

Theresa Fleming

List of Publications by Year in descending order

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Version: 2024-02-01

100
papers

4,873
citations

147801

31
h-index

114465

63
g-index

170
all docs

170
docs citations

170
times ranked

5436
citing authors

#	ARTICLE	IF	CITATIONS
1	The effectiveness of SPARX, a computerised self help intervention for adolescents seeking help for depression: randomised controlled non-inferiority trial. <i>BMJ, The</i> , 2012, 344, e2598-e2598.	6.0	516
2	The Health and Well-Being of Transgender High School Students: Results From the New Zealand Adolescent Health Survey (Youth'12). <i>Journal of Adolescent Health</i> , 2014, 55, 93-99.	2.5	395
3	Beyond the Trial: Systematic Review of Real-World Uptake and Engagement With Digital Self-Help Interventions for Depression, Low Mood, or Anxiety. <i>Journal of Medical Internet Research</i> , 2018, 20, e199.	4.3	385
4	Serious Games and Gamification for Mental Health: Current Status and Promising Directions. <i>Frontiers in Psychiatry</i> , 2016, 7, 215.	2.6	370
5	Serious Games for Mental Health: Are They Accessible, Feasible, and Effective? A Systematic Review and Meta-analysis. <i>Frontiers in Psychiatry</i> , 2016, 7, 209.	2.6	226
6	A Pragmatic Randomized Controlled Trial of Computerized CBT (SPARX) for Symptoms of Depression among Adolescents Excluded from Mainstream Education. <i>Behavioural and Cognitive Psychotherapy</i> , 2012, 40, 529-541.	1.2	204
7	Co-design of eHealth Interventions With Children and Young People. <i>Frontiers in Psychiatry</i> , 2018, 9, 481.	2.6	178
8	Integrated (one-stop shop) youth health care: best available evidence and future directions. <i>Medical Journal of Australia</i> , 2017, 207, S5-S18.	1.7	173
9	Maximizing the Impact of e-Therapy and Serious Gaming: Time for a Paradigm Shift. <i>Frontiers in Psychiatry</i> , 2016, 7, 65.	2.6	138
10	Self-reported Suicide Attempts and Associated Risk and Protective Factors Among Secondary School Students in New Zealand. <i>Australian and New Zealand Journal of Psychiatry</i> , 2007, 41, 213-221.	2.3	83
11	Stability and change in the mental health of New Zealand secondary school students 2007-2012: Results from the national adolescent health surveys. <i>Australian and New Zealand Journal of Psychiatry</i> , 2014, 48, 472-480.	2.3	78
12	Health and well-being of secondary school students in New Zealand: Trends between 2001, 2007 and 2012. <i>Journal of Paediatrics and Child Health</i> , 2013, 49, 925-934.	0.8	76
13	Computer-Based and Online Therapy for Depression and Anxiety in Children and Adolescents. <i>Journal of Child and Adolescent Psychopharmacology</i> , 2016, 26, 235-245.	1.3	72
14	Preventing Depression in Final Year Secondary Students: School-Based Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2017, 19, e369.	4.3	72
15	Integrating Health Behavior Theory and Design Elements in Serious Games. <i>JMIR Mental Health</i> , 2015, 2, e11.	3.3	72
16	Do Schools Influence Student Risk-taking Behaviors and Emotional Health Symptoms?. <i>Journal of Adolescent Health</i> , 2011, 48, 259-267.	2.5	67
17	The Importance of User Segmentation for Designing Digital Therapy for Adolescent Mental Health: Findings From Scoping Processes. <i>JMIR Mental Health</i> , 2019, 6, e12656.	3.3	67
18	The Prevalence of Chronic Health Conditions Impacting on Daily Functioning and the Association With Emotional Well-Being Among a National Sample of High School Students. <i>Journal of Adolescent Health</i> , 2014, 54, 410-415.	2.5	64

