

# Paul Knekt

## List of Publications by Year in descending order

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Version: 2024-02-01

79  
papers

5,366  
citations

172457

29  
h-index

88630

70  
g-index

80  
all docs

80  
docs citations

80  
times ranked

8219  
citing authors

| #  | ARTICLE  | IF   | CITATIONS |
|----|--|------|-----------|
| 1  | Genetic analysis of over 1 million people identifies 535 new loci associated with blood pressure traits. <i>Nature Genetics</i> , 2018, 50, 1412-1425.   | 21.4 | 924       |
| 2  | Whole-grain and fiber intake and the incidence of type 2 diabetes. <i>American Journal of Clinical Nutrition</i> , 2003, 77, 622-629.  | 4.7  | 511       |
| 3  | Schizophrenia, neuroleptic medication and mortality. <i>British Journal of Psychiatry</i> , 2006, 188, 122-127.  | 2.8  | 317       |
| 4  | Serum Vitamin D and Subsequent Occurrence of Type 2 Diabetes. <i>Epidemiology</i> , 2008, 19, 666-671.   | 2.7  | 286       |
| 5  | Mental disorders and cause-specific mortality. <i>British Journal of Psychiatry</i> , 2001, 179, 498-502.  | 2.8  | 285       |
| 6  | Serum 25-Hydroxyvitamin D Concentration and Subsequent Risk of Type 2 Diabetes. <i>Diabetes Care</i> , 2007, 30, 2569-2570.  | 8.6  | 283       |
| 7  | Serum Vitamin D and the Risk of Parkinson Disease. <i>Archives of Neurology</i> , 2010, 67, 808-11.  | 4.5  | 267       |
| 8  | Antioxidant vitamins and coronary heart disease risk: a pooled analysis of 9 cohorts. <i>American Journal of Clinical Nutrition</i> , 2004, 80, 1508-1520.   | 4.7  | 258       |
| 9  | Vitamin D Status and the Risk of Cardiovascular Disease Death. <i>American Journal of Epidemiology</i> , 2009, 170, 1032-1039.   | 3.4  | 250       |
| 10 | Validity of a food frequency questionnaire varied by age and body mass index. <i>Journal of Clinical Epidemiology</i> , 2006, 59, 994-1001.  | 5.0  | 157       |
| 11 | Risk Factors for Injurious Falls Leading to Hospitalization or Death in a Cohort of 19,500 Adults. <i>American Journal of Epidemiology</i> , 1993, 138, 384-394.   | 3.4  | 145       |
| 12 | Validity of Hospital Discharge Data in a Prospective Epidemiological Study on Stroke and Myocardial Infarction. <i>Acta Medica Scandinavica</i> , 2009, 216, 309-315.  | 0.0  | 92        |
| 13 | Quasi-experimental study on the effectiveness of psychoanalysis, long-term and short-term psychotherapy on psychiatric symptoms, work ability and functional capacity during a 5-year follow-up. <i>Journal of Affective Disorders</i> , 2011, 132, 37-47. | 4.1  | 91        |
| 14 | Vitamin D Status and the Risk of Lung Cancer: A Cohort Study in Finland. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2008, 17, 3274-3278.   | 2.5  | 90        |
| 15 | Effectiveness of short-term and long-term psychotherapy on work ability and functional capacity – A randomized clinical trial on depressive and anxiety disorders. <i>Journal of Affective Disorders</i> , 2008, 107, 95-106.                              | 4.1  | 89        |
| 16 | Vitamin D status is associated with sociodemographic factors, lifestyle and metabolic health. <i>European Journal of Nutrition</i> , 2013, 52, 513-525.  | 3.9  | 80        |
| 17 | The relative importance of modifiable potential risk factors of type 2 diabetes: a meta-analysis of two cohorts. <i>European Journal of Epidemiology</i> , 2010, 25, 115-124.  | 5.7  | 76        |
| 18 | Therapists' professional and personal characteristics as predictors of outcome in short- and long-term psychotherapy. <i>Journal of Affective Disorders</i> , 2012, 138, 301-312.  | 4.1  | 74        |

