José Pinto-Gouveia

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/4552710/publications.pdf

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194 papers 6,952 citations

57631 44 h-index 71 g-index

207 all docs

207 docs citations

times ranked

207

5182 citing authors

#	Article	IF	CITATIONS
1	The development of compassionate engagement and action scales for self and others. Journal of Compassionate Health Care, 2017, 4, .	1.2	247
2	Relationships between nurses' empathy, self-compassion and dimensions of professional quality of life: A cross-sectional study. International Journal of Nursing Studies, 2016, 60, 1-11.	2.5	236
3	Validation of the Psychometric Properties of the Selfâ€Compassion Scale. Testing the Factorial Validity and Factorial Invariance of the Measure among Borderline Personality Disorder, Anxiety Disorder, Eating Disorder and General Populations. Clinical Psychology and Psychotherapy, 2016, 23, 460-468.	1.4	196
4	Self-compassion in the face of shame and body image dissatisfaction: Implications for eating disorders. Eating Behaviors, 2013, 14, 207-210.	1.1	193
5	Dysfunctional sexual beliefs as vulnerability factors for sexual dysfunction. Journal of Sex Research, 2006, 43, 68-75.	1.6	190
6	Emotions During Sexual Activity: Differences Between Sexually Functional and Dysfunctional Men and Women. Archives of Sexual Behavior, 2006, 35, 491-499.	1.2	150
7	Effectiveness of a mindfulness-based intervention on oncology nurses' burnout and compassion fatigue symptoms: A non-randomized study. International Journal of Nursing Studies, 2016, 64, 98-107.	2.5	149
8	Evaluating the Multifactor Structure of the Long and Short Versions of the Self-Compassion Scale in a Clinical Sample. Journal of Clinical Psychology, 2015, 71, 856-870.	1.0	143
9	Psychological and Physiological Effects of Compassionate Mind Training: a Pilot Randomised Controlled Study. Mindfulness, 2017, 8, 1699-1712.	1.6	133
10	The Protective Role of Selfâ€compassion in Relation to Psychopathology Symptoms and Quality of Life in Chronic and in Cancer Patients. Clinical Psychology and Psychotherapy, 2014, 21, 311-323.	1.4	132
11	Shame as a traumatic memory. Clinical Psychology and Psychotherapy, 2010, 17, 299-312.	1.4	127
12	Can shame memories become a key to identity? The centrality of shame memories predicts psychopathology. Applied Cognitive Psychology, 2011, 25, 281-290.	0.9	118
13	The Effect of Shame and Shame Memories on Paranoid Ideation and Social Anxiety. Clinical Psychology and Psychotherapy, 2013, 20, 334-349.	1.4	109
14	Early Maladaptive Schemas and Social Phobia. Cognitive Therapy and Research, 2006, 30, 571-584.	1.2	107
15	Cognitive and Emotional Predictors of Female Sexual Dysfunctions: Preliminary Findings. Journal of Sex and Marital Therapy, 2008, 34, 325-342.	1.0	103
16	Cognitions, Emotions, and Sexual Response: Analysis of the Relationship among Automatic Thoughts, Emotional Responses, and Sexual Arousal. Archives of Sexual Behavior, 2008, 37, 652-661.	1.2	102
17	Exploring Selfâ€criticism: Confirmatory Factor Analysis of the FSCRS in Clinical and Nonclinical Samples. Clinical Psychology and Psychotherapy, 2015, 22, 153-164.	1.4	102
18	The role of psychological factors in oncology nurses' burnout and compassion fatigue symptoms. European Journal of Oncology Nursing, 2017, 28, 114-121.	0.9	101

