

# Leslie S Greenberg

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3474341/publications.pdf>

Version: 2024-02-01

143  
papers

12,220  
citations

38742

50  
h-index

33894

99  
g-index

153  
all docs

153  
docs citations

153  
times ranked

5638  
citing authors

#	ARTICLE	IF	CITATIONS
1	Development and validation of the Working Alliance Inventory.. Journal of Counseling Psychology, 1989, 36, 223-233.	2.0	2,627
2	Memory reconsolidation, emotional arousal, and the process of change in psychotherapy: New insights from brain science. Behavioral and Brain Sciences, 2015, 38, e1.	0.7	348
3	Empathy.. Psychotherapy, 2011, 48, 43-49.	1.2	342
4	Change process research.. Journal of Consulting and Clinical Psychology, 1986, 54, 4-9.	2.0	312
5	Emotionally focused couples therapy: Status and challenges.. Clinical Psychology: Science and Practice, 1999, 6, 67-79.	0.9	277
6	Emotional processing in experiential therapy: Why "the only way out is through.". Journal of Consulting and Clinical Psychology, 2007, 75, 875-887.	2.0	254
7	Emotion in psychotherapy: A practice-friendly research review. Journal of Clinical Psychology, 2006, 62, 611-630.	1.9	248
8	Emotion in psychotherapy.. American Psychologist, 1989, 44, 19-29.	4.2	202
9	Emotion-focused couples therapy: The dynamics of emotion, love, and power.. , 2008, , .		193
10	Emotion in self-criticism. Personality and Individual Differences, 2005, 38, 1583-1595.	2.9	188
11	Differential effects of experiential and problem-solving interventions in resolving marital conflict.. Journal of Consulting and Clinical Psychology, 1985, 53, 175-184.	2.0	183
12	Emotional Processing During Experiential Treatment of Depression.. Journal of Consulting and Clinical Psychology, 2003, 71, 1007-1016.	2.0	182
13	Resolving "unfinished business": Efficacy of experiential therapy using empty-chair dialogue.. Journal of Consulting and Clinical Psychology, 1995, 63, 419-425.	2.0	174
14	Experiential Therapy of Depression: Differential Effects of Client-Centered Relationship Conditions and Process Experiential Interventions. Psychotherapy Research, 1998, 8, 210-224.	1.8	162
15	The effects of adding emotion-focused interventions to the client-centered relationship conditions in the treatment of depression. Psychotherapy Research, 2006, 16, 537-549.	1.8	139
16	A guide to conducting a task analysis of psychotherapeutic change. Psychotherapy Research, 2007, 17, 15-30.	1.8	135
17	EMOTIONALLY FOCUSED COUPLES THERAPY: AN OUTCOME STUDY*. Journal of Marital and Family Therapy, 1985, 11, 313-317.	1.1	134
18	Optimal levels of emotional arousal in experiential therapy of depression.. Journal of Consulting and Clinical Psychology, 2010, 78, 190-199.	2.0	133

