

# Itai Ivtzan

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/3474317/publications.pdf>

Version: 2024-02-01

30  
papers

2,063  
citations

516710

16  
h-index

580821

25  
g-index

32  
all docs

32  
docs citations

32  
times ranked

2020  
citing authors

#	ARTICLE	IF	CITATIONS
1	Masculinity in the Midst of Mindfulness: Exploring the Gendered Experiences of At-risk Adolescent Boys. <i>Men and Masculinities</i> , 2020, 23, 127-149.	2.8	3
2	A Systematic Review and Meta-analysis of the Impact of Mindfulness-Based Interventions on the Well-Being of Healthcare Professionals. <i>Mindfulness</i> , 2019, 10, 1193-1216.	2.8	76
3	Mindfulness-based interventions in the workplace: An inclusive systematic review and meta-analysis of their impact upon wellbeing. <i>Journal of Positive Psychology</i> , 2019, 14, 625-640.	4.0	141
4	A systematic review of the impact of mindfulness on the well-being of healthcare professionals. <i>Journal of Clinical Psychology</i> , 2018, 74, 319-355.	1.9	122
5	Mindfulness Based Flourishing Program: A Cross-Cultural Study of Hong Kong Chinese and British Participants. <i>Journal of Happiness Studies</i> , 2018, 19, 2205-2223.	3.2	24
6	Soft is hard: building resilience with loving kindness meditation at work. <i>International Journal of Complementary &amp; Alternative Medicine</i> , 2018, 11, .	0.1	1
7	The impact of mindfulness on well-being and performance in the workplace: an inclusive systematic review of the empirical literature. <i>European Journal of Work and Organizational Psychology</i> , 2017, 26, 492-513.	3.7	125
8	“œl feel I can live every minute if I choose to” participants’™ experience of a positive mindfulness programme. <i>Qualitative Research in Psychology</i> , 2017, 14, 482-504.	17.6	3
9	The impact of mindfulness on the wellbeing and performance of educators: A systematic review of the empirical literature. <i>Teaching and Teacher Education</i> , 2017, 61, 132-141.	3.2	126
10	A study investigating the effects of Mindfulness-Based Strengths Practice (MBSP) on wellbeing. <i>International Journal of Wellbeing</i> , 2016, 6, 1-13.	2.1	27
11	Integrating Mindfulness into Positive Psychology: a Randomised Controlled Trial of an Online Positive Mindfulness Program. <i>Mindfulness</i> , 2016, 7, 1396-1407.	2.8	71
12	Beyond Deficit Reduction: Exploring the Positive Potentials of Mindfulness. , 2016, , 277-295.		1
13	Mindful Living in Older Age: a Pilot Study of a Brief, Community-Based, Positive Aging Intervention. <i>Mindfulness</i> , 2016, 7, 630-641.	2.8	8
14	Second Wave Positive Psychology: Exploring the Positive“Negative Dialectics of Wellbeing. <i>Journal of Happiness Studies</i> , 2016, 17, 1753-1768.	3.2	198
15	Putting the “app”™ in Happiness: A Randomised Controlled Trial of a Smartphone-Based Mindfulness Intervention to Enhance Wellbeing. <i>Journal of Happiness Studies</i> , 2016, 17, 163-185.	3.2	324
16	The Yoga Boom in Western Society: Practitioners’™ Spiritual vs. Physical Intentions and Their Impact on Psychological Wellbeing. <i>Journal of Yoga &amp; Physical Therapy</i> , 2015, 05, .	0.1	14
17	The LIFE Model: A Meta-Theoretical“Conceptual Map for Applied Positive Psychology. <i>Journal of Happiness Studies</i> , 2015, 16, 1347-1364.	3.2	49
18	A systematic review of the neurophysiology of mindfulness on EEG oscillations. <i>Neuroscience and Biobehavioral Reviews</i> , 2015, 57, 401-410.	6.1	281

#	ARTICLE	IF	CITATIONS
19	Yoga meets positive psychology: Examining the integration of hedonic (gratitude) and eudaimonic (meaning) wellbeing in relation to the extent of yoga practice. <i>Journal of Bodywork and Movement Therapies</i> , 2014, 18, 183-189.	1.2	32
20	Linking Religion and Spirituality with Psychological Well-being: Examining Self-actualisation, Meaning in Life, and Personal Growth Initiative. <i>Journal of Religion and Health</i> , 2013, 52, 915-929.	1.7	133
21	Wellbeing through self-fulfilment: Examining developmental aspects of self-actualization.. <i>Humanistic Psychologist</i> , 2013, 41, 119-132.	0.3	38
22	Mind the Gap in Mindfulness Research: A Comparative Account of the Leading Schools of Thought. <i>Review of General Psychology</i> , 2013, 17, 453-466.	3.2	117
23	The effect of occupational meaningfulness on occupational commitment. <i>International Journal of Psychological Research</i> , 2013, 6, 15-23.	0.6	9
24	Gender role and empathy within different orientations of counselling psychology. <i>Counselling Psychology Quarterly</i> , 2012, 25, 377-388.	2.3	4
25	The Relationship Between Socioeconomic Factors, Wellbeing, and Homosexuality in the Theatrical Profession. <i>Journal of Homosexuality</i> , 2012, 59, 1259-1272.	2.0	0
26	Mindfulness meditation and curiosity: The contributing factors to wellbeing and the process of closing the self-discrepancy gap. <i>International Journal of Wellbeing</i> , 2011, 1, 316-327.	2.1	11
27	Androgyny in the Mirror of Self-Actualisation and Spiritual Health. <i>Open Psychology Journal</i> , 2009, 2, 58-70.	0.3	9
28	The Beauty of Self-Actualisation: Linking Physical Attractiveness and Self-Fulfilment. <i>Europe's Journal of Psychology</i> , 2008, 4, .	1.3	2
29	Mindfulness Scholarship and Interventions: A Review. , 0, , 3-28.		3
30	Second Wave Positive Psychology. , 0, , .		80