

# Gaynor Parfitt

## List of Publications by Year in descending order

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Version: 2024-02-01

119  
papers

5,053  
citations

87843

38  
h-index

98753

67  
g-index

122  
all docs

122  
docs citations

122  
times ranked

4520  
citing authors

#	ARTICLE	IF	CITATIONS
1	Effect of an ongoing pharmacist service to reduce medicine-induced deterioration and adverse reactions in aged-care facilities (nursing homes): a multicentre, randomised controlled trial (the Tj ETQq1 1 0.784314 rgBT /02verlock 10	1.4	10
2	A qualitative exploration of the physical and psychological wellbeing of family carers of veterans in Australia. PLoS ONE, 2022, 17, e0269012.	1.1	3
3	Efficacy of theory-informed workplace physical activity interventions: a systematic literature review with meta-analyses. Health Psychology Review, 2021, 15, 483-507.	4.4	19
4	The Use of Ratings of Perceived Exertion in Children and Adolescents: A Scoping Review. Sports Medicine, 2021, 51, 33-50.	3.1	17
5	Effect of Biological Maturation on Performance of the Athletic Ability Assessment in Australian Rules Football Players. International Journal of Sports Physiology and Performance, 2021, 16, 28-36.	1.1	2
6	Exercisersâ€™ Affective and Enjoyment Responses: A Meta-Analytic and Meta-Regression Review. Perceptual and Motor Skills, 2021, 128, 2211-2236.	0.6	10
7	Water-Based Interventions for People With Neurological Disability, Autism, and Intellectual Disability: A Scoping Review. Adapted Physical Activity Quarterly, 2021, 38, 474-493.	0.6	1
8	What are the effects of scuba diving-based interventions for clients with neurological disability, autism or intellectual disability? A systematic review. Diving and Hyperbaric Medicine, 2021, 51, 355-360.	0.2	3
9	Exercise physiology in aged care: Perceptions and acceptability from the perspectives of family members and care staff in the residential aged care environment. Dementia, 2020, 19, 2152-2165.	1.0	7
10	Predicting Engagement With Online Walking Promotion Among Metropolitan and Rural Cancer Survivors. Cancer Nursing, 2020, 43, 52-59.	0.7	10
11	Feasibility and Process Evaluation of a Need-Supportive Physical Activity Program in Aged Care Workers: The Activity for Well-Being Project. Frontiers in Psychology, 2020, 11, 518413.	1.1	2
12	Reducing medicine-induced deterioration and adverse reactions (ReMInDAR) trial: study protocol for a randomised controlled trial in residential aged-care facilities assessing frailty as the primary outcome. BMJ Open, 2020, 10, e032851.	0.8	13
13	Exploring the social conditions of physical activity participation amongst rural South Australian women: A qualitative study. Health Promotion Journal of Australia, 2020, 32 Suppl 2, 54-64.	0.6	1
14	Some gain for a small investment: An economic evaluation of an exercise program for people living in residential aged care. Australasian Journal on Ageing, 2020, 40, e116-e124.	0.4	1
15	The Use of Virtual Reality to Influence Motivation, Affect, Enjoyment, and Engagement During Exercise: A Scoping Review. Frontiers in Virtual Reality, 2020, 1, .	2.5	42
16	Challenges associated with physical assessments for people living with dementia: Modifying standard assessment protocols. SAGE Open Medicine, 2020, 8, 205031212091035.	0.7	2
17	Evaluation of an implementation project: The exercise physiology in aged care program. Geriatrics and Gerontology International, 2020, 20, 595-601.	0.7	2
18	Physical Activity Intensity Cut-Points for Wrist-Worn GENEActiv in Older Adults. Frontiers in Sports and Active Living, 2020, 2, 579278.	0.9	17

