

# Markku Peltonen

## List of Publications by Year in descending order

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Version: 2024-02-01

292  
papers

29,897  
citations

8159

76  
h-index

5227

165  
g-index

295  
all docs

295  
docs citations

295  
times ranked

29885  
citing authors

#	ARTICLE	IF	CITATIONS
1	Lifestyle, Diabetes, and Cardiovascular Risk Factors 10 Years after Bariatric Surgery. <i>New England Journal of Medicine</i> , 2004, 351, 2683-2693.	13.9	4,023
2	A 2 year multidomain intervention of diet, exercise, cognitive training, and vascular risk monitoring versus control to prevent cognitive decline in at-risk elderly people (FINGER): a randomised controlled trial. <i>Lancet, The</i> , 2015, 385, 2255-2263.	6.3	2,307
3	Sustained reduction in the incidence of type 2 diabetes by lifestyle intervention: follow-up of the Finnish Diabetes Prevention Study. <i>Lancet, The</i> , 2006, 368, 1673-1679.	6.3	1,530
4	Bariatric Surgery and Long-term Cardiovascular Events. <i>JAMA - Journal of the American Medical Association</i> , 2012, 307, 56.	3.8	1,341
5	Association of Bariatric Surgery With Long-term Remission of Type 2 Diabetes and With Microvascular and Macrovascular Complications. <i>JAMA - Journal of the American Medical Association</i> , 2014, 311, 2297.	3.8	849
6	Bariatric Surgery and Prevention of Type 2 Diabetes in Swedish Obese Subjects. <i>New England Journal of Medicine</i> , 2012, 367, 695-704.	13.9	698
7	Effects of bariatric surgery on cancer incidence in obese patients in Sweden (Swedish Obese Subjects) Tj ETQq1 1 0.784314 rgBT /Over 5.1 659	5.1	659
8	Prediction of Non-Alcoholic Fatty Liver Disease and Liver Fat Using Metabolic and Genetic Factors. <i>Gastroenterology</i> , 2009, 137, 865-872.	0.6	646
9	Thirty-five-year trends in cardiovascular risk factors in Finland. <i>International Journal of Epidemiology</i> , 2010, 39, 504-518.	0.9	429
10	Diabetes, Alzheimer disease, and vascular dementia. <i>Neurology</i> , 2010, 75, 1195-1202.	1.5	422
11	Improved lifestyle and decreased diabetes risk over 13 years: long-term follow-up of the randomised Finnish Diabetes Prevention Study (DPS). <i>Diabetologia</i> , 2013, 56, 284-293.	2.9	416
12	A European Evidence-Based Guideline for the Prevention of Type 2 Diabetes. <i>Hormone and Metabolic Research</i> , 2010, 42, S3-S36.	0.7	385
13	The Finnish Geriatric Intervention Study to Prevent Cognitive Impairment and Disability (FINGER): Study design and progress. <i>Alzheimer's and Dementia</i> , 2013, 9, 657-665.	0.4	385
14	Lifestyle Intervention with Weight Reduction. <i>American Journal of Respiratory and Critical Care Medicine</i> , 2009, 179, 320-327.	2.5	361
15	Differentiated Long-Term Effects of Intentional Weight Loss on Diabetes and Hypertension. <i>Hypertension</i> , 2000, 36, 20-25.	1.3	340
16	Long-term and recent trends in hypertension awareness, treatment, and control in 12 high-income countries: an analysis of 123 nationally representative surveys. <i>Lancet, The</i> , 2019, 394, 639-651.	6.3	325
17	Cross-sectional evaluation of the Finnish Diabetes Risk Score: a tool to identify undetected type 2 diabetes, abnormal glucose tolerance and metabolic syndrome. <i>Diabetes and Vascular Disease Research</i> , 2005, 2, 67-72.	0.9	273
18	Life Expectancy after Bariatric Surgery in the Swedish Obese Subjects Study. <i>New England Journal of Medicine</i> , 2020, 383, 1535-1543.	13.9	272

