

# Peter Krustrup

## List of Publications by Year in descending order

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369  
papers

23,168  
citations

9756

73  
h-index

11581

135  
g-index

373  
all docs

373  
docs citations

373  
times ranked

11427  
citing authors

#	ARTICLE	IF	CITATIONS
1	Match performance of high-standard soccer players with special reference to development of fatigue. <i>Journal of Sports Sciences</i> , 2003, 21, 519-528.	1.0	1,399
2	The Yo-Yo Intermittent Recovery Test. <i>Sports Medicine</i> , 2008, 38, 37-51.	3.1	954
3	The Yo-Yo Intermittent Recovery Test: Physiological Response, Reliability, and Validity. <i>Medicine and Science in Sports and Exercise</i> , 2003, 35, 697-705.	0.2	902
4	Physical and metabolic demands of training and match-play in the elite football player. <i>Journal of Sports Sciences</i> , 2006, 24, 665-674.	1.0	731
5	High-intensity running in English FA Premier League soccer matches. <i>Journal of Sports Sciences</i> , 2009, 27, 159-168.	1.0	597
6	Muscle and Blood Metabolites during a Soccer Game. <i>Medicine and Science in Sports and Exercise</i> , 2006, 38, 1165-1174.	0.2	526
7	Physical Demands during an Elite Female Soccer Game: Importance of Training Status. <i>Medicine and Science in Sports and Exercise</i> , 2005, 37, 1242-1248.	0.2	443
8	Fatigue in soccer: A brief review. <i>Journal of Sports Sciences</i> , 2005, 23, 593-599.	1.0	439
9	Recreational football as a health promoting activity: a topical review. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 1-13.	1.3	414
10	Physiological demands of top-class soccer refereeing in relation to physical capacity: effect of intense intermittent exercise training. <i>Journal of Sports Sciences</i> , 2001, 19, 881-891.	1.0	304
11	High-Intensity Training versus Traditional Exercise Interventions for Promoting Health. <i>Medicine and Science in Sports and Exercise</i> , 2010, 42, 1951-1958.	0.2	300
12	The Yo-Yo IR2 Test: Physiological Response, Reliability, and Application to Elite Soccer. <i>Medicine and Science in Sports and Exercise</i> , 2006, 38, 1666-1673.	0.2	292
13	Muscle temperature and sprint performance during soccer matches - beneficial effect of re-warm-up at half-time. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2004, 14, 156-162.	1.3	283
14	Physical activity and coronavirus disease 2019 (COVID-19): specific recommendations for home-based physical training. <i>Managing Sport and Leisure</i> , 2022, 27, 26-31.	2.2	265
15	Slow Component of $\dot{V}\dot{E}^{TM}O_2$ Kinetics. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 2046-2062.	0.2	260
16	Match Activities of Elite Women Soccer Players at Different Performance Levels. <i>Journal of Strength and Conditioning Research</i> , 2008, 22, 341-349.	1.0	258
17	The effect of playing formation on high-intensity running and technical profiles in English FA Premier League soccer matches. <i>Journal of Sports Sciences</i> , 2011, 29, 821-830.	1.0	252
18	Match performance and physical capacity of players in the top three competitive standards of English professional soccer. <i>Human Movement Science</i> , 2013, 32, 808-821.	0.6	227

