Irene cantarero-villanueva

List of Publications by Year in descending order

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201674 265206 82 2,265 27 42 citations g-index h-index papers 89 89 89 2638 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Telehealth system: A randomized controlled trial evaluating the impact of an internetâ€based exercise intervention on quality of life, pain, muscle strength, and fatigue in breast cancer survivors. Cancer, 2016, 122, 3166-3174.	4.1	219
2	The Effectiveness of a Deep Water Aquatic Exercise Program in Cancer-Related Fatigue in Breast Cancer Survivors: A Randomized Controlled Trial. Archives of Physical Medicine and Rehabilitation, 2013, 94, 221-230.	0.9	93
3	Depressed mood in breast cancer survivors: Associations with physical activity, cancer-related fatigue, quality of life, and fitness level. European Journal of Oncology Nursing, 2014, 18, 206-210.	2.1	90
4	Myofascial Trigger Points in Neck and Shoulder Muscles and Widespread Pressure Pain Hypersensitivtiy in Patients With Postmastectomy Pain. Clinical Journal of Pain, 2010, 26, 798-806.	1.9	81
5	Widespread Mechanical Pain Hypersensitivity as a Sign of Central Sensitization after Breast Cancer Surgery: Comparison between Mastectomy and Lumpectomy. Pain Medicine, 2011, 12, 72-78.	1.9	79
6	The Handgrip Strength Test as a Measure of Function in Breast Cancer Survivors. American Journal of Physical Medicine and Rehabilitation, 2012, 91, 774-782.	1.4	74
7	Effectiveness of Water Physical Therapy on Pain, Pressure Pain Sensitivity, and Myofascial Trigger Points in Breast Cancer Survivors: A Randomized, Controlled Clinical Trial. Pain Medicine, 2012, 13, 1509-1519.	1.9	66
8	Effect of an Internet-based telehealth system on functional capacity and cognition in breast cancer survivors: a secondary analysis of a randomized controlled trial. Supportive Care in Cancer, 2017, 25, 3551-3559.	2.2	63
9	Associations among musculoskeletal impairments, depression, body image and fatigue in breast cancer survivors within the first year after treatment. European Journal of Cancer Care, 2011, 20, 632-639.	1.5	56
10	Effectiveness of a Multidimensional Physical Therapy Program on Pain, Pressure Hypersensitivity, and Trigger Points in Breast Cancer Survivors. Clinical Journal of Pain, 2012, 28, 113-121.	1.9	52
11	Water versus land-based multimodal exercise program effects on body composition in breast cancer survivors: a controlled clinical trial. Supportive Care in Cancer, 2013, 21, 521-530.	2.2	51
12	A Web-Based Exercise System (e-CuidateChemo) to Counter the Side Effects of Chemotherapy in Patients With Breast Cancer: Randomized Controlled Trial. Journal of Medical Internet Research, 2019, 21, e14418.	4.3	51
13	Catechol-O-methyltransferase genotype (Val158met) modulates cancer-related fatigue and pain sensitivity in breast cancer survivors. Breast Cancer Research and Treatment, 2012, 133, 405-412.	2.5	50
14	A blended learning approach to palpation and ultrasound imaging skills through supplementation of traditional classroom teaching with an e-learning package. Manual Therapy, 2012, 17, 474-478.	1.6	48
15	Strength recovery after anterior cruciate ligament reconstruction with quadriceps tendon versus hamstring tendon autografts in soccer players: A randomized controlled trial. Knee, 2018, 25, 704-714.	1.6	45
16	Heart Rate Variability in Breast Cancer Survivors After the First Year of Treatments. Biological Research for Nursing, 2016, 18, 43-49.	1.9	44
17	The effectiveness of a mobile application for the development of palpation and ultrasound imaging skills to supplement the traditional learning of physiotherapy students. BMC Medical Education, 2016, 16, 274.	2.4	42
18	Effectiveness of Core Stability Exercises and Recovery Myofascial Release Massage on Fatigue in Breast Cancer Survivors: A Randomized Controlled Clinical Trial. Evidence-based Complementary and Alternative Medicine, 2012, 2012, 1-9.	1.2	38

