

Dieter Riemann

List of Publications by Year in descending order

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347
papers

25,862
citations

10986

71
h-index

8167

148
g-index

404
all docs

404
docs citations

404
times ranked

18340
citing authors

#	ARTICLE	IF	CITATIONS
1	Insomnia as a predictor of depression: A meta-analytic evaluation of longitudinal epidemiological studies. <i>Journal of Affective Disorders</i> , 2011, 135, 10-19.	4.1	1,881
2	European guideline for the diagnosis and treatment of insomnia. <i>Journal of Sleep Research</i> , 2017, 26, 675-700.	3.2	1,334
3	Test-retest reliability and validity of the Pittsburgh Sleep Quality Index in primary insomnia. <i>Journal of Psychosomatic Research</i> , 2002, 53, 737-740.	2.6	1,292
4	The hyperarousal model of insomnia: A review of the concept and its evidence. <i>Sleep Medicine Reviews</i> , 2010, 14, 19-31.	8.5	1,265
5	Dealing with sleep problems during home confinement due to the COVID-19 outbreak: Practical recommendations from a task force of the European CBT Academy. <i>Journal of Sleep Research</i> , 2020, 29, e13052.	3.2	688
6	Sleep and mental disorders: A meta-analysis of polysomnographic research.. <i>Psychological Bulletin</i> , 2016, 142, 969-990.	6.1	658
7	Sleep and emotions: A focus on insomnia. <i>Sleep Medicine Reviews</i> , 2010, 14, 227-238.	8.5	619
8	Insomnia as a predictor of mental disorders: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2019, 43, 96-105.	8.5	614
9	Sleep and depression – results from psychobiological studies: an overview. <i>Biological Psychology</i> , 2001, 57, 67-103.	2.2	556
10	Primary insomnia: a risk factor to develop depression?. <i>Journal of Affective Disorders</i> , 2003, 76, 255-259.	4.1	531
11	Insomnia disorder. <i>Nature Reviews Disease Primers</i> , 2015, 1, 15026.	30.5	425
12	The treatments of chronic insomnia: A review of benzodiazepine receptor agonists and psychological and behavioral therapies. <i>Sleep Medicine Reviews</i> , 2009, 13, 205-214.	8.5	403
13	The neurobiology, investigation, and treatment of chronic insomnia. <i>Lancet Neurology</i> , The, 2015, 14, 547-558.	10.2	385
14	Sleep, insomnia, and depression. <i>Neuropsychopharmacology</i> , 2020, 45, 74-89.	5.4	364
15	REM sleep dysregulation in depression: State of the art. <i>Sleep Medicine Reviews</i> , 2013, 17, 377-390.	8.5	330
16	Interleukin-6 (IL-6) plasma levels in depression and schizophrenia: comparison between the acute state and after remission. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 1997, 247, 228-233.	3.2	322
17	Periodic leg movements in sleep and periodic limb movement disorder: Prevalence, clinical significance and treatment. <i>Sleep Medicine Reviews</i> , 2006, 10, 169-177.	8.5	280
18	Sleep changes in the disorder of insomnia: A meta-analysis of polysomnographic studies. <i>Sleep Medicine Reviews</i> , 2014, 18, 195-213.	8.5	261

