Tracy Epton

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Does heightening risk appraisals change people's intentions and behavior? A meta-analysis of experimental studies Psychological Bulletin, 2014, 140, 511-543.	6.1	697
2	Unique effects of setting goals on behavior change: Systematic review and meta-analysis Journal of Consulting and Clinical Psychology, 2017, 85, 1182-1198.	2.0	237
3	The impact of self-affirmation on health-behavior change: A meta-analysis Health Psychology, 2015, 34, 187-196.	1.6	212
4	Self-affirmation promotes health behavior change Health Psychology, 2008, 27, 746-752.	1.6	155
5	The Impact of Selfâ€Affirmation on Health Cognition, Health Behaviour and Other Healthâ€Related Responses: A Narrative Review. Social and Personality Psychology Compass, 2009, 3, 962-978.	3.7	136
6	Developing and Testing a Self-affirmation Manipulation. Self and Identity, 2009, 8, 45-62.	1.6	100
7	A randomized controlled trial of a brief online intervention to reduce alcohol consumption in new university students: Combining selfâ€affirmation, theory of planned behaviour messages, and implementation intentions. British Journal of Health Psychology, 2018, 23, 108-127.	3.5	93
8	Acceptability, reliability, and validity of a brief measure of capabilities, opportunities, and motivations ("COMâ€Bâ€) . British Journal of Health Psychology, 2020, 25, 474-501.	3.5	93
9	A theory-based online health behaviour intervention for new university students (U@Uni): results from a randomised controlled trial. BMC Public Health, 2014, 14, 563.	2.9	71
10	â€ĩlt's difficult, I think it's complicated': Health care professionals' barriers and enablers to providing opportunistic behaviour change interventions during routine medical consultations. British Journal of Health Psychology, 2019, 24, 571-592.	3.5	70
11	Delivering Opportunistic Behavior Change Interventions: a Systematic Review of Systematic Reviews. Prevention Science, 2020, 21, 319-331.	2.6	58
12	Are healthcare professionals delivering opportunistic behaviour change interventions? A multi-professional survey of engagement with public health policy. Implementation Science, 2018, 13, 122.	6.9	55
13	How will the sustainable development goals deliver changes in well-being? A systematic review and meta-analysis to investigate whether WHOQOL-BREF scores respond to change. BMJ Global Health, 2018, 3, e000609.	4.7	52
14	A theory-based online health behaviour intervention for new university students (U@Uni:LifeGuide): results from a repeat randomized controlled trial. Trials, 2015, 16, 555.	1.6	51
15	A Rapid Systematic Review of Public Responses to Health Messages Encouraging Vaccination against Infectious Diseases in a Pandemic or Epidemic. Vaccines, 2021, 9, 72.	4.4	50
16	What influences people's responses to public health messages for managing risks and preventing infectious diseases? A rapid systematic review of the evidence and recommendations. BMJ Open, 2021, 11, e048750.	1.9	44
17	The Impact of Selfâ€Affirmation on Healthâ€Related Cognition and Health Behaviour: Issues and Prospects. Social and Personality Psychology Compass, 2010, 4, 439-454.	3.7	43
18	Development of theory-based health messages: three-phase programme of formative research. Health Promotion International, 2015, 30, 756-768.	1.8	42