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19	A cross-sectional assessment of the relationship between sedative medication and anticholinergic medication use and the movement behaviour of older adults living in residential aged care. <i>PeerJ</i> , 2020, 8, e9605.	0.9	1
20	Relationships Between Model-Predicted and Actual Match-Play Exercise-Intensity Performance in Professional Australian Footballers During a Preseason Training Macrocycle. <i>International Journal of Sports Physiology and Performance</i> , 2019, 14, 232-238.	1.1	1
21	Promoting physical activity in rural Australian adults using an online intervention. <i>Journal of Science and Medicine in Sport</i> , 2019, 22, 70-75.	0.6	12
22	What is the effect of aerobic exercise intensity on cardiorespiratory fitness in those undergoing cardiac rehabilitation? A systematic review with meta-analysis. <i>British Journal of Sports Medicine</i> , 2019, 53, 1341-1351.	3.1	34
23	Physiological and Perceived Exertion Responses during Exercise: Effect of $\hat{I}^2$ -blockade. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 782-791.	0.2	13
24	Inter- and Intra-rater Reliability of the Athletic Ability Assessment in Subelite Australian Rules Football Players. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 125-138.	1.0	6
25	Study and Life: How first year university students use their time. <i>Student Success</i> , 2019, 10, 17-31.	0.5	8
26	A Case Study of Exercise Adherence during Stereotactic Ablative Radiotherapy Treatment in a Previously Active Male with Metastatic Renal Cell Carcinoma. <i>Journal of Sports Science and Medicine</i> , 2019, 18, 462-470.	0.7	1
27	Let the Pleasure Guide Your Resistance Training Intensity. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 1472-1479.	0.2	21
28	Converting between estimates of moderate-to-vigorous physical activity derived from raw accelerations measured at the wrist and from ActiGraph counts measured at the hip: the Rosetta Stone. <i>Journal of Sports Sciences</i> , 2018, 36, 2603-2607.	1.0	5
29	Relationships Between Model Estimates and Actual Match-Performance Indices in Professional Australian Footballers During an In-Season Macrocycle. <i>International Journal of Sports Physiology and Performance</i> , 2018, 13, 339-346.	1.1	19
30	Perceived Facilitators and Barriers in Response to a Walking Intervention in Rural Cancer Survivors: A Qualitative Exploration. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2824.	1.2	9
31	Development of a Self-Determination Theory-Based Physical Activity Intervention for Aged Care Workers: Protocol for the Activity for Well-being Program. <i>Frontiers in Public Health</i> , 2018, 6, 341.	1.3	11
32	Effect of a 12-Week Online Walking Intervention on Health and Quality of Life in Cancer Survivors: A Quasi-Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2081.	1.2	30
33	Associations of physical activity and sedentary behaviour with metabolic syndrome in rural Australian adults. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 1232-1237.	0.6	12
34	Comparison of two low-fat diets, differing in protein and carbohydrate, on psychological wellbeing in adults with obesity and type 2 diabetes: a randomised clinical trial. <i>Nutrition Journal</i> , 2018, 17, 62.	1.5	12
35	Combining perceptual regulation and exergaming for exercise prescription in low-active adults with and without cognitive impairment. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2018, 10, 2.	0.7	4
36	Reductions in food cravings are similar with low-fat weight loss diets differing in protein and carbohydrate in overweight and obese adults with type 2 diabetes: A randomized clinical trial. <i>Nutrition Research</i> , 2018, 57, 56-66.	1.3	12

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37	Predictors of physical activity among rural adults following cardiac rehabilitation.. Rehabilitation Psychology, 2018, 63, 495-501.	0.7	6
38	Perceived Exertion, Heart Rate, and other Non-Invasive Methods for Exercise Testing and Intensity Control. , 2018, , 464-499.		7
39	Accelerometer wear-site detection: When one site does not suit all, all of the time. Journal of Science and Medicine in Sport, 2017, 20, 368-372.	0.6	4
40	A comparison of head motion and prefrontal haemodynamics during upright and recumbent cycling exercise. Clinical Physiology and Functional Imaging, 2017, 37, 723-729.	0.5	2
41	Prefrontal oxygenation and the acoustic startle eyeblink response during exercise: A test of the dual-mode model. Psychophysiology, 2017, 54, 1070-1080.	1.2	4
42	Associations Between Perceptual and Ventilatory Responses to Exercise. Medicine and Science in Sports and Exercise, 2017, 49, 840-841.	0.2	0
43	[P4311]: EVALUATION OF AN IMPLEMENTATION PROJECT: IMPROVING COGNITIVE AND FUNCTIONAL CAPACITY OF OLDER PEOPLE WITH DEMENTIA IN RESIDENTIAL AGED CARE THROUGH AN EXERCISE PRESCRIPTION APPROACH. Alzheimer's and Dementia, 2017, 13, P1408.	0.4	0
44	Effort perception. , 2017, , .		3
45	Exergaming: Feels good despite working harder. PLoS ONE, 2017, 12, e0186526.	1.1	31
46	Patterning Of Physiological And Perceptual Responses To Exercise. Medicine and Science in Sports and Exercise, 2017, 49, 56.	0.2	0
47	Effects of Low-Fat Diets Differing in Protein and Carbohydrate Content on Cardiometabolic Risk Factors during Weight Loss and Weight Maintenance in Obese Adults with Type 2 Diabetes. Nutrients, 2016, 8, 289.	1.7	37
48	Reducing Sitting Time After Stroke: A Phase II Safety and Feasibility Randomized Controlled Trial. Archives of Physical Medicine and Rehabilitation, 2016, 97, 273-280.	0.5	57
49	Validity of a perceptually-regulated step test protocol for assessing cardiorespiratory fitness in healthy adults. European Journal of Applied Physiology, 2016, 116, 2337-2344.	1.2	4
50	Author's Reply to Sabour and Ghassemi "Submaximal Step Tests to Estimate Maximal Oxygen Uptake in Healthy Adults: Methodological Issues About Validity and Reliability" Sports Medicine, 2016, 46, 1383-1384.	3.1	0
51	Validity of Submaximal Step Tests to Estimate Maximal Oxygen Uptake in Healthy Adults. Sports Medicine, 2016, 46, 737-750.	3.1	91
52	Submaximal Exercise-Based Equations to Predict Maximal Oxygen Uptake in Older Adults: A Systematic Review. Archives of Physical Medicine and Rehabilitation, 2016, 97, 1003-1012.	0.5	11
53	Self-reported tolerance influences prefrontal cortex hemodynamics and affective responses. Cognitive, Affective and Behavioral Neuroscience, 2016, 16, 63-71.	1.0	33
54	Moving Forward with Backward Compatibility. Medicine and Science in Sports and Exercise, 2016, 48, 2142-2149.	0.2	32

