

Heather L Rusch

List of Publications by Year in descending order

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Version: 2024-02-01

13
papers

499
citations

1040056

9
h-index

1199594

12
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13
all docs

13
docs citations

13
times ranked

814
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|---|-----|-----------|
| 1 | The Effect of Virtual Mindfulness-Based Interventions on Sleep Quality: A Systematic Review of Randomized Controlled Trials. <i>Current Psychiatry Reports</i> , 2021, 23, 62. | 4.5 | 7 |
| 2 | Extracellular Vesicle Proteins and MicroRNAs Are Linked to Chronic Post-Traumatic Stress Disorder Symptoms in Service Members and Veterans With Mild Traumatic Brain Injury. <i>Frontiers in Pharmacology</i> , 2021, 12, 745348. | 3.5 | 18 |
| 3 | Effect of a Brief Mindfulness-Based Program on Stress in Health Care Professionals at a US Biomedical Research Hospital. <i>JAMA Network Open</i> , 2020, 3, e2013424. | 5.9 | 30 |
| 4 | Gene expression differences in PTSD are uniquely related to the intrusion symptom cluster: A transcriptome-wide analysis in military service members. <i>Brain, Behavior, and Immunity</i> , 2019, 80, 904-908. | 4.1 | 19 |
| 5 | The effect of mindfulness meditation on sleep quality: a systematic review and meta-analysis of randomized controlled trials. <i>Annals of the New York Academy of Sciences</i> , 2019, 1445, 5-16. | 3.8 | 204 |
| 6 | Altered gene expression of the innate immune, neuroendocrine, and nuclear factor-kappa B (NF- κ B) systems is associated with posttraumatic stress disorder in military personnel. <i>Journal of Anxiety Disorders</i> , 2016, 38, 9-20. | 3.2 | 44 |
| 7 | Determinants of psychological resistance and recovery among women exposed to assaultive trauma. <i>Brain and Behavior</i> , 2015, 5, e00322. | 2.2 | 15 |
| 8 | Improved Sleep in Military Personnel is Associated with Changes in the Expression of Inflammatory Genes and Improvement in Depression Symptoms. <i>Frontiers in Psychiatry</i> , 2015, 6, 59. | 2.6 | 33 |
| 9 | Improved Sleep Quality is Associated with Reductions in Depression and PTSD Arousal Symptoms and Increases in IGF-1 Concentrations. <i>Journal of Clinical Sleep Medicine</i> , 2015, 11, 615-623. | 2.6 | 51 |
| 10 | Combination Treatment of Natural Compounds and Integrative Therapies for Mild Traumatic Brain Injury. <i>Brain Disorders & Therapy</i> , 2015, 04, . | 0.1 | 1 |
| 11 | Effect of Acute Sleep Disturbance and Recovery on Insulin-Like Growth Factor-1 (IGF-1): Possible Connections and Clinical Implications. <i>Journal of Clinical Sleep Medicine</i> , 2015, 11, 1245-1246. | 2.6 | 6 |
| 12 | Neural, Psychophysiological, and Behavioral Markers of Fear Processing in PTSD: A Review of the Literature. <i>Current Psychiatry Reports</i> , 2013, 15, 358. | 4.5 | 70 |
| 13 | Mindfulness-Based Interventions in the Treatment of Physical Conditions. , 0, , . | | 1 |