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19	The Piper Fatigue Scale-Revised: translation and psychometric evaluation in Spanish-speaking breast cancer survivors. Quality of Life Research, 2014, 23, 271-276.	3.1	38
20	Short-term effects of spinal thrust joint manipulation in patients with chronic neck pain: a randomized clinical trial. Clinical Rehabilitation, 2013, 27, 504-512.	2.2	36
21	Telehealth system (e-CUIDATE) to improve quality of life in breast cancer survivors: rationale and study protocol for a randomized clinical trial. Trials, 2013, 14, 187.	1.6	35
22	A Mobile System to Improve Quality of Life Via Energy Balance in Breast Cancer Survivors (BENECA) Tj ETQq0 0 0 7, e14136.	rgBT /Ove 3.7	erlock 10 Tf 5 34
23	A multimodal exercise program and multimedia support reduce cancer-related fatigue in breast cancer survivors: A randomised controlled clinical trial. European Journal of Integrative Medicine, 2011, 3, e189-e200.	1.7	32
24	Aquatic exercise in a chest-high pool for hormone therapy-induced arthralgia in breast cancer survivors: a pragmatic controlled trial. Clinical Rehabilitation, 2013, 27, 123-132.	2.2	32
25	Mobile health and supervised rehabilitation versus mobile health alone in breast cancer survivors: Randomized controlled trial. Annals of Physical and Rehabilitation Medicine, 2020, 63, 316-324.	2.3	32
26	Development of active myofascial trigger points in neck and shoulder musculature is similar after lumpectomy or mastectomy surgery for breast cancer. Journal of Bodywork and Movement Therapies, 2012, 16, 183-190.	1.2	31
27	The Influence of Patient Attitude Toward Massage on Pressure Pain Sensitivity and Immune System after Application of Myofascial Release in Breast Cancer Survivors: A Randomized, Controlled Crossover Study. Journal of Manipulative and Physiological Therapeutics, 2012, 35, 94-100.	0.9	30
28	Psychophysiological Effects of Preperformance Massage Before Isokinetic Exercise. Journal of Strength and Conditioning Research, 2011, 25, 481-488.	2.1	29
29	The Six-Minute Walk Test as a Measure of Health in Breast Cancer Patients. Journal of Aging and Physical Activity, 2016, 24, 508-515.	1.0	28
30	Pressure Pain Sensitivity Maps of the Neck-Shoulder Region in Breast Cancer Survivors. Pain Medicine, 2016, 17, 1942-1952.	1.9	27
31	Integral strategy to supportive care in breast cancer survivors through occupational therapy and a m-health system: design of a randomized clinical trial. BMC Medical Informatics and Decision Making, 2016, 16, 150.	3.0	27
32	A Blended Learning System to Improve Motivation, Mood State, and Satisfaction in Undergraduate Students: Randomized Controlled Trial. Journal of Medical Internet Research, 2020, 22, e17101.	4.3	27
33	Agreement between telerehabilitation involving caregivers and face-to-face clinical assessment of lymphedema in breast cancer survivors. Supportive Care in Cancer, 2014, 22, 253-258.	2.2	26
34	A homeâ€based teleâ€rehabilitation protocol for patients with hip fracture called @ctivehip. Research in Nursing and Health, 2019, 42, 29-38.	1.6	25
35	Analysis of Pressure Pain Hypersensitivity, Ultrasound Image, and Quality of Life in Patients with Chronic Plantar Pain: A Preliminary Study. Pain Medicine, 2016, 17, 1530-1541.	1.9	24
36	Monitoring Energy Balance in Breast Cancer Survivors Using a Mobile App: Reliability Study. JMIR MHealth and UHealth, 2018, 6, e67.	3.7	24

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37	Evaluation of E-Learning as an Adjunctive Method for the Acquisition of Skills in Bony Landmark Palpation and Muscular Ultrasound Examination in the Lumbopelvic Region: A Controlled Study. Journal of Manipulative and Physiological Therapeutics, 2012, 35, 727-734.	0.9	23
38	Chronic Fatigue, Physical Impairments and Quality of Life in Women with Endometriosis: A Case-Control Study. International Journal of Environmental Research and Public Health, 2020, 17, 3610.	2.6	22
