

Peter Krustrup

List of Publications by Year in descending order

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Version: 2024-02-01

369
papers

23,168
citations

9756

73
h-index

11581

135
g-index

373
all docs

373
docs citations

373
times ranked

11427
citing authors

#	ARTICLE	IF	CITATIONS
1	Can psychological characteristics, football experience, and player status predict state anxiety before important matches in Danish elite-level female football players?. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 150-160.	1.3	6
2	Return to elite football after the COVID-19 lockdown. <i>Managing Sport and Leisure</i> , 2022, 27, 172-180.	2.2	70
3	Physical activity and coronavirus disease 2019 (COVID-19): specific recommendations for home-based physical training. <i>Managing Sport and Leisure</i> , 2022, 27, 26-31.	2.2	265
4	Improved metabolic fitness, but no cardiovascular health effects, of a low-frequency short-term combined exercise programme in 50-year-olds with low fitness: A randomized controlled trial. <i>European Journal of Sport Science</i> , 2022, 22, 460-473.	1.4	2
5	Physical performance and loading for six playing positions in elite female football: full-game, end-game, and peak periods. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 115-126.	1.3	12
6	Muscle metabolism and impaired sprint performance in an elite women's football game. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 27-38.	1.3	20
7	Studying professional and recreational female footballers: A bibliometric exercise. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 12-26.	1.3	16
8	Skeletal muscle phenotype and game performance in elite women football players. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 39-53.	1.3	2
9	The Danish 11 for Health program raises health knowledge, wellbeing, and fitness in ethnic minority 10- to 12-year-olds. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 138-151.	1.3	5
10	Position specific physical performance and running intensity fluctuations in elite women's football. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 105-114.	1.3	10
11	Football and Zumba Training in Female Hospital Staff: Effects after 12 and 40 Weeks on Self-Reported Health Status, Emotional Wellbeing, General Self-Efficacy and Sleep Problems. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1685.	1.2	5
12	The Faroe Islands COVID-19 Recreational Football Study: Player-to-Player Distance, Body-to-Body Contact, Body-to-Ball Contact and Exercise Intensity during Various Types of Football Training for Both Genders and Various Age Groups. <i>BioMed Research International</i> , 2022, 2022, 1-9.	0.9	2
13	Estimation of maximal oxygen uptake using the heart rate ratio method in male recreational football players. <i>European Journal of Applied Physiology</i> , 2022, 122, 1421-1428.	1.2	1
14	Elite women's football: Evolution and challenges for the years ahead. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 7-11.	1.3	13
15	Muscle Glycogen in Elite Soccer - A Perspective on the Implication for Performance, Fatigue, and Recovery. <i>Frontiers in Sports and Active Living</i> , 2022, 4, 876534.	0.9	8
16	Comparative Efficacy of 5 Exercise Types on Cardiometabolic Health in Overweight and Obese Adults: A Systematic Review and Network Meta-Analysis of 81 Randomized Controlled Trials. <i>Circulation: Cardiovascular Quality and Outcomes</i> , 2022, 15, 101161CIRCOUTCOMES121008243.	0.9	30
17	Skeletal muscle gene expression in older adults with type 2 diabetes mellitus undergoing calorie-restricted diet and recreational sports training - a randomized clinical trial. <i>Experimental Gerontology</i> , 2022, 164, 111831.	1.2	5
18	Acute arm and leg muscle glycogen and metabolite responses to small-sided football games in healthy young men. <i>European Journal of Applied Physiology</i> , 2022, 122, 1929-1937.	1.2	1

