Christian Sander

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Inflammatory Cytokines in General and Central Obesity and Modulating Effects of Physical Activity. PLoS ONE, 2015, 10, e0121971.	2.5	296
2	The LIFE-Adult-Study: objectives and design of a population-based cohort study with 10,000 deeply phenotyped adults in Germany. BMC Public Health, 2015, 15, 691.	2.9	287
3	Sleep quality in the general population: psychometric properties of the Pittsburgh Sleep Quality Index, derived from a German community sample of 9284 people. Sleep Medicine, 2017, 30, 57-63.	1.6	274
4	Smartphone-Based Monitoring of Objective and Subjective Data in Affective Disorders: Where Are We and Where Are We Going? Systematic Review. Journal of Medical Internet Research, 2017, 19, e262.	4.3	149
5	Cytokine levels in depressed and non-depressed subjects, and masking effects of obesity. Journal of Psychiatric Research, 2014, 55, 29-34.	3.1	127
6	Heart Rate Variability as Indicator of Clinical State in Depression. Frontiers in Psychiatry, 2018, 9, 735.	2.6	107
7	Hyperstable regulation of vigilance in patients with major depressive disorder. World Journal of Biological Psychiatry, 2012, 13, 436-446.	2.6	95
8	Optimism and pessimism in the general population: Psychometric properties of the Life Orientation Test (LOT-R). International Journal of Clinical and Health Psychology, 2017, 17, 161-170.	5.1	93
9	ICA-based muscle artefact correction of EEG data: What is muscle and what is brain?. NeuroImage, 2011, 54, 1-3.	4.2	67
10	Brain arousal regulation in adults with attention-deficit/hyperactivity disorder (ADHD). Psychiatry Research, 2018, 261, 102-108.	3.3	66
11	EEG Vigilance Regulation Patterns and Their Discriminative Power to Separate Patients with Major Depression from Healthy Controls. Neuropsychobiology, 2012, 65, 188-194.	1.9	65
12	Continuum beliefs and mental illness stigma: a systematic review and meta-analysis of correlation and intervention studies. Psychological Medicine, 2021, 51, 716-726.	4.5	62
13	Pro- and anti-inflammatory cytokines, but not CRP, are inversely correlated with severity and symptoms of major depression. Psychiatry Research, 2016, 239, 85-91.	3.3	59
14	Genomeâ€wide association analysis of actigraphic sleep phenotypes in the <scp>LIFE</scp> Adult Study. Journal of Sleep Research, 2016, 25, 690-701.	3.2	58
15	EEG-vigilance and response to stimulants in paediatric patients with attention deficit/hyperactivity disorder. Clinical Neurophysiology, 2010, 121, 1511-1518.	1.5	53
16	Impact of EEG-vigilance on brain glucose uptake measured with [18F]FDG and PET in patients with depressive episode or mild cognitive impairment. NeuroImage, 2011, 56, 93-101.	4.2	49
17	Assessment of Wakefulness and Brain Arousal Regulation in Psychiatric Research. Neuropsychobiology, 2015, 72, 195-205.	1.9	48
18	Brain arousal regulation as response predictor for antidepressant therapy in major depression. Scientific Reports, 2017, 7, 45187.	3.3	47

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19	Brain and Body. Journal of Psychophysiology, 2011, 25, 190-200.	0.7	46
20	Treatment of Acute Mania with Modafinil Monotherapy. Biological Psychiatry, 2010, 67, e55-e57.	1.3	38
21	Test-retest reliability of brain arousal regulation as assessed with VIGALL 2.0. Neuropsychiatric Electrophysiology, 2015, 1, .	4.1	37
22	Normative values of the Epworth Sleepiness Scale (ESS), derived from a large German sample. Sleep and Breathing, 2016, 20, 1337-1345.	1.7	36
23	Recorded and Reported Sleepiness: The Association Between Brain Arousal in Resting State and Subjective Daytime Sleepiness. Sleep, 2017, 40, .	1.1	31
