

Judith A Owens

List of Publications by Year in descending order

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Version: 2024-02-01

108
papers

10,915
citations

71102

41
h-index

39675

94
g-index

108
all docs

108
docs citations

108
times ranked

8611
citing authors

#	ARTICLE	IF	CITATIONS
1	The Children's Sleep Habits Questionnaire (CSHQ): Psychometric Properties of A Survey Instrument for School-Aged Children. <i>Sleep</i> , 2000, 23, 1-9.	1.1	1,688
2	Practice Parameters for the Use of Actigraphy in the Assessment of Sleep and Sleep Disorders: An Update for 2007. <i>Sleep</i> , 2007, 30, 519-529.	1.1	1,004
3	Insufficient Sleep in Adolescents and Young Adults: An Update on Causes and Consequences. <i>Pediatrics</i> , 2014, 134, e921-e932.	2.1	971
4	Practice Parameters for the Psychological and Behavioral Treatment of Insomnia: An Update. An American Academy of Sleep Medicine Report. <i>Sleep</i> , 2006, 29, 1415-1419.	1.1	628
5	Sleep Habits and Sleep Disturbance in Elementary School-Aged Children. <i>Journal of Developmental and Behavioral Pediatrics</i> , 2000, 21, 27-36.	1.1	604
6	Sleepiness in children and adolescents: clinical implications. <i>Sleep Medicine Reviews</i> , 2002, 6, 287-306.	8.5	431
7	Sleep Patterns and Sleep Problems Among Schoolchildren in the United States and China. <i>Pediatrics</i> , 2005, 115, 241-249.	2.1	375
8	Impact of Delaying School Start Time on Adolescent Sleep, Mood, and Behavior. <i>JAMA Pediatrics</i> , 2010, 164, 608-14.	3.0	353
9	The ADHD and Sleep Conundrum. <i>Journal of Developmental and Behavioral Pediatrics</i> , 2005, 26, 312-322.	1.1	306
10	Use of the "BEARS"™ sleep screening tool in a pediatric residents' continuity clinic: a pilot study. <i>Sleep Medicine</i> , 2005, 6, 63-69.	1.6	285
11	Practice Parameters for the Medical Therapy of Obstructive Sleep Apnea. <i>Sleep</i> , 2006, 29, 1031-1035.	1.1	235
12	Classification and Epidemiology of Childhood Sleep Disorders. <i>Primary Care - Clinics in Office Practice</i> , 2008, 35, 533-546.	1.6	217
13	Medication Use in the Treatment of Pediatric Insomnia: Results of a Survey of Community-Based Pediatricians. <i>Pediatrics</i> , 2003, 111, e628-e635.	2.1	188
14	Pediatric restless legs syndrome diagnostic criteria: an update by the International Restless Legs Syndrome Study Group. <i>Sleep Medicine</i> , 2013, 14, 1253-1259.	1.6	181
15	Sleep Hygiene for Children With Neurodevelopmental Disabilities. <i>Pediatrics</i> , 2008, 122, 1343-1350.	2.1	177
16	Later School Start Time Is Associated with Improved Sleep and Daytime Functioning in Adolescents. <i>Journal of Developmental and Behavioral Pediatrics</i> , 2014, 35, 11-17.	1.1	172
17	Neurocognitive and behavioral impact of sleep disordered breathing in children. <i>Pediatric Pulmonology</i> , 2009, 44, 417-422.	2.0	168
18	Use of pharmacotherapy for insomnia in child psychiatry practice: A national survey. <i>Sleep Medicine</i> , 2010, 11, 692-700.	1.6	151

