## Beat Knechtle

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Effects of brief periods of combined plyometric exercise and high intensity running training on the fitness performance of male U17 handball players. International Journal of Sports Science and Coaching, 2023, 18, 801-811.	1.4	2
2	The Relationship Between Training Volume and BMI in the Expression of Running Performance in Runners: A Mediation Model. Journal of Science in Sport and Exercise, 2023, 5, 142-148.	1.0	2
3	Potential Long-Term Health Problems Associated with Ultra-Endurance Running: A Narrative Review. Sports Medicine, 2022, 52, 725-740.	6.5	33
4	Return to classes impact on mental health of university students during the COVID-19 pandemic. Acta Neuropsychiatrica, 2022, 34, 24-29.	2.1	4
5	Training, psychometric status, biological markers and neuromuscular fatigue in soccer. Biology of Sport, 2022, 39, 319-327.	3.2	10
6	Adolescent female handball players present greater bone mass content than soccer players: A cross-sectional study. Bone, 2022, 154, 116217.	2.9	4
7	Age-related performance determinants of young swimmers in 100- and 400-m events. Journal of Sports Medicine and Physical Fitness, 2022, 62, .	0.7	5
8	Resistance training reduces pain indices and improves quality of life and body strength in women with migraine disorders. Sport Sciences for Health, 2022, 18, 433-443.	1.3	5
9	Interval Training with Different Intensities in Overweight/Obese Adolescent Females. International Journal of Sports Medicine, 2022, 43, 434-443.	1.7	7
10	The beginning of success: Performance trends and cut-off values for junior and the U23 triathlon categories. Journal of Exercise Science and Fitness, 2022, 20, 16-22.	2.2	2
11	Authors' Response to: Comment on: "Potential Long-Term Health Problems Associated with Ultra-Endurance Running: A Narrative Review― Sports Medicine, 2022, 52, 957-958.	6.5	0
12	What should a family physician know about nutrition and physical exercise rehabilitation' advices to communicate to †long-term COVID-19' patients?. Postgraduate Medicine, 2022, 134, 143-147.	2.0	16
13	The Sex Difference in 6-h Ultra-Marathon Running—The Worldwide Trends from 1982 to 2020. Medicina (Lithuania), 2022, 58, 179.	2.0	0
14	Changes of 25(OH)D Concentration, Bone Resorption Markers and Physical Performance as an Effect of Sun Exposure, Supplementation of Vitamin D and Lockdown among Young Soccer Players during a One-Year Training Season. Nutrients, 2022, 14, 521.	4.1	12
15	Distribution of body fat is associated with physical performance of male amateur triathlon athletes. Journal of Sports Medicine and Physical Fitness, 2022, 62, .	0.7	3
16	Is It Possible to Age Healthy Performing Ultra-endurance Exercises?. International Journal of Sport Studies for Health, 2022, 4, .	1.2	10
17	Physical (in)activity, and its predictors, among Brazilian adolescents: a multilevel analysis. BMC Public Health, 2022, 22, 219.	2.9	2
18	Who Is Running in the D-A-CH Countries? An Epidemiological Approach of 2455 Omnivorous, Vegetarian, and Vegan Recreational Runners—Results from the NURMI Study (Step 1). Nutrients, 2022, 14, 677.	4.1	13

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19	Is there stability in the performance of elite half-marathoners?. Sports Medicine and Health Science, 2022, , .	2.0	0
20	Technology and Sleep Quality: Friend or Foe? Let the Exergames Come into Play!. International Journal of Sports Medicine, 2022, , .	1.7	1
21	Trends in Participation, Sex Differences and Age of Peak Performance in Time-Limited Ultramarathon Events: A Secular Analysis. Medicina (Lithuania), 2022, 58, 366.	2.0	10
