

# Rikard Sunnhed

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/462583/publications.pdf>

Version: 2024-02-01

6  
papers

90  
citations

1684188

5  
h-index

1872680

6  
g-index

6  
all docs

6  
docs citations

6  
times ranked

135  
citing authors

#	ARTICLE	IF	CITATIONS
1	Are Changes in Worry Associated with Treatment Response in Cognitive Behavioral Therapy for Insomnia?. <i>Cognitive Behaviour Therapy</i> , 2014, 43, 1-11.	3.5	21
2	Cognitive Arousal, Unhelpful Beliefs and Maladaptive Sleep Behaviors as Mediators in Cognitive Behavior Therapy for Insomnia: A Quasi-Experimental Study. <i>Cognitive Therapy and Research</i> , 2015, 39, 841-852.	1.9	19
3	Don't worry, be constructive: A randomized controlled feasibility study comparing behaviour therapy singly and combined with constructive worry for insomnia. <i>British Journal of Clinical Psychology</i> , 2012, 51, 142-157.	3.5	17
4	Comparing internet-delivered cognitive therapy and behavior therapy with telephone support for insomnia disorder: a randomized controlled trial. <i>Sleep</i> , 2020, 43, .	1.1	17
5	Symptom-specific effects of cognitive therapy and behavior therapy for insomnia: A network intervention analysis.. <i>Journal of Consulting and Clinical Psychology</i> , 2021, 89, 364-370.	2.0	13
6	Psychometric Properties of Two Brief Versions of Cognitive, Insomnia-Specific Measures: The Anxiety and Preoccupation About Sleep Questionnaire and the Sleep-Associated Monitoring Index. <i>Psychological Reports</i> , 2020, 123, 966-982.	1.7	3