

Edward R Watkins

List of Publications by Year in descending order

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Version: 2024-02-01

165
papers

17,954
citations

34016

52
h-index

14702

127
g-index

172
all docs

172
docs citations

172
times ranked

12038
citing authors

#	ARTICLE	IF	CITATIONS
1	Constructive and unconstructive repetitive thought.. Psychological Bulletin, 2008, 134, 163-206.	5.5	1,771
2	Autobiographical memory specificity and emotional disorder.. Psychological Bulletin, 2007, 133, 122-148.	5.5	1,269
3	Repetitive Negative Thinking as a Transdiagnostic Process. International Journal of Cognitive Therapy, 2008, 1, 192-205.	1.3	683
4	Mindfulness-based cognitive therapy to prevent relapse in recurrent depression.. Journal of Consulting and Clinical Psychology, 2008, 76, 966-978.	1.6	635
5	How does mindfulness-based cognitive therapy work?. Behaviour Research and Therapy, 2010, 48, 1105-1112.	1.6	633
6	A Heuristic for Developing Transdiagnostic Models of Psychopathology. Perspectives on Psychological Science, 2011, 6, 589-609.	5.2	628
7	A Randomized Controlled Study of Cognitive Therapy for Relapse Prevention for Bipolar Affective Disorder. Archives of General Psychiatry, 2003, 60, 145.	13.8	539
8	Rumination and overgeneral memory in depression: Effects of self-focus and analytic thinking.. Journal of Abnormal Psychology, 2001, 110, 353-357.	2.0	463
9	The effects of improving sleep on mental health (OASIS): a randomised controlled trial with mediation analysis. Lancet Psychiatry, the, 2017, 4, 749-758.	3.7	459
10	Cost and Outcome of Behavioural Activation versus Cognitive Behavioural Therapy for Depression (COBRA): a randomised, controlled, non-inferiority trial. Lancet, The, 2016, 388, 871-880.	6.3	427
11	Adaptive and maladaptive self-focus in depression. Journal of Affective Disorders, 2004, 82, 1-8.	2.0	407
12	Effectiveness and cost-effectiveness of mindfulness-based cognitive therapy compared with maintenance antidepressant treatment in the prevention of depressive relapse or recurrence (PREVENT): a randomised controlled trial. Lancet, The, 2015, 386, 63-73.	6.3	390
13	Reduced specificity of autobiographical memory and depression: The role of executive control.. Journal of Experimental Psychology: General, 2007, 136, 23-42.	1.5	371
14	Distinct modes of ruminative self-focus: Impact of abstract versus concrete rumination on problem solving in depression.. Emotion, 2005, 5, 319-328.	1.5	364
15	The relationship between worry, rumination, and comorbidity: Evidence for repetitive negative thinking as a transdiagnostic construct. Journal of Affective Disorders, 2013, 151, 313-320.	2.0	327
16	Relapse Prevention in Patients With Bipolar Disorder: Cognitive Therapy Outcome After 2 Years. American Journal of Psychiatry, 2005, 162, 324-329.	4.0	325
17	Ruminative self-focus and negative affect: An experience sampling study.. Journal of Abnormal Psychology, 2008, 117, 314-323.	2.0	318
18	Rumination-focused cognitive-behavioural therapy for residual depression: phase II randomised controlled trial. British Journal of Psychiatry, 2011, 199, 317-322.	1.7	307

