

J Todd Arnedt

List of Publications by Year in descending order

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Version: 2024-02-01

104
papers

6,008
citations

57758

44
h-index

74163

75
g-index

111
all docs

111
docs citations

111
times ranked

5661
citing authors

#	ARTICLE	IF	CITATIONS
1	Neurobehavioral Performance of Residents After Heavy Night Call vs After Alcohol Ingestion. JAMA - Journal of the American Medical Association, 2005, 294, 1025.	7.4	346
2	Neuropsychological sequelae of obstructive sleep apnea-hypopnea syndrome: A critical review. Journal of the International Neuropsychological Society, 2004, 10, 772-785.	1.8	329
3	Sleep disorders and work performance: findings from the 2008 National Sleep Foundation Sleep in America poll. Journal of Sleep Research, 2011, 20, 487-494.	3.2	296
4	Behavioral and psychological treatments for chronic insomnia disorder in adults: an American Academy of Sleep Medicine clinical practice guideline. Journal of Clinical Sleep Medicine, 2021, 17, 255-262.	2.6	280
5	Effects of Acute Sleep Restriction on Behavior, Sustained Attention, and Response Inhibition in Children. Perceptual and Motor Skills, 2001, 93, 213-229.	1.3	234
6	How do prolonged wakefulness and alcohol compare in the decrements they produce on a simulated driving task?. Accident Analysis and Prevention, 2001, 33, 337-344.	5.7	211
7	Normalization of Memory Performance and Positive Airway Pressure Adherence in Memory-Impaired Patients With Obstructive Sleep Apnea. Chest, 2006, 130, 1772-1778.	0.8	196
8	Shift work disorder, depression, and anxiety in the transition to rotating shifts: the role of sleep reactivity. Sleep Medicine, 2015, 16, 1532-1538.	1.6	158
9	Treatment Adherence and Outcomes in Flexible vs Standard Continuous Positive Airway Pressure Therapy. Chest, 2005, 127, 2085-2093.	0.8	143
10	Sleep and Substance Use Disorders: An Update. Current Psychiatry Reports, 2014, 16, 487.	4.5	142
11	Adherence to cognitive behavioral therapy for insomnia: A systematic review. Sleep Medicine Reviews, 2013, 17, 453-464.	8.5	141
12	Behavioral and psychological treatments for chronic insomnia disorder in adults: an American Academy of Sleep Medicine systematic review, meta-analysis, and GRADE assessment. Journal of Clinical Sleep Medicine, 2021, 17, 263-298.	2.6	131
13	Predicting Treatment Adherence in Obstructive Sleep Apnea Using Principles of Behavior Change. Journal of Clinical Sleep Medicine, 2005, 01, 346-353.	2.6	127
14	Simulated driving performance following prolonged wakefulness and alcohol consumption: separate and combined contributions to impairment. Journal of Sleep Research, 2000, 9, 233-241.	3.2	126
15	Sleep Disturbance and Short Sleep as Risk Factors for Depression and Perceived Medical Errors in First-Year Residents. Sleep, 2017, 40, .	1.1	124
16	Cognitive-behavioral therapy for insomnia in alcohol dependent patients: A randomized controlled pilot trial. Behaviour Research and Therapy, 2011, 49, 227-233.	3.1	119
17	Examining the construct of depression in obstructive sleep apnea syndrome. Sleep Medicine, 2005, 6, 115-121.	1.6	116
18	How Early in Treatment is PAP Adherence Established? Revisiting Night-to-Night Variability. Behavioral Sleep Medicine, 2007, 5, 229-240.	2.1	111

