

# Sigal Zilcha-Mano

## List of Publications by Year in descending order

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Version: 2024-02-01

131  
papers

3,250  
citations

172457

29  
h-index

197818

49  
g-index

132  
all docs

132  
docs citations

132  
times ranked

2662  
citing authors

#	ARTICLE	IF	CITATIONS
1	An attachment perspective on humanâ€pet relationships: Conceptualization and assessment of pet attachment orientations. <i>Journal of Research in Personality</i> , 2011, 45, 345-357.	1.7	218
2	Is the alliance really therapeutic? Revisiting this question in light of recent methodological advances.. <i>American Psychologist</i> , 2017, 72, 311-325.	4.2	207
3	Pets as safe havens and secure bases: The moderating role of pet attachment orientations. <i>Journal of Research in Personality</i> , 2012, 46, 571-580.	1.7	196
4	Psychometric development of the Problematic Pornography Use Scale. <i>Addictive Behaviors</i> , 2014, 39, 861-868.	3.0	189
5	Identifying Predictors of Psychological Distress During COVID-19: A Machine Learning Approach. <i>Frontiers in Psychology</i> , 2020, 11, 586202.	2.1	106
6	Pet in the therapy room: An attachment perspective on Animal-Assisted Therapy. <i>Attachment and Human Development</i> , 2011, 13, 541-561.	2.1	104
7	Does alliance predict symptoms throughout treatment, or is it the other way around?. <i>Journal of Consulting and Clinical Psychology</i> , 2014, 82, 931-935.	2.0	104
8	A meta-analytic review of psychodynamic therapies for anxiety disorders. <i>Clinical Psychology Review</i> , 2014, 34, 309-323.	11.4	100
9	The relationship between alliance and outcome: Analysis of a two-person perspective on alliance and session outcome.. <i>Journal of Consulting and Clinical Psychology</i> , 2016, 84, 484-496.	2.0	92
10	The reciprocal relationship between alliance and early treatment symptoms: A two-stage individual participant data meta-analysis.. <i>Journal of Consulting and Clinical Psychology</i> , 2020, 88, 829-843.	2.0	92
11	A Waitâ€List Randomized Controlled Trial of Lovingâ€Kindness Meditation Programme for Selfâ€Criticism. <i>Clinical Psychology and Psychotherapy</i> , 2015, 22, 346-356.	2.7	90
12	Psychological Impact of Coronavirus Disease 2019 Among Italians During the First Week of Lockdown. <i>Frontiers in Psychiatry</i> , 2020, 11, 576597.	2.6	67
13	One size does not fit all: Examining heterogeneity and identifying moderators of the allianceâ€outcome association.. <i>Journal of Counseling Psychology</i> , 2015, 62, 579-591.	2.0	66
14	Major developments in methods addressing for whom psychotherapy may work and why. <i>Psychotherapy Research</i> , 2019, 29, 693-708.	1.8	58
15	Toward personalized psychotherapy: The importance of the trait-like/state-like distinction for understanding therapeutic change.. <i>American Psychologist</i> , 2021, 76, 516-528.	4.2	56
16	The effect of congruence in patient and therapist alliance on patient's symptomatic levels. <i>Psychotherapy Research</i> , 2017, 27, 371-380.	1.8	53
17	Early development of mechanisms of change as a predictor of subsequent change and treatment outcome: The case of working alliance.. <i>Journal of Consulting and Clinical Psychology</i> , 2017, 85, 508-520.	2.0	52
18	Basic psychological need fulfillment in humanâ€pet relationships and well-being. <i>Personality and Individual Differences</i> , 2016, 92, 69-73.	2.9	47

