

# Filip Boen

## List of Publications by Year in descending order

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Version: 2024-02-01

118  
papers

3,710  
citations

159585

30  
h-index

168389

53  
g-index

123  
all docs

123  
docs citations

123  
times ranked

3508  
citing authors

#	ARTICLE	IF	CITATIONS
1	Identity leadership and social identification within sport teams over a season: A social network analysis. <i>Psychology of Sport and Exercise</i> , 2022, 59, 102106.	2.1	9
2	The effects of a real-life lifestyle program on physical activity and objective and subjective sleep in adults aged 55+ years. <i>BMC Public Health</i> , 2022, 22, 353.	2.9	3
3	Leading the way together: a cluster randomised controlled trial of the 5R Shared Leadership Program in older adult walking groups. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2022, 19, .	4.6	5
4	Will the real leaders please stand up? The emergence of shared leadership in semi-professional soccer teams. <i>Journal of Science and Medicine in Sport</i> , 2021, 24, 281-290.	1.3	7
5	Should team coaches care about justice? Perceived justice mediates the relation between coaches' autonomy support and athletes' satisfaction and self-rated progression. <i>International Journal of Sports Science and Coaching</i> , 2021, 16, 27-43.	1.4	7
6	The ABCs of Ecological and Nutrition Labels. The Impact of Label Theme and Complexity on the Environmental Footprint of Online Grocery Choices. <i>Sustainability</i> , 2021, 13, 2474.	3.2	5
7	Equity-specific effects of interventions to promote physical activity among middle-aged and older adults: results from applying a novel equity-specific re-analysis strategy. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 65.	4.6	4
8	Harnessing the power of 5R: A randomized wait-list controlled trial of the 5R shared leadership development program (5RS) in basketball teams. <i>Psychology of Sport and Exercise</i> , 2021, 54, 101936.	2.1	11
9	When the final whistle blows: Social identity pathways support mental health and life satisfaction after retirement from competitive sport. <i>Psychology of Sport and Exercise</i> , 2021, 57, 102049.	2.1	15
10	Does Fair Coach Behavior Predict the Quality of Athlete Leadership Among Belgian Volleyball and Basketball Players: The Vital Role of Team Identification and Task Cohesion. <i>Frontiers in Psychology</i> , 2021, 12, 645764.	2.1	5
11	Does Social Capital Benefit Older Adults' Health and Well-Being? The Mediating Role of Physical Activity. <i>Journal of Aging and Health</i> , 2020, 32, 688-697.	1.7	20
12	From Autocracy to Empowerment: Teams with Shared Leadership Perceive their Coaches to be Better Leaders. <i>Journal of Applied Sport Psychology</i> , 2020, 32, 5-27.	2.3	22
13	Making 5R better: High-quality athlete leadership relates to health and burnout in professional Australian football teams. <i>European Journal of Sport Science</i> , 2020, 20, 953-963.	2.7	16
14	Standing out from the crowd: Identifying the traits and behaviors that characterize high-quality athlete leaders. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 766-786.	2.9	14
15	The Power of Empowerment: Predictors and Benefits of Shared Leadership in Organizations. <i>Frontiers in Psychology</i> , 2020, 11, 582894.	2.1	12
16	Leading together towards a stronger 5R: An experimental test of the effectiveness of the 5R Shared Leadership Program (5RS) in basketball teams. <i>Journal of Science and Medicine in Sport</i> , 2020, 23, 770-775.	1.3	26
17	All for us and us for all: Introducing the 5R Shared Leadership Program. <i>Psychology of Sport and Exercise</i> , 2020, 51, 101762.	2.1	39
18	Effects of physical activity programs on sleep outcomes in older adults: a systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 11.	4.6	109

