

# Herbert G Simões

## List of Publications by Year in descending order

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176  
papers

2,463  
citations

236612

25  
h-index

301761

39  
g-index

179  
all docs

179  
docs citations

179  
times ranked

2854  
citing authors

#	ARTICLE	IF	CITATIONS
1	The Antioxidant Effect of Exercise: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2017, 47, 277-293.	3.1	209
2	Noninvasive method to estimate anaerobic threshold in individuals with type 2 diabetes. <i>Diabetology and Metabolic Syndrome</i> , 2011, 3, 1.	1.2	75
3	Effect of 12 weeks of resistance exercise on post-exercise hypotension in stage 1 hypertensive individuals. <i>Journal of Human Hypertension</i> , 2012, 26, 533-539.	1.0	73
4	Blood glucose threshold and the metabolic responses to incremental exercise tests with and without prior lactic acidosis induction. <i>European Journal of Applied Physiology</i> , 2003, 89, 603-611.	1.2	72
5	Acute effects of physical exercise in type 2 diabetes: A review. <i>World Journal of Diabetes</i> , 2014, 5, 659.	1.3	68
6	Blood glucose responses in humans mirror lactate responses for individual anaerobic threshold and for lactate minimum in track tests. <i>European Journal of Applied Physiology and Occupational Physiology</i> , 1999, 80, 34-40.	1.2	67
7	Effects of Treadmill Running and Resistance Exercises on Lowering Blood Pressure During the Daily Work of Hypertensive Subjects. <i>Journal of Strength and Conditioning Research</i> , 2009, 23, 2331-2338.	1.0	52
8	Acute and Chronic Effects of Resistive Exercise on Blood Pressure in Hypertensive Elderly Women. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 3475-3480.	1.0	50
9	Exercise intensity modulates nitric oxide and blood pressure responses in hypertensive older women. <i>Aging Clinical and Experimental Research</i> , 2013, 25, 43-48.	1.4	44
10	Hypotensive effects of exercise performed around anaerobic threshold in type 2 diabetic patients. <i>Diabetes Research and Clinical Practice</i> , 2008, 81, 216-222.	1.1	43
11	Acute resistance exercise is more effective than aerobic exercise for 24h blood pressure control in type 2 diabetics. <i>Diabetes and Metabolism</i> , 2011, 37, 112-117.	1.4	42
12	Haemophilia and Exercise. <i>International Journal of Sports Medicine</i> , 2012, 33, 83-88.	0.8	42
13	Postresistance Exercise Blood Pressure Reduction is Influenced by Exercise Intensity in Type-2 Diabetic and Nondiabetic Individuals. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 1277-1284.	1.0	40
14	One session of partial-body cryotherapy ( $\sim 110^{\circ}\text{C}$ ) improves muscle damage recovery. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2015, 25, e524-30.	1.3	38
15	The higher exercise intensity and the presence of allele I of ACE gene elicit a higher post-exercise blood pressure reduction and nitric oxide release in elderly women: an experimental study. <i>BMC Cardiovascular Disorders</i> , 2011, 11, 71.	0.7	37
16	Correlation between Acute and Chronic 24-Hour Blood Pressure Response to Resistance Training in Adult Women. <i>International Journal of Sports Medicine</i> , 2014, 36, 82-89.	0.8	37
17	Longer Telomere Length in Elite Master Sprinters: Relationship to Performance and Body Composition. <i>International Journal of Sports Medicine</i> , 2017, 38, 1111-1116.	0.8	36
18	Methods to Identify the Lactate and Glucose Thresholds During Resistance Exercise for Individuals With Type 2 Diabetes. <i>Journal of Strength and Conditioning Research</i> , 2008, 22, 1108-1115.	1.0	34

