

J Todd Arnedt

List of Publications by Year in descending order

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Version: 2024-02-01

104
papers

6,008
citations

57758

44
h-index

74163

75
g-index

111
all docs

111
docs citations

111
times ranked

5661
citing authors

#	ARTICLE	IF	CITATIONS
1	Telemedicine-delivered cognitive-behavioral therapy for insomnia in alcohol use disorder (AUD): study protocol for a randomized controlled trial. <i>Trials</i> , 2022, 23, 59.	1.6	4
2	0686 Cognitive Behavioral Therapy for Insomnia to Reduce Cannabis Use: Results from a Pilot Randomized Controlled Trial. <i>Sleep</i> , 2022, 45, A300-A301.	1.1	0
3	Telemedicine versus face-to-face delivery of cognitive behavioral therapy for insomnia: a randomized controlled noninferiority trial. <i>Sleep</i> , 2021, 44, .	1.1	61
4	The effects of COVID-19 stay-at-home order on sleep, health, and working patterns: a survey study of US health care workers. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 185-191.	2.6	71
5	Behavioral and psychological treatments for chronic insomnia disorder in adults: an American Academy of Sleep Medicine clinical practice guideline. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 255-262.	2.6	280
6	Behavioral and psychological treatments for chronic insomnia disorder in adults: an American Academy of Sleep Medicine systematic review, meta-analysis, and GRADE assessment. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 263-298.	2.6	131
7	Associations between Self-Reported Daily Affect Ratings and Sleep Duration during the First Two Weeks of Antidepressant Therapy. <i>Behavioral Sleep Medicine</i> , 2021, 19, 1-11.	2.1	4
8	Substance-related disorders and sleep. , 2021, , .		0
9	Protocol for the Project SAVE randomised controlled trial examining CBT for insomnia among veterans in treatment for alcohol use disorder. <i>BMJ Open</i> , 2021, 11, e045667.	1.9	2
10	A preliminary study on the relationship between sleep, depression and cardiovascular dysfunction in a 4 sample population. <i>IJC Heart and Vasculature</i> , 2021, 35, 100814.	1.1	0
11	Risk of excessive sleepiness in sleep restriction therapy and cognitive behavioral therapy for insomnia: a randomized controlled trial. <i>Journal of Clinical Sleep Medicine</i> , 2020, 16, 193-198.	2.6	4
12	Cognitive Behavioral Therapy for Insomnia in Patients with Medical and Psychiatric Comorbidities. <i>Sleep Medicine Clinics</i> , 2019, 14, 167-175.	2.6	14
13	0363 Efficacy of Cognitive Behavioral Therapy Delivered via Telemedicine vs. Face-to-Face: Preliminary Results from a Randomized Controlled Non-Inferiority Trial. <i>Sleep</i> , 2019, 42, A148-A148.	1.1	3
14	Treating insomnia improves depression, maladaptive thinking, and hyperarousal in postmenopausal women: comparing cognitive-behavioral therapy for insomnia (CBTI), sleep restriction therapy, and sleep hygiene education. <i>Sleep Medicine</i> , 2019, 55, 124-134.	1.6	83
15	0364 Comparison of Therapeutic Alliance for Telemedicine vs. Face-to-Face Delivered Cognitive Behavioral Therapy for Insomnia: Preliminary Results. <i>Sleep</i> , 2019, 42, A148-A149.	1.1	1
16	Cognitive Behavioral Therapy for Insomnia in Alcohol-Dependent Veterans: A Randomized, Controlled Pilot Study. <i>Alcoholism: Clinical and Experimental Research</i> , 2019, 43, 1244-1253.	2.4	44
17	Improving Daytime Functioning, Work Performance, and Quality of Life in Postmenopausal Women With Insomnia: Comparing Cognitive Behavioral Therapy for Insomnia, Sleep Restriction Therapy, and Sleep Hygiene Education. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 999-1010.	2.6	36
18	Insomnia symptoms and short sleep predict anxiety and worry in response to stress exposure: a prospective cohort study of medical interns. <i>Sleep Medicine</i> , 2019, 55, 40-47.	1.6	36

