Corneel Vandelanotte

List of Publications by Year in descending order

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253 papers

13,282 citations

48 h-index

44042

34964

g-index

270 all docs

270 docs citations

times ranked

270

16756 citing authors

#	Article	IF	CITATIONS
1	Depression, Anxiety and Stress during COVID-19: Associations with Changes in Physical Activity, Sleep, Tobacco and Alcohol Use in Australian Adults. International Journal of Environmental Research and Public Health, 2020, 17, 4065.	1.2	939
2	A meta-meta-analysis of the effect of physical activity on depression and anxiety in non-clinical adult populations. Health Psychology Review, 2015, 9, 366-378.	4.4	745
3	Efficacy of interventions that use apps to improve diet, physical activity and sedentary behaviour: a systematic review. International Journal of Behavioral Nutrition and Physical Activity, 2016, 13, 127.	2.0	697
4	Are Health Behavior Change Interventions That Use Online Social Networks Effective? A Systematic Review. Journal of Medical Internet Research, 2014, 16, e40.	2.1	608
5	Website-Delivered Physical Activity Interventions. American Journal of Preventive Medicine, 2007, 33, 54-64.	1.6	434
6	Meta-analysis of internet-delivered interventions to increase physical activity levels. International Journal of Behavioral Nutrition and Physical Activity, 2012, 9, 52.	2.0	417
7	Past, Present, and Future of eHealth and mHealth Research toÂlmprove Physical Activity and Dietary Behaviors. Journal of Nutrition Education and Behavior, 2016, 48, 219-228.e1.	0.3	340
8	Telephone Interventions for Physical Activity and Dietary Behavior Change. American Journal of Preventive Medicine, 2007, 32, 419-434.	1.6	309
9	Diabetes Self-Management Smartphone Application for Adults With Type 1 Diabetes: Randomized Controlled Trial. Journal of Medical Internet Research, 2013, 15, e235.	2.1	290
10	Measuring Engagement in eHealth and mHealth Behavior Change Interventions: Viewpoint of Methodologies. Journal of Medical Internet Research, 2018, 20, e292.	2.1	263
11	Apps to improve diet, physical activity and sedentary behaviour in children and adolescents: a review of quality, features and behaviour change techniques. International Journal of Behavioral Nutrition and Physical Activity, 2017, 14, 83.	2.0	211
12	A systematic review of the effects of non-conscious regulatory processes in physical activity. Health Psychology Review, 2016, 10, 395-407.	4.4	172
13	The effectiveness of e-& mHealth interventions to promote physical activity and healthy diets in developing countries: A systematic review. International Journal of Behavioral Nutrition and Physical Activity, 2016, 13, 109.	2.0	167
14	Effectiveness of an online computer-tailored physical activity intervention in a real-life setting. Health Education Research, 2006, 22, 385-396.	1.0	159
15	A review of probiotic supplementation in healthy adults: helpful or hype?. European Journal of Clinical Nutrition, 2019, 73, 24-37.	1.3	159
16	Associations of Leisure-Time Internet and Computer Use With Overweight and Obesity, Physical Activity and Sedentary Behaviors: Cross-Sectional Study. Journal of Medical Internet Research, 2009, 11, e28.	2.1	155
17	Evaluation of a website-delivered computer-tailored intervention for increasing physical activity in the general population. Preventive Medicine, 2007, 44, 209-217.	1.6	151
18	Using Smartphone Technology to Monitor Physical Activity in the 10,000 Steps Program: A Matched Case–Control Trial. Journal of Medical Internet Research, 2012, 14, e55.	2.1	151