22	YouTube as a Source of Information About Physical Exercise During COVID-19 Outbreak. International Journal of Sport Studies for Health, 2022, 4, .	1.2	13
23	Editorial: Psychophysiology of Stress. Frontiers in Psychology, 2022, 13, 896773.	2.1	1
24	EXERCISE SCIENCE IN HIGH SCHOOL BIOLOGY TEXTBOOKS. Revista Brasileira De Medicina Do Esporte, 2022, 28, 352-357.	0.2	0
25	Effects of complex strength training with elastic band program on repeated change of direction in young female handball players: Randomized control trial. International Journal of Sports Science and Coaching, 2022, 17, 1396-1407.	1.4	4
26	Effects of Resistance Training on Oxidative Stress Markers and Muscle Damage in Spinal Cord Injured Rats. Biology, 2022, 11, 32.	2.8	3
27	Effects of contrast strength training with elastic band program on sprint, jump, strength, balance and repeated change of direction in young female handball players. International Journal of Sports Science and Coaching, 2022, 17, 1147-1157.	1.4	3
28	Age and Training-Related Changes on Body Composition and Fitness in Male Amateur Cyclists. International Journal of Environmental Research and Public Health, 2022, 19, 93.	2.6	3
29	Comparison of sleep characteristics during the first and second period of restrictive measures due to COVID-19 pandemic in Greece European Review for Medical and Pharmacological Sciences, 2022, 26, 1382-1387.	0.7	3
30	Effect of two incremental intensity field tests on wellness indices, recovery state, and physical enjoyment in soccer players European Review for Medical and Pharmacological Sciences, 2022, 26, 2279-2287.	0.7	0
31	Effects of Aquatic Training in Children with Autism Spectrum Disorder. Biology, 2022, 11, 657.	2.8	15
32	The Performance, Physiology and Morphology of Female and Male Olympic-Distance Triathletes. Healthcare (Switzerland), 2022, 10, 797.	2.0	5
33	Association of Ramadan Participation with Psychological Parameters: A Cross-Sectional Study during the COVID-19 Pandemic in Iran. Journal of Clinical Medicine, 2022, 11, 2346.	2.4	7
34	Sex Difference in Female and Male Ice Swimmers for Different Strokes and Water Categories Over Short and Middle Distances: A Descriptive Study. Sports Medicine - Open, 2022, 8, 63.	3.1	1
35	The Effects of Sex, Age and Performance Level on Pacing in Ultra-Marathon Runners in the â€~Spartathlon'. Sports Medicine - Open, 2022, 8, 69.	3.1	6
36	Impact of Gender, Change of Base of Support, and Visual Deprivation on Postural Balance Control in Young, Healthy Subjects. International Journal of Sport Studies for Health, 2022, 4, .	1.2	1

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37	Impact of the COVID-19 pandemic on competitive swimming performance European Review for Medical and Pharmacological Sciences, 2022, 26, 3030-3037.	0.7	1
38	Effects of High-Intensity Interval Training on Selected Adipokines and Cardiometabolic Risk Markers in Normal-Weight and Overweight/Obese Young Males—A Pre-Post Test Trial. Biology, 2022, 11, 853.	2.8	8
39	Effects of Walking Football During Ramadan Fasting on Heart Rate Variability and Physical Fitness in Healthy Middle-Aged Males. American Journal of Men's Health, 2022, 16, 155798832211034.	1.6	3
40	Female Endurance Runners Have a Healthier Diet than Males—Results from the NURMI Study (Step 2). Nutrients, 2022, 14, 2590.	4.1	13
41	Health status of recreational runners over 10-km up to ultra-marathon distance based on data of the NURMI Study Step 2. Scientific Reports, 2022, 12, .	3.3	12
42	"Peculiar―Snoring in a 40-Year-Old Patient: A Case Report and Review of Literature. Healthcare (Switzerland), 2022, 10, 1051.	2.0	0
43	Motivation for Brazilian Older Adult Women to Join a Community Physical Activity Program Before COVID-19 Pandemic. International Journal of Sport Studies for Health, 2022, 5, .	1.2	6
