List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Fuzhuan brick tea extract prevents diet-induced obesity via stimulation of fat browning in mice. Food Chemistry, 2022, 377, 132006.	8.2	17
2	Antioxidant Activity of Valeriana fauriei Protects against Dexamethasone-Induced Muscle Atrophy. Oxidative Medicine and Cellular Longevity, 2022, 2022, 1-16.	4.0	10
3	<i>Mir214-3p</i> and <i>Hnf4a/Hnf4α</i> reciprocally regulate <i>Ulk1</i> expression and autophagy in nonalcoholic hepatic steatosis. Autophagy, 2021, 17, 2415-2431.	9.1	31
4	Diosmin restores the skin barrier by targeting the aryl hydrocarbon receptor in atopic dermatitis. Phytomedicine, 2021, 81, 153418.	5.3	12
5	6-Gingerol Ameliorates Hepatic Steatosis via HNF4α/miR-467b-3p/GPAT1 Cascade. Cellular and Molecular Gastroenterology and Hepatology, 2021, 12, 1201-1213.	4.5	11
6	Withaferin A exerts an anti-obesity effect by increasing energy expenditure through thermogenic gene expression in high-fat diet-fed obese mice. Phytomedicine, 2021, 82, 153457.	5.3	14
7	MiR-141-3p promotes mitochondrial dysfunction in ovariectomy-induced sarcopenia via targeting Fkbp5 and Fibin. Aging, 2021, 13, 4881-4894.	3.1	17
8	The interplay of microRNAs and transcription factors in autophagy regulation in nonalcoholic fatty liver disease. Experimental and Molecular Medicine, 2021, 53, 548-559.	7.7	10
9	Chrysanthemum zawadskil Herbich attenuates dexamethasone-induced muscle atrophy through the regulation of proteostasis and mitochondrial function. Biomedicine and Pharmacotherapy, 2021, 136, 111226.	5.6	16
10	γâ€Oryzanol Improves Exercise Endurance and Muscle Strength by Upregulating PPARδ and ERRγ Activity in Aged Mice. Molecular Nutrition and Food Research, 2021, 65, e2000652.	3.3	14
11	Identifying Codium fragile extract components and their effects on muscle weight and exercise endurance. Food Chemistry, 2021, 353, 129463.	8.2	11
12	SREBP-1c impairs ULK1 sulfhydration-mediated autophagic flux to promote hepatic steatosis in high-fat-diet-fed mice. Molecular Cell, 2021, 81, 3820-3832.e7.	9.7	38
13	2,6-Dimethoxy-1,4-benzoquinone increases skeletal muscle mass and performance by regulating AKT/mTOR signaling and mitochondrial function. Phytomedicine, 2021, 91, 153658.	5.3	6
14	Differential circulating and visceral fat microRNA expression of non-obese and obese subjects. Clinical Nutrition, 2020, 39, 910-916.	5.0	20
15	Green Tomato Extract Prevents Bone Loss in Ovariectomized Rats, a Model of Osteoporosis. Nutrients, 2020, 12, 3210.	4.1	5
16	Autophagy Functions to Prevent Methylglyoxal-Induced Apoptosis in HK-2 Cells. Oxidative Medicine and Cellular Longevity, 2020, 2020, 1-11.	4.0	6
17	The unc-51 like autophagy activating kinase 1-autophagy related 13 complex has distinct functions in tunicamycin-treated cells. Biochemical and Biophysical Research Communications, 2020, 524, 744-749.	2.1	5
18	Iridoids of Valeriana fauriei contribute to alleviating hepatic steatosis in obese mice by lipophagy. Biomedicine and Pharmacotherapy, 2020, 125, 109950.	5.6	13

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19	Antiobesity effects of the combination of <i>Patrinia scabiosaefolia</i> root and <i>Hippophae rhamnoides</i> leaf extracts. Journal of Food Biochemistry, 2020, 44, e13214.	2.9	7
20	Undaria pinnatifidaextract feeding increases exercise endurance and skeletal muscle mass by promoting oxidative muscle remodeling in mice. FASEB Journal, 2020, 34, 8068-8081.	0.5	14
21	Nutrikinetic study of fermented soybean paste (<i>Cheonggukjang</i>) isoflavones according to the Sasang typology. Nutrition Research and Practice, 2020, 14, 102.	1.9	7