#	Article	lF	Citations
19	A Web-Based, Social Networking Physical Activity Intervention for Insufficiently Active Adults Delivered via Facebook App: Randomized Controlled Trial. Journal of Medical Internet Research, 2015, 17, e174.	2.1	141
20	Effectiveness of a Web- and Mobile Phone-Based Intervention to Promote Physical Activity and Healthy Eating in Middle-Aged Males: Randomized Controlled Trial of the ManUp Study. Journal of Medical Internet Research, 2014, 16, e136.	2.1	131
21	Physical Activity, Sedentary Behavior, and Diet-Related eHealth and mHealth Research: Bibliometric Analysis. Journal of Medical Internet Research, 2018, 20, e122.	2.1	131
22	Efficacy of sequential or simultaneous interactive computer-tailored interventions for increasing physical activity and decreasing fat intake. Annals of Behavioral Medicine, 2005, 29, 138-146.	1.7	129
23	Reliability and Validity of a Computerized and Dutch Version of the International Physical Activity Questionnaire (IPAQ). Journal of Physical Activity and Health, 2005, 2, 63-75.	1.0	126
24	Engagement and Nonusage Attrition With a Free Physical Activity Promotion Program: The Case of 10,000 Steps Australia. Journal of Medical Internet Research, 2015, 17, e176.	2.1	125
25	Acceptability and feasibility of a computer-tailored physical activity intervention using stages of change: project FAITH. Health Education Research, 2003, 18, 304-317.	1.0	108
26	Effects of a Web-Based Tailored Multiple-Lifestyle Intervention for Adults: A Two-Year Randomized Controlled Trial Comparing Sequential and Simultaneous Delivery Modes. Journal of Medical Internet Research, 2014, 16, e26.	2.1	101
27	Interest and preferences for using advanced physical activity tracking devices: results of a national cross-sectional survey. BMJ Open, 2016, 6, e011243.	0.8	86
28	Associations of physical activity and screen-time on health related quality of life in adults. Preventive Medicine, 2012, 55, 46-49.	1.6	83
29	As the Pandemic Progresses, How Does Willingness to Vaccinate against COVID-19 Evolve?. International Journal of Environmental Research and Public Health, 2021, 18, 797.	1.2	81
30	User Engagement and Attrition in an App-Based Physical Activity Intervention: Secondary Analysis of a Randomized Controlled Trial. Journal of Medical Internet Research, 2019, 21, e14645.	2.1	81
31	A Review of the Effectiveness of Physical Activity Interventions for Adult Males. Sports Medicine, 2012, 42, 281-300.	3.1	80
32	Understanding occupational sitting: Prevalence, correlates and moderating effects in Australian employees. Preventive Medicine, 2014, 67, 288-294.	1.6	75
33	Recreational facilities and leisure-time physical activity: An analysis of moderators and self-efficacy as a mediator Health Psychology, 2008, 27, S126-S135.	1.3	74
34	Effectiveness of a Web-Based, Computer-Tailored, Pedometer-Based Physical Activity Intervention for Adults: A Cluster Randomized Controlled Trial. Journal of Medical Internet Research, 2015, 17, e38.	2.1	74
35	A randomized trial of sequential and simultaneous multiple behavior change interventions for physical activity and fat intake. Preventive Medicine, 2008, 46, 232-237.	1.6	71
36	What a Man Wants. American Journal of Men's Health, 2012, 6, 453-461.	0.7	71

