

# Thomas A Fergus

## List of Publications by Year in descending order

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Version: 2024-02-01

110  
papers

4,428  
citations

136950

32  
h-index

128289

60  
g-index

110  
all docs

110  
docs citations

110  
times ranked

4406  
citing authors

#	ARTICLE	IF	CITATIONS
1	Development and initial validation of the COVID Stress Scales. <i>Journal of Anxiety Disorders</i> , 2020, 72, 102232.	3.2	759
2	COVID stress syndrome: Concept, structure, and correlates. <i>Depression and Anxiety</i> , 2020, 37, 706-714.	4.1	474
3	An Examination of the Latent Structure of the Difficulties in Emotion Regulation Scale. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2012, 34, 382-392.	1.2	195
4	Shame- and guilt-proneness: Relationships with anxiety disorder symptoms in a clinical sample. <i>Journal of Anxiety Disorders</i> , 2010, 24, 811-815.	3.2	157
5	The interactive effect of cognitive fusion and experiential avoidance on anxiety, depression, stress and posttraumatic stress symptoms. <i>Journal of Contextual Behavioral Science</i> , 2016, 5, 1-6.	2.6	136
6	Cyberchondria and Intolerance of Uncertainty: Examining When Individuals Experience Health Anxiety in Response to Internet Searches for Medical Information. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2013, 16, 735-739.	3.9	121
7	The Cyberchondria Severity Scale (CSS): An examination of structure and relations with health anxiety in a community sample. <i>Journal of Anxiety Disorders</i> , 2014, 28, 504-510.	3.2	94
8	The Disgust Propensity and Sensitivity Scale—Revised: An examination of a reduced-item version. <i>Journal of Anxiety Disorders</i> , 2009, 23, 703-710.	3.2	86
9	Problematic Internet Use and Internet Searches for Medical Information: The Role of Health Anxiety. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2014, 17, 761-765.	3.9	81
10	Experiential Avoidance as a Moderator of the Relationship Between Anxiety Sensitivity and Perceived Stress. <i>Behavior Therapy</i> , 2013, 44, 459-469.	2.4	78
11	Cyberchondria: Examining relations with problematic Internet use and metacognitive beliefs. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, 1322-1330.	2.7	77
12	Does cyberchondria overlap with health anxiety and obsessive-compulsive symptoms? An examination of latent structure and scale interrelations. <i>Journal of Anxiety Disorders</i> , 2016, 38, 88-94.	3.2	76
13	Addressing Psychometric Limitations of the Difficulties in Emotion Regulation Scale Through Item Modification. <i>Journal of Personality Assessment</i> , 2016, 98, 298-309.	2.1	73
14	The Fear of Positive Evaluation Scale: Psychometric properties in a clinical sample. <i>Journal of Anxiety Disorders</i> , 2009, 23, 1177-1183.	3.2	70
15	Attentional control moderates the relationship between activation of the cognitive attentional syndrome and symptoms of psychopathology. <i>Personality and Individual Differences</i> , 2012, 53, 213-217.	2.9	65
16	Anxiety sensitivity and intolerance of uncertainty as potential risk factors for cyberchondria: A replication and extension examining dimensions of each construct. <i>Journal of Affective Disorders</i> , 2015, 184, 305-309.	4.1	64
17	Anxiety sensitivity and intolerance of uncertainty: Evidence of incremental specificity in relation to health anxiety. <i>Personality and Individual Differences</i> , 2013, 55, 640-644.	2.9	63
18	An examination of the incremental contribution of emotion regulation difficulties to health anxiety beyond specific emotion regulation strategies. <i>Journal of Anxiety Disorders</i> , 2014, 28, 394-401.	3.2	57