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19	Clinical Management of Poor Adherence to CPAP: Motivational Enhancement. <i>Behavioral Sleep Medicine</i> , 2004, 2, 205-222.	2.1	109
20	Investigation of 2 Types of Self-administered Acupressure for Persistent Cancer-Related Fatigue in Breast Cancer Survivors. <i>JAMA Oncology</i> , 2016, 2, 1470.	7.1	90
21	Sleep Following Alcohol Intoxication in Healthy, Young Adults: Effects of Sex and Family History of Alcoholism. <i>Alcoholism: Clinical and Experimental Research</i> , 2011, 35, 870-878.	2.4	89
22	Treatment Options for Sleep Disturbances During Alcohol Recovery. <i>Journal of Addictive Diseases</i> , 2007, 26, 41-54.	1.3	86
23	An Open Pilot of Cognitive-Behavioral Therapy for Insomnia in Women with Postpartum Depression. <i>Behavioral Sleep Medicine</i> , 2013, 11, 297-307.	2.1	85
24	An open trial of cognitive-behavioral treatment for insomnia comorbid with alcohol dependence. <i>Sleep Medicine</i> , 2007, 8, 176-180.	1.6	83
25	Treating insomnia improves depression, maladaptive thinking, and hyperarousal in postmenopausal women: comparing cognitive-behavioral therapy for insomnia (CBTI), sleep restriction therapy, and sleep hygiene education. <i>Sleep Medicine</i> , 2019, 55, 124-134.	1.6	83
26	Randomized Controlled Trial of Telephone-Delivered Cognitive Behavioral Therapy for Chronic Insomnia. <i>Sleep</i> , 2013, 36, 353-362.	1.1	81
27	Intoxication With Bourbon Versus Vodka: Effects on Hangover, Sleep, and Next-Day Neurocognitive Performance in Young Adults. <i>Alcoholism: Clinical and Experimental Research</i> , 2010, 34, 509-518.	2.4	79
28	DSM-5 Insomnia and Short Sleep: Comorbidity Landscape and Racial Disparities. <i>Sleep</i> , 2016, 39, 2101-2111.	1.1	75
29	The acute effects of caffeinated versus non-caffeinated alcoholic beverage on driving performance and attention/reaction time. <i>Addiction</i> , 2011, 106, 335-341.	3.3	74
30	Perception of Sleep in Recovering Alcohol-Dependent Patients With Insomnia: Relationship With Future Drinking. <i>Alcoholism: Clinical and Experimental Research</i> , 2006, 30, 1992-1999.	2.4	73
31	The effects of COVID-19 stay-at-home order on sleep, health, and working patterns: a survey study of US health care workers. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 185-191.	2.6	71
32	A combined group treatment for nightmares and insomnia in combat veterans: A pilot study. <i>Journal of Traumatic Stress</i> , 2009, 22, 639-642.	1.8	67
33	Preliminary examination of the efficacy and safety of a standardized chamomile extract for chronic primary insomnia: A randomized placebo-controlled pilot study. <i>BMC Complementary and Alternative Medicine</i> , 2011, 11, 78.	3.7	67
34	Treating chronic insomnia in postmenopausal women: a randomized clinical trial comparing cognitive-behavioral therapy for insomnia, sleep restriction therapy, and sleep hygiene education. <i>Sleep</i> , 2019, 42, .	1.1	65
35	Brief Behavioral Therapies Reduce Early Positive Airway Pressure Discontinuation Rates in Sleep Apnea Syndrome: Preliminary Findings. <i>Behavioral Sleep Medicine</i> , 2007, 5, 89-104.	2.1	64
36	Motivational Enhancement to Improve Adherence to Positive Airway Pressure in Patients with Obstructive Sleep Apnea: A Randomized Controlled Trial. <i>Sleep</i> , 2013, 36, 1655-1662.	1.1	63

