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List of Publications by Year
in descending order

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183 papers	13,838 citations	31902 53 h-index	25716 108 g-index
193 all docs	193 docs citations	193 times ranked	13482 citing authors

#	Article	IF	Citations
1	Exercise as a treatment for depression: A meta-analysis adjusting for publication bias. Journal of Psychiatric Research, 2016, 77, 42-51.	1.5	950
2	Physical Activity and Incident Depression: A Meta-Analysis of Prospective Cohort Studies. American Journal of Psychiatry, 2018, 175, 631-648.	4.0	933
3	The Lancet Psychiatry Commission: a blueprint for protecting physical health in people with mental illness. Lancet Psychiatry,the, 2019, 6, 675-712.	3.7	815
4	Changes in physical activity and sedentary behaviours from before to during the COVID-19 pandemic lockdown: a systematic review. BMJ Open Sport and Exercise Medicine, 2021, 7, e000960.	1.4	746
5	Sedentary behavior and physical activity levels in people with schizophrenia, bipolar disorder and major depressive disorder: a global systematic review and metaâ€analysis. World Psychiatry, 2017, 16, 308-315.	4.8	600
6	A metaâ€review of â€œlifestyle psychiatryâ€: the role of exercise, smoking, diet and sleep in the prevention and treatment of mental disorders. World Psychiatry, 2020, 19, 360-380.	4.8	424
7	Physical activity and sedentary behavior in people with major depressive disorder: A systematic review and meta-analysis. Journal of Affective Disorders, 2017, 210, 139-150.	2.0	411
8	An examination of the anxiolytic effects of exercise for people with anxiety and stress-related disorders: A meta-analysis. Psychiatry Research, 2017, 249, 102-108.	1.7	402
9	Effect of aerobic exercise on hippocampal volume in humans: A systematic review and meta-analysis. NeuroImage, 2018, 166, 230-238.	2.1	334
10	The Effects of Dietary Improvement on Symptoms of Depression and Anxiety: A Meta-Analysis of Randomized Controlled Trials. Psychosomatic Medicine, 2019, 81, 265-280.	1.3	312
11	How much physical activity do people with schizophrenia engage in? A systematic review, comparative meta-analysis and meta-regression. Schizophrenia Research, 2016, 176, 431-440.	1.1	284
12	Aerobic Exercise Improves Cognitive Functioning in People With Schizophrenia: A Systematic Review and Meta-Analysis. Schizophrenia Bulletin, 2017, 43, sbw115.	2.3	270
13	Association Between Physical Activity and Risk of Depression. JAMA Psychiatry, 2022, 79, 550.	6.0	264
14	Physical activity protects from incident anxiety: A metaâ€analysis of prospective cohort studies. Depression and Anxiety, 2019, 36, 846-858.	2.0	226
15	Exercise as Medicine for Mental and Substance Use Disorders: A Meta-review of the Benefits for Neuropsychiatric and Cognitive Outcomes. Sports Medicine, 2020, 50, 151-170.	3.1	222
16	Physical activity and anxiety: A perspective from the World Health Survey. Journal of Affective Disorders, 2017, 208, 545-552.	2.0	211
17	Dropout from exercise randomized controlled trials among people with depression: A meta-analysis and meta regression. Journal of Affective Disorders, 2016, 190, 457-466.	2.0	202
18	Neurobiological effects of exercise on major depressive disorder: A systematic review. Neuroscience and Biobehavioral Reviews, 2016, 61, 1-11.	2.9	189

#	Article	IF	Citations
19	Associations of moderate to vigorous physical activity and sedentary behavior with depressive and anxiety symptoms in self-isolating people during the COVID-19 pandemic: A cross-sectional survey in Brazil. Psychiatry Research, 2020, 292, 113339.	1.7	176
20	Prevalence and predictors of treatment dropout from physical activity interventions in schizophrenia: a meta-analysis. General Hospital Psychiatry, 2016, 39, 15-23.	1.2	172
