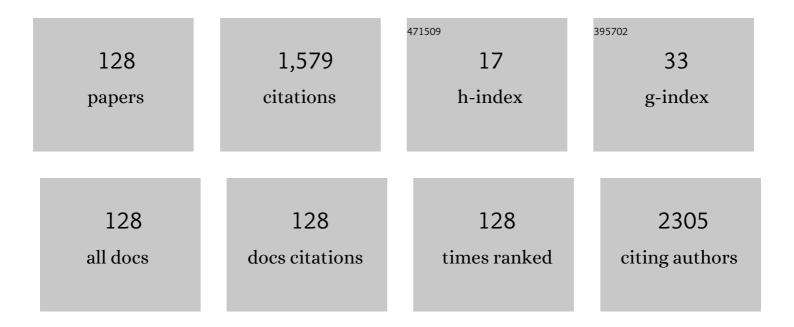
List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Obesity in Children and Adolescents during COVID-19 Pandemic. Children, 2021, 8, 135.	1.5	144
2	Waist circumference, waist-to-hip ratio and waist-to-height ratio reference percentiles for abdominal obesity among Greek adolescents. BMC Pediatrics, 2015, 15, 50.	1.7	131
3	Dynamic aberrant NF-κB spurs tumorigenesis: A new model encompassing the microenvironment. Cytokine and Growth Factor Reviews, 2015, 26, 389-403.	7.2	85
4	Impact of a mindfulness stress management program on stress, anxiety, depression and quality of life in women with polycystic ovary syndrome: a randomized controlled trial. Stress, 2015, 18, 57-66.	1.8	76
5	Association between problematic internet use, socio-demographic variables and obesity among European adolescents. European Journal of Public Health, 2016, 26, 617-622.	0.3	58
6	Mediterranean diet decreases adolescent waist circumference. European Journal of Clinical Investigation, 2017, 47, 447-455.	3.4	45
7	Exploring the Effects of Problematic Internet Use on Adolescent Sleep: A Systematic Review. International Journal of Environmental Research and Public Health, 2021, 18, 760.	2.6	42
8	Perturbations of genes essential for Müllerian duct and Wölffian duct development in Mayer-Rokitansky-Küster-Hauser syndrome. American Journal of Human Genetics, 2021, 108, 337-345.	6.2	41
9	Caffeine versus theophylline for apnea of prematurity: A randomised controlled trial. Journal of Paediatrics and Child Health, 2009, 45, 587-592.	0.8	39
10	Risk factors of premature coronary artery disease in Iran: A systematic review and metaâ€analysis. European Journal of Clinical Investigation, 2019, 49, e13124.	3.4	39
11	Use of nutritional supplements contaminated with banned doping substances by recreational adolescent athletes in Athens, Greece. Food and Chemical Toxicology, 2018, 115, 447-450.	3.6	37
12	Suicide in Adolescents: A Worldwide Preventable Tragedy. Keio Journal of Medicine, 2009, 58, 95-102.	1.1	32
13	ls there a relation between major depression and hair cortisol? A systematic review and meta-analysis. Psychoneuroendocrinology, 2021, 124, 105098.	2.7	32
14	Molecular mechanisms of the novel coronavirus SARS-CoV-2 and potential anti-COVID19 pharmacological targets since the outbreak of the pandemic. Food and Chemical Toxicology, 2020, 146, 111805.	3.6	31
15	Vitamin D predictors in polycystic ovary syndrome: a meta-analysis. European Journal of Clinical Investigation, 2017, 47, 746-755.	3.4	29
16	Can We Be Optimistic about Asthma in Childhood? A Greek Cohort Study. Journal of Asthma, 2009, 46, 171-174.	1.7	24
17	The Gn <scp>RH</scp> analogues affect novel neuropeptide <scp>SMIM</scp> 20/phoenixin and <scp>GPR</scp> 173 receptor expressions in the female rat hypothalamic–pituitary–gonadal ( <scp>HPG</scp> ) axis. Clinical and Experimental Pharmacology and Physiology, 2019, 46, 350-359.	1.9	24
18	Longitudinal study on novel neuropeptides phoenixin, spexin and kisspeptin in adolescent inpatients with anorexia nervosa – association with psychiatric symptoms. Nutritional Neuroscience, 2019, 24, 1-11.	3.1	21

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19	The Emerging Role of Sfrp5 and Wnt5a in the Pathogenesis of Obesity: Implications for a Healthy Diet and Lifestyle. Nutrients, 2021, 13, 2459.	4.1	20
20	Vegetarian Diets and Eating Disorders in Adolescents and Young Adults: A Systematic Review. Children, 2021, 8, 12.	1.5	20