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19	Determination of the lactate threshold and maximal blood lactate steady state intensity in aged rats. <i>Cell Biochemistry and Function</i> , 2009, 27, 351-357.	1.4	34
20	Maximal Lactate Steady-State Prediction Through Quadratic Modeling of Selected Stages of the Lactate Minimum Test. <i>Journal of Strength and Conditioning Research</i> , 2008, 22, 1073-1080.	1.0	31
21	Lactate Threshold Prediction by Blood Glucose and Rating of Perceived Exertion in People with Type 2 Diabetes. <i>Perceptual and Motor Skills</i> , 2010, 111, 365-378.	0.6	31
22	Isometric handgrip does not elicit cardiovascular overload or post-exercise hypotension in hypertensive older women. <i>Clinical Interventions in Aging</i> , 2013, 8, 649.	1.3	31
23	Effects of aerobic exercise intensity on 24-h ambulatory blood pressure in individuals with type 2 diabetes and prehypertension. <i>Journal of Physical Therapy Science</i> , 2015, 27, 51-56.	0.2	30
24	Oxidative stress, inflammatory cytokines and body composition of master athletes: The interplay. <i>Experimental Gerontology</i> , 2020, 130, 110806.	1.2	28
25	Hipotensão pós-exercício em hipertensos submetidos ao exercício aeróbio de intensidades variadas e exercício de intensidade constante. <i>Revista Brasileira De Medicina Do Esporte</i> , 2006, 12, 313-317.	0.1	27
26	An integrative perspective of the anaerobic threshold. <i>Physiology and Behavior</i> , 2019, 205, 29-32.	1.0	27
27	Type 2 Diabetes Elicits Lower Nitric Oxide, Bradykinin Concentration and Kallikrein Activity Together with Higher DesArg9-BK and Reduced Post-Exercise Hypotension Compared to Non-Diabetic Condition. <i>PLoS ONE</i> , 2013, 8, e80348.	1.1	27
28	Commentaries on Viewpoint: The two-hour marathon: Who and when?. <i>Journal of Applied Physiology</i> , 2011, 110, 278-293.	1.2	25
29	Critical Power can be Estimated From Nonexhaustive Tests Based on Rating of Perceived Exertion Responses. <i>Journal of Strength and Conditioning Research</i> , 2008, 22, 937-943.	1.0	24
30	Effect of type 2 diabetes on plasma kallikrein activity after physical exercise and its relationship to post-exercise hypotension. <i>Diabetes and Metabolism</i> , 2010, 36, 363-368.	1.4	24
31	Telomere length and redox balance in master endurance runners: The role of nitric oxide. <i>Experimental Gerontology</i> , 2019, 117, 113-118.	1.2	24
32	Sprint and endurance training in relation to redox balance, inflammatory status and biomarkers of aging in master athletes. <i>Nitric Oxide - Biology and Chemistry</i> , 2020, 102, 42-51.	1.2	24
33	Blood Flow Restriction Training Blunts Chronic Kidney Disease Progression in Humans. <i>Medicine and Science in Sports and Exercise</i> , 2021, 53, 249-257.	0.2	23
34	Heart rate variability in middle-aged sprint and endurance athletes. <i>Physiology and Behavior</i> , 2019, 205, 39-43.	1.0	22
35	Does whole-body cryotherapy improve vertical jump recovery following a high-intensity exercise bout?. <i>Open Access Journal of Sports Medicine</i> , 2015, 6, 49.	0.6	21
36	Dynamic not isometric training blunts osteo-renal disease and improves the sclerostin/FGF23/Klotho axis in maintenance hemodialysis patients: a randomized clinical trial. <i>Journal of Applied Physiology</i> , 2021, 130, 508-516.	1.2	21