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37	Telemedicine versus face-to-face delivery of cognitive behavioral therapy for insomnia: a randomized controlled noninferiority trial. <i>Sleep</i> , 2021, 44, .	1.1	61
38	Predicting treatment adherence in obstructive sleep apnea using principles of behavior change. <i>Journal of Clinical Sleep Medicine</i> , 2005, 1, 346-53.	2.6	61
39	Identifying At-Risk Individuals for Insomnia Using the Ford Insomnia Response to Stress Test. <i>Sleep</i> , 2016, 39, 449-456.	1.1	59
40	Effects of Sleep, Physical Activity, and Shift Work on Daily Mood: a Prospective Mobile Monitoring Study of Medical Interns. <i>Journal of General Internal Medicine</i> , 2018, 33, 914-920.	2.6	58
41	Dim Light Melatonin Onset in Alcohol-Dependent Men and Women Compared with Healthy Controls. <i>Chronobiology International</i> , 2012, 29, 35-42.	2.0	52
42	The Impact of Sleep on Female Sexual Response and Behavior: A Pilot Study. <i>Journal of Sexual Medicine</i> , 2015, 12, 1221-1232.	0.6	50
43	The incidence and severity of hangover the morning after moderate alcohol intoxication. <i>Addiction</i> , 2008, 103, 758-765.	3.3	49
44	Reciprocal dynamics between self-rated sleep and symptoms of depression and anxiety in young adult women: a 14-day diary study. <i>Sleep Medicine</i> , 2017, 33, 6-12.	1.6	47
45	Neurophysiological correlates of suicidal ideation in major depressive disorder: Hyperarousal during sleep. <i>Journal of Affective Disorders</i> , 2017, 212, 160-166.	4.1	47
46	Effects of Heavy Drinking by Maritime Academy Cadets on Hangover, Perceived Sleep, and Next-Day Ship Power Plant Operation. <i>Journal of Studies on Alcohol and Drugs</i> , 2006, 67, 406-415.	2.3	45
47	Cognitive Behavioral Therapy for Insomnia in Alcohol-Dependent Veterans: A Randomized, Controlled Pilot Study. <i>Alcoholism: Clinical and Experimental Research</i> , 2019, 43, 1244-1253.	2.4	44
48	Comparative sensitivity of a simulated driving task to self-report, physiological, and other performance measures during prolonged wakefulness. <i>Journal of Psychosomatic Research</i> , 2005, 58, 61-71.	2.6	43
49	Time Series Analysis of Treatment Adherence Patterns in Individuals with Obstructive Sleep Apnea. <i>Annals of Behavioral Medicine</i> , 2008, 36, 44-53.	2.9	42
50	Improving Daytime Functioning, Work Performance, and Quality of Life in Postmenopausal Women With Insomnia: Comparing Cognitive Behavioral Therapy for Insomnia, Sleep Restriction Therapy, and Sleep Hygiene Education. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 999-1010.	2.6	36
51	Insomnia symptoms and short sleep predict anxiety and worry in response to stress exposure: a prospective cohort study of medical interns. <i>Sleep Medicine</i> , 2019, 55, 40-47.	1.6	36
52	Sleep homeostasis in alcohol-dependent, depressed and healthy control men. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2011, 261, 559-566.	3.2	33
53	Effects of a 3-Hour Sleep Delay on Sleep Homeostasis in Alcohol Dependent Adults. <i>Sleep</i> , 2012, 35, 273-278.	1.1	33
54	Sleep system sensitization: evidence for changing roles of etiological factors in insomnia. <i>Sleep Medicine</i> , 2016, 21, 63-69.	1.6	33

