

# Clare S Rees

## List of Publications by Year in descending order

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Version: 2024-02-01

112  
papers

4,723  
citations

94433

37  
h-index

114465

63  
g-index

112  
all docs

112  
docs citations

112  
times ranked

5164  
citing authors

#	ARTICLE	IF	CITATIONS
1	Behavioral activation treatments for depression in adults: A meta-analysis and review.. Clinical Psychology: Science and Practice, 2009, 16, 383-411.	0.9	297
2	Meta-analysis of randomized, controlled treatment trials for pediatric obsessive-compulsive disorder. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2008, 49, 489-498.	5.2	255
3	Low mindfulness predicts pain catastrophizing in a fear-avoidance model of chronic pain. Pain, 2010, 148, 120-127.	4.2	182
4	Behavioral activation interventions for well-being: A meta-analysis. Journal of Positive Psychology, 2010, 5, 105-121.	4.0	179
5	Self-Compassion, Emotion Regulation and Stress among Australian Psychologists: Testing an Emotion Regulation Model of Self-Compassion Using Structural Equation Modeling. PLoS ONE, 2015, 10, e0133481.	2.5	165
6	Understanding individual resilience in the workplace: the international collaboration of workforce resilience model. Frontiers in Psychology, 2015, 6, 73.	2.1	162
7	How Can We Best Reduce Pain Catastrophizing in Adults With Chronic Noncancer Pain? A Systematic Review and Meta-Analysis. Journal of Pain, 2018, 19, 233-256.	1.4	152
8	Nurse resilience: A concept analysis. International Journal of Mental Health Nursing, 2020, 29, 553-575.	3.8	145
9	Therapeutic Alliance in Face-to-Face Versus Videoconferenced Psychotherapy.. Professional Psychology: Research and Practice, 2005, 36, 649-653.	1.0	141
10	Comparing In-Person to Videoconference-Based Cognitive Behavioral Therapy for Mood and Anxiety Disorders: Randomized Controlled Trial. Journal of Medical Internet Research, 2013, 15, e258.	4.3	126
11	Relationship Between Homework Completion and Outcome in Cognitive Behaviour Therapy. Cognitive Behaviour Therapy, 2005, 34, 242-247.	3.5	114
12	Group versus individual cognitive-behavioural treatment for obsessive-compulsive disorder: A controlled trial. Behaviour Research and Therapy, 2007, 45, 123-137.	3.1	112
13	The contribution of individual psychological resilience in determining the professional quality of life of Australian nurses. Frontiers in Psychology, 2015, 6, 1613.	2.1	105
14	Mindfulness-based Cognitive Therapy for Generalized Anxiety Disorder: A Preliminary Evaluation. Behavioural and Cognitive Psychotherapy, 2008, 36, 553.	1.2	99
15	A Systematic Review of Videoconference-Delivered Psychological Treatment for Anxiety Disorders. Australian Psychologist, 2015, 50, 259-264.	1.6	93
16	A Pilot Evaluation of a Mindful Self-care and Resiliency (MSCR) Intervention for Nurses. Mindfulness, 2016, 7, 764-774.	2.8	90
17	The ProQOL-21: A revised version of the Professional Quality of Life (ProQOL) scale based on Rasch analysis. PLoS ONE, 2018, 13, e0193478.	2.5	88
18	An open trial of group metacognitive therapy for obsessive-compulsive disorder. Journal of Behavior Therapy and Experimental Psychiatry, 2008, 39, 451-458.	1.2	83