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19	Associations of Chronotype and Sleep With Cardiovascular Diseases and Type 2 Diabetes. <i>Chronobiology International</i> , 2013, 30, 470-477.	0.9	270
20	Lifestyle Intervention for Prevention of Type 2 Diabetes in Primary Health Care. <i>Diabetes Care</i> , 2010, 33, 2146-2151.	4.3	265
21	Worldwide FINGERS Network: A global approach to risk reduction and prevention of dementia. <i>Alzheimer's and Dementia</i> , 2020, 16, 1078-1094.	0.4	257
22	High-fibre, low-fat diet predicts long-term weight loss and decreased type 2 diabetes risk: the Finnish Diabetes Prevention Study. <i>Diabetologia</i> , 2006, 49, 912-920.	2.9	249
23	Factors Associated With Delayed Admission to Hospital and In-Hospital Delays in Acute Stroke and TIA. <i>Stroke</i> , 1999, 30, 40-48.	1.0	243
24	The effects of physical activity and body mass index on cardiovascular, cancer and all-cause mortality among 47% middle-aged Finnish men and women. <i>International Journal of Obesity</i> , 2005, 29, 894-902.	1.6	237
25	Multidomain lifestyle intervention benefits a large elderly population at risk for cognitive decline and dementia regardless of baseline characteristics: The FINGER trial. <i>Alzheimer's and Dementia</i> , 2018, 14, 263-270.	0.4	236
26	Musculoskeletal pain in the obese: a comparison with a general population and long-term changes after conventional and surgical obesity treatment. <i>Pain</i> , 2003, 104, 549-557.	2.0	232
27	Laparoscopic Roux-en-Y gastric bypass in adolescents with severe obesity (AMOS): a prospective, 5-year, Swedish nationwide study. <i>Lancet Diabetes and Endocrinology</i> , 2017, 5, 174-183.	5.5	226
28	Trends in self-reported sleep duration and insomnia-related symptoms in Finland from 1972 to 2005: a comparative review and reanalysis of Finnish population samples. <i>Journal of Sleep Research</i> , 2008, 17, 54-62.	1.7	216
29	Cohort Profile: The National FINRISK Study. <i>International Journal of Epidemiology</i> , 2018, 47, 696-696i.	0.9	214
30	Forty-year trends in cardiovascular risk factors in Finland. <i>European Journal of Public Health</i> , 2015, 25, 539-546.	0.1	208
31	Relation of Chronotype to Sleep Complaints in the General Finnish Population. <i>Chronobiology International</i> , 2012, 29, 311-317.	0.9	205
32	Take Action to Prevent Diabetes – The IMAGE Toolkit for the Prevention of Type 2 Diabetes in Europe. <i>Hormone and Metabolic Research</i> , 2010, 42, S37-S55.	0.7	197
33	High Expression of Complement Components in Omental Adipose Tissue in Obese Men. <i>Obesity</i> , 2003, 11, 699-708.	4.0	195
34	Evening types are prone to depression. <i>Chronobiology International</i> , 2013, 30, 719-725.	0.9	192
35	Effect of Lifestyle Intervention on the Occurrence of Metabolic Syndrome and its Components in the Finnish Diabetes Prevention Study. <i>Diabetes Care</i> , 2008, 31, 805-807.	4.3	178
36	Effect of short-term carbohydrate overfeeding and long-term weight loss on liver fat in overweight humans. <i>American Journal of Clinical Nutrition</i> , 2012, 96, 727-734.	2.2	171