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19	Effect of illicit recreational drugs upon sleep: Cocaine, ecstasy and marijuana. <i>Sleep Medicine Reviews</i> , 2008, 12, 381-389.	8.5	253
20	From early to late adulthood changes in EEG sleep of depressed patients and healthy volunteers. <i>Biological Psychiatry</i> , 1991, 29, 979-993.	1.3	246
21	Chronic Insomnia and MRI-Measured Hippocampal Volumes: A Pilot Study. <i>Sleep</i> , 2007, 30, 955-958.	1.1	222
22	Sleep Loss and Hypertension: A Systematic Review. <i>Current Pharmaceutical Design</i> , 2013, 19, 2409-2419.	1.9	216
23	REM sleep in depression – an overview. <i>Journal of Sleep Research</i> , 1993, 2, 211-223.	3.2	203
24	Sleep and memory in healthy children and adolescents – A critical review. <i>Sleep Medicine Reviews</i> , 2010, 14, 167-177.	8.5	200
25	Doxepin in the Treatment of Primary Insomnia. <i>Journal of Clinical Psychiatry</i> , 2001, 62, 453-463.	2.2	182
26	How smoking affects sleep: A polysomnographical analysis. <i>Sleep Medicine</i> , 2012, 13, 1286-1292.	1.6	169
27	Does REM sleep contribute to subjective wake time in primary insomnia? A comparison of polysomnographic and subjective sleep in 100 patients. <i>Journal of Sleep Research</i> , 2008, 17, 180-190.	3.2	168
28	Nocturnal cortisol and melatonin secretion in primary insomnia. <i>Psychiatry Research</i> , 2002, 113, 17-27.	3.3	167
29	Increased nocturnal interleukin-6 excretion in patients with primary insomnia: A pilot study. <i>Brain, Behavior, and Immunity</i> , 2006, 20, 246-253.	4.1	162
30	REM Sleep Instability – A New Pathway for Insomnia?. <i>Pharmacopsychiatry</i> , 2012, 45, 167-76.	3.3	161
31	Chronic sleep loss during pregnancy as a determinant of stress: impact on pregnancy outcome. <i>Sleep Medicine</i> , 2014, 15, 853-859.	1.6	161
32	Are there gender differences in objective and subjective sleep measures? A study of insomniacs and healthy controls. <i>Depression and Anxiety</i> , 2003, 17, 162-172.	4.1	160
33	Heart rate and heart rate variability in subjectively reported insomnia. <i>Journal of Sleep Research</i> , 2011, 20, 137-145.	3.2	159
34	Poor Sleep Quality and Its Consequences on Mental Health During the COVID-19 Lockdown in Italy. <i>Frontiers in Psychology</i> , 2020, 11, 574475.	2.1	159
35	Effects of nicotine on sleep during consumption, withdrawal and replacement therapy. <i>Sleep Medicine Reviews</i> , 2009, 13, 363-377.	8.5	158
36	Insomnia and comorbid psychiatric disorders. <i>Sleep Medicine</i> , 2007, 8, S15-S20.	1.6	153

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37	Increased EEG sigma and beta power during NREM sleep in primary insomnia. <i>Biological Psychology</i> , 2012, 91, 329-333.	2.2	151
38	The reorganisation of memory during sleep. <i>Sleep Medicine Reviews</i> , 2014, 18, 531-541.	8.5	145
39	The European Academy for Cognitive Behavioural Therapy for Insomnia: An initiative of the European Insomnia Network to promote implementation and dissemination of treatment. <i>Journal of Sleep Research</i> , 2020, 29, e12967.	3.2	138
40	Slow dissolving of emotional distress contributes to hyperarousal. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2016, 113, 2538-2543.	7.1	133
41	Acute insomnia: Current conceptualizations and future directions. <i>Sleep Medicine Reviews</i> , 2012, 16, 5-14.	8.5	130
42	The microstructure of sleep in primary insomnia: An overview and extension. <i>International Journal of Psychophysiology</i> , 2013, 89, 171-180.	1.0	128
43	Insomnia Disorder is Associated with Increased Amygdala Reactivity to Insomnia-Related Stimuli. <i>Sleep</i> , 2014, 37, 1907-1917.	1.1	125
44	Aetiology and treatment of nightmare disorder: State of the art and future perspectives. <i>Journal of Sleep Research</i> , 2019, 28, e12820.	3.2	119
45	Impaired sleep quality and sleep duration in smokersâ€™ results from the German MUlticenter SStudy on Nicotine Dependence. <i>Addiction Biology</i> , 2014, 19, 486-496.	2.6	116
46	The effectiveness of behavioural and cognitive behavioural therapies for insomnia on depressive and fatigue symptoms: A systematic review and network meta-analysis. <i>Sleep Medicine Reviews</i> , 2018, 37, 114-129.	8.5	114
47	Sleep recalibrates homeostatic and associative synaptic plasticity in the human cortex. <i>Nature Communications</i> , 2016, 7, 12455.	12.8	109
48	Long-term effectiveness of a short-term cognitive-behavioral group treatment for primary insomnia. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2001, 251, 35-41.	3.2	107
49	Polysomnography Findings in Patients with Restless Legs Syndrome and in Healthy Controls: A Comparative Observational Study. <i>Sleep</i> , 2007, 30, 861-865.	1.1	106
50	Impaired Sleep-Related Memory Consolidation in Primary Insomniaâ€™A Pilot Study. <i>Sleep</i> , 2006, 29, 1068-1073.	1.1	105
51	Comorbid Sleep Disorders in Neuropsychiatric Disorders Across the Life Cycle. <i>Current Psychiatry Reports</i> , 2013, 15, 364.	4.5	104
52	EEG sigma and slow-wave activity during NREM sleep correlate with overnight declarative and procedural memory consolidation. <i>Journal of Sleep Research</i> , 2012, 21, 612-619.	3.2	102
53	Sleep and cognitive performance: cross-sectional associations in the UK Biobank. <i>Sleep Medicine</i> , 2017, 38, 85-91.	1.6	102
54	Poor sleep quality and resistant hypertension. <i>Sleep Medicine</i> , 2013, 14, 1157-1163.	1.6	100