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55	A Perceptually-regulated Exercise Test Predicts Peak Oxygen Uptake in Older Active Adults. <i>Journal of Aging and Physical Activity</i> , 2015, 23, 205-211.	0.5	11
56	Can previously sedentary females use the feeling scale to regulate exercise intensity in a gym environment? an observational study. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2015, 7, 30.	0.7	13
57	Misperception. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 2676.	0.2	8
58	Patterning of physiological and affective responses in older active adults during a maximal graded exercise test and self-selected exercise. <i>European Journal of Applied Physiology</i> , 2015, 115, 1855-1866.	1.2	31
59	A hard/heavy intensity is too much: The physiological, affective, and motivational effects (immediately) of a hard/heavy intensity exercise. <i>Journal of Science and Fitness</i> , 2015, 13, 123-130.	0.8	12
60	A randomised trial comparing low-fat diets differing in carbohydrate and protein ratio, combined with regular moderate intensity exercise, on glycaemic control, cardiometabolic risk factors, food cravings, cognitive function and psychological wellbeing in adults with type 2 diabetes: Study protocol. <i>Contemporary Clinical Trials</i> , 2015, 45, 217-225.	0.8	14
61	A systematic review of methods to predict maximal oxygen uptake from submaximal, open circuit spirometry in healthy adults. <i>Journal of Science and Medicine in Sport</i> , 2015, 18, 183-188.	0.6	37
62	A Perceptually-regulated Exercise Test Predicts Peak Oxygen Uptake in Older Active Adults. <i>Journal of Aging and Physical Activity</i> , 2015, 23, 205-211.	0.5	0
63	Prefrontal Cortex Haemodynamics and Affective Responses during Exercise: A Multi-Channel Near Infrared Spectroscopy Study. <i>PLoS ONE</i> , 2014, 9, e95924.	1.1	55
64	Acute affective responses to prescribed and self-selected exercise sessions in adolescent girls: an observational study. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2014, 6, 35.	0.7	39
65	Rural Environments and Community Health (REACH): a randomised controlled trial protocol for an online walking intervention in rural adults. <i>BMC Public Health</i> , 2014, 14, 969.	1.2	14
66	Children's Physical Activity Assessed with Wrist- and Hip-Worn Accelerometers. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 2308-2316.	0.2	74
67	Self-efficacy for temptations is a better predictor of weight loss than motivation and global self-efficacy: Evidence from two prospective studies among overweight/obese women at high risk of breast cancer. <i>Patient Education and Counseling</i> , 2014, 95, 254-258.	1.0	19
68	The experiences of participants in an innovative online resource designed to increase regular walking among rural cancer survivors: a qualitative pilot feasibility study. <i>Supportive Care in Cancer</i> , 2014, 22, 1923-1929.	1.0	31
69	Prediction of Maximal or Peak Oxygen Uptake from Ratings of Perceived Exertion. <i>Sports Medicine</i> , 2014, 44, 563-578.	3.1	68
70	Use of a perceptually-regulated test to measure maximal oxygen uptake is valid and feels better. <i>European Journal of Sport Science</i> , 2014, 14, 452-458.	1.4	16
71	Steps toward improving diet and exercise for cancer survivors (STRIDE): a quasi-randomised controlled trial protocol. <i>BMC Cancer</i> , 2014, 14, 428.	1.1	7
72	A Systematic Review and Meta-Analysis of Submaximal Exercise-Based Equations to Predict Maximal Oxygen Uptake in Young People. <i>Pediatric Exercise Science</i> , 2014, 26, 342-357.	0.5	14