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19	Emotion regulation and obsessive-compulsive symptoms: A further examination of associations. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2014, 3, 243-248.	1.5	56
20	Self-construal and gender interact to cause social evaluative concerns. <i>Personality and Individual Differences</i> , 2017, 109, 51-55.	2.9	56
21	Short Forms of the Social Interaction Anxiety Scale and the Social Phobia Scale. <i>Journal of Personality Assessment</i> , 2012, 94, 310-320.	2.1	53
22	Testing a Hierarchical Model of Distress Tolerance. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2013, 35, 495-505.	1.2	53
23	Disease phobia and disease conviction are separate dimensions underlying hypochondriasis. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2010, 41, 438-444.	1.2	48
24	The Interactive Effect of Worry and Intolerance of Uncertainty on Posttraumatic Stress Symptoms. <i>Cognitive Therapy and Research</i> , 2013, 37, 742-751.	1.9	48
25	Moving toward a metacognitive conceptualization of cyberchondria: Examining the contribution of metacognitive beliefs, beliefs about rituals, and stop signals. <i>Journal of Anxiety Disorders</i> , 2018, 60, 11-19.	3.2	48
26	Do Symptoms of Generalized Anxiety and Obsessive-Compulsive Disorder Share Cognitive Processes?. <i>Cognitive Therapy and Research</i> , 2010, 34, 168-176.	1.9	47
27	Intolerance of Uncertainty Moderates the Relationship Between Catastrophic Health Appraisals and Health Anxiety. <i>Cognitive Therapy and Research</i> , 2011, 35, 560-565.	1.9	44
28	Assessing psychological inflexibility: The psychometric properties of the Avoidance and Fusion Questionnaire for Youth in two adult samples.. <i>Psychological Assessment</i> , 2012, 24, 402-408.	1.5	44
29	The Attention Training Technique: A Review of a Neurobehavioral Therapy for Emotional Disorders. <i>Cognitive and Behavioral Practice</i> , 2016, 23, 502-516.	1.5	41
30	The cognitive attentional syndrome: Examining relations with mood and anxiety symptoms and distinctiveness from psychological inflexibility in a clinical sample. <i>Psychiatry Research</i> , 2013, 210, 215-219.	3.3	40
31	Searching for Specificity Between Cognitive Vulnerabilities and Mood and Anxiety Symptoms. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2011, 33, 446-458.	1.2	36
32	Refinement of anxiety sensitivity measurement: The Short Scale Anxiety Sensitivity Index (SSASI). <i>Psychiatry Research</i> , 2018, 269, 549-557.	3.3	36
33	Health-Related Dysfunctional Beliefs and Health Anxiety: Further Evidence of Cognitive Specificity. <i>Journal of Clinical Psychology</i> , 2014, 70, 248-259.	1.9	35
34	Attentional control as a prospective predictor of posttraumatic stress symptomatology. <i>Personality and Individual Differences</i> , 2015, 81, 124-128.	2.9	35
35	The attention training technique, self-focused attention, and anxiety: A laboratory-based component study. <i>Behaviour Research and Therapy</i> , 2014, 61, 150-155.	3.1	34
36	Repetitive Thought and Health Anxiety: Tests of Specificity. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2013, 35, 366-374.	1.2	30