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19	The Effects of Casual Videogames on Anxiety, Depression, Stress, and Low Mood: A Systematic Review. Games for Health Journal, 2020, 9, 255-264.	2.0	64
20	Juegos serios para el tratamiento o la prevención de la depresión: una revisión sistemática. Revista De Psicopatología Y Psicología Clínica, 2015, 19, 227.	0.2	63
21	Bystander Intervention, Bullying, and Victimization: A Multilevel Analysis of New Zealand High Schools. Journal of School Violence, 2015, 14, 245-272.	1.9	61
22	Emotional Resilience: Risk and Protective Factors for Depression Among Alternative Education Students in New Zealand.. American Journal of Orthopsychiatry, 2004, 74, 137-149.	1.5	56
23	Family meals and the well-being of adolescents. Journal of Paediatrics and Child Health, 2013, 49, 906-911.	0.8	55
24	Changes in the sexual health behaviours of New Zealand secondary school students, 2001–2012: findings from a national survey series. Australian and New Zealand Journal of Public Health, 2016, 40, 329-336.	1.8	54
25	Digital Micro Interventions for Behavioral and Mental Health Gains: Core Components and Conceptualization of Digital Micro Intervention Care. Journal of Medical Internet Research, 2020, 22, e20631.	4.3	54
26	The Association Between Supportive High School Environments and Depressive Symptoms and Suicidality Among Sexual Minority Students. Journal of Clinical Child and Adolescent Psychology, 2016, 45, 248-261.	3.4	53
27	Predictors of drinking patterns in adolescence: A latent class analysis. Drug and Alcohol Dependence, 2014, 135, 133-139.	3.2	45
28	The Design and Relevance of a Computerized Gamified Depression Therapy Program for Indigenous Māori Adolescents. JMIR Serious Games, 2015, 3, e1.	3.1	43
29	The association between socioeconomic deprivation and secondary school students' health: findings from a latent class analysis of a national adolescent health survey. International Journal for Equity in Health, 2016, 15, 109.	3.5	42
30	How LGBT+ Young People Use the Internet in Relation to Their Mental Health and Envisage the Use of e-Therapy: Exploratory Study. JMIR Serious Games, 2018, 6, e11249.	3.1	42
31	Asthma and Respiratory Foundation NZ child and adolescent asthma guidelines: a quick reference guide. New Zealand Medical Journal, 2017, 130, 10-33.	0.5	42
32	Views of Young People in Rural Australia on SPARX, a Fantasy World Developed for New Zealand Youth With Depression. JMIR Serious Games, 2014, 2, e3.	3.1	40
33	A qualitative study of sexual minority young people's experiences of computerised therapy for depression. Australasian Psychiatry, 2015, 23, 268-273.	0.7	38
34	The views of lesbian, gay and bisexual youth regarding computerised self-help for depression: An exploratory study. Advances in Mental Health, 2013, 12, 22-33.	0.7	37
35	What has changed from 2001 to 2012 for sexual minority youth in New Zealand?. Journal of Paediatrics and Child Health, 2015, 51, 410-418.	0.8	36
36	A pilot evaluation of the SPARX-R gaming intervention for preventing depression and improving wellbeing among adolescents in alternative education. Internet Interventions, 2017, 8, 40-47.	2.7	35