#	ARTICLE	IF	CITATIONS
19	Therapeutic Presence: Therapists' experience of presence in the psychotherapy encounter / Therapeutische PrÄsenz: Erfahrungen von Therapeuten mit PrÄsenz in der psychotherapeutischen Begegnung / La Presencia TerapÄ©utica: La Experiencia de la Presencia que Viven los Terapeutas en el Encuentro PsicoterapÄ©utico. <i>Person-Centered and Experiential Psychotherapies</i> , 2002, 1, 71-86.	0.2	132
20	Resolving unfinished business: Relating process to outcome.. <i>Journal of Consulting and Clinical Psychology</i> , 2002, 70, 406-416.	2.0	130
21	Research on the process of change. <i>Psychotherapy Research</i> , 1991, 1, 3-16.	1.8	126
22	Integrating an emotion-focused approach to treatment into psychotherapy integration.. <i>Journal of Psychotherapy Integration</i> , 2002, 12, 154-189.	1.1	121
23	Emotional arousal, client perceptual processing, and the working alliance in experiential psychotherapy for depression.. <i>Journal of Consulting and Clinical Psychology</i> , 2005, 73, 861-871.	2.0	121
24	Integrating affect and cognition: A perspective on the process of therapeutic change. <i>Cognitive Therapy and Research</i> , 1984, 8, 559-578.	1.9	119
25	Emotionâ€­Focused Couples Therapy and the Facilitation of Forgiveness. <i>Journal of Marital and Family Therapy</i> , 2010, 36, 28-42.	1.1	109
26	Building a meaning bridge: Therapeutic progress from problem formulation to understanding.. <i>Journal of Counseling Psychology</i> , 2006, 53, 165-180.	2.0	96
27	In-session change in emotionally focused therapy.. <i>Journal of Consulting and Clinical Psychology</i> , 1993, 61, 78-84.	2.0	94
28	Integrating psychotherapy research and practice: Modeling the change process.. <i>Psychotherapy</i> , 1988, 25, 1-17.	1.2	93
29	Empathy.. <i>Psychotherapy</i> , 2001, 38, 380-384.	1.2	92
30	A dialectical constructivist approach to experiential change.. , 0, , 169-191.		90
31	Emotion-Focused Therapy: A Clinical Synthesis. <i>Focus (American Psychiatric Publishing)</i> , 2010, 8, 32-42.	0.8	89
32	Therapist and client perceptions of therapeutic presence: The development of a measure. <i>Psychotherapy Research</i> , 2010, 20, 599-610.	1.8	89
33	Task analysis exemplified: The process of resolving unfinished business.. <i>Journal of Consulting and Clinical Psychology</i> , 1996, 64, 439-446.	2.0	88
34	Depth of emotional experience and outcome. <i>Psychotherapy Research</i> , 2005, 15, 248-260.	1.8	84
35	Change Process Research in Couple and Family Therapy: Methodological Challenges and Opportunities.. <i>Journal of Family Psychology</i> , 2005, 19, 18-27.	1.3	83
36	Emotions, the great captains of our lives: Their role in the process of change in psychotherapy.. <i>American Psychologist</i> , 2012, 67, 697-707.	4.2	82

#	ARTICLE	IF	CITATIONS
37	Emotion and cognition in psychotherapy: The transforming power of affect.. Canadian Psychology, 2008, 49, 49-59.	2.1	80
38	Client emotional productivityâ€”optimal client in-session emotional processing in experiential therapy. Psychotherapy Research, 2013, 23, 732-746.	1.8	80
39	Resolving decisional conflict by Gestalt two-chair dialogue: Relating process to outcome.. Journal of Counseling Psychology, 1982, 29, 468-477.	2.0	78
40	The rise of affectivism. Nature Human Behaviour, 2021, 5, 816-820.	12.0	77
41	Comparison of integrated systemic and emotionally focused approaches to couples therapy.. Journal of Consulting and Clinical Psychology, 1992, 60, 962-969.	2.0	75
42	Testing a model of change in the experiential treatment of depression.. Journal of Consulting and Clinical Psychology, 2009, 77, 1055-1066.	2.0	73
43	Assimilation Analysis of Process-Experiential Psychotherapy: A Comparison of Two Cases. Psychotherapy Research, 1998, 8, 264-286.	1.8	71
44	Maintenance of gains following experiential therapies for depression.. Journal of Consulting and Clinical Psychology, 2009, 77, 103-112.	2.0	71
45	Working with Identity and Selfâ€”soothing in Emotionâ€”Focused Therapy for Couples. Family Process, 2013, 52, 62-82.	2.6	71
46	Emotionâ€”Focused Family Therapy for Eating Disorders in Children and Adolescents. Clinical Psychology and Psychotherapy, 2015, 22, 75-82.	2.7	69
47	Assimilation of voices in psychotherapy: The case of Jan.. Journal of Counseling Psychology, 1999, 46, 448-460.	2.0	68
48	Narrative change in emotion-focused therapy: How is change constructed through the lens of the innovative moments coding system?. Psychotherapy Research, 2010, 20, 692-701.	1.8	67
49	Emotion-Focused Therapy: A Synopsis. Journal of Contemporary Psychotherapy, 2006, 36, 87-93.	1.2	64
50	The Essence of Process-Experiential/Emotion-Focused Therapy. American Journal of Psychotherapy, 2007, 61, 241-254.	1.2	60
51	Emotionâ€”focused therapy in a case of anorexia nervosa. Clinical Psychology and Psychotherapy, 2009, 16, 336-382.	2.7	60
52	An emotion-focused approach to the overregulation of emotion and emotional pain. Journal of Clinical Psychology, 2001, 57, 197-211.	1.9	57
53	Innovative Moments and Change in Emotion-Focused Therapy: The Case of Lisa. Journal of Constructivist Psychology, 2010, 23, 267-294.	1.1	56
54	Assimilating emotion into psychotherapy integration.. Journal of Psychotherapy Integration, 1993, 3, 249-265.	1.1	54