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19	Acceptance of pain, selfâ€compassion and psychopathology: Using the Chronic Pain Acceptance Questionnaire to identify patients' subgroups. Clinical Psychology and Psychotherapy, 2011, 18, 292-302.	1.4	97
20	Differences in Automatic Thoughts Presented During Sexual Activity Between Sexually Functional and Dysfunctional Men and Women. Cognitive Therapy and Research, 2008, 32, 37-49.	1.2	95
21	Expanding binge eating assessment: Validity and screening value of the Binge Eating Scale in women from the general population. Eating Behaviors, 2015, 18, 41-47.	1.1	95
22	Exploring the efficacy of an acceptance, mindfulness & Department of the compassion of the efficacy of an acceptance, mindfulness amp; compassionate-based group intervention for women struggling with their weight (Kg-Free): A randomized controlled trial. Appetite, 2017, 112, 107-116.	1.8	95
23	Thinness in the Pursuit for Social Safeness: An Integrative Model of Social Rank Mentality to Explain Eating Psychopathology. Clinical Psychology and Psychotherapy, 2014, 21, 154-165.	1.4	90
24	Cognitive Schemas Associated with Negative Sexual Events: A Comparison of Men and Women with and Without Sexual Dysfunction. Archives of Sexual Behavior, 2009, 38, 842-851.	1.2	88
25	Sexual modes questionnaire: Measure to assess the interaction among cognitions, emotions, and sexual response. Journal of Sex Research, 2003, 40, 368-382.	1.6	86
26	Escaping from body image shame and harsh self-criticism: Exploration of underlying mechanisms of binge eating. Eating Behaviors, 2014, 15, 638-643.	1.1	79
27	Mindfulness-Based Program for Infertility: efficacy study. Fertility and Sterility, 2013, 100, 1059-1067.	0.5	78
28	Body Image as a Source of Shame: A New Measure for the Assessment of the Multifaceted Nature of Body Image Shame. Clinical Psychology and Psychotherapy, 2015, 22, 656-666.	1.4	78
29	Prevalence and Comorbidity of Sexual Dysfunctions in a Portuguese Clinical Sample. Journal of Sex and Marital Therapy, 2006, 32, 173-182.	1.0	75
30	The impact of shame and self-judgment on psychopathology in infertile patients. Human Reproduction, 2011, 26, 2408-2414.	0.4	70
31	Empathy and feelings of guilt experienced by nurses: A cross-sectional study of their role in burnout and compassion fatigue symptoms. Applied Nursing Research, 2017, 35, 42-47.	1.0	70
32	The Other As Shamer Scale $\hat{a} \in \ ^\circ$ 2: Development and validation of a short version of a measure of external shame. Personality and Individual Differences, 2015, 74, 6-11.	1.6	68
33	Experiential avoidance and selfâ€compassion in chronic pain. Journal of Applied Social Psychology, 2013, 43, 1578-1591.	1.3	64
34	The Origins of Fears of Compassion: Shame and Lack of Safeness Memories, Fears of Compassion and Psychopathology. Journal of Psychology: Interdisciplinary and Applied, 2017, 151, 804-819.	0.9	62
35	Physical appearance as a measure of social ranking: The role of a new scale to understand the relationship between weight and dieting. Clinical Psychology and Psychotherapy, 2013, 20, 55-66.	1.4	60
36	Non-suicidal Self-Injury in Adolescence: The Role of Shame, Self-Criticism and Fear of Self-Compassion. Child and Youth Care Forum, 2016, 45, 571-586.	0.9	60