44	Evaluation of Ibuprofen Use on the Immune System Indicators and Force in Disabled Paralympic Powerlifters of Different Sport Levels. Healthcare (Switzerland), 2022, 10, 1331.	2.0	3
45	Effects of Surface-Type Plyometric Training on Physical Fitness in Schoolchildren of Both Sexes: A Randomized Controlled Intervention. Biology, 2022, 11, 1035.	2.8	3
46	Sports and Health, Second Edition. International Journal of Environmental Research and Public Health, 2022, 19, 8435.	2.6	1
47	Age-related differences in torque in angle-specific and peak torque hamstring to quadriceps ratios in female soccer players from 11 to 18 years old: Î Cross-sectional study. Research in Sports Medicine, 2021, 29, 77-89.	1.3	8
48	Number of finishers and performance of age group women and men in long-distance running: comparison among 10km, half-marathon and marathon races in Oslo. Research in Sports Medicine, 2021, 29, 56-66.	1.3	24
49	Physiological Responses to Swimming Repetitive "lce Miles― Journal of Strength and Conditioning Research, 2021, 35, 487-494.	2.1	9
50	Participation and Performance Trends in the ITU Duathlon World Championship From 2003 to 2017. Journal of Strength and Conditioning Research, 2021, 35, 1127-1133.	2.1	4
51	Profile of blood pressure and glycemic responses after interval exercise in older women attending (in) a public health physical activity program. Journal of Bodywork and Movement Therapies, 2021, 25, 119-125.	1.2	4
52	The effects of two different intensities of aerobic training protocols on pain and serum neuro-biomarkers in women migraineurs: a randomized controlled trail. European Journal of Applied Physiology, 2021, 121, 609-620.	2.5	11
53	An Analysis of Participation and Performance of 2067 100-km Ultra-Marathons Worldwide. International Journal of Environmental Research and Public Health, 2021, 18, 362.	2.6	23
54	Accelerometry-Workload Indices Concerning Different Levels of Participation during Congested Fixture Periods in Professional Soccer: A Pilot Study Conducted over a Full Season. International Journal of Environmental Research and Public Health, 2021, 18, 1137.	2.6	19

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55	The Impact of the COVID-19 Pandemic on Endurance and Ultra-Endurance Running. Medicina (Lithuania), 2021, 57, 52.	2.0	24
56	How N-Acetylcysteine Supplementation Affects Redox Regulation, Especially at Mitohormesis and Sarcohormesis Level: Current Perspective. Antioxidants, 2021, 10, 153.	5.1	9
57	Predictors of Athlete's Performance in Ultra-Endurance Mountain Races. International Journal of Environmental Research and Public Health, 2021, 18, 956.	2.6	12
58	Efficacy of hydrotherapy treatment for the management of chronic low back pain. Irish Journal of Medical Science, 2021, 190, 1413-1421.	1.5	7
59	Do Sex Differences in Physiology Confer a Female Advantage in Ultra-Endurance Sport?. Sports Medicine, 2021, 51, 895-915.	6.5	49
60	Physical Activity Levels and Mental Health during the COVID-19 Pandemic: Preliminary Results of a Comparative Study between Convenience Samples from Brazil and Switzerland. Medicina (Lithuania), 2021, 57, 48.	2.0	21
61	Current Predictive Resting Metabolic Rate Equations Are Not Sufficient to Determine Proper Resting Energy Expenditure in Olympic Young Adult National Team Athletes. Frontiers in Physiology, 2021, 12, 625370.	2.8	11
62	Training and Racing Behavior of Recreational Runners by Race Distance—Results From the NURMI Study (Step 1). Frontiers in Physiology, 2021, 12, 620404.	2.8	14
63	The Complex Interaction Between the Major Sleep Symptoms, the Severity of Obstructive Sleep Apnea, and Sleep Quality. Frontiers in Psychiatry, 2021, 12, 630162.	2.6	12