21	Genital HPV in Children and Adolescents: Does Sexual Activity Make a Difference?. Journal of Pediatric and Adolescent Gynecology, 2016, 29, 228-233.	0.7	18
22	Disordered eating attitudes and emotional/behavioral adjustment in Greek adolescents. Eating and Weight Disorders, 2018, 23, 621-628.	2.5	18
23	NOTCH3 and CADASIL syndrome: a genetic and structural overview. EMBnet Journal, 2019, 24, e921.	0.6	18
24	A study of once-daily amikacin with low peak target concentrations in intensive care unit patients: Pharmacokinetics and associated outcomes. Journal of Critical Care, 2003, 18, 107-113.	2.2	17
25	Serum kisspeptin concentrations are negatively correlated with body mass index in adolescents with anorexia nervosa and amenorrhea. Hormones, 2017, 16, 33-41.	1.9	17
26	Validation of the Greek version of the Bergen Social Media Addiction Scale in Undergraduate Students. EMBnet Journal, 2021, 26, e975.	0.6	17
27	Sudden cardiac death in athletes and the value of cardiovascular magnetic resonance. European Journal of Clinical Investigation, 2018, 48, e12955.	3.4	16
28	Probiotics in Adolescent Prediabetes: A Pilot RCT on Glycemic Control and Intestinal Bacteriome. Journal of Clinical Medicine, 2019, 8, 1743.	2.4	16
29	Health risk behaviors among high school and university adolescent students. Experimental and Therapeutic Medicine, 2018, 16, 3433-3438.	1.8	15
30	Psychosocial health of adolescents in relation to underweight, overweight/obese status: the EU NET ADB survey. European Journal of Public Health, 2021, 31, 379-384.	0.3	15
31	Functions, pathophysiology and current insights of exosomal endocrinology (Review). Molecular Medicine Reports, 2020, 23, 1-1.	2.4	15
32	Menkes disease mimicking non-accidental injury. Archives of Disease in Childhood, 2006, 91, 919-919.	1.9	15
33	The prognostic role of micronutrient status and supplements in COVID-19 outcomes: A systematic review. Food and Chemical Toxicology, 2022, 162, 112901.	3.6	15
34	The effects of Pythagorean Self-Awareness Intervention on breast cancer patients undergoing adjuvant therapy: A pilot randomized controlled trial. Breast, 2020, 49, 210-218.	2.2	13
35	Cognitive function of children and adolescent survivors of acute lymphoblastic leukemia: A metaâ€'analysis. Oncology Letters, 2021, 21, 262.	1.8	13
36	Impact of a stress management program on weight loss, mental health and lifestyle in adults with obesity: a randomized controlled trial. Journal of Molecular Biochemistry, 2018, 7, 78-84.	0.1	13

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37	The Potential Role of Exosomes in Child and Adolescent Obesity. Children, 2021, 8, 196.	1.5	12
38	Reproductive and contraceptive issues in chronically ill adolescents. European Journal of Contraception and Reproductive Health Care, 2010, 15, 389-404.	1.5	11
39	The impact of probiotics' administration on glycemic control, body composition, gut microbiome, mitochondria, and other hormonal signals in adolescents with prediabetes – A randomized, controlled trial study protocol. Contemporary Clinical Trials Communications, 2018, 11, 55-62.	1.1	11
40	Pythagorean selfâ€awareness intervention: A novel cognitive stress management technique for body weight control. European Journal of Clinical Investigation, 2019, 49, e13164.	3.4	11
41	Polycystic Ovary Syndrome and Insulin Physiology: An Observational Quantitative Serum Proteomics Study in Adolescent, Normalâ€Weight Females. Proteomics - Clinical Applications, 2019, 13, 1800184.	1.6	11