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55	Obstructive sleep apnea. <i>Sleep and Breathing</i> , 2013, 17, 811-817.	1.7	29
56	Prevalence and correlates of sleep-related problems in adults receiving medical cannabis for chronic pain. <i>Drug and Alcohol Dependence</i> , 2017, 180, 227-233.	3.2	29
57	Treatment effects on brain activity during a working memory task in obstructive sleep apnea. <i>Journal of Sleep Research</i> , 2009, 18, 404-410.	3.2	28
58	EFFECTS OF ACUTE SLEEP RESTRICTION ON BEHAVIOR, SUSTAINED ATTENTION, AND RESPONSE INHIBITION IN CHILDREN. <i>Perceptual and Motor Skills</i> , 2001, 93, 213.	1.3	28
59	Cognitive Behavioral Therapy for Chronic Insomnia: Confronting the Challenges to Implementation. <i>Annals of Internal Medicine</i> , 2016, 165, 149.	3.9	26
60	Relationships between circadian measures, depression, and response to antidepressant treatment: A preliminary investigation. <i>Psychiatry Research</i> , 2017, 252, 262-269.	3.3	23
61	Utility of the comprehensive marijuana motives questionnaire among medical cannabis patients. <i>Addictive Behaviors</i> , 2018, 76, 139-144.	3.0	23
62	Acupressure for persistent cancer-related fatigue in breast cancer survivors (AcuCrft): a study protocol for a randomized controlled trial. <i>BMC Complementary and Alternative Medicine</i> , 2012, 12, 132.	3.7	22
63	Employment and Drowsy Driving: A Survey of American Workers. <i>Behavioral Sleep Medicine</i> , 2012, 10, 250-257.	2.1	21
64	Impact of Self-Acupressure on Co-Occurring Symptoms in Cancer Survivors. <i>JNCI Cancer Spectrum</i> , 2018, 2, pky064.	2.9	21
65	An open-label pilot study of a home wearable light therapy device for postpartum depression. <i>Archives of Women's Mental Health</i> , 2018, 21, 583-586.	2.6	19
66	Insomnia Diagnosis, Assessment, and Evaluation. , 2017, , 785-793.e4.		16
67	Performance on a Dual Driving Simulation and Subtraction Task following Sleep Restriction. <i>Perceptual and Motor Skills</i> , 2004, 99, 739-753.	1.3	15
68	Group Cognitive-Behavioral Therapy for Insomnia in a VA Mental Health Clinic. <i>Cognitive and Behavioral Practice</i> , 2008, 15, 426-434.	1.5	15
69	Effects of caffeinated vs. non-caffeinated alcoholic beverage on next-day hangover incidence and severity, perceived sleep quality, and alertness. <i>Addictive Behaviors</i> , 2014, 39, 329-332.	3.0	15
70	Cognitive Behavioral Therapy for Insomnia in Patients with Medical and Psychiatric Comorbidities. <i>Sleep Medicine Clinics</i> , 2019, 14, 167-175.	2.6	14
71	Evaluation of the Insomnia Patient. <i>Sleep Medicine Clinics</i> , 2006, 1, 319-332.	2.6	13
72	Sleep disturbances as predictors of prolonged exposure therapy effectiveness among veterans with PTSD. <i>Psychiatry Research</i> , 2017, 256, 118-123.	3.3	13