64	Efficacy of Popular Diets Applied by Endurance Athletes on Sports Performance: Beneficial or Detrimental? A Narrative Review. Nutrients, 2021, 13, 491.	4.1	32
65	A Meta-Analytical Comparison of the Effects of Small-Sided Games vs. Running-Based High-Intensity Interval Training on Soccer Players' Repeated-Sprint Ability. International Journal of Environmental Research and Public Health, 2021, 18, 2781.	2.6	7
66	Recommendations on Youth Participation in Ultra-Endurance Running Events: A Consensus Statement. Sports Medicine, 2021, 51, 1123-1135.	6.5	11
67	To Be a Champion of the 24-h Ultramarathon Race. If Not the Heart Mosaic Theory?. International Journal of Environmental Research and Public Health, 2021, 18, 2371.	2.6	6
68	COVID-19: It's still time for health professionals, physical activity enthusiasts and sportive leagues not to let guard down. Sports Medicine and Health Science, 2021, 3, 49-53.	2.0	2
69	The Effect of Psychology Objective Structured Clinical Examination Scenarios Presentation Order on Students Autonomic Stress Response. Frontiers in Psychology, 2021, 12, 622102.	2.1	12
70	Exploring Relationships Between Anthropometry, Body Composition, Maturation, and Selection for Competition: A Study in Youth Soccer Players. Frontiers in Physiology, 2021, 12, 651735.	2.8	8
71	Isokinetic Muscle Strength and Postural Sway of Recreationally Active Older Adults vs. Master Road Runners. Frontiers in Physiology, 2021, 12, 623150.	2.8	5
72	Seasonal Changes in 25(OH)D Concentration in Young Soccer Players—Implication for Bone Resorption Markers and Physical Performance. International Journal of Environmental Research and Public Health, 2021, 18, 2932.	2.6	2

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73	Vitamin D and Stress Fractures in Sport: Preventive and Therapeutic Measures—A Narrative Review. Medicina (Lithuania), 2021, 57, 223.	2.0	23
74	Pacing in Time-Limited Ultramarathons from 6 to 24 Hours—The Aspects of Age, Sex and Performance Level. Sustainability, 2021, 13, 2705.	3.2	6
75	Reduced level of physical activity during COVID-19 pandemic is associated with depression and anxiety levels: an internet-based survey. BMC Public Health, 2021, 21, 425.	2.9	145
76	Pacing in Long-Distance Running: Sex and Age Differences in 10-km Race and Marathon. Medicina (Lithuania), 2021, 57, 389.	2.0	7
77	Discriminant Analysis of Anthropometric and Training Variables among Runners of Different Competitive Levels. International Journal of Environmental Research and Public Health, 2021, 18, 4248.	2.6	4
78	Training, Anthropometric, and Physiological Characteristics in Men Recreational Marathon Runners: The Role of Sport Experience. Frontiers in Physiology, 2021, 12, 666201.	2.8	7
79	Effects of Recreational Small-Sided Soccer Games on Bone Mineral Density in Untrained Adults: A Systematic Review and Meta-Analysis. Healthcare (Switzerland), 2021, 9, 457.	2.0	7
80	Impact of training volume and experience on amateur Ironman triathlon performance. Physiology and Behavior, 2021, 232, 113344.	2.1	12
81	No Trends in the Age of Peak Performance among the Best Half-Marathoners and Marathoners in the World between 1997–2020. Medicina (Lithuania), 2021, 57, 409.	2.0	6
82	Running Performance Variability among Runners from Different Brazilian States: A Multilevel Approach. International Journal of Environmental Research and Public Health, 2021, 18, 3781.	2.6	10
83	Intra- and Inter-Rater Reliability of a Well-Used and a Less-Used IsoMed 2000 Dynamometer for Knee Flexion and Extension Peak Torque Measurements in a Concentric Test in Athletes. Applied Sciences (Switzerland), 2021, 11, 4951.	2.5	2