#	ARTICLE	IF	CITATIONS
55	Innovative moments and change in client-centered therapy. <i>Psychotherapy Research</i> , 2012, 22, 389-401.	1.8	53
56	Effects of psychological therapies in randomized trials and practice-based studies. <i>British Journal of Clinical Psychology</i> , 2008, 47, 397-415.	3.5	52
57	Temporal patterns of improvement in client-centred therapy and cognitive-behaviour therapy. <i>Counselling Psychology Quarterly</i> , 2005, 18, 95-108.	2.3	51
58	The therapeutic relationship in emotion-focused therapy.. <i>Psychotherapy</i> , 2014, 51, 350-357.	1.2	51
59	Differential effects of the Gestalt two-chair intervention and problem solving in resolving decisional conflict.. <i>Journal of Counseling Psychology</i> , 1986, 33, 11-15.	2.0	50
60	Multiple voices in process-experiential therapy: Dialogues between aspects of the self.. <i>Journal of Psychotherapy Integration</i> , 1997, 7, 225-239.	1.1	50
61	Developments in task analysis: New methods to study change. <i>Psychotherapy Research</i> , 2009, 19, 527-542.	1.8	50
62	Organizing Awareness and Increasing Emotion Regulation: Revising Chair Work in Emotion-Focused Therapy for Borderline Personality Disorder. <i>Journal of Personality Disorders</i> , 2012, 26, 84-107.	1.4	50
63	AFFECT IN MARITAL THERAPY. <i>Journal of Marital and Family Therapy</i> , 1986, 12, 1-10.	1.1	47
64	An approach to psychotherapy change process research: Introduction to the special section.. <i>Journal of Consulting and Clinical Psychology</i> , 1996, 64, 435-438.	2.0	46
65	Ideal psychotherapy research: A study of significant change processes. , 1999, 55, 1467-1480.		46
66	Training in experiential therapy.. <i>Journal of Consulting and Clinical Psychology</i> , 1988, 56, 696-702.	2.0	44
67	Pathways to change in the psychotherapy of depression: Relating process to session change and outcome.. <i>Psychotherapy</i> , 1996, 33, 262-274.	1.2	42
68	A DIALECTICAL CONSTRUCTIVIST VIEW OF THE CREATION OF PERSONAL MEANING. <i>Journal of Constructivist Psychology</i> , 2001, 14, 165-186.	1.1	40
69	Emotion-focused Therapy: The Transforming Power of Affect. <i>Journal of Contemporary Psychotherapy</i> , 2007, 37, 25-31.	1.2	40
70	The Construction of a Model of the Process of Couples' Forgiveness in Emotion-Focused Therapy for Couples. <i>Journal of Marital and Family Therapy</i> , 2011, 37, 491-502.	1.1	40
71	Interpersonal Forgiveness in <sc>E</sc>motion-Focused Couples' Therapy: Relating Process to Outcome. <i>Journal of Marital and Family Therapy</i> , 2014, 40, 49-67.	1.1	40
72	Emotion recognition in psychotherapy: Impact of therapist level of experience and emotional awareness. <i>Journal of Clinical Psychology</i> , 1999, 55, 39-57.	1.9	39