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19	The role of dichotomous thinking and rigidity in perfectionism. <i>Behaviour Research and Therapy</i> , 2007, 45, 1813-1822.	3.1	82
20	What happens when you tell someone you self-injure? The effects of disclosing NSSI to adults and peers. <i>BMC Public Health</i> , 2015, 15, 1039.	2.9	80
21	Stressors and coping of nursing students in clinical placement: A qualitative study contextualizing their resilience and burnout. <i>Nurse Education in Practice</i> , 2020, 42, 102690.	2.6	72
22	A randomised controlled trial of group cognitive behavioural therapy for perfectionism. <i>Behaviour Research and Therapy</i> , 2015, 68, 37-47.	3.1	71
23	The contribution of email volume, email management strategies and propensity to worry in predicting email stress among academics. <i>Computers in Human Behavior</i> , 2013, 29, 991-996.	8.5	70
24	What is the impact of shift work on the psychological functioning and resilience of nurses? An integrative review. <i>Journal of Advanced Nursing</i> , 2017, 73, 2065-2083.	3.3	66
25	The influence of trait-negative affect and compassion satisfaction on compassion fatigue in Australian nurses.. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , 2016, 8, 88-97.	2.1	62
26	The Relationship Between Perfectionism, Stress and Burnout in Clinical Psychologists. <i>Behaviour Change</i> , 2011, 28, 17-28.	1.3	61
27	Exploring Environmental Factors in Nursing Workplaces That Promote Psychological Resilience: Constructing a Unified Theoretical Model. <i>Frontiers in Psychology</i> , 2016, 7, 600.	2.1	61
28	The Primary Prevention of PTSD: A Systematic Review. <i>Journal of Trauma and Dissociation</i> , 2013, 14, 404-422.	1.9	57
29	Evaluating the Effectiveness of a Brief Mindful Self-Care and Resiliency (MSCR) Intervention for Nurses: a Controlled Trial. <i>Mindfulness</i> , 2018, 9, 534-546.	2.8	56
30	Back and neck pain are related to mental health problems in adolescence. <i>BMC Public Health</i> , 2011, 11, 382.	2.9	54
31	Medical Utilisation and Costs in Panic Disorder. <i>Journal of Anxiety Disorders</i> , 1998, 12, 421-435.	3.2	50
32	The Primary Prevention of PTSD in Firefighters: Preliminary Results of an RCT with 12-Month Follow-Up. <i>PLoS ONE</i> , 2016, 11, e0155873.	2.5	50
33	Common Pathways to NSSI and Suicide Ideation: The Roles of Rumination and Self-Compassion. <i>Archives of Suicide Research</i> , 2019, 23, 247-260.	2.3	48
34	A systematic review and meta-analysis of self-help therapeutic interventions for obsessive-compulsive disorder: Is therapeutic contact key to overall improvement?. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2016, 51, 74-83.	1.2	46
35	Telepsychology and videoconferencing: Issues, opportunities and guidelines for psychologists. <i>Australian Psychologist</i> , 2004, 39, 212-219.	1.6	45
36	Trauma exposure and post-traumatic stress disorder within fire and emergency services in Western Australia. <i>Australian Journal of Psychology</i> , 2017, 69, 20-28.	2.8	43