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37	Family Meals among New Zealand Young People: Relationships with Eating Behaviors and Body Mass Index. <i>Journal of Nutrition Education and Behavior</i> , 2013, 45, 3-11.	0.7	34
38	“It’s mean!” The views of young people alienated from mainstream education on depression, help seeking and computerised therapy. <i>Advances in Mental Health</i> , 2012, 10, 195-203.	0.7	30
39	Youth Work Service Providers' Attitudes Towards Computerized CBT for Adolescents. <i>Behavioural and Cognitive Psychotherapy</i> , 2013, 41, 265-279.	1.2	30
40	Tips and Traps: Lessons From Codesigning a Clinician E-Monitoring Tool for Computerized Cognitive Behavioral Therapy. <i>JMIR Mental Health</i> , 2017, 4, e3.	3.3	28
41	Downwards trends in adolescent risk-taking behaviours in New Zealand: Exploring driving forces for change. <i>Journal of Paediatrics and Child Health</i> , 2018, 54, 602-608.	0.8	24
42	Looking on the bright side: An assessment of factors associated with adolescents’ happiness. <i>Advances in Mental Health</i> , 2014, 12, 101-109.	0.7	23
43	The impact and utility of computerised therapy for educationally alienated teenagers: The views of adolescents who participated in an alternative education-based trial. <i>Clinical Psychologist</i> , 2016, 20, 94-102.	0.8	23
44	Exposure to suicide behaviour and individual risk of self-harm: Findings from a nationally representative New Zealand high school survey. <i>Australian and New Zealand Journal of Psychiatry</i> , 2018, 52, 349-356.	2.3	23
45	Facilitating Access to Effective and Appropriate Care for Youth With Mild to Moderate Mental Health Concerns in New Zealand. <i>Journal of Child and Adolescent Psychiatric Nursing</i> , 2014, 27, 190-200.	1.4	21
46	Forgone health care among secondary school students in New Zealand. <i>Journal of Primary Health Care</i> , 2013, 5, 11.	0.6	21
47	Prevalence of Severe Obesity among New Zealand Adolescents and Associations with Health Risk Behaviors and Emotional Well-Being. <i>Journal of Pediatrics</i> , 2013, 163, 143-149.	1.8	20
48	Unhealthy Gambling Amongst New Zealand Secondary School Students: An Exploration of Risk and Protective Factors. <i>International Journal of Mental Health and Addiction</i> , 2016, 14, 95-110.	7.4	20
49	Computerized cognitive behavioural therapy for gender minority adolescents: Analysis of the real-world implementation of SPARX in New Zealand. <i>Australian and New Zealand Journal of Psychiatry</i> , 2021, 55, 874-882.	2.3	20
50	Using Computerized Mental Health Programs in Alternative Education: Understanding the Requirements of Students and Staff. <i>Health Communication</i> , 2018, 33, 753-761.	3.1	18
51	Tips for research recruitment: The views of sexual minority youth. <i>Journal of LGBT Youth</i> , 2017, 14, 16-30.	2.1	17
52	Uneven reductions in high school students' alcohol use from 2007 to 2012 by age, sex, and socioeconomic strata. <i>Substance Abuse</i> , 2017, 38, 69-76.	2.3	17
53	Mental Health Status of Double Minority Adolescents: Findings from National Cross-Sectional Health Surveys. <i>Journal of Immigrant and Minority Health</i> , 2017, 19, 499-510.	1.6	17
54	Risk and Protective Factors for Suicidal Behaviors Among Pacific Youth in New Zealand. <i>Crisis</i> , 2016, 37, 335-346.	1.2	17

