## Richard M Ryan

List of Publications by Year in descending order

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324 papers 204,136 citations

139 h-index 282 g-index

385 all docs

385 docs citations

times ranked

385

64498 citing authors

#	Article	IF	CITATIONS
1	Self-determination theory and the facilitation of intrinsic motivation, social development, and well-being American Psychologist, 2000, 55, 68-78.	3.8	23,552
2	The "What" and "Why" of Goal Pursuits: Human Needs and the Self-Determination of Behavior. Psychological Inquiry, 2000, 11, 227-268.	0.4	18,673
3	Intrinsic Motivation and Self-Determination in Human Behavior. , $1985,  ,  .$		12,265
4	Intrinsic and Extrinsic Motivations: Classic Definitions and New Directions. Contemporary Educational Psychology, 2000, 25, 54-67.	1.6	10,230
5	The benefits of being present: Mindfulness and its role in psychological well-being Journal of Personality and Social Psychology, 2003, 84, 822-848.	2.6	8,519
6	Self-determination theory and the facilitation of intrinsic motivation, social development, and well-being. American Psychologist, 2000, 55, 68-78.	3.8	7,759
7	On Happiness and Human Potentials: A Review of Research on Hedonic and Eudaimonic Well-Being. Annual Review of Psychology, 2001, 52, 141-166.	9.9	7,043
8	A meta-analytic review of experiments examining the effects of extrinsic rewards on intrinsic motivation Psychological Bulletin, 1999, 125, 627-668.	5.5	4,724
9	Self-determination theory and work motivation. Journal of Organizational Behavior, 2005, 26, 331-362.	2.9	4,363
10	Self-Determination Theory: Basic Psychological Needs in Motivation, Development, and Wellness. , 2017, , .		4,065
11	Self-determination theory: A macrotheory of human motivation, development, and health Canadian Psychology, 2008, 49, 182-185.	1.4	3,382
12	The general causality orientations scale: Self-determination in personality. Journal of Research in Personality, 1985, 19, 109-134.	0.9	2,802
13	Perceived locus of causality and internalization: Examining reasons for acting in two domains Journal of Personality and Social Psychology, 1989, 57, 749-761.	2.6	2,791
14	Mindfulness: Theoretical Foundations and Evidence for its Salutary Effects. Psychological Inquiry, 2007, 18, 211-237.	0.4	2,417
15	The Motivational Pull of Video Games: A Self-Determination Theory Approach. Motivation and Emotion, 2006, 30, 344-360.	0.8	2,035
16	The support of autonomy and the control of behavior Journal of Personality and Social Psychology, 1987, 53, 1024-1037.	2.6	1,973
17	On Energy, Personality, and Health: Subjective Vitality as a Dynamic Reflection of Well-Being. Journal of Personality, 1997, 65, 529-565.	1.8	1,826
18	Further Examining the American Dream: Differential Correlates of Intrinsic and Extrinsic Goals. Personality and Social Psychology Bulletin, 1996, 22, 280-287.	1.9	1,765