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37	A Review of Self-Compassion as an Active Ingredient in the Prevention and Treatment of Anxiety and Depression in Young People. Administration and Policy in Mental Health and Mental Health Services Research, 2022, 49, 385-403.	2.1	42
38	The relationships between perfectionism, pathological worry and generalised anxiety disorder. BMC Psychiatry, 2014, 14, 98.	2.6	41
39	An Investigation of Executive Functioning, Attention and Working Memory in Compulsive Hoarding. Behavioural and Cognitive Psychotherapy, 2013, 41, 610-625.	1.2	38
40	Emotional cascade theory and non-suicidal self-injury: the importance of imagery and positive affect. Cognition and Emotion, 2018, 32, 941-952.	2.0	38
41	Can We Predict Burnout among Student Nurses? An Exploration of the ICWR-1 Model of Individual Psychological Resilience. Frontiers in Psychology, 2016, 7, 1072.	2.1	37
42	Perfectionism in obsessive-compulsive disorder and related disorders: What should treating clinicians know?. Journal of Obsessive-Compulsive and Related Disorders, 2017, 12, 102-108.	1.5	32
43	Preliminary investigation of intolerance of uncertainty treatment for anxiety disorders. Clinical Psychologist, 2009, 13, 52-58.	0.8	29
44	Development and validation of a brief measure of psychological resilience: The state-trait assessment of resilience scale. Australian Psychologist, 2020, 55, 10-25.	1.6	28
45	A Clinical Investigation of Motivation to Change Standards and Cognitions about Failure in Perfectionism. Behavioural and Cognitive Psychotherapy, 2013, 41, 565-578.	1.2	27
46	A systematic review of the current interventions available to support children living with parental cancer. Patient Education and Counseling, 2019, 102, 1812-1821.	2.2	27
47	Online Obsessive-Compulsive Disorder Treatment: Preliminary Results of the "OCD? Not Me!" Self-Guided Internet-Based Cognitive Behavioral Therapy Program for Young People. JMIR Mental Health, 2016, 3, e29.	3.3	26
48	Training in cognitive-behavioural therapy for mental health professionals: a pilot study of videoconferencing. Journal of Telemedicine and Telecare, 2001, 7, 300-303.	2.7	25
49	Metacognitive Therapy for Obsessive Compulsive Disorder By Videoconference: A Preliminary Study. Behaviour Change, 2012, 29, 213-229.	1.3	23
50	Nurse Experience of Participation in a Mindfulness-Based Self-Care and Resiliency Intervention. Mindfulness, 2018, 9, 610-617.	2.8	23
51	The Illusory Beliefs Inventory: A New Measure of Magical Thinking and its Relationship with Obsessive Compulsive Disorder. Behavioural and Cognitive Psychotherapy, 2012, 40, 39-53.	1.2	21
52	"I call it stinkin' thinkin'": A qualitative analysis of metacognition in people with chronic low back pain and elevated catastrophizing. British Journal of Health Psychology, 2017, 22, 463-480.	3.5	21
53	The Effects of Occupational Violence on the Well-being and Resilience of Nurses. Journal of Nursing Administration, 2018, 48, 452-458.	1.4	21
54	Thoughts, images, and appraisals associated with acting and not acting on the urge to self-injure. Journal of Behavior Therapy and Experimental Psychiatry, 2017, 57, 163-171.	1.2	19

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55	Education in cognitive-behavioural therapy for mental health professionals. <i>Journal of Telemedicine and Telecare</i> , 2009, 15, 59-63.	2.7	18
56	Evaluation of a Combined Cognitive Behavioural Therapy and Interpersonal Process Group in the Psychotherapy Training of Clinical Psychologists. <i>Australian Psychologist</i> , 2012, 47, 137-146.	1.6	18
57	Individual and environmental determinants of burnout among nurses. <i>Journal of Health Services Research and Policy</i> , 2019, 24, 191-200.	1.7	18
58	Metacognition, perseverative thinking, and pain catastrophizing: A moderatedâ€mediation analysis. <i>European Journal of Pain</i> , 2020, 24, 223-233.	2.8	18
59	Applying the Five-Factor Model of Personality to the Exploration of the Construct of Risk-Taking in Obsessive-Compulsive Disorder. <i>Behavioural and Cognitive Psychotherapy</i> , 2006, 34, 31-42.	1.2	17
60	Behavioral Activation Treatment for Depression in Older Adults Delivered via Videoconferencing: A Pilot Study. <i>Cognitive and Behavioral Practice</i> , 2011, 18, 555-565.	1.5	17
61	A review of metacognition in psychological models of obsessiveâ€compulsive disorder. <i>Clinical Psychologist</i> , 2013, 17, 1-8.	0.8	17
62	An Etiological Model of Perfectionism. <i>PLoS ONE</i> , 2014, 9, e94757.	2.5	17
63	Mindfulness-Based Functional Therapy: a preliminary open trial of an integrated model of care for people with persistent low back pain. <i>Frontiers in Psychology</i> , 2014, 5, 839.	2.1	17
64	New Avenues to Facilitate Engagement in Psychotherapy: The Use of Videoconferencing and Textâ€Chat in a Severe Case of Obsessiveâ€compulsive Disorder. <i>Australian Psychologist</i> , 2015, 50, 265-270.	1.6	16
65	Prospective risk and protective factors for psychopathology and wellbeing in civilian emergency services personnel: a systematic review. <i>Journal of Affective Disorders</i> , 2021, 281, 517-532.	4.1	16
66	The battle-hardened academic: an exploration of the resilience of university academics in the face of ongoing criticism and rejection of their research. <i>Higher Education Research and Development</i> , 2021, 40, 446-460.	2.9	15
67	Personality and symptom severity in Obsessiveâ€Compulsive Disorder: The mediating role of depression. <i>Personality and Individual Differences</i> , 2014, 71, 92-97.	2.9	14
68	Efficacy of metacognitive therapy for prolonged grief disorder: protocol for a randomised controlled trial. <i>BMJ Open</i> , 2015, 5, e007221.	1.9	14
69	Group mindfulness based cognitive therapy vs group support for self-injury among young people: study protocol for a randomised controlled trial. <i>BMC Psychiatry</i> , 2015, 15, 154.	2.6	14
70	The evaluation of nurse navigators in chronic and complex care. <i>Journal of Advanced Nursing</i> , 2019, 75, 1792-1804.	3.3	14
71	Online self-compassion training to improve the wellbeing of youth with chronic medical conditions: protocol for a randomised control trial. <i>BMC Public Health</i> , 2020, 20, 106.	2.9	14
72	Brief cognitive therapy for avoidant personality disorder.. <i>Psychotherapy</i> , 2015, 52, 45-55.	1.2	13