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19	Reflecting on rumination: Consequences, causes, mechanisms and treatment of rumination. Behaviour Research and Therapy, 2020, 127, 103573.	1.6	300
20	Comparisons between rumination and worry in a non-clinical population. Behaviour Research and Therapy, 2005, 43, 1577-1585.	1.6	275
21	Adaptive and maladaptive ruminative self-focus during emotional processing. Behaviour Research and Therapy, 2004, 42, 1037-1052.	1.6	271
22	Rumination-focused cognitive behaviour therapy for residual depression: A case series. Behaviour Research and Therapy, 2007, 45, 2144-2154.	1.6	265
23	Conceptual Foundations of the Transdiagnostic Approach to CBT. Journal of Cognitive Psychotherapy, 2009, 23, 6-19.	0.2	243
24	A habit-goal framework of depressive rumination.. Journal of Abnormal Psychology, 2014, 123, 24-34.	2.0	225
25	Concreteness training reduces dysphoria: Proof-of-principle for repeated cognitive bias modification in depression.. Journal of Abnormal Psychology, 2009, 118, 55-64.	2.0	223
26	Processing mode causally influences emotional reactivity: Distinct effects of abstract versus concrete construal on emotional response.. Emotion, 2008, 8, 364-378.	1.5	219
27	Rumination and social problem-solving in depression. Behaviour Research and Therapy, 2002, 40, 1179-1189.	1.6	216
28	The effects of self-focused rumination on global negative self-judgements in depression. Behaviour Research and Therapy, 2005, 43, 1673-1681.	1.6	182
29	Prevention of anxiety disorders and depression by targeting excessive worry and rumination in adolescents and young adults: A randomized controlled trial. Behaviour Research and Therapy, 2017, 90, 123-136.	1.6	172
30	Guided self-help concreteness training as an intervention for major depression in primary care: a Phase II randomized controlled trial. Psychological Medicine, 2012, 42, 1359-1371.	2.7	165
31	Why do people ruminate in dysphoric moods?. Personality and Individual Differences, 2001, 30, 723-734.	1.6	141
32	Negative affect and ruminative self-focus during everyday goal pursuit. Cognition and Emotion, 2010, 24, 729-739.	1.2	140
33	Rumination and future thinking in depression. British Journal of Clinical Psychology, 2004, 43, 129-142.	1.7	137
34	Depressive Rumination and Co-Morbidity: Evidence for Brooding as a Transdiagnostic Process. Journal of Rational - Emotive and Cognitive - Behavior Therapy, 2009, 27, 160-175.	1.0	132
35	Appraisals and strategies associated with rumination and worry. Personality and Individual Differences, 2004, 37, 679-694.	1.6	126
36	Ruminative self-focus, negative life events, and negative affect. Behaviour Research and Therapy, 2008, 46, 1034-1039.	1.6	126

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37	Guided, internet-based, rumination-focused cognitive behavioural therapy (i-RFCBT) versus a no-intervention control to prevent depression in high-ruminating young adults, along with an adjunct assessment of the feasibility of unguided i-RFCBT, in the REducing Stress and Preventing Depression trial (RESPOND): study protocol for a phase III randomised controlled trial. <i>Trials</i> , 2016, 17, 1-11.	0.7	122
38	Cognitive Behavioral Processes Across Psychological Disorders: A Review of the Utility and Validity of the Transdiagnostic Approach. <i>International Journal of Cognitive Therapy</i> , 2008, 1, 181-191.	1.3	118
39	Processing Mode Influences the Relationship Between Trait Rumination and Emotional Vulnerability. <i>Behavior Therapy</i> , 2006, 37, 281-291.	1.3	104
40	Dysregulation in level of goal and action identification across psychological disorders. <i>Clinical Psychology Review</i> , 2011, 31, 260-278.	6.0	104
41	Neural correlates of rumination in adolescents with remitted major depressive disorder and healthy controls. <i>Cognitive, Affective and Behavioral Neuroscience</i> , 2017, 17, 394-405.	1.0	103
42	Rumination in adolescents at risk for depression. <i>Journal of Affective Disorders</i> , 2006, 96, 39-47.	2.0	94
43	Positive beliefs about rumination in depression—a replication and extension. <i>Personality and Individual Differences</i> , 2005, 39, 73-82.	1.6	91
44	Effect of Multinutrient Supplementation and Food-Related Behavioral Activation Therapy on Prevention of Major Depressive Disorder Among Overweight or Obese Adults With Subsyndromal Depressive Symptoms. <i>JAMA - Journal of the American Medical Association</i> , 2019, 321, 858.	3.8	88
45	Attenuated intrinsic connectivity within cognitive control network among individuals with remitted depression: Temporal stability and association with negative cognitive styles. <i>Human Brain Mapping</i> , 2017, 38, 2939-2954.	1.9	84
46	Targeting Ruminative Thinking in Adolescents at Risk for Depressive Relapse: Rumination-Focused Cognitive Behavior Therapy in a Pilot Randomized Controlled Trial with Resting State fMRI. <i>PLoS ONE</i> , 2016, 11, e0163952.	1.1	73
47	Reduced concreteness of rumination in depression: A pilot study. <i>Personality and Individual Differences</i> , 2007, 43, 1386-1395.	1.6	70
48	Concreteness training reduces dysphoria: A pilot proof-of-principle study. <i>Behaviour Research and Therapy</i> , 2009, 47, 48-53.	1.6	70
49	Depressive Rumination: Investigating Mechanisms to Improve Cognitive Behavioural Treatments. <i>Cognitive Behaviour Therapy</i> , 2009, 38, 8-14.	1.9	70
50	Psychological treatment of depressive rumination. <i>Current Opinion in Psychology</i> , 2015, 4, 32-36.	2.5	67
51	Development and assessment of brief versions of the Penn State Worry Questionnaire and the Ruminative Response Scale. <i>British Journal of Clinical Psychology</i> , 2014, 53, 402-421.	1.7	60
52	Group rumination-focused cognitive-behavioural therapy (CBT) <i>v.</i> group CBT for depression: phase II trial. <i>Psychological Medicine</i> , 2020, 50, 11-19.	2.7	60
53	Reducing Stress and Preventing Depression (RESPOND): Randomized Controlled Trial of Web-Based Rumination-Focused Cognitive Behavioral Therapy for High-Ruminating University Students. <i>Journal of Medical Internet Research</i> , 2019, 21, e11349.	2.1	60
54	Stuck in a sad place: Biased attentional disengagement in rumination.. <i>Emotion</i> , 2016, 16, 63-72.	1.5	58