#	Article	IF	Citations
19	Facilitating optimal motivation and psychological well-being across life's domains Canadian Psychology, 2008, 49, 14-23.	1.4	1,709
20	Control and information in the intrapersonal sphere: An extension of cognitive evaluation theory Journal of Personality and Social Psychology, 1982, 43, 450-461.	2.6	1,681
21	Exercise, physical activity, and self-determination theory: A systematic review. International Journal of Behavioral Nutrition and Physical Activity, 2012, 9, 78.	2.0	1,613
22	A dark side of the American dream: Correlates of financial success as a central life aspiration Journal of Personality and Social Psychology, 1993, 65, 410-422.	2.6	1,576
23	Motivation and Education: The Self-Determination Perspective. Educational Psychologist, 1991, 26, 325-346.	4.7	1,540
24	Psychological Needs and the Facilitation of Integrative Processes. Journal of Personality, 1995, 63, 397-427.	1.8	1,476
25	Intrinsic and extrinsic motivation from a self-determination theory perspective: Definitions, theory, practices, and future directions. Contemporary Educational Psychology, 2020, 61, 101860.	1.6	1,451
26	Daily Well-Being: The Role of Autonomy, Competence, and Relatedness. Personality and Social Psychology Bulletin, 2000, 26, 419-435.	1.9	1,439
27	Autonomy, competence, and relatedness in the classroom. Theory and Research in Education, 2009, 7, 133-144.	0.4	1,400
28	Self-determination in a work organization Journal of Applied Psychology, 1989, 74, 580-590.	4.2	1,399
29	Need Satisfaction, Motivation, and Well-Being in the Work Organizations of a Former Eastern Bloc Country: A Cross-Cultural Study of Self-Determination. Personality and Social Psychology Bulletin, 2001, 27, 930-942.	1.9	1,340
30	Intrinsic Need Satisfaction: A Motivational Basis of Performance and Weil-Being in Two Work Settings1. Journal of Applied Social Psychology, 2004, 34, 2045-2068.	1.3	1,313
31	Self-Determination Theory Applied to Health Contexts. Perspectives on Psychological Science, 2012, 7, 325-340.	5.2	1,309
32	Hedonia, eudaimonia, and well-being: an introduction. Journal of Happiness Studies, 2008, 9, 1-11.	1.9	1,271
33	Basic psychological need satisfaction, need frustration, and need strength across four cultures. Motivation and Emotion, 2015, 39, 216-236.	0.8	1,255
34	On psychological growth and vulnerability: Basic psychological need satisfaction and need frustration as a unifying principle Journal of Psychotherapy Integration, 2013, 23, 263-280.	0.7	1,235
35	Self-Determination Theory in Work Organizations: The State of a Science. Annual Review of Organizational Psychology and Organizational Behavior, 2017, 4, 19-43.	5.6	1,192
36	Living well: a self-determination theory perspective on eudaimonia. Journal of Happiness Studies, 2008, 9, 139-170.	1.9	1,117

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37	Motivational predictors of weight loss and weight-loss maintenance Journal of Personality and Social Psychology, 1996, 70, 115-126.	2.6	1,084
38	Parent styles associated with children's self-regulation and competence in school Journal of Educational Psychology, 1989, 81, 143-154.	2.1	1,061
39	When helping helps: Autonomous motivation for prosocial behavior and its influence on well-being for the helper and recipient Journal of Personality and Social Psychology, 2010, 98, 222-244.	2.6	1,048
40	Perceived locus of causality and internalization: examining reasons for acting in two domains. Journal of Personality and Social Psychology, 1989, 57, 749-61.	2.6	1,004
41	Self-Regulation and the Problem of Human Autonomy: Does Psychology Need Choice, Self-Determination, and Will?. Journal of Personality, 2006, 74, 1557-1586.	1.8	990
42	Within-person variation in security of attachment: A self-determination theory perspective on attachment, need fulfillment, and well-being. Journal of Personality and Social Psychology, 2000, 79, 367-384.	2.6	983
43	Extrinsic Rewards and Intrinsic Motivation in Education: Reconsidered Once Again. Review of Educational Research, 2001, 71, 1-27.	4.3	977
44	The Darker and Brighter Sides of Human Existence: Basic Psychological Needs as a Unifying Concept. Psychological Inquiry, 2000, 11, 319-338.	0.4	917
45	Self-Determination Theory. , 2012, , 416-437.		913
46	A Motivational Model of Video Game Engagement. Review of General Psychology, 2010, 14, 154-166.	2.1	901
47	Autonomy in children's learning: An experimental and individual difference investigation Journal of Personality and Social Psychology, 1987, 52, 890-898.	2.6	887
48	Differentiating autonomy from individualism and independence: A self-determination theory perspective on internalization of cultural orientations and well-being. Journal of Personality and Social Psychology, 2003, 84, 97-110.	2.6	881
49	Inner resources for school achievement: Motivational mediators of children's perceptions of their parents Journal of Educational Psychology, 1991, 83, 508-517.	2.1	857
50	Pursuing Pleasure or Virtue: The Differential and Overlapping Well-Being Benefits of Hedonic and Eudaimonic Motives. Journal of Happiness Studies, 2010, 11, 735-762.	1.9	792
51	Relation of reward contingency and interpersonal context to intrinsic motivation: A review and test using cognitive evaluation theory Journal of Personality and Social Psychology, 1983, 45, 736-750.	2.6	724
52	Trait self and true self: Cross-role variation in the Big-Five personality traits and its relations with psychological authenticity and subjective well-being Journal of Personality and Social Psychology, 1997, 73, 1380-1393.	2.6	724
53	Self-Determination Theory and Diminished Functioning. Personality and Social Psychology Bulletin, 2011, 37, 1459-1473.	1.9	720
54	The support of autonomy and the control of behavior. Journal of Personality and Social Psychology, 1987, 53, 1024-37.	2.6	718

