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List of Publications by Year in descending order

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88 papers

3,817 citations

28 h-index 133252 59 g-index

92 all docs 92 docs citations

times ranked

92

6452 citing authors

#	Article	IF	CITATIONS
1	An altered microbiota pattern precedes Type 2 diabetes mellitus development: From the CORDIOPREV study. Journal of Advanced Research, 2022, 35, 99-108.	9.5	22
2	A plasma fatty acid profile associated to type 2 diabetes development: from the CORDIOPREV study. European Journal of Nutrition, 2022, 61, 843-857.	3.9	4
3	Chronodisruption and diet associated with increased cardiometabolic risk in coronary heart disease patients: the CORDIOPREV study. Translational Research, 2022, 242, 79-92.	5.0	15
4	Diabetes Remission Is Modulated by Branched Chain Amino Acids According to the Diet Consumed: From the CORDIOPREV Study. Molecular Nutrition and Food Research, 2022, 66, e2100652.	3.3	2
5	Educational strategy to improve cardiovascular health and mitigate food insecurity: Rationale for the E-DUCASS program. Spanish Journal of Medicine, 2022, 2, .	0.1	2
6	Long-term consumption of a mediterranean diet or a low-fat diet on kidney function in coronary heart disease patients: The CORDIOPREV randomized controlled trial. Clinical Nutrition, 2022, 41, 552-559.	5.0	23
7	Long-term effect of a dietary intervention with two-healthy dietary approaches on food intake and nutrient density in coronary patients: results from the CORDIOPREV trial. European Journal of Nutrition, 2022, 61, 3019-3036.	3.9	6
8	Long-term secondary prevention of cardiovascular disease with a Mediterranean diet and a low-fat diet (CORDIOPREV): a randomised controlled trial. Lancet, The, 2022, 399, 1876-1885.	13.7	169
9	High density lipoprotein subfractions and extent of coronary atherosclerotic lesions: From the cordioprev study. Clinica Chimica Acta, 2022, 533, 89-95.	1.1	1
10	Reduction in Circulating Advanced Glycation End Products by Mediterranean Diet Is Associated with Increased Likelihood of Type 2 Diabetes Remission in Patients with Coronary Heart Disease: From the Cordioprev Study. Molecular Nutrition and Food Research, 2021, 65, e1901290.	3.3	31
11	MiRNAs profile as biomarkers of nutritional therapy for the prevention of type 2 diabetes mellitus: From the CORDIOPREV study. Clinical Nutrition, 2021, 40, 1028-1038.	5.0	21
12	A set of miRNAs predicts T2DM remission in patients with coronary heart disease: from the CORDIOPREV study. Molecular Therapy - Nucleic Acids, 2021, 23, 255-263.	5.1	9
13	miR-223-3p as a potential biomarker and player for adipose tissue dysfunction preceding type 2 diabetes onset. Molecular Therapy - Nucleic Acids, 2021, 23, 1035-1052.	5.1	35
14	Association between cholesterol efflux capacity and peripheral artery disease in coronary heart disease patients with and without type 2 diabetes: from the CORDIOPREV study. Cardiovascular Diabetology, 2021, 20, 72.	6.8	7
15	A microbiotaâ€based predictive model for type 2 diabetes remission induced by dietary intervention: From the CORDIOPREV study. Clinical and Translational Medicine, 2021, 11, e326.	4.0	3
16	Quality and Quantity of Protein Intake Influence Incidence of Type 2 Diabetes Mellitus in Coronary Heart Disease Patients: From the CORDIOPREV Study. Nutrients, 2021, 13, 1217.	4.1	10
17	Calcifediol Treatment and Hospital Mortality Due to COVID-19: A Cohort Study. Nutrients, 2021, 13, 1760.	4.1	71
18	Coenzyme Q10 and Cardiovascular Diseases. Antioxidants, 2021, 10, 906.	5.1	36

