Ana Adan

List of Publications by Year
in descending order

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Version: 2024-02-01

136 papers	6,433 citations	81900 39 h-index	71685 76 g-index
143 all docs	143 docs citations	143 times ranked	5381 citing authors

#	Article	IF	Citations
1	Circadian Typology: A Comprehensive Review. Chronobiology International, 2012, 29, 1153-1175.	2.0	949
2	Horne & Ã–stberg morningness-eveningness questionnaire: A reduced scale. Personality and Individual Differences, 1991, 12, 241-253.	2.9	542
3	GENDER DIFFERENCES IN MORNINGNESSâ€“EVENINGNESS PREFERENCE. Chronobiology International, 2002, 19, 709-720.	2.0	439
4	Circadian typology and individual differences. A review. Personality and Individual Differences, 1994, 16, 671-684.	2.9	266
5	Reviewing the Psychometric Properties of Contemporary Circadian Typology Measures. Chronobiology International, 2013, 30, 1261-1271.	2.0	220
6	Chronotype and personality factors in the daily consumption of alcohol and psychostimulants. Addiction, 1994, 89, 455-462.	3.3	203
7	Transcultural Properties of the Composite Scale of Morningness: The Relevance of the â€œMorning Affectâ€•Factor. Chronobiology International, 2005, 22, 523-540.	2.0	129
8	Comparing three morningness scales: Age and gender effects, structure and cut-off criteria. Sleep Medicine, 2009, 10, 240-245.	1.6	127
9	Influence of Circadian Typology on Drug Consumption, Hazardous Alcohol use, and Hangover Symptoms. Chronobiology International, 2011, 28, 248-257.	2.0	119
10	Cognitive Performance and Dehydration. Journal of the American College of Nutrition, 2012, 31, 71-78.	1.8	117
11	CIRCADIAN TYPOLOGY AND TEMPERAMENT AND CHARACTER PERSONALITY DIMENSIONS. Chronobiology International, 2010, 27, 181-193.	2.0	112
12	RELATIONSHIP BETWEEN CIRCADIAN TYPOLOGY AND FUNCTIONAL AND DYSFUNCTIONAL IMPULSIVITY. Chronobiology International, 2010, 27, 606-619.	2.0	110
13	Sleep Beliefs Scale (SBS) and circadian typology. Journal of Sleep Research, 2006, 15, 125-132.	3.2	97
14	Personality Traits Related to Binge Drinking: A Systematic Review. Frontiers in Psychiatry, 2017, 8, 134.	2.6	88
15	Adaptation and standardization of a Spanish version of the morningness-eveningness questionnaire: Individual differences. Personality and Individual Differences, 1990, 11, 1123-1130.	2.9	85
16	Morningness-eveningness preference and sensation seeking. European Psychiatry, 2010, 25, 111-115.	0.2	85
17	The Alcohol Hangover Research Group Consensus Statement on Best Practice in Alcohol Hangover Research. Current Drug Abuse Reviews, 2010, 3, 116-126.	3.4	85
18	Early effects of caffeinated and decaffeinated coffee on subjective state and gender differences. Progress in Neuro-Psychopharmacology and Biological Psychiatry, 2008, 32, 1698-1703.	4.8	84

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19	Alcohol hangover: a critical review of explanatory factors. Human Psychopharmacology, 2009, 24, 259-267.	1.5	82
20	Season of birth modulates morningness-eveningness preference in humans. Neuroscience Letters, 1999, 274, 139-141.	2.1	81
21	Are seasonality of mood and eveningness closely associated?. Psychiatry Research, 2005, 136, 51-60.	3.3	77
22	MORNINGNESS-EVENINGNESS, SEX, AND THE ALTERNATIVE FIVE FACTOR MODEL OF PERSONALITY. Chronobiology International, 2009, 26, 1235-1248.	2.0	74
23	Season of Birth, Gender, and Social-Cultural Effects on Sleep Timing Preferences in Humans. Sleep, 2009, 32, 423-426.	1.1	72
24	Effects of caffeine and glucose, alone and combined, on cognitive performance. Human Psychopharmacology, 2010, 25, 310-317.	1.5	71
25	Relationships Among Circadian Typology, Psychological Symptoms, and Sensation Seeking. Chronobiology International, 2013, 30, 942-949.	2.0	60
26	Measures of circadian preference in childhood and adolescence: A review. European Psychiatry, 2015, 30, 576-582.	0.2	58
27	The influence of school time on sleep patterns of children and adolescents. Sleep Medicine, 2016, 19, 33-39.	1.6	58
28	Further Results on the Association between Morningness-Eveningness Preference and the Season of Birth in Human Adults. Neuropsychobiology, 2002, 46, 209-214.	1.9	55
29	A novel association of two non-synonymous polymorphisms in PER2 and PER3 genes with specific diurnal preference subscales. Neuroscience Letters, 2013, 553, 52-56.	2.1	53
30	Reliability of the Spanish version of the Composite Scale of Morningness. European Psychiatry, 2005, 20, 503-509.	0.2	52
31	Neurocognitive effects of alcohol hangover. Addictive Behaviors, 2008, 33, 15-23.	3.0	51
32	Perceived Stress as a Mediator of the Relationship between Neuroticism and Depression and Anxiety Symptoms. Current Psychology, 2019, 38, 66-74.	2.8	48
33	Mood seasonality: A cross-sectional study of subjects aged between 10 and 25Âyears. Journal of Affective Disorders, 2007, 97, 155-160.	4.1	47
34	Circadian typology is related to resilience and optimism in healthy adults. Chronobiology International, 2015, 32, 524-530.	2.0	47
35	GENDER DIFFERENCES IN DIURNAL VARIATIONS OF SUBJECTIVE ACTIVATION AND MOOD. Chronobiology International, 2001, 18, 491-502.	2.0	46
36	The influence of age, work schedule and personality on morningness dimension. International Journal of Psychophysiology, 1992, 12, 95-99.	1.0	45

