## Anahita Houshiar Rad

List of Publications by Year in descending order

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430874 477307 28 1,589 18 29 citations g-index h-index papers 30 30 30 2515 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Daily consumption of vitamin D– or vitamin D + calcium–fortified yogurt drink improved glycemic control in patients with type 2 diabetes: a randomized clinical trial. American Journal of Clinical Nutrition, 2011, 93, 764-771.	4.7	236
2	Validity and reliability of a new food frequency questionnaire compared to 24 h recalls and biochemical measurements: pilot phase of Golestan cohort study of esophageal cancer. European Journal of Clinical Nutrition, 2006, 60, 971-977.	2.9	181
3	A 12-week double-blind randomized clinical trial of vitamin D3supplementation on body fat mass in healthy overweight and obese women. Nutrition Journal, 2012, 11, 78.	3.4	153
4	Regular consumption of vitamin D-fortified yogurt drink (Doogh) improved endothelial biomarkers in subjects with type 2 diabetes: a randomized double-blind clinical trial. BMC Medicine, 2011, 9, 125.	5 <b>.</b> 5	129
5	Improvement of vitamin D status resulted in amelioration of biomarkers of systemic inflammation in the subjects with type 2 diabetes. Diabetes/Metabolism Research and Reviews, 2012, 28, 424-430.	4.0	110
6	The impact of dietary habits and metabolic risk factors on cardiovascular and diabetes mortality in countries of the Middle East and North Africa in 2010: a comparative risk assessment analysis. BMJ Open, 2015, 5, e006385-e006385.	1.9	105
7	Consumption of trans fats and estimated effects on coronary heart disease in Iran. European Journal of Clinical Nutrition, 2007, 61, 1004-1010.	2.9	104
8	Validity of an adapted Household Food Insecurity Access Scale in urban households in Iran. Public Health Nutrition, 2012, 15, 149-157.	2.2	83
9	Vitamin D Receptor <i>Fok-I</i> Polymorphism Modulates Diabetic Host Response to Vitamin D Intake. Diabetes Care, 2013, 36, 550-556.	8.6	65
10	Vitamin D <sub>3</sub> and the risk of CVD in overweight and obese women: a randomised controlled trial. British Journal of Nutrition, 2012, 108, 1866-1873.	2.3	60
11	Dietary patterns and breast cancer risk among women. Public Health Nutrition, 2014, 17, 1098-1106.	2.2	53
12	The biomarker-based validity of a food frequency questionnaire to assess the intake status of folate, pyridoxine and cobalamin among Iranian primary breast cancer patients. European Journal of Clinical Nutrition, 2014, 68, 316-323.	2.9	49
13	Dietary Phytochemical Index and the Risk of Breast Cancer: A Case Control Study in a Population of Iranian Women. Asian Pacific Journal of Cancer Prevention, 2013, 14, 2747-2751.	1.2	36
14	Dietary patterns and risk of oesophageal squamous cell carcinoma: a case–control study. Public Health Nutrition, 2010, 13, 1107-1112.	2.2	35
15	Is the adapted Radimer/Cornell questionnaire valid to measure food insecurity of urban households in Tehran, Iran?. Public Health Nutrition, 2007, 10, 855-861.	2.2	32
16	Fruits and Vegetables Consumption and Esophageal Squamous Cell Carcinoma: A Case-Control Study. Nutrition and Cancer, 2011, 63, 707-713.	2.0	32
17	Regular Consumption of Both Vitamin D– and Calcium- and Vitamin D–Fortified Yogurt Drink Is Equally Accompanied by Lowered Blood Lipoprotein (a) and Elevated Apoprotein A1 in Subjects with Type 2 Diabetes: A Randomized Clinical Trial. Journal of the American College of Nutrition, 2013, 32, 26-30.	1.8	32
18	Development of Food-Based Dietary Guidelines for Iran: A Preliminary Report. Annals of Nutrition and Metabolism, 2007, 51, 32-35.	1.9	20

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19	Refined carbohydrate intake in relation to non-verbal intelligence among Tehrani schoolchildren. Public Health Nutrition, 2012, 15, 1925-1931.	2.2	12
20	Is Dairy Intake Associated to Breast Cancer? A Case Control Study of Iranian Women. Nutrition and Cancer, 2013, 65, 1164-1170.	2.0	11
21	Vitamin D status and the predictors of circulating T helper 1â€type immunoglobulin levels in Iranian subjects with type 1 diabetes and their siblings: a caseâ€control study. Journal of Human Nutrition and Dietetics, 2012, 25, 365-372.	2.5	10
22	Personal Characteristics and Urinary Stones. Hong Kong Journal of Nephrology, 2009, 11, 14-19.	0.0	8
23	Predictors of Serum Levels of High Sensitivity C-Reactive Protein and Systolic Blood Pressure in Overweight and Obese Nondiabetic Women in Tehran: A Cross-Sectional Study. Metabolic Syndrome and Related Disorders, 2011, 9, 41-47.	1.3	7
24	Evidence for augmented oxidative stress in the subjects with type 1 diabetes and their siblings: a possible preventive role for antioxidants. European Journal of Clinical Nutrition, 2012, 66, 1054-1058.	2.9	7
25	Dietary assessment of hemodialysis patients in <scp>T</scp> ehran, <scp>I</scp> ran. Hemodialysis International, 2011, 15, 530-537.	0.9	6
26	Nutritional status of the Iranian children with physical disability: a cross-sectional study. Asia Pacific Journal of Clinical Nutrition, 2010, 19, 223-30.	0.4	6
27	Nutritional and food insecurity of construction workers. Work, 2016, 54, 601-608.	1.1	3
28	Encapsulating, a feasible and promising approach to combat vitamin D deficiency. Pharmaceutical Sciences, 2021, , .	0.2	1