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37	Processes of change in quality of life, weight self-stigma, body mass index and emotional eating after an acceptance-, mindfulness- and compassion-based group intervention (Kg-Free) for women with overweight and obesity. Journal of Health Psychology, 2019, 24, 1056-1069.	1.3	57
38	Shame Memories and Eating Psychopathology: The Buffering Effect of Selfâ€Compassion. European Eating Disorders Review, 2014, 22, 487-494.	2.3	56
39	Mindfulness, self-compassion and psychological inflexibility mediate the effects of a mindfulness-based intervention in a sample of oncology nurses. Journal of Contextual Behavioral Science, 2017, 6, 125-133.	1.3	56
40	Body image and college women's quality of life: The importance of being self-compassionate. Journal of Health Psychology, 2015, 20, 754-764.	1.3	52
41	At the core of eating disorders: Overvaluation, social rank, self-criticism and shame in anorexia, bulimia and binge eating disorder. Comprehensive Psychiatry, 2016, 66, 123-131.	1.5	52
42	The Mediator Role of Emotion Regulation Processes on Infertility-Related Stress. Journal of Clinical Psychology in Medical Settings, 2013, 20, 497-507.	0.8	51
43	Understanding the Importance of Attachment in Shame Traumatic Memory Relation to Depression: The Impact of Emotion Regulation Processes. Clinical Psychology and Psychotherapy, 2013, 20, 149-165.	1.4	50
44	Efficacy of Online-Based Acceptance and Commitment Therapy for Chronic Pain: A Systematic Review and Meta-Analysis. Journal of Pain, 2021, 22, 1328-1342.	0.7	49
45	Psychological aspects in couples with infertility. Sexologies, 2011, 20, 224-228.	0.5	48
46	The Protective Role of Self-Compassion on Risk Factors for Non-suicidal Self-Injury in Adolescence. School Mental Health, 2016, 8, 476-485.	1.1	48
47	Questionnaire of Cognitive Schema Activation in Sexual Context: A Measure to Assess Cognitive Schemas Activated in Unsuccessful Sexual Situations. Journal of Sex Research, 2009, 46, 425-437.	1.6	41
48	Being bullied and feeling ashamed: Implications for eating psychopathology and depression in adolescent girls. Journal of Adolescence, 2015, 44, 259-268.	1.2	41
49	The role of weight self-stigma on the quality of life of women with overweight and obesity: A multi-group comparison between binge eaters and non-binge eaters. Appetite, 2016, 105, 782-789.	1.8	41
50	Ashamed and Fused with Body Image and Eating: Binge Eating as an Avoidance Strategy. Clinical Psychology and Psychotherapy, 2017, 24, 195-202.	1.4	41
51	Self-Compassion and Emotional Intelligence in Adolescence: A Multigroup Mediational Study of the Impact of Shame Memories on Depressive Symptoms. Journal of Child and Family Studies, 2017, 26, 759-768.	0.7	41
52	Mindfulness, selfcompassion, and depressive symptoms in chronic pain: The role of pain acceptance. Journal of Clinical Psychology, 2018, 74, 2094-2106.	1.0	40
53	Assessment Of Social Phobia By Self-Report Questionnaires: The Social Interaction And Performance Anxiety And Avoidance Scale And The Social Phobia Safety Behaviours Scale. Behavioural and Cognitive Psychotherapy, 2003, 31, 291-311.	0.9	38
54	Two forms of selfâ€criticism mediate differently theÂshame–psychopathological symptoms link. Psychology and Psychotherapy: Theory, Research and Practice, 2017, 90, 44-54.	1.3	38