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55	Representations of Relationships to Teachers, Parents, and Friends as Predictors of Academic Motivation and Self-Esteem. Journal of Early Adolescence, 1994, 14, 226-249.	1.1	659
56	The Independent Effects of Goal Contents and Motives on Well-Being: It's Both What You Pursue and Why You Pursue It. Personality and Social Psychology Bulletin, 2004, 30, 475-486.	1.9	658
57	What Makes for a Good Day? Competence and Autonomy in the Day and in the Person. Personality and Social Psychology Bulletin, 1996, 22, 1270-1279.	1.9	649
58	Motivation and Education: The Self-Determination Perspective. Educational Psychologist, 1991, 26, 325-346.	4.7	647
59	The Empirical Exploration of Intrinsic Motivational Processes. Advances in Experimental Social Psychology, 1980, 13, 39-80.	2.0	642
60	Motivation, Personality, and Development Within Embedded Social Contexts: An Overview of Self-Determination Theory., 0,, 85-108.		640
61	Basic psychological need theory: Advancements, critical themes, and future directions. Motivation and Emotion, 2020, 44, 1-31.	0.8	628
62	An instrument to assess adults' orientations toward control versus autonomy with children: Reflections on intrinsic motivation and perceived competence Journal of Educational Psychology, 1981, 73, 642-650.	2.1	620
63	Autonomy Support and Need Satisfaction in the Motivation and Well-Being of Gymnasts. Journal of Applied Sport Psychology, 2003, 15, 372-390.	1.4	588
64	Origins and pawns in the classroom: Self-report and projective assessments of individual differences in children's perceptions Journal of Personality and Social Psychology, 1986, 50, 550-558.	2.6	576
65	The Structure of Goal Contents Across 15 Cultures Journal of Personality and Social Psychology, 2005, 89, 800-816.	2.6	542
66	A multi-method examination of the effects of mindfulness on stress attribution, coping, and emotional well-being. Journal of Research in Personality, 2009, 43, 374-385.	0.9	539
67	Psychological Need Thwarting in the Sport Context: Assessing the Darker Side of Athletic Experience. Journal of Sport and Exercise Psychology, 2011, 33, 75-102.	0.7	536
68	Parent and Teacher Autonomy-Support in Russian and U.S. Adolescents. Journal of Cross-Cultural Psychology, 2001, 32, 618-635.	1.0	527
69	Initial motivations for alcohol treatment: Relations with patient characteristics, treatment involvement, and dropout. Addictive Behaviors, 1995, 20, 279-297.	1.7	517
70	Revitalization through Self-Regulation: The Effects of Autonomous and Controlled Motivation on Happiness and Vitality. Journal of Experimental Social Psychology, 1999, 35, 266-284.	1.3	500
71	Setting limits on children's behavior: The differential effects of controlling vs. informational styles on intrinsic motivation and creativity. Journal of Personality, 1984, 52, 233-248.	1.8	493
72	Motivational Interviewing and Self–Determination Theory. Journal of Social and Clinical Psychology, 2005, 24, 811-831.	0.2	484