21	Cardiorespiratory Fitness in Severe Mental Illness: A Systematic Review and Meta-analysis. Sports Medicine, 2017, 47, 343-352.	3.1	170
22	Is Physical Activity Associated with Less Depression and Anxiety During the COVID-19 Pandemic? A Rapid Systematic Review. Sports Medicine, 2021, 51, 1771-1783.	3.1	170
23	Childhood trauma and suicide attempt: A meta-analysis of longitudinal studies from the last decade. Psychiatry Research, 2017, 256, 353-358.	1.7	165
24	The relationship between physical activity and mental health in a sample of the UK public: A cross-sectional study during the implementation of COVID-19 social distancing measures. Mental Health and Physical Activity, 2020, 19, 100345.	0.9	162
25	Do we need physical activity guidelines for mental health: What does the evidence tell us?. Mental Health and Physical Activity, 2020, 18, 100315.	0.9	161
26	Exercise for depression in older adults: a meta-analysis of randomized controlled trials adjusting for publication bias. Revista Brasileira De Psiquiatria, 2016, 38, 247-254.	0.9	160
27	The association of depression and all-cause and cause-specific mortality: an umbrella review of systematic reviews and meta-analyses. BMC Medicine, 2018, 16, 112.	2.3	143
28	Physical activity and suicidal ideation: A systematic review and meta-analysis. Journal of Affective Disorders, 2018, 225, 438-448.	2.0	140
29	The efficacy and safety of nutrient supplements in the treatment of mental disorders: a metaâ€review of metaâ€analyses of randomizedÂcontrolled trials. World Psychiatry, 2019, 18, 308-324.	4.8	139
30	Exercise improves cardiorespiratory fitness in people with depression: A meta-analysis of randomized control trials. Journal of Affective Disorders, 2016, 190, 249-253.	2.0	132
31	Exercise improves physical and psychological quality of life in people with depression: A meta-analysis including the evaluation of control group response. Psychiatry Research, 2016, 241, 47-54.	1.7	118
32	The Role of Exercise in Preventing and Treating Depression. Current Sports Medicine Reports, 2019, 18, 299-304.	0.5	117
33	Chronic physical conditions, multimorbidity and physical activity across 46 low- and middle-income countries. International Journal of Behavioral Nutrition and Physical Activity, 2017, 14, 6.	2.0	115
34	Food addiction: Prevalence, psychopathological correlates and associations with quality of life in a large sample. Journal of Psychiatric Research, 2018, 96, 145-152.	1.5	115
35	Physical activity and sedentary behavior in people with bipolar disorder: A systematic review and meta-analysis. Journal of Affective Disorders, 2016, 201, 145-152.	2.0	109
36	Relationship between sedentary behavior and depression: A mediation analysis of influential factors across the lifespan among 42,469 people in low- and middle-income countries. Journal of Affective Disorders, 2018, 229, 231-238.	2.0	107

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37	Environmental risk factors, protective factors, and peripheral biomarkers for ADHD: an umbrella review. Lancet Psychiatry,the, 2020, 7, 955-970.	3.7	103
38	Exercise and severe major depression: Effect on symptom severity and quality of life at discharge in an inpatient cohort. Journal of Psychiatric Research, 2015, 61, 25-32.	1.5	95
39	Passive and mentally-active sedentary behaviors and incident major depressive disorder: A 13-year cohort study. Journal of Affective Disorders, 2018, 241, 579-585.	2.0	93
40	Mental Health in COVID-19 Pandemic: A Meta-Review of Prevalence Meta-Analyses. Frontiers in Psychology, 2021, 12, 703838.	1.1	89
41	Physical activity and depression: a large crossâ€sectional, populationâ€based study across 36 lowâ€and middleâ€income countries. Acta Psychiatrica Scandinavica, 2016, 134, 546-556.	2.2	88