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55	Differences between Depression and Paranoia: The Role of Emotional Memories, Shame and Subordination. Clinical Psychology and Psychotherapy, 2014, 21, 49-61.	1.4	37
56	Compassionate Attention and Regulation of Eating Behaviour: A pilot study of a brief lowâ€intensity intervention for binge eating. Clinical Psychology and Psychotherapy, 2017, 24, O1437-O1447.	1.4	37
57	The Impact of Shame, Self-Criticism and Social Rank on Eating Behaviours in Overweight and Obese Women Participating in a Weight Management Programme. PLoS ONE, 2017, 12, e0167571.	1.1	37
58	Above and beyond emotional valence: The unique contribution of central and traumatic shame memories to psychopathology vulnerability. Memory, 2012, 20, 461-477.	0.9	35
59	BEfree: A new psychological program for binge eating that integrates psychoeducation, mindfulness, and compassion. Clinical Psychology and Psychotherapy, 2017, 24, 1090-1098.	1.4	33
60	What makes dietary restraint problematic? Development and validation of the Inflexible Eating Questionnaire. Appetite, 2017, 114, 146-154.	1.8	33
61	Returning to emotional eating: the emotional eating scale psychometric properties and associations with body image flexibility and binge eating. Eating and Weight Disorders, 2015, 20, 497-504.	1.2	32
62	Entrapment and Defeat Perceptions in Depressive Symptomatology: Through an Evolutionary Approach. Psychiatry (New York), 2013, 76, 53-67.	0.3	31
63	The mediation effect of experiential avoidance between coping and psychopathology in chronic pain. Clinical Psychology and Psychotherapy, 2011, 18, 34-47.	1.4	30
64	Child and adolescent mindfulness measure (CAMM): estudo das caracterÃsticas psicométricas da versão portuguesa. Psicologia: Reflexao E Critica, 2013, 26, 459-468.	0.4	30
65	Experiential avoidance, self-compassion, self-judgment and coping styles in infertility. Sexual and Reproductive Healthcare, 2016, 10, 41-47.	0.5	30
66	Burnout syndrome and wellbeing in anesthesiologists: the importance of emotion regulation strategies. Minerva Anestesiologica, 2017, 83, 191-199.	0.6	30
67	Internalizing Early Memories of Shame and Lack of Safeness and Warmth: The Mediating Role of Shame on Depression. Behavioural and Cognitive Psychotherapy, 2013, 41, 479-493.	0.9	29
68	Recall of Threat and Submissiveness in Childhood and Psychopathology: The Mediator Effect of Selfâ€Criticism. Clinical Psychology and Psychotherapy, 2014, 21, 73-81.	1.4	29
69	Positive affect and parasympathetic activity: Evidence for a quadratic relationship between feeling safe and content and heart rate variability. Psychiatry Research, 2017, 257, 284-289.	1.7	29
70	Protective emotional regulation processes towards adjustment in infertile patients. Human Fertility, 2012, 15, 27-34.	0.7	28
71	Clarity of Personal Values and Committed Action: Development of a Shorter Engaged Living Scale. Journal of Psychopathology and Behavioral Assessment, 2016, 38, 258-265.	0.7	28
72	The impact of illnessâ€related shame on psychological health and social relationships: Testing a mediational model in students with chronic illness. Clinical Psychology and Psychotherapy, 2018, 25, 408-414.	1.4	28

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73	Incorporating psychoeducation, mindfulness and self-compassion in a new programme for binge eating (BEfree): Exploring processes of change. Journal of Health Psychology, 2019, 24, 466-479.	1.3	28
74	Shame and emotion regulation in inflammatory bowel disease: Effects on psychosocial functioning. Journal of Health Psychology, 2020, 25, 511-521.	1.3	28
75	Centrality of shame memories and psychopathology: The mediator effect of selfâ€criticism Clinical Psychology: Science and Practice, 2013, 20, 323-334.	0.6	27
76	Eating disorders: When social rank perceptions are shaped by early shame experiences. Psychology and Psychotherapy: Theory, Research and Practice, 2015, 88, 38-53.	1.3	27
77	New developments in the assessment of weight-related experiential avoidance (AAQW-Revised). Journal of Contextual Behavioral Science, 2016, 5, 193-200.	1.3	27
78	The prospective associations between bullying experiences, body image shame and disordered eating in a sample of adolescent girls. Personality and Individual Differences, 2017, 116, 319-325.	1.6	27
79	Validation of the Sexual Inhibition and Sexual Excitation Scales (SIS/SES) in Portugal: Assessing Gender Differences and Predictors of Sexual Functioning. Archives of Sexual Behavior, 2018, 47, 1721-1732.	1.2	27
80	CaracterÃsticas psicométricas da versão portuguesa da Escala Multidimensional de Suporte Social Percebido (Multidimensional Scale of Perceived Social Support - MSPSS). Psychologica, 2011, , 331-357.	0.2	27
81	Social Fears in Adolescence. European Psychologist, 2008, 13, 197-213.	1.8	26
82	The first 2 years of rheumatoid arthritis: The influence of acceptance on pain, physical limitation and depression. Journal of Health Psychology, 2015, 20, 102-112.	1.3	26
83	Chronic Illnessâ€Related Shame: Development of a New Scale and Novel Approach for IBD Patients' Depressive Symptomatology. Clinical Psychology and Psychotherapy, 2017, 24, 255-263.	1.4	26
84	How One Experiences and Embodies Compassionate Mind Training Influences Its Effectiveness. Mindfulness, 2018, 9, 1224-1235.	1.6	26
85	The impact of early shame memories in Binge Eating Disorder: The mediator effect of current body image shame and cognitive fusion. Psychiatry Research, 2017, 258, 511-517.	1.7	25
86	Memories of Shame Experiences with Others and Depression Symptoms: The Mediating Role of Experiential Avoidance. Clinical Psychology and Psychotherapy, 2015, 22, 32-44.	1.4	24
87	Body-Image Acceptance and Action Questionnaire: Its deleterious influence on binge eating and psychometric validation. International Journal of Clinical and Health Psychology, 2017, 17, 151-160.	2.7	24
88	The effects of body image impairment on the quality of life of non-operated Portuguese female IBD patients. Quality of Life Research, 2017, 26, 429-436.	1.5	24
89	Getting entangled with body image: Development and validation of a new measure. Psychology and Psychotherapy: Theory, Research and Practice, 2015, 88, 304-316.	1.3	23
90	Mapping non suicidal self-injury in adolescence: Development and confirmatory factor analysis of the Impulse, Self-harm and Suicide Ideation Questionnaire for Adolescents (ISSIQ-A). Psychiatry Research, 2015, 227, 238-245.	1.7	23