39	Influence of physical inactivity in psychophysiolocigal state of breast cancer survivors. European Journal of Cancer Care, 2013, 22, 738-745.	1.5	21
40	Nerve Pressure Pain Hypersensitivity and Upper Limb Mechanosensitivity in Breast Cancer Survivors: A Case–Control Study. Pain Medicine, 2014, 15, 1715-1723.	1.9	21
41	Physical impairments and quality of life of colorectal cancer survivors: a case-control study. European Journal of Cancer Care, 2015, 24, 642-649.	1.5	21
42	Effectiveness of Lumbopelvic Exercise in Colon Cancer Survivors. Medicine and Science in Sports and Exercise, 2016, 48, 1438-1446.	0.4	21
43	The application of Reiki in nurses diagnosed with Burnout Syndrome has beneficial effects on concentration of salivary IgA and blood pressure. Revista Latino-Americana De Enfermagem, 2011, 19, 1132-1138.	1.0	20
44	Altered Pattern of Cervical Muscle Activation During Performance of a Functional Upper Limb Task in Breast Cancer Survivors. American Journal of Physical Medicine and Rehabilitation, 2011, 90, 349-355.	1.4	20
45	Widespread Pressure Pain Hypersensitivity and Ultrasound Imaging Evaluation of Abdominal Area after Colon Cancer Treatment. Pain Medicine, 2014, 15, 233-240.	1.9	20
46	Analysis of deep tissue hypersensitivity to pressure pain in professional pianists with insidious mechanical neck pain. BMC Musculoskeletal Disorders, 2011, 12, 268.	1.9	18
47	Influence of catechol-o-methyltransferase genotype (Val158Met) on endocrine, sympathetic nervous and mucosal immune systems in breast cancer survivors. Breast, 2012, 21, 199-203.	2.2	17
48	Changes in Pain and Muscle Architecture in Colon Cancer Survivors After a Lumbopelvic Exercise Program: A Secondary Analysis of a Randomized Controlled Trial. Pain Medicine, 2017, 18, 1366-1376.	1.9	16
49	Factors that Explain the Cancer-Related Insomnia. Breast Journal, 2017, 23, 387-394.	1.0	15
50	A COVID-19 Rehabilitation Prospective Surveillance Model for Use by Physiotherapists. Journal of Clinical Medicine, 2021, 10, 1691.	2.4	15
51	The Ecofisio Mobile App for Assessment and Diagnosis Using Ultrasound Imaging for Undergraduate Health Science Students: Multicenter Randomized Controlled Trial. Journal of Medical Internet Research, 2020, 22, e16258.	4.3	15
52	Contribution of Chronic Fatigue to Psychosocial Status and Quality of Life in Spanish Women Diagnosed with Endometriosis. International Journal of Environmental Research and Public Health, 2020, 17, 3831.	2.6	14
53	The Lysholm score: Cross cultural validation and evaluation of psychometric properties of the Spanish version. PLoS ONE, 2019, 14, e0221376.	2.5	12
54	Psychometric properties of the QuickPIPER: a shortened version of the PIPER Fatigue scale. European Journal of Cancer Care, 2013, 22, 245-252.	1.5	11

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55	The Influence of Body Mass Index on Survival inÂBreast Cancer Patients. Clinical Breast Cancer, 2015, 15, e117-e123.	2.4	11
56	Myofascial pain, widespread pressure hypersensitivity, and hyperalgesia in the face, neck, and shoulder regions, in survivors of head and neck cancer. Supportive Care in Cancer, 2020, 28, 2891-2898.	2.2	11
57	Acute and cumulative benefits of Photobiomodulation for xerostomia: A systematic review and metaâ€analysis. Oral Diseases, 2021, 27, 1115-1126.	3.0	10
58	Can Physical Exercise Prevent Chemotherapy-Induced Peripheral Neuropathy in Patients With Cancer? A Systematic Review and Meta-analysis. Archives of Physical Medicine and Rehabilitation, 2022, 103, 2197-2208.	0.9	10
59	Restricted neck mobility in children with chronic tension type headache: a blinded, controlled study. Journal of Headache and Pain, 2010, 11, 399-404.	6.0	9
60	Comparison of knee sonography and pressure pain threshold after anterior cruciate ligament reconstruction with quadriceps tendon versus hamstring tendon autografts in soccer players. Acta Orthopaedica Et Traumatologica Turcica, 2019, 53, 260-265.	0.8	9