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73	Invited Guest Editorial: Envisioning the next fifty years of research on the exerciseâ€œaffect relationship. <i>Psychology of Sport and Exercise</i> , 2013, 14, 751-758.	1.1	106
74	Calibration of the GENEA accelerometer for assessment of physical activity intensity in children. <i>Journal of Science and Medicine in Sport</i> , 2013, 16, 124-128.	0.6	229
75	The perceptually regulated exercise test is sensitive to increases in maximal oxygen uptake. <i>European Journal of Applied Physiology</i> , 2013, 113, 1233-1239.	1.2	19
76	Imagery Use and Affective Responses During Exercise: An Examination of Cerebral Hemodynamics Using Near-Infrared Spectroscopy. <i>Journal of Sport and Exercise Psychology</i> , 2013, 35, 503-513.	0.7	25
77	Perceptually Regulated Training at RPE13 Is Pleasant and Improves Physical Health. <i>Medicine and Science in Sports and Exercise</i> , 2012, 44, 1613-1618.	0.2	58
78	Patterning of Affective Responses During a Graded Exercise Test in Children and Adolescents. <i>Pediatric Exercise Science</i> , 2012, 24, 275-288.	0.5	59
79	A perceptually regulated, graded exercise test predicts peak oxygen uptake during treadmill exercise in active and sedentary participants. <i>European Journal of Applied Physiology</i> , 2012, 112, 3459-3468.	1.2	46
80	Affect-regulated exercise intensity: Does training at an intensity that feels â€œgoodâ€™ improve physical health?. <i>Journal of Science and Medicine in Sport</i> , 2012, 15, 548-553.	0.6	89
81	Physiological and perceptual responses to affectâ€œregulated exercise in healthy young women. <i>Psychophysiology</i> , 2012, 49, 104-110.	1.2	20
82	Effect of deception and expected exercise duration on psychological and physiological variables during treadmill running and cycling. <i>Psychophysiology</i> , 2012, 49, 462-469.	1.2	29
83	Exercise experience influences affective and motivational outcomes of prescribed and selfâ€œselected intensity exercise. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2012, 22, 265-277.	1.3	115
84	The Pleasure and Displeasure People Feel When they Exercise at Different Intensities. <i>Sports Medicine</i> , 2011, 41, 641-671.	3.1	815
85	Exploring Affective Responses to Different Exercise Intensities in Low-Active Young Adolescents. <i>Journal of Sport and Exercise Psychology</i> , 2011, 33, 548-568.	0.7	33
86	Pleasant for some and unpleasant for others: a protocol analysis of the cognitive factors that influence affective responses to exercise. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2010, 7, 15.	2.0	59
87	Children's physical activity and psychological health: the relevance of intensity. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2009, 98, 1037-1043.	0.7	73
88	The Exercise Intensityâ€œAffect Relationship: Evidence and Implications for Exercise Behavior. <i>Journal of Exercise Science and Fitness</i> , 2009, 7, S34-S41.	0.8	71
89	The rating of perceived exertion during competitive running scales with time. <i>Psychophysiology</i> , 2008, 45, 977-985.	1.2	92
90	Prediction of maximal oxygen uptake in sedentary males from a perceptually regulated, sub-maximal graded exercise test. <i>Journal of Sports Sciences</i> , 2008, 26, 131-139.	1.0	63