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19	Beta cell functionality and hepatic insulin resistance are major contributors to type 2 diabetes remission and starting pharmacological therapy: from CORDIOPREV randomized controlled trial. Translational Research, 2021, 238, 12-24.	5.0	10
20	Owning a Pet Is Associated with Changes in the Composition of Gut Microbiota and Could Influence the Risk of Metabolic Disorders in Humans. Animals, 2021, 11, 2347.	2.3	3
21	Mediterranean Diet Reduces Atherosclerosis Progression in Coronary Heart Disease: An Analysis of the CORDIOPREV Randomized Controlled Trial. Stroke, 2021, 52, 3440-3449.	2.0	56
22	Influence of dietary intervention on microvascular endothelial function in coronary patients and atherothrombotic risk of recurrence. Scientific Reports, 2021, 11, 20301.	3.3	5
23	Evolution of Metabolic Phenotypes of Obesity in Coronary Patients after 5 Years of Dietary Intervention: From the CORDIOPREV Study. Nutrients, 2021, 13, 4046.	4.1	3
24	Prediabetes diagnosis criteria, type 2 diabetes risk and dietary modulation: The CORDIOPREV study. Clinical Nutrition, 2020, 39, 492-500.	5.0	13
25	Long-term dietary adherence and changes in dietary intake in coronary patients after intervention with a Mediterranean diet or a low-fat diet: the CORDIOPREV randomized trial. European Journal of Nutrition, 2020, 59, 2099-2110.	3.9	45
26	Fibroblast growth factor 23 predicts carotid atherosclerosis in individuals without kidney disease. The CORDIOPREV study. European Journal of Internal Medicine, 2020, 74, 79-85.	2.2	11
27	A Dietâ€Dependent Microbiota Profile Associated with Incident Type 2 Diabetes: From the CORDIOPREV Study. Molecular Nutrition and Food Research, 2020, 64, 2000730.	3.3	7
28	Dietary Intervention Modulates the Expression of Splicing Machinery in Cardiovascular Patients at High Risk of Type 2 Diabetes Development: From the CORDIOPREV Study. Nutrients, 2020, 12, 3528.	4.1	7
29	Mediterranean Diet and Endothelial Function: A Review of its Effects at Different Vascular Bed Levels. Nutrients, 2020, 12, 2212.	4.1	30
30	Ceruloplasmin and Coronary Heart Diseaseâ€"A Systematic Review. Nutrients, 2020, 12, 3219.	4.1	14
31	"Effect of calcifediol treatment and best available therapy versus best available therapy on intensive care unit admission and mortality among patients hospitalized for COVID-19: A pilot randomized clinical study― Journal of Steroid Biochemistry and Molecular Biology, 2020, 203, 105751.	2.5	538
32	Biological senescence risk score. A practical tool to predict biological senescence status. European Journal of Clinical Investigation, 2020, 50, e13305.	3.4	4
33	Postprandial Lipemia Modulates Pancreatic Alpha-Cell Function in the Prediction of Type 2 Diabetes Development: The CORDIOPREV Study. Journal of Agricultural and Food Chemistry, 2020, 68, 1266-1275.	5.2	4
34	Inflammation both increases and causes resistance to FGF23 in normal and uremic rats. Clinical Science, 2020, 134, 15-32.	4.3	20
35	Low Intake of Vitamin E Accelerates Cellular Aging in Patients With Established Cardiovascular Disease: The CORDIOPREV Study. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2019, 74, 770-777.	3.6	30
36	Lifestyle factors modulate postprandial hypertriglyceridemia: From the CORDIOPREV study. Atherosclerosis, 2019, 290, 118-124.	0.8	12