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19	That's My Cue to Eat: A Systematic Review of the Persuasiveness of Front-of-Pack Cues on Food Packages for Children vs. Adults. <i>Nutrients</i> , 2020, 12, 1062.	4.1	40
20	Why the Chosen Ones May Not Always Be the Best Leaders: Criteria for Captain Selection as Predictors of Leadership Quality and Acceptance. <i>Frontiers in Psychology</i> , 2020, 11, 616966.	2.1	1
21	Are Reallocations between Sedentary Behaviour and Physical Activity Associated with Better Sleep in Adults Aged 55+ Years? An Isotemporal Substitution Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9579.	2.6	3
22	Equity-Specific Effects of Interventions to Promote Physical Activity among Middle-Aged and Older Adults: Development of a Collaborative Equity-Specific Re-Analysis Strategy. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3195.	2.6	6
23	Can a framed intervention motivate older adults in assisted living facilities to exercise?. <i>BMC Geriatrics</i> , 2019, 19, 46.	2.7	10
24	Validation of a smart chair and corresponding smartphone app as an objective measure of desk-based sitting. <i>Journal of Occupational Health</i> , 2019, 61, 121-127.	2.1	4
25	Increasing Employees' Health by Workplace Physical Activity Counseling: The Mediating Role of Step-Based Physical Activity Behavior Change. <i>Journal of Physical Activity and Health</i> , 2019, 16, 205-213.	2.0	0
26	Unpicking the Emperor's New Clothes: Perceived Attributes of the Captain in Sports Teams. <i>Frontiers in Psychology</i> , 2019, 10, 2212.	2.1	13
27	The effect of descriptive age norms on the motivation to exercise among older adults. <i>Health Promotion International</i> , 2019, 34, 400-409.	1.8	0
28	Evaluation of stAPP: a smartphone-based intervention to reduce prolonged sitting among Belgian adults. <i>Health Promotion International</i> , 2019, 34, 16-27.	1.8	32
29	Acting One's Age in Physical Exercise: Do Perceived Age Norms Explain Autonomous Motivation Among Older Adults?. <i>Journal of Aging and Physical Activity</i> , 2018, 26, 521-529.	1.0	7
30	Year-round effects of a four-week randomized controlled trial using different types of feedback on employees' physical activity. <i>BMC Public Health</i> , 2018, 18, 492.	2.9	8
31	The power of competence support: The impact of coaches and athlete leaders on intrinsic motivation and performance. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 725-745.	2.9	44
32	Promoting Stair Climbing in a Worksite and Public Setting: Are Footprints Enough?. <i>American Journal of Health Promotion</i> , 2018, 32, 527-535.	1.7	14
33	Do coaching style and game circumstances predict athletes' perceived justice of their coach? A longitudinal study in elite handball and volleyball teams. <i>PLoS ONE</i> , 2018, 13, e0205559.	2.5	8
34	The competence-supportive and competence-thwarting role of athlete leaders: An experimental test in a soccer context. <i>PLoS ONE</i> , 2018, 13, e0200480.	2.5	12
35	An experiment on the impact of coaches' and athlete leaders' competence support on athletes' motivation and performance. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 2734-2750.	2.9	19
36	Can Cancellara Really be a <i>Flandrien</i> ? Ethno-Cultural Identity Representation Predicts Regional Exclusivity of a Historically Contested Cycling Term. <i>Psychologica Belgica</i> , 2018, 58, 3.	1.9	0