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37	Identificação do limiar de lactato e limiar glicêmico em exercícios resistidos. <i>Revista Brasileira De Medicina Do Esporte</i> , 2006, 12, 333-338.	0.1	20
38	Indirect Assessment of Lactate Minimum and Maximal Blood Lactate Steady-State Intensity for Physically Active Individuals. <i>Journal of Strength and Conditioning Research</i> , 2009, 23, 847-853.	1.0	20
39	Effects of pre-dialysis resistance training on sarcopenia, inflammatory profile, and anemia biomarkers in older community-dwelling patients with chronic kidney disease: a randomized controlled trial. <i>International Urology and Nephrology</i> , 2021, 53, 2137-2147.	0.6	20
40	Resistance Exercise Sessions Do Not Provoke Acute Immunosuppression in Older Women. <i>Journal of Strength and Conditioning Research</i> , 2009, 23, 259-265.	1.0	19
41	Resistance training improves sleep quality, redox balance and inflammatory profile in maintenance hemodialysis patients: a randomized controlled trial. <i>Scientific Reports</i> , 2020, 10, 11708.	1.6	19
42	Effects of short-term plyometric training on physical fitness parameters in female futsal athletes. <i>Journal of Physical Therapy Science</i> , 2017, 29, 783-788.	0.2	18
43	Master athletes have longer telomeres than age-matched non-athletes. A systematic review, meta-analysis and discussion of possible mechanisms. <i>Experimental Gerontology</i> , 2021, 146, 111212.	1.2	18
44	Effects of acute carbohydrate supplementation during sessions of high-intensity intermittent exercise. <i>European Journal of Applied Physiology</i> , 2007, 99, 57-63.	1.2	17
45	Heart Rate and Cardiovascular Responses to Commercial Flights: Relationships with Physical Fitness. <i>Frontiers in Physiology</i> , 2016, 7, 648.	1.3	17
46	Low-load resistance training with blood flow restriction prevent renal function decline: The role of the redox balance, angiotensin 1 <sup>α</sup> 7 and vasopressin <sup>α</sup> , <sup>α</sup> . <i>Physiology and Behavior</i> , 2021, 230, 113295.	1.0	17
47	Assessment of aerobic capacity during swimming exercise in ob/ob mice. <i>Cell Biochemistry and Function</i> , 2011, 29, 666-672.	1.4	16
48	Celebrating 40 Years of Ironman: How the Champions Perform. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 1019.	1.2	16
49	Influence of Body Fat on Oxidative Stress and Telomere Length of Master Athletes. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 1693-1699.	1.0	16
50	Hydration Status After an Ironman Triathlon: A Meta-Analysis. <i>Journal of Human Kinetics</i> , 2019, 70, 93-102.	0.7	16
51	Relationship between Aerobic Capacity and Yo-Yo IR1 Performance in Brazilian Professional Futsal Players. <i>Asian Journal of Sports Medicine</i> , 2013, 4, 230-4.	0.1	16
52	Similarity in physiological and perceived exertion responses to exercise at continuous and intermittent critical power. <i>European Journal of Applied Physiology</i> , 2012, 112, 1637-1644.	1.2	15
53	Effects of the Performance Level and Race Distance on Pacing in Ultra-Triathlons. <i>Journal of Human Kinetics</i> , 2019, 67, 247-258.	0.7	15
54	Effects of carbohydrate supplementation on competitive runners undergoing overload training followed by a session of intermittent exercise. <i>European Journal of Applied Physiology</i> , 2010, 109, 507-516.	1.2	14

