

Harri O HemilÃ¸

List of Publications by Year in descending order

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137
papers

3,752
citations

136950

32
h-index

149698

56
g-index

146
all docs

146
docs citations

146
times ranked

3170
citing authors

#	ARTICLE	IF	CITATIONS
1	Vitamin C for preventing and treating the common cold. The Cochrane Library, 2013, 2013, CD000980.	2.8	450
2	Vitamin C and Infections. Nutrients, 2017, 9, 339.	4.1	315
3	Vitamin C Can Shorten the Length of Stay in the ICU: A Meta-Analysis. Nutrients, 2019, 11, 708.	4.1	183
4	Vitamin C and the common cold. British Journal of Nutrition, 1992, 67, 3-16.	2.3	117
5	Vitamin C for preventing and treating pneumonia. The Cochrane Library, 2013, 2013, CD005532.	2.8	113
6	Vitamin C may reduce the duration of mechanical ventilation in critically ill patients: a meta-regression analysis. Journal of Intensive Care, 2020, 8, 15.	2.9	103
7	Vitamin C intake and susceptibility to pneumonia. Pediatric Infectious Disease Journal, 1997, 16, 836-837.	2.0	97
8	Vitamin C for preventing and treating the common cold. , 2007, , CD000980.		89
9	Vitamin C intake and susceptibility to the common cold. British Journal of Nutrition, 1997, 77, 59-72.	2.3	86
10	Activated polymorphonuclear leucocytes consume vitamin C. FEBS Letters, 1984, 178, 25-30.	2.8	85
11	Vitamin C and SARS coronavirus. Journal of Antimicrobial Chemotherapy, 2003, 52, 1049-1050.	3.0	82
12	Vitamin E and Beta-Carotene Supplementation and Hospital-Treated Pneumonia Incidence in Male Smokers. Chest, 2004, 125, 557-565.	0.8	77
13	Modification of the Effect of Vitamin E Supplementation on the Mortality of Male Smokers by Age and Dietary Vitamin C. American Journal of Epidemiology, 2009, 169, 946-953.	3.4	75
14	Zinc lozenges and the common cold: a meta-analysis comparing zinc acetate and zinc gluconate, and the role of zinc dosage. JRSM Open, 2017, 8, 205427041769429.	0.5	75
15	Vitamin C for preventing atrial fibrillation in high risk patients: a systematic review and meta-analysis. BMC Cardiovascular Disorders, 2017, 17, 49.	1.7	73
16	Zinc Lozenges May Shorten the Duration of Colds: A Systematic Review. Open Respiratory Medicine Journal, 2011, 5, 51-58.	0.4	73
17	Vitamin E administration may decrease the incidence of pneumonia in elderly males. Clinical Interventions in Aging, 2016, Volume 11, 1379-1385.	2.9	70
18	Does Vitamin C Alleviate the Symptoms of the Common Cold? - A Review of Current Evidence. Scandinavian Journal of Infectious Diseases, 1994, 26, 1-6.	1.5	69

