

Javier Delgado-Lista

List of Publications by Year in descending order

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Version: 2024-02-01

80
papers

3,376
citations

186265

28
h-index

149698

56
g-index

80
all docs

80
docs citations

80
times ranked

5569
citing authors

#	ARTICLE	IF	CITATIONS
1	An altered microbiota pattern precedes Type 2 diabetes mellitus development: From the CORDIOPREV study. <i>Journal of Advanced Research</i> , 2022, 35, 99-108.	9.5	22
2	A plasma fatty acid profile associated to type 2 diabetes development: from the CORDIOPREV study. <i>European Journal of Nutrition</i> , 2022, 61, 843-857.	3.9	4
3	Diabetes Remission Is Modulated by Branched Chain Amino Acids According to the Diet Consumed: From the CORDIOPREV Study. <i>Molecular Nutrition and Food Research</i> , 2022, 66, e2100652.	3.3	2
4	Long-term consumption of a mediterranean diet or a low-fat diet on kidney function in coronary heart disease patients: The CORDIOPREV randomized controlled trial. <i>Clinical Nutrition</i> , 2022, 41, 552-559.	5.0	23
5	A Pilot Study on the Feasibility of Developing and Implementing a Mobile App for the Acquisition of Clinical Knowledge and Competencies by Medical Students Transitioning from Preclinical to Clinical Years. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 2777.	2.6	2
6	Long-term effect of a dietary intervention with two-healthy dietary approaches on food intake and nutrient density in coronary patients: results from the CORDIOPREV trial. <i>European Journal of Nutrition</i> , 2022, 61, 3019-3036.	3.9	6
7	Long-term secondary prevention of cardiovascular disease with a Mediterranean diet and a low-fat diet (CORDIOPREV): a randomised controlled trial. <i>Lancet, The</i> , 2022, 399, 1876-1885.	13.7	169
8	High density lipoprotein subfractions and extent of coronary atherosclerotic lesions: From the cordioprev study. <i>Clinica Chimica Acta</i> , 2022, 533, 89-95.	1.1	1
9	Reduction in Circulating Advanced Glycation End Products by Mediterranean Diet Is Associated with Increased Likelihood of Type 2 Diabetes Remission in Patients with Coronary Heart Disease: From the Cordioprev Study. <i>Molecular Nutrition and Food Research</i> , 2021, 65, e1901290.	3.3	31
10	MiRNAs profile as biomarkers of nutritional therapy for the prevention of type 2 diabetes mellitus: From the CORDIOPREV study. <i>Clinical Nutrition</i> , 2021, 40, 1028-1038.	5.0	21
11	A set of miRNAs predicts T2DM remission in patients with coronary heart disease: from the CORDIOPREV study. <i>Molecular Therapy - Nucleic Acids</i> , 2021, 23, 255-263.	5.1	9
12	Association between cholesterol efflux capacity and peripheral artery disease in coronary heart disease patients with and without type 2 diabetes: from the CORDIOPREV study. <i>Cardiovascular Diabetology</i> , 2021, 20, 72.	6.8	7
13	A microbiota-based predictive model for type 2 diabetes remission induced by dietary intervention: From the CORDIOPREV study. <i>Clinical and Translational Medicine</i> , 2021, 11, e326.	4.0	3
14	Quality and Quantity of Protein Intake Influence Incidence of Type 2 Diabetes Mellitus in Coronary Heart Disease Patients: From the CORDIOPREV Study. <i>Nutrients</i> , 2021, 13, 1217.	4.1	10
15	Positive psychological profiles based on perceived health clustering in patients with cardiovascular disease: a longitudinal study. <i>BMJ Open</i> , 2021, 11, e050818.	1.9	2
16	Beta cell functionality and hepatic insulin resistance are major contributors to type 2 diabetes remission and starting pharmacological therapy: from CORDIOPREV randomized controlled trial. <i>Translational Research</i> , 2021, 238, 12-24.	5.0	10
17	Mediterranean Diet Reduces Atherosclerosis Progression in Coronary Heart Disease: An Analysis of the CORDIOPREV Randomized Controlled Trial. <i>Stroke</i> , 2021, 52, 3440-3449.	2.0	56
18	Emotion regulation in patients with cardiovascular disease: development and validation of the stress and anxiety regulation strategies scale (STARTS). <i>Anxiety, Stress and Coping</i> , 2021, 34, 349-364.	2.9	6