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55	Exercise lowers blood pressure in university professors during subsequent teaching and sleeping hours. <i>International Journal of General Medicine</i> , 2011, 4, 711.	0.8	14
56	Role of exercise intensity on GLUT4 content, aerobic fitness and fasting plasma glucose in type 2 diabetic mice. <i>Cell Biochemistry and Function</i> , 2015, 33, 435-442.	1.4	14
57	Combined effects of very short "all out" efforts during sprint and resistance training on physical and physiological adaptations after 2 weeks of training. <i>European Journal of Applied Physiology</i> , 2019, 119, 1337-1351.	1.2	14
58	Predicting insulin resistance in children: anthropometric and metabolic indicators. <i>Jornal De Pediatria</i> , 2008, 84, 47-52.	0.9	14
59	Resistance Training in Spontaneously Hypertensive Rats with Severe Hypertension. <i>Arquivos Brasileiros De Cardiologia</i> , 2016, 106, 201-9.	0.3	14
60	Physiological Responses to a Tap Dance Choreography: Comparisons with Graded Exercise Test and Prescription Recommendations. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 1954-1959.	1.0	13
61	Validade de equações de predição em estimar o VO <sub>2</sub> max de brasileiros jovens a partir do desempenho em corrida de 1.600m. <i>Revista Brasileira De Medicina Do Esporte</i> , 2010, 16, 57-60.	0.1	13
62	Effects of acute exercise over heart proteome from monogenic obese (ob/ob) mice. <i>Journal of Cellular Physiology</i> , 2013, 228, 824-834.	2.0	13
63	Effects of Partial-body Cryotherapy (âˆ’â€%110Â°C) on Muscle Recovery between High-intensity Exercise Bouts. <i>International Journal of Sports Medicine</i> , 2014, 35, 1155-1160.	0.8	13
64	Combined exercise circuit session acutely attenuates stress-induced blood pressure reactivity in healthy adults. <i>Brazilian Journal of Physical Therapy</i> , 2014, 18, 38-46.	1.1	13
65	Traditional games resulted in post-exercise hypotension and a lower cardiovascular response to the cold pressor test in healthy children. <i>Frontiers in Physiology</i> , 2014, 5, 235.	1.3	13
66	Maximal Lactate Steady State is Altered in the Heat. <i>International Journal of Sports Medicine</i> , 2011, 32, 749-753.	0.8	12
67	Blood Glucose Control for Individuals with Type-2 Diabetes. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 2806-2811.	1.0	12
68	Double-blind, randomized crossover study of intravenous infusion of magnesium sulfate versus 5% dextrose on depressive symptoms in adults with treatment-resistant depression. <i>Psychiatry and Clinical Neurosciences</i> , 2017, 71, 204-211.	1.0	12
69	Dynamic, Not Isometric Resistance Training Improves Muscle Inflammation, Oxidative Stress and Hypertrophy in Rats. <i>Frontiers in Physiology</i> , 2019, 10, 4.	1.3	12
70	Improving the prognosis of renal patients: The effects of blood flow-restricted resistance training on redox balance and cardiac autonomic function. <i>Experimental Physiology</i> , 2021, 106, 1099-1109.	0.9	12
71	vVO <sub>2</sub> max versus V <sub>peak</sub> , what is the best predictor of running performances in middle-aged recreationally-trained runners?. <i>Science and Sports</i> , 2015, 30, e85-e92.	0.2	11
72	12 weeks of Brazilian jiu-jitsu training improves functional fitness in elderly men. <i>Sport Sciences for Health</i> , 2016, 12, 291-295.	0.4	11

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73	Treinamento de nataç�o na intensidade do limiar anaer�bio melhora a aptid�o funcional de ratos idosos. <i>Revista Brasileira De Medicina Do Esporte</i> , 2008, 14, 533-538.	0.1	11
74	Are Resistance Training-Induced BDNF in Hemodialysis Patients Associated with Depressive Symptoms, Quality of Life, Antioxidant Capacity, and Muscle Strength? An Insight for the Muscle-Brain-Renal Axis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 11299.	1.2	11
75	Perceived exertion threshold: Comparison with ventilatory thresholds and critical power. <i>Science and Sports</i> , 2009, 24, 196-201.	0.2	10
76	Effects of a Single Whole Body Cryotherapy (�110�C) Bout on Neuromuscular Performance of the Elbow Flexors during Isokinetic Exercise. <i>International Journal of Sports Medicine</i> , 2014, 35, 1179-1183.	0.8	10
77	Severe Obesity Shifts Metabolic Thresholds but Does Not Attenuate Aerobic Training Adaptations in Zucker Rats. <i>Frontiers in Physiology</i> , 2016, 7, 122.	1.3	10
78	Ten weeks of capoeira progressive training improved cardiovascular parameters in male practitioners. <i>Journal of Sports Medicine and Physical Fitness</i> , 2017, 57, 289-298.	0.4	10
79	Physiological and Perceived Exertion Responses at Intermittent Critical Power and Intermittent Maximal Lactate Steady State. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 2053-2058.	1.0	9
80	Physical fitness and anthropometric characteristics in professional soccer players of the United Arab Emirates. <i>Revista Andaluza De Medicina Del Deporte</i> , 2014, 7, 106-110.	0.1	9
81	Human Development Index and the frequency of nations in Athletics World Rankings. <i>Sport Sciences for Health</i> , 2019, 15, 393-398.	0.4	9
82	Effects of resistance training on hepcidin levels and iron bioavailability in older individuals with end-stage renal disease: A randomized controlled trial. <i>Experimental Gerontology</i> , 2020, 139, 111017.	1.2	9
83	Comparaç�o entre limiar anaer�bio determinado por vari�veis ventilat�rias e pela resposta do lactato sangu�neo em ciclistas. <i>Revista Brasileira De Medicina Do Esporte</i> , 2006, 12, 39-44.	0.1	8
84	Estimating the Perceived Exertion Threshold Using the OMNI Scale. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 1602-1608.	1.0	8
85	A Variaç�o do m�todo de incremento de cargas n�o altera a determinaç�o do limiar de lactato em exerc�cio resistido. <i>Revista Brasileira De Medicina Do Esporte</i> , 2010, 16, 282-285.	0.1	8
86	A influ�ncia do gen�tipo da ECA sobre a aptid�o cardiovascular de jovens do sexo masculino moderadamente ativos. <i>Arquivos Brasileiros De Cardiologia</i> , 2012, 98, 315-320.	0.3	8
87	Acute metabolic responses following different resistance exercise protocols. <i>Applied Physiology, Nutrition and Metabolism</i> , 2018, 43, 838-843.	0.9	8
88	Training Performed Above Lactate Threshold Decreases p53 and Shelterin Expression in Mice. <i>International Journal of Sports Medicine</i> , 2018, 39, 704-711.	0.8	8
89	Age-related decrease in performance of male masters athletes in sprint, sprint-�endurance, and endurance events. <i>Sport Sciences for Health</i> , 2020, 16, 385-392.	0.4	8
90	Does Longer Leukocyte Telomere Length and Higher Physical Fitness Protect Master Athletes From Consequences of Coronavirus (SARS-CoV-2) Infection?. <i>Frontiers in Sports and Active Living</i> , 2020, 2, 87.	0.9	8

