

Beth C Bock

List of Publications by Year in descending order

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Version: 2024-02-01

102
papers

3,770
citations

117625

34
h-index

138484

58
g-index

104
all docs

104
docs citations

104
times ranked

3892
citing authors

#	ARTICLE	IF	CITATIONS
1	Efficacy of an individualized, motivationally-tailored physical activity intervention. <i>Annals of Behavioral Medicine</i> , 1998, 20, 174-180.	2.9	353
2	Maintenance of physical activity following an individualized motivationally tailored intervention. <i>Annals of Behavioral Medicine</i> , 2001, 23, 79-87.	2.9	257
3	Text Messaging-Based Interventions for Smoking Cessation: A Systematic Review and Meta-Analysis. <i>JMIR MHealth and UHealth</i> , 2016, 4, e49.	3.7	199
4	A Comparison of Internet and Print-Based Physical Activity Interventions. <i>Archives of Internal Medicine</i> , 2007, 167, 944.	3.8	183
5	Telephone versus print delivery of an individualized motivationally tailored physical activity intervention: Project STRIDE. <i>Health Psychology</i> , 2007, 26, 401-409.	1.6	170
6	The efficacy of moderate-intensity exercise as an aid for smoking cessation in women: A randomized controlled trial. <i>Nicotine and Tobacco Research</i> , 2005, 7, 871-880.	2.6	128
7	Smoking cessation treatment on the Internet: Content, quality, and usability. <i>Nicotine and Tobacco Research</i> , 2004, 6, 207-219.	2.6	123
8	Exercise effects on withdrawal and mood among women attempting smoking cessation. <i>Addictive Behaviors</i> , 1999, 24, 399-410.	3.0	120
9	A Culturally Adapted Physical Activity Intervention for Latinas. <i>American Journal of Preventive Medicine</i> , 2009, 37, 495-500.	3.0	101
10	Forced Smoking Abstinence. <i>JAMA Internal Medicine</i> , 2013, 173, 789.	5.1	97
11	Program Participation and Physical Activity Maintenance after Cardiac Rehabilitation. <i>Behavior Modification</i> , 2003, 27, 37-53.	1.6	92
12	Comparing Psychosocial Predictors of Physical Activity Adoption and Maintenance. <i>Annals of Behavioral Medicine</i> , 2008, 36, 186-194.	2.9	85
13	Predictors of exercise adherence following participation in a cardiac rehabilitation program. <i>International Journal of Behavioral Medicine</i> , 1997, 4, 60-75.	1.7	82
14	Yoga as a Complementary Treatment for Smoking Cessation in Women. <i>Journal of Women's Health</i> , 2012, 21, 240-248.	3.3	82
15	A Review of Web-Assisted Tobacco Interventions (WATIs). <i>Journal of Medical Internet Research</i> , 2008, 10, e39.	4.3	82
16	The effects of yoga among adults with type 2 diabetes: A systematic review and meta-analysis. <i>Preventive Medicine</i> , 2017, 105, 116-126.	3.4	77
17	A Text Message Delivered Smoking Cessation Intervention: The Initial Trial of TXT-2-Quit: Randomized Controlled Trial. <i>JMIR MHealth and UHealth</i> , 2013, 1, e17.	3.7	71
18	The Seamos Saludables Study. <i>American Journal of Preventive Medicine</i> , 2013, 45, 598-605.	3.0	66