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19	Vitamin C supplementation and common cold symptoms: Problems with inaccurate reviews. <i>Nutrition</i> , 1996, 12, 804-809.	2.4	58
20	Vitamin E may affect the life expectancy of men, depending on dietary vitamin C intake and smoking. <i>Age and Ageing</i> , 2011, 40, 215-220.	1.6	53
21	Vitamin C, Vitamin E, and Beta-Carotene in Relation to Common Cold Incidence in Male Smokers. <i>Epidemiology</i> , 2002, 13, 32-37.	2.7	52
22	The Effect of Vitamin E on Common Cold Incidence Is Modified by Age, Smoking and Residential Neighborhood. <i>Journal of the American College of Nutrition</i> , 2006, 25, 332-339.	1.8	52
23	Vitamin C Supplementation and Respiratory Infections: a Systematic Review. <i>Military Medicine</i> , 2004, 169, 920-925.	0.8	46
24	Vitamin C, the placebo effect, and the common cold: A case study of how preconceptions influence the analysis of results. <i>Journal of Clinical Epidemiology</i> , 1996, 49, 1079-1084.	5.0	45
25	Vitamin C may alleviate exercise-induced bronchoconstriction: a meta-analysis. <i>BMJ Open</i> , 2013, 3, e002416.	1.9	44
26	Physical Activity and the Common Cold in Men Administered Vitamin E and β -Carotene. <i>Medicine and Science in Sports and Exercise</i> , 2003, 35, 1815-1820.	0.4	39
27	Zinc Acetate Lozenges May Improve the Recovery Rate of Common Cold Patients: An Individual Patient Data Meta-Analysis. <i>Open Forum Infectious Diseases</i> , 2017, 4, ofx059.	0.9	39
28	Vitamin E supplementation may transiently increase tuberculosis risk in males who smoke heavily and have high dietary vitamin C intake. <i>British Journal of Nutrition</i> , 2008, 100, 896-902.	2.3	38
29	Vitamin C as a Possible Therapy for COVID-19. <i>Infection and Chemotherapy</i> , 2020, 52, 222.	2.3	36
30	Vitamin C and plasma cholesterol. <i>Critical Reviews in Food Science and Nutrition</i> , 1992, 32, 33-57.	10.3	35
31	Vitamin E supplementation and pneumonia risk in males who initiated smoking at an early age: effect modification by body weight and dietary vitamin C. <i>Nutrition Journal</i> , 2008, 7, 33.	3.4	35
32	Vitamin C for Preventing and Treating the Common Cold. <i>PLoS Medicine</i> , 2005, 2, e168.	8.4	34
33	Nucleotide sequence of the secY gene from <i>Lactococcus lactis</i> and identification of conserved regions by comparison of four SecY proteins. <i>FEBS Letters</i> , 1991, 288, 114-118.	2.8	32
34	Vitamin C may affect lung infections. <i>Journal of the Royal Society of Medicine</i> , 2007, 100, 495-498.	2.0	31
35	Vitamin C, respiratory infections and the immune system. <i>Trends in Immunology</i> , 2003, 24, 579-580.	6.8	30
36	Zinc acetate lozenges for treating the common cold: an individual patient data meta-analysis. <i>British Journal of Clinical Pharmacology</i> , 2016, 82, 1393-1398.	2.4	30

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37	Physical Activity and the Risk of Pneumonia in Male Smokers Administered Vitamin E and β -Carotene. <i>International Journal of Sports Medicine</i> , 2006, 27, 336-341.	1.7	29
38	The effect of vitamin C on upper respiratory infections in adolescent swimmers: a randomized trial. <i>European Journal of Pediatrics</i> , 2011, 170, 59-63.	2.7	28
39	Vitamin C May Increase the Recovery Rate of Outpatient Cases of SARS-CoV-2 Infection by 70%: Reanalysis of the COVID A to Z Randomized Clinical Trial. <i>Frontiers in Immunology</i> , 2021, 12, 674681.	4.8	28
40	Vitamin C and common cold-induced asthma: a systematic review and statistical analysis. <i>Allergy, Asthma and Clinical Immunology</i> , 2013, 9, 46.	2.0	26
41	Vitamin D Supplementation and Upper Respiratory Tract Infections in Adolescent Swimmers: A Randomized Controlled Trial. <i>Pediatric Exercise Science</i> , 2015, 27, 113-119.	1.0	26
42	The effectiveness of high dose zinc acetate lozenges on various common cold symptoms: a meta-analysis. <i>BMC Family Practice</i> , 2015, 16, 24.	2.9	26
43	Vitamin C and COVID-19. <i>Frontiers in Medicine</i> , 2020, 7, 559811.	2.6	26
44	Subgroup analysis of large trials can guide further research: a case study of vitamin E and pneumonia. <i>Clinical Epidemiology</i> , 2011, 3, 51.	3.0	25
45	Reanalysis of the Effect of Vitamin C on Mortality in the CITRIS-ALI Trial: Important Findings Dismissed in the Trial Report. <i>Frontiers in Medicine</i> , 2020, 7, 590853.	2.6	24
46	Vitamin C for preventing and treating pneumonia. , 2007, , CD005532.		21
47	Maternal use of selective serotonin reuptake inhibitors during pregnancy and neonatal bone density. <i>Early Human Development</i> , 2012, 88, 191-194.	1.8	20
48	The effect of vitamin C on bronchoconstriction and respiratory symptoms caused by exercise: a review and statistical analysis. <i>Allergy, Asthma and Clinical Immunology</i> , 2014, 10, 58.	2.0	20
49	Vitamin C and sex differences in respiratory tract infections. <i>Respiratory Medicine</i> , 2008, 102, 625-626.	2.9	17
50	Zinc acetate lozenges for the treatment of the common cold: a randomised controlled trial. <i>BMJ Open</i> , 2020, 10, e031662.	1.9	17
51	Assessment of blinding may be inappropriate after the trial. <i>Contemporary Clinical Trials</i> , 2005, 26, 512-514.	1.8	15
52	Vitamin C for preventing and treating tetanus. <i>The Cochrane Library</i> , 2013, , CD006665.	2.8	15
53	Carrageenan nasal spray may double the rate of recovery from coronavirus and influenza virus infections: Reanalysis of randomized trial data. <i>Pharmacology Research and Perspectives</i> , 2021, 9, e00810.	2.4	15
54	To the dissent by Thomas Chalmers. <i>Journal of Clinical Epidemiology</i> , 1996, 49, 1087.	5.0	14