42	Are lower levels of cardiorespiratory fitness associated with incident depression? A systematic review of prospective cohort studies. Preventive Medicine, 2016, 93, 159-165.	1.6	85
43	Prevalence and correlates of physical activity in a sample of UK adults observing social distancing during the COVID-19 pandemic. BMJ Open Sport and Exercise Medicine, 2020, 6, e000850.	1.4	78
44	Effects of Nordic walking training on functional parameters in Parkinson's disease: a randomized controlled clinical trial. Scandinavian Journal of Medicine and Science in Sports, 2017, 27, 351-358.	1.3	77
45	The Validity and Value of Self-reported Physical Activity and Accelerometry in People With Schizophrenia: A Population-Scale Study of the UK Biobank. Schizophrenia Bulletin, 2018, 44, 1293-1300.	2.3	77
46	Effects of physical exercise on cognitive function of older adults with mild cognitive impairment: A systematic review and meta-analysis. Archives of Gerontology and Geriatrics, 2020, 89, 104048.	1.4	77
47	The association between screen time and mental health during COVID-19: A cross sectional study. Psychiatry Research, 2020, 292, 113333.	1.7	75
48	Assessing physical activity in people with mental illness: 23-country reliability and validity of the simple physical activity questionnaire (SIMPAQ). BMC Psychiatry, 2020, 20, 108.	1.1	73
49	Child Maltreatment and Illicit Substance Abuse: A Systematic Review and Metaâ€Analysis of Longitudinal Studies. Child Abuse Review, 2018, 27, 344-360.	0.4	67
50	Effects of yoga on depressive symptoms in people with mental disorders: a systematic review and meta-analysis. British Journal of Sports Medicine, 2021, 55, 992-1000.	3.1	67
51	Handgrip strength and depression among 34,129 adults aged 50 years and older in six low- and middle-income countries. Journal of Affective Disorders, 2019, 243, 448-454.	2.0	63
52	Comparison of physical activity levels in Spanish adults with chronic conditions before and during COVID-19 quarantine. European Journal of Public Health, 2021, 31, 161-166.	0.1	62
53	Is it possible for people with severe mental illness to sit less and move more? A systematic review of interventions to increase physical activity or reduce sedentary behaviour. Schizophrenia Research, 2018, 202, 3-16.	1.1	60
54	Moderators of response in exercise treatment for depression: A systematic review. Journal of Affective Disorders, 2016, 195, 40-49.	2.0	59

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55	The effects of exercise on oxidative stress (TBARS) and BDNF in severely depressed inpatients. European Archives of Psychiatry and Clinical Neuroscience, 2014, 264, 605-613.	1.8	58
56	Exercise and severe depression: Preliminary results of an add-on study. Journal of Affective Disorders, 2011, 133, 615-618.	2.0	57
57	Association Between Muscular Strength and Cognition in People With Major Depression or Bipolar Disorder and Healthy Controls. JAMA Psychiatry, 2018, 75, 740.	6.0	54
58	Can physical exercise modulate cortisol level in subjects with depression? A systematic review and meta-analysis. Trends in Psychiatry and Psychotherapy, 2018, 40, 360-368.	0.4	51
59	Physical Activity Levels and Psychosis: A Mediation Analysis of Factors Influencing Physical Activity Target Achievement Among 204 186 People Across 46 Low- and Middle-Income Countries. Schizophrenia Bulletin, 2017, 43, sbw111.	2.3	49
60	Effects of Nordic walking training on quality of life, balance and functional mobility in elderly: A randomized clinical trial. PLoS ONE, 2019, 14, e0211472.	1.1	48
61	Physical activity and mental health. Lancet Psychiatry,the, 2018, 5, 873.	3.7	46
62	Handgrip Strength Is Associated With Hippocampal Volume and White Matter Hyperintensities in Major Depression and Healthy Controls: A UK Biobank Study. Psychosomatic Medicine, 2020, 82, 39-46.	1.3	44