42	Neuroimaging Findings in Adolescents and Young Adults with Anorexia Nervosa: A Systematic Review. Children, 2021, 8, 137.	1.5	11
43	Measuring Adolescent Chronic Stress: A Review of Established Biomarkers and Psychometric Instruments. Hormone Research in Paediatrics, 2023, 96, 74-82.	1.8	11
44	Greek teachers' resilience levels during the COVIDâ€19 pandemic lockdown and its association with attitudes towards emergency remote teaching and perceived stress. Psychology in the Schools, 2023, 60, 1459-1476.	1.8	11
45	Assessing the impact of risk-taking behavior on road crash involvement among University students residing in two Mediterranean countries. Safety Science, 2011, 49, 933-938.	4.9	10
46	Serum Spexin is Correlated with Lipoprotein(a) and Androgens in Female Adolescents. Journal of Clinical Medicine, 2019, 8, 2103.	2.4	10
47	Adolescent Idiopathic Scoliosis and Mental Health Disorders: A Narrative Review of the Literature. Children, 2022, 9, 597.	1.5	10
48	Netilmicin in the neonate: pharmacokinetic analysis and influence of parenteral nutrition. International Journal of Clinical Pharmacy, 2009, 31, 365-368.	1.4	9
49	Lean Women on Metformin and Oral Contraceptives for Polycystic Ovary Syndrome Demonstrate a Dehydrated Osteosarcopenic Phenotype: A Pilot Study. Nutrients, 2019, 11, 2055.	4.1	9
50	Sexual Dimorphism of Heart Rate Variability in Adolescence: A Case-Control Study on Depression, Anxiety, Stress Levels, Body Composition, and Heart Rate Variability in Adolescents with Impaired Fasting Glucose. International Journal of Environmental Research and Public Health, 2020, 17, 2688.	2.6	9
51	Cardiovascular Imaging in Obesity. Nutrients, 2021, 13, 744.	4.1	9
52	Haematological malignancies implications during the times of the COVID‑19 pandemic (Review). Oncology Letters, 2021, 22, 856.	1.8	9
53	Coronary microvascular disease: The "Meeting Point―of Cardiology, Rheumatology and Endocrinology. European Journal of Clinical Investigation, 2022, 52, e13737.	3.4	9
54	Sudden cardiac death in football players: Towards a new pre‑participation algorithm (Review). Experimental and Therapeutic Medicine, 2019, 17, 1143-1148.	1.8	8

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55	Spexin-expressing neurons in the magnocellular nuclei of the human hypothalamus. Journal of Chemical Neuroanatomy, 2021, 111, 101883.	2.1	8
56	Bioimpedance Measurements in Adolescents with Polycystic Ovary Syndrome: A Pilot Study. Advances in Experimental Medicine and Biology, 2017, 987, 291-299.	1.6	8
57	Telemedicine screening adolescent metabolic syndrome in Greek schools. European Journal of Clinical Investigation, 2019, 49, e13075.	3.4	7
58	Identifying early abdominal obesity risk in adolescents by telemedicine: A cross-sectional study in Greece. Food and Chemical Toxicology, 2020, 144, 111532.	3.6	7
59	Improving the Utility of Polygenic Risk Scores as a Biomarker for Alzheimer's Disease. Cells, 2021, 10, 1627.	4.1	7
60	The effects of Pythagorean Self-Awareness Intervention on patients with major depressive disorder: A pilot randomized controlled trial. Journal of Psychiatric Research, 2021, 138, 326-334.	3.1	7
61	Conserved functional motifs of the nuclear receptor superfamily as potential pharmacological targets. , 2021, 1, .		7
62	Stress management intervention to enhance adolescent resilience: a randomized controlled trial. EMBnet Journal, 2021, 26, e967.	0.6	7
63	The Rosenberg Self-Esteem Scale: Translation and Validation in the Greek Language in Adolescents. Advances in Experimental Medicine and Biology, 2021, 1339, 97-103.	1.6	7