61	Association Between the Use of a Mobile Health Strategy App and Biological Changes in Breast Cancer Survivors: Prospective Pre-Post Study. Journal of Medical Internet Research, 2019, 21, e15062.	4.3	9
62	Attenuating Treatment-Related Cardiotoxicity in Women Recently Diagnosed With Breast Cancer via a Tailored Therapeutic Exercise Program: Protocol of the ATOPE Trial. Physical Therapy, 2021, 101, .	2.4	8
63	Health status among long-term breast cancer survivors suffering from higher levels of fatigue: a cross-sectional study. Supportive Care in Cancer, 2018, 26, 3649-3658.	2.2	7
64	ATOPE+: An mHealth System to Support Personalized Therapeutic Exercise Interventions in Patients With Cancer. IEEE Access, 2021, 9, 16878-16898.	4.2	7
65	Do Patient Profiles Influence the Effects of Massage? A Controlled Clinical Trial. Biological Research for Nursing, 2016, 18, 489-497.	1.9	6
66	Health-Related Fitness Improvements in Morbid Obese Patients After Laparoscopic Sleeve Gastrectomy: a Cohort Study. Obesity Surgery, 2017, 27, 1182-1188.	2.1	6
67	Widespread Pain Hypersensitivity and Lumbopelvic Impairments in Women Diagnosed with Endometriosis. Pain Medicine, 2021, 22, 1970-1981.	1.9	6
68	Impact of symptom burden on work performance status in Spanish women diagnosed with endometriosis. European Journal of Obstetrics, Gynecology and Reproductive Biology, 2021, 261, 92-97.	1.1	6
69	â€^Physio-EndEA' Study: A Randomized, Parallel-Group Controlled Trial to Evaluate the Effect of a Supervised and Adapted Therapeutic Exercise Program to Improve Quality of Life in Symptomatic Women Diagnosed with Endometriosis. International Journal of Environmental Research and Public Health. 2022. 19. 1738.	2.6	6
70	The minimal clinically important difference in the treadmill six-minute walk test in active women with breast cancer during and after oncological treatments. Disability and Rehabilitation, 2023, 45, 871-878.	1.8	6
71	Effects of a Single Myofascial Induction Session on Neural Mechanosensitivity in Breast Cancer Survivors: A Secondary Analysis of a Crossover Study. Journal of Manipulative and Physiological Therapeutics, 2020, 43, 394-404.	0.9	5
72	Quantity and quality of muscle in patients recently diagnosed with colorectal cancer: a comparison with cancer-free controls. Supportive Care in Cancer, 2020, 28, 4745-4752.	2.2	5

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73	Systematic review of the effect of aquatic therapeutic exercise in breast cancer survivors. European Journal of Cancer Care, 2022, 31, .	1.5	5
74	The role of physical therapists in oncology: the great unknown. Physical Therapy Reviews, 2020, 25, 235-237.	0.8	4
75	Limitations in Activities of Daily Living Among Spanish Women Diagnosed With Endometriosis. American Journal of Occupational Therapy, 2021, 75, .	0.3	4
76	Improvements in Health-Related Quality of Life and Pain: A Cohort Study in Obese Patients After Laparoscopic Sleeve Gastrectomy. Journal of Laparoendoscopic and Advanced Surgical Techniques - Part A, 2018, 28, 53-57.	1.0	3
77	Designing BENECA m-Health APP, A Mobile Health Application to Monitor Diet and Physical Activity in Cancer Survivors. Lecture Notes in Computer Science, 2017, , 63-70.	1.3	3
78	Prevention of Chemotherapy-Induced Peripheral Neuropathy With PRESIONA, a Therapeutic Exercise and Blood Flow Restriction Program: A Randomized Controlled Study Protocol. Physical Therapy, 2022, 102, .	2.4	3
79	Neurotoxicity prevention with a multimodal program (ATENTO) prior to cancer treatment versus throughout cancer treatment in women newly diagnosed for breast cancer: Protocol for a randomized clinical trial. Research in Nursing and Health, 2021, 44, 598-607.	1.6	2
80	Colorectal cancer pain upon diagnosis and after treatment: a cross-sectional comparison with healthy matched controls. Supportive Care in Cancer, 2022, 30, 3573-3584.	2.2	2
81	Relación entre cambios en hemoglobina glucosilada y mejora de la composición corporal en pacientes con obesidad mórbida tras gastrectomÃa tubular laparoscópica. Medicina ClÃnica, 2018, 151, 131-135.	0.6	0