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55	Clustering of adolescent health concerns: A latent class analysis of school students in New Zealand. <i>Journal of Paediatrics and Child Health</i> , 2013, 49, 935-941.	0.8	16
56	Trial for the Prevention of Depression (TriPoD) in final-year secondary students: study protocol for a cluster randomised controlled trial. <i>Trials</i> , 2015, 16, 451.	1.6	16
57	Providing gender-affirming hormone therapy through primary care: service users. <i>Journal of Primary Health Care</i> , 2020, 12, 72.	0.6	16
58	Association Between Availability and Quality of Health Services in Schools and Reproductive Health Outcomes Among Students: A Multilevel Observational Study. <i>American Journal of Public Health</i> , 2012, 102, e14-e20.	2.7	15
59	Access to Private and Confidential Health Care Among Secondary School Students in New Zealand. <i>Journal of Adolescent Health</i> , 2012, 51, 285-291.	2.5	15
60	New Zealand Youth19 survey: vaping has wider appeal than smoking in secondary school students, and most use nicotine-containing e-cigarettes. <i>Australian and New Zealand Journal of Public Health</i> , 2021, 45, 546-553.	1.8	15
61	Body size and weight, and the nutrition and activity behaviours of sexual and gender minority youth: findings and implications from New Zealand. <i>Public Health Nutrition</i> , 2019, 22, 2346-2356.	2.2	14
62	Young adolescents'™ interest in a mental health casual video game. <i>Digital Health</i> , 2020, 6, 205520762094939.	1.8	14
63	Debate: Supporting the mental health of school students in the COVID-19 pandemic in New Zealand – a digital ecosystem approach. <i>Child and Adolescent Mental Health</i> , 2020, 25, 267-269.	3.5	14
64	The implementation of SPARX-R computerized mental health program in alternative education: Exploring the factors contributing to engagement and dropout. <i>Children and Youth Services Review</i> , 2018, 84, 176-184.	1.9	13
65	Risk and Protective Factors for Suicide Attempt Among Indigenous Māori Youth in New Zealand: The Role of Family Connection. <i>International Journal of Indigenous Health</i> , 2013, 7, 16-31.	0.4	13
66	Health and wellbeing of young people who attend secondary school in Aotearoa, New Zealand: What has changed from 2001 to 2007?. <i>Journal of Paediatrics and Child Health</i> , 2011, 47, 191-197.	0.8	12
67	Navigating double marginalisation: migrant Chinese sexual and gender minority young people's™ views on mental health challenges and supports. <i>Culture, Health and Sexuality</i> , 2019, 21, 807-821.	1.8	11
68	The Use of Helplines and Telehealth Support in Aotearoa/New Zealand During COVID-19 Pandemic Control Measures: A Mixed-Methods Study. <i>Frontiers in Psychiatry</i> , 2021, 12, 791209.	2.6	11
69	Health and wellbeing of Māori secondary school students in New Zealand: Trends between 2001, 2007 and 2012. <i>Australian and New Zealand Journal of Public Health</i> , 2018, 42, 553-561.	1.8	10
70	Mixed progress in adolescent health and wellbeing in Aotearoa New Zealand 2001-2019: a population overview from the Youth2000 survey series. <i>Journal of the Royal Society of New Zealand</i> , 2022, 52, 426-449.	1.9	10
71	Dietary behaviours and the mental wellbeing of New Zealand adolescents. <i>Journal of Paediatrics and Child Health</i> , 2017, 53, 657-662.	0.8	9
72	Revising Computerized Therapy for Wider Appeal Among Adolescents: Youth Perspectives on a Revised Version of SPARX. <i>Frontiers in Psychiatry</i> , 2019, 10, 802.	2.6	8