#	ARTICLE	IF	CITATIONS
73	A method of rating assimilation in psychotherapy based on markers of change.. Journal of Counseling Psychology, 2003, 50, 189-198.	2.0	39
74	Case studies in emotion-focused treatment of depression: A comparison of good and poor outcome.. , 2007, , .		39
75	The Contributions of Emotion Processes to Narrative Change in Psychotherapy: A Dialectical Constructivist Approach. , 2004, , 330-349.		32
76	Alliance ruptures and repairs in experiential therapy. Journal of Clinical Psychology, 2000, 56, 175-186.	1.9	30
77	Assessing silent processes in psychotherapy: an empirically derived categorization system and sampling strategy. Psychotherapy Research, 2006, 16, 627-638.	1.8	29
78	Narrative change in emotion-focused psychotherapy: A study on the evolution of reflection and protest innovative moments. Psychotherapy Research, 2011, 21, 304-315.	1.8	29
79	Narrative and emotion process in psychotherapy: An empirical test of the Narrative-Emotion Process Coding System (NEPCS). Psychotherapy Research, 2014, 24, 594-607.	1.8	29
80	Eliciting "hot cognitions" in cognitive behaviour therapy: Rationale and procedural guidelines.. Canadian Psychology, 1982, 23, 83-87.	2.1	28
81	Emotion coming of age.. Clinical Psychology: Science and Practice, 2007, 14, 414-421.	0.9	28
82	Therapist interventions and client innovative moments in emotion-focused therapy for depression.. Psychotherapy, 2012, 49, 536-548.	1.2	28
83	Hot cognition ? emotion coming in from the cold: A reply to Rachman and Mahoney. Cognitive Therapy and Research, 1984, 8, 591-598.	1.9	27
84	Vulnerable Emotional Expression In Emotion Focused Couples Therapy: Relating Interactional Processes To Outcome. Journal of Marital and Family Therapy, 2017, 43, 198-212.	1.1	27
85	Emotion-focused therapy for generalized anxiety disorder: An exploratory study.. Psychotherapy, 2017, 54, 361-366.	1.2	27
86	The therapeutic alliance in psychodynamic, cognitive-behavioral, and experiential therapies.. Journal of Psychotherapy Integration, 1995, 5, 1-26.	1.1	26
87	Revealing underlying vulnerable emotion in couple therapy: impact on session and final outcome. Journal of Family Therapy, 2013, 35, 303-319.	1.0	26
88	Emotion-focused therapy of depression. Person-Centered and Experiential Psychotherapies, 2017, 16, 106-117.	0.2	26
89	Encoding and cognitive therapy: Changing what clients attend to.. Psychotherapy, 1981, 18, 163-169.	1.2	23
90	Transforming emotion schemes in emotion focused therapy: a case study investigation. Person-Centered and Experiential Psychotherapies, 2014, 13, 128-149.	0.2	23