63	Effects of vitamin C on oxidative stress, inflammation, muscle soreness, and strength following acute exercise: meta-analyses of randomized clinical trials. European Journal of Nutrition, 2020, 59, 2827-2839.	1.8	44
64	Challenges Establishing the Efficacy of Exercise as an Antidepressant Treatment: A Systematic Review and Meta-Analysis of Control Group Responses in Exercise Randomised Controlled Trials. Sports Medicine, 2016, 46, 699-713.	3.1	43
65	Joint prevalence of physical activity and sitting time during COVID-19 among US adults in April 2020. Preventive Medicine Reports, 2020, 20, 101256.	0.8	43
66	A critical review of exercise as a treatment for clinically depressed adults: time to get pragmatic. Acta Neuropsychiatrica, 2017, 29, 65-71.	1.0	42
67	Dropout from physical activity interventions in people living with HIV: a systematic review and meta-analysis. AIDS Care - Psychological and Socio-Medical Aspects of AIDS/HIV, 2017, 29, 636-643.	0.6	42
68	Effects of exercise on depression and anxiety in persons living with HIV: A meta-analysis. Journal of Psychosomatic Research, 2019, 126, 109823.	1.2	42
69	Moderate to vigorous physical activity and sedentary behavior changes in self-isolating adults during the COVID-19 pandemic in Brazil: a cross-sectional survey exploring correlates. Sport Sciences for Health, 2022, 18, 155-163.	0.4	42
70	The anxiolytic effects of exercise for people with anxiety and related disorders: An update of the available meta-analytic evidence. Psychiatry Research, 2021, 302, 114046.	1.7	42
71	From impact factors to real impact: translating evidence on lifestyle interventions into routine mental health care. Translational Behavioral Medicine, 2020, 10, 1070-1073.	1.2	41
72	Brain-derived neurotrophic factor in substance use disorders: A systematic review and meta-analysis. Drug and Alcohol Dependence, 2018, 193, 91-103.	1.6	40

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73	Physical fitness in people with posttraumatic stress disorder: a systematic review. Disability and Rehabilitation, 2017, 39, 2461-2467.	0.9	36
74	Associations between Physical Activity, Sitting Time, and Time Spent Outdoors with Mental Health during the First COVID-19 Lock Down in Austria. International Journal of Environmental Research and Public Health, 2021, 18, 9168.	1.2	36
75	The efficacy of meditation-based mind-body interventions for mental disorders: A meta-review of 17 meta-analyses of randomized controlled trials. Journal of Psychiatric Research, 2021, 134, 181-191.	1.5	35
76	Circulating Type I Interferon Levels and COVID-19 Severity: A Systematic Review and Meta-Analysis. Frontiers in Immunology, 2021, 12, 657363.	2.2	34
77	Dropout from exercise randomized controlled trials among people with anxiety and stress-related disorders: A meta-analysis and meta-regression. Journal of Affective Disorders, 2021, 282, 996-1004.	2.0	33
78	Physical and mental health impact of COVID-19 on children, adolescents, and their families: The Collaborative Outcomes study on Health and Functioning during Infection Times - Children and Adolescents (COH-FIT-C&A). Journal of Affective Disorders, 2022, 299, 367-376.	2.0	33
79	Physical activity as a vital sign in patients with schizophrenia: Evidence and clinical recommendations. Schizophrenia Research, 2016, 170, 336-340.	1.1	32
80	The impact of exercise on Quality of Life within exercise and depression trials: A systematic review. Mental Health and Physical Activity, 2011, 4, 43-48.	0.9	31
81	Sedentary behavior and depression among community-dwelling adults aged â‰¥50 years: Results from the irish longitudinal study on Ageing. Journal of Affective Disorders, 2020, 262, 389-396.	2.0	31
82	Is Strength Training as Effective as Aerobic Training for Depression in Older Adults? A Randomized Controlled Trial. Neuropsychobiology, 2020, 79, 141-149.	0.9	30