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19	Application of four different football match analysis systems: A comparative study. <i>Journal of Sports Sciences</i> , 2010, 28, 171-182.	1.0	225
20	Metabolic Response and Fatigue in Soccer. <i>International Journal of Sports Physiology and Performance</i> , 2007, 2, 111-127.	1.1	215
21	Recreational soccer is an effective health-promoting activity for untrained men. <i>British Journal of Sports Medicine</i> , 2009, 43, 825-831.	3.1	204
22	The slow component of oxygen uptake during intense, sub-maximal exercise in man is associated with additional fibre recruitment. <i>Pflügers Archiv European Journal of Physiology</i> , 2004, 447, 855-866.	1.3	203
23	Effect of high-intensity intermittent training on lactate and H <sup>+</sup> release from human skeletal muscle. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2004, 286, E245-E251.	1.8	191
24	Dietary nitrate supplementation improves team sport-specific intense intermittent exercise performance. <i>European Journal of Applied Physiology</i> , 2013, 113, 1673-1684.	1.2	178
25	Elite football on artificial turf versus natural grass: Movement patterns, technical standards, and player impressions. <i>Journal of Sports Sciences</i> , 2008, 26, 113-122.	1.0	177
26	Heat production in human skeletal muscle at the onset of intense dynamic exercise. <i>Journal of Physiology</i> , 2000, 524, 603-615.	1.3	174
27	Effect of two different intense training regimens on skeletal muscle ion transport proteins and fatigue development. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2007, 292, R1594-R1602.	0.9	171
28	Muscle oxygen kinetics at onset of intense dynamic exercise in humans. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2000, 279, R899-R906.	0.9	169
29	Elite Female Soccer Players Perform More High-Intensity Running When Playing in International Games Compared With Domestic League Games. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 912-919.	1.0	166
30	Glucose Ingestion Attenuates Interleukin-6 Release from Contracting Skeletal Muscle in Humans. <i>Journal of Physiology</i> , 2003, 549, 607-612.	1.3	154
31	Exercise induces hepatoplanchnic release of heat shock protein 72 in humans. <i>Journal of Physiology</i> , 2002, 544, 957-962.	1.3	153
32	Plasticity in mitochondrial cristae density allows metabolic capacity modulation in human skeletal muscle. <i>Journal of Physiology</i> , 2017, 595, 2839-2847.	1.3	153
33	Game-Induced Fatigue Patterns in Elite Female Soccer. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 437-441.	1.0	145
34	Technical and physical demands of small vs. large sided games in relation to playing position in elite soccer. <i>Human Movement Science</i> , 2012, 31, 957-969.	0.6	144
35	Muscle damage, inflammatory, immune and performance responses to three football games in 1 week in competitive male players. <i>European Journal of Applied Physiology</i> , 2016, 116, 179-193.	1.2	143
36	Muscular and pulmonary O <sub>2</sub> uptake kinetics during moderate and high intensity submaximal knee extensor exercise in humans. <i>Journal of Physiology</i> , 2009, 587, 1843-1856.	1.3	141

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37	Effects of high-intensity intermittent training on potassium kinetics and performance in human skeletal muscle. <i>Journal of Physiology</i> , 2004, 554, 857-870.	1.3	137
38	The mechanistic bases of the powerâ€“time relationship: muscle metabolic responses and relationships to muscle fibre type. <i>Journal of Physiology</i> , 2016, 594, 4407-4423.	1.3	127
39	ATP production and efficiency of human skeletal muscle during intense exercise: effect of previous exercise. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2001, 280, E956-E964.	1.8	126
40	Positive performance and health effects of a football training program over 12 weeks can be maintained over a 1â€“year period with reduced training frequency. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 80-89.	1.3	126
41	Mechanical Muscle Function, Morphology, and Fiber Type in Lifelong Trained Elderly. <i>Medicine and Science in Sports and Exercise</i> , 2007, 39, 1989-1996.	0.2	123
42	Activity profile and physiological demands of top-class soccer assistant refereeing in relation to training status. <i>Journal of Sports Sciences</i> , 2002, 20, 861-871.	1.0	122
43	Activity profile and physiological response to football training for untrained males and females, elderly and youngsters: influence of the number of players. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 14-23.	1.3	121
44	Experimental evidence against the mitochondrial theory of aging A study of isolated human skeletal muscle mitochondria. <i>Experimental Gerontology</i> , 2003, 38, 877-886.	1.2	120
45	Muscle adaptations and performance enhancements of soccer training for untrained men. <i>European Journal of Applied Physiology</i> , 2010, 108, 1247-1258.	1.2	116
46	Recreational football for disease prevention and treatment in untrained men: a narrative review examining cardiovascular health, lipid profile, body composition, muscle strength and functional capacity. <i>British Journal of Sports Medicine</i> , 2015, 49, 568-576.	3.1	112
47	Activity profile and physical demands of football referees and assistant referees in international games. <i>Journal of Sports Sciences</i> , 2009, 27, 1167-1176.	1.0	110
48	Maximal voluntary contraction force, SR function and glycogen resynthesis during the first 72Âh after a high-level competitive soccer game. <i>European Journal of Applied Physiology</i> , 2011, 111, 2987-2995.	1.2	109
49	Cytochrome P450 2C9 plays an important role in the regulation of exerciseâ€“induced skeletal muscle blood flow and oxygen uptake in humans. <i>Journal of Physiology</i> , 2003, 546, 307-314.	1.3	108
50	Examination of fatigue development in elite soccer in a hot environment: a multiâ€“experimental approach. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 125-132.	1.3	108
51	Sub-maximal and maximal Yoâ€“Yo intermittent endurance test level 2: heart rate response, reproducibility and application to elite soccer. <i>European Journal of Applied Physiology</i> , 2011, 111, 969-978.	1.2	106
52	Intense interval training enhances human skeletal muscle oxygen uptake in the initial phase of dynamic exercise at high but not at low intensities. <i>Journal of Physiology</i> , 2004, 559, 335-345.	1.3	101
53	Beneficial effects of recreational football on the cardiovascular risk profile in untrained premenopausal women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 40-49.	1.3	99
54	Reduced volume but increased training intensity elevates muscle Na <sup>+</sup> -K <sup>+</sup> pump $\beta$ -subunit and NHE1 expression as well as short-term work capacity in humans. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2008, 294, R966-R974.	0.9	97

