

Nattai Borges

List of Publications by Year in descending order

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Version: 2024-02-01

25
papers

249
citations

1163117

8
h-index

996975

15
g-index

25
all docs

25
docs citations

25
times ranked

402
citing authors

#	ARTICLE	IF	CITATIONS
1	Musculoskeletal profile of amateur combat athletes: body composition, muscular strength and striking power. <i>Movement and Sports Sciences - Science Et Motricite</i> , 2021, , 1-9.	0.3	0
2	Ageing and Recovery After Resistance-Exercise-Induced Muscle Damage: Current Evidence and Implications for Future Research. <i>Journal of Aging and Physical Activity</i> , 2021, 29, 544-551.	1.0	5
3	Evidence that human and equine erythrocytes could have significant roles in the transport and delivery of amino acids to organs and tissues. <i>Amino Acids</i> , 2020, 52, 711-724.	2.7	11
4	A Comparison of Heart Rate Training Load and Perceptual Effort Between Masters and Young Cyclists. <i>International Journal of Sports Physiology and Performance</i> , 2020, 15, 759-762.	2.3	4
5	Concurrent strength and sprint training increases resting metabolic rate in masters road cyclists. <i>Movement and Sports Sciences - Science Et Motricite</i> , 2020, , 39-50.	0.3	0
6	Relationships between electrolyte and amino acid compositions in sweat during exercise suggest a role for amino acids and K ⁺ in reabsorption of Na ⁺ and Cl ⁻ from sweat. <i>PLoS ONE</i> , 2019, 14, e0223381.	2.5	9
7	Masters athletes take longer to recover from high intensity exercise than training- matched younger athletes. Does increased protein intake enhance recovery?. <i>Journal of Science and Medicine in Sport</i> , 2019, 22, S32-S33.	1.3	0
8	Validity of a contact mat and accelerometric system to assess countermovement jump from flight time. <i>Measurement in Physical Education and Exercise Science</i> , 2019, 23, 39-46.	1.8	8
9	Temporal changes in physiological and performance responses across game-specific simulated basketball activity. <i>Journal of Sport and Health Science</i> , 2018, 7, 176-182.	6.5	17
10	Decrements in knee extensor and flexor strength are associated with performance fatigue during simulated basketball game-play in adolescent, male players. <i>Journal of Sports Sciences</i> , 2018, 36, 852-860.	2.0	7
11	Age-related changes in physical and perceptual markers of recovery following high-intensity interval cycle exercise. <i>Experimental Aging Research</i> , 2018, 44, 338-349.	1.2	5
12	Autonomic cardiovascular modulation in masters and young cyclists following high-intensity interval training. <i>Clinical Autonomic Research</i> , 2017, 27, 83-90.	2.5	9
13	Reliability of a Cryoscopic Micro-Osmometer Using 15- μ L Plasma Samples to Measure Hydration Status in Varied Environmental Conditions. <i>Measurement in Physical Education and Exercise Science</i> , 2017, 21, 34-39.	1.8	3
14	The Effect of Higher Than Recommended Protein Feedings Post-Exercise on Recovery Following Downhill Running in Masters Triathletes. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2017, 27, 76-82.	2.1	9
15	Cumulative Training Dose TM s Effects on Interrelationships Between Common Training-Load Models During Basketball Activity. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 168-174.	2.3	13
16	The Commonality Between Approaches to Determine Jump Fatigue During Basketball Activity in Junior Players: In-Game Versus Across-Game Decrements. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 260-263.	2.3	5
17	Concurrent Resistance Training and Flying 200-Meter Time Trial Program for a Masters Track Cyclist. <i>Strength and Conditioning Journal</i> , 2016, 38, 1-10.	1.4	1
18	Wearable Lactate Threshold Predicting Device is Valid and Reliable in Runners. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 2212-2218.	2.1	38

#	ARTICLE	IF	CITATIONS
19	Lower Integrated Muscle Protein Synthesis in Masters Compared with Younger Athletes. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 1613-1618.	0.4	23
20	Age-Related Changes in Performance and Recovery Kinetics in Masters Athletes: A Narrative Review. <i>Journal of Aging and Physical Activity</i> , 2016, 24, 149-157.	1.0	30
21	Wearable near Infrared Sensor for Determining an Athlete's Lactate Threshold during Exercise. <i>NIR News</i> , 2016, 27, 8-10.	0.3	5
22	Evaluating a new wearable lactate threshold sensor in recreational to highly trained cyclists. <i>Sports Engineering</i> , 2016, 19, 229-235.	1.1	8
23	No difference in muscle damage between well-trained masters and young triathletes following regular intense endurance exercise. <i>Journal of Science and Medicine in Sport</i> , 2015, 19, e4-e5.	1.3	0
24	Low carbohydrate intake of masters vs. young triathletes in the pre-competition phase of training. <i>Journal of Science and Medicine in Sport</i> , 2015, 19, e91.	1.3	1
25	Training Mode's Influence on the Relationships between Training-Load Models During Basketball Conditioning. <i>International Journal of Sports Physiology and Performance</i> , 2014, 9, 851-856.	2.3	38