

Emely de Vet

List of Publications by Year in descending order

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Version: 2024-02-01

93
papers

3,198
citations

136950

32
h-index

175258

52
g-index

100
all docs

100
docs citations

100
times ranked

3647
citing authors

#	ARTICLE	IF	CITATIONS
1	Wired for harsh food environments: Human spatial memory favours the effortless location and consumption of high-calorie foods. <i>Food Quality and Preference</i> , 2022, 97, 104478.	4.6	2
2	Health Effects of Increasing Protein Intake Above the Current Population Reference Intake in Older Adults: A Systematic Review of the Health Council of the Netherlands. <i>Advances in Nutrition</i> , 2022, 13, 1083-1117.	6.4	11
3	The effect of personal relative deprivation on food choice: An experimental approach. <i>PLoS ONE</i> , 2022, 17, e0261317.	2.5	2
4	Stakeholder dialogue on dilemmas at work as a workplace health promotion intervention including employees with a low SEP: a Responsive Evaluation. <i>BMC Public Health</i> , 2022, 22, 407.	2.9	2
5	Use and Effect of Embodied Conversational Agents for Improving Eating Behavior and Decreasing Loneliness Among Community-Dwelling Older Adults: Randomized Controlled Trial. <i>JMIR Formative Research</i> , 2022, 6, e33974.	1.4	3
6	Internally regulated eating style: a comprehensive theoretical framework. <i>British Journal of Nutrition</i> , 2021, 126, 138-150.	2.3	8
7	Nudging healthy eating in Dutch sports canteens: a multi-method case study. <i>Public Health Nutrition</i> , 2021, 24, 327-337.	2.2	7
8	Use and Effect of Web-Based Embodied Conversational Agents for Improving Eating Behavior and Decreasing Loneliness Among Community-Dwelling Older Adults: Protocol for a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2021, 10, e22186.	1.0	9
9	Caregivers' Role in the Effectiveness of Two Dutch School-Based Nutrition Education Programmes for Children Aged 7-12 Years Old. <i>Nutrients</i> , 2021, 13, 140.	4.1	7
10	The effectiveness of workplace health promotion programs on self-perceived health of employees with a low socioeconomic position: An individual participant data meta-analysis. <i>SSM - Population Health</i> , 2021, 13, 100743.	2.7	11
11	Supporting eating behaviour of community-dwelling older adults: co-design of an embodied conversational agent. <i>Design for Health</i> , 2021, 5, 120-139.	0.8	11
12	Short and Long-Term Innovations on Dietary Behavior Assessment and Coaching: Present Efforts and Vision of the Pride and Prejudice Consortium. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7877.	2.6	3
13	The effect of a brief mindfulness intervention on perception of bodily signals of satiation and hunger. <i>Appetite</i> , 2021, 164, 105280.	3.7	9
14	How physical cues surrounding foods influence snack consumption: The case of covering foods. <i>Food Quality and Preference</i> , 2021, 93, 104260.	4.6	2
15	How the Use of a Patient-Accessible Health Record Contributes to Patient-Centered Care: Scoping Review. <i>Journal of Medical Internet Research</i> , 2021, 23, e17655.	4.3	23
16	Assessing teaching quality in nutrition education: A study of two programs in the Netherlands and Australia. <i>International Journal of Educational Research Open</i> , 2021, 2-2, 100086.	2.0	0
17	How autonomy is understood in discussions on the ethics of nudging. <i>Behavioural Public Policy</i> , 2020, 4, 108-123.	2.4	54
18	Increasing the Proportion of Plant-Based Foods Available to Shift Social Consumption Norms and Food Choice among Non-Vegetarians. <i>Sustainability</i> , 2020, 12, 5371.	3.2	14