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55	The effect of rumination on craving across the continuum of drinking behaviour. <i>Addictive Behaviors</i> , 2013, 38, 2879-2883.	1.7	54
56	Non-ruminative processing reduces overgeneral autobiographical memory retrieval in students. <i>Behaviour Research and Therapy</i> , 2008, 46, 748-756.	1.6	53
57	The association of perseverative negative thinking with depression, anxiety and emotional distress in people with long term conditions: A systematic review. <i>Journal of Psychosomatic Research</i> , 2016, 91, 89-101.	1.2	53
58	Involuntary and voluntary autobiographical memory specificity as a function of depression. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2013, 44, 7-13.	0.6	52
59	Prevention of depression through nutritional strategies in high-risk persons: rationale and design of the MoodFOOD prevention trial. <i>BMC Psychiatry</i> , 2016, 16, 192.	1.1	52
60	Rejection sensitivity prospectively predicts increased rumination. <i>Behaviour Research and Therapy</i> , 2011, 49, 597-605.	1.6	50
61	Cueing an unresolved personal goal causes persistent ruminative self-focus: An experimental evaluation of control theories of rumination. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2013, 44, 449-455.	0.6	50
62	The effectiveness and cost-effectiveness of mindfulness-based cognitive therapy compared with maintenance antidepressant treatment in the prevention of depressive relapse/recurrence: results of a randomised controlled trial (the PREVENT study). <i>Health Technology Assessment</i> , 2015, 19, 1-124.	1.3	49
63	Psychosocial correlates of depressive rumination. <i>Behaviour Research and Therapy</i> , 2010, 48, 784-791.	1.6	46
64	Implementing multifactorial psychotherapy research in online virtual environments (IMPROVE-2): study protocol for a phase III trial of the MOST randomized component selection method for internet cognitive-behavioural therapy for depression. <i>BMC Psychiatry</i> , 2016, 16, 345.	1.1	46
65	The association between depression and eating styles in four European countries: The MoodFOOD prevention study. <i>Journal of Psychosomatic Research</i> , 2018, 108, 85-92.	1.2	46
66	Maternal Parenting Behaviors and Adolescent Depression: The Mediating Role of Rumination. <i>Journal of Clinical Child and Adolescent Psychology</i> , 2013, 42, 348-357.	2.2	45
67	Submissive interpersonal style mediates the effect of brooding on future depressive symptoms. <i>Behaviour Research and Therapy</i> , 2010, 48, 966-973.	1.6	44
68	Adaptive and Maladaptive Self-Focus: A Pilot Extension Study With Individuals High and Low in Fear of Negative Evaluation. <i>Behavior Therapy</i> , 2009, 40, 181-189.	1.3	43
69	Validation de la version française d'un questionnaire évaluant les pensées ruminatives constructives et non constructives.. <i>Canadian Journal of Behavioural Science</i> , 2014, 46, 185-192.	0.5	42
70	Thought Control Strategies, Thought Suppression, and Rumination in Depression. <i>International Journal of Cognitive Therapy</i> , 2009, 2, 235-251.	1.3	40
71	Study protocol for a randomized controlled trial comparing mindfulness-based cognitive therapy with maintenance anti-depressant treatment in the prevention of depressive relapse/recurrence: the PREVENT trial. <i>Trials</i> , 2010, 11, 99.	0.7	40
72	Heightened ruminative disposition is associated with impaired attentional disengagement from negative relative to positive information: support for the "impaired disengagement" hypothesis. <i>Cognition and Emotion</i> , 2017, 31, 422-434.	1.2	40