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19	Influence of dietary intervention on microvascular endothelial function in coronary patients and atherothrombotic risk of recurrence. <i>Scientific Reports</i> , 2021, 11, 20301.	3.3	5
20	Evolution of Metabolic Phenotypes of Obesity in Coronary Patients after 5 Years of Dietary Intervention: From the CORDIOPREV Study. <i>Nutrients</i> , 2021, 13, 4046.	4.1	3
21	Long-term dietary adherence and changes in dietary intake in coronary patients after intervention with a Mediterranean diet or a low-fat diet: the CORDIOPREV randomized trial. <i>European Journal of Nutrition</i> , 2020, 59, 2099-2110.	3.9	45
22	Fibroblast growth factor 23 predicts carotid atherosclerosis in individuals without kidney disease. The CORDIOPREV study. <i>European Journal of Internal Medicine</i> , 2020, 74, 79-85.	2.2	11
23	A Diet-Dependent Microbiota Profile Associated with Incident Type 2 Diabetes: From the CORDIOPREV Study. <i>Molecular Nutrition and Food Research</i> , 2020, 64, 2000730.	3.3	7
24	Mediterranean Diet and Endothelial Function: A Review of its Effects at Different Vascular Bed Levels. <i>Nutrients</i> , 2020, 12, 2212.	4.1	30
25	Ceruloplasmin and Coronary Heart Disease—A Systematic Review. <i>Nutrients</i> , 2020, 12, 3219.	4.1	14
26	The Role of Emotional Regulation and Affective Balance on Health Perception in Cardiovascular Disease Patients According to Sex Differences. <i>Journal of Clinical Medicine</i> , 2020, 9, 3165.	2.4	5
27	Mediterranean diet and endothelial function in patients with coronary heart disease: An analysis of the CORDIOPREV randomized controlled trial. <i>PLoS Medicine</i> , 2020, 17, e1003282.	8.4	77
28	Biological senescence risk score. A practical tool to predict biological senescence status. <i>European Journal of Clinical Investigation</i> , 2020, 50, e13305.	3.4	4
29	Coenzyme Q10 as an antioxidant in the elderly. , 2020, , 165-171.		0
30	Influence of Self-Efficacy and Motivation to Follow a Healthy Diet on Life Satisfaction of Patients with Cardiovascular Disease: A Longitudinal Study. <i>Nutrients</i> , 2020, 12, 1903.	4.1	10
31	Age-dependent effect of metabolic phenotypes on carotid atherosclerotic disease in coronary heart disease patients (CORDIOPREV study). <i>BMC Geriatrics</i> , 2020, 20, 151.	2.7	7
32	Low Intake of Vitamin E Accelerates Cellular Aging in Patients With Established Cardiovascular Disease: The CORDIOPREV Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2019, 74, 770-777.	3.6	30
33	Lifestyle factors modulate postprandial hypertriglyceridemia: From the CORDIOPREV study. <i>Atherosclerosis</i> , 2019, 290, 118-124.	0.8	12
34	Apolipoprotein E genetic variants interact with Mediterranean diet to modulate postprandial hypertriglyceridemia in coronary heart disease patients: CORDIOPREV study. <i>European Journal of Clinical Investigation</i> , 2019, 49, e13146.	3.4	14
35	Postprandial endotoxemia may influence the development of type 2 diabetes mellitus: From the CORDIOPREV study. <i>Clinical Nutrition</i> , 2019, 38, 529-538.	5.0	25
36	Quantitative evaluation of capillaroscopic microvascular changes in patients with established coronary heart disease. <i>Medicina Clínica (English Edition)</i> , 2018, 150, 131-137.	0.2	4

