Marco Cardinale

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Association between thermal responses, medical events, performance, heat acclimation and health status in male and female elite athletes during the 2019 Doha World Athletics Championships. British Journal of Sports Medicine, 2022, 56, 439-445.	6.7	14
2	Development in Adolescent Middle-Distance Athletes: A Study of Training Loadings, Physical Qualities, and Competition Performance. Journal of Strength and Conditioning Research, 2021, 35, S103-S110.	2.1	2
3	Injury characteristics in male youth athletics: a five-season prospective study in a full-time sports academy. British Journal of Sports Medicine, 2021, 55, 954-960.	6.7	24
4	Performance progression of elite jumpers: Early performances do not predict later success. Scandinavian Journal of Medicine and Science in Sports, 2021, 31, 132-139.	2.9	27
5	Hydration and cooling in elite athletes: relationship with performance, body mass loss and body temperatures during the Doha 2019 IAAF World Athletics Championships. British Journal of Sports Medicine, 2021, 55, 1335-1341.	6.7	39
6	World-Class Sprinters' Careers: Early Success Does Not Guarantee Success at Adult Age. International Journal of Sports Physiology and Performance, 2021, 16, 367-374.	2.3	26
7	An objective description of routine sleep habits in elite youth football players from the Middle-East. Sleep Medicine, 2021, 80, 96-99.	1.6	2
8	Being a top swimmer during the early career is not a prerequisite for success: A study on sprinter strokes. Journal of Science and Medicine in Sport, 2021, 24, 1272-1277.	1.3	22
9	Preparing athletes and staff for the first "pandemic" Olympic Games. Journal of Sports Medicine and Physical Fitness, 2021, 61, 1052-1060.	0.7	5
10	Tanner–Whitehouse and Modified Bayley–Pinneau Adult Height Predictions in Elite Youth Soccer Players from the Middle East. Medicine and Science in Sports and Exercise, 2021, 53, 2683-2690.	0.4	8
11	Elite Junior Throwers Unlikely to Remain at the Top Level in the Senior Category. International Journal of Sports Physiology and Performance, 2021, 16, 1281-1287.	2.3	19
12	004â€Increased injury risk in youth athletics when growth rates are high and skeletal maturation is low. , 2021, , .		0
13	Validation of Fabric-Based Thigh-Wearable EMG Sensors and Oximetry for Monitoring Quadriceps Activity during Strength and Endurance Exercises. Sensors, 2020, 20, 4664.	3.8	22
14	Skeletal maturation and growth rates are related to bone and growth plate injuries in adolescent athletics. Scandinavian Journal of Medicine and Science in Sports, 2020, 30, 894-903.	2.9	44
15	The Effect of High Volume Power Training on Repeated High-Intensity Performance and the Assessment of Repeat Power Ability: A Systematic Review. Sports Medicine, 2020, 50, 1317-1339.	6.5	17
16	Skin Temperature, Training Load, and Subjective Muscle Soreness in Junior Endurance Athletes: A Case Study. International Journal of Sports Physiology and Performance, 2020, 15, 1349-1352.	2.3	4
17	Recommendations for Measurement and Management of an Elite Athlete. Sports, 2019, 7, 105.	1.7	19
18	Exploring possible relationships between 25(OH)D deficiency and variables related to inflammation, endothelial function, and enzymatic antioxidants in adolescent athletes: a prospective study. Biology of Sport, 2019, 36, 113-118.	3.2	1

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19	Effects of different vibration frequencies, amplitudes and contraction levels on lower limb muscles during graded isometric contractions superimposed on whole body vibration stimulation. Journal of Rehabilitation and Assistive Technologies Engineering, 2019, 6, 205566831982746.	0.9	14
20	Fatiguing effects of indirect vibration stimulation in upper limb muscles: pre, post and during isometric contractions superimposed on upper limb vibration. Royal Society Open Science, 2019, 6, 190019.	2.4	2
21	Elite national athletes reach their peak performance later than non-elite in sprints and throwing events. Journal of Science and Medicine in Sport, 2019, 22, 342-347.	1.3	34