84	Trends in Weather Conditions and Performance by Age Groups Over the History of the Berlin Marathon. Frontiers in Physiology, 2021, 12, 654544.	2.8	7
85	Physical exercise and COVID-19 pandemic in PubMed: Two months of dynamics and one year of original scientific production. Sports Medicine and Health Science, 2021, 3, 80-92.	2.0	21
86	Evaluation of Strength and Muscle Activation Indicators in Sticking Point Region of National-Level Paralympic Powerlifting Athletes. Journal of Functional Morphology and Kinesiology, 2021, 6, 43.	2.4	11
87	What Is the Best Discipline to Predict Overall Triathlon Performance? An Analysis of Sprint, Olympic, Ironman® 70.3, and Ironman® 140.6. Frontiers in Physiology, 2021, 12, 654552.	2.8	25
88	Knowledge of healthcare professionals about poliomyelitis and postpoliomyelitis: a cross-sectional study. Sao Paulo Medical Journal, 2021, 139, 464-475.	0.9	1
89	Effects of Small-Sided Game Interventions on the Technical Execution and Tactical Behaviors of Young and Youth Team Sports Players: A Systematic Review and Meta-Analysis. Frontiers in Psychology, 2021, 12, 667041.	2.1	18
90	The Optimal Ambient Conditions for World Record and World Class Performances at the Berlin Marathon. Frontiers in Physiology, 2021, 12, 654860.	2.8	8

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91	Editorial: The Elderly Athlete. Frontiers in Physiology, 2021, 12, 686858.	2.8	0
92	From Athens to Sparta—37 Years of Spartathlon. International Journal of Environmental Research and Public Health, 2021, 18, 4914.	2.6	5
93	The Role of Environmental Conditions on Master Marathon Running Performance in 1,280,557 Finishers the †New York City Marathon' From 1970 to 2019. Frontiers in Physiology, 2021, 12, 665761.	2.8	6
94	Biological Age in Relation to Somatic, Physiological, and Swimming Kinematic Indices as Predictors of 100 m Front Crawl Performance in Young Female Swimmers. International Journal of Environmental Research and Public Health, 2021, 18, 6062.	2.6	9
95	Running around the Country: An Analysis of the Running Phenomenon among Brazilian Runners. International Journal of Environmental Research and Public Health, 2021, 18, 6610.	2.6	3
96	Predicting Breaststroke and Butterfly Stroke Results in Swimming Based on Olympics History. International Journal of Environmental Research and Public Health, 2021, 18, 6621.	2.6	3
97	Running Pace Percentile Values for Brazilian Non-Professional Road Runners. Healthcare (Switzerland), 2021, 9, 829.	2.0	1
98	Setting Objective Clinical Assessment Tools for Circadian Rhythm Sleep-Wake Disorders – A Community-Based Cross-Sectional Epidemiological Study. Nature and Science of Sleep, 2021, Volume 13, 791-802.	2.7	3
99	Influence of Anthropometric Characteristics on Ice Swimming Performance—The IISA Ice Mile and Ice Km. International Journal of Environmental Research and Public Health, 2021, 18, 6766.	2.6	1
100	Isokinetic Muscular Strength and Aerobic Physical Fitness in Recreational Long-Distance Runners. Journal of Strength and Conditioning Research, 2021, Publish Ahead of Print, .	2.1	5
101	Increased Participation and Decreased Performance in Recreational Master Athletes in "Berlin Marathon―1974–2019. Frontiers in Physiology, 2021, 12, 631237.	2.8	23
102	Where Are the Best European Road Runners and What Are the Country Variables Related to It?. Sustainability, 2021, 13, 7781.	3.2	2
103	HR Max Prediction Based on Age, Body Composition, Fitness Level, Testing Modality and Sex in Physically Active Population. Frontiers in Physiology, 2021, 12, 695950.	2.8	17
104	Development and Validation of Prediction Equation of "Athens Authentic Marathon―Men's Race Speed. Frontiers in Physiology, 2021, 12, 682359.	2.8	2