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37	Comparative efficacy of simultaneous versus sequential multiple health behavior change interventions among adults: A systematic review of randomised trials. Preventive Medicine, 2016, 89, 211-223.	1.6	69
38	Can a Website-Delivered Computer-Tailored Physical Activity Intervention Be Acceptable, Usable, and Effective for Older People?. Health Education and Behavior, 2013, 40, 160-170.	1.3	68
39	Why do young adults choose different transport modes? A focus group study. Transport Policy, 2014, 36, 151-159.	3.4	66
40	Associations of health-behavior patterns, mental health and self-rated health. Preventive Medicine, 2019, 118, 295-303.	1.6	66
41	It's not raining men: a mixed-methods study investigating methods of improving male recruitment to health behaviour research. BMC Public Health, 2019, 19, 814.	1.2	64
42	Assessment of Mobile Health Apps Using Built-In Smartphone Sensors for Diagnosis and Treatment: Systematic Survey of Apps Listed in International Curated Health App Libraries. JMIR MHealth and UHealth, 2020, 8, e16741.	1.8	62
43	Prospective Associations Between Intervention Components and Website Engagement in a Publicly Available Physical Activity Website: The Case of 10,000 Steps Australia. Journal of Medical Internet Research, 2012, 14, e4.	2.1	61
44	Psychosocial and Environmental Correlates of Walking, Cycling, Public Transport and Passive Transport to Various Destinations in Flemish Older Adolescents. PLoS ONE, 2016, 11, e0147128.	1.1	59
45	A Social Networking and Gamified App to Increase Physical Activity: Cluster RCT. American Journal of Preventive Medicine, 2020, 58, e51-e62.	1.6	58
46	Cross-Sectional Associations between Multiple Lifestyle Behaviors and Health-Related Quality of Life in the 10,000 Steps Cohort. PLoS ONE, 2014, 9, e94184.	1.1	57
47	The Effectiveness of a Web-Based Computer-Tailored Physical Activity Intervention Using Fitbit Activity Trackers: Randomized Trial. Journal of Medical Internet Research, 2018, 20, e11321.	2.1	57
48	Two-year follow-up of sequential and simultaneous interactive computer-tailored interventions for increasing physical activity and decreasing fat intake. Annals of Behavioral Medicine, 2007, 33, 213-219.	1.7	56
49	Tracking and Explanation of Physical Activity in Young Adults over a 7-Year Period. Research Quarterly for Exercise and Sport, 2002, 73, 376-385.	0.8	54
50	Associations of overall sitting time and sitting time in different contexts with depression, anxiety, and stress symptoms. Mental Health and Physical Activity, 2014, 7, 105-110.	0.9	54
51	Factors influencing mode of transport in older adolescents: a qualitative study. BMC Public Health, 2013, 13, 323.	1.2	53
52	Design, Development, and Formative Evaluation of a Smartphone Application for Recording and Monitoring Physical Activity Levels. Health Education and Behavior, 2013, 40, 140-151.	1.3	53
53	Effectiveness of a web-based physical activity intervention for adults with Type 2 diabetesâ€"A randomised controlled trial. Preventive Medicine, 2014, 60, 33-40.	1.6	52
54	Associations between occupational indicators and total, work-based and leisure-time sitting: a cross-sectional study. BMC Public Health, 2013, 13, 1110.	1.2	51