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19	Treating chronic insomnia in postmenopausal women: a randomized clinical trial comparing cognitive-behavioral therapy for insomnia, sleep restriction therapy, and sleep hygiene education. <i>Sleep</i> , 2019, 42, .	1.1	65
20	Modified Cognitive Behavioral Therapy for Insomnia in Depressed Adolescents: A Pilot Study. <i>Behavioral Sleep Medicine</i> , 2019, 17, 99-111.	2.1	11
21	An open-label pilot study of a home wearable light therapy device for postpartum depression. <i>Archives of Women's Mental Health</i> , 2018, 21, 583-586.	2.6	19
22	Effects of Sleep, Physical Activity, and Shift Work on Daily Mood: a Prospective Mobile Monitoring Study of Medical Interns. <i>Journal of General Internal Medicine</i> , 2018, 33, 914-920.	2.6	58
23	Insomnia as a Moderator of Response to Time in Bed Restriction for Augmenting Antidepressant Treatment: A Preliminary Investigation. <i>Behavioral Sleep Medicine</i> , 2018, 16, 315-324.	2.1	2
24	Utility of the comprehensive marijuana motives questionnaire among medical cannabis patients. <i>Addictive Behaviors</i> , 2018, 76, 139-144.	3.0	23
25	Impact of Self-Acupressure on Co-Occurring Symptoms in Cancer Survivors. <i>JNCI Cancer Spectrum</i> , 2018, 2, pky064.	2.9	21
26	A Pilot Study on Adolescents With Depression and Insomnia: Qualitative Findings From Focus Groups. <i>Behavioral Sleep Medicine</i> , 2017, 15, 22-38.	2.1	10
27	Reciprocal dynamics between self-rated sleep and symptoms of depression and anxiety in young adult women: a 14-day diary study. <i>Sleep Medicine</i> , 2017, 33, 6-12.	1.6	47
28	Neurophysiological correlates of suicidal ideation in major depressive disorder: Hyperarousal during sleep. <i>Journal of Affective Disorders</i> , 2017, 212, 160-166.	4.1	47
29	Sleep disturbances as predictors of prolonged exposure therapy effectiveness among veterans with PTSD. <i>Psychiatry Research</i> , 2017, 256, 118-123.	3.3	13
30	Management of Insomnia in Patients with Alcohol Use Disorder. <i>Current Sleep Medicine Reports</i> , 2017, 3, 38-47.	1.4	7
31	Sleep Disturbance and Short Sleep as Risk Factors for Depression and Perceived Medical Errors in First-Year Residents. <i>Sleep</i> , 2017, 40, .	1.1	124
32	Relationships between circadian measures, depression, and response to antidepressant treatment: A preliminary investigation. <i>Psychiatry Research</i> , 2017, 252, 262-269.	3.3	23
33	Prevalence and correlates of sleep-related problems in adults receiving medical cannabis for chronic pain. <i>Drug and Alcohol Dependence</i> , 2017, 180, 227-233.	3.2	29
34	0359 EFFICACY OF BEHAVIORAL INSOMNIA TREATMENT ON POST-MENOPAUSAL QUALITY OF LIFE. <i>Sleep</i> , 2017, 40, A133-A134.	1.1	2
35	Insomnia Diagnosis, Assessment, and Evaluation. , 2017, , 785-793.e4.		16
36	Effects of Restricted Time in Bed on Antidepressant Treatment Response. <i>Journal of Clinical Psychiatry</i> , 2016, 77, e1218-e1225.	2.2	8