105	Ramadan Observance Is Associated with Impaired Kung-Fu-Specific Decision-Making Skills. International Journal of Environmental Research and Public Health, 2021, 18, 7340.	2.6	6
106	Italians Are the Fastest 3000 m Open-Water Master Swimmers in the World. International Journal of Environmental Research and Public Health, 2021, 18, 7606.	2.6	3
107	Which Body Density Equations Calculate Body Fat Percentage Better in Olympic Wrestlers?—Comparison Study with Air Displacement Plethysmography. Life, 2021, 11, 707.	2.4	5
108	Elite Marathoners Run Faster With Increasing Temperatures in Berlin Marathon. Frontiers in Physiology, 2021, 12, 649898.	2.8	8

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109	Supplement Intake in Recreational Vegan, Vegetarian, and Omnivorous Endurance Runners—Results from the NURMI Study (Step 2). Nutrients, 2021, 13, 2741.	4.1	16
110	Sex Differences in Supplement Intake in Recreational Endurance Runners—Results from the NURMI Study (Step 2). Nutrients, 2021, 13, 2776.	4.1	15
111	Ghrelin Response to Acute and Chronic Exercise: Insights and Implications from a Systematic Review of the Literature. Sports Medicine, 2021, 51, 2389-2410.	6.5	21
112	Changes in Sex Difference in Time-Limited Ultra-Cycling Races from 6 Hours to 24 Hours. Medicina (Lithuania), 2021, 57, 923.	2.0	6
113	Knowledge and Prevalence of Supplements Used by Brazilian Resistance Training Practitioners Before Coronavirus Outbreak. Open Access Journal of Sports Medicine, 2021, Volume 12, 139-146.	1.3	1
114	A Sociodemographic Profile of Mask Use During the COVID-19 Outbreak Among Young and Elderly Individuals in Brazil: Online Survey Study. JMIR Aging, 2021, 4, e28989.	3.0	0
115	The Effects of Exercise Difficulty and Time-of-Day on the Perception of the Task and Soccer Performance in Child Soccer Players. Children, 2021, 8, 793.	1.5	2
116	Vegan vs. omnivore diets paradox: A whole-metagenomic approach for defining metabolic networks during the race in ultra-marathoners- a before and after study design. PLoS ONE, 2021, 16, e0255952.	2.5	1
117	Supplement intake in half-marathon, (ultra-)marathon and 10-km runners – results from the NURMI study (Step 2). Journal of the International Society of Sports Nutrition, 2021, 18, 64.	3.9	8
118	Assessment Methods of Body Fat in Recreational Marathon Runners: Bioelectrical Impedance Analysis versus Skinfold Thickness. BioMed Research International, 2021, 2021, 1-6.	1.9	1
119	Healthy brain–muscle interface in epilepsy and COVID-19: Increased muscle effort is the alternative. Epilepsy and Behavior, 2021, 123, 108267.	1.7	1
120	Is It Time for Sports and Health in the Era of Covid-19 Pandemic?. International Journal of Environmental Research and Public Health, 2021, 18, 372.	2.6	4
121	Participation and Performance in the Oldest Ultramarathon–Comrades Marathon 1921–2019. International Journal of Sports Medicine, 2021, 42, 638-644.	1.7	10
122	Editorial: The Complex Interaction Between Biological, Metabolic and Neurologic Dysregulation in Obstructive Sleep Apnea. Frontiers in Psychiatry, 2021, 12, 770930.	2.6	1
123	Analysis of Grip Amplitude on Velocity in Paralympic Powerlifting. Journal of Functional Morphology and Kinesiology, 2021, 6, 86.	2.4	6
124	Training and Racing Behaviors of Omnivorous, Vegetarian, and Vegan Endurance Runners—Results from the NURMI Study (Step 1). Nutrients, 2021, 13, 3521.	4.1	14
125	Evaluation of Training with Elastic Bands on Strength and Fatigue Indicators in Paralympic Powerlifting. Sports, 2021, 9, 142.	1.7	5
126	The Effect of Muscle Strength on Marathon Race-Induced Muscle Soreness. International Journal of Environmental Research and Public Health, 2021, 18, 11258.	2.6	0