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19	Contextual Variables and Training Load Throughout a Competitive Period in a Top-Level Male Soccer Team. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 3177-3183.	1.0	30
20	Team sport in a COVID-19 world. A catastrophe in waiting, or an opportunity for community sport to evolve and further enhance population health?. <i>British Journal of Sports Medicine</i> , 2021, 55, 130-131.	3.1	3
21	Effects of football fitness training on lymphedema and upper-extremity function in women after treatment for breast cancer: a randomized trial. <i>Acta Oncologica</i> , 2021, 60, 392-400.	0.8	4
22	Fitness and Performance Testing of Male and Female Beach Soccer Playersâ€”A Preliminary Investigation. <i>Frontiers in Sports and Active Living</i> , 2021, 3, 636308.	0.9	4
23	Accuracy and reliability of the InBody 270 multi-frequency body composition analyser in 10-12-year-old children. <i>PLoS ONE</i> , 2021, 16, e0247362.	1.1	23
24	Effects of recreational team handball on bone health, postural balance and body composition in inactive postmenopausal women â€” A randomised controlled trial. <i>Bone</i> , 2021, 145, 115847.	1.4	13
25	One year of Football Fitness improves L1â€”L4 BMD, postural balance, and muscle strength in women treated for breast cancer. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 1545-1557.	1.3	9
26	Exercise Intensity and Technical Involvement in U9 Team Handball: Effect of Game Format. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5663.	1.2	0
27	High bone mineral density in lifelong trained female team handball players and young elite football players. <i>European Journal of Applied Physiology</i> , 2021, 121, 2825-2836.	1.2	1
28	Football and team handball training postpone cellular aging in women. <i>Scientific Reports</i> , 2021, 11, 11733.	1.6	5
29	Intensity-Modified Recreational Volleyball Training Improves Health Markers and Physical Fitness in 25â€”55-Year-Old Men. <i>BioMed Research International</i> , 2021, 2021, 1-9.	0.9	1
30	Resilience as a protective factor for well-being and emotional stability in elite-level football players during the first wave of the COVID-19 pandemic. <i>Science and Medicine in Football</i> , 2021, 5, 62-69.	1.0	9
31	Effects of a physical education intervention programme for ninth-graders on physical activity-related health competence: Findings from the GEKOS cluster randomised controlled trial. <i>Psychology of Sport and Exercise</i> , 2021, 55, 101923.	1.1	14
32	Regular football training down-regulates miR-1303 muscle expression in veterans. <i>European Journal of Applied Physiology</i> , 2021, 121, 2903-2912.	1.2	6
33	The implementation facilitation of the â€œ11 for Health in Denmarkâ€” A case study in a Danish 5 th â€”grade class. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, , .	1.3	4
34	An 11-week school-based â€”health education through football programmeâ€” improves health knowledge related to hygiene, nutrition, physical activity and well-beingâ€”and itâ€”s fun! A scaled-up, cluster-RCT with over 3000 Danish school children aged 10â€”12 years old. <i>British Journal of Sports Medicine</i> , 2021, 55, 906-911.	3.1	13
35	Danger zone assessment in small-sided recreational football: providing data for consideration in relation to COVID-19 transmission. <i>BMJ Open Sport and Exercise Medicine</i> , 2021, 7, e000911.	1.4	10
36	Translation and content validation of the trans-contextual model questionnaire battery and development of a web-based version for 10-to 12-year-old Danish schoolchildren. <i>Cogent Education</i> , 2021, 8, .	0.6	1