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|----|---|-----|-----------|
| 19 | Reduced risk of Parkinson's disease associated with lower body mass index and heavy leisure-time physical activity. <i>European Journal of Epidemiology</i> , 2014, 29, 285-292.                              | 5.7 | 60        |
| 20 | Prospective study on the components of metabolic syndrome and the incidence of Parkinson's disease. <i>Parkinsonism and Related Disorders</i> , 2015, 21, 1148-1155.  | 2.2 | 52        |
| 21 | Higher serum 25-hydroxyvitamin D concentrations are related to a reduced risk of depression. <i>British Journal of Nutrition</i> , 2015, 113, 1418-1426.  | 2.3 | 47        |
| 22 | Randomized trial on the effectiveness of long- and short-term psychotherapy on psychiatric symptoms and working ability during a 5-year follow-up. <i>Nordic Journal of Psychiatry</i> , 2013, 67, 59-68.     | 1.3 | 46        |
| 23 | Sagittal Abdominal Diameter as a New Predictor for Incident Diabetes. <i>Diabetes Care</i> , 2013, 36, 283-288.   | 8.6 | 43        |
| 24 | Therapists' Professional and Personal Characteristics as Predictors of Working Alliance in Short-term and Long-term Psychotherapies. <i>Clinical Psychology and Psychotherapy</i> , 2014, 21, 475-494.        | 2.7 | 40        |
| 25 | Diabetes, glucose tolerance, and the risk of sudden cardiac death. <i>BMC Cardiovascular Disorders</i> , 2016, 16, 51.  | 1.7 | 38        |
| 26 | Social support as a predictor of the outcome of depressive and anxiety disorder in short-term and long-term psychotherapy. <i>Psychiatry Research</i> , 2014, 216, 44-51.                                     | 3.3 | 37        |
| 27 | The effectiveness of short- and long-term psychotherapy on personality functioning during a 5-year follow-up. <i>Journal of Affective Disorders</i> , 2015, 173, 31-38.                                       | 4.1 | 35        |
| 28 | Predicting sudden cardiac death in a general population using an electrocardiographic risk score. <i>Heart</i> , 2020, 106, 427-433.  | 2.9 | 35        |
| 29 | Use of auxiliary psychiatric treatment during a 5-year follow-up among patients receiving short- or long-term psychotherapy. <i>Journal of Affective Disorders</i> , 2011, 135, 221-230.                      | 4.1 | 32        |
| 30 | Serum 25-Hydroxyvitamin D Concentration and Risk of Dementia. <i>Epidemiology</i> , 2014, 25, 799-804.  | 2.7 | 32        |
| 31 | The cost-effectiveness of short-term and long-term psychotherapy in the treatment of depressive and anxiety disorders during a 5-year follow-up. <i>Journal of Affective Disorders</i> , 2016, 190, 254-263.  | 4.1 | 31        |
| 32 | Suitability for Psychotherapy Scale (SPS) and its reliability, validity, and prediction. <i>British Journal of Clinical Psychology</i> , 2012, 51, 351-375.   | 3.5 | 28        |
| 33 | Associations of Total Legume, Pulse, and Soy Consumption with Incident Type 2 Diabetes: Federated Meta-Analysis of 27 Studies from Diverse World Regions. <i>Journal of Nutrition</i> , 2021, 151, 1231-1240. | 2.9 | 28        |
| 34 | Psychological predictors of the recovery from mood or anxiety disorder in short-term and long-term psychotherapy during a 3-year follow-up. <i>Psychiatry Research</i> , 2013, 208, 162-173.                  | 3.3 | 25        |
| 35 | Cohort Profile: The Finnish Mobile Clinic Health Surveys FMC, FMCF and MFS. <i>International Journal of Epidemiology</i> , 2017, 46, 1760-1761i.  | 1.9 | 24        |
| 36 | Association between all-cause and cause-specific mortality and the GOLD stages 1-4: A 30-year follow-up among Finnish adults. <i>Respiratory Medicine</i> , 2015, 109, 1012-1018.                             | 2.9 | 23        |