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91	The Three-Factor Eating Questionnaire-R21: a confirmatory factor analysis in a Portuguese sample. Eating and Weight Disorders, 2020, 25, 247-256.	1.2	23
92	Body image flexibility mediates the effect of body image-related victimization experiences and shame on binge eating and weight. Eating Behaviors, 2016, 23, 13-18.	1.1	22
93	Finding the link between internalized weight-stigma and binge eating behaviors in Portuguese adult women with overweight and obesity: The mediator role of self-criticism and self-reassurance. Eating Behaviors, 2017, 26, 50-54.	1.1	22
94	The longitudinal effects of emotion regulation on physical and psychological health: A latent growth analysis exploring the role of cognitive fusion in inflammatory bowel disease. British Journal of Health Psychology, 2018, 23, 171-185.	1.9	22
95	Pain and Depressive Symptoms: Exploring Cognitive Fusion and Self-Compassion in a Moderated Mediation Model. Journal of Psychology: Interdisciplinary and Applied, 2019, 153, 173-186.	0.9	21
96	Normative body dissatisfaction and eating psychopathology in teenage girls: the impact of inflexible eating rules. Eating and Weight Disorders, 2016, 21, 41-48.	1.2	20
97	The Impact of Self-Criticism and Self-Reassurance on Weight-Related Affect and Well-Being in Participants of a Commercial Weight Management Programme. Obesity Facts, 2017, 10, 65-75.	1.6	20
98	Concurrent effects of different psychological processes in the prediction of depressive symptoms – the role of cognitive fusion. Current Psychology, 2020, 39, 528-539.	1.7	20
99	Mindful Attention and Awareness: Relationships with Psychopathology and Emotion Regulation. Spanish Journal of Psychology, 2013, 16, E79.	1.1	19
100	Chronic illnessâ€related cognitive fusion explains the impact of body dissatisfaction and shame on depression symptoms in breast cancer patients. Clinical Psychology and Psychotherapy, 2018, 25, 886-893.	1.4	19
101	The weight of weight self-stigma in unhealthy eating behaviours: the mediator role of weight-related experiential avoidance. Eating and Weight Disorders, 2018, 23, 785-796.	1.2	19
102	Measuring selfâ€efficacy to deal with infertility: Psychometric properties and confirmatory factor analysis of the portuguese version of the infertility selfâ€efficacy scale. Research in Nursing and Health, 2013, 36, 65-74.	0.8	18
103	Inflammatory bowel disease: The harmful mechanism of experiential avoidance for patients' quality of life. Journal of Health Psychology, 2016, 21, 2882-2892.	1.3	18
104	Daily Peer Hassles and Non-Suicidal Self-Injury in Adolescence: Gender Differences in Avoidance-Focused Emotion Regulation Processes. Journal of Child and Family Studies, 2018, 27, 59-68.	0.7	18
105	The role of self-disgust in eating psychopathology in overweight and obesity: Can self-compassion be useful?. Journal of Health Psychology, 2019, 24, 1807-1816.	1.3	18
106	The infertility trap: how defeat and entrapment affect depressive symptoms. Human Reproduction, 2016, 31, dev311.	0.4	17
107	Expanding Research on Decentering as Measured by the Portuguese Version of the Experiences Questionnaire. Spanish Journal of Psychology, 2015, 18, E23.	1.1	17
108	An 18-month study of the effects of IBD symptomatology and emotion regulation on depressed mood. International Journal of Colorectal Disease, 2017, 32, 651-660.	1.0	17