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37	Well-being, physical fitness and health profile of 10-12 years old boys in relation to leisure-time sports club activities: a cross-sectional study. <i>BMJ Open</i> , 2021, 11, e050194.	0.8	10
38	Improving hydration in elite male footballers during a national team training camp – an observational case study. <i>Physical Activity and Nutrition</i> , 2021, 25, 10-16.	0.4	4
39	Effect of Boards in Small-Sided Street Soccer Games on Movement Pattern and Physiological Response in Recreationally Active Young Men. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 3530-3537.	1.0	10
40	Training load and submaximal heart rate testing throughout a competitive period in a top-level male football team. <i>Journal of Sports Sciences</i> , 2020, 38, 1408-1415.	1.0	18
41	Team-sport training as a worthy alternative to fitness training for sedentary women with lifestyle diseases in a community health centre. <i>German Journal of Exercise and Sport Research</i> , 2020, 50, 136-145.	1.0	2
42	Yo-Yo intermittent tests are a valid tool for aerobic fitness assessment in recreational football. <i>European Journal of Applied Physiology</i> , 2020, 120, 137-147.	1.2	10
43	Cardiovascular and metabolic health effects of team handball training in overweight women: Impact of prior experience. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 281-294.	1.3	17
44	Methods to collect and interpret external training load using microtechnology incorporating GPS in professional football: a systematic review. <i>Research in Sports Medicine</i> , 2020, 28, 437-458.	0.7	60
45	Submaximal field testing validity for aerobic fitness assessment in recreational football. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 680-689.	1.3	9
46	Exercise intensity and cardiovascular health outcomes after 12 months of football fitness training in women treated for stage I-III breast cancer: Results from the football fitness After Breast Cancer (ABC) randomized controlled trial. <i>Progress in Cardiovascular Diseases</i> , 2020, 63, 792-799.	1.6	15
47	Acceleration and sprint profiles of professional male football players in relation to playing position. <i>PLoS ONE</i> , 2020, 15, e0236959.	1.1	51
48	Effects of a 16-week recreational team handball intervention on aerobic performance and cardiometabolic fitness markers in postmenopausal women: A randomized controlled trial. <i>Progress in Cardiovascular Diseases</i> , 2020, 63, 800-806.	1.6	12
49	Molecular mechanisms involved in the positive effects of physical activity on coping with COVID-19. <i>European Journal of Applied Physiology</i> , 2020, 120, 2569-2582.	1.2	45
50	Muscle Metabolism and Fatigue during Simulated Ice Hockey Match-Play in Elite Players. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 2162-2171.	0.2	38
51	Cardiovascular fitness and health effects of various types of team sports for adult and elderly inactive individuals - a brief narrative review. <i>Progress in Cardiovascular Diseases</i> , 2020, 63, 709-722.	1.6	20
52	Cardiometabolic adaptations and benefits of recreational group sports. <i>Progress in Cardiovascular Diseases</i> , 2020, 63, 707-708.	1.6	2
53	On-Ice and Off-Ice Fitness Profiles of Elite and U20 Male Ice Hockey Players of Two Different National Standards. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 3369-3376.	1.0	19
54	Elite football of 2030 will not be the same as that of 2020: Preparing players, coaches, and support staff for the evolution. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 962-964.	1.3	43