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73	Perceptions of knowledge, attitude and skills about non-suicidal self-harm: A survey of emergency and mental health nurses. <i>International Journal of Mental Health Nursing</i> , 2021, 30, 635-642.	3.8	13
74	A clinical case study of the use of ecological momentary assessment in obsessive compulsive disorder. <i>Frontiers in Psychology</i> , 2014, 5, 339.	2.1	12
75	Mindful Self-Care and Resiliency (MSCR): protocol for a pilot trial of a brief mindfulness intervention to promote occupational resilience in rural general practitioners. <i>BMJ Open</i> , 2018, 8, e021027.	1.9	12
76	A comparison of nurse shift workers' and non-shift workers' psychological functioning and resilience. <i>Journal of Advanced Nursing</i> , 2019, 75, 2570-2578.	3.3	12
77	Mental health nurses' perspectives of people who self-harm. <i>International Journal of Mental Health Nursing</i> , 2021, 30, 62-71.	3.8	11
78	Measuring Risk-Taking In Obsessive-Compulsive Disorder: An Extension Of The Everyday Risk Inventory With An Australian Sample. <i>Behavioural and Cognitive Psychotherapy</i> , 2003, 31, 247-259.	1.2	10
79	Internet-Based Self-Management of Generalised Anxiety Disorder: A Preliminary Study. <i>Behaviour Change</i> , 2008, 25, 229-244.	1.3	10
80	Group behavioural activation and mindfulness therapy for the well-being of non-clinical adults: a preliminary open trial. <i>The Cognitive Behaviour Therapist</i> , 2009, 2, 256-271.	1.0	10
81	The Relationship Between Magical Thinking, Thought-Action Fusion and Obsessive-Compulsive Symptoms. <i>International Journal of Cognitive Therapy</i> , 2010, 3, 304-311.	2.2	10
82	Pilot study of the effectiveness of a Mindful Self-Care and Resiliency program for rural doctors in Australia. <i>Australian Journal of Rural Health</i> , 2020, 28, 22-31.	1.5	9
83	Experiences of university employees of the impact of a mindful self-care and resiliency program on their well-being. <i>Higher Education Research and Development</i> , 2021, 40, 524-537.	2.9	9
84	The Relationship Between Present-Centered Awareness and Attention, Burnout, and Compassion Fatigue in Oncology Health Professionals. <i>Mindfulness</i> , 2021, 12, 1224-1233.	2.8	9
85	Symptom clusters in panic disorder. <i>Australian Journal of Psychology</i> , 1998, 50, 19-24.	2.8	8
86	Attitudes of clinical psychologists towards clients with personality disorders. <i>Australian Journal of Psychology</i> , 2014, 66, 175-180.	2.8	8
87	OCD? Not Me! Protocol for the development and evaluation of a web-based self-guided treatment for youth with obsessive-compulsive disorder. <i>BMJ Open</i> , 2015, 5, e007486-e007486.	1.9	8
88	A re-examination of the individual differences approach that explains occupational resilience and psychological adjustment among nurses. <i>Journal of Nursing Management</i> , 2019, 27, 1391-1399.	3.4	8
89	What do people really think about grief counseling? Examining community attitudes. <i>Death Studies</i> , 2019, 43, 611-618.	2.7	8
90	The Relationship Between Magical Thinking, Inferential Confusion and Obsessive-Compulsive Symptoms. <i>Cognitive Behaviour Therapy</i> , 2014, 43, 342-350.	3.5	7