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37	A comparison of three self-report measures of intolerance of uncertainty: An examination of structure and incremental explanatory power in a community sample.. <i>Psychological Assessment</i> , 2013, 25, 1322-1331.	1.5	30
38	Emotional Distress Intolerance, Experiential Avoidance, and Anxiety Sensitivity: The Buffering Effect of Attentional Control on Associations with Posttraumatic Stress Symptoms. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2016, 38, 320-329.	1.2	29
39	The Metacognitions Questionnaireâ€“30: An Examination of a Bifactor Model and Measurement Invariance Among Men and Women in a Community Sample. <i>Assessment</i> , 2019, 26, 223-234.	3.1	27
40	Individual differences in emotion regulation prospectively predict early COVID-19 related acute stress. <i>Journal of Anxiety Disorders</i> , 2021, 81, 102411.	3.2	27
41	Reexamining the domain of hypochondriasis: Comparing the Illness Attitudes Scale to other approaches. <i>Journal of Anxiety Disorders</i> , 2009, 23, 760-766.	3.2	26
42	Experiential Avoidance and Negative Emotional Experiences: The Moderating Role of Expectancies About Emotion Regulation Strategies. <i>Cognitive Therapy and Research</i> , 2013, 37, 352-362.	1.9	26
43	I Really Believe I Suffer From a Health Problem: Examining an Association Between Cognitive Fusion and Healthy Anxiety. <i>Journal of Clinical Psychology</i> , 2015, 71, 920-934.	1.9	26
44	Examining the Symptom-Level Specificity of Negative Problem Orientation in a Clinical Sample. <i>Cognitive Behaviour Therapy</i> , 2015, 44, 153-161.	3.5	26
45	The Validity and Specificity of the Short-Form of the Obsessive Beliefs Questionnaire (OBQ). <i>Journal of Psychopathology and Behavioral Assessment</i> , 2014, 36, 318-328.	1.2	25
46	The Short Health Anxiety Inventory and Multidimensional Inventory of Hypochondriacal Traits: A Comparison of Two Self-Report Measures of Health Anxiety. <i>Cognitive Therapy and Research</i> , 2011, 35, 566-574.	1.9	24
47	The Moderating Role of Experiential Avoidance in the Prospective Relationship Between Anxiety Sensitivity and Anxiety. <i>Cognitive Therapy and Research</i> , 2014, 38, 465-471.	1.9	24
48	Cognitive fusion, experiential avoidance, and their interactive effect: Examining associations with thwarted belongingness and perceived burdensomeness. <i>Journal of Contextual Behavioral Science</i> , 2017, 6, 35-41.	2.6	23
49	Are â€œNot Just Right Experiencesâ€•(NJREs) Specific to Obsessive-Compulsive Symptoms?: Evidence that NJREs Span across Symptoms of Emotional Disorders. <i>Journal of Clinical Psychology</i> , 2014, 70, 353-363.	1.9	22
50	Secure Attachment to God Uniquely Linked to Psychological Health in a National, Random Sample of American Adults. <i>International Journal for the Psychology of Religion, The</i> , 2018, 28, 162-173.	2.1	22
51	Testing the Italian version of the Cyberchondria Severity Scale and a metacognitive model of cyberchondria. <i>Clinical Psychology and Psychotherapy</i> , 2020, 27, 581-596.	2.7	22
52	The Social Thoughts and Beliefs Scale: Psychometric Properties and its Relation with Interpersonal Functioning in a Non-Clinical Sample. <i>Cognitive Therapy and Research</i> , 2009, 33, 425-431.	1.9	21
53	Negative mood regulation expectancies moderate the association between happiness emotion goals and depressive symptoms. <i>Personality and Individual Differences</i> , 2016, 100, 23-27.	2.9	21
54	Factor Structure and Incremental Validity of the Original and Modified Versions of the Difficulties in Emotion Regulation Scale. <i>Journal of Personality Assessment</i> , 2019, 101, 598-608.	2.1	21

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55	Intolerance of Uncertainty and Uncertainty-Related Attentional Biases: Evidence of Facilitated Engagement or Disengagement Difficulty?. <i>Cognitive Therapy and Research</i> , 2013, 37, 735-741.	1.9	20
56	The Intolerance of Uncertainty Scale. <i>Assessment</i> , 2013, 20, 555-564.	3.1	20
57	The potentiating effect of disgust sensitivity on the relationship between disgust propensity and mental contamination. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2015, 6, 114-119.	1.5	20
58	Intolerance of uncertainty and attentional networks: Unique associations with alerting. <i>Journal of Anxiety Disorders</i> , 2016, 41, 59-64.	3.2	20
59	Intolerance of uncertainty and personality: Experiential permeability is associated with difficulties tolerating uncertainty. <i>Personality and Individual Differences</i> , 2014, 58, 128-131.	2.9	19
60	The attention training technique causally reduces self-focus following worry provocation and reduces cognitive anxiety among self-focused individuals. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2018, 61, 66-71.	1.2	18
61	The Social Interaction Anxiety Scale (SIAS) and the Social Phobia Scale (SPS): A comparison of two short-form versions.. <i>Psychological Assessment</i> , 2014, 26, 1281-1291.	1.5	17
62	Examining the Specific Facets of Distress Tolerance That Are Relevant to Health Anxiety. <i>Journal of Cognitive Psychotherapy</i> , 2015, 29, 32-44.	0.4	17
63	Main and Interactive Effects of Mental Contamination and Tolerance of Negative Emotions in Relation to Posttraumatic Stress Symptoms Following Sexual Trauma. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2016, 38, 274-283.	1.2	16
64	Examining the incremental contribution of metacognitive beliefs beyond content-specific beliefs in relation to posttraumatic stress in a community sample.. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , 2017, 9, 723-730.	2.1	16
65	Examining the Whiteley Index-6 as a screener for DSM-5 presentations of severe health anxiety in primary care. <i>Journal of Psychosomatic Research</i> , 2019, 127, 109839.	2.6	15
66	The Contribution of Health Anxiety to Retrospectively-Recalled Emergency Department Visits within a Sample of Patients in Residential Substance Abuse Treatment. <i>Cognitive Behaviour Therapy</i> , 2015, 44, 1-8.	3.5	14
67	Somatic symptom severity among primary care patients who are obese: examining the unique contributions of anxiety sensitivity, discomfort intolerance, and health anxiety. <i>Journal of Behavioral Medicine</i> , 2018, 41, 43-51.	2.1	14
68	Factor Structure and Incremental Utility of the Distress Tolerance Scale: A Bifactor Analysis. <i>Assessment</i> , 2020, 27, 297-308.	3.1	14
69	Is worry a thought control strategy relevant to obsessive-compulsive disorder?. <i>Journal of Anxiety Disorders</i> , 2010, 24, 269-274.	3.2	13
70	Uncertainty, god, and scrupulosity: Uncertainty salience and priming god concepts interact to cause greater fears of sin. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2015, 46, 93-98.	1.2	13
71	Health anxiety and medical utilization: The moderating effect of age among patients in primary care. <i>Journal of Anxiety Disorders</i> , 2017, 51, 79-85.	3.2	13
72	The Whiteley Indexâ€“6: An Examination of Measurement Invariance Among Self-Identifying Black, Latino, and White Respondents in Primary Care. <i>Assessment</i> , 2018, 25, 247-258.	3.1	12