83	Psychometric properties of the modified Yale Food Addiction Scale 2.0 in a large Brazilian sample. Revista Brasileira De Psiquiatria, 2018, 40, 444-448.	0.9	29
84	Effects of a single bout of maximal aerobic exercise on BDNF in bipolar disorder: A gender-based response. Psychiatry Research, 2015, 229, 57-62.	1.7	27
85	Physical activity, exercise, and mental disorders: it is time to move on. Trends in Psychiatry and Psychotherapy, 2021, 43, 177-184.	0.4	27
86	More Reasons to Move: Exercise in the Treatment of Alcohol Use Disorders. Frontiers in Psychiatry, 2017, 8, 160.	1.3	26
87	Does physical activity reduce the risk of psychosis? A systematic review and meta-analysis of prospective studies. Psychiatry Research, 2020, 284, 112675.	1.7	26
88	Physical activity correlates among people with psychosis: Data from 47 low- and middle-income countries. Schizophrenia Research, 2018, 193, 412-417.	1.1	25
89	Quality of life and sleep quality are similarly improved after aquatic or dry-land aerobic training in patients with type 2 diabetes: A randomized clinical trial. Journal of Science and Medicine in Sport, 2018, 21, 483-488.	0.6	24
90	Gender differences in perception of quality of life in adults with and without chronic health conditions: The role of depressive symptoms. Journal of Health Psychology, 2014, 19, 721-729.	1.3	22

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91	Somatic, but not cognitive, symptoms of anxiety predict lower levels of physical activity in panic disorder patients. Journal of Affective Disorders, 2014, 164, 63-68.	2.0	22
92	Correlates of sedentary behavior in 2,375 people with depression from 6 low- and middle-income countries. Journal of Affective Disorders, 2018, 234, 97-104.	2.0	22
93	Coronavirus Pandemic (SARS-COV-2): Pre-Exercise Screening Questionnaire (PESQ) for Telepresential Exercise. Frontiers in Public Health, 2020, 8, 146.	1.3	22
94	The collaborative outcomes study on health and functioning during infection times in adults (COH-FIT-Adults): Design and methods of an international online survey targeting physical and mental health effects of the COVID-19 pandemic. Journal of Affective Disorders, 2022, 299, 393-407.	2.0	22
95	Relationship between types of physical activity and depression among 88,522 adults. Journal of Affective Disorders, 2022, 297, 415-420.	2.0	22
96	Water-Based Exercise and Quality of Life in Women: The Role of Depressive Symptoms. Women and Health, 2014, 54, 161-175.	0.4	21
97	Physical activity correlates among 24,230 people with depression across 46 low- and middle-income countries. Journal of Affective Disorders, 2017, 221, 81-88.	2.0	21
98	Associations between active travel and physical multi-morbidity in six low- and middle-income countries among community-dwelling older adults: A cross-sectional study. PLoS ONE, 2018, 13, e0203277.	1.1	21
99	Sedentary behavior and perceived stress among adults aged â‰¥50 years in six low- and middle-income countries. Maturitas, 2018, 116, 100-107.	1.0	21
100	Accordance and reproducibility of the electronic version of the WHOQOL-BREF and WHOQOL-OLD questionnaires. Experimental Gerontology, 2019, 125, 110683.	1.2	18
101	Changes in Sitting Time, Screen Exposure and Physical Activity during COVID-19 Lockdown in South American Adults: A Cross-Sectional Study. International Journal of Environmental Research and Public Health, 2021, 18, 5239.	1.2	18
102	Is Exercise an Efficacious Treatment for Depression? A Comment upon Recent Negative Findings. Frontiers in Psychiatry, 2013, 4, 20.	1.3	17
103	Cross-sectional associations of leisure and transport related physical activity with depression and anxiety. Journal of Psychiatric Research, 2021, 140, 228-234.	1.5	17