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37	Is perceived athlete leadership quality related to team effectiveness? A comparison of three professional sports teams. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, 800-806.	1.3	45
38	Ergometer-cycling with strict versus minimal contact supervision among the oldest adults: A cluster-randomised controlled trial. <i>Archives of Gerontology and Geriatrics</i> , 2017, 70, 112-122.	3.0	4
39	“Yes, we can!”-review on team confidence in sports. <i>Current Opinion in Psychology</i> , 2017, 16, 98-103.	4.9	14
40	Does a video displaying a stair climbing model increase stair use in a worksite setting?. <i>Public Health</i> , 2017, 149, 11-20.	2.9	14
41	“Join The Walk?”™: Short-term and follow-up effects of a 10-week walking intervention in patients with a mental disorder. <i>Mental Health and Physical Activity</i> , 2017, 12, 73-82.	1.8	3
42	Short- and long-term effectiveness of a three-month individualized need-supportive physical activity counseling intervention at the workplace. <i>BMC Public Health</i> , 2017, 17, 52.	2.9	32
43	Development and validation of the Characteristics of Resilience in Sports Teams Inventory.. <i>Sport, Exercise, and Performance Psychology</i> , 2017, 6, 158-178.	0.8	33
44	Short- and long-term effects of a need-supportive physical activity intervention among patients with type 2 diabetes mellitus: A randomized controlled pilot trial. <i>PLoS ONE</i> , 2017, 12, e0174805.	2.5	14
45	We will be champions: Leaders' confidence in “us”™ inspires team members' team confidence and performance. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2016, 26, 1455-1469.	2.9	62
46	Leading from the top or leading from within? A comparison between coaches™ and athletes™ leadership as predictors of team identification, team confidence, and team cohesion. <i>International Journal of Sports Science and Coaching</i> , 2016, 11, 757-771.	1.4	36
47	An examination of the relationship between athlete leadership and cohesion using social network analysis. <i>Journal of Sports Sciences</i> , 2016, 34, 2063-2073.	2.0	44
48	Leading from the Centre: A Comprehensive Examination of the Relationship between Central Playing Positions and Leadership in Sport. <i>PLoS ONE</i> , 2016, 11, e0168150.	2.5	18
49	Counting Steps in Institutionalized Older Adults During Daily Life Activities: The Validation of Two Motion Sensors. <i>Journal of Aging and Physical Activity</i> , 2015, 23, 383-390.	1.0	3
50	Which School- and Home-Based Factors in Elementary School “Age Children Predict Physical Activity and Sedentary Behavior in Secondary School “Age Children? A Prospective Cohort Study. <i>Journal of Physical Activity and Health</i> , 2015, 12, 409-417.	2.0	8
51	The Art of Athlete Leadership: Identifying High-Quality Athlete Leadership at the Individual and Team Level Through Social Network Analysis. <i>Journal of Sport and Exercise Psychology</i> , 2015, 37, 274-290.	1.2	43
52	Changes in Children™s Autonomous Motivation Toward Physical Education During Transition From Elementary to Secondary School: A Self-Determination Perspective. <i>Journal of Teaching in Physical Education</i> , 2015, 34, 442-460.	1.2	10
53	Perceived Sources of Team Confidence in Soccer and Basketball. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 1470-1484.	0.4	24
54	A team fares well with a fair coach: Predictors of social loafing in interactive female sport teams. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2015, 25, 897-908.	2.9	24