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19	Interpersonal problems as predictors of alliance, symptomatic improvement and premature termination in treatment of depression. <i>Journal of Affective Disorders</i> , 2013, 151, 800-803.	4.1	41
20	Therapeutic Alliance in Antidepressant Treatment: Cause or Effect of Symptomatic Levels?. <i>Psychotherapy and Psychosomatics</i> , 2015, 84, 177-182.	8.8	41
21	The associations among improvement and alliance expectations, alliance during treatment, and treatment outcome for major depressive disorder. <i>Psychotherapy Research</i> , 2014, 24, 257-268.	1.8	40
22	Therapist-reported alliance: Is it really a predictor of outcome?. <i>Journal of Counseling Psychology</i> , 2015, 62, 568-578.	2.0	39
23	Interpersonal Problems, Dependency, and Self-Criticism in Major Depressive Disorder. <i>Journal of Clinical Psychology</i> , 2015, 71, 93-104.	1.9	38
24	Changes in well-being and quality of life in a randomized trial comparing dynamic psychotherapy and pharmacotherapy for major depressive disorder. <i>Journal of Affective Disorders</i> , 2014, 152-154, 538-542.	4.1	37
25	Cultural processes in psychotherapy for perinatal loss: Breaking the cultural taboo against perinatal grief.. <i>Psychotherapy</i> , 2018, 55, 20-26.	1.2	35
26	Reducing Dropout in Treatment for Depression. <i>Journal of Clinical Psychiatry</i> , 2016, 77, e1584-e1590.	2.2	35
27	A Machine Learning Approach to Identifying Placebo Responders in Late-Life Depression Trials. <i>American Journal of Geriatric Psychiatry</i> , 2018, 26, 669-677.	1.2	33
28	To what extent is alliance affected by transference? An empirical exploration.. <i>Psychotherapy</i> , 2014, 51, 424-433.	1.2	32
29	Are there subtypes of panic disorder? An interpersonal perspective.. <i>Journal of Consulting and Clinical Psychology</i> , 2015, 83, 938-950.	2.0	32
30	Identifying the most suitable treatment for depression based on patients' attachment: study protocol for a randomized controlled trial of supportive-expressive vs. supportive treatments. <i>BMC Psychiatry</i> , 2018, 18, 362.	2.6	30
31	Predicting personalized process-outcome associations in psychotherapy using machine learning approaches: A demonstration. <i>Psychotherapy Research</i> , 2020, 30, 300-309.	1.8	30
32	Not Just a Non-specific Factor: Moderators of the Effect of Within- and Between-Clients Alliance on Outcome in CBT. <i>Cognitive Therapy and Research</i> , 2018, 42, 146-158.	1.9	27
33	Psychotherapists' acceptance of telepsychotherapy during the COVID-19 pandemic: A machine learning approach. <i>Clinical Psychology and Psychotherapy</i> , 2021, 28, 1403-1415.	2.7	25
34	Not Just Nonspecific Factors: The Roles of Alliance and Expectancy in Treatment, and Their Neurobiological Underpinnings. <i>Frontiers in Behavioral Neuroscience</i> , 2018, 12, 293.	2.0	21
35	Session-to-session effects of alliance ruptures in outpatient CBT: Within- and between-patient associations.. <i>Journal of Consulting and Clinical Psychology</i> , 2018, 86, 354-366.	2.0	21
36	Distinct roles of state-like and trait-like patient-therapist alliance in psychotherapy. , 2022, 1, 194-210.		21