64	Serum irisin concentrations in lean adolescents with polycystic ovary syndrome. Clinical Endocrinology, 2018, 88, 585-591.	2.4	6
65	Cyberbullying and Obesity in Adolescents: Prevalence and Associations in Seven European Countries of the EU NET ADB Survey. Children, 2021, 8, 235.	1.5	6
66	Exosomics. EMBnet Journal, 2020, 26, .	0.6	6
67	Polycystic οvary syndrome revisited: An interactions network approach. European Journal of Clinical Investigation, 2021, 51, e13578.	3.4	5
68	Clinical Genomic, phenotype and epigenetic insights into the pathology, autoimmunity and weight management of patients with Myasthenia Gravis (Review). Molecular Medicine Reports, 2021, 24, .	2.4	5
69	Cardiovascular Magnetic Resonance as Pathophysiologic Tool in Diabetes Mellitus. Frontiers in Endocrinology, 2021, 12, 672302.	3.5	5
70	Significant improvement of stress and aging biomarkers using a novel stress management program with the cognitive restructuring method "Pythagorean Self-Awareness Intervention" in patients with type 2 diabetes mellitus and healthy adults. Mechanisms of Ageing and Development, 2021, 198, 111538.	4.6	5
71	Difference in Hair Cortisol Concentrations between Obese and Non-Obese Children and Adolescents: A Systematic Review. Children, 2022, 9, 715.	1.5	5
72	Sporadic melanotic schwannoma with overlapping features of melanocytoma bearing a <i>GNA11</i> mutation in an adolescent girl. Pediatric Blood and Cancer, 2017, 64, e26400.	1.5	4

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73	Adolescent Self-Efficacy for Diet and Exercise Following a School-Based Multicomponent Lifestyle Intervention. Nutrients, 2022, 14, 97.	4.1	4
74	Influence of hormonal parameters, bone mineral density and bone turnover on fracture risk in healthy male adolescents: a case control study. Journal of Pediatric Endocrinology and Metabolism, 2014, 27, 685-92.	0.9	3
75	Primary amenorrhea in adolescent girls: normal coitus or not? Always take a look in the physician's office. BMC Women's Health, 2014, 14, 23.	2.0	3
76	A Case of COVID-19-Related Thrombocytopenia and Leukopenia in an Adolescent with Mild Symptoms. Children, 2021, 8, 509.	1.5	3
77	Stress Management as an Effective Complementary Therapeutic Strategy for Weight Loss in Children and Adolescents with Obesity: A Systematic Review of Randomized Controlled Trials. Children, 2021, 8, 670.	1.5	3
78	An updated evolutionary study of the nuclear receptor protein family. World Academy of Sciences Journal, 2021, 3, .	0.6	3
79	Stress Management in Elementary School Students: a Pilot Randomised Controlled Trial. EMBnet Journal, 2021, 26, e976.	0.6	3
80	A Biofeedback-Assisted Stress Management Program for Patients with Irritable Bowel Syndrome: a Randomised Controlled Trial. EMBnet Journal, 2021, 26, e980.	0.6	3
81	Cardiovascular magnetic resonance clarifies arrhythmogenicity in asymptomatic young athletes with ventricular arrhythmias undergoing pre‑participation evaluation. Experimental and Therapeutic Medicine, 2020, 20, 561-571.	1.8	3
82	Photoplethysmography (PPG)-determined heart rate variability (HRV) and extracellular water (ECW) in the evaluation of chronic stress and inflammation. Hormones, 2022, 21, 383-390.	1.9	3
83	Psychosocial Factors and Obesity in Adolescence: A Case-Control Study. Children, 2021, 8, 308.	1.5	2
84	Validation of the Greek version of the Problematic Internet Use Questionnaire - Short Form (PIUQ-SF-6). EMBnet Journal, 2021, 26, e978.	0.6	2