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55	Is Recreational Soccer Effective for Improving $\dot{V}_{O_2 \max}$ ? A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2015, 45, 1339-1353.	3.1	97
56	Performance enhancements and muscular adaptations of a 16-week recreational football intervention for untrained women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 24-30.	1.3	94
57	Executive summary: The health and fitness benefits of regular participation in small-sided football games. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 132-135.	1.3	90
58	Muscle oxygen uptake and energy turnover during dynamic exercise at different contraction frequencies in humans. <i>Journal of Physiology</i> , 2001, 536, 261-271.	1.3	88
59	ATP and heat production in human skeletal muscle during dynamic exercise: higher efficiency of anaerobic than aerobic ATP resynthesis. <i>Journal of Physiology</i> , 2003, 549, 255-269.	1.3	87
60	Motor Skills and Exercise Capacity Are Associated with Objective Measures of Cognitive Functions and Academic Performance in Preadolescent Children. <i>PLoS ONE</i> , 2016, 11, e0161960.	1.1	87
61	Long-term musculoskeletal and cardiac health effects of recreational football and running for premenopausal women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 58-71.	1.3	85
62	$\dot{V}O_2$ Kinetics and Performance in Soccer Players after Intense Training and Inactivity. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 1716-1724.	0.2	85
63	Broad-spectrum physical fitness benefits of recreational football: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2019, 53, 926-939.	3.1	85
64	Muscle heat production and anaerobic energy turnover during repeated intense dynamic exercise in humans. <i>Journal of Physiology</i> , 2001, 536, 947-956.	1.3	84
65	Soccer Improves Fitness and Attenuates Cardiovascular Risk Factors in Hypertensive Men. <i>Medicine and Science in Sports and Exercise</i> , 2013, 45, 553-561.	0.2	84
66	Recreational football improves bone mineral density and bone turnover marker profile in elderly men. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 98-104.	1.3	84
67	Slow-Twitch Fiber Glycogen Depletion Elevates Moderate-Exercise Fast-Twitch Fiber Activity and $O_2$ Uptake. <i>Medicine and Science in Sports and Exercise</i> , 2004, 36, 973-982.	0.2	83
68	The Copenhagen Consensus Conference 2016: children, youth, and physical activity in schools and during leisure time. <i>British Journal of Sports Medicine</i> , 2016, 50, 1177-1178.	3.1	83
69	Passive leg movement enhances interstitial VEGF protein, endothelial cell proliferation, and eNOS mRNA content in human skeletal muscle. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2008, 294, R975-R982.	0.9	81
70	Recreational football training decreases risk factors for bone fractures in untrained premenopausal women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 31-39.	1.3	78
71	Recruitment of fibre types and quadriceps muscle portions during repeated, intense knee-extensor exercise in humans. <i>Pflügers Archiv European Journal of Physiology</i> , 2004, 449, 56-65.	1.3	77
72	Glucose ingestion attenuates the exercise-induced increase in circulating heat shock protein 72 and heat shock protein 60 in humans. <i>Cell Stress and Chaperones</i> , 2004, 9, 390.	1.2	77