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37	In psychotherapy with severe patients discouraging news may be worse than no news: The impact of providing feedback to therapists on psychotherapy outcome, session attendance, and the alliance.. Journal of Consulting and Clinical Psychology, 2018, 86, 125-139.	2.0	20
38	New analytic strategies help answer the controversial question of whether alliance is therapeutic in itself. World Psychiatry, 2016, 15, 84-85.	10.4	19
39	Letâ€™s face it: video conferencing psychotherapy requires the extensive use of ostensive cues. Counselling Psychology Quarterly, 2021, 34, 508-524.	2.3	19
40	Sudden gains in the alliance in cognitive behavioral therapy versus brief relational therapy.. Journal of Consulting and Clinical Psychology, 2019, 87, 501-509.	2.0	19
41	Can Machine Learning Approaches Lead Toward Personalized Cognitive Training?. Frontiers in Behavioral Neuroscience, 2019, 13, 64.	2.0	18
42	Nonverbal Synchrony and the Alliance in Psychotherapy for Major Depression: Disentangling State-Like and Trait-Like Effects. Clinical Psychological Science, 2021, 9, 634-648.	4.0	18
43	Are there any robust predictors of â€œsudden gainers,â€ and how is sustained improvement in treatment outcome achieved following a gain?. Journal of Consulting and Clinical Psychology, 2019, 87, 491-500.	2.0	18
44	Oxytocin as a biomarker of the formation of therapeutic alliance in psychotherapy and counseling psychology.. Journal of Counseling Psychology, 2020, 67, 523-535.	2.0	18
45	Age-Related Hearing Loss, Neuropsychological Performance, and Incident Dementia in Older Adults. Journal of Alzheimer's Disease, 2021, 80, 855-864.	2.6	17
46	How do supportive techniques bring about therapeutic change: The role of therapeutic alliance as a potential mediator.. Psychotherapy, 2020, 57, 151-159.	1.2	17
47	Oxytocin as a Neurobiological Marker of Ruptures in the Working Alliance. Psychotherapy and Psychosomatics, 2018, 87, 126-127.	8.8	16
48	Oxytocin synchrony between patients and therapists as a mechanism underlying effective psychotherapy for depression.. Journal of Consulting and Clinical Psychology, 2021, 89, 49-57.	2.0	16
49	Patient demographics and psychological functioning as predictors of unilateral termination of psychodynamic therapy. Psychotherapy Research, 2018, 28, 672-684.	1.8	15
50	Neural mechanisms of expectancy-based placebo effects in antidepressant clinical trials. Journal of Psychiatric Research, 2019, 116, 19-25.	3.1	15
51	Optimizing patient expectancy in the pharmacologic treatment of major depressive disorder. Psychological Medicine, 2019, 49, 2414-2420.	4.5	15
52	Resting State Functional Connectivity and Outcomes of Psychotherapies for Late-Life Depression. American Journal of Geriatric Psychiatry, 2020, 28, 859-868.	1.2	15
53	Parent-Child Agreement on Family Accommodation Differentially Predicts Outcomes of Child-Based and Parent-Based Child Anxiety Treatment. Journal of Clinical Child and Adolescent Psychology, 2021, 50, 427-439.	3.4	15
54	Neural changes following <sc>equineâ€™assisted</sc> therapy for posttraumatic stress disorder: A longitudinal multimodal imaging study. Human Brain Mapping, 2021, 42, 1930-1939.	3.6	15

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55	A meta-analysis of psychodynamic treatments for borderline and cluster C personality disorders.. <i>Personality Disorders: Theory, Research, and Treatment</i> , 2020, 11, 157-169.	1.3	15
56	A practical clinical suggestion for strengthening the alliance based on a supportiveâ€“expressive framework.. <i>Psychotherapy</i> , 2018, 55, 231-240.	1.2	15
57	When is it Effective to Focus on the Alliance? Analysis of a Within-Client Moderator. <i>Cognitive Therapy and Research</i> , 2018, 42, 159-171.	1.9	14
58	Diagnostic and Predictive Neuroimaging Biomarkers for Posttraumatic Stress Disorder. <i>Biological Psychiatry: Cognitive Neuroscience and Neuroimaging</i> , 2020, 5, 688-696.	1.5	14
59	Is Awareness of Strengths Intervention Sufficient to Cultivate Wellbeing and Other Positive Outcomes?. <i>Journal of Happiness Studies</i> , 2021, 22, 645-666.	3.2	14
60	Supportiveâ€“expressive interventions in working throughâ€“treatment termination.. <i>Psychotherapy</i> , 2017, 54, 29-36.	1.2	14
61	Nonverbal synchrony as a marker of alliance ruptures.. <i>Psychotherapy</i> , 2021, 58, 499-509.	1.2	14
62	A prospective pilot clinical trial of â€œThe workâ€•meditation technique for survivors of breast cancer. <i>European Journal of Integrative Medicine</i> , 2013, 5, 487-494.	1.7	13
63	Effects of â€œThe Workâ€•Meditation on Psychopathologic Symptoms: A Pilot Study. <i>Alternative and Complementary Therapies</i> , 2013, 19, 147-152.	0.1	13
64	Dependency and self-criticism in treatments for depression.. <i>Journal of Counseling Psychology</i> , 2016, 63, 452-459.	2.0	12
65	Moderators of response to childâ€“based and parentâ€“based child anxiety treatment: a machine learningâ€“based analysis. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2021, 62, 1175-1182.	5.2	12
66	What do psychotherapy experts actually do in their sessions? An analysis of psychotherapy integration in prototypical demonstrations.. <i>Journal of Psychotherapy Integration</i> , 2016, 26, 202-216.	1.1	12
67	Reversed patterns of resting state functional connectivity for females vs. males in posttraumatic stress disorder. <i>Neurobiology of Stress</i> , 2021, 15, 100389.	4.0	11
68	Can we agree we just had a rupture? Patient-therapist congruence on ruptures and its effects on outcome in brief relational therapy versus cognitive-behavioral therapy.. <i>Journal of Counseling Psychology</i> , 2020, 67, 315-325.	2.0	11
69	A randomized controlled trial for identifying the most suitable treatment for depression based on patientsâ€™ attachment orientation.. <i>Journal of Consulting and Clinical Psychology</i> , 2021, 89, 985-994.	2.0	11
70	Learning from Well-Trained and Experienced Dynamic Psychotherapists: Research on the Efficacy of Dynamic Psychotherapy and Its Mechanisms of Change. <i>Contemporary Psychoanalysis</i> , 2014, 50, 58-88.	0.3	10
71	When therapist estimations of the process of treatment can predict patients rating on outcome: The case of the working alliance.. <i>Journal of Consulting and Clinical Psychology</i> , 2018, 86, 398-402.	2.0	10
72	Psychometric Properties of the Defense Mechanisms Rating Scales-Self-Report-30 (DMRS-SR-30): Internal Consistency, Validity and Factor Structure. <i>Journal of Personality Assessment</i> , 2022, , 1-11.	2.1	10