85	COVID‑19 global social lockdowns: Energy‑related, psychological, epigenetic, health and environmental impacts (Review). International Journal of Epigenetics, 2021, 1, .	0.5	2
86	Validation of the Cosmetic Procedure Screening (COPS) Questionnaire in the Greek language. EMBnet Journal, 2021, 26, e971.	0.6	2
87	Pythagorean Self Awareness Intervention in Caregivers of Patients with Motor Disabilities. EMBnet Journal, 2021, 26, e970.	0.6	2
88	Validation of the Instagram Addiction Scale in Greek Youth. EMBnet Journal, 2021, 26, e973.	0.6	2
89	Stress among pediatric oncology staff. A systematic review. EMBnet Journal, 2021, 26, e981.	0.6	2
90	Validation of the STOP-Bang Questionnaire in Greek Patients Suffering from Obstructive Sleep Apnea. Advances in Experimental Medicine and Biology, 2021, 1337, 77-82.	1.6	2

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91	Validation of the Greek Version of Social Media Disorder Scale. Advances in Experimental Medicine and Biology, 2021, 1338, 107-116.	1.6	2
92	The medical cyborg concept EMBnet Journal, 2022, 27, e1005.	0.6	2
93	Adolescent Perspectives About Online Hate Speech: Qualitative Analysis in the SELMA Project. Acta Medica Academica, 2021, 50, 264.	0.8	2
94	Pathophysiology of cognitive dysfunction and the role of combined brain/heart magnetic resonance imaging (Review). Experimental and Therapeutic Medicine, 2022, 24, .	1.8	2
95	Vulvar Varicosities in an Adolescent Girl with Morbid Obesity: A Case Report. Children, 2021, 8, 202.	1.5	1
96	Materials of biological origin and biofuels: Small environmental footprint and epigenetic impact (Review). International Journal of Epigenetics, 2021, 1, .	0.5	1
97	Reliability and validity of the Peer Relation Questionnaire in a sample of Greek school children and adolescents. EMBnet Journal, 2021, 26, e974.	0.6	1
98	Kisspeptin and the "Special Relationship―Between Reproduction and Metabolism: A Computational Approach. Medicinal Chemistry, 2020, 16, 796-811.	1.5	1
99	Stress Management in Women with Hashimoto's thyroiditis: A Randomized Controlled Trial. Journal of Molecular Biochemistry, 2019, 8, 3-12.	0.1	1
100	Circulating Irisin Levels in Preadolescents and Adolescents Born Preterm. Hormone Research in Paediatrics, 2021, 94, 416-425.	1.8	1
101	The Role of Pythagorean Self-Awareness Intervention in Obstructive Sleep Apnea. A Randomized Controlled Trial. Advances in Experimental Medicine and Biology, 2021, 1337, 83-87.	1.6	1
102	Bioinformatics Analyses of Spatial Peripheral Circadian Clock-Mediated Gene Expression of Glucocorticoid Receptor-Related Genes. Advances in Experimental Medicine and Biology, 2021, 1338, 67-79.	1.6	1
103	Hypertension Predisposition and Thermoregulation Delays in Adolescents with Polycystic Ovary Syndrome: A Pilot Study. Children, 2022, 9, 316.	1.5	1
104	Children and Parents' Awareness Regarding Potential Hazards Derived from the Use of Chemical Products in Greece. International Journal of Environmental Research and Public Health, 2021, 18, 12948.	2.6	1
105	ASTHMA IN GREEK CHILDREN FROM BIRTH TO 18 YEARS: A LONGITUDINAL STUDY. Pediatrics, 2008, 121, S106.2-S107.	2.1	Ο
106	External genitalia hypertrophy in an adolescent girl with Sanfilippo syndrome. European Journal of Contraception and Reproductive Health Care, 2016, 21, 412-413.	1.5	0
107	Research update for articles published in EJCI in 2017. European Journal of Clinical Investigation, 2019, 49, e13163.	3.4	0