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19	Education or Provision? A Comparison of Two School-Based Fruit and Vegetable Nutrition Education Programs in the Netherlands. <i>Nutrients</i> , 2020, 12, 3280.	4.1	8
20	Neighbourhood fast food exposure and consumption: the mediating role of neighbourhood social norms. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 61.	4.6	27
21	Responsive evaluation of stakeholder dialogue as a worksite health promotion intervention to contribute to the reduction of SEP related health inequalities: a study protocol. <i>BMC Health Services Research</i> , 2020, 20, 196.	2.2	5
22	Development and validation of the Multidimensional Internally Regulated Eating Scale (MIREs). <i>PLoS ONE</i> , 2020, 15, e0239904.	2.5	6
23	Developing Embodied Conversational Agents for Coaching People in a Healthy Lifestyle: Scoping Review. <i>Journal of Medical Internet Research</i> , 2020, 22, e14058.	4.3	73
24	Dealing with Too Little: The Direct Experience of Scarcity does not Affect Snack Intake. <i>Applied Psychology: Health and Well-Being</i> , 2019, 11, 459-483.	3.0	8
25	The One that I Want: Strong personal preferences render the center-stage nudge redundant. <i>Food Quality and Preference</i> , 2019, 78, 103744.	4.6	19
26	Identifying social norms in physical aspects of food environments: A photo study. <i>Appetite</i> , 2019, 143, 104414.	3.7	9
27	Experiences and views of older people on their participation in a nurse-led health promotion intervention: "Community Health Consultation Offices for Seniors" <i>PLoS ONE</i> , 2019, 14, e0216494.	2.5	11
28	Served Portion Sizes Affect Later Food Intake Through Social Consumption Norms. <i>Nutrients</i> , 2019, 11, 2845.	4.1	14
29	The association of self-regulation with weight loss maintenance after an intensive combined lifestyle intervention for children and adolescents with severe obesity. <i>BMC Obesity</i> , 2017, 4, 13.	3.1	7
30	Self-crafting vegetable snacks: testing the IKEA-effect in children. <i>British Food Journal</i> , 2017, 119, 1301-1312.	2.9	10
31	The association of eating styles with weight change after an intensive combined lifestyle intervention for children and adolescents with severe obesity. <i>Appetite</i> , 2016, 99, 82-90.	3.7	18
32	Depletion sensitivity predicts unhealthy snack purchases. <i>Appetite</i> , 2016, 96, 25-31.	3.7	11
33	The potential of peer social norms to shape food intake in adolescents and young adults: a systematic review of effects and moderators. <i>Health Psychology Review</i> , 2016, 10, 326-340.	8.6	93
34	Encouraging vegetable intake as a snack among children: the influence of portion and unit size. <i>Public Health Nutrition</i> , 2015, 18, 2736-2741.	2.2	17
35	Hungry for an intervention? Adolescents' ratings of acceptability of eating-related intervention strategies. <i>BMC Public Health</i> , 2015, 16, 5.	2.9	43
36	Food Culture in the Home Environment: Family Meal Practices and Values Can Support Healthy Eating and Self-Regulation in Young People in Four European Countries. <i>Applied Psychology: Health and Well-Being</i> , 2015, 7, 22-40.	3.0	27

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37	Communicating eating-related rules. Suggestions are more effective than restrictions. <i>Appetite</i> , 2015, 86, 45-53.	3.7	27
38	PortionControl@HOME: Results of a Randomized Controlled Trial Evaluating the Effect of a Multi-Component Portion Size Intervention on Portion Control Behavior and Body Mass Index. <i>Annals of Behavioral Medicine</i> , 2015, 49, 18-28.	2.9	37
39	The proof is in the eating: subjective peer norms are associated with adolescents' eating behaviour. <i>Public Health Nutrition</i> , 2015, 18, 1044-1051.	2.2	48
40	The home food environment of overweight gatekeepers in the Netherlands. <i>Public Health Nutrition</i> , 2015, 18, 1815-1823.	2.2	7
41	Social proof in the supermarket: Promoting healthy choices under low self-control conditions. <i>Food Quality and Preference</i> , 2015, 45, 113-120.	4.6	55
42	The habitual nature of unhealthy snacking: How powerful are habits in adolescence?. <i>Appetite</i> , 2015, 95, 182-187.	3.7	31
43	Editorial: Self-Regulation of Eating Behaviour among Adolescents. <i>Applied Psychology: Health and Well-Being</i> , 2015, 7, 1-3.	3.0	2
44	Towards a Behavioral Vaccine: Exposure to Accessible Temptation when Self-Regulation is Endorsed Enhances Future Resistance to Similar Temptations in Children. <i>Applied Psychology: Health and Well-Being</i> , 2015, 7, 63-84.	3.0	9
45	Associations between active video gaming and other energy-balance related behaviours in adolescents: a 24-hour recall diary study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 32.	4.6	9
46	Navigating the obesogenic environment: How psychological sensitivity to the food environment and self-regulatory competence are associated with adolescent unhealthy snacking. <i>Eating Behaviors</i> , 2015, 17, 19-22.	2.0	45
47	It's my party and I eat if I want to. Reasons for unhealthy snacking. <i>Appetite</i> , 2015, 84, 20-27.	3.7	61
48	Replacing Non-Active Video Gaming by Active Video Gaming to Prevent Excessive Weight Gain in Adolescents. <i>PLoS ONE</i> , 2015, 10, e0126023.	2.5	28
49	Assessing self-regulation strategies: development and validation of the tempest self-regulation questionnaire for eating (TESQ-E) in adolescents. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 106.	4.6	23
50	“When the going gets tough, who keeps going?” Depletion sensitivity moderates the ego-depletion effect. <i>Frontiers in Psychology</i> , 2014, 5, 647.	2.1	41
51	Dutch children and parents' views on active and non-active video gaming. <i>Health Promotion International</i> , 2014, 29, 235-243.	1.8	28
52	Active video games as a tool to prevent excessive weight gain in adolescents: rationale, design and methods of a randomized controlled trial. <i>BMC Public Health</i> , 2014, 14, 275.	2.9	17
53	Health on impulse: When low self-control promotes healthy food choices.. <i>Health Psychology</i> , 2014, 33, 103-109.	1.6	107
54	Identifying the “if-then” plans: Combining implementation intentions with cue-monitoring targeting unhealthy snacking behaviour. <i>Psychology and Health</i> , 2014, 29, 1476-1492.	2.2	91