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55	Psychometric properties of the PERMA Profiler for measuring wellbeing in Australian adults. PLoS ONE, 2019, 14, e0225932.	1.1	51
56	Activity Trackers Implement Different Behavior Change Techniques for Activity, Sleep, and Sedentary Behaviors. Interactive Journal of Medical Research, 2017, 6, e13.	0.6	51
57	Using Online Computer Tailoring to Promote Physical Activity: A Randomized Trial of Text, Video, and Combined Intervention Delivery Modes. Journal of Health Communication, 2014, 19, 1377-1392.	1.2	50
58	The influence of parental modelling on children's physical activity and screen time: Does it differ by gender?. European Journal of Public Health, 2017, 27, ckw182.	0.1	50
59	How do different delivery schedules of tailored web-based physical activity advice for breast cancer survivors influence intervention use and efficacy?. Journal of Cancer Survivorship, 2017, 11, 80-91.	1.5	50
60	Acceptability, feasibility and effectiveness of a computer-tailored physical activity intervention in adolescents. Patient Education and Counseling, 2007, 66, 303-310.	1.0	49
61	Temporal trends in and relationships between screen time, physical activity, overweight and obesity. BMC Public Health, 2012, 12, 1060.	1.2	49
62	The association between short sleep and obesity after controlling for demographic, lifestyle, work and health related factors. Sleep Medicine, 2013, 14, 319-323.	0.8	49
63	Acceptability and feasibility of an interactive computer-tailored fat intake intervention in Belgium. Health Promotion International, 2004, 19, 463-470.	0.9	48
64	How Do Different Occupational Factors Influence Total, Occupational, and Leisure-Time Physical Activity?. Journal of Physical Activity and Health, 2015, 12, 200-207.	1.0	48
65	Improving diet, physical activity and other lifestyle behaviours using computer-tailored advice in general practice: a randomised controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2012, 9, 108.	2.0	47
66	Web-Based Video-Coaching to Assist an Automated Computer-Tailored Physical Activity Intervention for Inactive Adults: A Randomized Controlled Trial. Journal of Medical Internet Research, 2016, 18, e223.	2.1	47
67	Examining Participant Engagement in an Information Technology-Based Physical Activity and Nutrition Intervention for Men: The Manup Randomized Controlled Trial. JMIR Research Protocols, 2014, 3, e2.	0.5	47
68	Efficacy of an m-Health Physical Activity and Sleep Health Intervention for Adults: A Randomized Waitlist-Controlled Trial. American Journal of Preventive Medicine, 2019, 57, 503-514.	1.6	46
69	Evaluation of an interactive computer-tailored nutrition intervention in a real-life setting. Annals of Behavioral Medicine, 2007, 33, 39-48.	1.7	45
70	The Association Between Physical Activity, Sitting Time, Sleep Duration, and Sleep Quality as Correlates of Presenteeism. Journal of Occupational and Environmental Medicine, 2015, 57, 321-328.	0.9	45
71	The Effectiveness of a Web-Based Computer-Tailored Intervention on Workplace Sitting: A Randomized Controlled Trial. Journal of Medical Internet Research, 2016, 18, e96.	2.1	45
72	How are different levels of knowledge about physical activity associated with physical activity behaviour in Australian adults?. PLoS ONE, 2018, 13, e0207003.	1.1	44

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73	"Active Team―a social and gamified app-based physical activity intervention: randomised controlled trial study protocol. BMC Public Health, 2017, 17, 859.	1.2	43
74	What Kinds of Website and Mobile Phone–Delivered Physical Activity and Nutrition Interventions Do Middle-Aged Men Want?. Journal of Health Communication, 2013, 18, 1070-1083.	1.2	42
75	Individual characteristics associated with physical activity intervention delivery mode preferences among adults. International Journal of Behavioral Nutrition and Physical Activity, 2014, 11, 25.	2.0	42
76	Physical activity recommendations from general practitioners in Australia. Results from a national survey. Australian and New Zealand Journal of Public Health, 2016, 40, 83-90.	0.8	42
77	Mental health and well-being concerns of fly-in fly-out workers and their partners in Australia: a qualitative study. BMJ Open, 2018, 8, e019516.	0.8	42
78	Examining the Correlates of Online Health Information–Seeking Behavior Among Men Compared With Women. American Journal of Men's Health, 2018, 12, 1358-1367.	0.7	42
79	A Smartphone App to Promote an Active Lifestyle in Lower-Educated Working Young Adults: Development, Usability, Acceptability, and Feasibility Study. JMIR MHealth and UHealth, 2018, 6, e44.	1.8	42
80	A computer-tailored dietary fat intake intervention for adolescents: Results of a randomized controlled trial. Annals of Behavioral Medicine, 2007, 34, 253-262.	1.7	41
81	TaylorActive – Examining the effectiveness of web-based personally-tailored videos to increase physical activity: a randomised controlled trial protocol. BMC Public Health, 2015, 15, 1020.	1.2	41
82	Barriers and Enablers to Modifying Sleep Behavior in Adolescents and Young Adults: A Qualitative Investigation. Behavioral Sleep Medicine, 2019, 17, 1-11.	1.1	41
83	Effect and Process Evaluation of a Smartphone App to Promote an Active Lifestyle in Lower Educated Working Young Adults: Cluster Randomized Controlled Trial. JMIR MHealth and UHealth, 2018, 6, e10003.	1.8	41
84	Qualitative and quantitative research into the development and feasibility of a video-tailored physical activity intervention. International Journal of Behavioral Nutrition and Physical Activity, 2011, 8, 70.	2.0	40
85	Using Web 2.0 applications to promote health-related physical activity: findings from the WALK 2.0 randomised controlled trial. British Journal of Sports Medicine, 2017, 51, 1433-1440.	3.1	40
86	Chronic disease risks and use of a smartphone application during a physical activity and dietary intervention in Australian truck drivers. Australian and New Zealand Journal of Public Health, 2016, 40, 91-93.	0.8	39
87	Efficacy of a Multi-component m-Health Weight-loss Intervention in Overweight and Obese Adults: A Randomised Controlled Trial. International Journal of Environmental Research and Public Health, 2020, 17, 6200.	1.2	39
88	Examining the use of evidence-based and social media supported tools in freely accessible physical activity intervention websites. International Journal of Behavioral Nutrition and Physical Activity, 2014, 11, 105.	2.0	37
89	Balanced: a randomised trial examining the efficacy of two self-monitoring methods for an app-based multi-behaviour intervention to improve physical activity, sitting and sleep in adults. BMC Public Health, 2016, 16, 670.	1.2	37
90	Improving Cardiometabolic Health with Diet, Physical Activity, and Breaking Up Sitting: What about Sleep?. Frontiers in Physiology, 2017, 8, 865.	1.3	37