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91	Metabolic and hormonal responses to chronic blood-flow restricted resistance training in chronic kidney disease: a randomized trial. <i>Applied Physiology, Nutrition and Metabolism</i> , 2022, 47, 183-194.	0.9	8
92	Identificação do lactato máximo de corredores adolescentes em teste de pista de traçs estígios incrementais. <i>Revista Brasileira De Medicina Do Esporte</i> , 2011, 17, 119-122.	0.1	7
93	Estimation of the Maximal Lactate Steady State Intensity by the Rating of Perceived Exertion. <i>Perceptual and Motor Skills</i> , 2016, 122, 136-149.	0.6	7
94	Isometric Exercise with Large Muscle Mass Improves Redox Balance and Blood Pressure in Hypertensive Adults. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 1187-1195.	0.2	7
95	Impact of Low Hemoglobin on Body Composition, Strength, and Redox Status of Older Hemodialysis Patients Following Resistance Training. <i>Frontiers in Physiology</i> , 2021, 12, 619054.	1.3	7
96	Relationship between inflammatory biomarkers and testosterone levels in male master athletes and non-athletes. <i>Experimental Gerontology</i> , 2021, 151, 111407.	1.2	7
97	Faster and Healthier: Relationship between Telomere and Performance in Master Athletes. <i>International Journal of Sports Medicine</i> , 2020, 41, 339-344.	0.8	7
98	Determination of the anaerobic threshold by blood lactate and glucose measurements in track tests for runners. <i>Revista Paulista De EducaçãO FÁsica</i> , 1998, 12, 17.	0.0	6
99	Post-exercise blood pressure responses to cycle and arm-cranking. <i>Science and Sports</i> , 2010, 25, 74-80.	0.2	6
100	Carbohydrate supplementation increases intramyocellular lipid stores in elite runners. <i>Metabolism: Clinical and Experimental</i> , 2012, 61, 1189-1196.	1.5	6
101	Post-exercise hypotension of normotensive young men through track running sessions. <i>Revista Brasileira De Medicina Do Esporte</i> , 2015, 21, 192-195.	0.1	6
102	Telomere Length, SIRT1, and Insulin in Male Master Athletes: The Path to Healthy Longevity?. <i>International Journal of Sports Medicine</i> , 2022, 43, 29-33.	0.8	6
103	Aerobic Fitness Evaluation during Walking Tests Identifies the Maximal Lactate Steady State. <i>Scientific World Journal, The</i> , 2012, 2012, 1-7.	0.8	5
104	O VOLUME DE EXERCÍCIOS RESISTIDOS INFLUENCIA A REATIVIDADE DA PRESSÃO ARTERIAL AO ESTRESSE. <i>Revista Brasileira De Medicina Do Esporte</i> , 2015, 21, 438-441.	0.1	5
105	Heart rate cost of running in track estimates velocity associated with maximal oxygen uptake. <i>Physiology and Behavior</i> , 2019, 205, 33-38.	1.0	5
106	Could sestrins 2 be the secret of resistance exercise benefiting dialytic patients?. <i>Nephrology Dialysis Transplantation</i> , 2020, 35, 2198-2199.	0.4	5
107	ComparaçãO entre protocolos diretos e indiretos de avaliaçãO da aptidãO aer³bia em indivÁduos fisicamente ativos. <i>Revista Brasileira De Medicina Do Esporte</i> , 2005, 11, 219-223.	0.1	5
108	Velocidade cr³tica como um m³todo nãO invasivo para estimar a velocidade de lactato máximo no ciclismo. <i>Revista Brasileira De Medicina Do Esporte</i> , 2006, 12, 381-385.	0.1	5