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109	Development and Evaluation of a Global Burnout Index Derived from the Use of the Copenhagen Burnout Inventory in Portuguese Physicians. Acta Medica Portuguesa, 2018, 31, 534.	0.2	17
110	Self-Criticism and Depressive Symptoms Mediate the Relationship Between Emotional Experiences With Family and Peers and Self-Injury in Adolescence. Journal of Psychology: Interdisciplinary and Applied, 2016, 150, 1046-1061.	0.9	16
111	Paranoia in the general population: A revised version of the General Paranoia Scale for adults. Clinical Psychologist, 2017, 21, 125-134.	0.5	16
112	Cognitive Fusion Questionnaire: Exploring measurement invariance across three groups of Brazilian women and the role of cognitive fusion as a mediator in the relationship between rumination and depression. Journal of Contextual Behavioral Science, 2017, 6, 53-62.	1.3	16
113	Can Self-Reassurance Buffer against the Impact of Bullying? Effects on Body Shame and Disordered Eating in Adolescence. Journal of Child and Family Studies, 2017, 26, 998-1006.	0.7	16
114	Going beyond social support: Fear of receiving compassion from others predicts depression symptoms in breast cancer patients. Journal of Psychosocial Oncology, 2018, 36, 520-528.	0.6	16
115	Developments on committed action: Validity of the CAQâ€8 and analysis of committed action's role in depressive symptomatology in breast cancer patients and healthy individuals. Clinical Psychology and Psychotherapy, 2018, 25, e42-e50.	1.4	16
116	The utility of the Valuing Questionnaire in Chronic Pain. Journal of Contextual Behavioral Science, 2018, 9, 21-29.	1.3	16
117	Self-Compassion and Depressive Symptoms in Chronic Pain (CP): A 1-Year Longitudinal Study. Mindfulness, 2020, 11, 709-719.	1.6	16
118	Portuguese version of the Posttraumatic Stress Disorder Checklist for DSMâ€5 (PCLâ€5): Comparison of latent models and other psychometric analyses. Journal of Clinical Psychology, 2020, 76, 1267-1282.	1.0	16
119	Cognitive fusion and depressive symptoms in women with chronic pain: A longitudinal growth curve modelling study over 12 months. Clinical Psychology and Psychotherapy, 2019, 26, 616-625.	1.4	15
120	When I don't Like Myself: Portuguese Version of the Internalized Shame Scale. Spanish Journal of Psychology, 2012, 15, 1411-1423.	1.1	14
121	Rumination in Adolescence: the Distinctive Impact of Brooding and Reflection on Psychopathology. Spanish Journal of Psychology, 2016, 19, E37.	1.1	14
122	Association study of variants in genes FTO, SLC6A4, DRD2, BDNF and GHRL with binge eating disorder (BED) in Portuguese women. Psychiatry Research, 2019, 273, 309-311.	1.7	14
123	Acceptability and preliminary test of efficacy of the Mind programme in women with breast cancer: An acceptance, mindfulness, and compassion-based intervention. Journal of Contextual Behavioral Science, 2020, 15, 162-171.	1.3	14
124	Promoting emotion and behavior regulation in male prison inmates: A secondary data analysis from a randomized controlled trial testing the efficacy of the growing pro-social program Law and Human Behavior, 2018, 42, 57-70.	0.6	14
125	Influence of Family and Childhood Memories in the Development and Manifestation of Paranoid Ideation. Clinical Psychology and Psychotherapy, 2016, 23, 397-406.	1.4	13
126	Caught in the struggle with food craving: Development and validation of a new cognitive fusion measure. Appetite, 2016, 101, 146-155.	1.8	13