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91	Patterns of Diet, Physical Activity, Sitting and Sleep Are Associated with Socio-Demographic, Behavioural, and Health-Risk Indicators in Adults. International Journal of Environmental Research and Public Health, 2019, 16, 2375.	1.2	37
92	Development and reliability testing of a self-report instrument to measure the office layout as a correlate of occupational sitting. International Journal of Behavioral Nutrition and Physical Activity, 2013, 10, 16.	2.0	36
93	Socio-demographic factors and neighbourhood social cohesion influence adults' willingness to grant children greater independent mobility: A cross-sectional study. BMC Public Health, 2015, 15, 690.	1.2	36
94	The impact of an m-Health financial incentives program on the physical activity and diet of Australian truck drivers. BMC Public Health, 2017, 17, 467.	1.2	36
95	Cross-sectional associations between multiple lifestyle behaviours and excellent well-being in Australian adults. Preventive Medicine, 2018, 116, 119-125.	1.6	36
96	WALK 2.0 - Using Web 2.0 applications to promote health-related physical activity: A randomised controlled trial protocol. BMC Public Health, 2013, 13, 436.	1.2	35
97	Cue Consistency Associated with Physical Activity Automaticity and Behavior. Behavioral Medicine, 2016, 42, 248-253.	1.0	35
98	Applying Machine Learning to Identify Anti-Vaccination Tweets during the COVID-19 Pandemic. International Journal of Environmental Research and Public Health, 2021, 18, 4069.	1.2	35
99	Effectiveness of a Web 2.0 Intervention to Increase Physical Activity in Real-World Settings: Randomized Ecological Trial. Journal of Medical Internet Research, 2017, 19, e390.	2.1	35
100	Effectiveness of a website and mobile phone based physical activity and nutrition intervention for middle-aged males: Trial protocol and baseline findings of the ManUp Study. BMC Public Health, 2012, 12, 656.	1.2	34
101	Differences in health-related quality of life between three clusters of physical activity, sitting time, depression, anxiety, and stress. BMC Public Health, 2014, 14, 1088.	1.2	34
102	A review of the nature and effectiveness of nutrition interventions in adult males $\hat{a} \in \text{``a guide for}$ intervention strategies. International Journal of Behavioral Nutrition and Physical Activity, 2013, 10, 13.	2.0	33
103	eHealth interventions targeting nutrition, physical activity, sedentary behavior, or obesity in adults: A scoping review of systematic reviews. Obesity Reviews, 2021, 22, e13295.	3.1	33
104	Greater bed- and wake-time variability is associated with less healthy lifestyle behaviors: a cross-sectional study. Zeitschrift Fur Gesundheitswissenschaften, 2016, 24, 31-40.	0.8	32
105	The impact of breaking up prolonged sitting on glucose metabolism and cognitive function when sleep is restricted. Neurobiology of Sleep and Circadian Rhythms, 2018, 4, 17-23.	1.4	32
106	Reliability and validity of a computerized questionnaire to measure fat intake in Belgium. Nutrition Research, 2004, 24, 621-631.	1.3	31
107	How is adults' screen time behaviour influencing their views on screen time restrictions for children? A cross-sectional study. BMC Public Health, 2016, 16, 201.	1.2	31
108	More real-world trials are needed to establish if web-based physical activity interventions are effective. British Journal of Sports Medicine, 2019, 53, 1553-1554.	3.1	31