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127	Origin of the Fastest 5 km, 10 km and 25 km Open-Water Swimmers—An Analysis from 20 Years and 9819 Swimmers. International Journal of Environmental Research and Public Health, 2021, 18, 11369.	2.6	0
128	Factors Associated with Reduction in Physical Activity during the COVID-19 Pandemic in São Paulo, Brazil: An Internet-Based Survey Conducted in June 2020. International Journal of Environmental Research and Public Health, 2021, 18, 11397.	2.6	8
129	Evaluation of the Post-Training Hypotensor Effect in Paralympic and Conventional Powerlifting. Journal of Functional Morphology and Kinesiology, 2021, 6, 92.	2.4	6
130	Performance in 100-km Ultramarathoners—At Which Age, It Reaches Its Peak?. Journal of Strength and Conditioning Research, 2020, 34, 1409-1415.	2.1	23
131	The effect of aerobic training and vitamin D supplements on the neurocognitive functions of elderly women with sleep disorders. Biological Rhythm Research, 2020, 51, 727-734.	0.9	7
132	Force–velocity characteristics and maximal anaerobic power in male recreational marathon runners. Research in Sports Medicine, 2020, 28, 99-110.	1.3	11
133	The "New York City Marathon― participation and performance trends of 1.2M runners during half-century. Research in Sports Medicine, 2020, 28, 121-137.	1.3	90
134	Sex differences in pacing during half-marathon and marathon race. Research in Sports Medicine, 2020, 28, 111-120.	1.3	31
135	Ultraâ€ŧriathlon—Pacing, performance trends, the role of nationality, and sex differences in finishers and nonâ€finishers. Scandinavian Journal of Medicine and Science in Sports, 2020, 30, 556-563.	2.9	13
136	Editorial: Who Runs? Psychological, Physiological and Pathophysiological Aspects of Recreational Endurance Athletes. Frontiers in Psychology, 2020, 11, 2247.	2.1	3
137	The prevalence of non-contact muscle injuries of the lower limb in professional soccer players who perform Salah regularly: a retrospective cohort study. Journal of Orthopaedic Surgery and Research, 2020, 15, 440.	2.3	2
138	Cold Water Swimming—Benefits and Risks: A Narrative Review. International Journal of Environmental Research and Public Health, 2020, 17, 8984.	2.6	43
139	Predictive Performance Models in Long-Distance Runners: A Narrative Review. International Journal of Environmental Research and Public Health, 2020, 17, 8289.	2.6	28
140	Tribological and Mechanical Behavior of Graphite Composites of Polytetrafluoroethylene (PTFE) Irradiated by the Electron Beam. Polymers, 2020, 12, 1676.	4.5	9
141	Previous experience, aerobic capacity and body composition are the best predictors for Olympic distance triathlon performance. Physiology and Behavior, 2020, 225, 113110.	2.1	17
142	Effects of a 30 min nap opportunity on cognitive and short-duration high-intensity performances and mood states after a partial sleep deprivation night. Journal of Sports Sciences, 2020, 38, 2553-2561.	2.0	20
143	Effects of kettlebell training and detraining on mood status and sleep and life quality of healthy women. Journal of Bodywork and Movement Therapies, 2020, 24, 344-353.	1.2	4
144	Physical Activity and Sociodemographic Profile of Brazilian People during COVID-19 Outbreak: An Online and Cross-Sectional Survey. International Journal of Environmental Research and Public Health, 2020, 17, 7964.	2.6	22

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145	<p>Power Analysis of Field-Based Bicycle Motor Cross (BMX)</p> . Open Access Journal of Sports Medicine, 2020, Volume 11, 113-121.	1.3	4
146	Pacing strategy of a wheelchair athlete in a 5x and 10x Ironman ultra triathlon: a case study. Disability and Rehabilitation: Assistive Technology, 2020, , 1-7.	2.2	0
