

Edward R Watkins

List of Publications by Year in descending order

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165
papers

17,954
citations

34105
52
h-index

14759
127
g-index

172
all docs

172
docs citations

172
times ranked

12038
citing authors

#	ARTICLE	IF	CITATIONS
1	Constructive and unconstructive repetitive thought.. Psychological Bulletin, 2008, 134, 163-206.	6.1	1,771
2	Autobiographical memory specificity and emotional disorder.. Psychological Bulletin, 2007, 133, 122-148.	6.1	1,269
3	Repetitive Negative Thinking as a Transdiagnostic Process. International Journal of Cognitive Therapy, 2008, 1, 192-205.	2.2	683
4	Mindfulness-based cognitive therapy to prevent relapse in recurrent depression.. Journal of Consulting and Clinical Psychology, 2008, 76, 966-978.	2.0	635
5	How does mindfulness-based cognitive therapy work?. Behaviour Research and Therapy, 2010, 48, 1105-1112.	3.1	633
6	A Heuristic for Developing Transdiagnostic Models of Psychopathology. Perspectives on Psychological Science, 2011, 6, 589-609.	9.0	628
7	A Randomized Controlled Study of Cognitive Therapy for Relapse Prevention for Bipolar Affective Disorder. Archives of General Psychiatry, 2003, 60, 145.	12.3	539
8	Rumination and overgeneral memory in depression: Effects of self-focus and analytic thinking.. Journal of Abnormal Psychology, 2001, 110, 353-357.	1.9	463
9	The effects of improving sleep on mental health (OASIS): a randomised controlled trial with mediation analysis. Lancet Psychiatry, the, 2017, 4, 749-758.	7.4	459
10	Cost and Outcome of Behavioural Activation versus Cognitive Behavioural Therapy for Depression (COBRA): a randomised, controlled, non-inferiority trial. Lancet, The, 2016, 388, 871-880.	13.7	427
11	Adaptive and maladaptive self-focus in depression. Journal of Affective Disorders, 2004, 82, 1-8.	4.1	407
12	Effectiveness and cost-effectiveness of mindfulness-based cognitive therapy compared with maintenance antidepressant treatment in the prevention of depressive relapse or recurrence (PREVENT): a randomised controlled trial. Lancet, The, 2015, 386, 63-73.	13.7	390
13	Reduced specificity of autobiographical memory and depression: The role of executive control.. Journal of Experimental Psychology: General, 2007, 136, 23-42.	2.1	371
14	Distinct modes of ruminative self-focus: Impact of abstract versus concrete rumination on problem solving in depression.. Emotion, 2005, 5, 319-328.	1.8	364
15	The relationship between worry, rumination, and comorbidity: Evidence for repetitive negative thinking as a transdiagnostic construct. Journal of Affective Disorders, 2013, 151, 313-320.	4.1	327
16	Relapse Prevention in Patients With Bipolar Disorder: Cognitive Therapy Outcome After 2 Years. American Journal of Psychiatry, 2005, 162, 324-329.	7.2	325
17	Ruminative self-focus and negative affect: An experience sampling study.. Journal of Abnormal Psychology, 2008, 117, 314-323.	1.9	318
18	Rumination-focused cognitive-behavioural therapy for residual depression: phase II randomised controlled trial. British Journal of Psychiatry, 2011, 199, 317-322.	2.8	307