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73	Autonomous regulation and long-term medication adherence in adult outpatients Health Psychology, 1998, 17, 269-276.	1.3	472
74	Testing a self-determination theory intervention for motivating tobacco cessation: Supporting autonomy and competence in a clinical trial Health Psychology, 2006, 25, 91-101.	1.3	463
75	Can self-determination theory explain what underlies the productive, satisfying learning experiences of collectivistically oriented Korean students?. Journal of Educational Psychology, 2009, 101, 644-661.	2.1	462
76	Employee and Supervisor Ratings of Motivation: Main Effects and Discrepancies Associated with Job Satisfaction and Adjustment in a Factory Setting1. Journal of Applied Social Psychology, 1993, 23, 1789-1805.	1.3	451
77	From Ego Depletion to Vitality: Theory and Findings Concerning the Facilitation of Energy Available to the Self. Social and Personality Psychology Compass, 2008, 2, 702-717.	2.0	443
78	Vitalizing effects of being outdoors and in nature. Journal of Environmental Psychology, 2010, 30, 159-168.	2.3	425
79	Emotional Autonomy versus Detachment: Revisiting the Vicissitudes of Adolescence and Young Adulthood. Child Development, 1989, 60, 340.	1.7	417
80	Choice and Ego-Depletion: The Moderating Role of Autonomy. Personality and Social Psychology Bulletin, 2006, 32, 1024-1036.	1.9	407
81	Conceptualizing parental autonomy support: Adolescent perceptions of promotion of independence versus promotion of volitional functioning Developmental Psychology, 2007, 43, 633-646.	1.2	404
82	Nature and autonomy: An organizational view of social and neurobiological aspects of self-regulation in behavior and development. Development and Psychopathology, 1997, 9, 701-728.	1.4	401
83	A self-determination theory approach to psychotherapy: The motivational basis for effective change Canadian Psychology, 2008, 49, 186-193.	1.4	398
84	Need satisfaction and the self-regulation of learning. Learning and Individual Differences, 1996, 8, 165-183.	1.5	390
85	On the Benefits of Giving as Well as Receiving Autonomy Support: Mutuality in Close Friendships. Personality and Social Psychology Bulletin, 2006, 32, 313-327.	1.9	379
86	A meta-analysis of self-determination theory-informed intervention studies in the health domain: effects on motivation, health behavior, physical, and psychological health. Health Psychology Review, 2021, 15, 214-244.	4.4	374
87	Human Autonomy. , 1995, , 31-49.		374
88	Intrinsic motivation and the effects of self-consciousness, self-awareness, and ego-involvement: An investigation of internally controlling styles. Journal of Personality, 1985, 53, 435-449.	1.8	355
89	The relations of maternal and social environments to late adolescents' materialistic and prosocial values Developmental Psychology, 1995, 31, 907-914.	1.2	349
90	Facilitating autonomous motivation for smoking cessation Health Psychology, 2002, 21, 40-50.	1.3	349

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91	Weekends, Work, and Well-Being: Psychological Need Satisfactions and Day of the Week Effects on Mood, Vitality, and Physical Symptoms. Journal of Social and Clinical Psychology, 2010, 29, 95-122.	0.2	349
92	Can Nature Make Us More Caring? Effects of Immersion in Nature on Intrinsic Aspirations and Generosity. Personality and Social Psychology Bulletin, 2009, 35, 1315-1329.	1.9	346
93	Perils and promise in defining and measuring mindfulness: Observations from experience Clinical Psychology: Science and Practice, 2004, 11, 242-248.	0.6	343
94	Within-person variation in security of attachment: a self-determination theory perspective on attachment, need fulfillment, and well-being. Journal of Personality and Social Psychology, 2000, 79, 367-84.	2.6	334
95	Some Costs of American Corporate Capitalism: A Psychological Exploration of Value and Goal Conflicts. Psychological Inquiry, 2007, 18, 1-22.	0.4	333
96	The American Dream in Russia: Extrinsic Aspirations and Well-Being in Two Cultures. Personality and Social Psychology Bulletin, 1999, 25, 1509-1524.	1.9	330
97	Ego-involved persistence: When free-choice behavior is not intrinsically motivated. Motivation and Emotion, 1991, 15, 185-205.	0.8	329
98	The emotional and academic consequences of parental conditional regard: Comparing conditional positive regard, conditional negative regard, and autonomy support as parenting practices Developmental Psychology, 2009, 45, 1119-1142.	1.2	320
99	Autonomy and Competence in German and American University Students: A Comparative Study Based on Self-Determination Theory Journal of Educational Psychology, 2004, 96, 68-84.	2.1	319
100	The path taken: Consequences of attaining intrinsic and extrinsic aspirations in post-college life. Journal of Research in Personality, 2009, 43, 291-306.	0.9	318
101	Two types of religious internalization and their relations to religious orientations and mental health Journal of Personality and Social Psychology, 1993, 65, 586-596.	2.6	314
102	Designing for Motivation, Engagement and Wellbeing in Digital Experience. Frontiers in Psychology, 2018, 9, 797.	1.1	302
103	A meta-analysis of techniques to promote motivation for health behaviour change from a self-determination theory perspective. Health Psychology Review, 2019, 13, 110-130.	4.4	297
104	The Relation of Psychological Needs for Autonomy and Relatedness to Vitality, Well-Being, and Mortality in a Nursing Home1. Journal of Applied Social Psychology, 1999, 29, 935-954.	1.3	295
105	What makes lessons interesting? The role of situational and individual factors in three school subjects Journal of Educational Psychology, 2008, 100, 460-472.	2.1	286
106	Brick by Brick: The Origins, Development, and Future of Self-Determination Theory. Advances in Motivation Science, 2019, 6, 111-156.	2.2	283
107	The undermining effect is a reality after allâ€"Extrinsic rewards, task interest, and self-determination: Reply to Eisenberger, Pierce, and Cameron (1999) and Lepper, Henderlong, and Gingras (1999) Psychological Bulletin, 1999, 125, 692-700.	5.5	279
108	A dark side of the American dream: correlates of financial success as a central life aspiration. Journal of Personality and Social Psychology, 1993, 65, 410-22.	2.6	276