24	Sleep disturbances and upregulation of brain arousal during daytime in depressed versus non-depressed elderly subjects. World Journal of Biological Psychiatry, 2017, 18, 633-640.	2.6	30
25	Evoked potentials and behavioral performance during different states of brain arousal. BMC Neuroscience, 2017, 18, 21.	1.9	29
26	Vulnerability to bipolar disorder is linked to sleep and sleepiness. Translational Psychiatry, 2019, 9, 294.	4.8	28
27	Genetic Association of Objective Sleep Phenotypes with a Functional Polymorphism in the Neuropeptide S Receptor Gene. PLoS ONE, 2014, 9, e98789.	2.5	27
28	Cerebrospinal fluid hypocretin-1 (orexin A) levels in mania compared to unipolar depression and healthy controls. Neuroscience Letters, 2010, 483, 20-22.	2.1	26
29	Impact of Serum Cytokine Levels on EEG-Measured Arousal Regulation in Patients with Major Depressive Disorder and Healthy Controls. Neuropsychobiology, 2016, 73, 1-9.	1.9	26
30	Serum Markers of Inflammation Mediate the Positive Association Between Neuroticism and Depression. Frontiers in Psychiatry, 2018, 9, 609.	2.6	26
31	Human brain arousal in the resting state: a genome-wide association study. Molecular Psychiatry, 2019, 24, 1599-1609.	7.9	26
32	Early report on brain arousal regulation in manic vs depressive episodes in bipolar disorder. Bipolar Disorders, 2016, 18, 502-510.	1.9	25
33	Resting EEG Measures of Brain Arousal in a Multisite Study of Major Depression. Clinical EEG and Neuroscience, 2019, 50, 3-12.	1.7	25
34	Unstable EEG-vigilance in patients with cancer-related fatigue (CRF) in comparison to healthy controls. World Journal of Biological Psychiatry, 2012, 13, 146-152.	2.6	24
35	The influence of cytokines on wakefulness regulation: clinical relevance, mechanisms and methodological problems. Psychiatria Danubina, 2012, 24, 112-26.	0.4	23
36	Utilization of Patient-Generated Data Collected Through Mobile Devices: Insights From a Survey on Attitudes Toward Mobile Self-Monitoring and Self-Management Apps for Depression. JMIR Mental Health, 2019, 6, e11671.	3.3	22

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37	Time to wake up: No impact of COMT Val158Met gene variation on circadian preferences, arousal regulation and sleep. Chronobiology International, 2016, 33, 893-905.	2.0	21
38	Prestimulus vigilance predicts response speed in an easy visual discrimination task. Behavioral and Brain Functions, 2011, 7, 31.	3.3	19
39	Effects of EEG-vigilance regulation patterns on early perceptual processes in human visual cortex. Clinical Neurophysiology, 2014, 125, 98-107.	1.5	19
40	First evidence for glial pathology in late life minor depression: S100B is increased in males with minor depression. Frontiers in Cellular Neuroscience, 2015, 9, 406.	3.7	19
41	Objective markers for sleep propensity: comparison between the Multiple Sleep Latency Test and the Vigilance Algorithm Leipzig. Journal of Sleep Research, 2015, 24, 450-457.	3.2	19
42	Circadian skin temperature rhythms, circadian activity rhythms and sleep in individuals with self-reported depressive symptoms. Journal of Psychiatric Research, 2019, 117, 38-44.	3.1	19
43	Largeâ€scale collaboration in ENIGMAâ€EEG: A perspective on the metaâ€analytic approach to link neurological and psychiatric liability genes to electrophysiological brain activity. Brain and Behavior, 2021, 11, e02188.	2.2	18
44	Dynamics of melanin-concentrating hormone (MCH) serum levels in major depressive disorder during antidepressant treatment. Journal of Affective Disorders, 2015, 180, 207-213.	4.1	17
45	Physical activity in depressed and non-depressed patients with obesity. Eating and Weight Disorders, 2018, 23, 195-203.	2.5	17
46	EEG-vigilance regulation during the resting state in obsessive–compulsive disorder. Clinical Neurophysiology, 2013, 124, 497-502.	1.5	16