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55	Learning as a Model for Neural Plasticity in Major Depression. <i>Biological Psychiatry</i> , 2010, 68, 544-552.	1.3	99
56	Is Chronic Insomnia a Precursor to Major Depression? Epidemiological and Biological Findings. <i>Current Psychiatry Reports</i> , 2012, 14, 511-518.	4.5	99
57	Effects of Alcohol on Polysomnographically Recorded Sleep in Healthy Subjects. <i>Alcoholism: Clinical and Experimental Research</i> , 2006, 30, 1527-1537.	2.4	98
58	Insomnia Does Not Appear to be Associated With Substantial Structural Brain Changes. <i>Sleep</i> , 2013, 36, 731-737.	1.1	97
59	Impact of Sleep-Related Complaints on Depressive Symptoms in Patients With Restless Legs Syndrome. <i>Journal of Clinical Psychiatry</i> , 2005, 66, 1139-1145.	2.2	96
60	Sleep and sleep disorders in adults with attention deficit/hyperactivity disorder. <i>Sleep Medicine Reviews</i> , 2006, 10, 399-405.	8.5	92
61	The genetics of insomnia – Evidence for epigenetic mechanisms?. <i>Sleep Medicine Reviews</i> , 2014, 18, 225-235.	8.5	92
62	Magnesium Therapy for Periodic Leg Movements-related Insomnia and Restless Legs Syndrome: An Open Pilot Study. <i>Sleep</i> , 1998, 21, 501-505.	1.1	91
63	Insomnia in central neurologic diseases – Occurrence and management. <i>Sleep Medicine Reviews</i> , 2011, 15, 369-378.	8.5	91
64	Sleep in Adults with Attention-Deficit/Hyperactivity Disorder: a Controlled Polysomnographic Study Including Spectral Analysis of the Sleep EEG. <i>Sleep</i> , 2005, 28, 877-884.	1.1	90
65	The association between insomnia and cardiovascular diseases. <i>Nature and Science of Sleep</i> , 2010, 2, 71.	2.7	85
66	Cognitive behavioral therapy for insomnia in patients with mental disorders and comorbid insomnia: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2022, 62, 101597.	8.5	80
67	Sleep-related memory consolidation in primary insomnia. <i>Journal of Sleep Research</i> , 2011, 20, 129-136.	3.2	79
68	Standard procedures for adults in accredited sleep medicine centres in Europe. <i>Journal of Sleep Research</i> , 2012, 21, 357-368.	3.2	78
69	Sleep EEG of patients with obsessive-compulsive disorder. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 1994, 243, 273-278.	3.2	77
70	Insomnia disorder: State of the science and challenges for the future. <i>Journal of Sleep Research</i> , 2022, 31, .	3.2	77
71	Modulation of Total Sleep Time by Transcranial Direct Current Stimulation (tDCS). <i>Neuropsychopharmacology</i> , 2016, 41, 2577-2586.	5.4	76
72	Sleep in depression: the influence of age, gender and diagnostic subtype on baseline sleep and the cholinergic REM induction test with RS 86. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 1994, 243, 279-290.	3.2	75