#	ARTICLE	IF	CITATIONS
91	Emotion categories and patterns of change in experiential therapy for depression. <i>Psychotherapy Research</i> , 2016, 26, 178-195.	1.8	23
92	Emotion-Focused Principles for Working with Borderline Personality Disorder. <i>Journal of Psychiatric Practice</i> , 2008, 14, 94-104.	0.7	21
93	Hot Cognition and Psychotherapy Process: An Information-Processing/Ecological Approach. , 1986, , 143-177.		20
94	Homework in an emotion-focused approach to experiential therapy.. <i>Journal of Psychotherapy Integration</i> , 2006, 16, 178-200.	1.1	19
95	Introduction: Treating emotion regulation problems. <i>Journal of Clinical Psychology</i> , 2001, 57, 153-155.	1.9	17
96	Transforming core emotional pain in a course of emotion-focused therapy for depression: A case study. <i>Psychotherapy Research</i> , 2018, 28, 406-422.	1.8	17
97	Cognitive appraisal and reappraisal: Implications for clinical practice. <i>Cognitive Therapy and Research</i> , 1982, 6, 251-258.	1.9	16
98	What is "real" in the relationship? Comment on Gelso and Carter (1994).. <i>Journal of Counseling Psychology</i> , 1994, 41, 307-309.	2.0	16
99	Emotion in humanistic psychotherapy.. , 2002, , 499-530.		13
100	Corrective experiences in psychotherapy: Definitions, processes, consequences, and research directions.. , 2012, , 355-370.		12
101	The feasibility of emotion-focused therapy for binge-eating disorder: a pilot randomised wait-list control trial. <i>Journal of Eating Disorders</i> , 2021, 9, 2.	2.7	12
102	Evolutionary Perspectives on Emotion: Making Sense of What We Feel. <i>Journal of Cognitive Psychotherapy</i> , 2002, 16, 331-347.	0.4	11
103	Assimilation of Two Critic Voices in a Person-Centered Therapy for Depression / Assimilation zweier Kritikerstimmen in einer Personzentrierten Therapie bei einer Depression / Integraçã³n de dos voces crÃ¡ticas en una terapia centrada en la persona por depresiÃ³n / L'assimilation de deux voix critiques dans la dÃ©pression au cours d'une thÃ©rapie centrÃ©e sur la personne / AssimilaÃ§Ã£o de duas vozes crÃ¡ticas numa terapia centrada na pessoa para a depressÃ£o / Person-Centered and Experiential Psychotherapies, 2008, 7, 1-19.	0.2	11
104	Affective Change in Psychodynamic Psychotherapy: Theoretical Models and Clinical Approaches to Changing Emotions. <i>Zeitschrift Fur Psychosomatische Medizin Und Psychotherapie</i> , 2016, 62, 207-223.	1.7	11
105	Treating anxiety disorders by emotionâ€focused psychodynamic psychotherapy (<scp>EFPP</scp>)â€n integrative, transdiagnostic approach. <i>Clinical Psychology and Psychotherapy</i> , 2019, 26, 1-13.	2.7	11
106	Internal multiplicity in emotion-focused psychotherapy. <i>Journal of Clinical Psychology</i> , 2007, 63, 175-186.	1.9	10
107	Emotion in the Change Process. , 1991, , 39-58.		10
108	Varieties of Shame Experience in Psychotherapy. <i>Gestalt Review</i> , 1997, 1, 205-220.	0.1	10

#	ARTICLE	IF	CITATIONS
109	Emotion special issue. <i>Clinical Psychology and Psychotherapy</i> , 2004, 11, 1-2.	2.7	9
110	The case of Lisa: An integration and reaction to the process analyses. <i>Psychotherapy Research</i> , 2008, 18, 677-682.	1.8	9
111	Promoting Emotional Expression and Emotion Regulation in Couples.. , 0, , 231-248.		9
112	Speaking with the Client's Voices: How a person-centered therapist used reflections to facilitate assimilation / Mit den Stimmen des Klienten reden: Wie ein Personenzentrierter Therapeut das Spiegeln nutzte, um Assimilation zu fördern / Hablando con las Voces del Cliente: Cómo un terapeuta centrado en la persona usó reflejos para facilitar la asimilación / Parler avec les Voix du Client: L'utilisation de reflets et facilitation du travail d'assimilation par un thérapeute centré sur la personne / Falando com as. Person-Centered and Experiential Psychotherapies, 2008, 7, 155-172.	0.2	8
113	Emotional Experience, Expression, and Regulation in the Psychotherapeutic Processes. , 0, , 240-268.		7
114	Experiential Therapy. , 1989, , 169-187.		7
115	EMOTIONAL-CHANGE PROCESSES IN PSYCHOTHERAPY. , 1990, , 59-85.		6
116	Being and Doing: Person-centeredness, process guidance and differential treatment / Sein und Tun: Personzentrierung, Prozessanleitung und differenzielle Behandlung / Siendo y Haciendo: Calidad Centrada en la Persona, Orientación de Proceso y Tratamiento Diferencial. Person-Centered and Experiential Psychotherapies, 2004, 3, 52-64.	0.2	6
117	Emotion, Cognition, and Action. , 1987, , 295-311.		6
118	Resolving unfinished business: relating process to outcome. <i>Journal of Consulting and Clinical Psychology</i> , 2002, 70, 406-16.	2.0	6
119	WHEN TO EVOKE EMOTION AND WHY: PROCESS DIAGNOSIS IN COUPLES THERAPY. <i>Journal of Marital and Family Therapy</i> , 1986, 12, 19-23.	1.1	5
120	Emotion in Systemic Therapies: Commentary. <i>Journal of Systemic Therapies: J S T</i> , 1998, 17, 126-133.	0.2	5
121	The Dynamics of Emotion, Love and Power in an Emotion-Focused Approach to Couple Therapy / Die Dynamik der Emotion, der Liebe und der Macht in einem emotionsfokussierten Ansatz der Paartherapie / Las dinámicas de emoción, amor y poder en un acercamiento a terapia de parejas enfocado en la emoción / Les Dynamiques de l'Emotion, de l'Amour et du Pouvoir dans une Approche Centrée-sur-l'Emotion de la Thérapie des Couples / A Dinâmica da Emoção, Amor e Poder numa Abordagem Focada na Emoção A Terapia de Casais / Person-Centered and Experiential Psychotherapies,	0.2	5
122	The development of therapeutic collaboration in a good outcome case of person-centered therapy. <i>Person-Centered and Experiential Psychotherapies</i> , 2014, 13, 150-168.	0.2	5
123	There are more things in heaven and earth than are dreamed of in BMT: A response to Jacobson.. <i>Journal of Family Psychology</i> , 1991, 4, 407-415.	1.3	4
124	The integrated memory model: A new framework for understanding the mechanisms of change in psychotherapy. <i>Behavioral and Brain Sciences</i> , 2015, 38, .	0.7	4
125	Self-narrative reconstruction in emotion-focused therapy: A preliminary task analysis. <i>Psychotherapy Research</i> , 2017, 27, 692-709.	1.8	4
126	Emotions in parenting.. , 0, , 279-299.		4



