

Pablo ValdÃ©s-Badilla

List of Publications by Year in descending order

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Version: 2024-02-01

48
papers

378
citations

1040056

9
h-index

940533

16
g-index

65
all docs

65
docs citations

65
times ranked

499
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 1 | Effects of different doses of high-speed resistance training on physical performance and quality of life in older women: a randomized controlled trial. <i>Clinical Interventions in Aging</i> , 2016, Volume 11, 1797-1804. | 2.9 | 40 |
| 2 | Hábitos alimentarios y condición física en estudiantes de pedagogía en educación física. <i>Revista Chilena De Nutricion</i> , 2014, 41, 251-259. | 0.3 | 36 |
| 3 | Effects of Physical Activity Governmental Programs on Health Status in Independent Older Adults: A Systematic Review. <i>Journal of Aging and Physical Activity</i> , 2019, 27, 265-275. | 1.0 | 32 |
| 4 | Effects of Olympic Combat Sports on Older Adults' Health Status: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7381. | 2.6 | 18 |
| 5 | Prevalencia de conducta ortoróxica en estudiantes de educación media de Temuco. <i>Revista Chilena De Nutricion</i> , 2015, 42, 41-44. | 0.3 | 13 |
| 6 | Effects of 4 Weeks of a Technique-Specific Protocol with High-Intensity Intervals on General and Specific Physical Fitness in Taekwondo Athletes: An Inter-Individual Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3643. | 2.6 | 13 |
| 7 | High-intensity interval training improves specific performance in taekwondo athletes. <i>Revista De Artes Marciales Asiáticas</i> , 2020, 15, 4-13. | 0.9 | 11 |
| 8 | Changes in anthropometric parameters and physical fitness in older adults after participating in a 16-week physical activity program. <i>Revista Facultad De Medicina</i> , 2020, 68, 375-382. | 0.2 | 10 |
| 9 | Effectiveness of Olympic Combat Sports on Balance, Fall Risk or Falls in Older Adults: A Systematic Review. <i>Biology</i> , 2022, 11, 74. | 2.8 | 10 |
| 10 | TAEKWONDO SCIENTIFIC PRODUCTION PUBLISHED ON THE WEB OF SCIENCE (1988-2016): COLLABORATION AND TOPICS. <i>Movimento</i> , 2017, 23, 1325. | 0.5 | 9 |
| 11 | Recomendaciones de entrenamiento intervalado para atletas de deportes de combate olímpicos durante la pandemia del COVID-19. <i>Revista De Artes Marciales Asiáticas</i> , 2020, 15, 1-3. | 0.9 | 8 |
| 12 | Inter-Individual Variability of a High-Intensity Interval Training With Specific Techniques vs. Repeated Sprints Program in Sport-Related Fitness of Taekwondo Athletes. <i>Frontiers in Physiology</i> , 2021, 12, 766153. | 2.8 | 7 |
| 13 | Effects of Olympic Combat Sports on Health-Related Quality of Life in Middle-Aged and Older People: A Systematic Review. <i>Frontiers in Psychology</i> , 2021, 12, 797537. | 2.1 | 7 |
| 14 | Four Weeks of Neuromuscular Training Improve Static and Dynamic Postural Control in Overweight and Obese Children: A Randomized Controlled Trial. <i>Journal of Motor Behavior</i> , 2020, 52, 761-769. | 0.9 | 6 |
| 15 | Influence of adiposity and fatigue on the scapular muscle recruitment order. <i>PeerJ</i> , 2019, 7, e7175. | 2.0 | 6 |
| 16 | Consumption of ultra-processed food and its association with obesity in Chilean university students: A multi-center study. <i>Journal of American College Health</i> , 2021, , 1-7. | 1.5 | 5 |
| 17 | Effect of the COVID-19 quarantine on body weight among combat sports athletes. <i>Nutricion Hospitalaria</i> , 2020, 37, 1186-1189. | 0.3 | 5 |
| 18 | Características Antropométricas de Adolescentes Pertenecientes a Distintas Escuelas Deportivas Formativas. <i>International Journal of Morphology</i> , 2015, 33, 1065-1070. | 0.2 | 4 |

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|----|--|-----|-----------|
| 19 | Effect of a Short HIIT Program with Specific Techniques on Physical Condition and Activity during Simulated Combat in National-Level Boxers. Sustainability, 2021, 13, 8746. | 3.2 | 4 |
| 20 | Perfil antropométrico de deportistas paralímpicos de élite chilenos. Revista Espanola De Nutricion Humana Y Dietetica, 2016, 20, 307. | 0.3 | 4 |
| 21 | Perfil Antropométrico y Condición Física de Jugadores Veteranos de Béisquetbol. International Journal of Morphology, 2015, 33, 285-290. | 0.2 | 3 |
| 22 | Effects of neuromuscular training on psychomotor development and active joint position sense in school children. Journal of Motor Behavior, 2022, 54, 57-66. | 0.9 | 3 |
| 23 | Relación entre el Movement change in karate position Test con el rendimiento neuromuscular en | | |

| # | ARTICLE | IF | CITATIONS |
|----|---|-----|-----------|
| 37 | Relationship between explosive strength characteristics with change of direction speed in junior and cadet karate athletes. <i>Isokinetics and Exercise Science</i> , 2022, 30, 29-38. | 0.4 | 1 |
| 38 | Efectos del entrenamiento de fuerza sobre la condición física en niños y niñas con sobrepeso y obesidad: una revisión sistemática (Effects of strength training on the fitness in boys and girls with) <i>Tj ETQq0 0 OrgBT /Overlock 10 T</i> | 0.3 | 1 |
| 39 | Artes marciales y deportes de combate: una alternativa para mejorar la salud. <i>Hacia La Promoción De La Salud</i> , 2019, 24, 11-13. | 0.2 | 1 |
| 40 | Visceral adiposity index as a tool for cardiometabolic risk in obese older women. <i>Geriatrics Gerontology and Aging</i> , 2020, 14, 189-195. | 0.3 | 1 |
| 41 | Asociación entre el autoconcepto académico con el rendimiento académico en estudiantes | | |