## Juan Jose Madrid-Valero

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Age and gender effects on the prevalence of poor sleep quality in the adult population. Gaceta Sanitaria, 2017, 31, 18-22.	1.5	198
2	Sleep Quality, Mental and Physical Health: A Differential Relationship. International Journal of Environmental Research and Public Health, 2021, 18, 460.	2.6	53
3	Twin studies of subjective sleep quality and sleep duration, and their behavioral correlates: Systematic review and meta-analysis of heritability estimates. Neuroscience and Biobehavioral Reviews, 2020, 109, 78-89.	6.1	36
4	Heritability of the timing of food intake. Clinical Nutrition, 2019, 38, 767-773.	5.0	31
5	The Role of Technology and Social Media Use in Sleep-Onset Difficulties Among Italian Adolescents: Cross-sectional Study. Journal of Medical Internet Research, 2021, 23, e20319.	4.3	20
6	Sleep quality and body mass index: a coâ€ŧwin study. Journal of Sleep Research, 2017, 26, 461-467.	3.2	19
7	Genetic and Environmental Contributions to Sleep Quality and Low Back Pain: A Population-Based Twin Study. Psychosomatic Medicine, 2018, 80, 263-270.	2.0	18
8	The heritability of insomnia: Systematic review and meta-analysis of twin studies. Sleep Medicine Reviews, 2021, 58, 101437.	8.5	18
9	Heritability of sleep quality in a middle-aged twin sample from Spain. Sleep, 2018, 41, .	1.1	17
10	Children Sleep and Antisocial Behavior: Differential Association of Sleep with Aggression and Rule-Breaking. Journal of Abnormal Child Psychology, 2019, 47, 791-799.	3.5	17
11	An Update of Twin Research in Spain: The Murcia Twin Registry. Twin Research and Human Genetics, 2019, 22, 667-671.	0.6	13
12	Sleep quality, insomnia, and internalizing difficulties in adolescents: insights from a twin study. Sleep, 2020, 43, .	1.1	12
13	The psychological wellbeing outcomes of nonpharmacological interventions for older persons with insomnia symptoms: AAsystematic review and meta-analysis. Sleep Medicine Reviews, 2019, 43, 1-13.	8.5	11
14	What Do People Know About the Heritability of Sleep?. Behavior Genetics, 2021, 51, 144-153.	2.1	7
15	Does the heritability of chronic low back pain depend on how the condition is assessed?. European Journal of Pain, 2019, 23, 1712-1722.	2.8	6
16	Creative expressiveness in childhood writing predicts educational achievement beyond motivation and intelligence: A longitudinal, genetically informed study. British Journal of Educational Psychology, 2021, 91, 1395-1413.	2.9	5
17	The Role of the Environment in Overweight and Eating Behavior Variability: Insights from a Multivariate Twin Study. Twin Research and Human Genetics, 2020, 23, 338-344.	0.6	5
18	Sleep quality and chronic neck pain: a cotwin study. Journal of Clinical Sleep Medicine, 2020, 16, 679-687.	2.6	5

#	Article	IF	CITATIONS
19	Inheritance of Refractive Error in Millennials. Scientific Reports, 2020, 10, 8173.	3.3	4
20	Association between symptoms of sleep apnea and problem behaviors in young adult twins and siblings. Psychological Medicine, 2021, 51, 1175-1182.	4.5	3
21	Factors associated with seeking medical care for low back pain in a twin adult sample. European Journal of Pain, 2021, 25, 1091-1106.	2.8	3
22	Nature and nurture. Genetic and environmental factors on the relationship between back pain and sleep quality. European Journal of Pain, 2022, 26, 1460-1468.	2.8	3
23	Sleep in adults from the UK during the first few months of the coronavirus outbreak. Journal of Sleep Research, 2021, , e13465.	3.2	1
24	Disparity between central and peripheral refraction inheritance in twins. Scientific Reports, 2021, 11, 12196.	3.3	0