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37	Validation of the MESSi among adult workers and young students: General health and personality correlates. Chronobiology International, 2017, 34, 1288-1299.	2.0	44
38	Effects of nicotine dependence on diurnal variations of subjective activation and mood. Addiction, 2004, 99, 1599-1607.	3.3	43
39	Glucose and caffeine effects on sustained attention: an exploratory fMRI study.. Human Psychopharmacology, 2010, 25, 543-552.	1.5	41
40	Influence of morningness-eveningness preference in the relationship between body temperature and performance: A diurnal study. Personality and Individual Differences, 1991, 12, 1159-1169.	2.9	40
41	Health-related quality of life in patients with dual diagnosis: clinical correlates. Health and Quality of Life Outcomes, 2012, 10, 106.	2.4	40
42	A chronobiological approach to addiction. Journal of Substance Use, 2013, 18, 171-183.	0.7	40
43	Personality profile of binge drinking in university students is modulated by sex. A study using the Alternative Five Factor Model. Drug and Alcohol Dependence, 2016, 165, 120-125.	3.2	40
44	Executive Functioning in Men with Schizophrenia and Substance Use Disorders. Influence of Lifetime Suicide Attempts. PLoS ONE, 2017, 12, e0169943.	2.5	39
45	Circadian Typology and Sensation Seeking in Adolescents. Chronobiology International, 2012, 29, 1376-1382.	2.0	35
46	Quality of life in functional dyspepsia. Digestive Diseases and Sciences, 2002, 47, 20-26.	2.3	34
47	Circadian Typology, Age, and the Alternative Five-Factor Personality Model in an Adult Women Sample. Chronobiology International, 2011, 28, 690-696.	2.0	34
48	Structural brain network of gifted children has a more integrated and versatile topology. Brain Structure and Function, 2019, 224, 2373-2383.	2.3	31
49	Morningnessâ€“eveningness and personality characteristics of young healthy adults. Personality and Individual Differences, 2014, 68, 136-142.	2.9	30
50	Coping strategies related to treatment in substance use disorder patients with and without comorbid depression. Psychiatry Research, 2017, 251, 325-332.	3.3	29
51	A functional polymorphism in the promoter region of MAOA gene is associated with daytime sleepiness in healthy subjects. Journal of the Neurological Sciences, 2014, 337, 176-179.	0.6	27
52	Effects of smoking on diurnal variations of subjective activation and mood. Human Psychopharmacology, 2000, 15, 287-293.	1.5	26
53	Time-of-day and circadian typology on memory retrieval. Biological Rhythm Research, 2013, 44, 125-142.	0.9	26
54	Common functional polymorphisms in SLC6A4 and COMT genes are associated with circadian phenotypes in a South American sample. Neurological Sciences, 2014, 35, 41-47.	1.9	26