22	Seasonal Changes in Performance Related Characteristics and Biochemical Marker Variability of Adolescent Table Tennis Players. Asian Journal of Sports Medicine, 2019, In Press, .	0.3	4
23	Training Load and Injury Incidence Over One Season in Adolescent Arab Table Tennis Players: A Pilot Study. Asian Journal of Sports Medicine, 2019, 10, .	0.3	2
24	Effects of vibration-induced fatigue on the H-reflex. Journal of Electromyography and Kinesiology, 2018, 39, 134-141.	1.7	6
25	Video analysis of acute injuries and referee decisions during the 24th Men's Handball World Championship 2015 in Qatar. Scandinavian Journal of Medicine and Science in Sports, 2018, 28, 1837-1846.	2.9	10
26	A review of the performance requirements of squash. International Journal of Sports Science and Coaching, 2018, 13, 1223-1232.	1.4	15
27	Trainingâ€Induced Variations in Haematological and Biochemical Variables in Adolescent Athletes of Arab Origin Throughout an Entire Athletic Season. Journal of Human Kinetics, 2018, 64, 123-135.	1.5	9
28	Influence of a concurrent strength and endurance training intervention on running performance in adolescent endurance athletes: An observational study. Journal of Human Sport and Exercise, 2018, 13, .	0.4	2
29	Match demands of elite preadolescent team handball players: a preliminary study. Medicina Dello Sport, 2018, 71, .	0.1	Ο
30	Characterization of muscle oxygenation response to vascular occlusion: implications for remote ischaemic preconditioning and physical Performance. Clinical Physiology and Functional Imaging, 2017, 37, 785-793.	1.2	18
31	Warm-up Practices in Elite Boxing Athletes: Impact on Power Output. Journal of Strength and Conditioning Research, 2017, 31, 95-105.	2.1	11
32	A Pilot Study Using Entropy as a Noninvasive Assessment of Running. International Journal of Sports Physiology and Performance, 2017, 12, 1119-1122.	2.3	13
33	Commentary on "Towards a Grand Unified Theory of sports performance― Human Movement Science, 2017, 56, 160-162.	1.4	10
34	Monitoring Athlete Training Loads: Consensus Statement. International Journal of Sports Physiology and Performance, 2017, 12, S2-161-S2-170.	2.3	577
35	Hashtag #TrainingLoad2016—Spreading the Word. International Journal of Sports Physiology and Performance, 2017, 12, S2-1.	2.3	1
36	Physical Predictors of Elite Skeleton Start Performance. International Journal of Sports Physiology and Performance, 2017, 12, 81-89.	2.3	15

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37	Activity Profiles and Positional Differences of Handball Players During the World Championships in Qatar 2015. International Journal of Sports Physiology and Performance, 2017, 12, 908-915.	2.3	37
38	Practices & attitudes towards recovery in elite Asian & UK adolescent athletes. Physical Therapy in Sport, 2017, 25, 25-33.	1.9	14
39	VIDEO ANALYSIS OF ACUTE INJURIES DURING THE 24TH MEN'S HANDBALL WORLD CHAMPIONSHIP 2015 IN QATAR. British Journal of Sports Medicine, 2017, 51, 286.2-286.	6.7	1
40	Wearable Training-Monitoring Technology: Applications, Challenges, and Opportunities. International Journal of Sports Physiology and Performance, 2017, 12, S2-55-S2-62.	2.3	110
41	Upper limb vibration prototype with sports and rehabilitation applications: development, evaluation and preliminary study. Healthcare Technology Letters, 2017, 4, 44-49.	3.3	11
42	Career Performance Trajectories in Track and Field Jumping Events from Youth to Senior Success: The Importance of Learning and Development. PLoS ONE, 2017, 12, e0170744.	2.5	53
43	Performance analysis of male handball goalkeepers at the World Handball championship 2015. Biology of Sport, 2017, 34, 393-400.	3.2	21
44	Comparison between single and combined data collection methods in loaded squat jump power output. Gazzetta Medica Italiana Archivio Per Le Scienze Mediche, 2017, 176, .	0.1	1
45	Acute Citrulline-Malate Supplementation and High-Intensity Cycling Performance. Journal of Strength and Conditioning Research, 2016, 30, 2638-2647.	2.1	31
46	Eight-Week Vibration Training of the Elbow Flexors by Force Modulation. Journal of Strength and Conditioning Research, 2016, 30, 739-746.	2.1	12
