

Heather L Rusch

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4340610/publications.pdf>

Version: 2024-02-01

13
papers

499
citations

1040056

9
h-index

1199594

12
g-index

13
all docs

13
docs citations

13
times ranked

814
citing authors

#	ARTICLE	IF	CITATIONS
1	The effect of mindfulness meditation on sleep quality: a systematic review and meta-analysis of randomized controlled trials. <i>Annals of the New York Academy of Sciences</i> , 2019, 1445, 5-16.	3.8	204
2	Neural, Psychophysiological, and Behavioral Markers of Fear Processing in PTSD: A Review of the Literature. <i>Current Psychiatry Reports</i> , 2013, 15, 358.	4.5	70
3	Improved Sleep Quality is Associated with Reductions in Depression and PTSD Arousal Symptoms and Increases in IGF-1 Concentrations. <i>Journal of Clinical Sleep Medicine</i> , 2015, 11, 615-623.	2.6	51
4	Altered gene expression of the innate immune, neuroendocrine, and nuclear factor-kappa B (NF- κ B) systems is associated with posttraumatic stress disorder in military personnel. <i>Journal of Anxiety Disorders</i> , 2016, 38, 9-20.	3.2	44
5	Improved Sleep in Military Personnel is Associated with Changes in the Expression of Inflammatory Genes and Improvement in Depression Symptoms. <i>Frontiers in Psychiatry</i> , 2015, 6, 59.	2.6	33
6	Effect of a Brief Mindfulness-Based Program on Stress in Health Care Professionals at a US Biomedical Research Hospital. <i>JAMA Network Open</i> , 2020, 3, e2013424.	5.9	30
7	Gene expression differences in PTSD are uniquely related to the intrusion symptom cluster: A transcriptome-wide analysis in military service members. <i>Brain, Behavior, and Immunity</i> , 2019, 80, 904-908.	4.1	19
8	Extracellular Vesicle Proteins and MicroRNAs Are Linked to Chronic Post-Traumatic Stress Disorder Symptoms in Service Members and Veterans With Mild Traumatic Brain Injury. <i>Frontiers in Pharmacology</i> , 2021, 12, 745348.	3.5	18
9	Determinants of psychological resistance and recovery among women exposed to assaultive trauma. <i>Brain and Behavior</i> , 2015, 5, e00322.	2.2	15
10	The Effect of Virtual Mindfulness-Based Interventions on Sleep Quality: A Systematic Review of Randomized Controlled Trials. <i>Current Psychiatry Reports</i> , 2021, 23, 62.	4.5	7
11	Effect of Acute Sleep Disturbance and Recovery on Insulin-Like Growth Factor-1 (IGF-1): Possible Connections and Clinical Implications. <i>Journal of Clinical Sleep Medicine</i> , 2015, 11, 1245-1246.	2.6	6
12	Mindfulness-Based Interventions in the Treatment of Physical Conditions. , 0, , .		1
13	Combination Treatment of Natural Compounds and Integrative Therapies for Mild Traumatic Brain Injury. <i>Brain Disorders & Therapy</i> , 2015, 04, .	0.1	1