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109	Feasibility, Usability, and Effectiveness of a Machine Learning–Based Physical Activity Chatbot: Quasi-Experimental Study. JMIR MHealth and UHealth, 2021, 9, e28577.	1.8	30
110	The effectiveness of a web 2.0 physical activity intervention in older adults – a randomised controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2018, 15, 4.	2.0	29
111	Do singles or couples live healthier lifestyles? Trends in Queensland between 2005-2014. PLoS ONE, 2018, 13, e0192584.	1.1	29
112	Web-Based, Computer-Tailored, Pedometer-Based Physical Activity Advice: Development, Dissemination Through General Practice, Acceptability, and Preliminary Efficacy in a Randomized Controlled Trial. Journal of Medical Internet Research, 2012, 14, e53.	2.1	29
113	Feasibility, acceptability and efficacy of a web-based computer-tailored physical activity intervention for pregnant women - the Fit4Two randomised controlled trial. BMC Pregnancy and Childbirth, 2017, 17, 96.	0.9	28
114	Age differences in physical activity intentions and implementation intention preferences. Journal of Behavioral Medicine, 2018, 41, 406-415.	1.1	28
115	Physical activity trends in Queensland (2002 to 2008): are women becoming more active than men?. Australian and New Zealand Journal of Public Health, 2010, 34, 248-254.	0.8	27
116	Randomized controlled trial of a computer-tailored multiple health behaviour intervention in general practice: 12-month follow-up results. International Journal of Behavioral Nutrition and Physical Activity, 2014, 11, 41.	2.0	27
117	Identifying correlates of breaks in occupational sitting: a cross-sectional study. Building Research and Information, 2015, 43, 646-658.	2.0	27
118	Theory-driven, web-based, computer-tailored advice to reduce and interrupt sitting at work: development, feasibility and acceptability testing among employees. BMC Public Health, 2015, 15, 959.	1.2	27
119	Too far from home? Adult attitudes on children's independent mobility range. Children's Geographies, 2016, 14, 482-489.	1.6	27
120	Impact of increasing social media use on sitting time and body mass index. Health Promotion Journal of Australia, 2017, 28, 91-95.	0.6	27
121	Controversies in the Science of Sedentary Behaviour and Health: Insights, Perspectives and Future directions from the 2018 Queensland Sedentary Behaviour Think Tank. International Journal of Environmental Research and Public Health, 2019, 16, 4762.	1.2	27
122	Impact of COVID-19 on Physical Activity Among 10,000 Steps Members and Engagement With the Program in Australia: Prospective Study. Journal of Medical Internet Research, 2021, 23, e23946.	2.1	27
123	Do Participants' Preferences for Mode of Delivery (Text, Video, or Both) Influence the Effectiveness of a Web-Based Physical Activity Intervention?. Journal of Medical Internet Research, 2012, 14, e37.	2.1	27
124	Differences in impact between a family- versus an individual-based tailored intervention to reduce fat intake. Health Education Research, 2002, 17, 435-449.	1.0	26
125	10,000 Steps Australia: a community-wide eHealth physical activity promotion programme. British Journal of Sports Medicine, 2018, 52, 885-886.	3.1	26
126	The Association Between Time-Use Behaviors and Physical and Mental Well-Being in Adults: A Compositional Isotemporal Substitution Analysis. Journal of Physical Activity and Health, 2020, 17, 197-203.	1.0	26