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73	Modified Cognitive Behavioral Therapy for Insomnia in Depressed Adolescents: A Pilot Study. Behavioral Sleep Medicine, 2019, 17, 99-111.	2.1	11
74	A Pilot Study on Adolescents With Depression and Insomnia: Qualitative Findings From Focus Groups. Behavioral Sleep Medicine, 2017, 15, 22-38.	2.1	10
75	Effects of Restricted Time in Bed on Antidepressant Treatment Response. Journal of Clinical Psychiatry, 2016, 77, e1218-e1225.	2.2	8
76	PROMIS®, of Improved Tools for Assessing Sleep and Wake Function: Commentary on "Development of Short Forms from the PROMIS®, Sleep Disturbance and Sleep-Related Impairment Item Banks" Behavioral Sleep Medicine, 2012, 10, 25-27.	2.1	7
77	Management of Insomnia in Patients with Alcohol Use Disorder. Current Sleep Medicine Reports, 2017, 3, 38-47.	1.4	7
78	Associations between Self-Reported Daily Affect Ratings and Sleep Duration during the First Two Weeks of Antidepressant Therapy. Behavioral Sleep Medicine, 2021, 19, 1-11.	2.1	4
79	Risk of excessive sleepiness in sleep restriction therapy and cognitive behavioral therapy for insomnia: a randomized controlled trial. Journal of Clinical Sleep Medicine, 2020, 16, 193-198.	2.6	4
80	Telemedicine-delivered cognitive-behavioral therapy for insomnia in alcohol use disorder (AUD): study protocol for a randomized controlled trial. Trials, 2022, 23, 59.	1.6	4
81	0363 Efficacy of Cognitive Behavioral Therapy Delivered via Telemedicine vs. Face-to-Face: Preliminary Results from a Randomized Controlled Non-Inferiority Trial. Sleep, 2019, 42, A148-A148.	1.1	3
82	Sleep and Substance Use Disorders. , 2012, , .		3
83	0359 EFFICACY OF BEHAVIORAL INSOMNIA TREATMENT ON POST-MENOPAUSAL QUALITY OF LIFE. Sleep, 2017, 40, A133-A134.	1.1	2
84	Insomnia as a Moderator of Response to Time in Bed Restriction for Augmenting Antidepressant Treatment: A Preliminary Investigation. Behavioral Sleep Medicine, 2018, 16, 315-324.	2.1	2
85	Protocol for the Project SAVE randomised controlled trial examining CBT for insomnia among veterans in treatment for alcohol use disorder. BMJ Open, 2021, 11, e045667.	1.9	2
86	A Dozen Years of American Academy of Sleep Medicine (AASM) International Mini-Fellowship: Program Evaluation and Future Directions. Journal of Clinical Sleep Medicine, 2014, 10, 331-334.	2.6	2
87	Overlooking insomnia in a depressed patient can interfere with effective treatment for the mood disorder. , 0, , 168-173.		1
88	0364 Comparison of Therapeutic Alliance for Telemedicine vs. Face-to-Face Delivered Cognitive Behavioral Therapy for Insomnia: Preliminary Results. Sleep, 2019, 42, A148-A149.	1.1	1
89	Sleep and substance use and abuse. , 0, , 341-352.		1
90	A Qualitative Study of Sleep and Mood in Postpartum Women. The Open Sleep Journal, 2013, 6, 98-103.	0.4	1

#	ARTICLE	IF	CITATIONS
91	Sleep in substance use disorders. , 0, , 314-329.		1
92	SLEEP-L: an electronic forum for the sleep community. Sleep Medicine, 2003, 4, 465-466.	1.6	0
93	Insomnia websites. Sleep Medicine, 2005, 6, 371-373.	1.6	0
94	Neurobehavioral Performance of Residents After Heavy Night Call vs After Alcohol Ingestion. Obstetrical and Gynecological Survey, 2006, 61, 17-19.	0.4	0
95	Mechanisms of sleepiness in obstructive sleep apnea. , 2011, , 192-204.		0
96	A sleep study is often unnecessary in a patient with chronic insomnia. , 0, , 157-163.		0
97	The option of cognitive behavioral therapy should not be ignored simply because a patient has medical reasons for insomnia. , 0, , 178-184.		0
98	Assessment and Management of Insomnia. , 2015, , 113-132.		0
99	Substance-related disorders and sleep. , 2021, , .		0
100	A preliminary study on the relationship between sleep, depression and cardiovascular dysfunction in a 4 sample population. IJC Heart and Vasculature, 2021, 35, 100814.	1.1	0
101	Substance-Induced Insomnia. Medical Psychiatry, 2010, , 165-180.	0.2	0
102	Abstract PD4-06: Acupressure for persistent fatigue in breast cancer survivors. , 2016, , .		0
103	Behavioral treatment for chronic insomnia. Medicine and Health, Rhode Island, 2002, 85, 90-4.	0.1	0
104	0686 Cognitive Behavioral Therapy for Insomnia to Reduce Cannabis Use: Results from a Pilot Randomized Controlled Trial. Sleep, 2022, 45, A300-A301.	1.1	0