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19	Reflecting on rumination: Consequences, causes, mechanisms and treatment of rumination. Behaviour Research and Therapy, 2020, 127, 103573.	3.1	300
20	Comparisons between rumination and worry in a non-clinical population. Behaviour Research and Therapy, 2005, 43, 1577-1585.	3.1	275
21	Adaptive and maladaptive ruminative self-focus during emotional processing. Behaviour Research and Therapy, 2004, 42, 1037-1052.	3.1	271
22	Rumination-focused cognitive behaviour therapy for residual depression: A case series. Behaviour Research and Therapy, 2007, 45, 2144-2154.	3.1	265
23	Conceptual Foundations of the Transdiagnostic Approach to CBT. Journal of Cognitive Psychotherapy, 2009, 23, 6-19.	0.4	243
24	A habit-goal framework of depressive rumination.. Journal of Abnormal Psychology, 2014, 123, 24-34.	1.9	225
25	Concreteness training reduces dysphoria: Proof-of-principle for repeated cognitive bias modification in depression.. Journal of Abnormal Psychology, 2009, 118, 55-64.	1.9	223
26	Processing mode causally influences emotional reactivity: Distinct effects of abstract versus concrete construal on emotional response.. Emotion, 2008, 8, 364-378.	1.8	219
27	Rumination and social problem-solving in depression. Behaviour Research and Therapy, 2002, 40, 1179-1189.	3.1	216
28	The effects of self-focused rumination on global negative self-judgements in depression. Behaviour Research and Therapy, 2005, 43, 1673-1681.	3.1	182
29	Prevention of anxiety disorders and depression by targeting excessive worry and rumination in adolescents and young adults: A randomized controlled trial. Behaviour Research and Therapy, 2017, 90, 123-136.	3.1	172
30	Guided self-help concreteness training as an intervention for major depression in primary care: a Phase II randomized controlled trial. Psychological Medicine, 2012, 42, 1359-1371.	4.5	165
31	Why do people ruminate in dysphoric moods?. Personality and Individual Differences, 2001, 30, 723-734.	2.9	141
32	Negative affect and ruminative self-focus during everyday goal pursuit. Cognition and Emotion, 2010, 24, 729-739.	2.0	140
33	Rumination and future thinking in depression. British Journal of Clinical Psychology, 2004, 43, 129-142.	3.5	137
34	Depressive Rumination and Co-Morbidity: Evidence for Brooding as a Transdiagnostic Process. Journal of Rational - Emotive and Cognitive - Behavior Therapy, 2009, 27, 160-175.	1.7	132
35	Appraisals and strategies associated with rumination and worry. Personality and Individual Differences, 2004, 37, 679-694.	2.9	126
36	Ruminative self-focus, negative life events, and negative affect. Behaviour Research and Therapy, 2008, 46, 1034-1039.	3.1	126