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73	Sleep and Sleep-Wake Manipulations in Bipolar Depression. <i>Neuropsychobiology</i> , 2002, 45, 7-12.	1.9	75
74	Memory Before and After Sleep in Patients with Moderate Obstructive Sleep Apnea. <i>Journal of Clinical Sleep Medicine</i> , 2009, 05, 540-548.	2.6	75
75	Objective sleep disturbances are associated with greater waking resting-state connectivity between the retrosplenial cortex/hippocampus and various nodes of the default mode network. <i>Journal of Psychiatry and Neuroscience</i> , 2016, 41, 295-303.	2.4	73
76	Chronic Insomnia: Clinical and Research Challenges - An Agenda. <i>Pharmacopsychiatry</i> , 2011, 44, 1-14.	3.3	72
77	Reduced anterior internal capsule white matter integrity in primary insomnia. <i>Human Brain Mapping</i> , 2014, 35, 3431-3438.	3.6	72
78	Interventions for sleep problems during pregnancy: A systematic review. <i>Sleep Medicine Reviews</i> , 2020, 50, 101234.	8.5	72
79	Neuroendocrinological investigations during sleep deprivation in depression II. Longitudinal measurement of thyrotropin, TH, cortisol, prolactin, GH, and LH during sleep and sleep deprivation. <i>Biological Psychiatry</i> , 1990, 28, 569-587.	1.3	71
80	Effect of morning and afternoon naps on mood after total sleep deprivation in patients with major depression. <i>Biological Psychiatry</i> , 1993, 33, 467-476.	1.3	71
81	Treatment of primary insomnia with trimipramine: An alternative to benzodiazepine hypnotics?. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 1994, 244, 65-72.	3.2	71
82	Influence of the cholinesterase inhibitor galanthamine hydrobromide on normal sleep. <i>Psychiatry Research</i> , 1994, 51, 253-267.	3.3	71
83	Impact of Experimentally Induced Serotonin Deficiency by Tryptophan Depletion on Sleep EEG in Healthy Subjects. <i>Neuropsychopharmacology</i> , 1998, 18, 112-124.	5.4	71
84	Sleep restriction over several days does not affect long-term recall of declarative and procedural memories in adolescents. <i>Sleep Medicine</i> , 2011, 12, 170-178.	1.6	71
85	Dopamine agonists for the treatment of restless legs syndrome. <i>The Cochrane Library</i> , 2011, 2011, CD006009.	2.8	71
86	The key role of insomnia and sleep loss in the dysregulation of multiple systems involved in mood disorders: A proposed model. <i>Journal of Sleep Research</i> , 2019, 28, e12841.	3.2	70
87	Cholinergic REM induction test: Muscarinic supersensitivity underlies polysomnographic findings in both depression and Schizophrenia. <i>Journal of Psychiatric Research</i> , 1994, 28, 195-210.	3.1	69
88	Periodic limb movements during sleep are a frequent finding in patients with Gilles de la Tourette's syndrome. <i>Journal of Neurology</i> , 1997, 244, 521-526.	3.6	67
89	Synaptic plasticity model of therapeutic sleep deprivation in major depression. <i>Sleep Medicine Reviews</i> , 2016, 30, 53-62.	8.5	66
90	Increased delta power and discrepancies in objective and subjective sleep measurements in borderline personality disorder. <i>Journal of Psychiatric Research</i> , 2005, 39, 489-498.	3.1	65