22	Circulating microRNA expression profiling in young obese Korean women. Nutrition Research and Practice, 2020, 14, 412.	1.9	6
23	Synergistic lipid‑lowering effects of Zingiber mioga and Hippophae rhamnoides extracts. Experimental and Therapeutic Medicine, 2020, 20, 2270-2278.	1.8	2
24	Dry-Fermented Soybean Food (Cheonggukjang) Ameliorates Senile Osteoporosis in the Senescence-Accelerated Mouse Prone 6 Model. Journal of Medicinal Food, 2019, 22, 1047-1057.	1.5	14
25	<i>Hydrangea serrata</i> Tea Enhances Running Endurance and Skeletal Muscle Mass. Molecular Nutrition and Food Research, 2019, 63, e1801149.	3.3	9
26	Oleic acid-induced defective autolysosome shows impaired lipid degradation. Biochemical and Biophysical Research Communications, 2019, 513, 553-559.	2.1	13
27	Fermentation Improves the Preventive Effect of Soybean Against Bone Loss in Senescenceâ€Accelerated Mouse Prone 6. Journal of Food Science, 2019, 84, 349-357.	3.1	8
28	2,6-Dimethoxy-1,4-benzoquinone Inhibits 3T3-L1 Adipocyte Differentiation via Regulation of AMPK and mTORC1. Planta Medica, 2019, 85, 210-216.	1.3	5
29	Inula Japonica Thunb. Flower Ethanol Extract Improves Obesity and Exercise Endurance in Mice Fed A High-Fat Diet. Nutrients, 2019, 11, 17.	4.1	16
30	Dihydrodaidzein and 6â€hydroxydaidzein mediate the fermentationâ€induced increase of antiosteoporotic effect of soybeans in ovariectomized mice. FASEB Journal, 2019, 33, 3252-3263.	0.5	12
31	Apigenin inhibits sciatic nerve denervation–induced muscle atrophy. Muscle and Nerve, 2018, 58, 314-318.	2.2	24
32	Coffee consumption promotes skeletal muscle hypertrophy and myoblast differentiation. Food and Function, 2018, 9, 1102-1111.	4.6	20
33	ULK1 phosphorylates Ser30 of BECN1 in association with ATG14 to stimulate autophagy induction. Autophagy, 2018, 14, 584-597.	9.1	121
34	Chicoric acid mitigates impaired insulin sensitivity by improving mitochondrial function. Bioscience, Biotechnology and Biochemistry, 2018, 82, 1197-1206.	1.3	16
35	Bioavailability of Isoflavone Metabolites After Korean Fermented Soybean Paste (<i>Doenjang</i>) Ingestion in Estrogenâ€Deficient Rats. Journal of Food Science, 2018, 83, 2212-2221.	3.1	13
36	A Pilot Study on Characteristics of Metabolomics and Lipidomics according to Sasang Constitution. Evidence-based Complementary and Alternative Medicine, 2018, 2018, 1-12.	1.2	6

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37	Korean diet prevents obesity and ameliorates insulin resistance in mice fed a high-fat diet. Journal of Ethnic Foods, 2017, 4, 36-43.	1.9	4
38	Nutrikinetics of Isoflavone Metabolites After Fermented Soybean Product (Cheonggukjang) Ingestion in Ovariectomized Mice. Molecular Nutrition and Food Research, 2017, 61, 1700322.	3.3	22
39	Poly(lactic-co-glycolic acid) Nanoparticles Potentiate the Protective Effect of Curcumin Against Bone Loss in Ovariectomized Rats. Journal of Biomedical Nanotechnology, 2017, 13, 688-698.	1.1	14
40	Nutrikinetic study of genistein metabolites in ovariectomized mice. PLoS ONE, 2017, 12, e0186320.	2.5	13
41	Zerumbone ameliorates high-fat diet-induced adiposity by restoring AMPK-regulated lipogenesis and microRNA-146b/SIRT1-mediated adipogenesis. Oncotarget, 2017, 8, 36984-36995.	1.8	25
42	3-Decylcatechol induces autophagy-mediated cell death through the IRE1α/JNK/p62 in hepatocellular carcinoma cells. Oncotarget, 2017, 8, 58790-58800.	1.8	20
43	Apigenin enhances skeletal muscle hypertrophy and myoblast differentiation by regulating Prmt7. Oncotarget, 2017, 8, 78300-78311.	1.8	37