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19	Perceptions of receiving behaviour change interventions from GPs during routine consultations: A qualitative study. PLoS ONE, 2020, 15, e0233399.	2.5	31
20	A theory-based online health behavior intervention for new university students: study protocol. BMC Public Health, 2013, 13, 107.	2.9	23
21	Are primary/elementary schoolâ€based interventions effective in preventing/ameliorating excess weight gain? A systematic review of systematic reviews. Obesity Reviews, 2020, 21, e13001.	6.5	21
22	Identifying targets for interventions to support public adherence to government instructions to reduce transmission of SARS-CoV-2. BMC Public Health, 2021, 21, 522.	2.9	20
23	Investigating which behaviour change techniques work for whom in which contexts delivered by what means: Proposal for an international collaboratory of Centres for Understanding Behaviour Change (CUBiC). British Journal of Health Psychology, 2021, 26, 1-14.	3.5	18
24	Estimating the prevalence of socially sensitive behaviors: Attributing guilty and innocent noncompliance with the single sample count method Psychological Methods, 2014, 19, 334-355.	3.5	16
25	What challenges do UK adults face when adhering to COVID-19-related instructions? Cross-sectional survey in a representative sample. Preventive Medicine, 2021, 147, 106458.	3.4	15
26	Costâ€effectiveness of a policyâ€based intervention to reduce melanoma and other skin cancers associated with indoor tanning*. British Journal of Dermatology, 2022, 187, 105-114.	1.5	12
27	The cost-effectiveness of a theory-based online health behaviour intervention for new university students: an economic evaluation. BMC Public Health, 2014, 14, 1011.	2.9	11
28	Does Situation-Specificity Affect the Operation of Implementation Intentions?. Behavior Therapy, 2017, 48, 860-869.	2.4	9
29	Do Self-Incentives and Self-Rewards Change Behavior? A Systematic Review and Meta-Analysis. Behavior Therapy, 2018, 49, 113-123.	2.4	9
30	What factors are associated with obesityâ€related health behaviours among child refugees following resettlement in developed countries? A systematic review and synthesis of qualitative and quantitative evidence. Obesity Reviews, 2020, 21, e13058.	6.5	9
31	Who is responsible for keeping children healthy? A qualitative exploration of the views of children aged 8–10 years old. BMJ Open, 2019, 9, e025245.	1.9	8
32	What do children, parents and staff think about a healthy lifestyles intervention delivered in primary schools? a qualitative study. BMJ Open, 2020, 10, e038625.	1.9	8
33	Patients' experiences of behaviour change interventions delivered by general practitioners during routine consultations: A nationally representative survey. Health Expectations, 2021, 24, 819-832.	2.6	7
34	Sunbed Use among 11- to 17-Year-Olds and Estimated Number of Commercial Sunbeds in England with Implications for a â€~Buy-Back' Scheme. Children, 2021, 8, 393.	1.5	7
35	Template for Rapid Iterative Consensus of Experts (TRICE). International Journal of Environmental Research and Public Health, 2021, 18, 10255.	2.6	7
36	Interventions to promote physical distancing behaviour during infectious disease pandemics or epidemics: A systematic review. Social Science and Medicine, 2022, 303, 114946.	3.8	5

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#	Article	IF	CITATIONS
37	Reasons for using indoor tanning devices: A systematic review of qualitative evidence. British Journal of Health Psychology, 2023, 28, 22-46.	3.5	5
38	Reasons for indoor tanning use and the acceptability of alternatives: A qualitative study. Social Science and Medicine, 2021, 286, 114331.	3.8	4
39	Indian patient use of cancer euphemisms: Association with psychological outcomes and health behaviours. Psycho-Oncology, 2020, 29, 1193-1200.	2.3	3
40	Goal Setting Interventions. , 2020, , 554-571.		2
41	Experiences of barriers to self-monitoring and medication-management among Indian patients with type 2 diabetes, their primary family-members and physicians. Chronic Illness, 2021, , 174239532110322.	1.5	2
42	Are Interventions Delivered by Healthcare Professionals Effective for Weight Management? A Systematic Review of Systematic Reviews. Public Health Nutrition, 2021, , 1-38.	2.2	2
43	"We want to live a little longer and our family want[s] us around†A summative content analysis of adherence to COVIDâ€19â€related guidelines using the Theoretical Domains Framework. British Journal of Health Psychology, 2022, 27, 1119-1152.	3.5	2
44	Acceptability of reducing sedentariness using a mobile-phone application based on â€ĩf then' plans for people with psychosis: A focus-group study conducted in North West England, UK. International Journal of Social Psychiatry, 2022, 68, 1100-1107.	3.1	2
45	The cost-effectiveness of an updated theory-based online health behavior intervention for new university students: U@Uni2. Journal of Public Health and Epidemiology, 2016, 8, 191-203.	0.3	Ο
46	Title is missing!. , 2020, 15, e0233399.		0
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48	Title is missing!. , 2020, 15, e0233399.		0
49	Title is missing!. , 2020, 15, e0233399.		0
50	Title is missing!. , 2020, 15, e0233399.		0
51	Title is missing!. , 2020, 15, e0233399.		0
52	What are the environmental factors that affect implementation of the Manchester Healthy Schools programme? A qualitative exploration of staff perspectives. BMJ Open, 2022, 12, e048683.	1.9	0