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91	Exploratory study of metacognitive beliefs about coping processes in prolonged grief symptomatology. <i>Death Studies</i> , 2019, 43, 143-153.	2.7	7
92	Is exposure and response prevention treatment for obsessive-compulsive disorder as aversive as we think?. <i>Clinical Psychologist</i> , 2011, 15, 17-21.	0.8	6
93	The Efficacy of Information-giving in Cognitive-behavioural Treatment for Panic Disorder. <i>Behaviour Change</i> , 1999, 16, 175-181.	1.3	5
94	Can Corrective Information Reduce Negative Appraisals of Intrusive Thoughts in a Community Sample?. <i>Behavioural and Cognitive Psychotherapy</i> , 2014, 42, 502-507.	1.2	5
95	Concentric Circles Therapy Training: Clinical Psychology Trainee's Reflections on Participation in a Revised Interpersonal Therapy Training Group. <i>Australian Psychologist</i> , 2016, 51, 231-237.	1.6	5
96	The Relationship between Obsessive Compulsive Personality and Obsessive Compulsive Disorder Treatment Outcomes: Predictive Utility and Clinically Significant Change. <i>Behavioural and Cognitive Psychotherapy</i> , 2017, 45, 524-529.	1.2	5
97	The impact of parental hoarding on the lives of children: Interviews with adult offspring of parents with hoarding disorder. <i>Clinical Psychologist</i> , 2018, 22, 327-335.	0.8	5
98	Emergency nurses' experience of providing care to patients who self-harm. <i>Australasian Emergency Care</i> , 2021, 24, 179-185.	1.5	5
99	Health practitioners' recognition and management of postpartum obsessive-compulsive thoughts of infant harm. <i>Archives of Women's Mental Health</i> , 2020, 23, 719-726.	2.6	5
100	The perceived effects of emotional labor in psychologists providing individual psychotherapy.. <i>Psychotherapy</i> , 2021, 58, 414-424.	1.2	5
101	A pilot randomised controlled trial of guided self-help cognitive behaviour therapy for perfectionism: Impact on diagnostic status and comorbidity. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2022, 76, 101739.	1.2	5
102	Mental health services in Perth nursing homes. <i>Australian and New Zealand Journal of Public Health</i> , 1998, 22, 227-231.	1.8	4
103	New Approaches to the Psychological Treatment of Obsessive- Compulsive Disorder in Adults. , 2013, , ,		4
104	Internet-based cognitive-behavioural therapy for young people with obsessive-compulsive disorder: Lessons learned. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2017, 15, 7-12.	1.5	4
105	Preliminary Investigation of the Reliability and Validity of the Clinical Perfectionism Questionnaire in a Clinical Sample. <i>Behaviour Change</i> , 2016, 33, 127-135.	1.3	3
106	Promoting psychology to students: embracing the multiplicity of research foci and method. <i>Frontiers in Psychology</i> , 2013, 4, 774.	2.1	2
107	Evaluation of Magical Thinking: Validation of the Illusory Beliefs Inventory. <i>Cognitive Behaviour Therapy</i> , 2014, 43, 251-261.	3.5	2
108	Assessing Beliefs Underlying Rumination About Pain: Development and Validation of the Pain Metacognitions Questionnaire. <i>Frontiers in Psychology</i> , 2019, 10, 910.	2.1	2

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109	Oxford Guide to Behavioural Experiments in Cognitive Therapy. Behaviour Change, 2005, 22, 195-196.	1.3	1
110	Manualised Cognitive Behavioural Therapy in the Intensive Treatment of Adolescent Obsessive Compulsive Disorder. Behaviour Change, 2006, 23, 200-220.	1.3	1
111	Letter to the Editor. Journal of Research in Nursing, 2018, 23, 380-381.	0.9	1
112	The Future is Bright: Exciting Times for the Science and Practice of Clinical Psychology. Clinical Psychologist, 2016, 20, 107-108.	0.8	0