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73	Mindful Attention to Variability Intervention and Successful Pregnancy Outcomes. <i>Journal of Clinical Psychology</i> , 2016, 72, 897-907.	1.9	9
74	Changes in causal attributions and relationship representations: Are they specific or common mechanisms in the treatment of depression?. <i>Journal of Affective Disorders</i> , 2016, 193, 73-80.	4.1	9
75	Resolution of alliance ruptures: The special case of animal-assisted psychotherapy. <i>Clinical Child Psychology and Psychiatry</i> , 2017, 22, 34-45.	1.6	9
76	Repairing alliance ruptures using supportive techniques in telepsychotherapy during the COVID-19 pandemic. <i>Counselling Psychology Quarterly</i> , 2021, 34, 485-498.	2.3	9
77	Relationships of biomedical beliefs about depression to treatment-related expectancies in a treatment-seeking sample.. <i>Psychotherapy</i> , 2021, 58, 366-371.	1.2	9
78	Personalized cognitive training: Protocol for individual-level meta-analysis implementing machine learning methods. <i>Journal of Psychiatric Research</i> , 2021, 138, 342-348.	3.1	9
79	Disruptive Effects of Colorful vs. Non-colorful Play Area on Structured Play—A Pilot Study with Preschoolers. <i>Frontiers in Psychology</i> , 2016, 7, 1661.	2.1	8
80	If you believe that breaking is possible, believe also that fixing is possible: a framework for ruptures and repairs in child psychotherapy. <i>Research in Psychotherapy: Psychopathology, Process and Outcome</i> , 2019, 22, 364.	0.8	8
81	Disentangling Trait-Like Between-Individual vs. State-Like Within-Individual Effects in Studying the Mechanisms of Change in CBT. <i>Frontiers in Psychiatry</i> , 2020, 11, 609585.	2.6	8
82	Symptom profiles and treatment status of older adults with chronic post-traumatic stress disorder. <i>International Journal of Geriatric Psychiatry</i> , 2021, 36, 1216-1222.	2.7	8
83	Innovative approaches to exploring processes of change in counseling psychology: Insights and principles for future research.. <i>Journal of Counseling Psychology</i> , 2020, 67, 409-419.	2.0	8
84	Comparing the interpersonal profiles of obsessive-compulsive personality disorder and avoidant personality disorder: Are there homogeneous profiles or interpersonal subtypes?. <i>Personality Disorders: Theory, Research, and Treatment</i> , 2020, 11, 348-356.	1.3	8
85	Why Does Psychotherapy Work and for Whom? Hormonal Answers. <i>Biomedicine</i> , 2022, 10, 1361.	3.2	8
86	The Role of Safety Behaviors in Panic Disorder Treatment: Self-Regulation or Self-Defeat?. <i>Journal of Contemporary Psychotherapy</i> , 2019, 49, 203-212.	1.2	7
87	Routine measurement and feedback in support groups for parents of children with autistic spectrum disorder.. <i>Psychotherapy</i> , 2018, 55, 191-195.	1.2	7
88	Early Symptom Trajectories as Predictors of Treatment Outcome for Citalopram Versus Placebo. <i>American Journal of Geriatric Psychiatry</i> , 2017, 25, 654-661.	1.2	6
89	Exploring the process of change in emotion-focused therapy for social anxiety. <i>Psychotherapy Research</i> , 2019, 29, 908-918.	1.8	6
90	The role of the therapeutic relationship in the association between interpersonal behaviors and outcome: Comparison of two competing models. <i>Psychotherapy Research</i> , 2019, 29, 553-564.	1.8	6

