

# Victoria A Mountford

## List of Publications by Year in descending order

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Version: 2024-02-01

79  
papers

2,174  
citations

186265

28  
h-index

276875

41  
g-index

97  
all docs

97  
docs citations

97  
times ranked

1578  
citing authors

#	ARTICLE	IF	CITATIONS
1	Body checking in the eating disorders: Associations between cognitions and behaviors. <i>International Journal of Eating Disorders</i> , 2006, 39, 708-715.	4.0	140
2	Development of a measure to assess invalidating childhood environments in the eating disorders. <i>Eating Behaviors</i> , 2007, 8, 48-58.	2.0	128
3	<scp>Cognitiveâ€behavioral</scp> therapy in the time of coronavirus: Clinician tips for working with eating disorders via telehealth when faceâ€toâ€face meetings are not possible. <i>International Journal of Eating Disorders</i> , 2020, 53, 1132-1141.	4.0	107
4	Social anhedonia and work and social functioning in the acute and recovered phases of eating disorders. <i>Psychiatry Research</i> , 2014, 218, 187-194.	3.3	100
5	Development, psychometric properties and preliminary clinical validation of a brief, sessionâ€byâ€session measure of eating disorder cognitions and behaviors: The EDâ€15. <i>International Journal of Eating Disorders</i> , 2015, 48, 1005-1015.	4.0	75
6	Using imagery in cognitive-behavioral treatment for eating disorders: Tackling the restrictive mode. <i>International Journal of Eating Disorders</i> , 2006, 39, 533-543.	4.0	73
7	Being men with eating disorders: Perspectives of male eating disorder service-users. <i>Journal of Health Psychology</i> , 2013, 18, 176-186.	2.3	70
8	Is body checking in the eating disorders more closely related to diagnosis or to symptom presentation?. <i>Behaviour Research and Therapy</i> , 2007, 45, 2704-2711.	3.1	65
9	One size fits all: or horses for courses? Recovery-based care in specialist mental health services. <i>Social Psychiatry and Psychiatric Epidemiology</i> , 2011, 46, 127-136.	3.1	62
10	A pilot evaluation of a novel First Episode and Rapid Early Intervention service for Eating Disorders (FREED). <i>European Eating Disorders Review</i> , 2018, 26, 129-140.	4.1	62
11	A 10â€session cognitiveâ€behavioral therapy (CBTâ€T) for eating disorders: Outcomes from a case series of nonunderweight adult patients. <i>International Journal of Eating Disorders</i> , 2018, 51, 262-269.	4.0	62
12	The Role of Emotional Abuse in the Eating Disorders: Implications for Treatment. <i>Eating Disorders</i> , 2007, 15, 317-331.	3.0	61
13	The FREED Project (first episode and rapid early intervention in eating disorders): service model, feasibility and acceptability. <i>Microbial Biotechnology</i> , 2018, 12, 250-257.	1.7	59
14	Predicting premature termination of hospitalised treatment for anorexia nervosa: The roles of therapeutic alliance, motivation, and behaviour change. <i>Eating Behaviors</i> , 2013, 14, 119-123.	2.0	58
15	Weighing patients within cognitive-behavioural therapy for eating disorders: How, when and why. <i>Behaviour Research and Therapy</i> , 2015, 70, 1-10.	3.1	52
16	Cognitiveâ€behavioral therapy for bulimia nervosa and atypical bulimic nervosa: Effectiveness in clinical settings. <i>International Journal of Eating Disorders</i> , 2014, 47, 13-17.	4.0	47
17	Invalidating childhood environments in anorexia and bulimia nervosa. <i>Eating Behaviors</i> , 2008, 9, 313-318.	2.0	44
18	Will a comprehensive, personâ€centered, teamâ€based early intervention approach to first episode illness improve outcomes in eating disorders?. <i>International Journal of Eating Disorders</i> , 2016, 49, 374-377.	4.0	42