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91	Sleep and the cholinergic rapid eye movement sleep induction test in patients with primary alcohol dependence. <i>Biological Psychiatry</i> , 2001, 50, 383-390.	1.3	64
92	Initial REM sleep suppression by clomipramine: A prognostic tool for treatment response in patients with a major depressive disorder. <i>Biological Psychiatry</i> , 1986, 21, 1217-1220.	1.3	63
93	Sleep in obsessive compulsive disorder. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2007, 257, 173-182.	3.2	63
94	Functional and structural brain alterations in insomnia: implications for pathophysiology. <i>European Journal of Neuroscience</i> , 2009, 29, 1754-1760.	2.6	62
95	Neuroimaging Insights into Insomnia. <i>Current Neurology and Neuroscience Reports</i> , 2015, 15, 9.	4.2	62
96	The efficacy of cognitive and behavior therapies for insomnia on daytime symptoms: A systematic review and network meta-analysis. <i>Clinical Psychology Review</i> , 2020, 80, 101873.	11.4	62
97	Reference Data for Polysomnography-Measured and Subjective Sleep in Healthy Adults. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 523-532.	2.6	61
98	Lack of Resilience Is Related to Stress-Related Sleep Reactivity, Hyperarousal, and Emotion Dysregulation in Insomnia Disorder. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 759-766.	2.6	61
99	Effects of the Neuropeptide Substance P on Sleep, Mood, and Neuroendocrine Measures in Healthy Young Men. <i>Neuropsychopharmacology</i> , 2002, 27, 1041-1049.	5.4	60
100	A polysomnographic study in young psychiatric inpatients: major depression, anorexia nervosa, bulimia nervosa. <i>Journal of Affective Disorders</i> , 1990, 18, 235-245.	4.1	59
101	Induction of cytokine synthesis and fever suppresses REM sleep and improves mood in patients with major depression. <i>Biological Psychiatry</i> , 1995, 38, 611-621.	1.3	59
102	Voxel-based morphometry in unmedicated patients with restless legs syndrome. <i>Sleep Medicine</i> , 2007, 9, 22-26.	1.6	59
103	Do periodic leg movements influence patients' perception of sleep quality?. <i>Sleep Medicine</i> , 2004, 5, 597-600.	1.6	57
104	Phase-amplitude coupling of sleep slow oscillatory and spindle activity correlates with overnight memory consolidation. <i>Journal of Sleep Research</i> , 2019, 28, e12835.	3.2	57
105	Sleep, insomnia and mental health. <i>Journal of Sleep Research</i> , 2022, 31, e13628.	3.2	57
106	EEG sleep and the cholinergic REM induction test in anorexic and bulimic patients. <i>Psychiatry Research</i> , 1988, 26, 171-181.	3.3	56
107	Clinical implications of the causal relationship between insomnia and depression: how individually tailored treatment of sleeping difficulties could prevent the onset of depression. <i>EPMA Journal</i> , 2011, 2, 287-293.	6.1	55
108	Top-down control of arousal and sleep: Fundamentals and clinical implications. <i>Sleep Medicine Reviews</i> , 2017, 31, 17-24.	8.5	55

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109	Variability of periodic leg movements in various sleep disorders: implications for clinical and pathophysiologic studies. <i>Sleep</i> , 2005, 28, 331-5.	1.1	54
110	Naps after total sleep deprivation in depressed patients: Are they depressiogenic?. <i>Psychiatry Research</i> , 1993, 49, 109-120.	3.3	53
111	Delta sleep ratio as a predictor of sleep deprivation response in major depression. <i>Journal of Psychiatric Research</i> , 2001, 35, 155-163.	3.1	53
112	Fluoxetine and Sleep EEG Effects of a Single Dose, Subchronic Treatment, and Discontinuation in Healthy Subjects. <i>Neuropsychopharmacology</i> , 2002, 26, 246-258.	5.4	53
113	Neuropsychological Impairment in Obsessive-Compulsive Disorder—Improvement Over the Course of Cognitive Behavioral Treatment. <i>Journal of Clinical and Experimental Neuropsychology</i> , 2006, 28, 1273-1287.	1.3	53
114	Early-life origin of adult insomnia: does prenatal—early-life stress play a role?. <i>Sleep Medicine</i> , 2015, 16, 446-456.	1.6	53
115	Insomnia in the Italian Population During Covid-19 Outbreak: A Snapshot on One Major Risk Factor for Depression and Anxiety. <i>Frontiers in Psychiatry</i> , 2020, 11, 579107.	2.6	53
116	Sleep—related attentional bias in patients with primary insomnia compared with sleep experts and healthy controls. <i>Journal of Sleep Research</i> , 2008, 17, 191-196.	3.2	52
117	Polysomnographic Characteristics of Sleep in Stroke: A Systematic Review and Meta-Analysis. <i>PLoS ONE</i> , 2016, 11, e0148496.	2.5	52
118	Periodic limb movements during sleep in alcohol dependent patients. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2002, 252, 124-129.	3.2	48
119	REM sleep and memory reorganization: Potential relevance for psychiatry and psychotherapy. <i>Neurobiology of Learning and Memory</i> , 2015, 122, 28-40.	1.9	48
120	Influence of the Cholinergic Agonist RS 86 on normal sleep: Sex and age effects. <i>Psychiatry Research</i> , 1988, 24, 137-147.	3.3	47
121	Independent sleep EEG slow-wave and spindle band dynamics associated with 4 weeks of continuous application of short-half-life hypnotics in healthy subjects. <i>Clinical Neurophysiology</i> , 1999, 110, 1965-1974.	1.5	47
122	Sleep Electroencephalographic Spectral Power After Withdrawal from Alcohol in Alcohol-Dependent Patients. <i>Alcoholism: Clinical and Experimental Research</i> , 2007, 31, 19-27.	2.4	47
123	Sleep changes in smokers before, during and 3 months after nicotine withdrawal. <i>Addiction Biology</i> , 2015, 20, 747-755.	2.6	47
124	Quality of Life Improvements after Acceptance and Commitment Therapy in Nonresponders to Cognitive Behavioral Therapy for Primary Insomnia. <i>Psychotherapy and Psychosomatics</i> , 2014, 83, 371-373.	8.8	45
125	Insomnia—perchance a dream? Results from a NREM/REM sleep awakening study in good sleepers and patients with insomnia. <i>Sleep</i> , 2018, 41, .	1.1	45
126	Insomnia symptoms predict emotional dysregulation, impulsivity and suicidality in depressive bipolar II patients with mixed features. <i>Comprehensive Psychiatry</i> , 2019, 89, 46-51.	3.1	45