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91	Interpersonal profiles in emotional disorders predict the importance of alliance negotiation for early treatment outcome.. Journal of Consulting and Clinical Psychology, 2019, 87, 617-628.	2.0	6
92	“Take a sad song and make it better”: What makes an interpretation growth facilitating for the patient?. Psychotherapy, 2020, 57, 400-413.	1.2	6
93	Evidence-based tailoring of treatment to patients, providers, and processes: Introduction to the special issue.. Journal of Consulting and Clinical Psychology, 2022, 90, 1-4.	2.0	6
94	Vocational Personalities and Mindfulness. Journal of Employment Counseling, 2014, 51, 170-179.	1.5	5
95	What is the right time for supportive versus expressive interventions in supervision? An illustration based on a clinical mistake.. Psychotherapy, 2016, 53, 297-301.	1.2	5
96	The Development of the Working Alliance and Its Ability to Predict Outcome in Emotion-Focused Therapy for Social Anxiety Disorder. Journal of Nervous and Mental Disease, 2018, 206, 446-454.	1.0	5
97	Patients’ individual differences in implicit and explicit expectations from the therapist as a function of attachment orientation.. Journal of Counseling Psychology, 2021, 68, 682-695.	2.0	5
98	Patient and Therapist In-Session Cortisol as Predictor of Post-Session Patient Reported Affect. Brain Sciences, 2021, 11, 1483.	2.3	5
99	How Plan Analysis can inform the construction of a therapeutic relationship. Journal of Clinical Psychology, 2022, 78, 422-435.	1.9	5
100	Instability of Depression Severity at Intake as a Moderator of Outcome in the Treatment for Major Depressive Disorder. Psychotherapy and Psychosomatics, 2014, 83, 382-383.	8.8	4
101	The process of change in ethnic minority males undergoing psychodynamic psychotherapy: a detailed comparison of two cases. Psychoanalytic Psychotherapy, 2018, 32, 157-180.	0.7	4
102	The process of change in psychotherapy with a pregnant patient following perinatal losses: An analysis of a case study. Journal of Clinical Psychology, 2019, 75, 874-885.	1.9	4
103	What do these sounds tell us about the therapeutic alliance: Acoustic markers as predictors of alliance. Clinical Psychology and Psychotherapy, 2021, 28, 807-817.	2.7	4
104	Structural brain features signaling trauma, PTSD, or resilience? A systematic exploration. Depression and Anxiety, 2022, 39, 695-705.	4.1	4
105	ANIMAL-ASSISTED PSYCHOTHERAPY FROM AN ATTACHMENT PERSPECTIVE. , 2013, , 111-144.		3
106	Process research in psychodynamic psychotherapy: interventions and the therapeutic relationship. , 2019, , 75-88.		3
107	Who benefits most from expectancy effects? A combined neuroimaging and antidepressant trial in depressed older adults. Translational Psychiatry, 2021, 11, 475.	4.8	3
108	Achieving successful resolution of alliance ruptures: for whom and when?. Psychotherapy Research, 2021, 31, 870-881.	1.8	3