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19	First episode rapid early intervention for eating disorders: A two-year follow-up. <i>Microbial Biotechnology</i> , 2020, 14, 137-141.	1.7	42
20	Assessing the impact of First Episode Rapid Early Intervention for Eating Disorders on duration of untreated eating disorder: A multi-centre quasi-experimental study. <i>European Eating Disorders Review</i> , 2021, 29, 458-471.	4.1	42
21	Beliefs about excessive exercise in eating disorders: The role of obsessions and compulsions. <i>European Eating Disorders Review</i> , 2011, 19, 226-236.	4.1	40
22	Symptom trajectories into eating disorders: A systematic review of longitudinal, nonclinical studies in children/adolescents. <i>European Psychiatry</i> , 2020, 63, e60.	0.2	39
23	Therapeutic alliance and weight gain during cognitive behavioural therapy for anorexia nervosa. <i>Behaviour Research and Therapy</i> , 2013, 51, 216-220.	3.1	37
24	Clinicians' concerns about delivering cognitive-behavioural therapy for eating disorders. <i>Behaviour Research and Therapy</i> , 2014, 57, 38-42.	3.1	37
25	Brief Cognitive Behavioural Therapy for Non-Underweight Patients. , 0, , .		36
26	Body checking and avoidance in low weight and weight restored individuals with anorexia nervosa and non-clinical females. <i>Eating Behaviors</i> , 2014, 15, 5-8.	2.0	33
27	Associations between body checking and disordered eating behaviors in nonclinical women. <i>International Journal of Eating Disorders</i> , 2011, 44, 465-468.	4.0	32
28	First episode rapid early intervention for eating disorders (FREED): From research to routine clinical practice. <i>Microbial Biotechnology</i> , 2020, 14, 625-630.	1.7	32
29	The First Episode Rapid Early Intervention for Eating Disorders -Upscaled study: Clinical outcomes. <i>Microbial Biotechnology</i> , 2022, 16, 97-105.	1.7	32
30	BodyWise: Evaluating a Pilot Body Image Group for Patients with Anorexia Nervosa. <i>European Eating Disorders Review</i> , 2015, 23, 62-67.	4.1	30
31	Body checking in the eating disorders: Association with narcissistic characteristics. <i>Eating Behaviors</i> , 2008, 9, 163-169.	2.0	29
32	Is the therapeutic alliance overvalued in the treatment of eating disorders?. <i>International Journal of Eating Disorders</i> , 2013, 46, 779-782.	4.0	29
33	Understanding the link between body checking cognitions and behaviors: The role of social physique anxiety. <i>International Journal of Eating Disorders</i> , 2007, 40, 241-246.	4.0	28
34	Cognitive behavioural therapy for individuals with longstanding anorexia nervosa: Adaptations, clinician survival and system issues. <i>European Eating Disorders Review</i> , 2012, 20, 49-59.	4.1	27
35	Invalidating Childhood Environments and Core Beliefs in Women with Eating Disorders. <i>European Eating Disorders Review</i> , 2011, 19, 316-321.	4.1	22
36	“What Are You Thinking When You Look at Me?” A Pilot Study of the Use of Virtual Reality in Body Image. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2016, 19, 93-99.	3.9	22