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55	The Impact of Different Degrees of Feedback on Physical Activity Levels: A 4-Week Intervention Study. <i>International Journal of Environmental Research and Public Health</i> , 2015, 12, 6561-6581.	2.6	21
56	Who takes the lead? Social network analysis as a pioneering tool to investigate shared leadership within sports teams. <i>Social Networks</i> , 2015, 43, 28-38.	2.1	91
57	Validation of the SenseWear Armband in different ambient temperatures. <i>Journal of Sports Sciences</i> , 2015, 33, 1007-1018.	2.0	13
58	Is knee extension strength a better predictor of functional performance than handgrip strength among older adults in three different settings?. <i>Archives of Gerontology and Geriatrics</i> , 2015, 60, 252-258.	3.0	59
59	Comparisons in ambulatory physical activity in children from the United Kingdom and Belgium. <i>Annals of Human Biology</i> , 2015, 42, 292-294.	1.0	2
60	Low- and High-Resistance Exercise: Long-Term Adherence and Motivation among Older Adults. <i>Gerontology</i> , 2015, 61, 551-560.	2.8	46
61	Energy Expenditure in Institutionalized Older Adults. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 1265-1271.	0.4	7
62	Believing in "œus" Exploring leaders'™ capacity to enhance team confidence and performance by building a sense of shared social identity.. <i>Journal of Experimental Psychology: Applied</i> , 2015, 21, 89-100.	1.2	98
63	Is team confidence the key to success? The reciprocal relation between collective efficacy, team outcome confidence, and perceptions of team performance during soccer games. <i>Journal of Sports Sciences</i> , 2015, 33, 219-231.	2.0	35
64	Sportscape as a Constraint on Soccer Attendance: Is It Predicted by Place Attachment and by Team Identification?. <i>Journal of Facility Planning Design and Management</i> , 2015, 3, .	0.0	4
65	Leadership as social identity management: Introducing the Identity Leadership Inventory (ILI) to assess and validate a four-dimensional model. <i>Leadership Quarterly</i> , 2014, 25, 1001-1024.	5.8	291
66	The myth of the team captain as principal leader: extending the athlete leadership classification within sport teams. <i>Journal of Sports Sciences</i> , 2014, 32, 1389-1397.	2.0	125
67	The Impact of Athlete Leaders on Team Members'™ Team Outcome Confidence: A Test of Mediation by Team Identification and Collective Efficacy. <i>Sport Psychologist</i> , 2014, 28, 347-360.	0.9	44
68	Intrinsic goals for leisure-time physical activity predict children's daily step counts through autonomous motivation. <i>Psychology of Sport and Exercise</i> , 2014, 15, 247-254.	2.1	27
69	Year-Round Effectiveness of Physical Activity Counseling on Subjective Well-Being: A Self-Determination Approach Among Flemish Sedentary Adults. <i>Applied Research in Quality of Life</i> , 2014, 9, 537-558.	2.4	10
70	Effects Of Need-Supportive Physical Activity Counseling on Well-Being: A 2-Year Follow-Up Among Sedentary Older Adults. <i>Journal of Physical Activity and Health</i> , 2014, 11, 1492-1502.	2.0	12
71	The Added Value of a Brief Self-Efficacy Coaching on the Effectiveness of a 12-Week Physical Activity Program. <i>Journal of Physical Activity and Health</i> , 2014, 11, 18-29.	2.0	19
72	Changes in Physical Activity and Sedentary Behavior During the Transition From Elementary to Secondary School. <i>Journal of Physical Activity and Health</i> , 2014, 11, 1607-1613.	2.0	21