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127	Neuroimaging Studies in Insomnia. <i>Current Psychiatry Reports</i> , 2013, 15, 405.	4.5	44
128	Insomnia with objective short sleep duration is associated with longer duration of insomnia in the Freiburg Insomnia Cohort compared to insomnia with normal sleep duration, but not with hypertension. <i>PLoS ONE</i> , 2017, 12, e0180339.	2.5	43
129	Does Effective Management of Sleep Disorders Reduce Depressive Symptoms and the Risk of Depression?. <i>Drugs</i> , 2009, 69, 43-64.	10.9	42
130	The Impact of Sleep-Related Attentional Bias on Polysomnographically Measured Sleep in Primary Insomnia. <i>Sleep</i> , 2010, 33, 107-112.	1.1	42
131	Making sleep easier: pharmacological interventions for insomnia. <i>Expert Opinion on Pharmacotherapy</i> , 2018, 19, 1465-1473.	1.8	42
132	Differential effects of bifrontal tDCS on arousal and sleep duration in insomnia patients and healthy controls. <i>Brain Stimulation</i> , 2019, 12, 674-683.	1.6	42
133	Cholinergic neurotransmission, REM sleep and depression. <i>Journal of Psychosomatic Research</i> , 1994, 38, 15-25.	2.6	40
134	A Systematic Review and Network Meta-Analysis of Randomized Controlled Trials Evaluating the Evidence Base of Melatonin, Light Exposure, Exercise, and Complementary and Alternative Medicine for Patients with Insomnia Disorder. <i>Journal of Clinical Medicine</i> , 2020, 9, 1949.	2.4	40
135	Transient total sleep loss in cerebral Whipple's disease: a longitudinal study. <i>Journal of Sleep Research</i> , 2002, 11, 321-329.	3.2	39
136	Hierarchy of insomnia criteria based on daytime consequences. <i>Sleep Medicine</i> , 2012, 13, 52-57.	1.6	39
137	Modulation of creativity by transcranial direct current stimulation. <i>Brain Stimulation</i> , 2019, 12, 1213-1221.	1.6	39
138	The influence of carbamazepine on sleep-EEG and the clonidine test in healthy subjects: Results of a preliminary study. <i>Biological Psychiatry</i> , 1994, 35, 893-896.	1.3	37
139	Affect and Arousal in Insomnia: Through a Lens of Neuroimaging Studies. <i>Current Psychiatry Reports</i> , 2020, 22, 44.	4.5	37
140	Fear of sleep and trauma-induced insomnia: A review and conceptual model. <i>Sleep Medicine Reviews</i> , 2021, 55, 101383.	8.5	37
141	Memory before and after sleep in patients with moderate obstructive sleep apnea. <i>Journal of Clinical Sleep Medicine</i> , 2009, 5, 540-8.	2.6	37
142	Are there predictors for sleep deprivation response in depressed patients?. <i>Biological Psychiatry</i> , 1991, 29, 707-710.	1.3	36
143	Impact of Sleep Deprivation and Subsequent Recovery Sleep on Cortisol in Unmedicated Depressed Patients. <i>American Journal of Psychiatry</i> , 2004, 161, 1404-1410.	7.2	36
144	Does cognitive behaviour therapy for insomnia reduce repetitive negative thinking and sleep-related worry beliefs? A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2021, 55, 101378.	8.5	35