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37	Mediterranean diet improves endothelial function in patients with diabetes and prediabetes: A report from the CORDIOPREV study. <i>Atherosclerosis</i> , 2018, 269, 50-56.	0.8	47
38	Evaluación cuantitativa de los cambios microvasculares capilares en pacientes con cardiopatía isquémica establecida. <i>Medicina Clínica</i> , 2018, 150, 131-137.	0.6	6
39	Alpha cell function interacts with diet to modulate prediabetes and Type 2 diabetes. <i>Journal of Nutritional Biochemistry</i> , 2018, 62, 247-256.	4.2	10
40	Circulating miRNAs as Predictive Biomarkers of Type 2 Diabetes Mellitus Development in Coronary Heart Disease Patients from the CORDIOPREV Study. <i>Molecular Therapy - Nucleic Acids</i> , 2018, 12, 146-157.	5.1	80
41	Frying oils with high natural or added antioxidants content, which protect against postprandial oxidative stress, also protect against DNA oxidation damage. <i>European Journal of Nutrition</i> , 2017, 56, 1597-1607.	3.9	16
42	Dietary fat quantity and quality modifies advanced glycation end products metabolism in patients with metabolic syndrome. <i>Molecular Nutrition and Food Research</i> , 2017, 61, 1601029.	3.3	30
43	Lifestyle recommendations for the prevention and management of metabolic syndrome: an international panel recommendation. <i>Nutrition Reviews</i> , 2017, 75, 307-326.	5.8	294
44	Impact of the Content of Fatty Acids of Oral Fat Tolerance Tests on Postprandial Triglyceridemia: Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2016, 8, 580.	4.1	33
45	Influence of Obesity and Metabolic Disease on Carotid Atherosclerosis in Patients with Coronary Artery Disease (CordioPrev Study). <i>PLoS ONE</i> , 2016, 11, e0153096.	2.5	10
46	Effects of glucagon-like peptide-1 on the differentiation and metabolism of human adipocytes. <i>British Journal of Pharmacology</i> , 2016, 173, 1820-1834.	5.4	41
47	Mediterranean Diet Reduces Serum Advanced Glycation End Products and Increases Antioxidant Defenses in Elderly Adults: A Randomized Controlled Trial. <i>Journal of the American Geriatrics Society</i> , 2016, 64, 901-904.	2.6	36
48	CORonary Diet Intervention with Olive oil and cardiovascular PREvention study (the CORDIOPREV) <i>Tj ETQqO 0 0 rgBT /Overlock 10 Tf 50</i>	2.7	133
49	Assessment of postprandial triglycerides in clinical practice: Validation in a general population and coronary heart disease patients. <i>Journal of Clinical Lipidology</i> , 2016, 10, 1163-1171.	1.5	22
50	Telomerase RNA Component Genetic Variants Interact With the Mediterranean Diet Modifying the Inflammatory Status and its Relationship With Aging: CORDIOPREV Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2016, 73, glw194.	3.6	17
51	TNFA gene variants related to the inflammatory status and its association with cellular aging: From the CORDIOPREV study. <i>Experimental Gerontology</i> , 2016, 83, 56-62.	2.8	11
52	Interaction of an S100A9 gene variant with saturated fat and carbohydrates to modulate insulin resistance in 3 populations of different ancestries. <i>American Journal of Clinical Nutrition</i> , 2016, 104, 508-517.	4.7	11
53	A dysregulation of glucose metabolism control is associated with carotid atherosclerosis in patients with coronary heart disease (CORDIOPREV-DIAB study). <i>Atherosclerosis</i> , 2016, 253, 178-185.	0.8	14
54	Mediterranean Diet and Cardiovascular Risk: Beyond Traditional Risk Factors. <i>Critical Reviews in Food Science and Nutrition</i> , 2016, 56, 788-801.	10.3	37