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73	The Long-Term Effectiveness of Need-Supportive Physical Activity Counseling Compared With a Standard Referral in Sedentary Older Adults. <i>Journal of Aging and Physical Activity</i> , 2014, 22, 186-198.	1.0	34
74	Long-term effectiveness and mediators of a need-supportive physical activity coaching among Flemish sedentary employees. <i>Health Promotion International</i> , 2013, 28, 407-417.	1.8	17
75	Judges in judo conform to the referee because of the reactive feedback system. <i>European Journal of Sport Science</i> , 2013, 13, 599-604.	2.7	2
76	“Every Step Counts”: Effects of a Structured Walking Intervention in a Community-Based Senior Organization. <i>Journal of Aging and Physical Activity</i> , 2013, 21, 167-185.	1.0	28
77	The Relation Between Environmental Factors and Pedometer-Determined Physical Activity in Children: The Mediating Role of Autonomous Motivation. <i>Pediatric Exercise Science</i> , 2013, 25, 273-287.	1.0	12
78	Team Identification Reduces Social Loafing and Promotes Social Laboring in Cycling. <i>IJASS(International Journal of Applied Sports Sciences)</i> , 2013, 25, 33-40.	0.2	23
79	The Impact of Merger Status and Relative Representation on Identification with a Merger Group. <i>Psychologica Belgica</i> , 2013, 45, 257.	1.9	4
80	“Yes, we can!”: Perceptions of collective efficacy sources in volleyball. <i>Journal of Sports Sciences</i> , 2012, 30, 641-649.	2.0	43
81	The Effects of Physical Activity Feedback on Behavior and Awareness in Employees: Study Protocol for a Randomized Controlled Trial. <i>International Journal of Telemedicine and Applications</i> , 2012, 2012, 1-9.	2.0	14
82	How School Social and Physical Environments Relate to Autonomous Motivation in Physical Education: The Mediating Role of Need Satisfaction. <i>Journal of Teaching in Physical Education</i> , 2012, 31, 216-230.	1.2	60
83	Do perceived justice and need support of the coach predict team identification and cohesion? Testing their relative importance among top volleyball and handball players in Belgium and Norway. <i>Psychology of Sport and Exercise</i> , 2011, 12, 192-201.	2.1	65
84	Comparison of Three Instructional Approaches to Enhance Tactical Knowledge in Volleyball among University Students. <i>Journal of Teaching in Physical Education</i> , 2011, 30, 375-392.	1.2	27
85	A 2-Year Follow-Up of a Lifestyle Physical Activity Versus a Structured Exercise Intervention in Older Adults. <i>Journal of the American Geriatrics Society</i> , 2011, 59, 1602-1611.	2.6	54
86	Effectiveness of a Lifestyle Physical Activity Versus a Structured Exercise Intervention in Older Adults. <i>Journal of Aging and Physical Activity</i> , 2010, 18, 335-352.	1.0	57
87	The role of national identity representation in the relation between in-group identification and out-group derogation: Ethnic versus civic representation. <i>British Journal of Social Psychology</i> , 2010, 49, 305-320.	2.8	88
88	A simple health sign increases stair use in a shopping mall and two train stations in Flanders, Belgium. <i>Health Promotion International</i> , 2010, 25, 183-191.	1.8	18
89	Role Satisfaction Mediates the Relation between Role Ambiguity and Social Loafing among Elite Women Handball Players. <i>Journal of Applied Sport Psychology</i> , 2010, 22, 408-419.	2.3	22
90	Psychosocial mediators of a lifestyle physical activity intervention in women. <i>Psychology of Sport and Exercise</i> , 2009, 10, 595-601.	2.1	21