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55	Strategies to cope with treatment in substance use disorder male patients with and without schizophrenia. Psychiatry Research, 2015, 228, 752-759.	3.3	26
56	Neurobiological underpinnings and modulating factors in schizophrenia spectrum disorders with a comorbid substance use disorder: A systematic review. Neuroscience and Biobehavioral Reviews, 2017, 75, 361-377.	6.1	23
57	Animal Welfare Attitudes: Effects of Gender and Diet in University Samples from 22 Countries. Animals, 2021, 11, 1893.	2.3	22
58	Study of a Functional Polymorphism in the PER3 Gene and Diurnal Preference in a Colombian Sample. The Open Neurology Journal, 2014, 8, 7-10.	0.4	22
59	Smoking effects on diurnal variations of cardiovascular parameters. International Journal of Psychophysiology, 1995, 20, 189-198.	1.0	21
60	Executive functioning in individuals with schizophrenia and/or cocaine dependence. Human Psychopharmacology, 2013, 28, 29-39.	1.5	21
61	Physical self-efficacy is associated to body mass index in schoolchildren. Jornal De Pediatria, 2017, 93, 64-69.	2.0	21
62	Personality traits and health-related quality of life: the mediator role of coping strategies and psychological distress. Annals of General Psychiatry, 2018, 17, 25.	2.7	21
63	Time, gender, and seasonality in vervet activity: A chronobiological approach. Primates, 1997, 38, 31-43.	1.1	20
64	A reduced Temperament and Character Inventory (TCI-56). Psychometric properties in a non-clinical sample. Personality and Individual Differences, 2009, 46, 687-692.	2.9	20
65	Exploration of transcultural properties of the reduced version of the Morningnessâ€“Eveningness Questionnaire (rMEQ) using adaptive neuro-fuzzy inference system. Biological Rhythm Research, 2014, 45, 955-968.	0.9	20
66	Substance use and suicide risk in a sample of young Colombian adults: An exploration of psychosocial factors. American Journal on Addictions, 2017, 26, 388-394.	1.4	20
67	Comparison of health-related quality of life among men with different co-existing severe mental disorders in treatment for substance use. Health and Quality of Life Outcomes, 2017, 15, 209.	2.4	20
68	The age of onset of substance use is related to the coping strategies to deal with treatment in men with substance use disorder. PeerJ, 2017, 5, e3660.	2.0	20
69	Circadian Typology and Emotional Intelligence in Healthy Adults. Chronobiology International, 2013, 30, 981-987.	2.0	19
70	Rhythmicity of Mood Symptoms in Individuals at Risk for Psychiatric Disorders. Scientific Reports, 2018, 8, 11402.	3.3	19
71	Neuropsychological Performance in Polyconsumer Men Under Treatment. Influence of Age of Onset of Substance Use. Scientific Reports, 2015, 5, 12038.	3.3	18
72	Network analysis of multiple risk factors for mental health in young Colombian adults. Journal of Mental Health, 2019, 28, 153-160.	1.9	18

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73	A functional SNP in MIR124-1, a brain expressed miRNA gene, is associated with aggressiveness in a Colombian sample. European Psychiatry, 2015, 30, 499-503.	0.2	17
74	Do different circadian typology measures modulate their relationship with personality? A test using the Alternative Five Factor Model. Chronobiology International, 2015, 32, 281-288.	2.0	17
75	Impulsividad funcional y disfuncional en jÃ³venes con consumo intensivo de alcohol (binge drinking). Revista De Psicologia De La Salud, 2012, 24, 17.	0.5	17
76	Effect of time of day on arithmetic fact retrieval in a number-matching task. Acta Psychologica, 2008, 127, 485-490.	1.5	16
77	Circadian rhythmicity in substance use disorder male patients with and without comorbid depression under ambulatory and therapeutic community treatment. Chronobiology International, 2016, 33, 1410-1421.	2.0	16
78	Coping Strategies in Male Patients under Treatment for Substance Use Disorders and/or Severe Mental Illness: Influence in Clinical Course at One-Year Follow-Up. Journal of Clinical Medicine, 2019, 8, 1972.	2.4	16
79	Season of birth modulates mood seasonality in humans. Psychiatry Research, 2007, 153, 199-201.	3.3	15
80	Neuropsychological functioning and age-related changes in schizophrenia and/or cocaine dependence. Progress in Neuro-Psychopharmacology and Biological Psychiatry, 2013, 40, 298-305.	4.8	15
81	Circadian Rhythmic Characteristics in Men With Substance Use Disorder Under Treatment. Influence of Age of Onset of Substance Use and Duration of Abstinence. Frontiers in Psychiatry, 2018, 9, 373.	2.6	15
82	Circadian Characteristics in Patients under Treatment for Substance Use Disorders and Severe Mental Illness (Schizophrenia, Major Depression and Bipolar Disorder). Journal of Clinical Medicine, 2021, 10, 4388.	2.4	15
83	Personality in male patients with substance use disorder and/or severe mental illness. Psychiatry Research, 2015, 228, 488-494.	3.3	14
84	Temperament and character dimensions in male patients with substance use disorders: Differences relating to psychiatric comorbidity. Psychiatry Research, 2016, 237, 1-8.	3.3	14
85	Functional Polymorphisms in BDNF and COMT Genes Are Associated with Objective Differences in Arithmetical Functioning in a Sample of Young Adults. Neuropsychobiology, 2014, 70, 152-157.	1.9	13
86	Health-Related Quality of Life in Male Patients under Treatment for Substance Use Disorders with and without Major Depressive Disorder: Influence in Clinical Course at One-Year Follow-Up. Journal of Clinical Medicine, 2020, 9, 3110.	2.4	13
87	Temperament and Character Profile and Its Clinical Correlates in Male Patients with Dual Schizophrenia. Journal of Clinical Medicine, 2020, 9, 1876.	2.4	13
88	Diurnal and Seasonal Variations in Vervet Monkeys' Activity. Psychological Reports, 1998, 83, 675-685.	1.7	11
89	Season of birth and handedness in young adults. Laterality, 2012, 17, 597-601.	1.0	11
90	Differences in planning performance, a neurocognitive endophenotype, are associated with a functional variant inPER3gene. Chronobiology International, 2015, 32, 591-595.	2.0	11