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37	Guided, internet-based, rumination-focused cognitive behavioural therapy (i-RFCBT) versus a no-intervention control to prevent depression in high-ruminating young adults, along with an adjunct assessment of the feasibility of unguided i-RFCBT, in the REducing Stress and Preventing Depression trial (RESPOND): study protocol for a phase III randomised controlled trial. <i>Trials</i> , 2016, 17, 1-11.	1.6	122
38	Cognitive Behavioral Processes Across Psychological Disorders: A Review of the Utility and Validity of the Transdiagnostic Approach. <i>International Journal of Cognitive Therapy</i> , 2008, 1, 181-191.	2.2	118
39	Processing Mode Influences the Relationship Between Trait Rumination and Emotional Vulnerability. <i>Behavior Therapy</i> , 2006, 37, 281-291.	2.4	104
40	Dysregulation in level of goal and action identification across psychological disorders. <i>Clinical Psychology Review</i> , 2011, 31, 260-278.	11.4	104
41	Neural correlates of rumination in adolescents with remitted major depressive disorder and healthy controls. <i>Cognitive, Affective and Behavioral Neuroscience</i> , 2017, 17, 394-405.	2.0	103
42	Rumination in adolescents at risk for depression. <i>Journal of Affective Disorders</i> , 2006, 96, 39-47.	4.1	94
43	Positive beliefs about rumination in depression—a replication and extension. <i>Personality and Individual Differences</i> , 2005, 39, 73-82.	2.9	91
44	Effect of Multinutrient Supplementation and Food-Related Behavioral Activation Therapy on Prevention of Major Depressive Disorder Among Overweight or Obese Adults With Subsyndromal Depressive Symptoms. <i>JAMA - Journal of the American Medical Association</i> , 2019, 321, 858.	7.4	88
45	Attenuated intrinsic connectivity within cognitive control network among individuals with remitted depression: Temporal stability and association with negative cognitive styles. <i>Human Brain Mapping</i> , 2017, 38, 2939-2954.	3.6	84
46	Targeting Ruminative Thinking in Adolescents at Risk for Depressive Relapse: Rumination-Focused Cognitive Behavior Therapy in a Pilot Randomized Controlled Trial with Resting State fMRI. <i>PLoS ONE</i> , 2016, 11, e0163952.	2.5	73
47	Reduced concreteness of rumination in depression: A pilot study. <i>Personality and Individual Differences</i> , 2007, 43, 1386-1395.	2.9	70
48	Concreteness training reduces dysphoria: A pilot proof-of-principle study. <i>Behaviour Research and Therapy</i> , 2009, 47, 48-53.	3.1	70
49	Depressive Rumination: Investigating Mechanisms to Improve Cognitive Behavioural Treatments. <i>Cognitive Behaviour Therapy</i> , 2009, 38, 8-14.	3.5	70
50	Psychological treatment of depressive rumination. <i>Current Opinion in Psychology</i> , 2015, 4, 32-36.	4.9	67
51	Development and assessment of brief versions of the Penn State Worry Questionnaire and the Ruminative Response Scale. <i>British Journal of Clinical Psychology</i> , 2014, 53, 402-421.	3.5	60
52	Group rumination-focused cognitive-behavioural therapy (CBT) <i>v.</i> group CBT for depression: phase II trial. <i>Psychological Medicine</i> , 2020, 50, 11-19.	4.5	60
53	Reducing Stress and Preventing Depression (RESPOND): Randomized Controlled Trial of Web-Based Rumination-Focused Cognitive Behavioral Therapy for High-Ruminating University Students. <i>Journal of Medical Internet Research</i> , 2019, 21, e11349.	4.3	60
54	Stuck in a sad place: Biased attentional disengagement in rumination.. <i>Emotion</i> , 2016, 16, 63-72.	1.8	58

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55	The effect of rumination on craving across the continuum of drinking behaviour. Addictive Behaviors, 2013, 38, 2879-2883.	3.0	54
56	Non-ruminative processing reduces overgeneral autobiographical memory retrieval in students. Behaviour Research and Therapy, 2008, 46, 748-756.	3.1	53
57	The association of perseverative negative thinking with depression, anxiety and emotional distress in people with long term conditions: A systematic review. Journal of Psychosomatic Research, 2016, 91, 89-101.	2.6	53
58	Involuntary and voluntary autobiographical memory specificity as a function of depression. Journal of Behavior Therapy and Experimental Psychiatry, 2013, 44, 7-13.	1.2	52
59	Prevention of depression through nutritional strategies in high-risk persons: rationale and design of the MoodFOOD prevention trial. BMC Psychiatry, 2016, 16, 192.	2.6	52
60	Rejection sensitivity prospectively predicts increased rumination. Behaviour Research and Therapy, 2011, 49, 597-605.	3.1	50
61	Cueing an unresolved personal goal causes persistent ruminative self-focus: An experimental evaluation of control theories of rumination. Journal of Behavior Therapy and Experimental Psychiatry, 2013, 44, 449-455.	1.2	50
62	The effectiveness and cost-effectiveness of mindfulness-based cognitive therapy compared with maintenance antidepressant treatment in the prevention of depressive relapse/recurrence: results of a randomised controlled trial (the PREVENT study). Health Technology Assessment, 2015, 19, 1-124.	2.8	49
63	Psychosocial correlates of depressive rumination. Behaviour Research and Therapy, 2010, 48, 784-791.	3.1	46
64	Implementing multifactorial psychotherapy research in online virtual environments (IMPROVE-2): study protocol for a phase III trial of the MOST randomized component selection method for internet cognitive-behavioural therapy for depression. BMC Psychiatry, 2016, 16, 345.	2.6	46
65	The association between depression and eating styles in four European countries: The MoodFOOD prevention study. Journal of Psychosomatic Research, 2018, 108, 85-92.	2.6	46
66	Maternal Parenting Behaviors and Adolescent Depression: The Mediating Role of Rumination. Journal of Clinical Child and Adolescent Psychology, 2013, 42, 348-357.	3.4	45
67	Submissive interpersonal style mediates the effect of brooding on future depressive symptoms. Behaviour Research and Therapy, 2010, 48, 966-973.	3.1	44
68	Adaptive and Maladaptive Self-Focus: A Pilot Extension Study With Individuals High and Low in Fear of Negative Evaluation. Behavior Therapy, 2009, 40, 181-189.	2.4	43
69	Validation de la version française d'un questionnaire évaluant les pensées ruminatives constructives et non constructives.. Canadian Journal of Behavioural Science, 2014, 46, 185-192.	0.6	42
70	Thought Control Strategies, Thought Suppression, and Rumination in Depression. International Journal of Cognitive Therapy, 2009, 2, 235-251.	2.2	40
71	Study protocol for a randomized controlled trial comparing mindfulness-based cognitive therapy with maintenance anti-depressant treatment in the prevention of depressive relapse/recurrence: the PREVENT trial. Trials, 2010, 11, 99.	1.6	40
72	Heightened ruminative disposition is associated with impaired attentional disengagement from negative relative to positive information: support for the "impaired disengagement" hypothesis. Cognition and Emotion, 2017, 31, 422-434.	2.0	40