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55	Don't tell me what I should do, but what others do: The influence of descriptive and injunctive peer norms on fruit consumption in adolescents. <i>British Journal of Health Psychology</i> , 2014, 19, 52-64.	3.5	172
56	Behavioural strategies to control the amount of food selected and consumed. <i>Appetite</i> , 2014, 72, 156-165.	3.7	28
57	How Norms Work: Self-Identification, Attitude, and Self-Efficacy Mediate the Relation between Descriptive Social Norms and Vegetable Intake. <i>Applied Psychology: Health and Well-Being</i> , 2014, 6, 230-250.	3.0	49
58	Active and non-active video gaming among Dutch adolescents: Who plays and how much?. <i>Journal of Science and Medicine in Sport</i> , 2014, 17, 597-601.	1.3	24
59	Personal, Social, and Game-Related Correlates of Active and Non-Active Gaming Among Dutch Gaming Adolescents: Survey-Based Multivariable, Multilevel Logistic Regression Analyses. <i>JMIR Serious Games</i> , 2014, 2, e4.	3.1	6
60	At-Home Environment, Out-of-Home Environment, Snacks and Sweetened Beverages Intake in Preadolescence, Early and Mid-Adolescence: The Interplay Between Environment and Self-Regulation. <i>Journal of Youth and Adolescence</i> , 2013, 42, 1873-1883.	3.5	50
61	The role of self-regulating abilities in long-term weight loss in severely obese children and adolescents undergoing intensive combined lifestyle interventions (HELIOS); rationale, design and methods. <i>BMC Pediatrics</i> , 2013, 13, 41.	1.7	13
62	The Development and Evaluation of an Internet-Based Intervention to Increase Awareness About Food Portion Sizes: A Randomized, Controlled Trial. <i>Journal of Nutrition Education and Behavior</i> , 2013, 45, 701-707.	0.7	16
63	Eating by example. Effects of environmental cues on dietary decisions. <i>Appetite</i> , 2013, 70, 1-5.	3.7	87
64	Motivational interviewing within the different stages of change: An analysis of practice nurse-patient consultations aimed at promoting a healthier lifestyle. <i>Social Science and Medicine</i> , 2013, 87, 60-67.	3.8	24
65	Access to excess: how do adolescents deal with unhealthy foods in their environment?. <i>European Journal of Public Health</i> , 2013, 23, 752-756.	0.3	39
66	Ain't no mountain high enough? Setting high weight loss goals predict effort and short-term weight loss. <i>Journal of Health Psychology</i> , 2013, 18, 638-647.	2.3	17
67	Appropriateness standards can help to curb the epidemic of overweight: response to Dewitte and to Herman and Polivy. <i>Health Psychology Review</i> , 2013, 7, 173-176.	8.6	0
68	Less is more: The effect of multiple implementation intentions targeting unhealthy snacking habits. <i>European Journal of Social Psychology</i> , 2013, 43, 344-354.	2.4	45
69	Obesity, overconsumption and self-regulation failure: the unsung role of eating appropriateness standards. <i>Health Psychology Review</i> , 2013, 7, 146-165.	8.6	49
70	Adolescents' Views on Active and Non-Active Videogames: A Focus Group Study. <i>Games for Health Journal</i> , 2012, 1, 211-218.	2.0	24
71	Minority talks: The influence of descriptive social norms on fruit intake. <i>Psychology and Health</i> , 2012, 27, 956-970.	2.2	76
72	Do distant foods decrease intake? The effect of food accessibility on consumption. <i>Psychology and Health</i> , 2012, 27, 59-73.	2.2	79