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19	Pasos Hacia La Salud: a randomized controlled trial of an internet-delivered physical activity intervention for Latinas. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016, 13, 62.	4.6	59
20	When an Event Sparks Behavior Change: An Introduction to the Sentinel Event Method of Dynamic Model Building and Its Application to Emergency Medicine. <i>Academic Emergency Medicine</i> , 2012, 19, 329-335.	1.8	54
21	Step into Motion: A randomized trial examining the relative efficacy of Internet vs. print-based physical activity interventions. <i>Contemporary Clinical Trials</i> , 2007, 28, 737-747.	1.8	53
22	A tailored intervention to support pharmacy-based counseling for smoking cessation. <i>Nicotine and Tobacco Research</i> , 2010, 12, 217-225.	2.6	52
23	Using Relational Agents to Promote Exercise and Sun Protection: Assessment of Participants's Experiences With Two Interventions. <i>Journal of Medical Internet Research</i> , 2018, 20, e48.	4.3	52
24	User Preferences for a Text Message-Based Smoking Cessation Intervention. <i>Health Education and Behavior</i> , 2013, 40, 152-159.	2.5	48
25	Smoking cessation among patients in an emergency chest pain observation unit: Outcomes of the Chest Pain Smoking Study (CPSS). <i>Nicotine and Tobacco Research</i> , 2008, 10, 1523-1531.	2.6	47
26	Randomized controlled trial testing an internet physical activity intervention for sedentary adults.. <i>Health Psychology</i> , 2013, 32, 328-336.	1.6	47
27	Examination of print and telephone channels for physical activity promotion: Rationale, design, and baseline data from Project STRIDE. <i>Contemporary Clinical Trials</i> , 2007, 28, 90-104.	1.8	45
28	Translating Behavioral Interventions Onto mHealth Platforms: Developing Text Message Interventions for Smoking and Alcohol. <i>JMIR MHealth and UHealth</i> , 2015, 3, e22.	3.7	45
29	Weight control smoking among sedentary women. <i>Addictive Behaviors</i> , 1999, 24, 75-86.	3.0	44
30	A text message intervention for alcohol risk reduction among community college students: TMAP. <i>Addictive Behaviors</i> , 2016, 63, 107-113.	3.0	43
31	Physician Intervention and Patient Risk Perception among Smokers with Acute Respiratory Illness in the Emergency Department. <i>Preventive Medicine</i> , 2001, 32, 175-181.	3.4	42
32	Differences between Latino and non-Latino White smokers in cognitive and behavioral characteristics relevant to smoking cessation. <i>Addictive Behaviors</i> , 2005, 30, 711-724.	3.0	42
33	Exercise Videogames, Physical Activity, and Health: Wii Heart Fitness: A Randomized Clinical Trial. <i>American Journal of Preventive Medicine</i> , 2019, 56, 501-511.	3.0	38
34	Rationale, design, and baseline data for commit ii: an evaluation of the efficacy of moderate-intensity physical activity as an aid to smoking cessation in women. <i>Preventive Medicine</i> , 2003, 36, 479-492.	3.4	36
35	Yoga as a complementary treatment for smoking cessation: rationale, study design and participant characteristics of the Quitting-in-Balance study. <i>BMC Complementary and Alternative Medicine</i> , 2010, 10, 14.	3.7	32
36	Rationale, design, and baseline findings from Seamos Saludables: A randomized controlled trial testing the efficacy of a culturally and linguistically adapted, computer-tailored physical activity intervention for Latinas. <i>Contemporary Clinical Trials</i> , 2012, 33, 1261-1271.	1.8	32

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37	Twelve-Month Physical Activity Outcomes in Latinas in the Seamos Saludables Trial. <i>American Journal of Preventive Medicine</i> , 2015, 48, 179-182.	3.0	30
38	Using interactive Internet technology to promote physical activity in Latinas: Rationale, design, and baseline findings of Pasos Hacia La Salud. <i>Contemporary Clinical Trials</i> , 2015, 44, 149-158.	1.8	28
39	Physical activity maintenance among Spanish-speaking Latinas in a randomized controlled trial of an Internet-based intervention. <i>Journal of Behavioral Medicine</i> , 2017, 40, 392-402.	2.1	27
40	Acceptability of Computer Assessments among Ethnically Diverse, Low-Income Smokers. <i>American Journal of Health Promotion</i> , 1999, 13, 299-304.	1.7	25
41	YMCA Commit to Quit. <i>American Journal of Preventive Medicine</i> , 2012, 43, 256-262.	3.0	24
42	A pilot randomized controlled trial of a technology-based substance use intervention for youth exiting foster care. <i>Children and Youth Services Review</i> , 2018, 94, 466-476.	1.9	23
43	Does tailoring on additional theoretical constructs enhance the efficacy of a print-based physical activity promotion intervention?. <i>Health Psychology</i> , 2011, 30, 432-441.	1.6	22
44	Feasibility of yoga as a complementary therapy for patients with type 2 diabetes: The Healthy Active and in Control (HA1C) study. <i>Complementary Therapies in Medicine</i> , 2019, 42, 125-131.	2.7	21
45	Yoga as a Complementary Therapy for Smoking Cessation: Results From BreathEasy, a Randomized Clinical Trial. <i>Nicotine and Tobacco Research</i> , 2019, 21, 1517-1523.	2.6	21
46	Integrating mindfulness training in school health education to promote healthy behaviors in adolescents: Feasibility and preliminary effects on exercise and dietary habits. <i>Preventive Medicine Reports</i> , 2018, 9, 92-95.	1.8	20
47	An Interactive Parent-Targeted Text Messaging Intervention to Improve Oral Health in Children Attending Urban Pediatric Clinics: Feasibility Randomized Controlled Trial. <i>JMIR MHealth and UHealth</i> , 2019, 7, e14247.	3.7	20
48	Smoking behavior and risk perception among the parents of infants in the neonatal intensive care unit. <i>Nicotine and Tobacco Research</i> , 2008, 10, 47-54.	2.6	18
49	Testing the efficacy of yoga as a complementary therapy for smoking cessation: Design and methods of the BreathEasy trial. <i>Contemporary Clinical Trials</i> , 2014, 38, 321-332.	1.8	18
50	Acute and Cumulative Effects of Vinyasa Yoga on Affect and Stress among College Students Participating in an Eight-week Yoga Program: A Pilot Study. <i>International Journal of Yoga Therapy</i> , 2014, 24, 63-70.	0.7	18
51	Social support and smoking abstinence among incarcerated adults in the United States: a longitudinal study. <i>BMC Public Health</i> , 2013, 13, 859.	2.9	17
52	Developing a tailored substance use intervention for youth exiting foster care. <i>Child Abuse and Neglect</i> , 2018, 77, 211-221.	2.6	16
53	The Mobile Phone Affinity Scale: Enhancement and Refinement. <i>JMIR MHealth and UHealth</i> , 2016, 4, e134.	3.7	16
54	Design and methods for "Commit to Get Fit" A pilot study of a school-based mindfulness intervention to promote healthy diet and physical activity among adolescents. <i>Contemporary Clinical Trials</i> , 2015, 41, 248-258.	1.8	13