47	Methylphenidate in mania project (MEMAP): study protocol of an international randomised double-blind placebo-controlled study on the initial treatment of acute mania with methylphenidate. BMC Psychiatry, 2013, 13, 71.	2.6	15
48	Impact of brain arousal and time-on-task on autonomic nervous system activity in the wake-sleep transition. BMC Neuroscience, 2018, 19, 18.	1.9	15
49	Time perception at different EEG-vigilance levels. Behavioral and Brain Functions, 2012, 8, 50.	3.3	14
50	Onset of Depression Inventory (ODI)—Assessment of the speed of onset of depressive episodes. Journal of Affective Disorders, 2012, 142, 156-160.	4.1	14
51	Some good news for psychiatry: resource allocation preferences of the public during the COVIDâ€19 pandemic. World Psychiatry, 2021, 20, 301-302.	10.4	14
52	Brain Arousal Regulation in Carriers of Bipolar Disorder Risk Alleles. Neuropsychobiology, 2015, 72, 65-73.	1.9	13
53	Tobacco use is associated with reduced amplitude and intensity dependence of the cortical auditory evoked N1-P2 component. Psychopharmacology, 2016, 233, 2173-2183.	3.1	13
54	Association of serum 25-hydroxyvitamin D concentrations with sleep phenotypes in a German community sample. PLoS ONE, 2019, 14, e0219318.	2.5	13

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55	Loss and grief in elderly people: Results from the LIFE-Adult-Study. Death Studies, 2022, 46, 1621-1630.	2.7	13
56	Arousal Regulation in Affective Disorders. , 2016, , 341-370.		12
57	Intervention Use and Symptom Change With Unguided Internet-Based Cognitive Behavioral Therapy for Depression During the COVID-19 Pandemic: Log Data Analysis of a Convenience Sample. JMIR Mental Health, 2021, 8, e28321.	3.3	12
58	A critical review of the recent literature and selected therapy guidelines since 2006 on the use of lamotrigine in bipolar disorder. Neuropsychiatric Disease and Treatment, 2013, 9, 101.	2.2	11
59	Why some obese people become depressed whilst others do not: exploring links between cognitive reactivity, depression and obesity. Psychology, Health and Medicine, 2019, 24, 362-373.	2.4	11
60	Separation of Low-Voltage EEG-Activity During Mental Activation from that During Transition to Drowsiness. Brain Topography, 2013, 26, 538-546.	1.8	10
61	EEG Vigilance and Phenotypes in Neuropsychiatry. , 2011, , 79-435.		10
62	Temporal Associations of Daily Changes in Sleep and Depression Core Symptoms in Patients Suffering From Major Depressive Disorder: Idiographic Time-Series Analysis. JMIR Mental Health, 2020, 7, e17071.	3.3	10
63	A multi-centre, randomised, double-blind, placebo-controlled clinical trial of methylphenidate in the initial treatment of acute mania (MEMAP study). European Neuropsychopharmacology, 2018, 28, 185-194.	0.7	9
64	Relationship between regional white matter hyperintensities and alpha oscillations in older adults. Neurobiology of Aging, 2022, 112, 1-11.	3.1	9
65	Inflammation and the Association of Vitamin D and Depressive Symptomatology. Nutrients, 2021, 13, 1972.	4.1	8
66	Stigma as a barrier to addressing childhood trauma in conversation with trauma survivors: A study in the general population. PLoS ONE, 2021, 16, e0258782.	2.5	8
67	Changes in brain arousal (EEG-vigilance) after therapeutic sleep deprivation in depressive patients and healthy controls. Scientific Reports, 2018, 8, 15087.	3.3	7
68	Fatigue and brain arousal in patients with major depressive disorder. European Archives of Psychiatry and Clinical Neuroscience, 2021, 271, 527-536.	3.2	6
69	The Big Five Personality Traits and Brain Arousal in the Resting State. Brain Sciences, 2021, 11, 1272.	2.3	6
70	Enhanced Vigilance Stability during Daytime in Insomnia Disorder. Brain Sciences, 2020, 10, 830.	2.3	5