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91	The Longitudinal Effects of a Lifestyle Physical Activity Intervention and a Structured Exercise Intervention on Physical Self-Perceptions and Self-Esteem in Older Adults. <i>Journal of Sport and Exercise Psychology</i> , 2009, 31, 743-760.	1.2	41
92	Explaining the psychological effects of a sustainable lifestyle physical activity intervention among rural women. <i>Mental Health and Physical Activity</i> , 2008, 1, 74-81.	1.8	8
93	Effectiveness of a lifestyle intervention and a structured exercise intervention in older adults. <i>Preventive Medicine</i> , 2008, 46, 518-524.	3.4	101
94	Open feedback in gymnastic judging causes conformity bias based on informational influencing. <i>Journal of Sports Sciences</i> , 2008, 26, 621-628.	2.0	24
95	When Your Team is Not Really Your Team Anymore: Identification with a Merged Basketball Club. <i>Journal of Applied Sport Psychology</i> , 2008, 20, 165-183.	2.3	25
96	Effectiveness of a Lifestyle Physical Activity Intervention in a Women's Organization. <i>Journal of Women's Health</i> , 2008, 17, 413-421.	3.3	25
97	Unwanted sexual experiences in sport: Perceptions and reported prevalence among Flemish female student-athletes. <i>International Journal of Sport and Exercise Psychology</i> , 2008, 6, 354-365.	2.1	37
98	Effectiveness of Face-to-Face Versus Telephone Support in Increasing Physical Activity and Mental Health Among University Employees. <i>Journal of Physical Activity and Health</i> , 2008, 5, 830-843.	2.0	38
99	Post-merger identification as a function of pre-merger identification, relative representation, and pre-merger status. <i>European Journal of Social Psychology</i> , 2007, 37, 380-389.	2.4	25
100	The impact of open feedback on conformity among judges in rope skipping. <i>Psychology of Sport and Exercise</i> , 2006, 7, 577-590.	2.1	14
101	High dimensional multivariate mixed models for binary questionnaire data. <i>Journal of the Royal Statistical Society Series C: Applied Statistics</i> , 2006, 55, 449-460.	1.0	19
102	Group Status as a Determinant of Organizational Identification After a Takeover: A Social Identity Perspective. <i>Group Processes and Intergroup Relations</i> , 2006, 9, 547-560.	3.9	30
103	The Janus Face of Power in Intergroup Contexts: A Further Exploration of the Noblesse Oblige Effect. <i>Journal of Social Psychology</i> , 2006, 146, 685-699.	1.5	20
104	Efficiency of Lifestyle Physical Activity Interventions to Increase Cardiorespiratory and Muscular Fitness in Older Adults. <i>Medicine and Science in Sports and Exercise</i> , 2006, 38, S369-s370.	0.4	0
105	Promoting Stair Use among Female Employees: The Effects of a Health Sign Followed by an E-mail. <i>Journal of Sport and Exercise Psychology</i> , 2005, 27, 188-196.	1.2	26
106	Predictors of Pupils' and Teachers' Identification With a Merged School. <i>Journal of Applied Social Psychology</i> , 2005, 35, 2577-2605.	2.0	21
107	Culture-Level Dimensions of Social Axioms and Their Correlates across 41 Cultures. <i>Journal of Cross-Cultural Psychology</i> , 2004, 35, 548-570.	1.6	408
108	Judging Bias in Synchronized Swimming: Open Feedback Leads to Nonperformance-Based Conformity. <i>Journal of Sport and Exercise Psychology</i> , 2004, 26, 561-571.	1.2	21



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109	When Integration Does Not Necessarily Imply Integration. <i>Journal of Cross-Cultural Psychology</i> , 2003, 34, 231-239.	1.6	120
110	Tokenism also works with groups as tokens: The impact of group openness and group qualification on reactions to membership in a low-status group.. <i>Group Dynamics</i> , 2003, 7, 104-121.	1.2	6
111	The Relative Impact of Socio-Structural Characteristics on Behavioral Reactions Against Membership in a Low-Status Group. <i>Group Processes and Intergroup Relations</i> , 2002, 5, 299-318.	3.9	19
112	Behavioral Consequences of Fluctuating Group Success: An Internet Study of Soccer-Team Fans. <i>Journal of Social Psychology</i> , 2002, 142, 769-781.	1.5	54
113	Politics and Basking-in-Reflected-Glory: A Field Study in Flanders. <i>Basic and Applied Social Psychology</i> , 2002, 24, 205-214.	2.1	31
114	The Impact of Election Outcome on the Display of Political Posters: A Field Study During Communal Elections in Flanders. <i>Political Psychology</i> , 2002, 23, 385-391.	3.6	9
115	Politics and Basking-in-Reflected-Glory: A Field Study in Flanders. <i>Basic and Applied Social Psychology</i> , 2002, 24, 205-214.	2.1	4
116	Individual Versus Collective Responses to Membership in a Low-Status Group: The Effects of Stability and Individual Ability. <i>Journal of Social Psychology</i> , 2001, 141, 765-783.	1.5	19
117	Responding to Membership of a Low-Status Group: The Effects of Stability, Permeability and Individual Ability. <i>Group Processes and Intergroup Relations</i> , 2000, 3, 41-62.	3.9	24
118	Reactions upon a failed attempt to enter a high status group: an experimental test of the five-stage model. <i>European Journal of Social Psychology</i> , 1998, 28, 689-696.	2.4	26