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73	Mapping autobiographical memory in schizophrenia: Clinical implications. <i>Clinical Psychology Review</i> , 2017, 51, 96-108.	11.4	40
74	Can concreteness training buffer against the negative effects of rumination on PTSD? An experimental analogue study. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2013, 44, 396-403.	1.2	30
75	The impact of maternal characteristics, infant temperament and contextual factors on maternal responsiveness to infant. , 2015, 40, 1-11.		30
76	Socioeconomic Indicators of Treatment Prognosis for Adults With Depression. <i>JAMA Psychiatry</i> , 2022, 79, 406.	11.0	30
77	Reducing specificity of autobiographical memory in nonclinical participants: The role of rumination and schematic models. <i>Cognition and Emotion</i> , 2006, 20, 328-350.	2.0	29
78	“Don’t Believe in Leading a Life of My Own, I Lead His Life” A Qualitative Investigation of Difficulties Experienced by Informal Caregivers of Stroke Survivors Experiencing Depressive and Anxious Symptoms. <i>Clinical Gerontologist</i> , 2018, 41, 293-307.	2.2	29
79	Assessing repetitive negative thinking in daily life: Development of an ecological momentary assessment paradigm. <i>PLoS ONE</i> , 2020, 15, e0231783.	2.5	29
80	Higher adiposity and mental health: causal inference using Mendelian randomization. <i>Human Molecular Genetics</i> , 2021, 30, 2371-2382.	2.9	29
81	An Alternative Transdiagnostic Mechanistic Approach to Affective Disorders Illustrated With Research From Clinical Psychology. <i>Emotion Review</i> , 2015, 7, 250-255.	3.4	28
82	Age and Gender Differences in Emotion Regulation Strategies: Autobiographical Memory, Rumination, Problem Solving and Distraction. <i>Spanish Journal of Psychology</i> , 2016, 19, E43.	2.1	28
83	The contribution of depressive “disorder characteristics” to determinations of prognosis for adults with depression: an individual patient data meta-analysis. <i>Psychological Medicine</i> , 2021, 51, 1068-1081.	4.5	28
84	The psychosocial context of depressive rumination: Ruminative brooding predicts diminished relationship satisfaction in individuals with a history of past major depression. <i>British Journal of Clinical Psychology</i> , 2010, 49, 275-280.	3.5	27
85	Contextual questions prevent mood primes from maintaining experimentally induced dysphoria. <i>Cognition and Emotion</i> , 2003, 17, 455-475.	2.0	26
86	Construal level, rumination, and psychological distress in palliative care. <i>Psycho-Oncology</i> , 2012, 21, 680-683.	2.3	25
87	Healthy Campus Trial: a multiphase optimization strategy (MOST) fully factorial trial to optimize the smartphone cognitive behavioral therapy (CBT) app for mental health promotion among university students: study protocol for a randomized controlled trial. <i>Trials</i> , 2018, 19, 353.	1.6	25
88	Cost and Outcome of Behavioural Activation (COBRA): a randomised controlled trial of behavioural activation versus cognitive “behavioural therapy for depression. <i>Health Technology Assessment</i> , 2017, 21, 1-366.	2.8	24
89	The ups and downs of cognitive bias: Dissociating the attentional characteristics of positive and negative affectivity. <i>Journal of Cognitive Psychology</i> , 2012, 24, 33-53.	0.9	23
90	Rumination in dysphoric mothers negatively affects mother “infant interactions. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2017, 58, 38-45.	5.2	23