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145	Sleep in Adolescents with Primary Major Depression and Schizophrenia: A Pilot Study. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 1995, 36, 313-326.	5.2	34
146	Short-term training increases diagnostic and treatment rate for insomnia in general practice. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2002, 252, 99-104.	3.2	34
147	Developmental pathways towards mood disorders in adult life: Is there a role for sleep disturbances?. <i>Journal of Affective Disorders</i> , 2019, 243, 121-132.	4.1	34
148	Differential Effects of the Muscarinic M1 Receptor Agonist RS-86 and the Acetylcholine-Esterase Inhibitor Donepezil on REM Sleep Regulation in Healthy Volunteers. <i>Neuropsychopharmacology</i> , 2006, 31, 1294-1300.	5.4	33
149	Cerebral correlates of muscle tone fluctuations in restless legs syndrome: A pilot study with combined functional magnetic resonance imaging and anterior tibial muscle electromyography. <i>Sleep Medicine</i> , 2008, 9, 177-183.	1.6	33
150	No persisting effect of partial sleep curtailment on cognitive performance and declarative memory recall in adolescents. <i>Journal of Sleep Research</i> , 2010, 19, 71-79.	3.2	33
151	Effects of Sleep Deprivation on Nocturnal Cytokine Concentrations in Depressed Patients and Healthy Control Subjects. <i>Journal of Neuropsychiatry and Clinical Neurosciences</i> , 2012, 24, 354-366.	1.8	33
152	Patients with primary insomnia in the sleep laboratory: do they present with typical nights of sleep?. <i>Journal of Sleep Research</i> , 2015, 24, 383-389.	3.2	33
153	Sleep Stage Transition Dynamics Reveal Specific Stage 2 Vulnerability in Insomnia. <i>Sleep</i> , 2017, 40, .	1.1	32
154	Distinctive time-lagged resting-state networks revealed by simultaneous EEG-fMRI. <i>NeuroImage</i> , 2017, 145, 1-10.	4.2	32
155	Magnetic Resonance Spectroscopy in Patients with Insomnia: A Repeated Measurement Study. <i>PLoS ONE</i> , 2016, 11, e0156771.	2.5	31
156	Trait- and pre-sleep-state-dependent arousal in insomnia disorders: what role may sleep reactivity and sleep-related metacognitions play? A pilot study. <i>Sleep Medicine</i> , 2016, 25, 42-48.	1.6	31
157	Effect of RS 86 on REM latency in schizophrenia. <i>Psychiatry Research</i> , 1991, 38, 89-92.	3.3	30
158	Advanced vs. normal sleep timing: effects on depressed mood after response to sleep deprivation in patients with a major depressive disorder. <i>Journal of Affective Disorders</i> , 1996, 37, 121-128.	4.1	30
159	Sleep-Related Arousal Versus General Cognitive Arousal in Primary Insomnia. <i>Journal of Clinical Sleep Medicine</i> , 2012, 08, 431-437.	2.6	30
160	Sleep Strengthens but does Not Reorganize Memory Traces in a Verbal Creativity Task. <i>Sleep</i> , 2016, 39, 705-713.	1.1	30
161	The exploratory power of sleep effort, dysfunctional beliefs and arousal for insomnia severity and polysomnography-determined sleep. <i>Journal of Sleep Research</i> , 2015, 24, 399-406.	3.2	29
162	Polysomnographic comparison between patients with primary alcohol dependency during subacute withdrawal and patients with a major depression. <i>European Archives of Psychiatry and Clinical Neuroscience</i> , 2004, 254, 263-271.	3.2	28

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163	Is sleep-related attentional bias due to sleepiness or sleeplessness?. <i>Cognition and Emotion</i> , 2009, 23, 541-550.	2.0	27
164	The Timing of Learning before Night-Time Sleep Differentially Affects Declarative and Procedural Long-Term Memory Consolidation in Adolescents. <i>PLoS ONE</i> , 2012, 7, e40963.	2.5	27
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