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91	Acute Affective Responses to Prescribed and Self-Selected Exercise Intensities in Young Adolescent Boys and Girls. <i>Pediatric Exercise Science</i> , 2008, 20, 129-141.	0.5	55
92	Can the Feeling Scale Be Used to Regulate Exercise Intensity?. <i>Medicine and Science in Sports and Exercise</i> , 2008, 40, 1852-1860.	0.2	81
93	A Quantitative Analysis and Qualitative Explanation of the Individual Differences in Affective Responses to Prescribed and Self-Selected Exercise Intensities. <i>Journal of Sport and Exercise Psychology</i> , 2007, 29, 281-309.	0.7	179
94	The effect of antecedent fatiguing activity on the relationship between perceived exertion and physiological activity during a constant load exercise task. <i>Psychophysiology</i> , 2007, 44, 779-786.	1.2	103
95	Prediction of maximal oxygen uptake from the ratings of perceived exertion and heart rate during a perceptually-regulated sub-maximal exercise test in active and sedentary participants. <i>European Journal of Applied Physiology</i> , 2007, 101, 397-407.	1.2	102
96	The psychological and physiological responses of sedentary individuals to prescribed and preferred intensity exercise. <i>British Journal of Health Psychology</i> , 2006, 11, 39-53.	1.9	178
97	The validity of predicting maximal oxygen uptake from perceptually regulated graded exercise tests of different durations. <i>European Journal of Applied Physiology</i> , 2006, 97, 535-541.	1.2	78
98	The validity of predicting maximal oxygen uptake from a perceptually-regulated graded exercise test. <i>European Journal of Applied Physiology</i> , 2005, 94, 221-227.	1.2	92
99	The relationship between children's habitual activity level and psychological well-being. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2005, 94, 1791-1797.	0.7	79
100	Exercise causality orientations, behavioural regulation for exercise and stage of change for exercise: exploring their relationships. <i>Psychology of Sport and Exercise</i> , 2005, 6, 399-414.	1.1	43
101	The relationship between children's habitual activity level and psychological well-being. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2005, 94, 1791-1797.	0.7	81
102	The effect of choice of exercise mode on psychological responses. <i>Psychology of Sport and Exercise</i> , 2004, 5, 111-117.	1.1	56
103	The development and initial validation of the Exercise Causality Orientations Scale. <i>Journal of Sports Sciences</i> , 2001, 19, 445-462.	1.0	53
104	Reliability of Effort Perception for Regulating Exercise Intensity in Children Using the Cart and Load Effort Rating (CALER) Scale. <i>Pediatric Exercise Science</i> , 2000, 12, 388-397.	0.5	46
105	The Effect of Prescribed and Preferred Intensity Exercise on Psychological Affect and the Influence of Baseline Measures of Affect. <i>Journal of Health Psychology</i> , 2000, 5, 231-240.	1.3	72
106	The effects of cognitive and somatic anxiety and self-confidence on components of performance during competition. <i>Journal of Sports Sciences</i> , 1999, 17, 351-356.	1.0	23
107	The effect of induced mood states on performance profile areas of perceived need. <i>Journal of Sports Sciences</i> , 1999, 17, 115-127.	1.0	13
108	Performance Profiling and Construct Validity. <i>Sport Psychologist</i> , 1997, 11, 411-425.	0.4	14

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109	Psychological Affect at Different Ratings of Perceived Exertion in High-and Low-Active Women: A Study Using a Production Protocol. <i>Perceptual and Motor Skills</i> , 1996, 82, 1035-1042.	0.6	55
110	Good health-Is it worth it? Mood states, physical well-being, job satisfaction and absenteeism in members and non-members of a British corporate health and fitness club. <i>Journal of Occupational and Organizational Psychology</i> , 1996, 69, 121-134.	2.6	63
111	Performance profiling and predictive validity. <i>Journal of Applied Sport Psychology</i> , 1996, 8, 160-170.	1.4	21
112	Physical Self-Perceptions, Aerobic Capacity and Physical Activity in Male and Female Members of a Corporate Health and Fitness Club. <i>Perceptual and Motor Skills</i> , 1996, 83, 1075-1082.	0.6	6
113	Changes in Ratings of Perceived Exertion and Psychological Affect in the Early Stages of Exercise. <i>Perceptual and Motor Skills</i> , 1995, 80, 259-266.	0.6	36
114	Performance catastrophes in sport: A test of the hysteresis hypothesis. <i>Journal of Sports Sciences</i> , 1994, 12, 327-334.	1.0	48
115	The Development of a Model for the Provision of Psychological Support to a National Squad. <i>Sport Psychologist</i> , 1994, 8, 126-142.	0.4	15
116	Responses to Physical Exertion in Active and Inactive Males and Females. <i>Journal of Sport and Exercise Psychology</i> , 1994, 16, 178-186.	0.7	51
117	The effects of competitive anxiety on memory span and rebound shooting tasks in basketball players. <i>Journal of Sports Sciences</i> , 1993, 11, 517-524.	1.0	22
118	A catastrophe model of anxiety and performance. <i>British Journal of Psychology</i> , 1991, 82, 163-178.	1.2	221
119	Exploring the physical and psychosocial experience of Immersion Therapy for people living with a disability. <i>F1000Research</i> , 0, 10, 135.	0.8	2