104	Higher cardio-respiratory fitness is associated with increased mental and physical quality of life in people with bipolar disorder: A controlled pilot study. Psychiatry Research, 2017, 256, 219-224.	1.7	16
105	Effects of aerobic and resistance exercise alone or combined on strength and hormone outcomes for people living with HIV. A meta-analysis. PLoS ONE, 2018, 13, e0203384.	1.1	16
106	Prospective associations between physical activity and clinician diagnosed major depressive disorder in adults: A 13-year cohort study. Preventive Medicine, 2019, 118, 38-43.	1.6	16
107	Effect of high-intensity interval training protocols on VO2max and HbA1c level in people with type 2 diabetes: A systematic review and meta-analysis. Annals of Physical and Rehabilitation Medicine, 2022, 65, 101586.	1.1	16
108	Pathophysiology of Major Depression by Clinical Stages. Frontiers in Psychology, 2021, 12, 641779.	1.1	14

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109	Food insecurity (hunger) and fast-food consumption among 180 164 adolescents aged 12â€“15 years from sixty-eight countries. British Journal of Nutrition, 2022, 127, 470-477.	1.2	12
110	Endothelial dysfunction in people with depressive disorders: A systematic review and meta-analysis. Journal of Psychiatric Research, 2021, 141, 152-159.	1.5	12
111	Exercise prescription for people with mental illness: an evaluation of mental health professionalsâ€™ knowledge, beliefs, barriers, and behaviors. Revista Brasileira De Psiquiatria, 2020, 42, 271-277.	0.9	12
112	Dropout from physical activity interventions in children and adolescents with attention deficit hyperactivity disorder: A systematic review and meta-analysis. Mental Health and Physical Activity, 2016, 11, 46-52.	0.9	11
113	Portuguese and Brazilian guidelines for the treatment of depression: exercise as medicine. Revista Brasileira De Psiquiatria, 2018, 40, 210-211.	0.9	11
114	Redefining mental healthcare: going multidisciplinary to manage multimorbidity. British Journal of Sports Medicine, 2021, 55, 7-8.	3.1	11
115	Association between cardiorespiratory fitness and depressive symptoms in children and adolescents: A systematic review and meta-analysis. Journal of Affective Disorders, 2021, 282, 1234-1240.	2.0	11
116	Prediction of Depression Scores From Aerobic Fitness, Body Fatness, Physical Activity, and Vagal Indices in Non-exercising, Female Workers. Frontiers in Psychiatry, 2019, 10, 192.	1.3	10
117	Perceived barriers, benefits and correlates of physical activity in outpatients with Major Depressive Disorder: A study from Brazil. Psychiatry Research, 2020, 284, 112751.	1.7	10
118	Exercisersâ€™ Affective and Enjoyment Responses: A Meta-Analytic and Meta-Regression Review. Perceptual and Motor Skills, 2021, 128, 2211-2236.	0.6	10
119	Depression in Athletes or Increased Depressive Symptoms in Athletes?. Current Sports Medicine Reports, 2015, 14, 244.	0.5	9
120	Metabolic syndrome and its components in people with intellectual disability: a metaâ€analysis. Journal of Intellectual Disability Research, 2020, 64, 804-815.	1.2	9
121	Nordic Walking and Free Walking Improve the Quality of Life, Cognitive Function, and Depressive Symptoms in Individuals with Parkinsonâ€™s Disease: A Randomized Clinical Trial. Journal of Functional Morphology and Kinesiology, 2020, 5, 82.	1.1	9
122	Anger and substance abuse: a systematic review and meta-analysis. Revista Brasileira De Psiquiatria, 2022, 44, 103-110.	0.9	9
123	Independent and combined associations of sugar-sweetened beverage consumption, TV viewing, and physical activity with severe depressive symptoms among 59,402 adults. Revista Brasileira De Psiquiatria, 2021, 43, 574-583.	0.9	9
124	Association between physical multimorbidity and sleep problems in 46 low- and middle-income countries. Maturitas, 2022, 160, 23-31.	1.0	9