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73	Mapping autobiographical memory in schizophrenia: Clinical implications. <i>Clinical Psychology Review</i> , 2017, 51, 96-108.	6.0	40
74	Can concreteness training buffer against the negative effects of rumination on PTSD? An experimental analogue study. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2013, 44, 396-403.	0.6	30
75	The impact of maternal characteristics, infant temperament and contextual factors on maternal responsiveness to infant. , 2015, 40, 1-11.		30
76	Socioeconomic Indicators of Treatment Prognosis for Adults With Depression. <i>JAMA Psychiatry</i> , 2022, 79, 406.	6.0	30
77	Reducing specificity of autobiographical memory in nonclinical participants: The role of rumination and schematic models. <i>Cognition and Emotion</i> , 2006, 20, 328-350.	1.2	29
78	“Don’t Believe in Leading a Life of My Own, I Lead His Life” A Qualitative Investigation of Difficulties Experienced by Informal Caregivers of Stroke Survivors Experiencing Depressive and Anxious Symptoms. <i>Clinical Gerontologist</i> , 2018, 41, 293-307.	1.2	29
79	Assessing repetitive negative thinking in daily life: Development of an ecological momentary assessment paradigm. <i>PLoS ONE</i> , 2020, 15, e0231783.	1.1	29
80	Higher adiposity and mental health: causal inference using Mendelian randomization. <i>Human Molecular Genetics</i> , 2021, 30, 2371-2382.	1.4	29
81	An Alternative Transdiagnostic Mechanistic Approach to Affective Disorders Illustrated With Research From Clinical Psychology. <i>Emotion Review</i> , 2015, 7, 250-255.	2.1	28
82	Age and Gender Differences in Emotion Regulation Strategies: Autobiographical Memory, Rumination, Problem Solving and Distraction. <i>Spanish Journal of Psychology</i> , 2016, 19, E43.	1.1	28
83	The contribution of depressive “disorder characteristics” to determinations of prognosis for adults with depression: an individual patient data meta-analysis. <i>Psychological Medicine</i> , 2021, 51, 1068-1081.	2.7	28
84	The psychosocial context of depressive rumination: Ruminative brooding predicts diminished relationship satisfaction in individuals with a history of past major depression. <i>British Journal of Clinical Psychology</i> , 2010, 49, 275-280.	1.7	27
85	Contextual questions prevent mood primes from maintaining experimentally induced dysphoria. <i>Cognition and Emotion</i> , 2003, 17, 455-475.	1.2	26
86	Construal level, rumination, and psychological distress in palliative care. <i>Psycho-Oncology</i> , 2012, 21, 680-683.	1.0	25
87	Healthy Campus Trial: a multiphase optimization strategy (MOST) fully factorial trial to optimize the smartphone cognitive behavioral therapy (CBT) app for mental health promotion among university students: study protocol for a randomized controlled trial. <i>Trials</i> , 2018, 19, 353.	0.7	25
88	Cost and Outcome of Behavioural Activation (COBRA): a randomised controlled trial of behavioural activation versus cognitive “behavioural therapy for depression. <i>Health Technology Assessment</i> , 2017, 21, 1-366.	1.3	24
89	The ups and downs of cognitive bias: Dissociating the attentional characteristics of positive and negative affectivity. <i>Journal of Cognitive Psychology</i> , 2012, 24, 33-53.	0.4	23
90	Rumination in dysphoric mothers negatively affects mother “infant interactions. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2017, 58, 38-45.	3.1	23