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73	“I should remember I don’t want to become fat” Adolescents’ views on self-regulatory strategies for healthy eating. <i>Journal of Adolescence</i> , 2012, 35, 67-75.	2.4	22
74	More or better: Do the number and specificity of implementation intentions matter in increasing physical activity?. <i>Psychology of Sport and Exercise</i> , 2011, 12, 471-477.	2.1	74
75	Anticipated emotions and effort allocation in weight goal striving. <i>British Journal of Health Psychology</i> , 2011, 16, 201-212.	3.5	26
76	Environmental correlates of physical activity and dietary behaviours among young people: a systematic review of reviews. <i>Obesity Reviews</i> , 2011, 12, e130-42.	6.5	228
77	Implementation intentions for buying, carrying, discussing and using condoms: the role of the quality of plans. <i>Health Education Research</i> , 2011, 26, 443-455.	1.9	37
78	Expert views on most suitable monetary incentives on food to stimulate healthy eating. <i>European Journal of Public Health</i> , 2010, 20, 325-331.	0.3	35
79	Should implementation intentions interventions be implemented in obesity prevention: the impact of if-then plans on daily physical activity in Dutch adults. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2009, 6, 11.	4.6	52
80	Predictors of Stage Transitions in the Precaution Adoption Process Model. <i>American Journal of Health Promotion</i> , 2008, 22, 282-290.	1.7	19
81	Do the Transtheoretical Processes of Change Predict Transitions in Stages of Change for Fruit Intake?. <i>Health Education and Behavior</i> , 2008, 35, 603-618.	2.5	14
82	Does habit strength moderate the intention-behaviour relationship in the Theory of Planned Behaviour? The case of fruit consumption. <i>Psychology and Health</i> , 2007, 22, 899-916.	2.2	134
83	Testing the transtheoretical model for fruit intake: comparing web-based tailored stage-matched and stage-mismatched feedback. <i>Health Education Research</i> , 2007, 23, 218-227.	1.9	23
84	Implementation intentions and diet. <i>Journal of Psychosomatic Research</i> , 2007, 63, 499-500.	2.6	4
85	The Transtheoretical model for fruit, vegetable and fish consumption: associations between intakes, stages of change and stage transition determinants. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2006, 3, 13.	4.6	35
86	Do Implementation Intentions Help to Turn Good Intentions into Higher Fruit Intakes?. <i>Journal of Nutrition Education and Behavior</i> , 2006, 38, 25-29.	0.7	59
87	Predicting Fruit Consumption: Cognitions, Intention, and Habits. <i>Journal of Nutrition Education and Behavior</i> , 2006, 38, 73-81.	0.7	143
88	Comparing stage of change and behavioral intention to understand fruit intake. <i>Health Education Research</i> , 2006, 22, 599-608.	1.9	13
89	Stages of change in fruit intake: A longitudinal examination of stability, stage transitions and transition profiles. <i>Psychology and Health</i> , 2005, 20, 415-428.	2.2	20
90	How stable are stages of change for nutrition behaviors in the Netherlands?. <i>Health Promotion International</i> , 2005, 20, 27-32.	1.8	33

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91	Determinants of Forward Stage Transition from Precontemplation and Contemplation for Fruit Consumption. <i>American Journal of Health Promotion</i> , 2005, 19, 278-285.	1.7	35
92	Determinants of forward stage transitions: a Delphi study. <i>Health Education Research</i> , 2004, 20, 195-205.	1.9	121
93	The Effects of Practicing Registration of Organ Donation Preference on Self-Efficacy and Registration Intention: An Enactive Mastery Experience. <i>Psychology and Health</i> , 2003, 18, 585-594.	2.2	21