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19	Pediatric Insomnia. <i>Pediatric Clinics of North America</i> , 2011, 58, 555-569.	1.8	146
20	Insufficient sleep in adolescents: causes and consequences. <i>Minerva Pediatrics</i> , 2017, 69, 326-336.	0.4	140
21	Self-Regulation and Sleep Duration, Sleepiness, and Chronotype in Adolescents. <i>Pediatrics</i> , 2016, 138, .	2.1	125
22	Sleep of preschoolers during the coronavirus disease 2019 (COVID-19) outbreak. <i>Journal of Sleep Research</i> , 2021, 30, e13142.	3.2	125
23	Future Research Directions in Sleep and ADHD. <i>Journal of Attention Disorders</i> , 2013, 17, 550-564.	2.6	122
24	Subjective and objective measures of sleep in children with attention-deficit/hyperactivity disorder. <i>Sleep Medicine</i> , 2009, 10, 446-456.	1.6	110
25	Sleep in children: Cross-cultural perspectives. <i>Sleep and Biological Rhythms</i> , 2004, 2, 165-173.	1.0	105
26	Sleep Disturbance and Injury Risk in Young Children. <i>Behavioral Sleep Medicine</i> , 2005, 3, 18-31.	2.1	97
27	Sleep problems. <i>Current Problems in Pediatric and Adolescent Health Care</i> , 2004, 34, 154-179.	1.7	92
28	Parental Knowledge of Healthy Sleep in Young Children: Results of a Primary Care Clinic Survey. <i>Journal of Developmental and Behavioral Pediatrics</i> , 2011, 32, 447-453.	1.1	92
29	Introduction: Culture and Sleep in Children. <i>Pediatrics</i> , 2005, 115, 201-203.	2.1	89
30	Clinical Characteristics and Burden of Illness in Pediatric Patients with Narcolepsy. <i>Pediatric Neurology</i> , 2018, 85, 21-32.	2.1	80
31	Insomnia, parasomnias, and narcolepsy in children: clinical features, diagnosis, and management. <i>Lancet Neurology</i> , The, 2016, 15, 1170-1181.	10.2	76
32	Sleep disorders and attention-deficit/hyperactivity disorder. <i>Current Psychiatry Reports</i> , 2008, 10, 439-444.	4.5	71
33	Sleep Loss and Fatigue in Healthcare Professionals. <i>Journal of Perinatal and Neonatal Nursing</i> , 2007, 21, 92-100.	0.7	69
34	Caregivers' Knowledge, Behavior, and Attitudes Regarding Healthy Sleep in Young Children. <i>Journal of Clinical Sleep Medicine</i> , 2011, 07, 345-350.	2.6	67
35	Effect of energy drink and caffeinated beverage consumption on sleep, mood, and performance in children and adolescents. <i>Nutrition Reviews</i> , 2014, 72, 65-71.	5.8	67
36	School Start Time Change: An In-Depth Examination of School Districts in the United States. <i>Mind, Brain, and Education</i> , 2014, 8, 182-213.	1.9	57