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109	Critical velocity estimates lactate minimum velocity in youth runners. Motriz Revista De Educacao Fisica, 2015, 21, 1-7.	0.3	5
110	Cin�tica do consumo de oxig�nio e tempo limite na vvo2max: compara��o entre homens e mulheres. Revista Brasileira De Medicina Do Esporte, 2010, 16, 278-281.	0.1	4
111	Diabetes Mellitus tipo 2: Aspectos fisiol�gicos, gen�ticos e formas de exerc�cio f�sico para seu controle.. Revista Brasileira De Cineantropometria E Desempenho Humano, 2011, 11, .	0.5	4
112	Effects of a physical activity and nutritional intervention in overweight and obese children through an educational and recreational camp. Nutrition and Health, 2018, 24, 145-152.	0.6	4
113	Performance trends in Paralympic athletes in sprint, middle-distance and endurance events. Sport Sciences for Health, 2020, 16, 485-490.	0.4	4
114	The effectiveness of a community-based exercise program on depression symptoms among people living with HIV. AIDS Care - Psychological and Socio-Medical Aspects of AIDS/HIV, 2021, 33, 368-374.	0.6	4
115	Effects of dynamic and isometric resistance training protocols on metabolic profile in hemodialysis patients: a randomized controlled trial. Applied Physiology, Nutrition and Metabolism, 2021, 46, 1029-1037.	0.9	4
116	Respostas hormonais agudas a diferentes intensidades de exerc�cios resistidos em mulheres idosas. Revista Brasileira De Medicina Do Esporte, 2008, 14, 367-371.	0.1	3
117	Corrida em esteira e exerc�cios de for�sa: efeitos agudos da ordem de realiza��o sobre a hipotens�o p�s-exerc�cio. Revista Brasileira De Educa��o F�sica E Esporte: RBEFE, 2013, 27, 67-73.	0.1	3
118	Vari�veis cardiovasculares durante e ap�s a pr�tica do V�DEO GAME ativo "Dance Dance Revolution" e televis�o. Motriz Revista De Educacao Fisica, 2013, 19, 358-367.	0.3	3
119	Impact of ACE I/D gene polymorphism on blood pressure, heart rate variability and nitric oxide responses to the aerobic exercise in hypertensive elderly. Revista Andaluza De Medicina Del Deporte, 2018, 11, 57-62.	0.1	3
120	Psychophysiological characterization of different capoeira performances in experienced individuals: A randomized controlled trial. PLoS ONE, 2018, 13, e0207276.	1.1	3
121	Sex and exercise-mode differences in post-exercise blood pressure and heart rate variability responses during a workday. Motriz Revista De Educacao Fisica, 2019, 25, .	0.3	3
122	Age-related Decline in Renal Function is Attenuated in Master Athletes. International Journal of Sports Medicine, 2021, 42, 889-895.	0.8	3
123	Hipotens�o p�s-exerc�cio: poss�vel rela��o com fatores �tnicos e gen�ticos. Revista Brasileira De Cineantropometria E Desempenho Humano, 2012, 14, .	0.5	3
124	Effects of prior exercise on glycemic responses following carbohydrate inges on in individuals with type 2 diabetes. Journal of Clinical and Translational Research, 2015, 1, 22-30.	0.3	3
125	Respostas cardiovasculares p�s-exerc�cio de nata��o. Revista Brasileira De Medicina Do Esporte, 2010, 16, 418-421.	0.1	2
126	Reprodutibilidade do teste anaer�bio de Wingate em ciclistas. Motricidade, 2013, 9, .	0.2	2