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55	Nutritional need versus optimal intake. <i>Medical Hypotheses</i> , 1984, 14, 135-139.	1.5	13
56	Duration of the common cold and similar continuous outcomes should be analyzed on the relative scale: a case study of two zinc lozenge trials. <i>BMC Medical Research Methodology</i> , 2017, 17, 82.	3.1	13
57	High-Dosage Vitamin E Supplementation and All-Cause Mortality. <i>Annals of Internal Medicine</i> , 2005, 143, 151.	3.9	12
58	A re-evaluation of nutritional goals -not just deficiency counts. <i>Medical Hypotheses</i> , 1986, 20, 17-27.	1.5	11
59	Vitamin C and Community-acquired Pneumonia. <i>American Journal of Respiratory and Critical Care Medicine</i> , 2011, 184, 621-622.	5.6	11
60	Vitamin C May Improve Left Ventricular Ejection Fraction: A Meta-Analysis. <i>Frontiers in Cardiovascular Medicine</i> , 2022, 9, 789729.	2.4	10
61	Is there a biochemical basis for "nutrient need"? <i>Trends in Food Science and Technology</i> , 1991, 2, 73.	15.1	9
62	Can CAM treatments be evidence-based?. <i>Focus on Alternative and Complementary Therapies</i> , 2014, 19, 84-89.	0.1	9
63	Impure placebo is a useless concept. <i>Theoretical Medicine and Bioethics</i> , 2015, 36, 279-289.	0.8	9
64	Vitamin E and the risk of pneumonia: using the I2 statistic to quantify heterogeneity within a controlled trial. <i>British Journal of Nutrition</i> , 2016, 116, 1530-1536.	2.3	9
65	The effect of Î²-carotene on the mortality of male smokers is modified by smoking and by vitamins C and E: evidence against a uniform effect of nutrient. <i>Journal of Nutritional Science</i> , 2020, 9, e11.	1.9	9
66	Vitamin C and asthma in children: modification of the effect by age, exposure to dampness and the severity of asthma. <i>Clinical and Translational Allergy</i> , 2011, 1, 9.	3.2	8
67	Analysis of clinical data with breached blindness by Shein-Chung Chow and Jun Shao, <i>Statistics in Medicine</i> 2004;23:1185-1193. <i>Statistics in Medicine</i> , 2006, 25, 1434-1437.	1.6	7
68	Vitamin C Should Be Tested against Exercise-induced Bronchoconstriction. <i>American Journal of Respiratory and Critical Care Medicine</i> , 2013, 188, 1370-1370.	5.6	7
69	Zinc for preventing and treating the common cold. <i>The Cochrane Library</i> , 0, , .	2.8	7
70	Vitamin E and Respiratory Tract Infections in Elderly Persons. <i>JAMA - Journal of the American Medical Association</i> , 2004, 292, 2834.	7.4	6
71	Potential harm of vitamin E supplementation. <i>American Journal of Clinical Nutrition</i> , 2005, 82, 1141-1142.	4.7	6
72	Echinacea, Vitamin C, the Common Cold, and Blinding. <i>Clinical Infectious Diseases</i> , 2005, 41, 762-763.	5.8	6

