

Mooventhan A

List of Publications by Year in descending order

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33
papers

306
citations

1040056

9
h-index

940533

16
g-index

34
all docs

34
docs citations

34
times ranked

333
citing authors

#	ARTICLE	IF	CITATIONS
1	Evidence based effects of yoga in neurological disorders. Journal of Clinical Neuroscience, 2017, 43, 61-67.	1.5	59
2	Effect of a Yoga Based Meditation Technique on Emotional Regulation, Self-compassion and Mindfulness in College Students. Explore: the Journal of Science and Healing, 2018, 14, 443-447.	1.0	35
3	Efficacy of Acupuncture in the Management of Primary Dysmenorrhea: A Randomized Controlled Trial. JAMS Journal of Acupuncture and Meridian Studies, 2018, 11, 153-158.	0.7	34
4	Effect of Bhramari pranayama and OM chanting on pulmonary function in healthy individuals: A prospective randomized control trial. International Journal of Yoga, 2014, 7, 104.	1.0	32
5	Evidence based effects of yoga practice on various health related problems of elderly people: A review. Journal of Bodywork and Movement Therapies, 2017, 21, 1028-1032.	1.2	23
6	Immediate Effect of Needling at CV-12 (Zhongwan) Acupuncture Point on Blood Glucose Level in Patients with Type 2 Diabetes Mellitus: A Pilot Randomized Placebo-Controlled Trial. JAMS Journal of Acupuncture and Meridian Studies, 2017, 10, 240-244.	0.7	22
7	Role of yoga in the prevention and management of various cardiovascular diseases and their risk factors: A comprehensive scientific evidence-based review. Explore: the Journal of Science and Healing, 2020, 16, 257-263.	1.0	12
8	Short-term effect of add on bell pepper (Capsicum annum var. grossum) juice with integrated approach of yoga therapy on blood glucose levels and cardiovascular functions in patients with type 2 diabetes mellitus: A randomized controlled study. Complementary Therapies in Medicine, 2017, 34, 42-45.	2.7	10
9	Effects of ice massage of the head and spine on heart rate variability in healthy volunteers. Journal of Integrative Medicine, 2016, 14, 306-310.	3.1	9
10	Does short-term lemon honey juice fasting have effect on lipid profile and body composition in healthy individuals?. Journal of Ayurveda and Integrative Medicine, 2016, 7, 11-13.	1.7	7
11	Effect of Needling at CV-12 (Zhongwan) on Blood Glucose Levels in Healthy Volunteers: A Pilot Randomized Placebo Controlled Trial. JAMS Journal of Acupuncture and Meridian Studies, 2016, 9, 307-310.	0.7	7
12	A narrative review on role of Yoga as an adjuvant in the management of risk factor, disease progression and the complications of type 2 diabetes mellitus. Diabetes and Metabolic Syndrome: Clinical Research and Reviews, 2017, 11, S343-S346.	3.6	7
13	Effect of hot arm and foot bath on heart rate variability and blood pressure in healthy volunteers. Journal of Complementary and Integrative Medicine, 2020, 17, .	0.9	7
14	A comprehensive review on scientific evidence-based effects (including adverse effects) of yoga for normal and high-risk pregnancy-related health problems. Journal of Bodywork and Movement Therapies, 2019, 23, 721-727.	1.2	7
15	Effect of Moola Bandha (Perineum Contraction), A Yogic Lock on Cognitive Functions of College Students: An Exploratory Study. Journal of Religion and Health, 2020, 59, 1388-1397.	1.7	4
16	Effect of bilateral needling at an acupuncture point, ST-36 (Zusanli) on blood glucose levels in type 2 diabetes mellitus patients: A pilot randomized placebo controlled trial. Journal of Complementary and Integrative Medicine, 2020, 17, .	0.9	4
17	Influence of Time of Yoga Practice and Gender Differences on Blood Glucose Levels in Type 2 Diabetes Mellitus and Normal Healthy Adults. Explore: the Journal of Science and Healing, 2018, 14, 283-288.	1.0	3
18	Immediate effect of hot chest pack on cardio-respiratory functions in healthy volunteers: A randomized cross-over study. Advances in Integrative Medicine, 2018, 5, 63-68.	0.9	3

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19	Effect of mud pack to eyes on psychological variables in healthy volunteers: a pilot randomized controlled trial. <i>Journal of Complementary and Integrative Medicine</i> , 2019, 16, .	0.9	3
20	Effects of yoga for cardiovascular and respiratory functions: a pilot study. <i>Integrative Medicine Research</i> , 2019, 8, 180.	1.8	2
21	Comparative study on effect of neutral spinal bath and neutral spinal spray on blood pressure, heart rate and heart rate variability in healthy volunteers. <i>Journal of Complementary and Integrative Medicine</i> , 2019, 16, .	0.9	2
22	Effect of cold hip bath on blood glucose levels in patients with type 2 diabetes mellitus: A pilot study. <i>Diabetes and Metabolism</i> , 2020, 46, 411-412.	2.9	2
23	Effect of trataka (yogic gazing) on insomnia severity and quality of sleep in people with insomnia. <i>Explore: the Journal of Science and Healing</i> , 2020, , .	1.0	2
24	Twenty minutes of gastro-hepatic pack reduces blood glucose levels in patients with type 2 diabetes mellitus: A pilot single group pre-post study. <i>Advances in Integrative Medicine</i> , 2020, 7, 148-151.	0.9	2
25	Effect of banana leaf bath (a type of heliotherapy) on short-term heart rate variability changes in healthy individuals: A pilot study. <i>Advances in Integrative Medicine</i> , 2021, 8, 17-19.	0.9	2
26	Effect of yoga on plasma glucose, lipid profile, blood pressure and insulin requirement in a patient with type 1 diabetes mellitus. <i>Journal of Complementary and Integrative Medicine</i> , 2021, 18, 649-651.	0.9	2
27	Add-on Effect Of Hot Sand Fomentation To Yoga On Pain, Disability, And Quality Of Life In Chronic Neck Pain Patients. <i>Explore: the Journal of Science and Healing</i> , 2018, 14, 373-378.	1.0	1
28	Effect of yoga and naturopathy on liver, renal and cardiorespiratory functions of a patient with hepatic cirrhosis with portal hypertension and ascites: a case report. <i>Journal of Complementary and Integrative Medicine</i> , 2018, 15, .	0.9	1
29	Effect of yoga and naturopathy-based lifestyle modification on left ventricular ejection fraction in a patient with severe triple vessel disease: A case report. <i>Explore: the Journal of Science and Healing</i> , 2020, 16, 94-96.	1.0	1
30	Does the article titled "Hot arm and foot bath on heart rate variability and blood pressure in healthy volunteers" needs to be verified with standard device? Have reporting bias?. <i>Journal of Complementary and Integrative Medicine</i> , 2020, .	0.9	0
31	Effect of yoga and naturopathy on disease activity and symptom burdens in a patient with active ulcerative colitis: a case report. <i>Journal of Complementary and Integrative Medicine</i> , 2020, .	0.9	0
32	Effect of yoga on cardiovascular functions and psychological aspects of people on public service-related work: an exploratory study. <i>Journal of Complementary and Integrative Medicine</i> , 2021, .	0.9	0
33	Effect of acupuncture on cognitive task performance of college students: a pilot study. <i>Journal of Complementary and Integrative Medicine</i> , 2021, 18, 633-636.	0.9	0