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|----|--|-----|-----------|
| 37 | Serum 25-hydroxyvitamin D and the risk of knee and hip osteoarthritis leading to hospitalization: a cohort study of 5274 Finns. <i>Rheumatology</i> , 2014, 53, 1778-1782.   | 1.9 | 21        |
| 38 | Orthogonal P-wave morphology, conventional P-wave indices, and the risk of atrial fibrillation in the general population using data from the Finnish Hospital Discharge Register. <i>Europace</i> , 2020, 22, 1173-1181.   | 1.7 | 20        |
| 39 | Dietary magnesium intake, serum high sensitivity C-reactive protein and the risk of incident knee osteoarthritis leading to hospitalization—A cohort study of 4,953 Finns. <i>PLoS ONE</i> , 2019, 14, e0214064.   | 2.5 | 19        |
| 40 | Randomized trial on the effectiveness of long- and short-term psychotherapy on psychosocial functioning and quality of life during a 5-year follow-up. <i>Psychiatry Research</i> , 2015, 229, 381-388.  | 3.3 | 18        |
| 41 | Circulating free testosterone and risk of aggressive prostate cancer: Prospective and Mendelian randomisation analyses in international consortia. <i>International Journal of Cancer</i> , 2022, 151, 1033-1046.  | 5.1 | 18        |
| 42 | The Effectiveness of Solution-Focused Therapy and Short- and Long-Term Psychodynamic Psychotherapy on Self-Concept During a 3-Year Follow-Up. <i>Journal of Nervous and Mental Disease</i> , 2012, 200, 946-953.   | 1.0 | 17        |
| 43 | Self-concept and quality of object relations as predictors of outcome in short- and long-term psychotherapy. <i>Journal of Affective Disorders</i> , 2014, 152-154, 202-211.   | 4.1 | 17        |
| 44 | The prediction of the level of personality organization on reduction of psychiatric symptoms and improvement of work ability in short- versus long-term psychotherapies during a 5-year follow-up. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2017, 90, 353-376. | 2.5 | 16        |
| 45 | Patients' pre-treatment interpersonal problems as predictors of therapeutic alliance in long-term psychodynamic psychotherapy. <i>Psychiatry Research</i> , 2016, 241, 110-117.  | 3.3 | 15        |
| 46 | Estimating expected life-years and risk factor associations with mortality in Finland: cohort study. <i>BMJ Open</i> , 2020, 10, e033741.  | 1.9 | 15        |
| 47 | Association between the Rorschach Ego Impairment Index and the Level of Personality Organization interview assessment in depressive and anxiety disorder patients. <i>Psychiatry Research</i> , 2012, 200, 849-856.  | 3.3 | 14        |
| 48 | Associations of early childhood adversities with mental disorders, psychological functioning, and suitability for psychotherapy in adulthood. <i>Psychiatry Research</i> , 2018, 264, 366-373.   | 3.3 | 14        |
| 49 | Dispositional optimism as predictor of outcome in short- and long-term psychotherapy. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2017, 90, 279-298.  | 2.5 | 12        |
| 50 | Fatty liver score and 15-year incidence of type 2 diabetes. <i>Hepatology International</i> , 2013, 7, 610-621.  | 4.2 | 11        |
| 51 | Effects of Scheduled Waiting for Psychotherapy in Patients With Major Depression. <i>Journal of Nervous and Mental Disease</i> , 2017, 205, 611-617.   | 1.0 | 11        |
| 52 | Self-reported immature defense style as a predictor of outcome in short-term and long-term psychotherapy. <i>Brain and Behavior</i> , 2014, 4, 495-503.  | 2.2 | 9         |
| 53 | Intelligence as a predictor of outcome in short- and long-term psychotherapy. <i>Psychiatry Research</i> , 2014, 220, 1019-1027.   | 3.3 | 9         |
| 54 | Airway obstruction and the risk of myocardial infarction and death from coronary heart disease: a national health examination survey with a 33-year follow-up period. <i>European Journal of Epidemiology</i> , 2018, 33, 89-98.   | 5.7 | 9         |