125	Testâ€“retest reliability, validity, and correlates of the 2â€min walk test in outpatients with depression. Physiotherapy Research International, 2020, 25, e1821.	0.7	8
126	The role of physical activity in the association between multimorbidity and depressive symptoms: Data from 60,202 adults from the Brazilian National Health Survey. Journal of Psychosomatic Research, 2020, 134, 110122.	1.2	8

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127	Physical activity correlates in children and adolescents, adults, and older adults with an intellectual disability: a systematic review. Disability and Rehabilitation, 2022, 44, 4189-4200.	0.9	8
128	Treinamento de forÃ§a diminui os sintomas depressivos e melhora a qualidade de vida relacionada a saÃºde em idosas. Revista Brasileira De EducaÃ§Ã£o FÃsica E Esporte: RBEFE, 2015, 29, 189-196.	0.1	7
129	Chocolate Consumption and Indicators of Adiposity in US Adults. American Journal of Medicine, 2020, 133, 1082-1087.	0.6	7
130	Association between mental health and physical activity levels in people with Parkinsonâ€™s disease during the COVID-19 pandemic: an observational cross-sectional survey in Brazil. Sport Sciences for Health, 2022, 18, 871-877.	0.4	7
131	Exercise works for depression: bridging the implementation gap and making exercise a core component of treatment. Acta Neuropsychiatrica, 2017, 29, 124-126.	1.0	6
132	Exercise for the Prevention and Treatment of Depression. , 2018, , 1-18.		6
133	Effects of Aerobic and Resistance Exercise on Cardiovascular Parameters for People Living With HIV. Journal of the Association of Nurses in AIDS Care, 2019, 30, 186-205.	0.4	6
134	Exercise, Comorbidities, and Health-Related Quality of Life in People Living with HIV: The HIBES Cohort Study. International Journal of Environmental Research and Public Health, 2020, 17, 5138.	1.2	6
135	The Effects of Individual Psychotherapy in BDNF Levels of Patients With Mental Disorders: A Systematic Review. Frontiers in Psychiatry, 2020, 11, 445.	1.3	6
136	Using exercise to protect physical and mental health in youth at risk for psychosis. Research in Psychotherapy: Psychopathology, Process and Outcome, 2020, 23, 433.	0.4	6
137	PHYSICAL ACTIVITY, QUALITY OF LIFE AND GLOBAL FUNCTIONING IN PATIENTS IN THE EARLY STAGES OF PSYCHOSIS. Psychiatria Danubina, 2020, 32, 373-379.	0.2	6
138	Factors that influence the neurobiological effects of exercise likely extend beyond age and intensity in people with major depression. Neuroscience and Biobehavioral Reviews, 2017, 77, 301-302.	2.9	5
139	Combined aerobic and strength training for fitness outcomes in heart failure: meta-analysis and meta-regression. Disability and Rehabilitation, 2022, 44, 4149-4160.	0.9	5
140	Effects of the combination of vitamins C and E supplementation on oxidative stress, inflammation, muscle soreness, and muscle strength following acute physical exercise: meta-analyses of randomized controlled trials. Critical Reviews in Food Science and Nutrition, 2023, 63, 7584-7597.	5.4	5
141	No evidence of a control group response in exercise randomised controlled trials in people with schizophrenia: A systematic review and meta-analysis. Psychiatry Research, 2015, 229, 840-843.	1.7	4
142	Moving beyond the weight-loss paradigm of exercise interventions for mental illness. Psychiatry Research, 2016, 246, 392-393.	1.7	4
143	O ExercÃcio como Uma Ferramenta TerapÃªutica Essencial na SaÃºde Mental: Encurtando a DiferenÃ§a Entre a Pesquisa e a PrÃ¡tica, Uma Perspetiva Portuguesa. Acta Medica Portuguesa, 2017, 30, 354.	0.2	4
144	Different social contexts of leisure-time physical activity: Does the association with depressive symptoms differ?. Mental Health and Physical Activity, 2021, 20, 100390.	0.9	4