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127	Self-Defining Memories of Body Image Shame and Binge Eating in Men and Women: Body Image Shame and Self-Criticism in Adulthood as Mediating Mechanisms. Sex Roles, 2017, 77, 338-351.	1.4	13
128	Clinical change in anger, shame, and paranoia after a structured cognitive-behavioral group program: Early findings from a randomized trial with male prison inmates. Journal of Experimental Criminology, 2015, 11, 217-236.	1.9	12
129	Longitudinal Pathways for the Maintenance of Non-Suicidal Self-Injury in Adolescence: The Pernicious Blend of Depressive Symptoms and Self-Criticism. Child and Youth Care Forum, 2017, 46, 841-856.	0.9	12
130	Stressors in anaesthesiology. European Journal of Anaesthesiology, 2016, 33, 807-815.	0.7	11
131	Correlates of psychological inflexibility mediate the relation between alexithymic traits and positive emotions. Journal of Contextual Behavioral Science, 2017, 6, 96-103.	1.3	11
132	O Impacto Traumático de Experiências de Vergonha: Estudo das propriedades psicométricas da versão portuguesa da Impact of Event Scale - Revised. Psychologica, 2011, , 413-438.	0.2	11
133	A centralidade das experiências da vergonha: Estudo das propriedades psicométricas da versão portuguesa da escala da centralidade do acontecimento. Psicologia, 2010, 24, 73-95.	0.1	11
134	The Indirect Effect of Early Experiences on Deliberate Self-Harm in Adolescence: Mediation by Negative Emotional States and Moderation by Daily Peer Hassles. Journal of Child and Family Studies, 2016, 25, 1451-1460.	0.7	10
135	Validation of the psychometric properties of cognitive fusion questionnaire. A study of the factorial validity and factorial invariance of the measure among osteoarticular disease, diabetes mellitus, obesity, depressive disorder, and general populations. Clinical Psychology and Psychotherapy, 2017, 24, 1121-1129.	1.4	10
136	Assessment of Chronic Illness-Related Cognitive Fusion: Preliminary Development and Validation of a New Scale with an IBD Sample. Journal of Clinical Psychology in Medical Settings, 2018, 25, 356-366.	0.8	10
137	The Need to Present a Perfect Body Image: Development of a New Measure of Perfectionistic Self-Presentation. Current Psychology, 2018, 37, 559-567.	1.7	10
138	A 7â€year followâ€up study of the Mindfulnessâ€Based Program for Infertility: Are there longâ€term effects?. Clinical Psychology and Psychotherapy, 2019, 26, 409-417.	1.4	10
139	The effects of the growing pro-social program on cognitive distortions and early maladaptive schemas over time in male prison inmates: A randomized controlled trial Journal of Consulting and Clinical Psychology, 2017, 85, 1064-1079.	1.6	10
140	Pain Related Catastrophizing on Physical Limitation in Rheumatoid Arthritis Patients. Is Acceptance Important?. Spanish Journal of Psychology, 2014, 17, E31.	1.1	9
141	Clinical Change in Cognitive Distortions and Core Schemas After a Cognitive–Behavioral Group Intervention: Preliminary Findings from a Randomized Trial with Male Prison Inmates. Cognitive Therapy and Research, 2015, 39, 578-589.	1.2	9
142	Ulcerative Colitis Symptomatology and Depression: The Exacerbator Role of Maladaptive Psychological Processes. Digestive Diseases and Sciences, 2015, 60, 3756-3763.	1.1	9
143	Focusing on Self or Others Has Different Consequences for Psychological Well-Being: A Longitudinal Study of the Effects of Distinct Interpersonal Goals. Journal of Social and Clinical Psychology, 2015, 34, 809-825.	0.2	9
144	Is the widely used twoâ€factor structure of the Ruminative Responses Scale invariant across different samples of women?. Psychology and Psychotherapy: Theory, Research and Practice, 2018, 91, 398-416.	1.3	9