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37	High prevalence of undiagnosed coeliac disease in adults: a Swedish population-based study. <i>Journal of Internal Medicine</i> , 1999, 245, 63-68.	2.7	169
38	National type 2 diabetes prevention programme in Finland: FIN-D2D. <i>International Journal of Circumpolar Health</i> , 2007, 66, 101-112.	0.5	162
39	Self-reported sleep duration, all-cause mortality, cardiovascular mortality and morbidity in Finland. <i>Sleep Medicine</i> , 2011, 12, 215-221.	0.8	159
40	Bariatric Surgery and the Risk of New-Onset Atrial Fibrillation in Swedish Obese Subjects. <i>Journal of the American College of Cardiology</i> , 2016, 68, 2497-2504.	1.2	159
41	Ten-Year Mortality and Cardiovascular Morbidity in the Finnish Diabetes Prevention Study – Secondary Analysis of the Randomized Trial. <i>PLoS ONE</i> , 2009, 4, e5656.	1.1	158
42	Cardiovascular Events After Bariatric Surgery in Obese Subjects With Type 2 Diabetes. <i>Diabetes Care</i> , 2012, 35, 2613-2617.	4.3	152
43	Determinants of Diabetes Remission and Glycemic Control After Bariatric Surgery. <i>Diabetes Care</i> , 2016, 39, 166-174.	4.3	152
44	Associations of serum indolepropionic acid, a gut microbiota metabolite, with type 2 diabetes and low-grade inflammation in high-risk individuals. <i>Nutrition and Diabetes</i> , 2018, 8, 35.	1.5	147
45	The European Perspective of Type 2 Diabetes Prevention: Diabetes in Europe - Prevention Using Lifestyle, Physical Activity and Nutritional Intervention (DE-PLAN) Project. <i>Experimental and Clinical Endocrinology and Diabetes</i> , 2008, 116, 167-172.	0.6	144
46	The Impact of History of Hypertension and Type 2 Diabetes at Baseline on the Incidence of Stroke and Stroke Mortality. <i>Stroke</i> , 2005, 36, 2538-2543.	1.0	142
47	Alcohol consumption and alcohol problems after bariatric surgery in the swedish obese subjects study. <i>Obesity</i> , 2013, 21, 2444-2451.	1.5	136
48	Effect of the Apolipoprotein E Genotype on Cognitive Change During a Multidomain Lifestyle Intervention. <i>JAMA Neurology</i> , 2018, 75, 462.	4.5	136
49	Circadian preference links to depression in general adult population. <i>Journal of Affective Disorders</i> , 2015, 188, 143-148.	2.0	135
50	Determinants for the Effectiveness of Lifestyle Intervention in the Finnish Diabetes Prevention Study. <i>Diabetes Care</i> , 2008, 31, 857-862.	4.3	134
51	Anti-inflammatory effect of lifestyle changes in the Finnish Diabetes Prevention Study. <i>Diabetologia</i> , 2009, 52, 433-442.	2.9	133
52	Metabolically healthy and unhealthy obesity phenotypes in the general population: the FIN-D2D Survey. <i>BMC Public Health</i> , 2011, 11, 754.	1.2	133
53	Health Care Use During 20 Years Following Bariatric Surgery. <i>JAMA - Journal of the American Medical Association</i> , 2012, 308, 1132.	3.8	131
54	Pharmaceutical Costs in Obese Individuals. <i>Archives of Internal Medicine</i> , 2002, 162, 2061.	4.3	128

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55	Two Year Reduction In Sleep Apnea Symptoms and Associated Diabetes Incidence After Weight Loss In Severe Obesity. <i>Sleep</i> , 2007, 30, 703-710.	0.6	128
56	Risk of suicide and non-fatal self-harm after bariatric surgery: results from two matched cohort studies. <i>Lancet Diabetes and Endocrinology</i> , 2018, 6, 197-207.	5.5	124
57	Two-year outcome of laparoscopic Roux-en-Y gastric bypass in adolescents with severe obesity: results from a Swedish Nationwide Study (AMOS). <i>International Journal of Obesity</i> , 2012, 36, 1388-1395.	1.6	119
58	Blood Pressure and Pulse Pressure during Long-Term Weight Loss in the Obese: The Swedish Obese Subjects (SOS) Intervention Study. <i>Obesity</i> , 2001, 9, 188-195.	4.0	117
59	Long-term incidence of microvascular disease after bariatric surgery or usual care in patients with obesity, stratified by baseline glycaemic status: a post-hoc analysis of participants from the Swedish Obese Subjects study. <i>Lancet Diabetes and Endocrinology</i> , 2017, 5, 271-279.	5.5	111
60	Systemic Immune Mediators and Lifestyle Changes in the Prevention of Type 2 Diabetes: Results From the Finnish Diabetes Prevention Study. <i>Diabetes</i> , 2006, 55, 2340-2346.	0.3	110
61	Stroke Units in Their Natural Habitat. <i>Stroke</i> , 1999, 30, 709-714.	1.0	107
62	A population-based study on the prevalence of NASH using scores validated against liver histology. <i>Journal of Hepatology</i> , 2014, 60, 839-846.	1.8	107
63	Urinary sodium and potassium excretion and the risk of type 2 diabetes: a prospective study in Finland. <i>Diabetologia</i> , 2005, 48, 1477-1483.	2.9	106
64	Telomere length in circulating leukocytes is associated with lung function and disease. <i>European Respiratory Journal</i> , 2014, 43, 983-992.	3.1	103
65	Sleep Duration, Lifestyle Intervention, and Incidence of Type 2 Diabetes in Impaired Glucose Tolerance. <i>Diabetes Care</i> , 2009, 32, 1965-1971.	4.3	102
66	Long-term incidence of female-specific cancer after bariatric surgery or usual care in the Swedish Obese Subjects Study. <i>Gynecologic Oncology</i> , 2017, 145, 224-229.	0.6	98
67	Primary prevention and risk factor reduction in coronary heart disease mortality among working aged men and women in eastern Finland over 40 years: population based observational study. <i>BMJ</i> , 2016, 352, i721.	3.0	93
68	Human PNPLA3-I148M variant increases hepatic retention of polyunsaturated fatty acids. <i>JCI Insight</i> , 2019, 4, .	2.3	93
69	Clinical and lifestyle-related risk factors for incident multimorbidity: 10-year follow-up of Finnish population-based cohorts 1982-2012. <i>European Journal of Internal Medicine</i> , 2015, 26, 211-216.	1.0	91
70	Sleep duration is associated with an increased risk for the prevalence of type 2 diabetes in middle-aged women - The FIN-D2D survey. <i>Sleep Medicine</i> , 2008, 9, 221-227.	0.8	88
71	Gallstones, Gallbladder Disease, and Pancreatitis: Cross-Sectional and 2-Year Data From The Swedish Obese Subjects (SOS) and SOS Reference Studies. <i>American Journal of Gastroenterology</i> , 2003, 98, 1032-1041.	0.2	87
72	Sustained improvement in mild obstructive sleep apnea after a diet- and physical activity-based lifestyle intervention: postinterventional follow-up. <i>American Journal of Clinical Nutrition</i> , 2010, 92, 688-696.	2.2	87