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145	Recreational exercise is associated with lower prevalence of depression and anxiety and better quality of life in German people living with HIV. AIDS Care - Psychological and Socio-Medical Aspects of AIDS/HIV, 2022, 34, 182-187.	0.6	4
146	Reliability and validity of physical fitness tests in people with mental disorders: A systematic review and metaâ€analysis. Physiotherapy Research International, 2021, 26, e1904.	0.7	4
147	Resistance training reduces depressive and anxiety symptoms in older women: a pilot study. Aging and Mental Health, 2022, 26, 1136-1142.	1.5	4
148	Physical activity, physical fitness and quality of life in outpatients with major depressive disorder versus matched healthy controls: Data from a low-income country. Journal of Affective Disorders, 2021, 294, 802-804.	2.0	4
149	Prevalence of diabetes in people with intellectual disabilities and ageâ€and genderâ€matched controls: A metaâ€analysis. Journal of Applied Research in Intellectual Disabilities, 2022, 35, 301-311.	1.3	4
150	Prospective Associations of Leisure-Time Physical Activity With Psychological Distress and Well-Being: A 12-Year Cohort Study. Psychosomatic Medicine, 2022, 84, 116-122.	1.3	4
151	Overburden of the caregiver of cancer patients in palliative care. Revista De Enfermagem UFPE on Line, 0, 14, .	0.1	4
152	Translation and cross-cultural adaptation of the PARmed-X for Pregnancy into Brazilian Portuguese. Applied Physiology, Nutrition and Metabolism, 2016, 41, 335-343.	0.9	3
153	The effects of water-based strength exercise on quality of life in young women. Sport Sciences for Health, 2016, 12, 105-112.	0.4	3
154	Psychometric Properties of the Brazilian Portuguese Version of the PARmed-X for Pregnancy. Journal of Physical Activity and Health, 2017, 14, 646-651.	1.0	3
155	Aging and Coronavirus: Exploring Complementary Therapies to Avoid Inflammatory Overload. Frontiers in Medicine, 2020, 7, 354.	1.2	3
156	Multimorbidity and Anxiety Symptoms among Adults Aged 50 Years and Over from Six Low- and Middle-Income Countries. Journal of Ageing and Longevity, 2021, 1, 36-47.	0.1	3
157	Progress in the Study of the Effects of Exercise on Affective and Anxiety Disorders. Frontiers in Psychiatry, 2014, 5, 153.	1.3	2
158	Association Between Internalizing Disorders and Day-to-Day Activities of Low Energetic Expenditure. Child Psychiatry and Human Development, 2015, 46, 67-74.	1.1	2
159	Physical Activity and Exercise as a Treatment of Depression: Evidence and Neurobiological Mechanism. , 2019, , 293-299.		2
160	Physical activity and exercise for the prevention and management of anxiety. , 0, , 369-384.		2
161	Candidaemia Mortality Has not Changed Over the Last 2ÂDecades in Brazil. Mycopathologia, 2020, 185, 685-690.	1.3	2
162	Inflammatory cytokines and alcohol use disorder: systematic review and meta-analysis. Revista Brasileira De Psiquiatria, 2022, , .	0.9	2

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163	Authorsâ€™ Response. Psychosomatic Medicine, 2020, 82, 534-535.	1.3	1
164	Factors associated with adherence to sports and exercise among outpatients with major depressive disorder. Trends in Psychiatry and Psychotherapy, 2021, 43, 108-115.	0.4	1
165	Exercise and Posttraumatic Stress Disorder. , 2018, , 375-387.		1
166	DanÃ§a e flexibilidade: InterferÃªncias na Qualidade de Vida de Adultos. Revista Brasileira De Qualidade De Vida, 2016, 8, .	0.1	1
167	Assessing Physical Activity in People with Mental Illness: 23-Country Reliability and Validity of the Simple Physical Activity Questionnaire (SIMPAQ). SSRN Electronic Journal, 0, , .	0.4	1
168	Recreational Exercising and Self-Reported Cardiometabolic Diseases in German People Living with HIV: A Cross-Sectional Study. International Journal of Environmental Research and Public Health, 2021, 18, 11579.	1.2	1
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