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55	Physical activity and health in Chinese children and adolescents: expert consensus statement (2020). <i>British Journal of Sports Medicine</i> , 2020, 54, 1321-1331.	3.1	71
56	Eight months of school-based soccer improves physical fitness and reduces aggression in high-school children. <i>Biology of Sport</i> , 2020, 37, 185-193.	1.7	21
57	Reduced telomere shortening in lifelong trained male football players compared to age-matched inactive controls. <i>Progress in Cardiovascular Diseases</i> , 2020, 63, 738-749.	1.6	13
58	Cardiovascular adaptations after 10 months of daily 12-min bouts of intense school-based physical training for 10-year-old children. <i>Progress in Cardiovascular Diseases</i> , 2020, 63, 813-817.	1.6	12
59	Impact of a novel home-based exercise intervention on health indicators in inactive premenopausal women: a 12-week randomised controlled trial. <i>European Journal of Applied Physiology</i> , 2020, 120, 771-782.	1.2	14
60	Estimation of maximal heart rate in recreational football: a field study. <i>European Journal of Applied Physiology</i> , 2020, 120, 925-933.	1.2	3
61	Reproducibility of Internal and External Training Load During Recreational Small-Sided Football Games. <i>Research Quarterly for Exercise and Sport</i> , 2020, 91, 676-681.	0.8	6
62	Effects of Small-Sided Soccer Games on Physical Fitness, Physiological Responses, and Health Indices in Untrained Individuals and Clinical Populations: A Systematic Review. <i>Sports Medicine</i> , 2020, 50, 987-1007.	3.1	27
63	The "11 for Health in Denmark" intervention in 10- to 12-year-old Danish girls and boys and its effects on well-being: A large-scale cluster RCT. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 1787-1795.	1.3	17
64	Recovery Kinetics After Speed-Endurance Training in Male Soccer Players. <i>International Journal of Sports Physiology and Performance</i> , 2020, 15, 395-408.	1.1	8
65	Application of Individualized Speed Zones to Quantify External Training Load in Professional Soccer. <i>Journal of Human Kinetics</i> , 2020, 72, 279-289.	0.7	29
66	Internal training load monitoring in professional football: a systematic review of methods using rating of perceived exertion. <i>Journal of Sports Medicine and Physical Fitness</i> , 2020, 60, 160-171.	0.4	6
67	Effect of High-Intensity Interval Exercise in the Morning and Evening on Platelet Indices and Exercise-Induced Thrombocytosis. <i>Middle East Journal of Rehabilitation and Health Studies</i> , 2020, 7, .	0.1	2
68	Effects of small-sided recreational team handball training on mechanical muscle function, body composition and bone mineralization in untrained young adults: A randomized controlled trial. <i>PLoS ONE</i> , 2020, 15, e0241359.	1.1	4
69	Switching between pitch surfaces: practical applications and future perspectives for soccer training. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019, 59, 510-519.	0.4	4
70	Variability of activity profile during medium-sided games in professional soccer. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019, 59, 547-554.	0.4	13
71	Biomarkers of insulin action during single soccer sessions before and after a 12-week training period in type 2 diabetes patients on a caloric-restricted diet. <i>Physiology and Behavior</i> , 2019, 209, 112618.	1.0	12
72	Gender-dependent evaluation of football as medicine for prediabetes. <i>European Journal of Applied Physiology</i> , 2019, 119, 2011-2024.	1.2	6

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73	Technical demands across playing positions of the Asian Cup in male football. <i>International Journal of Performance Analysis in Sport</i> , 2019, 19, 530-542.	0.5	8
74	Testâ€“Retest Reliability of the Yo-Yo Test: A Systematic Review. <i>Sports Medicine</i> , 2019, 49, 1547-1557.	3.1	29
75	Community-based football in men with prostate cancer: 1-year follow-up on a pragmatic, multicentre randomised controlled trial. <i>PLoS Medicine</i> , 2019, 16, e1002936.	3.9	30
76	Could sport be part of pediatric obesity prevention and treatment? Expert conclusions from the 28th European Childhood Obesity Group Congress. <i>Journal of Sport and Health Science</i> , 2019, 8, 350-352.	3.3	12
77	Is regular physical activity a key to mental health? Commentary on â€œAssociation between physical exercise and mental health in 1.2 million individuals in the USA between 2011 and 2015: A cross-sectional studyâ€, by Chekroud et al., published in <i>Lancet Psychiatry</i> . <i>Journal of Sport and Health Science</i> , 2019, 8, 6-7.	3.3	19
78	Acute highâ€“intensity football games can improve children's inhibitory control and neurophysiological measures of attention. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 1546-1562.	1.3	21
79	Maximal heart rate assessment in recreational football players: A study involving a multiple testing approach. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 1537-1545.	1.3	23
80	Relative pitch area plays an important role in movement pattern and intensity in recreational male football. <i>Biology of Sport</i> , 2019, 36, 119-124.	1.7	12
81	Activity Profile, Heart Rate, Technical Involvement, and Perceived Intensity and Fun in U13 Male and Female Team Handball Players: Effect of Game Format. <i>Sports</i> , 2019, 7, 90.	0.7	8
82	Heart Rate Kinetics Response of Pre-Pubertal Children during the Yo-Yo Intermittent Endurance Testâ€“Level 1. <i>Sports</i> , 2019, 7, 65.	0.7	3
83	Relationship between External Load and Perceptual Responses to Training in Professional Football: Effects of Quantification Method. <i>Sports</i> , 2019, 7, 68.	0.7	33
84	Lifelong Football Training: Effects on Autophagy and Healthy Longevity Promotion. <i>Frontiers in Physiology</i> , 2019, 10, 132.	1.3	21
85	Feasibility and Health Effects of a 15-Week Combined Exercise Programme for Sedentary Elderly: A Randomised Controlled Trial. <i>BioMed Research International</i> , 2019, 2019, 1-12.	0.9	5
86	The Yo-Yo Intermittent Endurance Level 2 Test: Reliability of Performance Scores, Physiological Responses and Overload Characteristics in Competitive Soccer, Basketball and Volleyball Players. <i>Journal of Human Kinetics</i> , 2019, 67, 223-233.	0.7	9
87	Cardiovascular, muscular, and skeletal adaptations to recreational team handball training: a randomized controlled trial with young adult untrained men. <i>European Journal of Applied Physiology</i> , 2019, 119, 561-573.	1.2	18
88	Football Compared with Usual Care in Men with Prostate Cancer (FC Prostate Community Trial): A Pragmatic Multicentre Randomized Controlled Trial. <i>Sports Medicine</i> , 2019, 49, 145-158.	3.1	33
89	Broad-spectrum physical fitness benefits of recreational football: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2019, 53, 926-939.	3.1	85
90	Ecological Validity and Reliability of an Age-Adapted Endurance Field Test in Young Male Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 3400-3405.	1.0	9