44	Pharmacokinetics of Tyrosol Metabolites in Rats. Molecules, 2016, 21, 128.	3.8	20
45	The ULK1 complex mediates MTORC1 signaling to the autophagy initiation machinery via binding and phosphorylating ATG14. Autophagy, 2016, 12, 547-564.	9.1	243
46	Limonin enhances osteoblastogenesis and prevents ovariectomy-induced bone loss. Journal of Functional Foods, 2016, 23, 105-114.	3.4	11
47	Effects of yuja peel extract and its flavanones on osteopenia in ovariectomized rats and osteoblast differentiation. Molecular Nutrition and Food Research, 2016, 60, 2587-2601.	3.3	14
48	Coumestrol modulates Akt and Wnt/l²-catenin signaling during the attenuation of adipogenesis. Food and Function, 2016, 7, 4984-4991.	4.6	27
49	Naringenin targets <scp>ERK</scp> 2 and suppresses <scp>UVB</scp> â€induced photoaging. Journal of Cellular and Molecular Medicine, 2016, 20, 909-919.	3.6	34
50	β-Lapachone Prevents Diet-Induced Obesity by Increasing Energy Expenditure and Stimulating the Browning of White Adipose Tissue via Downregulation of miR-382 Expression. Diabetes, 2016, 65, 2490-2501.	0.6	35
51	Zingiber mioga reduces weight gain, insulin resistance and hepatic gluconeogenesis in diet-induced obese mice. Experimental and Therapeutic Medicine, 2016, 12, 369-376.	1.8	9
52	Tyrosol, an olive oil polyphenol, inhibits ER stress-induced apoptosis in pancreatic β-cell through JNK signaling. Biochemical and Biophysical Research Communications, 2016, 469, 748-752.	2.1	27
53	Î ³ -Oryzanol Enhances Adipocyte Differentiation and Glucose Uptake. Nutrients, 2015, 7, 4851-4861.	4.1	33
54	Pharmacokinetics, Tissue Distribution, and Anti-Lipogenic/Adipogenic Effects of Allyl-Isothiocyanate Metabolites. PLoS ONE, 2015, 10, e0132151.	2.5	37

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55	Shikonin inhibits adipogenic differentiation via regulation ofÂmir-34a-FKBP1B. Biochemical and Biophysical Research Communications, 2015, 467, 941-947.	2.1	13
56	Shikonin protects against obesity through the modulation of adipogenesis, lipogenesis, and β-oxidation in vivo. Journal of Functional Foods, 2015, 16, 484-493.	3.4	16
57	mTORC1 Phosphorylates UVRAG to Negatively Regulate Autophagosome and Endosome Maturation. Molecular Cell, 2015, 57, 207-218.	9.7	218
58	Ethanolic Extract of Taheebo Attenuates Increase in Body Weight and Fatty Liver in Mice Fed a High-Fat Diet. Molecules, 2014, 19, 16013-16023.	3.8	15
59	Cooked Rice Inhibits Hepatic Fat Accumulation by Regulating Lipid Metabolism–Related Gene Expression in Mice Fed a High-Fat Diet. Journal of Medicinal Food, 2014, 17, 36-42.	1.5	7
60	Long-term intake of rice improves insulin sensitivity in mice fed a high-fat diet. Nutrition, 2014, 30, 920-927.	2.4	9
61	<i>Agaricus bisporus</i> Attenuates Dextran Sulfate Sodium-Induced Colitis. Journal of Medicinal Food, 2014, 17, 1383-1385.	1.5	4
62	Curcumin attenuates adhesion molecules and matrix metalloproteinase expression in hypercholesterolemic rabbits. Nutrition Research, 2014, 34, 886-893.	2.9	39
63	Eleutheroside E, an active compound from Eleutherococcus senticosus, regulates adipogenesis in 3T3-L1 cells. Food Science and Biotechnology, 2014, 23, 889-893.	2.6	6
64	Allyl isothiocyanate ameliorates insulin resistance through the regulation of mitochondrial function. Journal of Nutritional Biochemistry, 2014, 25, 1026-1034.	4.2	55
65	Quercetin Reduces Highâ€Fat Dietâ€Induced Fat Accumulation in the Liver by Regulating Lipid Metabolism Genes. Phytotherapy Research, 2013, 27, 139-143.	5.8	204