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91	Revealing negative thinking in recovered major depression: A preliminary investigation. Behaviour Research and Therapy, 2007, 45, 3069-3076.	3.1	22
92	Psychological Distress and Rumination in Palliative Care Patients and their Caregivers. Journal of Palliative Medicine, 2010, 13, 1345-1348.	1.1	22
93	Promotion of mental health in young adults via mobile phone app: study protocol of the ECoWeB (emotional competence for well-being in Young adults) cohort multiple randomised trials. BMC Psychiatry, 2020, 20, 458.	2.6	22
94	Factorial Designs Help to Understand How Psychological Therapy Works. Frontiers in Psychiatry, 2020, 11, 429.	2.6	22
95	Investigating Functional Properties of Depressive Rumination: Insight and Avoidance. Journal of Experimental Psychopathology, 2014, 5, 244-258.	0.8	20
96	Preventing PTSD, depression and associated health problems in student paramedics: protocol for PREVENT-PTSD, a randomised controlled trial of supported online cognitive training for resilience versus alternative online training and standard practice. BMJ Open, 2018, 8, bmjopen-2018-022292.	1.9	20
97	Level of construal, mind wandering, and repetitive thought: Reply to McVay and Kane (2010).. Psychological Bulletin, 2010, 136, 198-201.	6.1	18
98	Rumination-focused cognitive behaviour therapy vs. cognitive behaviour therapy for depression: study protocol for a randomised controlled superiority trial. Trials, 2015, 16, 344.	1.6	18
99	A brief guided self-help intervention for psychological distress in palliative care patients: A randomised controlled trial. Palliative Medicine, 2012, 26, 197-205.	3.1	17
100	An overview of statistical methods for handling nonadherence to an intervention protocol in randomized control trials: a methodological review. Journal of Clinical Epidemiology, 2019, 108, 121-131.	5.0	17
101	Is social support pre-treatment associated with prognosis for adults with depression in primary care?. Acta Psychiatrica Scandinavica, 2021, 143, 392-405.	4.5	17
102	Cost and outcome of behavioural activation versus cognitive behavioural therapy for depression (COBRA): a qualitative process evaluation. BMJ Open, 2017, 7, e014161.	1.9	16
103	Components of smartphone cognitive-behavioural therapy for subthreshold depression among 1093 university students: a factorial trial. Evidence-Based Mental Health, 2022, 25, e18-e25.	4.5	16
104	Effect of food-related behavioral activation therapy on food intake and the environmental impact of the diet: results from the MoodFOOD prevention trial. European Journal of Nutrition, 2020, 59, 2579-2591.	3.9	15
105	Does Rumination Cause "Inhibitory" Deficits?. Psychopathology Review, 2017, 4, 341-376.	0.9	13
106	Mechanisms of rumination change in adolescent depression (RuMeChange): study protocol for a randomised controlled trial of rumination-focused cognitive behavioural therapy to reduce ruminative habit and risk of depressive relapse in high-ruminating adolescents. BMC Psychiatry, 2021, 21, 206.	2.6	13
107	Update to the study protocol for a randomized controlled trial comparing mindfulness-based cognitive therapy with maintenance anti-depressant treatment depressive relapse/recurrence: the PREVENT trial. Trials, 2014, 15, 217.	1.6	12
108	Mechanisms of Repetitive Thinking. Clinical Psychological Science, 2015, 3, 568-573.	4.0	12