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91	Football and healthy ageing. , 2019, , 93-101.		0
92	Football as Medicine against cardiovascular disease. , 2019, , 8-24.		0
93	Football as broad-spectrum prevention for children and youth “ in club and school settings. , 2019, , 66-78.		0
94	Football as rehabilitation for cancer patients. , 2019, , 58-65.		0
95	Football as Medicine against type 2 diabetes and metabolic syndrome. , 2019, , 25-40.		0
96	Football at the workplace. , 2019, , 129-156.		0
97	Football for homeless and socially deprived people. , 2019, , 79-92.		0
98	Football for promotion of bone health across the lifespan. , 2019, , 41-57.		0
99	Heart rate and movement pattern in street soccer for homeless women. German Journal of Exercise and Sport Research, 2018, 48, 211-217.	1.0	9
100	Acute effect on ambulatory blood pressure from aerobic exercise: a randomised cross-over study among female cleaners. European Journal of Applied Physiology, 2018, 118, 331-338.	1.2	9
101	Recreational team sports: The motivational medicine. Journal of Sport and Health Science, 2018, 7, 129-131.	3.3	25
102	Football training improves metabolic and cardiovascular health status in 55- to 70-year-old women and men with prediabetes. Scandinavian Journal of Medicine and Science in Sports, 2018, 28, 42-51.	1.3	20
103	Fatigue Responses in Various Muscle Groups in Well-Trained Competitive Male Players after a Simulated Soccer Game. Journal of Human Kinetics, 2018, 61, 85-97.	0.7	22
104	Positive effects on bone mineralisation and muscular fitness after 10- months of intense school-based physical training for children aged 8-10- years: the FIT FIRST randomised controlled trial. British Journal of Sports Medicine, 2018, 52, 254-260.	3.1	59
105	Analysis of High-Intensity Skating in Top-Class Ice Hockey Match-Play in Relation to Training Status and Muscle Damage. Journal of Strength and Conditioning Research, 2018, 32, 1303-1310.	1.0	54
106	Decrease in musculoskeletal pain after 4 and 12 months of an aerobic exercise intervention: a worksite RCT among cleaners. Scandinavian Journal of Public Health, 2018, 46, 846-853.	1.2	14
107	Bone mineral density in lifelong trained male football players compared with young and elderly untrained men. Journal of Sport and Health Science, 2018, 7, 159-168.	3.3	26
108	Testosterone and cortisol response to acute intermittent and continuous aerobic exercise in sedentary men. Sport Sciences for Health, 2018, 14, 53-60.	0.4	5