66	Micro <scp>RNA</scp> â€146b promotes adipogenesis by suppressing the <scp>SIRT</scp> 1― <scp>FOXO</scp> 1 cascade. EMBO Molecular Medicine, 2013, 5, 1602-1612.	6.9	142
67	Cooked rice prevents hyperlipidemia in hamsters fed a high-fat/cholesterol diet by the regulation of the expression of hepatic genes involved in lipid metabolism. Nutrition Research, 2013, 33, 572-579.	2.9	28
68	Fisetin regulates obesity by targeting mTORC1 signaling. Journal of Nutritional Biochemistry, 2013, 24, 1547-1554.	4.2	47
69	Distinct functions of <i><i>Ulk1</i></i> and <i><i>Ulk2</i></i> in the regulation of lipid metabolism in adipocytes. Autophagy, 2013, 9, 2103-2114.	9.1	76
70	Cholesterol-lowering Effect of Rice Protein by Enhancing Fecal Excretion of Lipids in Rats. Preventive Nutrition and Food Science, 2013, 18, 210-213.	1.6	19
71	SNARE-Wedging Polyphenols as Small Molecular Botox. Planta Medica, 2012, 78, 233-236.	1.3	16
72	Syzygium aromaticum ethanol extract reduces high-fat diet-induced obesity in mice through downregulation of adipogenic and lipogenic gene expression. Experimental and Therapeutic Medicine, 2012, 4, 409-414.	1.8	28

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73	<i>Alpinia officinarum</i> Inhibits Adipocyte Differentiation and High-Fat Diet–Induced Obesity in Mice Through Regulation of Adipogenesis and Lipogenesis. Journal of Medicinal Food, 2012, 15, 959-967.	1.5	44
74	Wogonin induces apoptosis by activating the AMPK and p53 signaling pathways in human glioblastoma cells. Cellular Signalling, 2012, 24, 2216-2225.	3.6	77
75	Neuroprotective effects of Schisandrin B against transient focal cerebral ischemia in Sprague–Dawley rats. Food and Chemical Toxicology, 2012, 50, 4239-4245.	3.6	73
76	Guidelines for the use and interpretation of assays for monitoring autophagy. Autophagy, 2012, 8, 445-544.	9.1	3,122
77	Hsp90-Cdc37 Chaperone Complex Regulates Ulk1- and Atg13-Mediated Mitophagy. Molecular Cell, 2011, 43, 572-585.	9.7	211
78	ULK1 inhibits the kinase activity of mTORC1 and cell proliferation. Autophagy, 2011, 7, 1212-1221.	9.1	143
79	mTOR regulation of autophagy. FEBS Letters, 2010, 584, 1287-1295.	2.8	1,790
80	Dissection of SNARE-driven membrane fusion and neuroexocytosis by wedging small hydrophobic molecules into the SNARE zipper. Proceedings of the National Academy of Sciences of the United States of America, 2010, 107, 22145-22150.	7.1	47
81	Selective Cytotoxic Effects on Human Cancer Cell Lines of Phenolic-Rich Ethyl-Acetate Fraction from <i>Rhus verniciflua</i> Stokes. The American Journal of Chinese Medicine, 2009, 37, 609-620.	3.8	31
82	ULK-Atg13-FIP200 Complexes Mediate mTOR Signaling to the Autophagy Machinery. Molecular Biology of the Cell, 2009, 20, 1992-2003.	2.1	1,725
83	Phenolic-rich fraction from Rhus verniciflua Stokes (RVS) suppress inflammatory response via NF-κB and JNK pathway in lipopolysaccharide-induced RAW 264.7 macrophages. Journal of Ethnopharmacology, 2007, 110, 490-497.	4.1	96
84	Eleutherococcus senticosus extract attenuates LPS-induced iNOS expression through the inhibition of Akt and JNK pathways in murine macrophage. Journal of Ethnopharmacology, 2007, 113, 183-187.	4.1	54
85	Antihyperglycemic Activity of Herb Extracts on Streptozotocin-Induced Diabetic Rats. Bioscience, Biotechnology and Biochemistry, 2006, 70, 2556-2559.	1.3	47
86	Rhus verniciflua Stokes Extract: Radical Scavenging Activities and Protective Effects on H2O2-Induced Cytotoxicity in Macrophage RAW 264.7 Cell Lines. Biological and Pharmaceutical Bulletin, 2006, 29, 1603-1607.	1.4	65