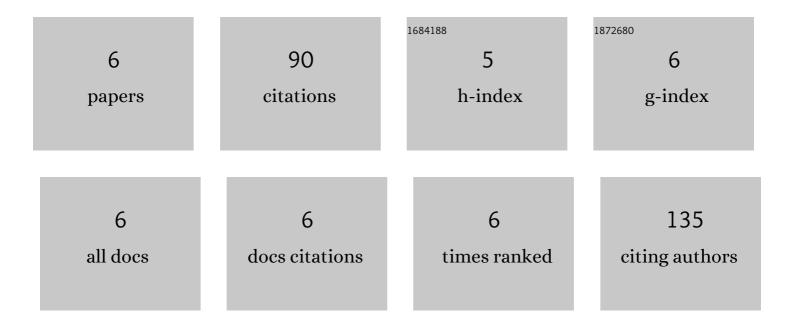
Rikard Sunnhed

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/462583/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	Are Changes in Worry Associated with Treatment Response in Cognitive Behavioral Therapy for Insomnia?. Cognitive Behaviour Therapy, 2014, 43, 1-11.	3.5	21
2	Cognitive Arousal, Unhelpful Beliefs and Maladaptive Sleep Behaviors as Mediators in Cognitive Behavior Therapy for Insomnia: A Quasi-Experimental Study. Cognitive Therapy and Research, 2015, 39, 841-852.	1.9	19
3	Don't worry, be constructive: A randomized controlled feasibility study comparing behaviour therapy singly and combined with constructive worry for insomnia. British Journal of Clinical Psychology, 2012, 51, 142-157.	3.5	17
4	Comparing internet-delivered cognitive therapy and behavior therapy with telephone support for insomnia disorder: a randomized controlled trial. Sleep, 2020, 43, .	1.1	17
5	Symptom-specific effects of cognitive therapy and behavior therapy for insomnia: A network intervention analysis Journal of Consulting and Clinical Psychology, 2021, 89, 364-370.	2.0	13
6	Psychometric Properties of Two Brief Versions of Cognitive, Insomnia-Specific Measures: The Anxiety and Preoccupation About Sleep Questionnaire and the Sleep-Associated Monitoring Index. Psychological Reports, 2020, 123, 966-982.	1.7	3