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109	Depressive rumination reduces specificity of autobiographical memory recall in acquired brain injury. <i>Journal of the International Neuropsychological Society</i> , 2008, 14, 63-70.	1.8	11
110	Depressive Symptom Clusters in Relation to Body Weight Status: Results From Two Large European Multicenter Studies. <i>Frontiers in Psychiatry</i> , 2019, 10, 858.	2.6	11
111	Associations of Non-Alcoholic Beverages with Major Depressive Disorder History and Depressive Symptoms Clusters in a Sample of Overweight Adults. <i>Nutrients</i> , 2020, 12, 3202.	4.1	11
112	What factors indicate prognosis for adults with depression in primary care? A protocol for meta-analyses of individual patient data using the Dep-GP database. <i>Wellcome Open Research</i> , 2019, 4, 69.	1.8	11
113	What factors indicate prognosis for adults with depression in primary care? A protocol for meta-analyses of individual patient data using the Dep-GP database. <i>Wellcome Open Research</i> , 2019, 4, 69.	1.8	11
114	Supported cognitive-behavioural self-help versus treatment-as-usual for depressed informal carers of stroke survivors (CEDArS): study protocol for a feasibility randomized controlled trial. <i>Trials</i> , 2014, 15, 157.	1.6	10
115	Malleability of rumination: An exploratory model of CBT-based plasticity and long-term reduced risk for depressive relapse among youth from a pilot randomized clinical trial. <i>PLoS ONE</i> , 2020, 15, e0233539.	2.5	10
116	Effects of food-related behavioral activation therapy on eating styles, diet quality and body weight change: Results from the MoodFOOD Randomized Clinical Trial. <i>Journal of Psychosomatic Research</i> , 2020, 137, 110206.	2.6	10
117	The acute effects of alcohol on state rumination in the laboratory. <i>Psychopharmacology</i> , 2021, 238, 1671-1686.	3.1	10
118	The Relation Between Worry and Mental Health in Nonclinical Population and Individuals with Anxiety and Depressive Disorders: A Meta-Analysis. <i>Cognitive Therapy and Research</i> , 2022, 46, 480-501.	1.9	10
119	A Patient Stratification Approach to Identifying the Likelihood of Continued Chronic Depression and Relapse Following Treatment for Depression. <i>Journal of Personalized Medicine</i> , 2021, 11, 1295.	2.5	10
120	When the ends outweigh the means: Mood and level of identification in depression. <i>Cognition and Emotion</i> , 2011, 25, 1214-1227.	2.0	9
121	Working memory updating training reduces state repetitive negative thinking: Proof-of-concept for a novel cognitive control training. <i>Behaviour Research and Therapy</i> , 2021, 142, 103871.	3.1	9
122	An Integrated Examination of Risk Factors for Repetitive Negative Thought. <i>Journal of Experimental Psychopathology</i> , 2013, 4, 161-181.	0.8	8
123	For Ruminators, the Emotional Future Is Bound to the Emotional Past. <i>Clinical Psychological Science</i> , 2015, 3, 648-658.	4.0	8
124	Role of autobiographical memory in patient response to cognitive behavioural therapies for depression: protocol of an individual patient data meta-analysis. <i>BMJ Open</i> , 2019, 9, e031110.	1.9	7
125	Supplementation-induced increase in circulating omega-3 serum levels is not associated with a reduction in depressive symptoms: Results from the MoodFOOD depression prevention trial. <i>Depression and Anxiety</i> , 2020, 37, 1079-1088.	4.1	7
126	Rumination-Focused Cognitive Behavioral Therapy Decreases Anxiety and Increases Behavioral Activation Among Remitted Adolescents. <i>Journal of Child and Family Studies</i> , 2020, 29, 1982-1991.	1.3	7