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73	Reactions to trauma research among women recently exposed to a campus shooting. <i>Journal of Traumatic Stress</i> , 2011, 24, 596-600.	1.8	11
74	Examining a purported association between attachment to God and scrupulosity.. <i>Psychology of Religion and Spirituality</i> , 2014, 6, 230-236.	1.3	11
75	Mental contamination and scrupulosity: Evidence of unique associations among Catholics and Protestants. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2014, 3, 236-242.	1.5	10
76	Assessing State Mental Contamination: Development and Preliminary Validation of the State Mental Contamination Scale. <i>Journal of Personality Assessment</i> , 2018, 100, 281-291.	2.1	10
77	Examination of an experimental manipulation of intolerance of uncertainty on obsessive-compulsive outcomes. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2017, 15, 64-73.	1.5	9
78	Examining associations between thought-action fusion and state mental contamination following an in vivo thought induction task. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2018, 17, 16-22.	1.5	9
79	Hell anxiety as non-pathological fear. <i>Mental Health, Religion and Culture</i> , 2018, 21, 867-883.	0.9	9
80	The Cognitive Attentional Syndrome is Associated With Sleep Difficulties in a Community Sample. <i>Behavioral Sleep Medicine</i> , 2017, 15, 410-420.	2.1	8
81	The combination of health anxiety and somatic symptoms: Specificity to anxiety sensitivity cognitive concerns among patients in primary care. <i>Psychiatry Research</i> , 2016, 239, 117-121.	3.3	7
82	Executive Control Deficits Potentiate the Effect of Maladaptive Metacognitive Beliefs on Posttraumatic Stress Symptoms. <i>Frontiers in Psychology</i> , 2018, 9, 1898.	2.1	7
83	Reducing Test Anxiety in School Settings: A Controlled Pilot Study Examining a Group Format Delivery of the Attention Training Technique Among Adolescent Students. <i>Behavior Therapy</i> , 2019, 50, 803-816.	2.4	7
84	The Interactive Effect of Attention to Emotions and Emotional Distress Intolerance on Anxiety and Depression. <i>Journal of Cognitive Psychotherapy</i> , 2017, 31, 91-100.	0.4	7
85	Terror management theory and scrupulosity: An experimental investigation. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2012, 1, 104-111.	1.5	6
86	Examining the specific dimensions of distress tolerance that prospectively predict perceived stress. <i>Cognitive Behaviour Therapy</i> , 2016, 46, 1-13.	3.5	6
87	The combination of health anxiety and somatic symptoms: a prospective predictor of healthcare usage in primary care. <i>Journal of Behavioral Medicine</i> , 2019, 42, 217-223.	2.1	6
88	The Concept of Health Anxiety. , 2019, , 1-18.		6
89	Thought control moderates the relation between autogenous intrusions and the severity of obsessional symptoms: Further support for the autogenousâ€“reactive model of obsessions. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2013, 2, 9-13.	1.5	5
90	How dual-faceted disgust relates to state mental contamination in religious individuals. <i>Mental Health, Religion and Culture</i> , 2018, 21, 139-152.	0.9	5