#	ARTICLE	IF	CITATIONS
127	An introduction to working with narrative and emotion processes in emotion-focused therapy.. , 0, , 3-17.		3
128	Formulaci3n de caso en Terapia Focalizada en la Emoci3n: Del trabajo con marcadores y la facilitaci3n del proceso, a la co-creaci3n de un foco terap3utico. Revista De Psicoterapia, 2016, 27, 23-45.	0.0	3
129	Where Are the Emotions? How Emotion-Focused Therapy Could Inspire Systemic Practice. European Family Therapy Association Series, 2020, , 249-264.	0.3	3
130	Investigating patient-specific mechanisms of change in SET vs. EFT for depression: study protocol for a mechanistic randomized controlled trial. BMC Psychiatry, 2021, 21, 287.	2.6	2
131	Forgiveness: A Route to Healing Emotional Injuries and Building Resiliency. , 2015, , 179-196.		2
132	Commentary on "Becoming Aware of Feelings": Neuropsychoanalysis, 2005, 7, 33-36.	0.7	1
133	An Assimilation Analysis of Psychotherapy. , 2006, , 3-21.		1
134	What is Happening With Bill and Jane?. Psychoanalytic Dialogues, 2014, 24, 427-432.	0.4	1
135	Experiential Psychotherapy. , 2015, , 517-520.		1
136	Adaptations sp3cifiques de la psychoth3rapie centr3e sur les 3motions. , 2020, , 121-146.		1
137	The use of observational coding in family therapy research: Comment on Alexander et al. (1995).. Journal of Family Psychology, 1995, 9, 366-370.	1.3	0
138	Arbeit mit Emotionen " Emotionsfokussierte Therapie. , 2014, , 81-91.		0
139	Arbeit mit Emotionen " Emotionsfokussierte Therapie. , 2018, , 81-91.		0
140	Perspectives " Vers une approche sp3cifique et int3grative. , 2020, , 221-228.		0
141	Racines et place de l'approche centr3e sur les 3motions. , 2020, , 1-13.		0
142	T3ches dans le processus th3rapeutique. , 2020, , 65-120.		0
143	Bases th3oriques et m3thodologiques de la th3rapie centr3e sur les 3motions. , 2020, , 15-64.		0