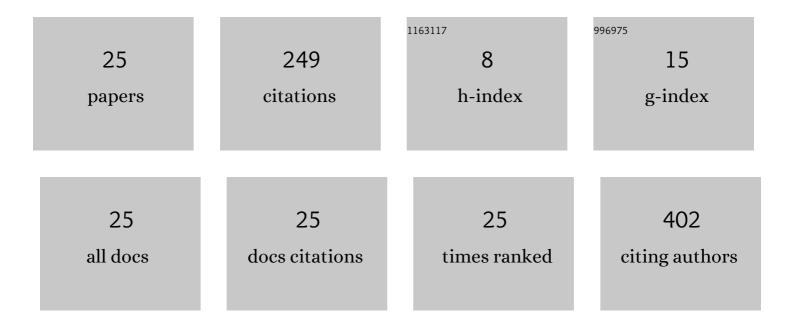
Nattai Borges

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/4398402/publications.pdf Version: 2024-02-01



NATTAL RODGES

#	Article	IF	CITATIONS
1	Musculoskeletal profile of amateur combat athletes: body composition, muscular strength and striking power. Movement and Sports Sciences - Science Et Motricite, 2021, , 1-9.	0.3	Ο
2	Aging and Recovery After Resistance-Exercise-Induced Muscle Damage: Current Evidence and Implications for Future Research. Journal of Aging and Physical Activity, 2021, 29, 544-551.	1.0	5
3	Evidence that human and equine erythrocytes could have significant roles in the transport and delivery of amino acids to organs and tissues. Amino Acids, 2020, 52, 711-724.	2.7	11
4	A Comparison of Heart Rate Training Load and Perceptual Effort Between Masters and Young Cyclists. International Journal of Sports Physiology and Performance, 2020, 15, 759-762.	2.3	4
5	Concurrent strength and sprint training increases resting metabolic rate in masters road cyclists. Movement and Sports Sciences - Science Et Motricite, 2020, , 39-50.	0.3	Ο
6	Relationships between electrolyte and amino acid compositions in sweat during exercise suggest a role for amino acids and K+ in reabsorption of Na+ and Cl- from sweat. PLoS ONE, 2019, 14, e0223381.	2.5	9
7	Masters athletes take longer to recover from high intensity exercise than training- matched younger athletes. Does increased protein intake enhance recovery?. Journal of Science and Medicine in Sport, 2019, 22, S32-S33.	1.3	Ο
8	Validity of a contact mat and accelerometric system to assess countermovement jump from flight time. Measurement in Physical Education and Exercise Science, 2019, 23, 39-46.	1.8	8
9	Temporal changes in physiological and performance responses across game-specific simulated basketball activity. Journal of Sport and Health Science, 2018, 7, 176-182.	6.5	17
10	Decrements in knee extensor and flexor strength are associated with performance fatigue during simulated basketball game-play in adolescent, male players. Journal of Sports Sciences, 2018, 36, 852-860.	2.0	7
11	Age-related changes in physical and perceptual markers of recovery following high-intensity interval cycle exercise. Experimental Aging Research, 2018, 44, 338-349.	1.2	5
12	Autonomic cardiovascular modulation in masters and young cyclists following high-intensity interval training. Clinical Autonomic Research, 2017, 27, 83-90.	2.5	9
13	Reliability of a Cryoscopic Micro-Osmometer Using 15-µL Plasma Samples to Measure Hydration Status in Varied Environmental Conditions. Measurement in Physical Education and Exercise Science, 2017, 21, 34-39.	1.8	3
14	The Effect of Higher Than Recommended Protein Feedings Post-Exercise on Recovery Following Downhill Running in Masters Triathletes. International Journal of Sport Nutrition and Exercise Metabolism, 2017, 27, 76-82.	2.1	9
15	Cumulative Training Dose's Effects on Interrelationships Between Common Training-Load Models During Basketball Activity. International Journal of Sports Physiology and Performance, 2017, 12, 168-174.	2.3	13
16	The Commonality Between Approaches to Determine Jump Fatigue During Basketball Activity in Junior Players: In-Game Versus Across-Game Decrements. International Journal of Sports Physiology and Performance, 2017, 12, 260-263.	2.3	5
17	Concurrent Resistance Training and Flying 200-Meter Time Trial Program for a Masters Track Cyclist. Strength and Conditioning Journal, 2016, 38, 1-10.	1.4	1
18	Wearable Lactate Threshold Predicting Device is Valid and Reliable in Runners. Journal of Strength and Conditioning Research, 2016, 30, 2212-2218.	2.1	38

NATTAI BORGES

#	Article	IF	CITATIONS
19	Lower Integrated Muscle Protein Synthesis in Masters Compared with Younger Athletes. Medicine and Science in Sports and Exercise, 2016, 48, 1613-1618.	0.4	23
20	Age-Related Changes in Performance and Recovery Kinetics in Masters Athletes: A Narrative Review. Journal of Aging and Physical Activity, 2016, 24, 149-157.	1.0	30
21	Wearable near Infrared Sensor for Determining an Athlete's Lactate Threshold during Exercise. NIR News, 2016, 27, 8-10.	0.3	5
22	Evaluating a new wearable lactate threshold sensor in recreational to highly trained cyclists. Sports Engineering, 2016, 19, 229-235.	1.1	8
23	No difference in muscle damage between well-trained masters and young triathletes following regular intense endurance exercise. Journal of Science and Medicine in Sport, 2015, 19, e4-e5.	1.3	0
24	Low carbohydrate intake of masters vs. young triathletes in the pre-competition phase of training. Journal of Science and Medicine in Sport, 2015, 19, e91.	1.3	1
25	Training Mode's Influence on the Relationships between Training-Load Models During Basketball Conditioning. International Journal of Sports Physiology and Performance, 2014, 9, 851-856.	2.3	38