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73	Aerobic fitness testing in 6- to 9-year-old children: reliability and validity of a modified Yo-Yo IR1 test and the Andersen test. <i>European Journal of Applied Physiology</i> , 2012, 112, 871-876.	1.2	76
74	The effect of strength training, recreational soccer and running exercise on stretch-shortening cycle muscle performance during countermovement jumping. <i>Human Movement Science</i> , 2012, 31, 970-986.	0.6	75
75	Human skeletal muscle mitochondrial metabolism in youth and senescence: no signs of functional changes in ATP formation and mitochondrial oxidative capacity. <i>Pflügers Archiv European Journal of Physiology</i> , 2003, 446, 270-278.	1.3	74
76	Yo-Yo IR2 testing of elite and sub-elite soccer players: Performance, heart rate response and correlations to other interval tests. <i>Journal of Sports Sciences</i> , 2012, 30, 1337-1345.	1.0	73
77	Heart rate response and fitness effects of various types of physical education for 8- to 9-year-old schoolchildren. <i>European Journal of Sport Science</i> , 2014, 14, 861-869.	1.4	72
78	Do soccer and Zumba exercise improve fitness and indicators of health among female hospital employees? A 12-week RCT. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 990-999.	1.3	72
79	Physical match performance of youth football players in relation to physical capacity. <i>European Journal of Sport Science</i> , 2014, 14, S148-56.	1.4	72
80	Positive effects of football on fitness, lipid profile, and insulin resistance in Brazilian patients with type 2 diabetes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 57-65.	1.3	72
81	The effect of recreational soccer training and running on postural balance in untrained men. <i>European Journal of Applied Physiology</i> , 2011, 111, 521-530.	1.2	71
82	High Injury Incidence in Adolescent Female Soccer. <i>American Journal of Sports Medicine</i> , 2014, 42, 2487-2494.	1.9	71
83	Physical activity and health in Chinese children and adolescents: expert consensus statement (2020). <i>British Journal of Sports Medicine</i> , 2020, 54, 1321-1331.	3.1	71
84	The Application of the Yo-Yo Intermittent Endurance Level 2 Test to Elite Female Soccer Populations. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 43-54.	1.3	70
85	Return to elite football after the COVID-19 lockdown. <i>Managing Sport and Leisure</i> , 2022, 27, 172-180.	2.2	70
86	Football training improves lean body mass in men with prostate cancer undergoing androgen deprivation therapy. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 105-112.	1.3	69
87	Performance Enhancement Effects of Fédération Internationale de Football Association™s The 11+ Injury Prevention Training Program in Youth Futsal Players. <i>Clinical Journal of Sport Medicine</i> , 2013, 23, 318-320.	0.9	67
88	Physiological Demands of Elite Team Handball With Special Reference to Playing Position. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 430-442.	1.0	67
89	Neuromuscular blockade of slow twitch muscle fibres elevates muscle oxygen uptake and energy turnover during submaximal exercise in humans. <i>Journal of Physiology</i> , 2008, 586, 6037-6048.	1.3	66
90	Muscle function and postural balance in lifelong trained male footballers compared with sedentary elderly men and youngsters. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 90-97.	1.3	66