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37	Investigation of 2 Types of Self-administered Acupressure for Persistent Cancer-Related Fatigue in Breast Cancer Survivors. <i>JAMA Oncology</i> , 2016, 2, 1470.	7.1	90
38	Cognitive Behavioral Therapy for Chronic Insomnia: Confronting the Challenges to Implementation. <i>Annals of Internal Medicine</i> , 2016, 165, 149.	3.9	26
39	Identifying At-Risk Individuals for Insomnia Using the Ford Insomnia Response to Stress Test. <i>Sleep</i> , 2016, 39, 449-456.	1.1	59
40	DSM-5 Insomnia and Short Sleep: Comorbidity Landscape and Racial Disparities. <i>Sleep</i> , 2016, 39, 2101-2111.	1.1	75
41	Sleep system sensitization: evidence for changing roles of etiological factors in insomnia. <i>Sleep Medicine</i> , 2016, 21, 63-69.	1.6	33
42	Abstract PD4-06: Acupressure for persistent fatigue in breast cancer survivors. , 2016, , .		0
43	The Impact of Sleep on Female Sexual Response and Behavior: A Pilot Study. <i>Journal of Sexual Medicine</i> , 2015, 12, 1221-1232.	0.6	50
44	Shift work disorder, depression, and anxiety in the transition to rotating shifts: the role of sleep reactivity. <i>Sleep Medicine</i> , 2015, 16, 1532-1538.	1.6	158
45	Assessment and Management of Insomnia. , 2015, , 113-132.		0
46	Effects of caffeinated vs. non-caffeinated alcoholic beverage on next-day hangover incidence and severity, perceived sleep quality, and alertness. <i>Addictive Behaviors</i> , 2014, 39, 329-332.	3.0	15
47	Sleep and Substance Use Disorders: An Update. <i>Current Psychiatry Reports</i> , 2014, 16, 487.	4.5	142
48	A Dozen Years of American Academy of Sleep Medicine (AASM) International Mini-Fellowship: Program Evaluation and Future Directions. <i>Journal of Clinical Sleep Medicine</i> , 2014, 10, 331-334.	2.6	2
49	Obstructive sleep apnea. <i>Sleep and Breathing</i> , 2013, 17, 811-817.	1.7	29
50	Adherence to cognitive behavioral therapy for insomnia: A systematic review. <i>Sleep Medicine Reviews</i> , 2013, 17, 453-464.	8.5	141
51	An Open Pilot of Cognitive-Behavioral Therapy for Insomnia in Women with Postpartum Depression. <i>Behavioral Sleep Medicine</i> , 2013, 11, 297-307.	2.1	85
52	Randomized Controlled Trial of Telephone-Delivered Cognitive Behavioral Therapy for Chronic Insomnia. <i>Sleep</i> , 2013, 36, 353-362.	1.1	81
53	Motivational Enhancement to Improve Adherence to Positive Airway Pressure in Patients with Obstructive Sleep Apnea: A Randomized Controlled Trial. <i>Sleep</i> , 2013, 36, 1655-1662.	1.1	63
54	A Qualitative Study of Sleep and Mood in Postpartum Women. <i>The Open Sleep Journal</i> , 2013, 6, 98-103.	0.4	1