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73	Low and high circulating cortisol levels predict mortality and cognitive dysfunction early after stroke. <i>Journal of Internal Medicine</i> , 2004, 256, 15-21.	2.7	86
74	All-cause and disease-specific mortality among male, former elite athletes: an average 50-year follow-up. <i>British Journal of Sports Medicine</i> , 2015, 49, 893-897.	3.1	86
75	Use of HOMA-IR to diagnose non-alcoholic fatty liver disease: a population-based and inter-laboratory study. <i>Diabetologia</i> , 2017, 60, 1873-1882.	2.9	85
76	Two variants of extracellular-superoxide dismutase: relationship to cardiovascular risk factors in an unselected middle-aged population. <i>Journal of Internal Medicine</i> , 1997, 242, 5-14.	2.7	81
77	Long-term consistency of diurnal-type preferences among men. <i>Chronobiology International</i> , 2014, 31, 182-188.	0.9	79
78	Paradoxical Lower Serum Triglyceride Levels and Higher Type 2 Diabetes Mellitus Susceptibility in Obese Individuals with the PNPLA3 148M Variant. <i>PLoS ONE</i> , 2012, 7, e39362.	1.1	78
79	Lifestyle intervention to prevent diabetes in men and women with impaired glucose tolerance is cost-effective. <i>International Journal of Technology Assessment in Health Care</i> , 2007, 23, 177-183.	0.2	77
80	Incidence and remission of type 2 diabetes in relation to degree of obesity at baseline and 2-year weight change: the Swedish Obese Subjects (SOS) study. <i>Diabetologia</i> , 2015, 58, 1448-1453.	2.9	77
81	Social Patterning of Myocardial Infarction and Stroke in Sweden: Incidence and Survival. <i>American Journal of Epidemiology</i> , 2000, 151, 283-292.	1.6	76
82	Depot-specific Expression of Fibroblast Growth Factors in Human Adipose Tissue. <i>Obesity</i> , 2002, 10, 608-616.	4.0	74
83	Leisure-Time Physical Activity and the Metabolic Syndrome in the Finnish Diabetes Prevention Study. <i>Diabetes Care</i> , 2010, 33, 1610-1617.	4.3	74
84	Long-Term Effect of Bariatric Surgery on Liver Enzymes in the Swedish Obese Subjects (SOS) Study. <i>PLoS ONE</i> , 2013, 8, e60495.	1.1	69
85	Recruitment and Baseline Characteristics of Participants in the Finnish Geriatric Intervention Study to Prevent Cognitive Impairment and Disability (FINGER) – A Randomized Controlled Lifestyle Trial. <i>International Journal of Environmental Research and Public Health</i> , 2014, 11, 9345-9360.	1.2	69
86	The Gender-Specific Impact of Diabetes and Myocardial Infarction at Baseline and During Follow-Up on Mortality From All Causes and Coronary Heart Disease. <i>Journal of the American College of Cardiology</i> , 2005, 45, 1413-1418.	1.2	68
87	The activation of the inflammatory cytokines in overweight patients with mild obstructive sleep apnoea. <i>Journal of Sleep Research</i> , 2010, 19, 341-348.	1.7	68
88	Evaluation of Current Eligibility Criteria for Bariatric Surgery. <i>Diabetes Care</i> , 2013, 36, 1335-1340.	4.3	68
89	Psychological aspects of eating behavior as predictors of 10-y weight changes after surgical and conventional treatment of severe obesity: results from the Swedish Obese Subjects intervention study. <i>American Journal of Clinical Nutrition</i> , 2015, 101, 16-24.	2.2	68
90	Non-alcoholic and alcoholic Fatty Liver Disease - two Diseases of Affluence associated with the Metabolic Syndrome and Type 2 Diabetes: the FIN-D2D Survey. <i>BMC Public Health</i> , 2010, 10, 237.	1.2	66