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91	Personality in patients with substance use disorders according to the co-occurring severe mental illness: A study using the alternative five factor model. Personality and Individual Differences, 2016, 97, 76-81.	2.9	11
92	PatologÃa dual y rasgos de personalidad: situaciÃ³n actual y lÃneas futuras de trabajo. Revista De Psicologia De La Salud, 2013, 25, 195.	0.5	11
93	Neuropsychological Aspects of Dual Diagnosis. Current Drug Abuse Reviews, 2010, 3, 175-188.	3.4	11
94	Personality Profile and Clinical Correlates of Patients With Substance Use Disorder With and Without Comorbid Depression Under Treatment. Frontiers in Psychiatry, 2019, 9, 764.	2.6	10
95	Functional connectivity alterations associated with literacy difficulties in early readers. Brain Imaging and Behavior, 2021, 15, 2109-2120.	2.1	10
96	Ritmicidad circadiana y adicciÃ³n. Revista De Psicologia De La Salud, 2010, 22, 5.	0.5	10
97	Mismatch between perceived family and individual chronotype and their association with sleep-wake patterns. Scientific Reports, 2019, 9, 6756.	3.3	9
98	Telomere length and childhood trauma in Colombians with depressive symptoms. Revista Brasileira De Psiquiatria, 2019, 41, 194-198.	1.7	9
99	Circadian Functioning and Quality of Life in Substance Use Disorder Patients With and Without Comorbid Major Depressive Disorder. Frontiers in Psychiatry, 2021, 12, 750500.	2.6	9
100	Influence of smoking and gender on diurnal variations of heart rate reactivity in humans. Neuroscience Letters, 2001, 297, 109-112.	2.1	8
101	Anxiety symptomatology, sex and chronotype: The mediational effect of diurnal sleepiness. Chronobiology International, 2018, 35, 1354-1364.	2.0	8
102	Sleep habits, circadian preferences and substance use in a Mexican population: the use of the Morningness-Eveningness-Stability-Scale improved (MESSi). Chronobiology International, 2020, 37, 111-122.	2.0	8
103	Sleep habits and circadian preferences in school-aged children attending a Mexican double-shift school system. Sleep Medicine, 2021, 81, 116-119.	1.6	8
104	Cardiac reactivity during task performance. NeuroReport, 1996, 8, 129-132.	1.2	7
105	BDNF Val66Met Is Associated With Performance in a Computerized Visual-Motor Tracking Test in Healthy Adults. Motor Control, 2016, 20, 122-134.	0.6	7
106	Premorbid functioning in schizophrenia spectrum disorders with comorbid substance use: A systematic review. Progress in Neuro-Psychopharmacology and Biological Psychiatry, 2021, 110, 110310.	4.8	7
107	SPANISH TRANSLATION OF THE MOOD RHYTHM INSTRUMENT: A NOVEL APPROACH TO MOOD EVALUATION. Clinical and Biomedical Research, 2017, 37, 41-47.	0.1	7
108	Validation of the English version of the Mood Rhythm Instrument. BMC Psychology, 2020, 8, 35.	2.1	6