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73	Co-creating a large-scale adolescent health survey integrated with access to digital health interventions. <i>Digital Health</i> , 2020, 6, 205520762094796.	1.8	8
74	“A little bubble of utopia”: constructions of a primary care-based pilot clinic providing gender affirming hormone therapy. <i>Health Sociology Review</i> , 2021, 30, 25-40.	2.8	8
75	Characteristics of school-based health services associated with students’ mental health. <i>Journal of Health Services Research and Policy</i> , 2018, 23, 7-14.	1.7	7
76	SPARX-R computerized therapy among adolescents in youth offenders' program: Step-wise cohort study. <i>Internet Interventions</i> , 2019, 18, 100287.	2.7	7
77	The association between secondary trauma and mental health outcomes among adolescents: Findings from a nationally representative cross-sectional survey.. <i>Traumatology</i> , 2016, 22, 307-313.	2.4	7
78	Using the Internet to access health-related information: results from a nationally representative sample of New Zealand secondary school students. <i>International Journal of Adolescent Medicine and Health</i> , 2017, 32, .	1.3	6
79	Rising food security concerns among New Zealand adolescents and association with health and wellbeing. <i>Kotuitui: New Zealand Journal of Social Sciences Online</i> , 2018, 13, 29-38.	0.9	6
80	Body weight satisfaction among New Zealand adolescents: findings from a national survey. <i>International Journal of Adolescent Medicine and Health</i> , 2012, 24, 161-7.	1.3	5
81	Food Security Concerns Among Young People: Impact on Eating Behaviors and Weight Status. <i>Journal of Hunger and Environmental Nutrition</i> , 2012, 7, 101-111.	1.9	5
82	The Prevalence of Postgraduate Education in Youth Health Among High School Clinicians and Associated Student Health Outcomes. <i>Journal of Adolescent Health</i> , 2016, 59, 555-561.	2.5	5
83	From secrecy to discretion: The views of psychological therapists on supporting Chinese sexual and gender minority young people. <i>Children and Youth Services Review</i> , 2018, 93, 307-314.	1.9	5
84	Adolescent gambling behaviour, a single latent construct and indicators of risk: findings from a national survey of New Zealand high school students. <i>Asian Journal of Gambling Issues and Public Health</i> , 2016, 6, 7.	0.9	4
85	Serious Games and Gamification in Clinical Psychology. , 2022, , 77-90.		4
86	Adolescents with disability report higher rates of injury but lower rates of receiving care: findings from a national school-based survey in New Zealand. <i>Injury Prevention</i> , 2016, 22, 40-45.	2.4	3
87	Uneven progress in reducing exposure to violence at home for New Zealand adolescents 2001–2012: a nationally representative cross-sectional survey series. <i>Australian and New Zealand Journal of Public Health</i> , 2018, 42, 262-268.	1.8	3
88	An observational study of adolescent health outcomes associated with school-based health service utilization: A causal analysis. <i>Health Services Research</i> , 2019, 54, 678-688.	2.0	3
89	Intersex adolescents seeking help for their depression: the case study of SPARX in New Zealand. <i>Australasian Psychiatry</i> , 2021, 29, 450-453.	0.7	3
90	Technology Matters: SPARX – computerised cognitive behavioural therapy for adolescent depression in a game format. <i>Child and Adolescent Mental Health</i> , 2021, 26, 92-94.	3.5	3

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91	Development of a casual video game (Match Emoji) with psychological well-being concepts for young adolescents. <i>Digital Health</i> , 2021, 7, 205520762110478.	1.8	3
92	Forgone health care among secondary school students in New Zealand. <i>Journal of Primary Health Care</i> , 2013, 5, 11-8.	0.6	3
93	107. Identifying Clinically Meaningful Groups of Adolescents Based on Their Engagement in Risk Behaviours and Emotional Health Concerns Using Latent Class Analysis. <i>Journal of Adolescent Health</i> , 2013, 52, S72-S73.	2.5	2
94	Health and Social Difficulties in High School Students using High Amounts of Alcohol and Drugs: Implications for Screening. <i>Journal of Child and Adolescent Substance Abuse</i> , 2018, 27, 180-188.	0.5	2
95	A Casual Video Game With Psychological Well-being Concepts for Young Adolescents: Protocol for an Acceptability and Feasibility Study. <i>JMIR Research Protocols</i> , 2021, 10, e31588.	1.0	2
96	Converging perspectives of providers and student users on extending a patient portal into a university-based mental health service: A qualitative study. <i>Internet Interventions</i> , 2020, 19, 100304.	2.7	1
97	Effects of Ethnic Classification on Substantive Findings in Adolescent Mental Health Outcomes. <i>Journal of Youth and Adolescence</i> , 2022, 51, 1581-1596.	3.5	1
98	147. Being in Trouble with the Police and Associations with Mental Health Outcomes Amongst Alternative Education Students in New Zealand. <i>Journal of Adolescent Health</i> , 2011, 48, S93-S94.	2.5	0
99	18. Do Levels of Health Services in Schools Influence Consistent Contraceptive Use Among Students?. <i>Journal of Adolescent Health</i> , 2012, 50, S23-S24.	2.5	0
100	Using Instrumental Variables to Assess the Impact of School-Based Health Clinics. <i>Journal of Adolescent Health</i> , 2018, 62, S88-S89.	2.5	0