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91	Hepatosplanchnic clearance of interleukin-6 in humans during exercise. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2003, 285, E397-E402.	1.8	64
92	Isokinetic strength effects of FIFA's "The 11+" injury prevention training programme. <i>Isokinetics and Exercise Science</i> , 2010, 18, 211-215.	0.2	64
93	Experiencing flow in different types of physical activity intervention programs: three randomized studies. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 111-117.	1.3	62
94	Extensive Monitoring Through Multiple Blood Samples in Professional Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1260-1271.	1.0	62
95	Relationships Between Field Performance Tests in High-Level Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 942-949.	1.0	62
96	Short-term street soccer improves fitness and cardiovascular health status of homeless men. <i>European Journal of Applied Physiology</i> , 2012, 112, 2097-2106.	1.2	61
97	Football training improves cardiovascular health profile in sedentary, premenopausal hypertensive women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 36-42.	1.3	61
98	Efficacy of recreational football on bone health, body composition, and physical functioning in men with prostate cancer undergoing androgen deprivation therapy: 32-week follow-up of the FC prostate randomised controlled trial. <i>Osteoporosis International</i> , 2016, 27, 1507-1518.	1.3	61
99	Potassium kinetics in human muscle interstitium during repeated intense exercise in relation to fatigue. <i>Pflügers Archiv European Journal of Physiology</i> , 2004, 448, 452-6.	1.3	60
100	Heterogeneous recruitment of quadriceps muscle portions and fibre types during moderate intensity knee extensor exercise: effect of thigh occlusion. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2009, 19, 576-584.	1.3	60
101	Methods to collect and interpret external training load using microtechnology incorporating GPS in professional football: a systematic review. <i>Research in Sports Medicine</i> , 2020, 28, 437-458.	0.7	60
102	Aerobic metabolism of human quadriceps muscle: in vivo data parallel measurements on isolated mitochondria. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2001, 280, E301-E307.	1.8	59
103	Positive effects on bone mineralisation and muscular fitness after 10 months of intense school-based physical training for children aged 8 to 10 years: the FIT FIRST randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2018, 52, 254-260.	3.1	59
104	Effects of a 12-week intervention period with football and running for habitually active men with mild hypertension. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 72-79.	1.3	58
105	Cardiovascular adaptations to 4 and 12 months of football or strength training in 65 to 75-year-old untrained men. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 86-97.	1.3	58
106	Soccer and Zumba as health-promoting activities among female hospital employees: a 40-weeks cluster randomised intervention study. <i>Journal of Sports Sciences</i> , 2014, 32, 1539-1549.	1.0	58
107	Structural and functional cardiac adaptations to a 10-week school-based football intervention for 9 to 10-year-old children. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 4-9.	1.3	58
108	Injuries in Portuguese Youth Soccer Players During Training and Match Play. <i>Journal of Athletic Training</i> , 2012, 47, 191-197.	0.9	57

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109	High-Intensity Intermittent Swimming Improves Cardiovascular Health Status for Women with Mild Hypertension. <i>BioMed Research International</i> , 2014, 2014, 1-9.	0.9	57
110	Effects of soccer vs swim training on bone formation in sedentary middle-aged women. <i>European Journal of Applied Physiology</i> , 2015, 115, 2671-2679.	1.2	57
111	A preliminary study: Effects of football training on glucose control, body composition, and performance in men with type 2 diabetes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 43-56.	1.3	56
112	Differences in strength and speed demands between 4v4 and 8v8 small-sided football games. <i>Journal of Sports Sciences</i> , 2016, 34, 2246-2254.	1.0	56
113	Football as a treatment for hypertension in untrained 30-55-year-old men: a prospective randomized study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 98-102.	1.3	55
114	Physiological response and activity profile in recreational small-sided football: No effect of the number of players. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 130-137.	1.3	55
115	Football is medicine: it is time for patients to play!. <i>British Journal of Sports Medicine</i> , 2018, 52, 1412-1414.	3.1	55
116	The Copenhagen Soccer Test. <i>Medicine and Science in Sports and Exercise</i> , 2012, 44, 1595-1603.	0.2	54
117	Soccer Training Improves Cardiac Function in Men with Type 2 Diabetes. <i>Medicine and Science in Sports and Exercise</i> , 2013, 45, 2223-2233.	0.2	54
118	Analysis of High-Intensity Skating in Top-Class Ice Hockey Match-Play in Relation to Training Status and Muscle Damage. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 1303-1310.	1.0	54
119	Improvement of systolic and diastolic heart function after physical training in sedentary women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 50-57.	1.3	53
120	Acceleration and sprint profiles of professional male football players in relation to playing position. <i>PLoS ONE</i> , 2020, 15, e0236959.	1.1	51
121	Short-Term Performance Effects of Three Different Low-Volume Strength-Training Programmes in College Male Soccer Players. <i>Journal of Human Kinetics</i> , 2014, 40, 121-128.	0.7	49
122	Enhanced pyruvate dehydrogenase activity does not affect muscle O <sub>2</sub> uptake at onset of intense exercise in humans. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2002, 282, R273-R280.	0.9	48
123	Mitochondrial biogenesis and angiogenesis in skeletal muscle of the elderly. <i>Experimental Gerontology</i> , 2011, 46, 670-8.	1.2	48
124	Sodium bicarbonate intake improves high-intensity intermittent exercise performance in trained young men. <i>Journal of the International Society of Sports Nutrition</i> , 2015, 12, 25.	1.7	48
125	Football training in men with prostate cancer undergoing androgen deprivation therapy: activity profile and short-term skeletal and postural balance adaptations. <i>European Journal of Applied Physiology</i> , 2016, 116, 471-480.	1.2	48
126	Effects of recreational football on women's fitness and health: adaptations and mechanisms. <i>European Journal of Applied Physiology</i> , 2018, 118, 11-32.	1.2	48