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55	Employment and Drowsy Driving: A Survey of American Workers. Behavioral Sleep Medicine, 2012, 10, 250-257.	2.1	21
56	PROMIS [®] , [®] of Improved Tools for Assessing Sleep and Wake Function: Commentary on "Development of Short Forms from the PROMIS [®] , [®] Sleep Disturbance and Sleep-Related Impairment Item Banks" Behavioral Sleep Medicine, 2012, 10, 25-27.	2.1	7
57	Effects of a 3-Hour Sleep Delay on Sleep Homeostasis in Alcohol Dependent Adults. Sleep, 2012, 35, 273-278.	1.1	33
58	Dim Light Melatonin Onset in Alcohol-Dependent Men and Women Compared with Healthy Controls. Chronobiology International, 2012, 29, 35-42.	2.0	52
59	Acupressure for persistent cancer-related fatigue in breast cancer survivors (AcuCrft): a study protocol for a randomized controlled trial. BMC Complementary and Alternative Medicine, 2012, 12, 132.	3.7	22
60	Sleep and Substance Use Disorders. , 2012, , .		3
61	Cognitive-behavioral therapy for insomnia in alcohol dependent patients: A randomized controlled pilot trial. Behaviour Research and Therapy, 2011, 49, 227-233.	3.1	119
62	The acute effects of caffeinated versus non-caffeinated alcoholic beverage on driving performance and attention/reaction time. Addiction, 2011, 106, 335-341.	3.3	74
63	Sleep disorders and work performance: findings from the 2008 National Sleep Foundation Sleep in America poll. Journal of Sleep Research, 2011, 20, 487-494.	3.2	296
64	Sleep Following Alcohol Intoxication in Healthy, Young Adults: Effects of Sex and Family History of Alcoholism. Alcoholism: Clinical and Experimental Research, 2011, 35, 870-878.	2.4	89
65	Sleep homeostasis in alcohol-dependent, depressed and healthy control men. European Archives of Psychiatry and Clinical Neuroscience, 2011, 261, 559-566.	3.2	33
66	Preliminary examination of the efficacy and safety of a standardized chamomile extract for chronic primary insomnia: A randomized placebo-controlled pilot study. BMC Complementary and Alternative Medicine, 2011, 11, 78.	3.7	67
67	Mechanisms of sleepiness in obstructive sleep apnea. , 2011, , 192-204.		0
68	Intoxication With Bourbon Versus Vodka: Effects on Hangover, Sleep, and Next-Day Neurocognitive Performance in Young Adults. Alcoholism: Clinical and Experimental Research, 2010, 34, 509-518.	2.4	79
69	Substance-Induced Insomnia. Medical Psychiatry, 2010, , 165-180.	0.2	0
70	A combined group treatment for nightmares and insomnia in combat veterans: A pilot study. Journal of Traumatic Stress, 2009, 22, 639-642.	1.8	67
71	Treatment effects on brain activity during a working memory task in obstructive sleep apnea. Journal of Sleep Research, 2009, 18, 404-410.	3.2	28
72	Time Series Analysis of Treatment Adherence Patterns in Individuals with Obstructive Sleep Apnea. Annals of Behavioral Medicine, 2008, 36, 44-53.	2.9	42