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91	Examining incremental explanatory power in accounting for worry severity: negative metacognitive beliefs uniquely predict worry severity following a worry episode. <i>Anxiety, Stress and Coping</i> , 2018, 31, 514-525.	2.9	5
92	The closed response style and posttraumatic stress: Examining the interaction between experiential avoidance and cognitive fusion among women experiencing sexual trauma.. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i> , 2020, 12, 627-634.	2.1	5
93	Factor Structure and Further Validation of the 20-Item Short Form of the Obsessive Beliefs Questionnaire. <i>Assessment</i> , 2019, 26, 984-1000.	3.1	4
94	Examining the ethnoracial invariance of a bifactor model of anxiety sensitivity and the incremental validity of the physical domain-specific factor in a primary-care patient sample.. <i>Psychological Assessment</i> , 2017, 29, 1290-1295.	1.5	4
95	The Interactive Effect of Happiness Emotion Goals and Emotion Regulation Self-Efficacy on Anxiety and Depression. <i>Journal of Cognitive Psychotherapy</i> , 2019, 33, 97-105.	0.4	4
96	Personal Uncertainty Strengthens Associations Between Scrupulosity and Both the Moral Appraisals of Intrusive Thoughts and Beliefs that God is Upset with Sins. <i>Journal of Social and Clinical Psychology</i> , 2014, 33, 51-74.	0.5	3
97	Multidimensional Inventory of Hypochondriacal Traits: An Examination of a Bifactor Model and Measurement Invariance Between Those With and Without a Self-Reported Medical Condition. <i>Assessment</i> , 2020, 27, 206-215.	3.1	3
98	Development and validation of the Multidimensional Cognitive Attentional Syndrome Scale (MCASS).. <i>Psychological Assessment</i> , 2021, 33, 489-498.	1.5	3
99	Intolerance of Uncertainty Moderates the Relation Between the Choice to Access Health Information and Post-Choice Distress Among Individuals Prone to Health Anxiety. <i>Journal of Cognitive Psychotherapy</i> , 2020, 34, 70-79.	0.4	3
100	The Combination of Health Anxiety and Somatic Symptoms: Examining Associations With Health-Related Beliefs and Gender Differences. <i>Journal of Cognitive Psychotherapy</i> , 2014, 28, 274-286.	0.4	2
101	Tolerance of negative emotion moderates the amplification of mental contamination following an evoking task: A randomized experimental study. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2018, 59, 72-78.	1.2	2
102	Metacognitive beliefs and emotional eating in adolescents. <i>Eating and Weight Disorders</i> , 2021, 26, 2281-2286.	2.5	2
103	A Pilot Study of a 4-Week eHealth-Based Protocol of the Attention Training Technique Component of Metacognitive Therapy Among Patients With Anxiety Disorders. <i>Journal of Cognitive Psychotherapy</i> , 2018, 32, 140-152.	0.4	2
104	The Affective and Cognitive Dimensions of Health Anxiety Are Associated With Different Orientations to Health Threat. <i>Journal of Cognitive Psychotherapy</i> , 2012, 26, 34-42.	0.4	1
105	Metacognitive Beliefs Predict Greater Mental Contamination Severity After an Evoking Source. <i>Frontiers in Psychology</i> , 2018, 9, 1784.	2.1	1
106	Cognitive and Behavioral Mechanisms of Health Anxiety. , 2019, , 43-64.		1
107	Metacognitive beliefs about uncontrollability relate most strongly to health anxiety among US-based non-Latinx White primary care patients: Comparing strength of relations with US-based non-Latinx Black and Latinx primary care patients. <i>Clinical Psychology and Psychotherapy</i> , 2022, ,	2.7	1
108	Executive attention moderates the effect of trait anxiety on hyperarousal symptoms. <i>Cognitive Behaviour Therapy</i> , 2019, 48, 311-321.	3.5	0

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109	Associations between self-absorption and working memory capacity: A preliminary examination of a transdiagnostic process spanning across emotional disorders. <i>Journal of Anxiety Disorders</i> , 2021, 83, 102457.	3.2	0
110	Factor Structure and Incremental Utility of the Multidimensional Cognitive Attentional Syndrome Scale (MCASS): A Bifactor Analysis. <i>Journal of Psychopathology and Behavioral Assessment</i> , 0, , 1.	1.2	0