108	The Epidemic of Obesity in a Pandemic Era: Urgency to Invest in Adolescent Health. Children, 2021, 8, 608.	1.5	0

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109	Studying Depression, Anxiety, Distress and Somatization in a Community Sample of 2,425 Adults in Greece. EMBnet Journal, 2021, 26, .	0.6	0
110	Validation of the Greek version of the Adolescent Sleep Hygiene Scale (ASHS). EMBnet Journal, 2021, 26, e979.	0.6	0
111	An in silico and in vitro pipeline for the rapid screening of helicase modulators. EMBnet Journal, 2020, 25, e927.	0.6	Ο
112	Greek Validation of Emotional Eating Scale for Children and Adolescents. Journal of Molecular Biochemistry, 2019, 8, 26-32.	0.1	0
113	The Effect of the Pythagorean Self-Awareness Intervention on Psychological, Lifestyle and Cognitive Measures of a Community Sample. Journal of Molecular Biochemistry, 2020, 9, 32-40.	0.1	0
114	Validation of the Stress in Children (SiC) Questionnaire in a Sample of Greek Pupils. Journal of Molecular Biochemistry, 2020, 9, 74-79.	0.1	0
115	Effects of the Pythagorean Self Awareness Intervention on Childhood Emotional Eating and Psychological Wellbeing: a Pragmatic Trial. Journal of Molecular Biochemistry, 2020, 9, 13-21.	0.1	Ο
116	Event-Related Rumination Inventory: A Validation Process in the Greek Language. Advances in Experimental Medicine and Biology, 2021, 1337, 149-158.	1.6	0
117	Fractal Dynamics in the RR Interval of Craniopharyngioma and Adrenal Tumor in Adolescence. Advances in Experimental Medicine and Biology, 2021, 1338, 183-191.	1.6	Ο
118	Tissue Characterization in Cardiology: Moving Beyond Function. Advances in Experimental Medicine and Biology, 2021, 1337, 89-97.	1.6	0
119	The Effects of Pythagorean Self-Awareness Intervention on Irritable Bowel Syndrome Patients: A Non-randomized Controlled Trial. Advances in Experimental Medicine and Biology, 2021, 1337, 345-354.	1.6	Ο
120	Entropy in Cardiac Autonomic Nervous System of Adolescents with General Learning Disabilities or Dyslexia. Advances in Experimental Medicine and Biology, 2021, 1339, 121-129.	1.6	0
121	Stress System Activation Analysis in Greek Female Adolescents: A Bioimpedance Study. Advances in Experimental Medicine and Biology, 2021, 1339, 105-110.	1.6	Ο
122	Cultural Accommodation of the Strengthening Families Program for Parents and Young Adolescents 10–14: Greek Phase I and II Study. Advances in Experimental Medicine and Biology, 2021, 1339, 283-299.	1.6	0
123	Validation of the Greek Version of Hedonic, Eudaimonic, and Extrinsic Motives for Activities (HEEMA) Instrument. Advances in Experimental Medicine and Biology, 2021, 1337, 137-147.	1.6	Ο
124	The Kentucky Inventory of Mindfulness Skills in Greek Undergraduate and Postgraduate Students. Advances in Experimental Medicine and Biology, 2021, 1339, 227-238.	1.6	0
125	Effects of an 8-Week Stress Management Program in Women with Breast Cancer: A Randomized Controlled Trial. Advances in Experimental Medicine and Biology, 2021, 1339, 85-95.	1.6	0
126	Molecular fusion events in carcinogenic organisms: a bioinformatics study for the detection of fused proteins between viruses, bacteria and eukaryotes EMBnet Journal, 2022, 27, e1004.	0.6	0

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127	Earlier Age at Menarche Is Associated with Body Fat and Negative Body Image in Adult Life. Behavioral Medicine, 2023, 49, 105-114.	1.9	Ο
128	NFB-15. "Cognitive Impairments in Children and Adolescents with Neurofibromatosis". Neuro-Oncology, 2022, 24, i131-i131.	1.2	0