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37	Effect of Weight, Sleep Duration, and Comorbid Sleep Disorders on Behavioral Outcomes in Children With Sleep-Disordered Breathing. <i>JAMA Pediatrics</i> , 2008, 162, 313.	3.0	55
38	A clinical overview of sleep and attention-deficit/hyperactivity disorder in children and adolescents. <i>Journal of the Canadian Academy of Child and Adolescent Psychiatry</i> , 2009, 18, 92-102.	0.6	55
39	Sleep Patterns, Sleep Disturbances, and Associated Factors Among Chinese Urban Kindergarten Children. <i>Behavioral Sleep Medicine</i> , 2016, 14, 100-117.	2.1	49
40	Implementation of Sleep and Circadian Science: Recommendations from the Sleep Research Society and National Institutes of Health Workshop. <i>Sleep</i> , 2016, 39, 2061-2075.	1.1	48
41	Pharmacotherapy of Pediatric Insomnia. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 2009, 48, 99-107.	0.5	45
42	A quasi-experimental study of the impact of school start time changes on adolescent sleep. <i>Sleep Health</i> , 2017, 3, 437-443.	2.5	44
43	Modified Children's sleep habits questionnaire for behavioral sleep problems: A validation study. <i>Sleep Health</i> , 2017, 3, 136-141.	2.5	43
44	Sleep Disturbances and Associated Factors in Chinese Children with Autism Spectrum Disorder: A Retrospective and Cross-Sectional Study. <i>Child Psychiatry and Human Development</i> , 2016, 47, 248-258.	1.9	41
45	Consensus diagnostic criteria for a newly defined pediatric sleep disorder: restless sleep disorder (RSD). <i>Sleep Medicine</i> , 2020, 75, 335-340.	1.6	40
46	Restless sleep in children: A systematic review. <i>Sleep Medicine Reviews</i> , 2021, 56, 101406.	8.5	38
47	“Let's talk about sleep” a qualitative examination of levers for promoting healthy sleep among sleep-deprived vulnerable adolescents. <i>Sleep Medicine</i> , 2019, 60, 81-88.	1.6	33
48	Sleep Practices, Attitudes, and Beliefs in Inner City Middle School Children: A Mixed-Methods Study. <i>Behavioral Sleep Medicine</i> , 2006, 4, 114-134.	2.1	30
49	Evaluation and Treatment of Children and Adolescents With Excessive Daytime Sleepiness. <i>Clinical Pediatrics</i> , 2020, 59, 340-351.	0.8	30
50	Sleep, energy balance, and meal timing in school-aged children. <i>Sleep Medicine</i> , 2019, 60, 139-144.	1.6	28
51	Cosleeping. <i>Journal of Developmental and Behavioral Pediatrics</i> , 2002, 23, 254-255.	1.1	26
52	Homework and Family Stress: With Consideration of Parents' Self Confidence, Educational Level, and Cultural Background. <i>American Journal of Family Therapy</i> , 2015, 43, 297-313.	1.1	26
53	Can a brief educational intervention improve parents' knowledge of healthy children's sleep? A pilot-test. <i>Health Education Journal</i> , 2013, 72, 601-610.	1.2	24
54	COVID-19 instructional approaches (in-person, online, hybrid), school start times, and sleep in over 5,000 U.S. adolescents. <i>Sleep</i> , 2021, 44, .	1.1	23

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55	Update in pediatric sleep medicine. <i>Current Opinion in Pulmonary Medicine</i> , 2011, 17, 425-430.	2.6	23
56	Pediatric Sleep Medicine: Priorities for Research, Patient Care, Policy and Education.. <i>Journal of Clinical Sleep Medicine</i> , 2006, 02, 77-88.	2.6	23
57	Adolescent sleep health and school start times: Setting the research agenda for California and beyond. A research summit summary. <i>Sleep Health</i> , 2022, 8, 11-22.	2.5	23
58	Patients With Attention-Deficit/Hyperactivity Disorder Without Observed Apneic Episodes in Sleep or Daytime Sleepiness Have Normal Sleep on Polysomnography. <i>Sleep</i> , 2005, , .	1.1	22
59	A Qualitative Assessment of the Acceptability of Smartphone Applications for Improving Sleep Behaviors in Low-Income and Minority Adolescents. <i>Behavioral Sleep Medicine</i> , 2019, 17, 573-585.	2.1	22
60	Effect of Aptensio XR (Methylphenidate HCl Extended-Release) Capsules on Sleep in Children with Attention-Deficit/Hyperactivity Disorder. <i>Journal of Child and Adolescent Psychopharmacology</i> , 2016, 26, 873-881.	1.3	20
61	Association Between Short Sleep Duration and Risk Behavior Factors in Middle School Students. <i>Sleep</i> , 2017, 40, .	1.1	19
62	Examining the Interface of Family and Personal Traits, Media, and Academic Imperatives Using the Learning Habit Study. <i>American Journal of Family Therapy</i> , The, 2014, 42, 347-363.	1.1	15
63	Drowsy Driving, Sleep Duration, and Chronotype in Adolescents. <i>Journal of Pediatrics</i> , 2019, 205, 224-229.	1.8	14
64	Behavioral Treatments for Pediatric Insomnia. <i>Current Sleep Medicine Reports</i> , 2016, 2, 127-135.	1.4	13
65	A quasi-experimental study of the impact of school start time changes on adolescentsâ€™ mood, self-regulation, safety, and health. <i>Sleep Health</i> , 2019, 5, 466-469.	2.5	11
66	Medications Used for Pediatric Insomnia. <i>Child and Adolescent Psychiatric Clinics of North America</i> , 2021, 30, 85-99.	1.9	11
67	Editorial. <i>Behavioral Sleep Medicine</i> , 2016, 14, 1-1.	2.1	10
68	Behavioral Interventions for Parasomnias. <i>Current Sleep Medicine Reports</i> , 2016, 2, 81-86.	1.4	10
69	PRO: â€œNot Just Little Adultsâ€: AASM Should Require Pediatric Accreditation for Integrated Sleep Medicine Programs Serving Both Children (0-16 years) and Adults. <i>Journal of Clinical Sleep Medicine</i> , 2012, 08, 473-476.	2.6	10
70	Insomnia in Children and Adolescents. <i>Journal of Clinical Sleep Medicine</i> , 2005, 01, .	2.6	10
71	School start time change and motor vehicle crashes in adolescent drivers. <i>Journal of Clinical Sleep Medicine</i> , 2020, 16, 371-376.	2.6	10
72	Pediatric sleep medicine: priorities for research, patient care, policy and education. <i>Journal of Clinical Sleep Medicine</i> , 2006, 2, 77-88.	2.6	9