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91	Food and nutrient intake among workers with different shift systems. <i>Occupational and Environmental Medicine</i> , 2015, 72, 513-520.	1.3	66
92	Health-care costs over 15 years after bariatric surgery for patients with different baseline glucose status: results from the Swedish Obese Subjects study. <i>Lancet Diabetes and Endocrinology</i> , 2015, 3, 855-865.	5.5	66
93	Prevalence of insomnia-related symptoms continues to increase in the Finnish working-age population. <i>Journal of Sleep Research</i> , 2016, 25, 454-457.	1.7	66
94	Widening Gap of Stroke Between East and West. <i>Stroke</i> , 2000, 31, 2-8.	1.0	65
95	A dietary and behavioural programme for the treatment of obesity. A 4-year clinical trial and a long-term posttreatment follow-up. <i>Journal of Internal Medicine</i> , 2003, 254, 272-279.	2.7	65
96	Prevalence, awareness and treatment of hypertension in Finland during 1982-2007. <i>Journal of Hypertension</i> , 2009, 27, 1552-1559.	0.3	65
97	Leukocyte Telomere Length in the Finnish Diabetes Prevention Study. <i>PLoS ONE</i> , 2012, 7, e34948.	1.1	65
98	Dietary changes and cognition over 2 years within a multidomain intervention trial - The Finnish Geriatric Intervention Study to Prevent Cognitive Impairment and Disability (FINGER). <i>Alzheimer's and Dementia</i> , 2019, 15, 410-417.	0.4	63
99	Incidence of end-stage renal disease following bariatric surgery in the Swedish Obese Subjects Study. <i>International Journal of Obesity</i> , 2018, 42, 964-973.	1.6	62
100	Weight Change - Adjusted Effects of Gastric Bypass Surgery on Glucose Metabolism: 2- and 10-Year Results From the Swedish Obese Subjects (SOS) Study. <i>Diabetes Care</i> , 2016, 39, 625-631.	4.3	61
101	The incidence of albuminuria after bariatric surgery and usual care in Swedish obese subjects (SOS): a prospective controlled intervention trial. <i>International Journal of Obesity</i> , 2015, 39, 169-175.	1.6	60
102	Reoperations After Bariatric Surgery in 26 Years of Follow-up of the Swedish Obese Subjects Study. <i>JAMA Surgery</i> , 2019, 154, 319.	2.2	60
103	Changes in total energy intake and macronutrient composition after bariatric surgery predict long-term weight outcome: findings from the Swedish Obese Subjects (SOS) study. <i>American Journal of Clinical Nutrition</i> , 2017, 106, 136-145.	2.2	59
104	The Increasing Prevalence of Metabolic Syndrome among Finnish Men and Women over a Decade. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2008, 93, 832-836.	1.8	58
105	Joint association of coffee consumption and other factors to the risk of type 2 diabetes: a prospective study in Finland. <i>International Journal of Obesity</i> , 2006, 30, 1742-1749.	1.6	56
106	Long-term effects of weight loss on pharmaceutical costs in obese subjects. A report from the SOS intervention study. <i>International Journal of Obesity</i> , 2002, 26, 184-192.	1.6	55
107	Effects of bariatric surgery on gout incidence in the Swedish Obese Subjects study: a non-randomised, prospective, controlled intervention trial. <i>Annals of the Rheumatic Diseases</i> , 2017, 76, 688-693.	0.5	55
108	Secular trends in social patterning of cardiovascular risk factor levels in Sweden. The Northern Sweden MONICA Study 1986-1994. <i>Journal of Internal Medicine</i> , 1998, 244, 1-9.	2.7	52