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37	Apolipoprotein E genetic variants interact with Mediterranean diet to modulate postprandial hypertriglyceridemia in coronary heart disease patients: CORDIOPREV study. European Journal of Clinical Investigation, 2019, 49, e13146.	3.4	14
38	Sex Differences in the Gut Microbiota as Potential Determinants of Gender Predisposition to Disease. Molecular Nutrition and Food Research, 2019, 63, e1800870.	3.3	103
39	Postprandial endotoxemia may influence the development of type 2 diabetes mellitus: From the CORDIOPREV study. Clinical Nutrition, 2019, 38, 529-538.	5.0	25
40	Mediterranean Diet Supplemented With Coenzyme Q ₁₀ Modulates the Postprandial Metabolism of Advanced Glycation End Products in Elderly Men and Women. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2018, 73, glw214.	3.6	30
41	Quantitative evaluation of capillaroscopic microvascular changes in patients with established coronary heart disease. Medicina ClÃnica (English Edition), 2018, 150, 131-137.	0.2	4
42	Mediterranean diet improves endothelial function in patients with diabetes and prediabetes: A report from the CORDIOPREV study. Atherosclerosis, 2018, 269, 50-56.	0.8	47
43	Mediterranean Diet, Glucose Homeostasis, and Inflammasome Genetic Variants: The CORDIOPREV Study. Molecular Nutrition and Food Research, 2018, 62, e1700960.	3.3	22
44	Beneficial effect of CETP gene polymorphism in combination with a Mediterranean diet influencing lipid metabolism in metabolic syndrome patients: CORDIOPREV study. Clinical Nutrition, 2018, 37, 229-234.	5.0	23
45	Evaluación cuantitativa de los cambios microvasculares capilaroscópicos en pacientes con cardiopatÃa isquémica establecida. Medicina ClÃnica, 2018, 150, 131-137.	0.6	6
46	Endotoxemia is modulated by quantity and quality of dietary fat in older adults. Experimental Gerontology, 2018, 109, 119-125.	2.8	13
47	Clinical relevance of screening tests to identify diabetes in patients with atherosclerotic cardiovascular disease: A prospective population-based cohort study. Atherosclerosis, 2018, 275, e66-e67.	0.8	0
48	Glucogene: Diabetes risk prediction at 2 years for coronary patients on dietary advice (from the) Tj ETQq0 0 0 rgB	T Overloc	k ₀ 10 Tf 50 30
49	Changes in Splicing Machinery Components Influence, Precede, and Early Predict the Development of Type 2 Diabetes: From the CORDIOPREV Study. EBioMedicine, 2018, 37, 356-365.	6.1	29
50	Long-term consumption of a Mediterranean diet improves postprandial lipemia in patients with type 2 diabetes: the Cordioprev randomized trial. American Journal of Clinical Nutrition, 2018, 108, 963-970.	4.7	31
51	Influence of 101 genetic variants on the prevalence of type 2 diabetes mellitus and the regulation of carbohydrate metabolism by dietary intervention: Cordioprev study. Atherosclerosis, 2018, 275, e70-e71.	0.8	0
52	A plasma circulating miRNAs profile predicts type 2 diabetes mellitus and prediabetes: from the CORDIOPREV study. Experimental and Molecular Medicine, 2018, 50, 1-12.	7.7	80
53	Long-term adherence to two healthy diets in coronary patients after five years of dietary intervention: Cordioprev study. Atherosclerosis, 2018, 275, e74.	0.8	0
54	Alpha cell function interacts with diet to modulate prediabetes and Type 2 diabetes. Journal of Nutritional Biochemistry, 2018, 62, 247-256.	4.2	10

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55	A plasma circulating mirnas profile predicts type 2 diabetes mellitus and prediabetes: From the cordioprev study. Atherosclerosis, 2018, 275, e5.	0.8	1
56	Circulating miRNAs as Predictive Biomarkers of Type 2 Diabetes Mellitus Development in Coronary Heart Disease Patients from the CORDIOPREV Study. Molecular Therapy - Nucleic Acids, 2018, 12, 146-157.	5.1	80
57	Dietary fat may modulate adipose tissue homeostasis through the processes of autophagy and apoptosis. European Journal of Nutrition, 2017, 56, 1621-1628.	3.9	19
58	Consumption of Two Healthy Dietary Patterns Restored Microbiota Dysbiosis in Obese Patients with Metabolic Dysfunction. Molecular Nutrition and Food Research, 2017, 61, 1700300.	3.3	107
59	Advanced glycation end products metabolism is modified by quantity and quality of dietary lipids in metabolic syndrome patients. Atherosclerosis, 2017, 263, e167.	0.8	1
60	Dietary magnesium supplementation preventsÂandÂreverses vascular and soft tissueÂcalcifications in uremic rats. Kidney International, 2017, 92, 1084-1099.	5. 2	85
61	Influence of Obesity and Metabolic Disease on Carotid Atherosclerosis in Patients with Coronary Artery Disease (CordioPrev Study). PLoS ONE, 2016, 11, e0153096.	2.5	10
62	CORonary Diet Intervention with Olive oil and cardiovascular PREVention study (the CORDIOPREV) Tj ETQq0 0 0) rgBT Ove	erlock 10 Tf 50
63	Hepatic insulin resistance both in prediabetic and diabetic patients determines postprandial lipoprotein metabolism: from the CORDIOPREV study. Cardiovascular Diabetology, 2016, 15, 68.	6.8	27
64	Assessment of postprandial triglycerides in clinical practice: Validation in a general population and coronary heart disease patients. Journal of Clinical Lipidology, 2016, 10, 1163-1171.	1.5	22
65	Telomerase RNA Component Genetic Variants Interact With the Mediterranean Diet Modifying the Inflammatory Status and its Relationship With Aging: CORDIOPREV Study. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2016, 73, glw194.	3.6	17
66	TNFA gene variants related to the inflammatory status and its association with cellular aging: From the CORDIOPREV study. Experimental Gerontology, 2016, 83, 56-62.	2.8	11
67	Interaction of an S100A9 gene variant with saturated fat and carbohydrates to modulate insulin resistance in 3 populations of different ancestries1–3. American Journal of Clinical Nutrition, 2016, 104, 508-517.	4.7	11
68	A dysregulation of glucose metabolism control is associated with carotid atherosclerosis in patients with coronary heart disease (CORDIOPREV-DIAB study). Atherosclerosis, 2016, 253, 178-185.	0.8	14
69	Two Healthy Diets Modulate Gut Microbial Community Improving Insulin Sensitivity in a Human Obese Population. Journal of Clinical Endocrinology and Metabolism, 2016, 101, 233-242.	3.6	223
70	Diabetes, statins and FH. International Journal of Cardiology, 2016, 203, 575.	1.7	2
71	The gut microbial community in metabolic syndrome patients is modified by diet. Journal of Nutritional Biochemistry, 2016, 27, 27-31.	4.2	166
72	The insulin resistance phenotype (muscle or liver) interacts with the type of diet to determine changes in disposition index after 2Âyears of intervention: the CORDIOPREV-DIAB randomised clinical trial. Diabetologia, 2016, 59, 67-76.	6.3	66