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73	A call for action regarding translational research in pediatric sleep. <i>Sleep Health</i> , 2016, 2, 88-89.	2.5	8
74	Child Sleep Coaches. <i>Clinical Pediatrics</i> , 2017, 56, 5-12.	0.8	7
75	Role of Sleep Duration in the Association Between Socioecological Protective Factors and Health Risk Behaviors in Adolescents. <i>Journal of Developmental and Behavioral Pediatrics</i> , 2020, 41, 117-127.	1.1	7
76	Development and Validation of the Pediatric Hypersomnolence Survey. <i>Neurology</i> , 2022, 98, .	1.1	7
77	Effect of changes in children's bedtime and sleep period on targeted eating behaviors and timing of caloric intake. <i>Eating Behaviors</i> , 2022, 45, 101629.	2.0	7
78	Increased incidence of pediatric narcolepsy following the 2009 H1N1 pandemic: a report from the pediatric working group of the sleep research network. <i>Sleep</i> , 2022, 45, .	1.1	7
79	Introduction to the Special Issue: Sleep in Children with Neurodevelopmental and Psychiatric Disorders. <i>Journal of Pediatric Psychology</i> , 2007, 33, 335-338.	2.1	6
80	Sleep in young-adult cancer survivors during the COVID-19 pandemic. <i>Journal of Clinical Sleep Medicine</i> , 2020, 16, 1991-1991.	2.6	6
81	Effect of a Multilayer, Extended-Release Methylphenidate Formulation (PRC-063) on Sleep in Adolescents with Attention-Deficit/Hyperactivity Disorder: A Randomized, Double-Blind, Fixed-Dose, Placebo-Controlled Trial Followed by a 6-Month Open-Label Follow-Up. <i>Journal of Child and Adolescent Psychopharmacology</i> , 2021, 31, 623-630.	1.3	6
82	Etiologies and evaluation of sleep disturbances in adolescence. <i>Adolescent Medicine: State of the Art Reviews</i> , 2010, 21, 430-45, vii-viii.	0.2	5
83	Advancement in Sleep Medicine Education. <i>Sleep</i> , 2000, 23, 1-3.	1.1	4
84	Commentary on Healthy School Start Times. <i>Journal of Clinical Sleep Medicine</i> , 2017, 13, 761-761.	2.6	4
85	Prenatal and Childhood Tobacco Smoke Exposure Are Associated With Sleep-Disordered Breathing Throughout Early Childhood. <i>Academic Pediatrics</i> , 2021, 21, 654-662.	2.0	3
86	Etiologies and Evaluation of Sleep Disturbances in Adolescence. , 2005, , 430-445.		3
87	Call to action: Prioritizing sleep health among US children and youth residing in alternative care settings. <i>Sleep Health</i> , 2022, 8, 23-27.	2.5	3
88	Clinical sleep services for children: clinical and administrative considerations. <i>Sleep Medicine</i> , 2002, 3, 291-294.	1.6	2
89	238 Adolescent Sleep Variability, Social Jetlag, and Mental Health during COVID-19: Findings from a Large Nationwide Study. <i>Sleep</i> , 2021, 44, A95-A95.	1.1	2
90	675 COVID-19 Instruction Style (In-Person, Virtual, Hybrid), School Start Times, and Sleep in a Large Nationwide Sample of Adolescents. <i>Sleep</i> , 2021, 44, A264-A264.	1.1	2