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127	The association of resilience with depression, anxiety, stress and physical activity during the COVID-19 pandemic. BMC Public Health, 2022, 22, 491.	1.2	26
128	The development of an internet-based outpatient cardiac rehabilitation intervention: a Delphi study. BMC Cardiovascular Disorders, 2010, 10, 27.	0.7	25
129	Is preference for mHealth intervention delivery platform associated with delivery platform familiarity?. BMC Public Health, 2016, 16, 619.	1.2	25
130	Research Combining Physical Activity and Sleep: A Bibliometric Analysis. Perceptual and Motor Skills, 2020, 127, 154-181.	0.6	25
131	Community health workers for non-communicable disease prevention and control in Nepal: a qualitative study. BMJ Open, 2020, 10, e040350.	0.8	25
132	Do Personally Tailored Videos in a Web-Based Physical Activity Intervention Lead to Higher Attention and Recall? – An Eye-Tracking Study. Frontiers in Public Health, 2014, 2, 13.	1.3	24
133	Barriers to healthy lifestyle behaviors in Australian nursing students: A qualitative study. Australian Journal of Cancer Nursing, 2020, 22, 921-928.	0.8	24
134	Development and usability of a computer-tailored pedometer-based physical activity advice for breast cancer survivors. European Journal of Cancer Care, 2015, 24, 673-682.	0.7	23
135	Health behaviours of Australian fly-in, fly-out workers and partners during on-shift and off-shift days: an ecological momentary assessment study. BMJ Open, 2018, 8, e023631.	0.8	23
136	Validity and responsiveness to change of the Active Australia Survey according to gender, age, BMI, education, and physical activity level and awareness. BMC Public Health, 2019, 19, 407.	1.2	23
137	A review of pregnancy information on nutrition, physical activity and sleep websites. Women and Birth, 2020, 33, 35-40.	0.9	23
138	Efficacy of an m-Health Physical Activity and Sleep Intervention to Improve Sleep Quality in Middle-Aged Adults: The Refresh Study Randomized Controlled Trial. Annals of Behavioral Medicine, 2020, 54, 470-483.	1.7	23
139	Choice of transport mode in emerging adulthood: Differences between secondary school students, studying young adults and working young adults and relations with gender, SES and living environment. Transportation Research, Part A: Policy and Practice, 2017, 103, 172-184.	2.0	22
140	Daily steps and diet, but not sleep, are related to mortality in older Australians. Journal of Science and Medicine in Sport, 2020, 23, 276-282.	0.6	22
141	Identifying population subgroups at risk for underestimating weight health risks and overestimating physical activity health benefits. Journal of Health Psychology, 2011, 16, 760-769.	1.3	21
142	Randomised controlled trial using a theory-based m-health intervention to improve physical activity and sleep health in adults: the Synergy Study protocol. BMJ Open, 2018, 8, e018997.	0.8	21
143	Can you elaborate on that? Addressing participants' need for cognition in computer-tailored health behavior interventions. Health Psychology Review, 2018, 12, 437-452.	4.4	21
144	Are web-based personally tailored physical activity videos more effective than personally tailored text-based interventions? Results from the three-arm randomised controlled TaylorActive trial. British Journal of Sports Medicine, 2021, 55, 336-343.	3.1	20

