relevance of Dietary and Lifestyle Factors Differ in the United Kingdom and Hong Kong: An International Comparison of Longitudinal Cohort Study Data. <i>Calcified Tissue International</i> , 2021, 109, 563-576.	3.1	7
49	A Healthier Lifestyle Pattern for Cardiovascular Risk Reduction Is Associated With Better Bone Mass in Southern Chinese Elderly Men and Women. <i>Medicine (United States)</i> , 2015, 94, e1283.	1.0	5
50	Randomised controlled trial of effect of whole soy replacement diet on features of metabolic syndrome in postmenopausal women: study protocol. <i>BMJ Open</i> , 2016, 6, e012741.	1.9	5
51	Nutrition, sarcopenia and frailty: An Asian perspective. <i>Translational Medicine of Aging</i> , 2019, 3, 125-131.	1.3	5
52	A Tale of Three Gorges in the Yangtze River: Comparing the Prevalence of Metabolic Syndrome According to ATPIII, WHO, and IDF Criteria and the Association with Vascular Health in Modernizing China. <i>Metabolic Syndrome and Related Disorders</i> , 2019, 17, 137-142.	1.3	5
53	Bottle milk feeding and its association with food group consumption, growth and socio-demographic characteristics in Chinese young children. <i>Maternal and Child Nutrition</i> , 2017, 13, .	3.0	4
54	A Combined Nutrition and Exercise Intervention Influences Serum Vitamin B-12 and 25-Hydroxyvitamin D and Bone Turnover of Healthy Chinese Middle-Aged and Older Adults. <i>Journal of Nutrition</i> , 2020, 150, 2112-2119.	2.9	4

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55	Addressing nutritional requirements of ageing consumers in Asia-recommendations from an expert workshop. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2019, 28, 204-213.	0.4	4
56	The relationship between family dining practices, parenting style and family functioning and child learning. <i>International Journal on Disability and Human Development</i> , 2016, 15, .	0.2	3
57	Dietary and Supplemental Calcium Intake and Mortality. <i>JAMA Internal Medicine</i> , 2013, 173, 1840.	5.1	1
58	Child learning and family mealtime environment, parenting style and family functioning among preschoolers in Hong Kong. <i>Asia Pacific Journal of Social Work and Development</i> , 2017, 27, 69-82.	1.0	1
59	Short stature in primary school students belonging to a minority ethnic group of Yao in China. <i>Annals of Human Biology</i> , 2013, 40, 55-63.	1.0	0
60	Chinese Tea and Telomere Length in Elderly Chinese Men. , 2013, , 1117-1127.		0
61	The Role of Nutrition in Successful Aging. , 2015, , 231-250.		0