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109	High prevalence of obesity, central obesity and abnormal glucose tolerance in the middle-aged Finnish population. <i>BMC Public Health</i> , 2008, 8, 423.	1.2	52
110	Surgical obesity treatment and the risk of heart failure. <i>European Heart Journal</i> , 2019, 40, 2131-2138.	1.0	51
111	Reducing the risk of type 2 diabetes with nutrition and physical activity – efficacy and implementation of lifestyle interventions in Finland. <i>Public Health Nutrition</i> , 2010, 13, 993-999.	1.1	50
112	Evening chronotypes have the increased odds for bronchial asthma and nocturnal asthma. <i>Chronobiology International</i> , 2014, 31, 95-101.	0.9	50
113	Fracture risk after three bariatric surgery procedures in Swedish obese subjects: up to 26 years follow-up of a controlled intervention study. <i>Journal of Internal Medicine</i> , 2020, 287, 546-557.	2.7	50
114	Time Trends in Long-term Survival After Stroke. <i>Stroke</i> , 1998, 29, 1358-1365.	1.0	49
115	Intermittent versus on-demand use of a very low calorie diet: a randomized 2-year clinical trial. <i>Journal of Internal Medicine</i> , 2003, 253, 463-471.	2.7	49
116	Two-year trends in psychological outcomes after gastric bypass in adolescents with severe obesity. <i>Obesity</i> , 2015, 23, 1966-1972.	1.5	48
117	The Effect of a 2-Year Intervention Consisting of Diet, Physical Exercise, Cognitive Training, and Monitoring of Vascular Risk on Chronic Morbidity – the FINGER Randomized Controlled Trial. <i>Journal of the American Medical Directors Association</i> , 2018, 19, 355-360.e1.	1.2	48
118	Body composition in the SOS (Swedish Obese Subjects) reference study. <i>International Journal of Obesity</i> , 2004, 28, 1317-1324.	1.6	44
119	Impact of Positive Family History and Genetic Risk Variants on the Incidence of Diabetes: The Finnish Diabetes Prevention Study. <i>Diabetes Care</i> , 2011, 34, 418-423.	4.3	44
120	Sustained diabetes risk reduction after real life and primary health care setting implementation of the diabetes in Europe prevention using lifestyle, physical activity and nutritional intervention (DE-PLAN) project. <i>BMC Public Health</i> , 2017, 17, 198.	1.2	44
121	Associations of Bariatric Surgery With Changes in Interpersonal Relationship Status. <i>JAMA Surgery</i> , 2018, 153, 654.	2.2	44
122	Cost of Inpatient Care over 7 Years among Surgically and Conventionally Treated Obese Patients. <i>Obesity</i> , 2002, 10, 1276-1283.	4.0	43
123	Marked improvement in survival after acute myocardial infarction in middle-aged men but not in women. The Northern Sweden MONICA study 1985-94. <i>Journal of Internal Medicine</i> , 2000, 247, 579-587.	2.7	42
124	Lifestyle strategies for weight control: experience from the Finnish Diabetes Prevention Study. <i>Proceedings of the Nutrition Society</i> , 2005, 64, 81-88.	0.4	42
125	Adiponectin and Bariatric Surgery: Associations With Diabetes and Cardiovascular Disease in the Swedish Obese Subjects Study. <i>Diabetes Care</i> , 2014, 37, 1401-1409.	4.3	41
126	Bariatric Surgery and the Incidence of Psoriasis and Psoriatic Arthritis in the Swedish Obese Subjects Study. <i>Obesity</i> , 2017, 25, 2068-2073.	1.5	41