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91	Revealing negative thinking in recovered major depression: A preliminary investigation. <i>Behaviour Research and Therapy</i> , 2007, 45, 3069-3076.	1.6	22
92	Psychological Distress and Rumination in Palliative Care Patients and their Caregivers. <i>Journal of Palliative Medicine</i> , 2010, 13, 1345-1348.	0.6	22
93	Promotion of mental health in young adults via mobile phone app: study protocol of the ECoWeB (emotional competence for well-being in Young adults) cohort multiple randomised trials. <i>BMC Psychiatry</i> , 2020, 20, 458.	1.1	22
94	Factorial Designs Help to Understand How Psychological Therapy Works. <i>Frontiers in Psychiatry</i> , 2020, 11, 429.	1.3	22
95	Investigating Functional Properties of Depressive Rumination: Insight and Avoidance. <i>Journal of Experimental Psychopathology</i> , 2014, 5, 244-258.	0.4	20
96	Preventing PTSD, depression and associated health problems in student paramedics: protocol for PREVENT-PTSD, a randomised controlled trial of supported online cognitive training for resilience versus alternative online training and standard practice. <i>BMJ Open</i> , 2018, 8, bmjopen-2018-022292.	0.8	20
97	Level of construal, mind wandering, and repetitive thought: Reply to McVay and Kane (2010).. <i>Psychological Bulletin</i> , 2010, 136, 198-201.	5.5	18
98	Rumination-focused cognitive behaviour therapy vs. cognitive behaviour therapy for depression: study protocol for a randomised controlled superiority trial. <i>Trials</i> , 2015, 16, 344.	0.7	18
99	A brief guided self-help intervention for psychological distress in palliative care patients: A randomised controlled trial. <i>Palliative Medicine</i> , 2012, 26, 197-205.	1.3	17
100	An overview of statistical methods for handling nonadherence to an intervention protocol in randomized control trials: a methodological review. <i>Journal of Clinical Epidemiology</i> , 2019, 108, 121-131.	2.4	17
101	Is social support pre-treatment associated with prognosis for adults with depression in primary care?. <i>Acta Psychiatrica Scandinavica</i> , 2021, 143, 392-405.	2.2	17
102	Cost and outcome of behavioural activation versus cognitive behavioural therapy for depression (COBRA): a qualitative process evaluation. <i>BMJ Open</i> , 2017, 7, e014161.	0.8	16
103	Components of smartphone cognitive-behavioural therapy for subthreshold depression among 1093 university students: a factorial trial. <i>Evidence-Based Mental Health</i> , 2022, 25, e18-e25.	2.2	16
104	Effect of food-related behavioral activation therapy on food intake and the environmental impact of the diet: results from the MoodFOOD prevention trial. <i>European Journal of Nutrition</i> , 2020, 59, 2579-2591.	1.8	15
105	Does Rumination Cause "Inhibitory" Deficits?. <i>Psychopathology Review</i> , 2017, a4, 341-376.	0.9	13
106	Mechanisms of rumination change in adolescent depression (RuMeChange): study protocol for a randomised controlled trial of rumination-focused cognitive behavioural therapy to reduce ruminative habit and risk of depressive relapse in high-ruminating adolescents. <i>BMC Psychiatry</i> , 2021, 21, 206.	1.1	13
107	Update to the study protocol for a randomized controlled trial comparing mindfulness-based cognitive therapy with maintenance anti-depressant treatment depressive relapse/recurrence: the PREVENT trial. <i>Trials</i> , 2014, 15, 217.	0.7	12
108	Mechanisms of Repetitive Thinking. <i>Clinical Psychological Science</i> , 2015, 3, 568-573.	2.4	12