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145	A Pilot Study of the Feasibility of an Internet-based Electronic Outpatient Cardiac Rehabilitation (eOCR) Program in Rural Primary Care. Heart Lung and Circulation, 2013, 22, 352-359.	0.2	19
146	What are the working mechanisms of a web-based workplace sitting intervention targeting psychosocial factors and action planning?. BMC Public Health, 2017, 17, 382.	1.2	19
147	Sociodemographic and behavioral correlates of insufficient sleep in Australian adults. Sleep Health, 2019, 5, 12-17.	1.3	19
148	Psychosocial and environmental correlates of active and passive transport behaviors in college educated and non-college educated working young adults. PLoS ONE, 2017, 12, e0174263.	1.1	19
149	An Evaluation of Web- and Print-Based Methods to Attract People to a Physical Activity Intervention. JMIR Research Protocols, 2016, 5, e94.	0.5	19
150	My Activity Coach– Using video-coaching to assist a web-based computer-tailored physical activity intervention: a randomised controlled trial protocol. BMC Public Health, 2014, 14, 738.	1.2	18
151	Validity of treadmill- and track-based individual calibration methods for estimating free-living walking speed and VO2 using the Actigraph accelerometer. BMC Sports Science, Medicine and Rehabilitation, 2015, 7, 29.	0.7	18
152	8-year trends in physical activity, nutrition, TV viewing time, smoking, alcohol and BMI: A comparison of younger and older Queensland adults. PLoS ONE, 2017, 12, e0172510.	1.1	18
153	Impact of a Social Media Campaign on Reach, Uptake, and Engagement with a Free Web- and App-Based Physical Activity Intervention: The 10,000 Steps Australia Program. International Journal of Environmental Research and Public Health, 2019, 16, 5076.	1.2	18
154	Practical Nutrition Knowledge Mediates the Relationship Between Sociodemographic Characteristics and Diet Quality in Adults: A Cross-Sectional Analysis. American Journal of Health Promotion, 2020, 34, 59-62.	0.9	18
155	Validity and bias on the online active Australia survey: activity level and participant factors associated with self-report bias. BMC Medical Research Methodology, 2020, 20, 6.	1.4	18
156	Examining an Australian physical activity and nutrition intervention using RE-AIM. Health Promotion International, 2016, 31, 450-458.	0.9	17
157	Awareness and Attitudes of Gut Health, Probiotics and Prebiotics in Australian Adults. Journal of Dietary Supplements, 2021, 18, 418-432.	1.4	17
158	Eâ€&mHealth interventions targeting nutrition, physical activity, sedentary behavior, and/or obesity among children: A scoping review of systematic reviews and metaâ€analyses. Obesity Reviews, 2021, 22, e13331.	3.1	17
159	Correlates of resistance training in post-treatment breast cancer survivors. Supportive Care in Cancer, 2014, 22, 2757-2766.	1.0	16
160	Validity of the Stages of Change in Steps instrument (SoC-Step) for achieving the physical activity goal of 10,000 steps per day. BMC Public Health, 2015, 15, 1197.	1.2	16
161	Why We Need More Than Just Randomized Controlled Trials to Establish the Effectiveness of Online Social Networks for Health Behavior Change. American Journal of Health Promotion, 2015, 30, 74-76.	0.9	16
162	Recruitment, screening, and baseline participant characteristics in the WALK 2.0 study: A randomized controlled trial using web 2.0 applications to promote physical activity. Contemporary Clinical Trials Communications, 2016, 2, 25-33.	0.5	16

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163	A focus group study of older adults' perceptions and preferences towards web-based physical activity interventions. Informatics for Health and Social Care, 2020, 45, 273-281.	1.4	16
164	Effects of an Activity Tracker and App Intervention to Increase Physical Activity in Whole Familiesâ€"The Step It Up Family Feasibility Study. International Journal of Environmental Research and Public Health, 2020, 17, 7655.	1.2	16
165	Comparing motivational, self-regulatory and habitual processes in a computer-tailored physical activity intervention in hospital employees - protocol for the PATHS randomised controlled trial. BMC Public Health, 2017, 17, 518.	1.2	15
166	Characteristics of Adopters of an Online Social Networking Physical Activity Mobile Phone App: Cluster Analysis. JMIR MHealth and UHealth, 2019, 7, e12484.	1.8	14
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