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127	Quality Indicators for the Prevention of Type 2 Diabetes in Europe – IMAGE. <i>Hormone and Metabolic Research</i> , 2010, 42, S56-S63.	0.7	40
128	Serum calcium level is associated with metabolic syndrome in the general population: FIN-D2D study. <i>European Journal of Endocrinology</i> , 2011, 165, 429-434.	1.9	40
129	Evening typology and morning tiredness associates with low leisure time physical activity and high sitting. <i>Chronobiology International</i> , 2015, 32, 1090-1100.	0.9	40
130	Impact of blood pressure and insulin on the relationship between body fat and left ventricular structure. <i>European Heart Journal</i> , 2003, 24, 1500-1505.	1.0	38
131	The impact of weight reduction in the prevention of the progression of obstructive sleep apnea: an explanatory analysis of a 5-year observational follow-up trial. <i>Sleep Medicine</i> , 2014, 15, 329-335.	0.8	38
132	The Association between HbA1c, Fasting Glucose, 1-Hour Glucose and 2-Hour Glucose during an Oral Glucose Tolerance Test and Cardiovascular Disease in Individuals with Elevated Risk for Diabetes. <i>PLoS ONE</i> , 2014, 9, e109506.	1.1	38
133	5-year mental health and eating pattern outcomes following bariatric surgery in adolescents: a prospective cohort study. <i>The Lancet Child and Adolescent Health</i> , 2020, 4, 210-219.	2.7	37
134	HbA <sub>1c</sub> in diagnosing and predicting Type 2 diabetes in impaired glucose tolerance: the Finnish Diabetes Prevention Study. <i>Diabetic Medicine</i> , 2011, 28, 36-42.	1.2	36
135	Sleep-disordered breathing is related to an increased risk for type 2 diabetes in middle-aged men, but not in women – the FIN-D2D survey. <i>Diabetes, Obesity and Metabolism</i> , 2008, 10, 468-475.	2.2	35
136	Development and validation of a risk-score model for subjects with impaired glucose tolerance for the assessment of the risk of type 2 diabetes mellitus – The STOP-NIDDM risk-score. <i>Diabetes Research and Clinical Practice</i> , 2010, 87, 267-274.	1.1	35
137	Relative validity of a FFQ in measuring carbohydrate fractions, dietary glycaemic index and load: exploring the effects of subject characteristics. <i>British Journal of Nutrition</i> , 2012, 107, 1367-1375.	1.2	35
138	The Effect of Multidomain Lifestyle Intervention on Daily Functioning in Older People. <i>Journal of the American Geriatrics Society</i> , 2019, 67, 1138-1144.	1.3	35
139	Behavioral Trait of Morningness-Eveningness in Association with Articular and Spinal Diseases in a Population. <i>PLoS ONE</i> , 2014, 9, e114635.	1.1	35
140	Prevention of Type 2 Diabetes - Lessons we have Learnt for Implementation. <i>Hormone and Metabolic Research</i> , 2007, 39, 636-641.	0.7	32
141	Effect of Weight Reduction on Rhinometric Measurements in Overweight Patients with Obstructive Sleep Apnea. <i>American Journal of Rhinology &amp; Allergy</i> , 2008, 22, 410-415.	2.3	32
142	Physical activity and sleep profiles in Finnish men and women. <i>BMC Public Health</i> , 2014, 14, 82.	1.2	32
143	Daily Sedentary Time and Risk of Cardiovascular Disease: The National FINRISK 2002 Study. <i>Journal of Physical Activity and Health</i> , 2015, 12, 904-908.	1.0	32
144	Branched-Chain Amino Acid Levels Are Related with Surrogates of Disturbed Lipid Metabolism among Older Men. <i>Frontiers in Medicine</i> , 2016, 3, 57.	1.2	32

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145	Contribution of rare and common variants to intellectual disability in a sub-isolate of Northern Finland. <i>Nature Communications</i> , 2019, 10, 410.	5.8	32
146	Increase in physical activity and cardiometabolic risk profile change during lifestyle intervention in primary healthcare: 1-year follow-up study among individuals at high risk for type 2 diabetes. <i>BMJ Open</i> , 2011, 1, e000292-e000292.	0.8	31
147	Association of Bariatric Surgery With Cancer Incidence in Patients With Obesity and Diabetes: Long-term Results From the Swedish Obese Subjects Study. <i>Diabetes Care</i> , 2022, 45, 444-450.	4.3	31
148	Age-Period-Cohort Effects on Stroke Mortality in Sweden 1969-1993 and Forecasts Up to the Year 2003. <i>Stroke</i> , 1996, 27, 1981-1985.	1.0	30
149	Association of Serum 25-Hydroxyvitamin D with Lifestyle Factors and Metabolic and Cardiovascular Disease Markers: Population-Based Cross-Sectional Study (FIN-D2D). <i>PLoS ONE</i> , 2014, 9, e100235.	1.1	29
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