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127	Yo-Yo intermittent recovery test performances within an entire football league during a full season. <i>Journal of Sports Sciences</i> , 2014, 32, 315-327.	1.0	46
128	A 24-h assessment of physical activity and cardio-respiratory fitness among female hospital cleaners: A pilot study. <i>Ergonomics</i> , 2013, 56, 935-943.	1.1	45
129	Effect of football or strength training on functional ability and physical performance in untrained old men. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 76-85.	1.3	45
130	Walking football as sustainable exercise for older adults – A pilot investigation. <i>European Journal of Sport Science</i> , 2017, 17, 638-645.	1.4	45
131	Molecular mechanisms involved in the positive effects of physical activity on coping with COVID-19. <i>European Journal of Applied Physiology</i> , 2020, 120, 2569-2582.	1.2	45
132	Recreational Soccer Can Improve the Reflex Response to Sudden Trunk Loading Among Untrained Women. <i>Journal of Strength and Conditioning Research</i> , 2009, 23, 2621-2626.	1.0	44
133	Does aerobic exercise improve or impair cardiorespiratory fitness and health among cleaners? A cluster randomized controlled trial. <i>Scandinavian Journal of Work, Environment and Health</i> , 2015, 41, 140-152.	1.7	43
134	Skeletal muscle and performance adaptations to high-intensity training in elite male soccer players: speed endurance runs versus small-sided game training. <i>European Journal of Applied Physiology</i> , 2018, 118, 111-121.	1.2	43
135	Elite football of 2030 will not be the same as that of 2020: Preparing players, coaches, and support staff for the evolution. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 962-964.	1.3	43
136	A New Tool to Measure Training Load in Soccer Training and Match Play. <i>International Journal of Sports Medicine</i> , 2012, 33, 297-304.	0.8	42
137	The influence of the playing surface on the exercise intensity of small-sided recreational soccer games. <i>Human Movement Science</i> , 2012, 31, 946-956.	0.6	42
138	Muscle strength and soccer practice as major determinants of bone mineral density in adolescents. <i>Joint Bone Spine</i> , 2012, 79, 403-408.	0.8	42
139	Analysis of Fatigue Development During Elite Male Handball Matches. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 2640-2648.	1.0	42
140	“All boys and men can play football” A qualitative investigation of recreational football in prostate cancer patients. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 113-121.	1.3	41
141	Half-time re-warm up increases performance capacity in male elite soccer players. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2015, 25, e40.	1.3	41
142	One-legged endurance training: leg blood flow and oxygen extraction during cycling exercise. <i>Acta Physiologica</i> , 2012, 205, 177-185.	1.8	40
143	Cardiovascular effects of 3 months of football training in overweight children examined by comprehensive echocardiography: a pilot study. <i>Journal of Sports Sciences</i> , 2013, 31, 1432-1440.	1.0	40
144	Comparison between two types of anaerobic speed endurance training in competitive soccer players. <i>Journal of Human Kinetics</i> , 2016, 51, 183-192.	0.7	40

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145	Performance Effects of 6 Weeks of Aerobic Production Training in Junior Elite Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1861-1867.	1.0	39
146	Fitness and health benefits of team handball training for young untrained womenâ€”A cross-disciplinary RCT on physiological adaptations and motivational aspects. <i>Journal of Sport and Health Science</i> , 2018, 7, 139-148.	3.3	39
147	Hepatic lactate uptake versus leg lactate output during exercise in humans. <i>Journal of Applied Physiology</i> , 2007, 103, 1227-1233.	1.2	38
148	Effects of a 5â€”month football program on perceived psychological status and body composition of overweight boys. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 10-16.	1.3	38
149	Muscle Metabolism and Fatigue during Simulated Ice Hockey Match-Play in Elite Players. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 2162-2171.	0.2	38
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