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109	Motivation and Autonomy in Counseling, Psychotherapy, and Behavior Change: A Look at Theory and Practice 1 To Counseling Psychologist, 2011, 39, 193-260.	0.8	275
110	Self-determination theory applied to physical education: A systematic review and meta-analysis Journal of Educational Psychology, 2020, 112, 1444-1469.	2.1	271
111	Motivation and Self-Regulated Learning. , 0, , .		271
112	Validation of the revised sport motivation scale (SMS-II). Psychology of Sport and Exercise, 2013, 14, 329-341.	1.1	270
113	Title is missing!. Social Indicators Research, 2000, 50, 225-241.	1.4	263
114	The antecedents and consequences of autonomous self-regulation for college: A self-determination theory perspective on socialization. Journal of Adolescence, 2006, 29, 761-775.	1.2	256
115	When rewards compete with nature. , 2000, , 13-54.		248
116	Is Coming Out Always a "Good Thing� Exploring the Relations of Autonomy Support, Outness, and Wellness for Lesbian, Gay, and Bisexual Individuals. Social Psychological and Personality Science, 2012, 3, 145-152.	2.4	248
117	The Benefits of Benevolence: Basic Psychological Needs, Beneficence, and the Enhancement of Wellâ∈Being. Journal of Personality, 2016, 84, 750-764.	1.8	240
118	A classification of motivation and behavior change techniques used in self-determination theory-based interventions in health contexts Motivation Science, 2020, 6, 438-455.	1.2	239
119	Beyond Talk: Creating Autonomous Motivation through Self-Determination Theory. Journal of General Management, 2009, 34, 75-91.	0.8	226
120	The Emerging Neuroscience of Intrinsic Motivation: A New Frontier in Self-Determination Research. Frontiers in Human Neuroscience, 2017, 11, 145.	1.0	223
121	Beyond the intrinsic-extrinsic dichotomy: Self-determination in motivation and learning. Motivation and Emotion, 1992, 16, 165-185.	0.8	217
122	Student Motivation and Associated Outcomes: A Meta-Analysis From Self-Determination Theory. Perspectives on Psychological Science, 2021, 16, 1300-1323.	5.2	211
123	A selfâ€determination theory approach to understanding stress incursion and responses. Stress and Health, 2011, 27, 4-17.	1.4	208
124	Autonomous regulation and long-term medication adherence in adult outpatients. Health Psychology, 1998, 17, 269-76.	1.3	208
125	Autonomy and Relatedness as Fundamental to Motivation and Education. Journal of Experimental Education, 1991, 60, 49-66.	1.6	203
126	Self-determination theory in health care and its relations to motivational interviewing: a few comments. International Journal of Behavioral Nutrition and Physical Activity, 2012, 9, 24.	2.0	203