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55	Design and methods of the Gentle Cardiac Rehabilitation Study “A behavioral study of tai chi exercise for patients not attending cardiac rehabilitation. Contemporary Clinical Trials, 2015, 43, 243-251.	1.8	12
56	Exercise videogames for physical activity and fitness: Design and rationale of the Wii Heart Fitness trial. Contemporary Clinical Trials, 2015, 42, 204-212.	1.8	12
57	Comparing the Validity of Self-Report and Urinalysis for Substance Use among Former Inmates in the Northeastern United States. Substance Use and Misuse, 2018, 53, 1756-1761.	1.4	12
58	Design and rationale for a randomized trial of a theory- and technology- enhanced physical activity intervention for Latinas: The Seamos Activas II study. Contemporary Clinical Trials, 2020, 96, 106081.	1.8	12
59	Changes in Depression and Stress after Release from a Tobacco-Free Prison in the United States. International Journal of Environmental Research and Public Health, 2016, 13, 114.	2.6	10
60	Are Emergency Chest Pain Patients Ready to Quit Smoking?. Preventive Cardiology, 2007, 10, 76-82.	1.1	9
61	Yoga as a Complementary Therapy for Adults with Type 2 Diabetes: Design and Rationale of the Healthy, Active, and in Control (HA1C) Study. International Journal of Yoga Therapy, 2018, 28, 123-132.	0.7	9
62	“I can do almost anything” The experience of adults with type 2 diabetes with a yoga intervention. Complementary Therapies in Clinical Practice, 2019, 34, 116-122.	1.7	9
63	Efficacy of resistance training as an aid to smoking cessation: Rationale and design of the Strength To Quit study. Mental Health and Physical Activity, 2014, 7, 95-103.	1.8	7
64	Characteristics of smoking used cigarettes among an incarcerated population.. Psychology of Addictive Behaviors, 2015, 29, 254-258.	2.1	7
65	Feeling Heard and Not Judged: Perspectives on Substance Use Services Among Youth Formerly in Foster Care. Child Maltreatment, 2018, 23, 85-95.	3.3	7
66	Feasibility and Acceptability of a Smoking Cessation Program for Individuals Released From an Urban, Pretrial Jail. JAMA Network Open, 2021, 4, e2115687.	5.9	7
67	Mediators of physical activity between standard exercise and exercise video games.. Health Psychology, 2019, 38, 1107-1115.	1.6	7
68	“Smoking Does Not Go With Yoga:” A Qualitative Study of Women's Phenomenological Perceptions During Yoga and Smoking Cessation. International Journal of Yoga Therapy, 2016, 26, 33-41.	0.7	7
69	Differences in mobile phone affinity between demographic groups: implications for mobile phone delivered interventions and programs. MHealth, 2018, 4, 39-39.	1.6	6
70	Acute and Cumulative Effects of Vinyasa Yoga on Affect and Stress among College Students Participating in an Eight-week Yoga Program: A Pilot Study. International Journal of Yoga Therapy, 2014, 24, 63-70.	0.7	6
71	Understanding smoking after acute illness: An application of the sentinel event method. Psychology and Health, 2015, 30, 879-896.	2.2	5
72	Developing a Tailored Texting Preventive Intervention: A Card Sort Methodology. Journal of Applied Biobehavioral Research, 2017, 22, e12060.	2.0	5