47	Assessment of Physical Demands and Fluid Balance in Elite Female Handball Players During a 6-Day Competitive Tournament. International Journal of Sport Nutrition and Exercise Metabolism, 2015, 25, 78-96.	2.1	12
48	Home Versus Away Competition: Effect on Psychophysiological Variables in Elite Rugby Union. International Journal of Sports Physiology and Performance, 2015, 10, 687-694.	2.3	14
49	Effects of Heavy-Resistance Strength and Balance Training on Unilateral and Bilateral Leg Strength Performance in Old Adults. PLoS ONE, 2015, 10, e0118535.	2.5	19
50	The acute effects of spinal manipulation on neuromuscular function in asymptomatic individuals: A preliminary study. Physical Therapy in Sport, 2015, 16, 121-126.	1.9	11
51	From Protecting the Heart to Improving Athletic Performance – the Benefits of Local and Remote Ischaemic Preconditioning. Cardiovascular Drugs and Therapy, 2015, 29, 573-588.	2.6	41
52	Cold applications for recovery in adolescent athletes: a systematic review and meta analysis. Extreme Physiology and Medicine, 2015, 4, 17.	2.5	25
53	The Acute Effects of Citrulline-Malate Supplementation on High Intensity Cycling Performance and Muscle Oxygenation. Medicine and Science in Sports and Exercise, 2014, 46, 132.	0.4	0
54	A 1-Year Study of Endurance Runners: Training, Laboratory Tests, and Field Tests. International Journal of Sports Physiology and Performance, 2014, 9, 1019-1025.	2.3	17

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55	Characterization of acute ischemia-related physiological responses associated with remote ischemic preconditioning: a randomized controlled, crossover human study. Physiological Reports, 2014, 2, e12200.	1.7	38
56	Neuromuscular fatigue induced by whole-body vibration exercise. European Journal of Applied Physiology, 2013, 113, 1625-1634.	2.5	17
57	Effect of Race Distance on Muscle Oxygenation in Short-Track Speed Skating. Medicine and Science in Sports and Exercise, 2013, 45, 83-92.	0.4	16
58	NIRS Measurements with Elite Speed Skaters: Comparison Between the Ice Rink and the Laboratory. Advances in Experimental Medicine and Biology, 2013, 765, 81-86.	1.6	11
59	Combination of External Load and Whole Body Vibration Potentiates the CH-releasing Effect of Squatting in Healthy Females. Hormone and Metabolic Research, 2013, 45, 611-616.	1.5	24
60	Asymmetry of Quadriceps Muscle Oxygenation during Elite Short-Track Speed Skating. Medicine and Science in Sports and Exercise, 2012, 44, 501-508.	0.4	48
61	Visual Skills and Playing Positions of Olympic Field Hockey Players. Perceptual and Motor Skills, 2012, 114, 204-216.	1.3	13
62	Growth Hormone-Releasing Effects of Whole Body Vibration Alone or Combined with Squatting plus External Load in Severely Obese Female Subjects. Obesity Facts, 2012, 5, 567-574.	3.4	28
63	The Effects of Whole-Body Vibration in Isolation or Combined with Strength Training in Female Athletes. Journal of Strength and Conditioning Research, 2012, 26, 2495-2506.	2.1	23
64	Analysis of muscle fatigue induced by isometric vibration exercise at varying frequencies. , 2012, 2012, 6463-6.		3
65	Two Emerging Concepts for Elite Athletes. Sports Medicine, 2011, 41, 103-123.	6.5	142
66	Near Infrared Spectroscopy Measurements Of Muscle Metabolism In Elite Short-track Speed Skaters During On-ice Race Simulation. Medicine and Science in Sports and Exercise, 2010, 42, 54.	0.4	0
67	Hormonal responses to a single session of wholebody vibration exercise in older individuals. British Journal of Sports Medicine, 2010, 44, 284-288.	6.7	82
68	Electromyographic assessment of muscle fatigue during isometric vibration training at varying frequencies. , 2010, 2010, 2338-41.		14
69	A novel vibration device for neuromuscular stimulation for sports and rehabilitation applications. , 2009, 2009, 839-44.		2
70	The Effects of a 28-Hz Vibration on Arm Muscle Activity during Isometric Exercise. Medicine and Science in Sports and Exercise, 2009, 41, 645-653.	0.4	80