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109	Fitness and health benefits of team handball training for young untrained womenâ€”A cross-disciplinary RCT on physiological adaptations and motivational aspects. <i>Journal of Sport and Health Science</i> , 2018, 7, 139-148.	3.3	39
110	The effect of 12-month participation in osteogenic and non-osteogenic sports on bone development in adolescent male athletes. The PRO-BONE study. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 404-409.	0.6	34
111	Effects of 3 months of full-court and half-court street basketball training on health profile in untrained men. <i>Journal of Sport and Health Science</i> , 2018, 7, 132-138.	3.3	33
112	The inter-individual relationship between training status and activity pattern during small-sided and full-sized games in professional male football players. <i>Science and Medicine in Football</i> , 2018, 2, 115-122.	1.0	12
113	Effects of 12 months aerobic exercise intervention on work ability, need for recovery, productivity and rating of exertion among cleaners: a worksite RCT. <i>International Archives of Occupational and Environmental Health</i> , 2018, 91, 225-235.	1.1	21
114	Skeletal muscle and performance adaptations to high-intensity training in elite male soccer players: speed endurance runs versus small-sided game training. <i>European Journal of Applied Physiology</i> , 2018, 118, 111-121.	1.2	43
115	Effects of recreational football on womenâ€™s fitness and health: adaptations and mechanisms. <i>European Journal of Applied Physiology</i> , 2018, 118, 11-32.	1.2	48
116	Improved cognitive performance in preadolescent Danish children after the schoolâ€”based physical activity programme â€œFIFA 11 for Healthâ€”for Europe â€” A clusterâ€”randomised controlled trial. <i>European Journal of Sport Science</i> , 2018, 18, 130-139.	1.4	28
117	Movement pattern and physiological response in recreational small-sided football â€” effect of number of players with a fixed pitch size. <i>Journal of Sports Sciences</i> , 2018, 36, 1549-1556.	1.0	22
118	Reliability Characteristics and Applicability of a Repeated Sprint Ability Test in Young Male Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 1538-1544.	1.0	15
119	Effects of a Short-Term Recreational Team Handball-Based Programme on Physical Fitness and Cardiovascular and Metabolic Health of 33-55-Year-Old Men: A Pilot Study. <i>BioMed Research International</i> , 2018, 2018, 1-11.	0.9	18
120	Physical Fitness and Body Composition in 10â€”12-Year-Old Danish Children in Relation to Leisure-Time Club-Based Sporting Activities. <i>BioMed Research International</i> , 2018, 2018, 1-8.	0.9	19
121	Reliability of Submaximal Yo-Yo Tests in 9- to 16-Year-Old Untrained Schoolchildren. <i>Pediatric Exercise Science</i> , 2018, 30, 537-545.	0.5	4
122	Health Effects of 12 Weeks of Team-Sport Training and Fitness Training in a Community Health Centre for Sedentary Men with Lifestyle Diseases. <i>BioMed Research International</i> , 2018, 2018, 1-9.	0.9	9
123	Osteogenic impact of football training in 55â€”to 70â€”yearâ€”old women and men with prediabetes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 52-60.	1.3	23
124	Cardiovascular adaptations after 10 months of intense schoolâ€”based physical training for 8â€”to 10â€”yearâ€”old children. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 33-41.	1.3	19
125	Effects of a lighter, smaller football on acute match injuries in adolescent female football: a pilot cluster-randomized controlled trial. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018, 58, 644-650.	0.4	2
126	Improved Exercise Tolerance with Caffeine Is Associated with Modulation of both Peripheral and Central Neural Processes in Human Participants. <i>Frontiers in Nutrition</i> , 2018, 5, 6.	1.6	28