71	Fatigue in Cancer and Neuroinflammatory and Autoimmune Disease: CNS Arousal Matters. Brain Sciences, 2020, 10, 569.	2.3	5
72	The effect of alcohol use disorder symptom and recovery narratives on problem-recognition: A randomized online trial. Addictive Behaviors, 2022, 134, 107426.	3.0	5

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73	Test-Retest Stability of the Onset of Depression Inventory. Psychopathology, 2014, 47, 45-50.	1.5	4
74	EEG-vigilance regulation in Borderline Personality Disorder. International Journal of Psychophysiology, 2019, 139, 10-17.	1.0	4
75	Is brain arousal regulation a predictor of response to psychostimulant therapy in adult ADHD patients?. European Archives of Psychiatry and Clinical Neuroscience, 2020, 270, 1073-1076.	3.2	4
76	Is There an Association or Not?—Investigating the Association of Depressiveness, Physical Activity, Body Composition and Sleep With Mediators of Inflammation. Frontiers in Psychiatry, 2020, 11, 563.	2.6	4
77	Sensation Seeking and Physical Activity. Health Behavior and Policy Review, 2016, 3, 528-534.	0.4	3
78	Trauma assessment in outpatient psychotherapy and associations with psychotherapist's gender, own traumatic events, length of work experience, and theoretical orientation. European Journal of Psychotraumatology, 2022, 13, 2029043.	2.5	3
79	What Does the Speed of Onset of a Depressive Episode Tell Us?. Journal of Psychiatric Practice, 2015, 21, 275-280.	0.7	2
80	Reported and Recorded Sleepiness in Obesity and Depression. Frontiers in Psychiatry, 2020, 11, 200.	2.6	2
81	The effect of depressive symptomatology on the association of vitamin D and sleep. BMC Psychiatry, 2021, 21, 178.	2.6	2
82	ls unemployment associated with inefficient sleep habits? A cohort study using objective sleep measurements. Journal of Sleep Research, 2021, , e13516.	3.2	2
83	Public attitudes towards protecting the human rights of people with mental illness: a scoping review and data from a population trend study in Germany. International Review of Psychiatry, 2023, 35, 167-179.	2.8	2
84	Applying EEG-based vigilance measurement in a case of adult attention deficit hyperactivity disorder. International Journal of Neuropsychopharmacology, 2013, 16, 1169-1171.	2.1	1
85	Association between acute critical life events and the speed of onset of depressive episodes in male and female depressed patients. BMC Psychiatry, 2018, 18, 332.	2.6	1
86	No Changes in Gray Matter Density or Cortical Thickness in Late-Life Minor Depression. Journal of Clinical Psychiatry, 2018, 79, 17111604.	2.2	1
87	Die Rolle von E-Mental Health am Beispiel depressiver Erkrankungen. , 2019, , 47-66.		1
88	Development and validity of the Value-based Stigma Inventory (VASI): a value-sensitive questionnaire for the assessment of mental health stigma. BMC Psychiatry, 2021, 21, 570.	2.6	1
89	"Onset of Depression Inventoryâ€â€"comparison between the data of depressed patients and their relatives. International Journal of Psychiatry in Clinical Practice, 2015, 19, 188-191.	2.4	0
90	Association of Speed of Onset and Speed of Recovery of Depressive Episodes in Patients with Major Depression. Psychopathology, 2015, 48, 65-68.	1.5	0

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91	Editorial: Recent Advances on the Multimodal Search for Markers of Treatment Response in Affective Disorders: From Bench to Bedside?. Frontiers in Psychiatry, 2019, 10, 790.	2.6	0
92	Non-Right Handedness is Associated with More Time Awake After Sleep Onset and Higher Daytime Sleepiness Than Right Handedness: Objective (Actigraphic) and Subjective Data from a Large Community Sample. Nature and Science of Sleep, 2022, Volume 14, 877-890.	2.7	0