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127	Life events and treatment prognosis for depression: A systematic review and individual patient data meta-analysis. <i>Journal of Affective Disorders</i> , 2022, 299, 298-308.	4.1	7
128	Psychological interventions for the treatment of depression, anxiety, alcohol misuse or anger in armed forces veterans and their families: systematic review and meta-analysis protocol. <i>Systematic Reviews</i> , 2017, 6, 112.	5.3	6
129	Group Intervention “Drop it!” Decreases Repetitive Negative Thinking in Major Depressive Disorder and/or Generalized Anxiety Disorder: A Randomised Controlled Study. <i>Cognitive Therapy and Research</i> , 2022, 46, 182-196.	1.9	6
130	The association between perseverative negative cognitive processes and negative affect in people with long term conditions: a protocol for systematic review and meta-analysis. <i>Systematic Reviews</i> , 2014, 3, 5.	5.3	5
131	Overgeneral autobiographical memories and their relationship to rumination. , 0, , 199-220.		5
132	Perseverative negative thinking predicts depression in people with acute coronary syndrome. <i>General Hospital Psychiatry</i> , 2019, 61, 16-25.	2.4	5
133	A Rumination-Focused Cognitive-Behavioral Therapy Self-Help Program to Reduce Depressive Rumination in High-Ruminating Japanese Female University Students: A Case Series Study. <i>Cognitive and Behavioral Practice</i> , 2022, 29, 468-484.	1.5	5
134	Effects of dietary interventions on depressive symptom profiles: results from the MoodFOOD depression prevention study. <i>Psychological Medicine</i> , 2021, , 1-10.	4.5	5
135	Reducing worry and rumination in young adults via a mobile phone app: study protocol of the ECoWeB (Emotional Competence for Well-Being in Young Adults) randomised controlled trial focused on repetitive negative thinking. <i>BMC Psychiatry</i> , 2021, 21, 519.	2.6	5
136	The Development and Internal Evaluation of a Predictive Model to Identify for Whom Mindfulness-Based Cognitive Therapy Offers Superior Relapse Prevention for Recurrent Depression Versus Maintenance Antidepressant Medication. <i>Clinical Psychological Science</i> , 2023, 11, 59-76.	4.0	5
137	Do Females with Bulimia Nervosa and Eating Disorder Not Otherwise Specified Have Selective Memory Biases?. <i>Behavioural and Cognitive Psychotherapy</i> , 2015, 43, 602-613.	1.2	4
138	Rumination-focused cognitive behaviour therapy for non-responsive chronic depression: an uncontrolled group study. <i>Behavioural and Cognitive Psychotherapy</i> , 2020, 48, 376-381.	1.2	4
139	Acceptability and feasibility of two interventions in the MoodFOOD Trial: a food-related depression prevention randomised controlled trial in overweight adults with subsyndromal symptoms of depression. <i>BMJ Open</i> , 2020, 10, e034025.	1.9	4
140	Habitual Behavior as a Mediator Between Food-Related Behavioral Activation and Change in Symptoms of Depression in the MoodFOOD Trial. <i>Clinical Psychological Science</i> , 2021, 9, 649-665.	4.0	4
141	Self-Injury in Adolescence Is Associated with Greater Behavioral Risk Avoidance, Not Risk-Taking. <i>Journal of Clinical Medicine</i> , 2022, 11, 1288.	2.4	4
142	Why “why” seems better than “how”. Processes underlining repetitive thinking in an Italian non-clinical sample. <i>Personality and Individual Differences</i> , 2014, 64, 18-23.	2.9	3
143	Habits in Depression: Understanding and Intervention. , 2018, , 267-284.		3
144	Is a High Association Between Repetitive Negative Thinking and Negative Affect Predictive of Depressive Symptoms? A Clustering Approach for Experience-Sampling Data. <i>Clinical Psychological Science</i> , 2022, 10, 74-89.	4.0	3