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73	VITAMIN E SUPPLEMENTATION AND RESPIRATORY INFECTIONS IN OLDER PEOPLE. Journal of the American Geriatrics Society, 2007, 55, 1311-1313.	2.6	6
74	Vitamin C for preventing and treating tetanus. , 2008, , CD006665.		6
75	The effect of β -carotene on common cold incidence is modified by age and smoking: evidence against a uniform effect in a nutrient–disease relationship. Nutrition and Dietary Supplements, 0, , 117.	0.7	6
76	Many continuous variables such as the duration of the common cold should be analyzed using the relative scale. Journal of Clinical Epidemiology, 2016, 78, 128-129.	5.0	6
77	Effect of β -Carotene Supplementation on the Risk of Pneumonia Is Heterogeneous in Males: Effect Modification by Cigarette Smoking. Journal of Nutritional Science and Vitaminology, 2018, 64, 374-378.	0.6	6
78	Commentary: The Long History of Vitamin C: From Prevention of the Common Cold to Potential Aid in the Treatment of COVID-19. Frontiers in Immunology, 2021, 12, 659001.	4.8	6
79	Blood donation, body iron stores, and risk of myocardial infarction. BMJ: British Medical Journal, 1997, 314, 1830-1830.	2.3	6
80	Bias against Vitamin C in Mainstream Medicine: Examples from Trials of Vitamin C for Infections. Life, 2022, 12, 62.	2.4	6
81	Vitamin C and lowering of blood pressure: need for intervention trials?. Journal of Hypertension, 1991, 9, 1076-1078.	0.5	5
82	Vitamin E is likely to affect mortality even at low doses. Clinical Trials, 2009, 6, 392-393.	1.6	5
83	Predicting the incidence of human campylobacteriosis in Finland with time series analysis. Apmis, 2009, 117, 614-622.	2.0	5
84	Vitamin supplements and mortality in older people. American Journal of Clinical Nutrition, 2013, 98, 502-512.	4.7	5
85	Meta-analysis on vitamin C and the common cold in children may be misleading. European Journal of Clinical Pharmacology, 2019, 75, 1747-1748.	1.9	5
86	Many continuous variables should be analyzed using the relative scale: a case study of β 2-agonists for preventing exercise-induced bronchoconstriction. Systematic Reviews, 2019, 8, 282.	5.3	5
87	Vitamin C and zinc lozenges for COVID-19?. Journal of the American Pharmacists Association: JAPhA, 2021, 61, e39.	1.5	5
88	Antioxidant Supplements and Mortality. JAMA - Journal of the American Medical Association, 2007, 298, 401; author reply 402-3.	7.4	4
89	Commentaries on "Vitamin C for preventing and treating the common cold"™ with responses from the review author. Evidence-Based Child Health: A Cochrane Review Journal, 2008, 3, 723-728.	2.0	4
90	Vitamin C and exercise-induced bronchoconstriction in athletes. Journal of Allergy and Clinical Immunology, 2009, 123, 274-275.	2.9	4