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109	Depressive rumination reduces specificity of autobiographical memory recall in acquired brain injury. <i>Journal of the International Neuropsychological Society</i> , 2008, 14, 63-70.	1.2	11
110	Depressive Symptom Clusters in Relation to Body Weight Status: Results From Two Large European Multicenter Studies. <i>Frontiers in Psychiatry</i> , 2019, 10, 858.	1.3	11
111	Associations of Non-Alcoholic Beverages with Major Depressive Disorder History and Depressive Symptoms Clusters in a Sample of Overweight Adults. <i>Nutrients</i> , 2020, 12, 3202.	1.7	11
112	What factors indicate prognosis for adults with depression in primary care? A protocol for meta-analyses of individual patient data using the Dep-GP database. <i>Wellcome Open Research</i> , 2019, 4, 69.	0.9	11
113	What factors indicate prognosis for adults with depression in primary care? A protocol for meta-analyses of individual patient data using the Dep-GP database. <i>Wellcome Open Research</i> , 2019, 4, 69.	0.9	11
114	Supported cognitive-behavioural self-help versus treatment-as-usual for depressed informal carers of stroke survivors (CEDArS): study protocol for a feasibility randomized controlled trial. <i>Trials</i> , 2014, 15, 157.	0.7	10
115	Malleability of rumination: An exploratory model of CBT-based plasticity and long-term reduced risk for depressive relapse among youth from a pilot randomized clinical trial. <i>PLoS ONE</i> , 2020, 15, e0233539.	1.1	10
116	Effects of food-related behavioral activation therapy on eating styles, diet quality and body weight change: Results from the MoodFOOD Randomized Clinical Trial. <i>Journal of Psychosomatic Research</i> , 2020, 137, 110206.	1.2	10
117	The acute effects of alcohol on state rumination in the laboratory. <i>Psychopharmacology</i> , 2021, 238, 1671-1686.	1.5	10
118	The Relation Between Worry and Mental Health in Nonclinical Population and Individuals with Anxiety and Depressive Disorders: A Meta-Analysis. <i>Cognitive Therapy and Research</i> , 2022, 46, 480-501.	1.2	10
119	A Patient Stratification Approach to Identifying the Likelihood of Continued Chronic Depression and Relapse Following Treatment for Depression. <i>Journal of Personalized Medicine</i> , 2021, 11, 1295.	1.1	10
120	When the ends outweigh the means: Mood and level of identification in depression. <i>Cognition and Emotion</i> , 2011, 25, 1214-1227.	1.2	9
121	Working memory updating training reduces state repetitive negative thinking: Proof-of-concept for a novel cognitive control training. <i>Behaviour Research and Therapy</i> , 2021, 142, 103871.	1.6	9
122	An Integrated Examination of Risk Factors for Repetitive Negative Thought. <i>Journal of Experimental Psychopathology</i> , 2013, 4, 161-181.	0.4	8
123	For Ruminators, the Emotional Future Is Bound to the Emotional Past. <i>Clinical Psychological Science</i> , 2015, 3, 648-658.	2.4	8
124	Role of autobiographical memory in patient response to cognitive behavioural therapies for depression: protocol of an individual patient data meta-analysis. <i>BMJ Open</i> , 2019, 9, e031110.	0.8	7
125	Supplementation-induced increase in circulating omega-3 serum levels is not associated with a reduction in depressive symptoms: Results from the MoodFOOD depression prevention trial. <i>Depression and Anxiety</i> , 2020, 37, 1079-1088.	2.0	7
126	Rumination-Focused Cognitive Behavioral Therapy Decreases Anxiety and Increases Behavioral Activation Among Remitted Adolescents. <i>Journal of Child and Family Studies</i> , 2020, 29, 1982-1991.	0.7	7