#	ARTICLE	IF	CITATIONS
91	Uncharted territory: challenges and opportunities in pediatric sleep medicine during the COVID-19 pandemic and beyond part I: clinical services and teaching and training issues. <i>Sleep Medicine</i> , 2021, 88, 285-287.	1.6	2
92	Randomized controlled trial to enhance children's sleep, eating, and weight. <i>Pediatric Research</i> , 2021, , .	2.3	2
93	Sleep in Children with Behavioral and Psychiatric Disorders. , 2005, , 581-587.		1
94	Response to Zee, P., Melatonin for the Treatment of Advanced Sleep Phase Disorder. <i>SLEEP</i> 2008;31:923. <i>Sleep</i> , 2008, , .	1.1	1
95	232 COVID stress and sleep disturbance among a racially/ethnically diverse sample of adolescents: Analysis from the NESTED study. <i>Sleep</i> , 2021, 44, A92-A93.	1.1	1
96	Uncharted Territory: Challenges and Opportunities in Pediatric Sleep Medicine during the COVID-19 Pandemic and Beyond Part II: The Sleep Laboratory. <i>Sleep Medicine</i> , 2021, 88, 282-284.	1.6	1
97	Sleep, fatigue, and medical training: an overview. <i>Medicine and Health, Rhode Island</i> , 2002, 85, 82-5.	0.1	1
98	Associations Between Preschoolers' Daytime and Nighttime Sleep Parameters by El-Sheikh, Arsiwalla, Staton, Dyer, and Vaughn. <i>Behavioral Sleep Medicine</i> , 2013, 11, 105-107.	2.1	0
99	Editorial. <i>Behavioral Sleep Medicine</i> , 2017, 15, 421-422.	2.1	0
100	0256 Influence of Likely Nocturnal Wakefulness on 24-Hour Patterns of Violent Crime in Adults and Juveniles. <i>Sleep</i> , 2019, 42, A105-A105.	1.1	0
101	0737 Parent-reported Snoring Compared To Objectively Measured Snoring As Predictors Of Pediatric Sleep Disordered Breathing (SDB). <i>Sleep</i> , 2019, 42, A296-A296.	1.1	0
102	Sleep in children with attention-deficit/hyperactivity disorder. , 2021, , .		0
103	237 Sleep disturbances, online instruction, and learning during COVID-19: evidence from 4148 adolescents in the NESTED study. <i>Sleep</i> , 2021, 44, A94-A95.	1.1	0
104	Approach to sleep-related movement disorders in children. , 2021, , .		0
105	The complex impact of the COVID-19 pandemic on sleep. <i>Jornal De Pediatria</i> , 2021, 98, 221-221.	2.0	0
106	Sleep-Disordered Breathing and Sleep Quality in a Longitudinal Pediatric Cohort. <i>Clinical Pediatrics</i> , 2022, , 000992282210926.	0.8	0
107	0514 Risk Factors for Symptoms and Signs of Sleep Apnea Impacting Quality of Life in an Urban Pediatric Community-Based Sample. <i>Sleep</i> , 2022, 45, A227-A227.	1.1	0
108	0385 Children, Adolescents, and Their providers: the Narcolepsy Assessment Partnership (CATNAP's) Pediatric Narcolepsy Registry: Baseline Demographics. <i>Sleep</i> , 2022, 45, A172-A173.	1.1	0