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127	Influence of opponent standard on activity profile and fatigue development during preseasonal friendly soccer matches: a team study. <i>Research in Sports Medicine</i> , 2018, 26, 413-424.	0.7	17
128	Post-Game High Protein Intake May Improve Recovery of Football-Specific Performance during a Congested Game Fixture: Results from the PRO-FOOTBALL Study. <i>Nutrients</i> , 2018, 10, 494.	1.7	26
129	Football training over 5 years is associated with preserved femoral bone mineral density in men with prostate cancer. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 61-73.	1.3	19
130	Heart Rate and Perceived Experience Differ Markedly for Children in Same- versus Mixed-Gender Soccer Played as Small- and Large-Sided Games. <i>BioMed Research International</i> , 2018, 2018, 1-9.	0.9	6
131	Football is medicine: it is time for patients to play!. <i>British Journal of Sports Medicine</i> , 2018, 52, 1412-1414.	3.1	55
132	â€œFIFA 11 for Healthâ€ for Europe in the Faroe Islands: Effects on health markers and physical fitness in 10- to 12-year-old schoolchildren. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 8-17.	1.3	18
133	Muscle Acidification And Fatigue Kinetics During Intense Repeated Exhaustive Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 561.	0.2	0
134	The â€œFootball is Medicineâ€ platformâ€ scientific evidence, large-scale implementation of evidence-based concepts and future perspectives. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 3-7.	1.3	31
135	Combination of recreational soccer and caloric restricted diet reduces markers of protein catabolism and cardiovascular risk in patients with type 2 diabetes. <i>Journal of Nutrition, Health and Aging</i> , 2017, 21, 180-186.	1.5	37
136	Acute effect of intermittent and continuous aerobic exercise on release of cardiac troponin T in sedentary men. <i>International Journal of Cardiology</i> , 2017, 236, 493-497.	0.8	8
137	Effect of lifelong football training on the expression of muscle molecular markers involved in healthy longevity. <i>European Journal of Applied Physiology</i> , 2017, 117, 721-730.	1.2	24
138	Broad-spectrum health improvements with one year of soccer training in inactive mildly hypertensive middle-aged women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 1893-1901.	1.3	31
139	â€œFIFA 11 for Healthâ€™ for Europe. 1: effect on health knowledge and well-being of 10- to 12-year-old Danish school children. <i>British Journal of Sports Medicine</i> , 2017, 51, 1483-1488.	3.1	21
140	Physical Fitness and Body Composition in 8-10-Year-Old Danish Children Are Associated With Sports Club Participation. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 3425-3434.	1.0	16
141	Effect of an aerobic exercise intervention on cardiac autonomic regulation: A worksite RCT among cleaners. <i>Physiology and Behavior</i> , 2017, 169, 90-97.	1.0	13
142	Walking football as sustainable exercise for older adults â€œ A pilot investigation. <i>European Journal of Sport Science</i> , 2017, 17, 638-645.	1.4	45
143	The importance of cohesion and enjoyment for the fitness improvement of 8-10-year-old children participating in a team and individual sport school-based physical activity intervention. <i>European Journal of Sport Science</i> , 2017, 17, 343-350.	1.4	31
144	Running intensity fluctuations indicate temporary performance decrement in top-class football. <i>Science and Medicine in Football</i> , 2017, 1, 10-17.	1.0	28

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145	Muscle ion transporters and antioxidative proteins have different adaptive potential in arm than in leg skeletal muscle with exercise training. <i>Physiological Reports</i> , 2017, 5, e13470.	0.7	9
146	Cardiorespiratory fitness and physical function in children with cancer from diagnosis throughout treatment. <i>BMJ Open Sport and Exercise Medicine</i> , 2017, 3, e000179.	1.4	25
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