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127	Life events and treatment prognosis for depression: A systematic review and individual patient data meta-analysis. <i>Journal of Affective Disorders</i> , 2022, 299, 298-308.	2.0	7
128	Psychological interventions for the treatment of depression, anxiety, alcohol misuse or anger in armed forces veterans and their families: systematic review and meta-analysis protocol. <i>Systematic Reviews</i> , 2017, 6, 112.	2.5	6
129	Group Intervention "Drop it!"™ Decreases Repetitive Negative Thinking in Major Depressive Disorder and/or Generalized Anxiety Disorder: A Randomised Controlled Study. <i>Cognitive Therapy and Research</i> , 2022, 46, 182-196.	1.2	6
130	The association between perseverative negative cognitive processes and negative affect in people with long term conditions: a protocol for systematic review and meta-analysis. <i>Systematic Reviews</i> , 2014, 3, 5.	2.5	5
131	Overgeneral autobiographical memories and their relationship to rumination. , 0, , 199-220.		5
132	Perseverative negative thinking predicts depression in people with acute coronary syndrome. <i>General Hospital Psychiatry</i> , 2019, 61, 16-25.	1.2	5
133	A Rumination-Focused Cognitive-Behavioral Therapy Self-Help Program to Reduce Depressive Rumination in High-Ruminating Japanese Female University Students: A Case Series Study. <i>Cognitive and Behavioral Practice</i> , 2022, 29, 468-484.	0.9	5
134	Effects of dietary interventions on depressive symptom profiles: results from the MoodFOOD depression prevention study. <i>Psychological Medicine</i> , 2021, , 1-10.	2.7	5
135	Reducing worry and rumination in young adults via a mobile phone app: study protocol of the ECoWeB (Emotional Competence for Well-Being in Young Adults) randomised controlled trial focused on repetitive negative thinking. <i>BMC Psychiatry</i> , 2021, 21, 519.	1.1	5
136	The Development and Internal Evaluation of a Predictive Model to Identify for Whom Mindfulness-Based Cognitive Therapy Offers Superior Relapse Prevention for Recurrent Depression Versus Maintenance Antidepressant Medication. <i>Clinical Psychological Science</i> , 2023, 11, 59-76.	2.4	5
137	Do Females with Bulimia Nervosa and Eating Disorder Not Otherwise Specified Have Selective Memory Biases?. <i>Behavioural and Cognitive Psychotherapy</i> , 2015, 43, 602-613.	0.9	4
138	Rumination-focused cognitive behaviour therapy for non-responsive chronic depression: an uncontrolled group study. <i>Behavioural and Cognitive Psychotherapy</i> , 2020, 48, 376-381.	0.9	4
139	Acceptability and feasibility of two interventions in the MoodFOOD Trial: a food-related depression prevention randomised controlled trial in overweight adults with subsyndromal symptoms of depression. <i>BMJ Open</i> , 2020, 10, e034025.	0.8	4
140	Habitual Behavior as a Mediator Between Food-Related Behavioral Activation and Change in Symptoms of Depression in the MoodFOOD Trial. <i>Clinical Psychological Science</i> , 2021, 9, 649-665.	2.4	4
141	Self-Injury in Adolescence Is Associated with Greater Behavioral Risk Avoidance, Not Risk-Taking. <i>Journal of Clinical Medicine</i> , 2022, 11, 1288.	1.0	4
142	Why "why" seems better than "how": Processes underlining repetitive thinking in an Italian non-clinical sample. <i>Personality and Individual Differences</i> , 2014, 64, 18-23.	1.6	3
143	Habits in Depression: Understanding and Intervention. , 2018, , 267-284.		3
144	Is a High Association Between Repetitive Negative Thinking and Negative Affect Predictive of Depressive Symptoms? A Clustering Approach for Experience-Sampling Data. <i>Clinical Psychological Science</i> , 2022, 10, 74-89.	2.4	3

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145	Autobiographical memory style and clinical outcomes following mindfulness-based cognitive therapy (MBCT): An individual patient data meta-analysis. Behaviour Research and Therapy, 2022, 151, 104048.	1.6	3
146	Depression in Context: Strategies for Guided Action Christopher R. Martell, Michael E. Addis and N. S. Jacobson New York: Norton, 2001. pp.223. 25.00 (hardback). ISBN: 0-393-70350-9. Behavioural and Cognitive Psychotherapy, 2003, 31, 221-232.	0.9	2
147	Combining cognitive therapy with medication in bipolar disorder. Advances in Psychiatric Treatment, 2003, 9, 110-116.	0.6	2
148	<i>A Clinician's Guide to Legal Issues in Psychotherapy or Proceed with Caution</i> William H. Reid Phoenix, Arizona: Zeig, Tucker & Co., 1999. pp.195. ISBN: 1-891944-08-8.. Behavioural and Cognitive Psychotherapy, 2002, 30, 117-122.	0.9	1
149	Effects of contextual questions on experimentally induced dysphoria. Cognition and Emotion, 2008, 22, 753-760.	1.2	1
150	What factors indicate prognosis for adults with depression in primary care? A protocol for meta-analyses of individual patient data using the Dep-GP database. Wellcome Open Research, 0, 4, 69.	0.9	1
151	A Psychoeducational CBT-based Group Intervention (‘‘Drop It’’) for Repetitive Negative Thinking: Theoretical Concepts and Treatment Processes. International Journal of Group Psychotherapy, 2022, 72, 257-292.	0.4	1
152	Scientific Foundations of Cognitive Theory and Therapy of Depression. David A. Clark and Aaron T. Beck with Brad A. Alford. New York: Wiley Press, 1999. pp. 494. \$57.50 (hardback).. Behavioural and Cognitive Psychotherapy, 2000, 28, 193-195.	0.9	0
153	Treating Complex Cases: The Cognitive Behavioural Approach Nicholas Tarrier, Adrian Wells & Gillian Haddock Chichester, UK: Wiley, 1999. pp. 439. £19.96 (paperback). ISBN: 0-471-97839-6.. Behavioural and Cognitive Psychotherapy, 2001, 29, 385-397.	0.9	0
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