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73	Intestinal Microbiota Is Influenced by Gender and Body Mass Index. PLoS ONE, 2016, 11, e0154090.	2.5	511
74	Chronic consumption of a low-fat diet improves cardiometabolic risk factors according to the CLOCK gene in patients with coronary heart disease. Molecular Nutrition and Food Research, 2015, 59, 2556-2564.	3.3	27
75	FP428SEVERE DIETARY PHOSPHORUS RESTRICTION IS ASSOCIATED WITH REDUCED FGF23 LEVELS IN UREMIC RATS. Nephrology Dialysis Transplantation, 2015, 30, iii213-iii214.	0.7	0
76	Monounsaturated Fatty Acid–Enriched High-Fat Diets Impede Adipose NLRP3 Inflammasome–Mediated IL-1β Secretion and Insulin Resistance Despite Obesity. Diabetes, 2015, 64, 2116-2128.	0.6	229
77	Statins do not increase the risk of developing type 2 diabetes in familial hypercholesterolemia: The SAFEHEART study. International Journal of Cardiology, 2015, 201, 79-84.	1.7	32
78	Insulin resistance determines a differential response to changes in dietary fat modification on metabolic syndrome risk factors: the LIPGENE study. American Journal of Clinical Nutrition, 2015, 102, 1509-1517.	4.7	54
79	Polymorphism at theTNFâ€alpha gene interacts withMediterranean diet to influence triglyceride metabolism and inflammation status in metabolic syndrome patients:From the CORDIOPREV clinical trial. Molecular Nutrition and Food Research, 2014, 58, 1519-1527.	3.3	38
80	Beneficial effect of <i>CLOCK </i> gene polymorphism rs1801260 in combination with low-fat diet on insulin metabolism in the patients with metabolic syndrome. Chronobiology International, 2014, 31, 401-408.	2.0	59
81	Metabolic phenotypes of obesity influence triglyceride and inflammation homoeostasis. European Journal of Clinical Investigation, 2014, 44, 1053-1064.	3.4	45
82	Genetics of low density lipoprotein receptor-related protein 1 (lrp1) and postprandial lipaemia. Atherosclerosis, 2014, 235, e177-e178.	0.8	0
83	Influence of endothelial dysfunction on telomere length in subjects with metabolic syndrome: LIPGENE study. Atherosclerosis, 2014, 235, e235.	0.8	0
84	Hypertriglyceridemia Influences the Degree of Postprandial Lipemic Response in Patients with Metabolic Syndrome and Coronary Artery Disease: From the Cordioprev Study. PLoS ONE, 2014, 9, e96297.	2.5	25
85	Lipid metabolism after an oral fat test meal is affected by age-associated features of metabolic syndrome, but not by age. Atherosclerosis, 2013, 226, 258-262.	0.8	15
86	Nutraceuticals and coronary heart disease. Current Opinion in Cardiology, 2013, 28, 475-482.	1.8	14
87	The postprandial inflammatory response after ingestion of heated oils in obese persons is reduced by the presence of phenol compounds. Molecular Nutrition and Food Research, 2012, 56, 510-514.	3.3	49
88	A Gene Variation at the ZPR1 Locus (rs964184) Interacts With the Type of Diet to Modulate Postprandial Triglycerides in Patients With Coronary Artery Disease: From the Coronary Diet Intervention With Olive Oil and Cardiovascular Prevention Study. Frontiers in Nutrition, 0, 9, .	3.7	3