71	Muscle electrical activity during force modulation exercise. IFMBE Proceedings, 2009, , 2065-2068.	0.3	1
72	Vibration Training in Elite Sport: Effective Training Solution or Just Another Fad?. International Journal of Sports Physiology and Performance, 2008, 3, 232-239.	2.3	23

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73	Whole-body vibration can reduce calciuria induced by high protein intakes and may counteract bone resorption: A preliminary study. Journal of Sports Sciences, 2007, 25, 111-119.	2.0	21
74	Gastrocnemius Medialis and Vastus Lateralis Oxygenation during Whole-Body Vibration Exercise. Medicine and Science in Sports and Exercise, 2007, 39, 694-700.	0.4	45
75	Neuromuscular and hormonal responses to a single session of whole body vibration exercise in healthy young men. Clinical Physiology and Functional Imaging, 2007, 27, 242-248.	1.2	68
76	Validation Of A Novel Stride Sensor Capable Of Measuring Running Speed. Medicine and Science in Sports and Exercise, 2007, 39, S208.	0.4	0
77	Comparisons Between a Novel Running Index and Running Performance Measures in Well Trained Runners. Medicine and Science in Sports and Exercise, 2007, 39, S206-S207.	0.4	0
78	A Novel Modality to Study Vibration Dissipation Through Muscle Tissue In-Vivo. Medicine and Science in Sports and Exercise, 2007, 39, S260.	0.4	0
79	Vibration exercise makes your muscles and bones stronger: fact or fiction?. The Journal of the British Menopause Society, 2006, 12, 12-18.	1.3	107
80	IS TESTOSTERONE INFLUENCING EXPLOSIVE PERFORMANCE?. Journal of Strength and Conditioning Research, 2006, 20, 103-107.	2.1	6
81	The acute effects of different whole body vibration amplitudes on the endocrine system of young healthy men: a preliminary study. Clinical Physiology and Functional Imaging, 2006, 26, 380-384.	1.2	35
82	ls Testosterone Influencing Explosive Performance?. Journal of Strength and Conditioning Research, 2006, 20, 103.	2.1	74
83	Neuromuscular and Hormonal Effects of a Single Session of Whole Body Vibration Exercise. Medicine and Science in Sports and Exercise, 2006, 38, S262.	0.4	Ο
84	Strength Training on Vibrating Plates. Medicine and Science in Sports and Exercise, 2006, 38, S388-S389.	0.4	0
85	Whole body vibration exercise: are vibrations good for you? * Commentary. British Journal of Sports Medicine, 2005, 39, 585-589.	6.7	323
86	Relationship of maximum strength to weightlifting performance. Medicine and Science in Sports and Exercise, 2005, 37, 1037-43.	0.4	60
87	High-frequency vibration training able to increase muscle power in postmenopausal women. Archives of Physical Medicine and Rehabilitation, 2004, 85, 687-688.	0.9	2
88	Reliability and Factorial Validity of Squat and Countermovement Jump Tests. Journal of Strength and Conditioning Research, 2004, 18, 551-555.	2.1	63
89	Reliability and Factorial Validity of Squat and Countermovement Jump Tests. Journal of Strength and Conditioning Research, 2004, 18, 551.	2.1	462
90	The Use of Vibration as an Exercise Intervention. Exercise and Sport Sciences Reviews, 2003, 31, 3-7.	3.0	613

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91	Electromyography Activity of Vastus Lateralis Muscle During Whole-Body Vibrations of Different Frequencies. Journal of Strength and Conditioning Research, 2003, 17, 621-624.	2.1	16
92	The effects of whole body vibration on humans: Dangerous or advantageous?. Acta Physiologica Hungarica, 2003, 90, 195-206.	0.9	97
93	Electromyography Activity of Vastus Lateralis Muscle During Whole-Body Vibrations of Different Frequencies. Journal of Strength and Conditioning Research, 2003, 17, 621.	2.1	266
94	Hormonal responses to whole-body vibration in men. European Journal of Applied Physiology, 2000, 81, 449-454.	2.5	390
95	Adaptive responses of human skeletal muscle to vibration exposure. Clinical Physiology, 1999, 19, 183-187.	0.7	374
96	Influence of vibration on mechanical power and electromyogram activity in human arm flexor muscles. European Journal of Applied Physiology, 1999, 79, 306-311.	2.5	305
97	Conditioning for Team Handball. Strength and Conditioning Journal, 1997, 19, 7.	0.1	20