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91	The Effect of Vitamin C on the Common Cold. <i>Journal of Pharmacy Practice</i> , 2011, 24, 241-242.	1.0	4
92	Clinical use of placebo treatments may undermine the trust of patients: a response to Gold and Lichtenberg. <i>Journal of Medical Ethics</i> , 2014, 40, 787-788.	1.8	4
93	Common Cold Treatment Using Zinc. <i>JAMA - Journal of the American Medical Association</i> , 2015, 314, 730.	7.4	4
94	Publication bias in meta-analysis of ascorbic acid for postoperative atrial fibrillation. <i>American Journal of Health-System Pharmacy</i> , 2017, 74, 372-373.	1.0	4
95	Commentary: Vitamin C supplementation for prevention and treatment of pneumonia. <i>Frontiers in Medicine</i> , 2020, 7, 595988.	2.6	4
96	Letter to the Editor. <i>Nutrition Reviews</i> , 2006, 64, 476-477.	5.8	3
97	Exercise, Vitamins and Respiratory Tract Infections. <i>American Journal of Medicine</i> , 2007, 120, e17.	1.5	3
98	Vitamin E supplementation may transiently increase tuberculosis risk in males who smoke heavily and have high dietary vitamin C intake – reply by Hemilä & Kaprio. <i>British Journal of Nutrition</i> , 2009, 101, 146-147.	2.3	3
99	Randomised trials on vitamin C. <i>British Journal of Nutrition</i> , 2011, 105, 485-487.	2.3	3
100	Vitamin C and asthma. <i>Journal of Allergy and Clinical Immunology</i> , 2014, 134, 1216.	2.9	3
101	Thomas Chalmers, vitamin C and the common cold. <i>Journal of the Royal Society of Medicine</i> , 2016, 109, 46-46.	2.0	3
102	Vitamin C in Clinical Therapeutics. <i>Clinical Therapeutics</i> , 2017, 39, 2110-2112.	2.5	3
103	Vitamin C for Cardiac Surgery Patients: Several Errors in a Published Meta-Analysis. Comment on “Effects of Vitamin C on Organ Function in Cardiac Surgery Patients: A Systematic Review and Meta-Analysis. <i>Nutrients</i> 2019, 11, 2103” <i>Nutrients</i> , 2020, 12, 586.	4.1	3
104	Vitamin E and Mortality in Male Smokers of the ATBC Study: Implications for Nutritional Recommendations. <i>Frontiers in Nutrition</i> , 2020, 7, 36.	3.7	3
105	Quantile Treatment Effect of Zinc Lozenges on Common Cold Duration: A Novel Approach to Analyze the Effect of Treatment on Illness Duration. <i>Frontiers in Pharmacology</i> , 2022, 13, 817522.	3.5	3
106	Assessment of vitamin C effects on pneumonia and COVID-19 using Mendelian randomization: analysis may be misleading. <i>European Journal of Clinical Nutrition</i> , 2022, 76, 1347-1348.	2.9	3
107	VITAMIN C, NEUTROPHILS AND THE SYMPTOMS OF THE COMMON COLD. <i>Pediatric Infectious Disease Journal</i> , 1992, 11, 779.	2.0	2
108	RE: "BIAS IN CLINICAL INTERVENTION RESEARCH". <i>American Journal of Epidemiology</i> , 2007, 165, 1219-1219.	3.4	2