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127	Narrative representations of caregivers and emotion dysregulation as predictors of maltreated children's rejection by peers Developmental Psychology, 2001, 37, 321-337.	1.2	200
128	Autonomy and Need Satisfaction in Close Relationships: Relationships Motivation Theory., 2014, , 53-73.		199
129	The development of emotional and behavioral self-regulation and social competence among maltreated school-age children. Development and Psychopathology, 1994, 6, 57-75.	1.4	198
130	On the interpersonal regulation of emotions: Emotional reliance across gender, relationships, and cultures. Personal Relationships, 2005, 12, 145-163.	0.9	194
131	Being present in the face of existential threat: The role of trait mindfulness in reducing defensive responses to mortality salience Journal of Personality and Social Psychology, 2010, 99, 344-365.	2.6	189
132	Changes in materialism, changes in psychological well-being: Evidence from three longitudinal studies and an intervention experiment. Motivation and Emotion, 2014, 38, 1-22.	0.8	189
133	The Ideal Self at Play. Psychological Science, 2012, 23, 69-76.	1.8	187
134	Conceptualizations of Intrinsic Motivation and Self-Determination., 1985,, 11-40.		186
135	Leader autonomy support in the workplace: A meta-analytic review. Motivation and Emotion, 2018, 42, 706-724.	0.8	185
136	Competence-impeding electronic games and players' aggressive feelings, thoughts, and behaviors Journal of Personality and Social Psychology, 2014, 106, 441-457.	2.6	183
137	Having to versus Wanting to Play: Background and Consequences of Harmonious versus Obsessive Engagement in Video Games. Cyberpsychology, Behavior and Social Networking, 2009, 12, 485-492.	2.2	181
138	Mindfulness, Work Climate, and Psychological Need Satisfaction in Employee Well-being. Mindfulness, 2015, 6, 971-985.	1.6	181
139	Psychometric Properties of the Chinese Translation of the Mindful Attention Awareness Scale (MAAS). Mindfulness, 2012, 3, 10-14.	1.6	177
140	Wellness as healthy functioning or wellness as happiness: the importance of eudaimonic thinking (response to the Kashdan et al. and Waterman discussion). Journal of Positive Psychology, 2009, 4, 202-204.	2.6	175
141	Cultural Context and Psychological Needs in Canada and Brazil. Journal of Cross-Cultural Psychology, 2005, 36, 423-443.	1.0	171
142	Addressing Fundamental Questions About Mindfulness. Psychological Inquiry, 2007, 18, 272-281.	0.4	169
143	The Importance of Supporting Autonomy and Perceived Competence in Facilitating Long-Term Tobacco Abstinence. Annals of Behavioral Medicine, 2009, 37, 315-324.	1.7	169
144	Self-Determination Theory in Human Resource Development: New Directions and Practical Considerations. Advances in Developing Human Resources, 2018, 20, 133-147.	2.4	167

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145	Self-Determination Theory and Public Policy: Improving the Quality of Consumer Decisions without using Coercion. Journal of Public Policy and Marketing, 2006, 25, 104-116.	2.2	165
146	The index of autonomous functioning: Development of a scale of human autonomy. Journal of Research in Personality, 2012, 46, 397-413.	0.9	163
147	When what one has is enough: Mindfulness, financial desire discrepancy, and subjective well-being. Journal of Research in Personality, 2009, 43, 727-736.	0.9	156
148	Meaningfulness as Satisfaction of Autonomy, Competence, Relatedness, and Beneficence: Comparing the Four Satisfactions and Positive Affect as Predictors of Meaning in Life. Journal of Happiness Studies, 2018, 19, 1261-1282.	1.9	155
149	Undermining quality teaching and learning. Theory and Research in Education, 2009, 7, 224-233.	0.4	153
150	The Oxford Handbook of Human Motivation. , 2012, , .		153
151	The Motivating Role of Violence in Video Games. Personality and Social Psychology Bulletin, 2009, 35, 243-259.	1.9	152
152	Differentiating autonomy from individualism and independence: a self-determination theory perspective on internalization of cultural orientations and well-being. Journal of Personality and Social Psychology, 2003, 84, 97-110.	2.6	149
153	Solitude as an Approach to Affective Self-Regulation. Personality and Social Psychology Bulletin, 2018, 44, 92-106.	1.9	144
154	Self-Determination Theory. , 2017, , 47-54.		140
154 155		0.8	140
	Self-Determination Theory. , 2017, , 47-54.	0.8	
155	Self-Determination Theory., 2017, , 47-54.  The importance of self-determination theory for medical education. Academic Medicine, 1999, 74, 992-5.  Prosocial behavior increases well-being and vitality even without contact with the beneficiary:		138
155 156	Self-Determination Theory., 2017, , 47-54.  The importance of self-determination theory for medical education. Academic Medicine, 1999, 74, 992-5.  Prosocial behavior increases well-being and vitality even without contact with the beneficiary: Causal and behavioral evidence. Motivation and Emotion, 2016, 40, 351-357.  Interpersonal relatedness, self-definition, and their motivational orientation during adolescence: A	0.8	138
155 156 157	Self-Determination Theory., 2017, , 47-54.  The importance of self-determination theory for medical education. Academic Medicine, 1999, 74, 992-5.  Prosocial behavior increases well-being and vitality even without contact with the beneficiary: Causal and behavioral evidence. Motivation and Emotion, 2016, 40, 351-357.  Interpersonal relatedness, self-definition, and their motivational orientation during adolescence: A theorical and empirical integration Developmental Psychology, 2003, 39, 470-483.	0.8	138 138 137
155 156 157 158	Self-Determination Theory., 2017,, 47-54.  The importance of self-determination theory for medical education. Academic Medicine, 1999, 74, 992-5.  Prosocial behavior increases well-being and vitality even without contact with the beneficiary: Causal and behavioral evidence. Motivation and Emotion, 2016, 40, 351-357.  Interpersonal relatedness, self-definition, and their motivational orientation during adolescence: A theorical and empirical integration Developmental Psychology, 2003, 39, 470-483.  Emotions in nondirected text learning. Learning and Individual Differences, 1990, 2, 1-17.	0.8 1.2 1.5	138 138 137
155 156 157 158	Self-Determination Theory., 2017, , 47-54.  The importance of self-determination theory for medical education. Academic Medicine, 1999, 74, 992-5.  Prosocial behavior increases well-being and vitality even without contact with the beneficiary: Causal and behavioral evidence. Motivation and Emotion, 2016, 40, 351-357.  Interpersonal relatedness, self-definition, and their motivational orientation during adolescence: A theorical and empirical integration Developmental Psychology, 2003, 39, 470-483.  Emotions in nondirected text learning. Learning and Individual Differences, 1990, 2, 1-17.  Promoting Selfâ€determined Education. Scandinavian Journal of Educational Research, 1994, 38, 3-14.  Psychological Needs and Threat to Safety: Implications for Staff and Patients in a Psychiatric Hospital	0.8 1.2 1.5	138 138 137 136