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109	Investigating patient-specific mechanisms of change in SET vs. EFT for depression: study protocol for a mechanistic randomized controlled trial. <i>BMC Psychiatry</i> , 2021, 21, 287.	2.6	2
110	Shedding light on the effects of supportive techniques on nonverbal synchrony and their moderators in psychotherapy for depression. <i>Psychotherapy Research</i> , 2022, 32, 470-483.	1.8	2
111	Abrupt Symptom Improvements in Antidepressant Clinical Trials. <i>Journal of Clinical Psychiatry</i> , 2018, 80, .	2.2	2
112	The melody of ruptures: identifying ruptures through acoustic markers. <i>Counselling Psychology Quarterly</i> , 2022, 35, 724-743.	2.3	2
113	Effects of Western and Eastern Perspectives of Mindfulness-Based Interventions during Pregnancy on Birth Outcomes, Maternal Physical Health, and Maternal Mental Health. <i>Journal of Child and Family Studies</i> , 2017, 26, 1746-1748.	1.3	1
114	Integration and clinical demonstration of active ingredients of short-term psychodynamic therapy for depression.. <i>Journal of Psychotherapy Integration</i> , 2017, 27, 93-106.	1.1	1
115	Interpersonal problems of cocaine dependent adults differ from those of a normative sample. <i>Addiction Research and Theory</i> , 2020, 28, 443-455.	1.9	1
116	When less is more: The perception of psychotherapy techniques as a function of patient personality disorder. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2021, 94, 929-951.	2.5	1
117	Trajectories of Function and Symptom Change in Desvenlafaxine Clinical Trials. <i>Journal of Clinical Psychopharmacology</i> , 2021, 41, 579-584.	1.4	1
118	Case Report: Oxytocin and Its Association With Psychotherapy Process and Outcome. <i>Frontiers in Psychiatry</i> , 2021, 12, 691055.	2.6	1
119	Understanding interdependence of patients'™ and therapists'™ affect experiencing: Examination at sample and individual difference levels.. <i>Journal of Counseling Psychology</i> , 2022, 69, 188-198.	2.0	1
120	A moderating factor for patients with vindictive interpersonal problems.. <i>Psychotherapy</i> , 2021, 58, 343-352.	1.2	1
121	Clinical Update: The Role of Family Accommodation in Youth Anxiety Treatment Outcomes. <i>Evidence-Based Practice in Child and Adolescent Mental Health</i> , 2022, 7, 295-305.	1.0	1
122	“We can work it out” Working through termination ruptures.. <i>Psychotherapy</i> , 2020, 57, 491-496.	1.2	1
123	How Social Experiences Affect Interpretation Bias Among Individuals With Non-clinical Depression: The Role of Ostracism. <i>Frontiers in Psychiatry</i> , 2022, 13, 819143.	2.6	1
124	Within-patient perceptions of alliance and attunement: Associations with progress in psychotherapy. <i>Clinical Psychology and Psychotherapy</i> , 2022, 29, 1717-1727.	2.7	1
125	Alliance rupture profiles by personality disorder pathology in psychotherapy for depression: Tendencies, development, and timing. <i>Clinical Psychology and Psychotherapy</i> , 2021, , .	2.7	1
126	A precision medicine tool to understand who responds best to hearing aids in late-life depression. <i>International Journal of Geriatric Psychiatry</i> , 2022, 37, .	2.7	1



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127	F38. Altered Resting-State Functional Connectivity in Fear and Reward Processing Among Patients With Comorbid PTSD-MDD. <i>Biological Psychiatry</i> , 2019, 85, S227.	1.3	0
128	Clinical Demonstration of the Potential of Parental Feedback in Reducing Deterioration During Group Psychotherapy With Children. <i>Journal of Nervous and Mental Disease</i> , 2020, 208, 706-714.	1.0	0
129	Insight as a dual-perspective construct: Convergence between patients' and professional evaluators' perspective on baseline level of insight and on changes in insight.. <i>Psychotherapy</i> , 2021, 58, 372-378.	1.2	0
130	From Risk to Advantage: The Role of Active Mediation in the Viewing of Big Brother by Children and Pre-adolescents. <i>Psychological Studies</i> , 2021, 66, 73-84.	1.0	0
131	It matters not only where you come from but also where you are going, and the interplay between the two: Reply to Huppert (2022).. <i>American Psychologist</i> , 2022, 77, 481-482.	4.2	0