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|----|---|-----|-----------|
| 55 | Self-Report Dieters: Who Are They?. <i>Nutrients</i> , 2019, 11, 1789.  | 4.1 | 9         |
| 56 | Effectiveness of psychoanalysis and long-term psychodynamic psychotherapy on personality and social functioning 10 years after start of treatment. <i>Psychiatry Research</i> , 2019, 272, 774-783.   | 3.3 | 9         |
| 57 | Pretreatment clinical and psychosocial predictors of remission from depression after short-term psychodynamic psychotherapy and solution-focused therapy: a 1-year follow-up study. <i>Psychotherapy Research</i> , 2008, 18, 191-199.                            | 1.8 | 8         |
| 58 | Associations of Metabolic Syndrome and Its Components with the Risk of Incident Knee Osteoarthritis Leading to Hospitalization: A 32-Year Follow-up Study. <i>Cartilage</i> , 2019, , 194760351989473.  | 2.7 | 8         |
| 59 | Predicting improvement of work ability in modalities of short- and long-term psychotherapy: The differential impact of reflective ability and other aspects of patient suitability. <i>Journal of Clinical Psychology</i> , 2021, 77, 1905-1920.                  | 1.9 | 8         |
| 60 | Heterogeneity of Associations between Total and Types of Fish Intake and the Incidence of Type 2 Diabetes: Federated Meta-Analysis of 28 Prospective Studies Including 956,122 Participants. <i>Nutrients</i> , 2021, 13, 1223.                                   | 4.1 | 8         |
| 61 | Incidence trends and risk factors of lung cancer in never smokers: Pooled analyses of seven cohorts. <i>International Journal of Cancer</i> , 2021, 149, 2010-2019.   | 5.1 | 8         |
| 62 | Concurrent Validity of the Quality of Object Relations Scale (QORS) in Relation to Proxy Assessment of the Theoretical Scale Constituents. <i>Psychopathology</i> , 2013, 46, 111-119.  | 1.5 | 7         |
| 63 | Dieting attempts modify the association between quality of diet and obesity. <i>Nutrition Research</i> , 2017, 45, 63-72.   | 2.9 | 7         |
| 64 | Tuberculosis, Airway Obstruction and Mortality in a Finnish Population. <i>COPD: Journal of Chronic Obstructive Pulmonary Disease</i> , 2017, 14, 143-149.  | 1.6 | 7         |
| 65 | Childhood adversities as predictors of improvement in psychiatric symptoms and global functioning in solution-focused and short- and long-term psychodynamic psychotherapy during a 5-year follow-up. <i>Journal of Affective Disorders</i> , 2018, 235, 525-534. | 4.1 | 7         |
| 66 | Pooling of Finnish population-based health studies: lifestyle risk factors of colorectal and lung cancer. <i>Acta Oncologica</i> , 2020, 59, 1338-1342.   | 1.8 | 7         |
| 67 | The Helsinki Psychotherapy Study: Effectiveness, Sufficiency, and Suitability of Short- and Long-Term Psychotherapy. , 2012, , 71-94.   |     | 7         |
| 68 | Self-Administered Questionnaire Is a Reliable Measure of Coffee Consumption. <i>Journal of Epidemiology</i> , 2010, 20, 363-369.  | 2.4 | 6         |
| 69 | Airway obstruction, serum vitamin D and mortality in a 33-year follow-up study. <i>European Journal of Clinical Nutrition</i> , 2019, 73, 1024-1032.  | 2.9 | 6         |
| 70 | Quality of object relations modifies the effectiveness of short- and long-term psychotherapy on self-concept. <i>Open Journal of Psychiatry</i> , 2013, 03, 345-350.  | 0.6 | 6         |
| 71 | Estimating efficacy in the presence of non-ignorable non-trial interventions in the Helsinki Psychotherapy Study. <i>Statistical Methods in Medical Research</i> , 2016, 25, 885-901.   | 1.5 | 5         |
| 72 | Poor suitability for psychotherapy – a risk factor for treatment non-attendance?. <i>Journal of Affective Disorders</i> , 2021, 295, 1432-1439.   | 4.1 | 4         |

| #  | ARTICLE   | IF  | CITATIONS |
|----|---|-----|-----------|
| 73 | What Works for Whom: Patients' Psychological Resources and Vulnerabilities as Common and Specific Predictors of Working Alliance in Different Psychotherapies. <i>Frontiers in Psychiatry</i> , 0, 13, .  | 2.6 | 4         |
| 74 | The impact of psychotherapy treatments of different length and type on health behaviour during a five-year follow-up. <i>Psychotherapy Research</i> , 2017, 27, 397-409.  | 1.8 | 3         |
| 75 | Electrocardiographic Risk Markers of Cardiac Death: Gender Differences in the General Population. <i>Frontiers in Physiology</i> , 2020, 11, 578059.  | 2.8 | 3         |
| 76 | Intentional weight loss as a predictor of type 2 diabetes occurrence in a general adult population. <i>BMJ Open Diabetes Research and Care</i> , 2020, 8, e001560.  | 2.8 | 2         |
| 77 | The Effectiveness of Three Psychotherapies of Different Type and Length in the Treatment of Patients Suffering from Anxiety Disorders. <i>European Family Therapy Association Series</i> , 2020, , 349-366.   | 0.3 | 2         |
| 78 | Follow-up of the effectiveness of long-term psychodynamic psychotherapy and psychoanalysis 5 years after the end of psychoanalysis: Minor differences in psychiatric symptoms and work ability. <i>Neurology Psychiatry and Brain Research</i> , 2018, 30, 163-166. | 2.0 | 1         |
| 79 | Ego Impairment Index (EII) as a predictor of outcome in short- and long-term psychotherapy during a 5-year follow-up. <i>Journal of Clinical Psychology</i> , 2022, 78, 1739-1751.  | 1.9 | 1         |