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127	Cycling above rather than below lactate threshold is more effective for nitric oxide release and post-exercise blood pressure reduction in individuals with type-2 diabetes. Motriz Revista De Educacao Fisica, 2013, 19, 633-640.	0.3	2
128	LIMIAR ANAERÓBIO A PARTIR DA PSE EM EXERCÍCIO RESISTIDO POR MODELOS MATEMÁTICOS. Revista Brasileira De Medicina Do Esporte, 2016, 22, 113-117.	0.1	2
129	Double product break point estimates ventilatory threshold in individuals with type 2 diabetes. Journal of Physical Therapy Science, 2016, 28, 1775-1780.	0.2	2
130	Acute effects of cycling exercise on post-exercise blood pressure in individuals with down syndrome. Human Movement, 2017, 18, .	0.5	2
131	OXYGEN CONSUMPTION AND ENERGY EXPENDITURE DURING AND AFTER STREET GAMES, ACTIVE VIDEO GAMES AND TV. Revista Brasileira De Medicina Do Esporte, 2018, 24, 338-342.	0.1	2
132	Agregação de fatores de risco cardiovascular e ocorrência de hipertensão arterial em adultos sedentários. Revista Brasileira De Medicina Do Esporte, 2013, 19, 419-422.	0.1	2
133	Reprodutibilidade do protocolo de lactato máximo com intensidade do esforço prático individualizado pela PSE. Motriz Revista De Educacao Fisica, 2012, 18, 646-655.	0.3	2
134	Blood pressure decrease in elderly after isometric training: does lactate play a role?. Research, Society and Development, 2020, 9, e655997433.	0.0	2
135	A SINGLE PHYSICAL EDUCATION SESSION IMPROVES SUBSEQUENT ACADEMIC PERFORMANCE IN RURAL SCHOOL STUDENTS. Revista Brasileira De Medicina Do Esporte, 2020, 26, 532-536.	0.1	2
136	The effect of exercise training on disease progression, fitness, quality of life, and mental health in people living with HIV on antiretroviral therapy: a systematic review. Journal of Clinical and Translational Research, 2015, 1, 129-139.	0.3	2
137	A double-blind, randomized trial on the effect of a broad-spectrum dietary supplement on key biomarkers of cellular aging including inflammation, oxidative stress, and DNA damage in healthy adults. Journal of Clinical and Translational Research, 2017, 2, 135-143.	0.3	2
138	MicroRNA levels in hemodialysis patients following resistance training: Associations with functional performance, inflammatory profile, sestrins-2, and nitric oxide. Experimental Gerontology, 2022, 162, 111761.	1.2	2
139	Cinética do consumo de oxigênio durante exercícios supramáximos: Aplicação de modelos matemáticos. Revista Brasileira De Cineantropometria E Desempenho Humano, 2008, 10, 43.	0.5	1
140	Resposta glicêmica de diabéticos tipo 2 durante e após exercícios realizados em intensidades acima e abaixo do limiar anaeróbio. Revista Brasileira De Cineantropometria E Desempenho Humano, 2008, 10, 8.	0.5	1
141	Maximal Lactate Steady-State Prediction. Sports Medicine, 2010, 40, 179-180.	3.1	1
142	Ácido nítrico e exercício: uma revisão. Revista Da Educação Física, 2012, 23, .	0.0	1
143	The period of the day affects the twenty-four hour blood pressure response to an acute combined exercise session in Brazilian jiu jitsu athletes. Motriz Revista De Educacao Fisica, 2015, 21, 281-289.	0.3	1
144	RESISTENCE EXERCISE IMPROVES ANXIETY AND DEPRESSION IN MIDDLE- AGE WOMEN. Journal of Physical Education (Maringa), 2017, 28, .	0.1	1

#	ARTICLE	IF	CITATIONS
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