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145	Autobiographical memory style and clinical outcomes following mindfulness-based cognitive therapy (MBCT): An individual patient data meta-analysis. Behaviour Research and Therapy, 2022, 151, 104048.	3.1	3
146	Depression in Context: Strategies for Guided Action Christopher R. Martell, Michael E. Addis and N. S. Jacobson New York: Norton, 2001. pp.223. 25.00 (hardback). ISBN: 0-393-70350-9. Behavioural and Cognitive Psychotherapy, 2003, 31, 221-232.	1.2	2
147	Combining cognitive therapy with medication in bipolar disorder. Advances in Psychiatric Treatment, 2003, 9, 110-116.	0.5	2
148	<i>A Clinician's Guide to Legal Issues in Psychotherapy or Proceed with Caution</i> William H. Reid Phoenix, Arizona: Zeig, Tucker & Co., 1999. pp.195. ISBN: 1-891944-08-8.. Behavioural and Cognitive Psychotherapy, 2002, 30, 117-122.	1.2	1
149	Effects of contextual questions on experimentally induced dysphoria. Cognition and Emotion, 2008, 22, 753-760.	2.0	1
150	What factors indicate prognosis for adults with depression in primary care? A protocol for meta-analyses of individual patient data using the Dep-GP database. Wellcome Open Research, 0, 4, 69.	1.8	1
151	A Psychoeducational CBT-based Group Intervention (‘‘Drop It’’) for Repetitive Negative Thinking: Theoretical Concepts and Treatment Processes. International Journal of Group Psychotherapy, 2022, 72, 257-292.	0.6	1
152	Scientific Foundations of Cognitive Theory and Therapy of Depression. David A. Clark and Aaron T. Beck with Brad A. Alford. New York: Wiley Press, 1999. pp. 494. \$57.50 (hardback).. Behavioural and Cognitive Psychotherapy, 2000, 28, 193-195.	1.2	0
153	Treating Complex Cases: The Cognitive Behavioural Approach Nicholas Tarrier, Adrian Wells & Gillian Haddock Chichester, UK: Wiley, 1999. pp. 439. £19.96 (paperback). ISBN: 0-471-97839-6.. Behavioural and Cognitive Psychotherapy, 2001, 29, 385-397.	1.2	0
154	The New Handbook of Cognitive Therapy Techniques Rian E. McMullin New York: Norton, 2000. pp. 504. £30 (hardback). ISBN: 0-393-70313-4.. Behavioural and Cognitive Psychotherapy, 2001, 29, 385-397.	1.2	0
155	Cognitive Therapy for Bipolar Disorder: A Therapist's Guide to Concepts, Method and Practice Dominic H. Lam, Steven H. Jones, Peter Hayward and Jennifer A. Bright Chichester: Wiley Press, 1999. pp.320. £39.95 (hardback). ISBN: 0-4719-7939-2.. Behavioural and Cognitive Psychotherapy, 2002, 30, 117-122.	1.2	0
156	Overcoming Depression: A Self-Help Guide Using Cognitive Behavioural Techniques Paul Gilbert London: Robinson Press, 1997, pp. 317. £7.99 (paperback). ISBN: 1-854-87434-9.. Behavioural and Cognitive Psychotherapy, 2002, 30, 243-248.	1.2	0
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