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37	Rules of Engagement: Qualitative Experiences of Therapeutic Alliance When Receiving In-Patient Treatment for Anorexia Nervosa. <i>Eating Disorders</i> , 2014, 22, 233-243.	3.0	20
38	Attitudinal and perceptual factors in body image distortion: an exploratory study in patients with anorexia nervosa. <i>Journal of Eating Disorders</i> , 2013, 1, 17.	2.7	17
39	Attitudes towards psychotherapy manuals among clinicians treating eating disorders. <i>Behaviour Research and Therapy</i> , 2013, 51, 840-844.	3.1	17
40	Premature termination of treatment for anorexia nervosa: Differences between patient-initiated and staff-initiated discharge. <i>International Journal of Eating Disorders</i> , 2014, 47, 40-46.	4.0	12
41	An experimental analysis of the role of schema compensation in anorexia nervosa. <i>Eating Behaviors</i> , 2004, 5, 223-230.	2.0	10
42	“œl™m truly free from my eating disorder” Emerging adults™ experiences of FREED, an early intervention service model and care pathway for eating disorders. <i>Journal of Eating Disorders</i> , 2021, 9, 3.	2.7	8
43	Clinician and practice characteristics influencing delivery and outcomes of the early part of outpatient cognitive behavioural therapy for anorexia nervosa. <i>The Cognitive Behaviour Therapist</i> , 2014, 7, .	1.0	7
44	Complexity in eating disorders: a case for simple or complex formulation and treatment?. <i>The Cognitive Behaviour Therapist</i> , 2017, 10, .	1.0	6
45	Exploring the use of individualised patient-reported outcome measures in eating disorders: Validation of the Psychological Outcome Profiles. <i>European Eating Disorders Review</i> , 2021, 29, 281-291.	4.1	6
46	Implementing evidence-based individual psychotherapies for adults with eating disorders in a real world clinical setting. <i>International Journal of Eating Disorders</i> , 2021, 54, 1238-1249.	4.0	6
47	Assessing implementation fidelity in the First Episode Rapid Early Intervention for Eating Disorders service model. <i>BJPsych Open</i> , 2021, 7, e98.	0.7	5
48	The role of weighing in CBT. , 2001, , 162-173.		3
49	Body Image. , 2017, , 76-81.		3
50	Therapy interfering behaviors. , 2001, , 114-119.		2
51	The impact of perceptual, cognitive and behavioural factors on dissociative experiences and body disturbance in eating disorders: an exploratory study. <i>Advances in Eating Disorders (Abingdon,)</i> Tj ETQq1 1 0.7843 147rgBT /Overlock 10		2
52	Evaluation of Teen BodyWise: A pilot study of a body image group adapted for adolescent inpatients with anorexia nervosa. <i>Eating and Weight Disorders</i> , 2020, 25, 609-615.	2.5	2
53	Adaptations of Cognitive-Behavioral Therapy for In- and Day-Patient Work. , 2017, , 5-8.		1
54	The philosophical and theoretical stance behind CBT. , 2001, , 3-12.		0

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55	What the clinician needs to establish before starting. , 2001, , 16-26.		0
56	Socratic questioning. , 2001, , 177-178.		0
57	Downward arrowing. , 2001, , 179-182.		0
58	Behavioral experiments. , 2001, , 190-193.		0
59	Overevaluation of eating, weight and shape. , 2001, , 197-223.		0
60	Broad stages in CBT and format of delivery. , 2001, , 13-15.		0
61	Preparing the patient for treatment. , 2001, , 42-43.		0
62	A guide to important dietary and nutritional issues. , 2001, , 68-95.		0
63	Case formulation. , 2001, , 96-113.		0
64	Homework. , 2001, , 120-125.		0
65	Surviving as an effective clinician. , 2001, , 126-135.		0
66	Setting and maintaining an agenda. , 2001, , 136-139.		0
67	Psychoeducation. , 2001, , 140-153.		0
68	Psychoeducation. , 2007, , 140-153.		0
69	Cognitive restructuring. , 2001, , 183-183.		0
70	Continuum thinking. , 2001, , 184-186.		0
71	Positive data logs. , 2001, , 187-189.		0
72	Body image. , 2001, , 224-238.		0

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73	Comorbidity with Axis I pathology. , 2001, , 245-265.		0
74	Comorbidity with Axis II pathology. , 2001, , 266-284.		0
75	CBT for children and adolescents with eating disorders and their families. , 2001, , 289-328.		0
76	What to do when CBT is ineffective. , 2001, , 333-333.		0
77	Relapse management and ending treatment. , 2001, , 347-350.		0
78	Early Intervention for Eating Disorders. , 2017, , 233-238.		0
79	ED-15. , 2017, , 320-321.		0