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109	Small trials focusing on surrogate end points may be uninformative. <i>European Journal of Applied Physiology</i> , 2007, 99, 707-708.	2.5	2
110	Vitamin C for the common cold should not be rejected on the basis of old and erroneous articles. <i>Journal of Allergy and Clinical Immunology</i> , 2009, 124, 859.	2.9	2
111	Random-Effects Assumption in Meta-analyses. <i>JAMA - Journal of the American Medical Association</i> , 2019, 322, 81.	7.4	2
112	Comment on "Therapeutic target and molecular mechanism of vitamin C-treated pneumonia: a systematic study of network pharmacology" by R. Li, C. Guo, Y. Li, X. Liang, L. Yang and W. Huang, <i>Food Funct.</i> , 2020, 11, 4765. <i>Food and Function</i> , 2021, 12, 1371-1372.	4.6	2
113	Vitamin C, cholesterol, and the nutritional recommendations. <i>American Journal of Cardiology</i> , 1993, 71, 503-504.	1.6	1
114	Letter to the Editor. <i>Journal of Parenteral and Enteral Nutrition</i> , 2009, 33, 447-448.	2.6	1
115	Vitamin D Level, Respiratory Tract Infections, and Controlled Trials. <i>Archives of Internal Medicine</i> , 2009, 169, 1443.	3.8	1
116	Evidence-based medicine and the role of antioxidants in physically stressed people. <i>Nutrition Reviews</i> , 2009, 67, 61-63.	5.8	1
117	Vitamin C and the treatment of tetanus. <i>Annals of African Medicine</i> , 2010, 9, 108.	0.5	1
118	Zinc lozenges may shorten common cold duration. <i>Expert Review of Respiratory Medicine</i> , 2012, 6, 253-254.	2.5	1
119	Exercise, Antioxidants, and the Risk for Pneumonia. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 668.	0.4	1
120	Zinc lozenges and vitamin C for the common cold are not examples of placebo effect in action. <i>Journal of Clinical Epidemiology</i> , 2015, 68, 1524-1525.	5.0	1
121	Vitamins E and C May Differ in Their Effect on Contrast-Induced Acute Kidney Injury. <i>American Journal of Kidney Diseases</i> , 2017, 69, 708-709.	1.9	1
122	Letter: Comparison of different vitamin E forms is confounded by heterogeneity in vitamin E effects. <i>Nutrition Reviews</i> , 2018, 76, 722-723.	5.8	1
123	Errors in a meta-analysis on vitamin C and post-operative atrial fibrillation. <i>International Journal of Surgery</i> , 2019, 64, 66.	2.7	1
124	Cochrane has not consistently followed the COPE guidelines. <i>European Journal of Clinical Investigation</i> , 2020, 50, e13216.	3.4	1
125	Vitamins and minerals. , 2009, , 275-307.		1
126	OUP accepted manuscript. <i>European Journal of Preventive Cardiology</i> , 2022, , .	1.8	1

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127	Vitamin C and the risk of atrial fibrillation: Mendelian randomization study may be misleading. <i>Clinical Nutrition</i> , 2022, , .	5.0	1
128	Allocation concealment and blinding: when ignorance is bliss. <i>Medical Journal of Australia</i> , 2005, 183, 165-166.	1.7	0
129	The Protective Effect of Vitamins A and C on Endotoxin-Induced Oxidative Renal Tissue Damage in Rats. <i>Tohoku Journal of Experimental Medicine</i> , 2006, 208, 99-100.	1.2	0
130	Evidence-based medicine and vitamin E supplementation. <i>American Journal of Clinical Nutrition</i> , 2007, 86, 261-262.	4.7	0
131	Conclusions about intervention effects should not be based on surrogate end points. <i>Free Radical Biology and Medicine</i> , 2007, 42, 578-578.	2.9	0
132	Vitamin and Mineral Supplements in the Primary Prevention of Cardiovascular Disease and Cancer. <i>Annals of Internal Medicine</i> , 2014, 160, 655.	3.9	0
133	The Effect of Vitamin E on Mortality Is Not Uniform across the Population. <i>Journal of Nutritional Science and Vitaminology</i> , 2014, 60, 455-456.	0.6	0
134	Vitamin E May Protect Against Contrast-Induced Acute Kidney Injury. <i>Journal of the American College of Cardiology</i> , 2017, 69, 1878.	2.8	0
135	Erroneous calculation of sample size in a vitamin C and atrial fibrillation trial. <i>Journal of Cardiology</i> , 2017, 69, 895.	1.9	0
136	Does Exercise Prevent the Common Cold?. <i>Korean Journal of Family Medicine</i> , 2014, 35, 259.	1.2	0
137	Benefit of OTC Formula Against COVID-19 Is Explained by Selection Bias. <i>Journal of Evidence-based Integrative Medicine</i> , 2021, 26, 2515690X2110584.	2.6	0