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109	Sleep and Depressive Symptoms in the Morningness/Eveningness-Suicidal Ideation Relationship Depend on School Shift in Mexican Adolescents. Journal of Clinical Medicine, 2021, 10, 4681.	2.4	6
110	Heavy Episodic Drinking or Binge Drinking. , 2016, , 389-397.		5
111	Mood rhythmicity is associated with depressive symptoms and caffeinated drinks consumption in South American young adults. Chronobiology International, 2019, 36, 225-236.	2.0	5
112	The Psychoexposome: A holistic perspective beyond health and disease. Psicothema, 2018, 30, 5-7.	0.9	5
113	Title is missing!. Quality and Quantity, 1997, 31, 95-106.	3.7	4
114	TipologÃa circadiana y problemas de salud mental. Anales De Psicologia, 2014, 30, .	0.7	4
115	Depressive symptoms are associated with a functional polymorphism in a miR-433 binding site in the FGF20 gene. Molecular Brain, 2018, 11, 53.	2.6	4
116	Validation and psychometric properties of the Spanish Mood Rhythm Instrument. Biological Rhythm Research, 2022, 53, 841-853.	0.9	4
117	Chronotype. , 2015, , 568-573.		3
118	Comorbidity between Substance Use Disorder and Severe Mental Illness. , 2016, , 258-268.		2
119	The Revised Mood Rhythm Instrument: A Large Multicultural Psychometric Study. Journal of Clinical Medicine, 2021, 10, 388.	2.4	2
120	Role of Living Conditions and Socioenvironmental Factors on Chronotype in Adolescents. Adolescents, 2021, 1, 95-107.	0.8	2
121	Protocol for Characterization of Addiction and Dual Disorders: Effectiveness of Coadjuvant Chronotherapy in Patients with Partial Response. Journal of Clinical Medicine, 2022, 11, 1846.	2.4	2
122	The Influence of Artificial Light at Night on Asthma and Allergy, Mental Health, and Cancer Outcomes: A Systematic Scoping Review Protocol. International Journal of Environmental Research and Public Health, 2022, 19, 8522.	2.6	2
123	Morningness-Eveningness, Sex, and the Alternative Five Factor Model of Personality. Chronobiology International, 2009, 26, 1235-1248.	2.0	1
124	Chapter 15. Caffeine and Cognitive Performance. Food and Nutritional Components in Focus, 2012, , 268-286.	0.1	1
125	Physical selfâ€efficacy is associated to body mass index in schoolchildren. Jornal De Pediatria (VersÃ£o) Tj ETQq1 1 0.784314 rgBT /O	0.2	1
126	Situation Awareness Performance in Healthy Young Adults Is Associated With a Serotonin Transporter Gene Polymorphism. Psychological Reports, 2018, 121, 877-891.	1.7	1

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127	Circadian Typology: A Comprehensive Review. , 0, .		1
128	O PAPEL DO TRABALHO NO PROCESSO SAÃšDE-DOENÃ‡A EM DEPENDENTES DE CRACK. Arquivos De CiÃªncias Da SaÃºde, 2015, 22, 48.	0.3	1
129	Association Between a Functional Polymorphism in the Monoamine Oxidase A (MAOA) Gene and Both Emotional Coping Style and Neuroticism. The Open Neurology Journal, 2020, 14, 10-14.	0.4	1
130	Season of Birth, Gender, and Social-Cultural Effects on Sleep Timing Preferences in Humans. Sleep, 2009, , .	1.1	0
131	Welcome to the New Open Access NeuroSci. NeuroSci, 2020, 1, 15-16.	1.2	0
132	Anxiety-related Endophenotypes and Hazardous Alcohol Use in Young Adults are Associated with a Functional Polymorphism in the SLC6A4 Gene. The Open Neurology Journal, 2019, 13, 83-91.	0.4	0
133	INFLUENCIA DEL TRASTORNO MENTAL COMÃ“RBIDO (ESQUIZOFRENIA Y DEPRESIÃ“N MAYOR) DE PACIENTES DUALES EN EL CURSO CLÃNICO Y RECAÃDAS A UN AÃ‘O DE SEGUIMIENTO. , 0, , .		0
134	ESTRATEGIAS DE AFRONTAMIENTO EN PACIENTES DUALES EN TRATAMIENTO CON TRASTORNO POR USO DE SUSTANCIAS Y/O TRASTORNO MENTAL SEVERO. , 0, , .		0
135	Late Breaking Abstract - COVID-19 Infodemic and Health-Related Quality of Life (HRQoL) in Patients with Chronic Respiratory Diseases (CRDs). , 2021, , .		0
136	INFLUENCIA DEL TRASTORNO MENTAL COMÃ“RBIDO (ESQUIZOFRENIA, TRASTORNO BIPOLAR Y DEPRESIÃ“N) Tj ETQq0 0 0 rgBT /Overl		0