147	Cut-Off Values in the Prediction of Success in Olympic Distance Triathlon. International Journal of Environmental Research and Public Health, 2020, 17, 9491.	2.6	12
148	Effect of the Verbal Encouragement on Psychophysiological and Affective Responses during Small-Sided Games. International Journal of Environmental Research and Public Health, 2020, 17, 8884.	2.6	21
149	Sleep During "Lockdown―in the COVID-19 Pandemic. International Journal of Environmental Research and Public Health, 2020, 17, 9094.	2.6	39
150	Analysis of Cyclist's Drag on the Aero Position Using Numerical Simulations and Analytical Procedures: A Case Study. International Journal of Environmental Research and Public Health, 2020, 17, 3430.	2.6	6
151	Validity of Recreational Marathon Runners' Self-Reported Anthropometric Data. Perceptual and Motor Skills, 2020, 127, 1068-1078.	1.3	15
152	Tower Running—Participation, Performance Trends, and Sex Difference. International Journal of Environmental Research and Public Health, 2020, 17, 1902.	2.6	3
153	<p>Small-Sided Games are More Enjoyable Than High-Intensity Interval Training of Similar Exercise Intensity in Soccer</p> . Open Access Journal of Sports Medicine, 2020, Volume 11, 77-84.	1.3	29
154	Performance trends in Paralympic athletes in sprint, middle-distance and endurance events. Sport Sciences for Health, 2020, 16, 485-490.	1.3	4
155	Participation and Performance Analysis in Children and Adolescents Competing in Time-Limited Ultra-Endurance Running Events. International Journal of Environmental Research and Public Health, 2020, 17, 1628.	2.6	11
156	The Age-Related Performance Decline in Ironman 70.3. International Journal of Environmental Research and Public Health, 2020, 17, 2148.	2.6	6
157	Vitamin D and Sport Performance. Nutrients, 2020, 12, 841.	4.1	7
158	Participation and Performance Trends in the Oldest 100-km Ultramarathon in the World. International Journal of Environmental Research and Public Health, 2020, 17, 1719.	2.6	23
159	Corrosion Resistance of Heat-Treated Ni-W Alloy Coatings. Materials, 2020, 13, 1172.	2.9	20
160	Performance Differences Between the Sexes in the Boston Marathon From 1972 to 2017. Journal of Strength and Conditioning Research, 2020, 34, 566-576.	2.1	25
161	Predictors of Sleep Duration and Sleep Disturbance in Children of a Culturally Diverse Region in North-Eastern Greece. Frontiers in Pediatrics, 2020, 8, 23.	1.9	2
162	Pacing and Performance Analysis of the World's Fastest Female Ultra-Triathlete in 5x and 10x Ironman. International Journal of Environmental Research and Public Health, 2020, 17, 1543.	2.6	3

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163	Pacing in World-Class Age Group Swimmers in 100 and 200 m Freestyle, Backstroke, Breaststroke, and Butterfly. International Journal of Environmental Research and Public Health, 2020, 17, 3875.	2.6	10
164	Variations of estimated maximal aerobic speed in children soccer players and its associations with the accumulated training load: Comparisons between non, low and high responders. Physiology and Behavior, 2020, 224, 113030.	2.1	12
165	Age-related participation and performance trends of children and adolescents in ultramarathon running. Research in Sports Medicine, 2020, 28, 507-517.	1.3	4
166	Physical Fitness and Somatic Characteristics of the Only Child. Frontiers in Pediatrics, 2020, 8, 324.	1.9	7
167	Total Dietary Antioxidant Intake Including Polyphenol Content: Is It Capable to Fight against Increased Oxidants within the Body of Ultra-Endurance Athletes?. Nutrients, 2020, 12, 1877.	4.1	15
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