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145	Chronic pain experience on depression and physical disability: The importance of acceptance and mindfulness-based processes in a sample with rheumatoid arthritis. Journal of Health Psychology, 2019, 24, 153-165.	1.3	9
146	Cultivating the Compassionate Self: an Exploration of the Mechanisms of Change in Compassionate Mind Training. Mindfulness, 2022, 13, 66-79.	1.6	9
147	Psychometric properties of the Portuguese version of the Acceptance and Action Questionnaire–Trauma Specific (AAQ-TS): A study with Portuguese Colonial War Veterans. Journal of Affective Disorders, 2015, 185, 81-89.	2.0	8
148	Assessing Early Memories of Threat and Subordination: Confirmatory Factor Analysis of the Early Life Experiences Scale for Adolescents. Journal of Child and Family Studies, 2016, 25, 54-64.	0.7	8
149	Depression and physical disability in chronic pain: The mediation role of emotional intelligence and acceptance. Australian Journal of Psychology, 2017, 69, 167-177.	1.4	8
150	The Efficacy of the Growing Pro-social Program in Reducing Anger, Shame, and Paranoia over Time in Male Prison Inmates. Journal of Research in Crime and Delinquency, 2018, 55, 649-686.	1.7	8
151	The prevalence of personality disorders in Portuguese male prison inmates: Implications for penitentiary treatment. Analise Psicologica, 2015, 33, 279-290.	0.2	8
152	Above and beyond emotional suffering: the unique contribution of compassionate and uncompassionate self-responding in chronic pain. Scandinavian Journal of Pain, 2020, 20, 853-857.	0.5	8
153	Body image as a target of victimization by peers/parents: Development and validation of the Body Image Victimization Experiences Scale. Women and Health, 2017, 57, 1061-1079.	0.4	7
154	Rumination and valued living in women with chronic pain: How they relate to the link between mindfulness and depressive symptoms. Current Psychology, 2021, 40, 1411-1419.	1.7	7
155	The Role of Predisposition to Hallucinations on Non-Clinical Paranoid vs. Socially Anxious Individuals after Hearing Negative Affective-Laden Sounds: An Experimental Investigation. Behavioural and Cognitive Psychotherapy, 2013, 41, 221-237.	0.9	6
156	How Does the Mindfulness-Based Program for Infertility (MBPI) Work in Reducing Depressive Symptoms?. Mindfulness, 2018, 9, 629-635.	1.6	6
157	Development of a measure for the assessment of peerâ€related positive emotional memories. Psychology and Psychotherapy: Theory, Research and Practice, 2018, 91, 79-94.	1.3	6
158	Obstacles to social safeness in women with chronic pain: The role of fears of compassion. Current Psychology, 2021, 40, 5225-5234.	1.7	6
159	How and when immersion and distancing are useful in emotion focused therapy for depression. Psychotherapy Research, 2019, 29, 737-751.	1.1	6
160	Efficacy of an ACT and Compassion-Based eHealth Program for Self-Management of Chronic Pain (iACTwithPain): Study Protocol for a Randomized Controlled Trial. Frontiers in Psychology, 2021, 12, 630766.	1.1	6
161	Portuguese version of the PTSD Checklist-Military Version (PCL-M)-l: Confirmatory Factor Analysis and reliability. Psychiatry Research, 2015, 226, 53-60.	1.7	5
162	Psychological distress, burnout and personality traits in Dutch anaesthesiologists. European Journal of Anaesthesiology, 2017, 34, 41-42.	0.7	5

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