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73	The incidence and severity of hangover the morning after moderate alcohol intoxication. <i>Addiction</i> , 2008, 103, 758-765.	3.3	49
74	Group Cognitive-Behavioral Therapy for Insomnia in a VA Mental Health Clinic. <i>Cognitive and Behavioral Practice</i> , 2008, 15, 426-434.	1.5	15
75	Brief Behavioral Therapies Reduce Early Positive Airway Pressure Discontinuation Rates in Sleep Apnea Syndrome: Preliminary Findings. <i>Behavioral Sleep Medicine</i> , 2007, 5, 89-104.	2.1	64
76	Treatment Options for Sleep Disturbances During Alcohol Recovery. <i>Journal of Addictive Diseases</i> , 2007, 26, 41-54.	1.3	86
77	An open trial of cognitive-behavioral treatment for insomnia comorbid with alcohol dependence. <i>Sleep Medicine</i> , 2007, 8, 176-180.	1.6	83
78	How Early in Treatment is PAP Adherence Established? Revisiting Night-to-Night Variability. <i>Behavioral Sleep Medicine</i> , 2007, 5, 229-240.	2.1	111
79	Evaluation of the Insomnia Patient. <i>Sleep Medicine Clinics</i> , 2006, 1, 319-332.	2.6	13
80	Normalization of Memory Performance and Positive Airway Pressure Adherence in Memory-Impaired Patients With Obstructive Sleep Apnea. <i>Chest</i> , 2006, 130, 1772-1778.	0.8	196
81	Neurobehavioral Performance of Residents After Heavy Night Call vs After Alcohol Ingestion. <i>Obstetrical and Gynecological Survey</i> , 2006, 61, 17-19.	0.4	0
82	Perception of Sleep in Recovering Alcohol-Dependent Patients With Insomnia: Relationship With Future Drinking. <i>Alcoholism: Clinical and Experimental Research</i> , 2006, 30, 1992-1999.	2.4	73
83	Effects of Heavy Drinking by Maritime Academy Cadets on Hangover, Perceived Sleep, and Next-Day Ship Power Plant Operation. <i>Journal of Studies on Alcohol and Drugs</i> , 2006, 67, 406-415.	2.3	45
84	Treatment Adherence and Outcomes in Flexible vs Standard Continuous Positive Airway Pressure Therapy. <i>Chest</i> , 2005, 127, 2085-2093.	0.8	143
85	Neurobehavioral Performance of Residents After Heavy Night Call vs After Alcohol Ingestion. <i>JAMA - Journal of the American Medical Association</i> , 2005, 294, 1025.	7.4	346
86	Comparative sensitivity of a simulated driving task to self-report, physiological, and other performance measures during prolonged wakefulness. <i>Journal of Psychosomatic Research</i> , 2005, 58, 61-71.	2.6	43
87	Examining the construct of depression in obstructive sleep apnea syndrome. <i>Sleep Medicine</i> , 2005, 6, 115-121.	1.6	116
88	Insomnia websites. <i>Sleep Medicine</i> , 2005, 6, 371-373.	1.6	0
89	Predicting Treatment Adherence in Obstructive Sleep Apnea Using Principles of Behavior Change. <i>Journal of Clinical Sleep Medicine</i> , 2005, 01, 346-353.	2.6	127
90	Predicting treatment adherence in obstructive sleep apnea using principles of behavior change. <i>Journal of Clinical Sleep Medicine</i> , 2005, 1, 346-53.	2.6	61

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91	Performance on a Dual Driving Simulation and Subtraction Task following Sleep Restriction. Perceptual and Motor Skills, 2004, 99, 739-753.	1.3	15
92	Clinical Management of Poor Adherence to CPAP: Motivational Enhancement. Behavioral Sleep Medicine, 2004, 2, 205-222.	2.1	109
93	Neuropsychological sequelae of obstructive sleep apnea-hypopnea syndrome: A critical review. Journal of the International Neuropsychological Society, 2004, 10, 772-785.	1.8	329
94	SLEEP-L: an electronic forum for the sleep community. Sleep Medicine, 2003, 4, 465-466.	1.6	0
95	Behavioral treatment for chronic insomnia. Medicine and Health, Rhode Island, 2002, 85, 90-4.	0.1	0
96	How do prolonged wakefulness and alcohol compare in the decrements they produce on a simulated driving task?. Accident Analysis and Prevention, 2001, 33, 337-344.	5.7	211
97	Effects of Acute Sleep Restriction on Behavior, Sustained Attention, and Response Inhibition in Children. Perceptual and Motor Skills, 2001, 93, 213-229.	1.3	234
98	EFFECTS OF ACUTE SLEEP RESTRICTION ON BEHAVIOR, SUSTAINED ATTENTION, AND RESPONSE INHIBITION IN CHILDREN. Perceptual and Motor Skills, 2001, 93, 213.	1.3	28
99	Simulated driving performance following prolonged wakefulness and alcohol consumption: separate and combined contributions to impairment. Journal of Sleep Research, 2000, 9, 233-241.	3.2	126
100	A sleep study is often unnecessary in a patient with chronic insomnia. , 0, , 157-163.		0
101	Overlooking insomnia in a depressed patient can interfere with effective treatment for the mood disorder. , 0, , 168-173.		1
102	The option of cognitive behavioral therapy should not be ignored simply because a patient has medical reasons for insomnia. , 0, , 178-184.		0
103	Sleep and substance use and abuse. , 0, , 341-352.		1
104	Sleep in substance use disorders. , 0, , 314-329.		1