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55	Virgin olive oil rich in phenolic compounds modulates the expression of atherosclerosis-related genes in vascular endothelium. <i>European Journal of Nutrition</i> , 2016, 55, 519-527.	3.9	16
56	Two Healthy Diets Modulate Gut Microbial Community Improving Insulin Sensitivity in a Human Obese Population. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2016, 101, 233-242.	3.6	223
57	The gut microbial community in metabolic syndrome patients is modified by diet. <i>Journal of Nutritional Biochemistry</i> , 2016, 27, 27-31.	4.2	166
58	Intestinal Microbiota Is Influenced by Gender and Body Mass Index. <i>PLoS ONE</i> , 2016, 11, e0154090.	2.5	511
59	Effects of the Mediterranean Diet Supplemented With Coenzyme Q10 on Metabolomic Profiles in Elderly Men and Women. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2015, 70, 78-84.	3.6	47
60	Proteome from patients with metabolic syndrome is regulated by quantity and quality of dietary lipids. <i>BMC Genomics</i> , 2015, 16, 509.	2.8	16
61	Insulin resistance determines a differential response to changes in dietary fat modification on metabolic syndrome risk factors: the LIPGENE study. <i>American Journal of Clinical Nutrition</i> , 2015, 102, 1509-1517.	4.7	54
62	Coenzyme Q10 as an Antioxidant in the Elderly. , 2014, , 109-117.		2
63	Metabolic phenotypes of obesity influence triglyceride and inflammation homeostasis. <i>European Journal of Clinical Investigation</i> , 2014, 44, 1053-1064.	3.4	45
64	Peripheral blood mononuclear cells as in vivo model for dietary intervention induced systemic oxidative stress. <i>Food and Chemical Toxicology</i> , 2014, 72, 178-186.	3.6	20
65	Olive oil phenolic compounds decrease the postprandial inflammatory response by reducing postprandial plasma lipopolysaccharide levels. <i>Food Chemistry</i> , 2014, 162, 161-171.	8.2	48
66	Top Single Nucleotide Polymorphisms Affecting Carbohydrate Metabolism in Metabolic Syndrome: From the LIPGENE Study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2014, 99, E384-E389.	3.6	25
67	Hypertriglyceridemia Influences the Degree of Postprandial Lipemic Response in Patients with Metabolic Syndrome and Coronary Artery Disease: From the Cordioprev Study. <i>PLoS ONE</i> , 2014, 9, e96297.	2.5	25
68	Expression of proinflammatory, proatherogenic genes is reduced by the Mediterranean diet in elderly people. <i>British Journal of Nutrition</i> , 2012, 108, 500-508.	2.3	119
69	Mediterranean diet reduces senescence-associated stress in endothelial cells. <i>Age</i> , 2012, 34, 1309-1316.	3.0	78
70	Mediterranean Diet and Cardiovascular Risk. , 2012, , .		1
71	Effects of rs7903146 Variation in the Tcf7l2 Gene in the Lipid Metabolism of Three Different Populations. <i>PLoS ONE</i> , 2012, 7, e43390.	2.5	29
72	Nutritional Therapy in Diabetes: Mediterranean Diet. , 2011, , .		0

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73	Gene variations of nitric oxide synthase regulate the effects of a saturated fat rich meal on endothelial function. <i>Clinical Nutrition</i> , 2011, 30, 234-238.	5.0	14
74	Interleukin 1B Variant -1473G/C (rs1143623) Influences Triglyceride and Interleukin 6 Metabolism. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2011, 96, E816-E820.	3.6	27
75	Olive Oil and Haemostasis: Platelet Function, Thrombogenesis and Fibrinolysis. <i>Current Pharmaceutical Design</i> , 2011, 17, 778-785.	1.9	42
76	Mediterranean diet reduces endothelial damage and improves the regenerative capacity of endothelium. <i>American Journal of Clinical Nutrition</i> , 2011, 93, 267-274.	4.7	141
77	Effects of variations in the APOA1/C3/A4/A5 gene cluster on different parameters of postprandial lipid metabolism in healthy young men. <i>Journal of Lipid Research</i> , 2010, 51, 63-73.	4.2	46
78	Chronic dietary fat intake modifies the postprandial response of hemostatic markers to a single fatty test meal. <i>American Journal of Clinical Nutrition</i> , 2008, 87, 317-322.	4.7	47
79	The chronic intake of a Mediterranean diet enriched in virgin olive oil, decreases nuclear transcription factor β activation in peripheral blood mononuclear cells from healthy men. <i>Atherosclerosis</i> , 2007, 194, e141-e146.	0.8	96
80	A Gene Variation at the ZPR1 Locus (rs964184) Interacts With the Type of Diet to Modulate Postprandial Triglycerides in Patients With Coronary Artery Disease: From the Coronary Diet Intervention With Olive Oil and Cardiovascular Prevention Study. <i>Frontiers in Nutrition</i> , 0, 9, .	3.7	3