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73	Butt Why ? Exploring factors associated with cigarette scavenging behaviors among adult smokers enrolling in a clinical trial for smoking cessation. <i>Addictive Behaviors</i> , 2018, 78, 200-204.	3.0	5
74	Positive psychotherapy for smoking cessation enhanced with text messaging: Protocol for a randomized controlled trial. <i>Contemporary Clinical Trials</i> , 2018, 71, 146-153.	1.8	5
75	A text message delivered smoking cessation intervention: Design and rationale of the Text My Quit Study. <i>Contemporary Clinical Trials</i> , 2019, 81, 19-27.	1.8	5
76	Exercise video games are associated with more positive affective response, which predicts physical activity adherence. <i>Psychology of Sport and Exercise</i> , 2021, 52, 101802.	2.1	5
77	Measuring cognitive and affective constructs in the context of an acute health event. <i>Psychology, Health and Medicine</i> , 2013, 18, 398-411.	2.4	4
78	Development of the Mobile Phone Attachment Scale. , 2016, 2016, 3401-3407.		4
79	Testing a Dynamic Automated Substance Use Intervention Model for Youths Exiting Foster Care. <i>Journal of Child and Adolescent Substance Abuse</i> , 2016, 25, 181-187.	0.5	4
80	African American womenâ€™s relationship with their mobile phone, and what they want in a mobile delivered physical activity intervention: guidance for intervention development. <i>MHealth</i> , 2019, 5, 18-18.	1.6	4
81	Characteristics and predictors of readiness to quit among emergency medical patients presenting with respiratory symptoms. <i>International Journal of Emergency Medicine</i> , 2011, 4, 24.	1.6	3
82	A qualitative examination of drinking patterns among community college students. <i>Journal of American College Health</i> , 2021, 69, 215-221.	1.5	3
83	Smoking Cessation. <i>Critical Pathways in Cardiology</i> , 2002, 1, 116-128.	0.5	2
84	Building an Evidence Base Using Qualitative Data for mHealth Development. , 2014, 2014, 2655-2664.		2
85	Recruitment and initial interest of men in yoga for smoking cessation: QuitStrong, a randomized control pilot study. <i>Translational Behavioral Medicine</i> , 2015, 5, 177-188.	2.4	2
86	Goals and Plans of Incarcerated Men Postrelease. <i>Journal of Correctional Health Care</i> , 2016, 22, 146-156.	0.5	2
87	Exploration of Incarcerated Menâ€™s and Womenâ€™s Attitudes of Smoking in the Presence of Children and Pregnant Women: Is There a Disparity Between Smoking Attitudes and Smoking Behavior?. <i>Nicotine and Tobacco Research</i> , 2016, 18, 919-925.	2.6	2
88	Who Enrolls in a Quit Smoking Program with Yoga Therapy?. <i>American Journal of Health Behavior</i> , 2017, 41, 740-749.	1.4	2
89	Setting larger session duration goals is associated with greater future physical activity. <i>PLoS ONE</i> , 2018, 13, e0208644.	2.5	2
90	Reduction in HbA1c with Exercise videogames among participants with elevated HbA1c: Secondary analysis of the Wii Heart Fitness trial. <i>Diabetes Research and Clinical Practice</i> , 2019, 154, 35-42.	2.8	2

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91	Ecological momentary assessment and first smoking cessation lapse after an acute cardiac event: A pilot study. <i>Journal of Health Psychology</i> , 2020, 25, 1076-1081.	2.3	2
92	Women and smoking cessation: Challenges and opportunities. <i>Current Cardiovascular Risk Reports</i> , 2009, 3, 205-210.	2.0	1
93	Differences between Men and Women Enrolling in Smoking Cessation Programs Using Yoga as a Complementary Therapy. <i>Journal of Yoga & Physical Therapy</i> , 2016, 6, .	0.1	1
94	Development and Validation of the Outcome Expectations for Yoga Scale. <i>American Journal of Health Behavior</i> , 2017, 41, 796-802.	1.4	1
95	C.A.R.E.S: A mobile health program for alcohol risk reduction in community college students. <i>Contemporary Clinical Trials</i> , 2021, 107, 106493.	1.8	1
96	Modeling Health Event Impact on Smoking Cessation. <i>Journal of Smoking Cessation</i> , 2022, 2022, 2923656.	1.0	1
97	Introduction to Evidence-Based Mobile and Web Health Design and Analysis Minitrack. , 2015, , .		0
98	A New Measure of Home Exercise Benefits and Barriers. <i>American Journal of Health Education</i> , 2016, 47, 99-107.	0.6	0
99	Introduction to Technologies for Clinical Decision-Making, Interventions, and Wellness Minitrack. , 2016, , .		0
100	Stress and anxiety after 9/11: a prospective study. <i>Medicine and Health, Rhode Island</i> , 2003, 86, 340-1.	0.1	0
101	Affective response to physical activity as a deep phenotype in a non-randomized pilot study. <i>Scientific Reports</i> , 2022, 12, 5893.	3.3	0
102	Advertising Effectiveness for Recruitment and Retention in a Trial of Yoga for Smoking Cessation. <i>American Journal of Health Education</i> , 0, , 1-9.	0.6	0