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163	Social pressure, coercion, and client engagement at treatment entry: A self-determination theory perspective. Addictive Behaviors, 2006, 31, 1858-1872.	1.7	132
164	Validation of the "Important Other" Climate Questionnaire: Assessing Autonomy Support for Health-Related Change Families, Systems and Health, 2006, 24, 179-194.	0.4	126
165	Motivating young language learners: A longitudinal model of self-determined motivation in elementary school foreign language classes. Contemporary Educational Psychology, 2017, 49, 140-150.	1.6	125
166	Self-determination, smoking, diet and health. Health Education Research, 2002, 17, 512-521.	1.0	123
167	Motivation and employee-supervisor discrepancies in a psychiatric vocational rehabilitation setting Rehabilitation Psychology, 1992, 37, 175-188.	0.7	121
168	Optimizing Students' Motivation in the Era of Testing and Pressure: A Self-Determination Theory Perspective. , 2016, , 9-29.		120
169	Levels of Analysis, Regnant Causes of Behavior and Well-Being: The Role of Psychological Needs. Psychological Inquiry, 2011, 22, 17-22.	0.4	119
170	On being yourself in different cultures: ideal and actual self-concept, autonomy support, and well-being in China, Russia, and the United States. Journal of Positive Psychology, 2009, 4, 290-304.	2.6	114
171	The importance of autonomy support and the mediating role of work motivation for well-being: Testing self-determination theory in a Chinese work organisation. International Journal of Psychology, 2015, 50, 245-255.	1.7	114
172	A Self-Determination Theory Perspective on Social, Institutional, Cultural, and Economic Supports for Autonomy and Their Importance for Well-Being. Cross-cultural Advancements in Positive Psychology, 2011, , 45-64.	0.1	113
173	What humans need: Flourishing in Aristotelian philosophy and self-determination theory , 2013, , 57-75.		111
174	Self-Determination Theory. , 2015, , 486-491.		108
175	Facilitating autonomous motivation for smoking cessation. Health Psychology, 2002, 21, 40-50.	1.3	108
176	Building a science of motivated persons: Self-determination theory's empirical approach to human experience and the regulation of behavior Motivation Science, 2021, 7, 97-110.	1.2	107
177	Two types of religious internalization and their relations to religious orientations and mental health. Journal of Personality and Social Psychology, 1993, 65, 586-96.	2.6	107
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