

# Inmaculada C Álvarez-Gallardo

## List of Publications by Year in descending order

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Version: 2024-02-01

69  
papers

1,679  
citations

236925

25  
h-index

330143

37  
g-index

72  
all docs

72  
docs citations

72  
times ranked

1663  
citing authors

#	ARTICLE	IF	CITATIONS
1	Is active commuting associated with sedentary behaviour and physical activity in women with fibromyalgia? The al-Andalus project. Disability and Rehabilitation, 2022, 44, 4602-4610.	1.8	2
2	Physical activity and exercise in the management of chronic widespread musculoskeletal pain: A focus on fibromyalgia. , 2022, , 523-544.		0
3	Reliability of Field-Based Fitness Tests in Adults: A Systematic Review. Sports Medicine, 2022, 52, 1961-1979.	6.5	26
4	Longitudinal associations of physical fitness and affect with depression, anxiety and life satisfaction in adult women with fibromyalgia. Quality of Life Research, 2022, 31, 2047-2058.	3.1	6
5	Interplay between genetics and lifestyle on pain susceptibility in women with fibromyalgia: the al-Andalus project. Rheumatology, 2022, 61, 3180-3191.	1.9	4
6	Objective and subjective measures of physical functioning in women with fibromyalgia: what type of measure is associated most clearly with subjective well-being?. Disability and Rehabilitation, 2021, 43, 1649-1656.	1.8	17
7	Effectiveness of Exercise on Fatigue and Sleep Quality in Fibromyalgia: A Systematic Review and Meta-analysis of Randomized Trials. Archives of Physical Medicine and Rehabilitation, 2021, 102, 752-761.	0.9	70
8	Fatigue in Women with Fibromyalgia: A Gene-Physical Activity Interaction Study. Journal of Clinical Medicine, 2021, 10, 1902.	2.4	2
9	Intervention reporting and dissemination of information for the management of hand osteoarthritis. Journal of Hand Therapy, 2021, 34, 362-368.	1.5	4
10	Physical and psychological paths toward less severe fibromyalgia: A structural equation model. Annals of Physical and Rehabilitation Medicine, 2020, 63, 46-52.	2.3	55
11	THU0470â€¦EFFECT OF LAND AND WATER-BASED EXERCISE ON PHYSICAL FUNCTION IN WOMEN WITH FIBROMYALGIA: PRELIMINARY FINDINGS FROM THE AL-ANDALUS RANDOMISED CONTROL TRIAL. Annals of the Rheumatic Diseases, 2020, 79, 472.1-472.	0.9	1
12	Patterns of Sedentary Time and Quality of Life in Women With Fibromyalgia: Cross-Sectional Study From the al-Andalus Project. JMIR MHealth and UHealth, 2020, 8, e14538.	3.7	7
13	THU0460â€¦PHYSICAL FITNESS AND QUALITY OF LIFE IN WOMEN WITH FIBROMYALGIA: LONGITUDINAL ANALYSES FROM THE AL-ANDALUS PROJECT. Annals of the Rheumatic Diseases, 2020, 79, 466.1-467.	0.9	0
14	Association of objectively measured physical activity and sedentary time with health-related quality of life in women with fibromyalgia: The al-Andalus project. Journal of Sport and Health Science, 2019, 8, 258-266.	6.5	16
15	Substituting Sedentary Time With Physical Activity in Fibromyalgia and the Association With Quality of Life and Impact of the Disease: The al-Andalus Project. Arthritis Care and Research, 2019, 71, 281-289.	3.4	16
16	High Levels of Physical Fitness Are Associated With Better Health-Related Quality of Life in Women With Fibromyalgia: The al-Andalus Project. Physical Therapy, 2019, 99, 1481-1494.	2.4	9
17	Physical activity, sedentary behaviour, physical fitness, and cognitive performance in women with fibromyalgia who engage in reproductive and productive work: the al-Andalus project. Clinical Rheumatology, 2019, 38, 3585-3593.	2.2	7
18	Lower Fatigue in Fit and Positive Women with Fibromyalgia: The al-Andalus Project. Pain Medicine, 2019, 20, 2506-2515.	1.9	9

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19	Association of Patterns of Moderate-to-Vigorous Physical Activity Bouts With Pain, Physical Fatigue, and Disease Severity in Women With Fibromyalgia: the al-Ándalus Project. Archives of Physical Medicine and Rehabilitation, 2019, 100, 1234-1242.e1.	0.9	18
20	THU0480â€¦IS PROLONGED SEDENTARY TIME ASSOCIATED WITH THE IMPACT OF THE DISEASE IN WOMEN WITH FIBROMYALGIA? THE AL-ÁNDALUS PROJECT. , 2019, , .		0
21	Therapeutic validity of exercise interventions in the management of fibromyalgia. Journal of Sports Medicine and Physical Fitness, 2019, 59, 828-838.	0.7	14
22	A study of the description of exercise programs evaluated in randomized controlled trials involving people with fibromyalgia using different reporting tools, and validity of the tools related to pain relief. Clinical Rehabilitation, 2019, 33, 557-563.	2.2	13
23	Fibromyalgia Impact Score in Women with Fibromyalgia Across Southern, Central, and Northern Areas of Europe. Pain Physician, 2019, 22, E511-E516.	0.4	2
24	The discordance between subjectively and objectively measured physical function in women with fibromyalgia: association with catastrophizing and self-efficacy cognitions. The al-Ándalus project. Disability and Rehabilitation, 2018, 40, 1-9.	1.8	42
25	â€˜Exercise to me is a scary wordâ€™: perceptions of fatigue, sleep dysfunction, and exercise in people with fibromyalgia syndromeâ€™ a focus group study. Rheumatology International, 2018, 38, 507-515.	3.0	29
26	Identification of candidate genes associated with fibromyalgia susceptibility in southern Spanish women: the al-Ándalus project. Journal of Translational Medicine, 2018, 16, 43.	4.4	9
27	The Ottawa Panel guidelines on programmes involving therapeutic exercise for the management of hand osteoarthritis. Clinical Rehabilitation, 2018, 32, 026921551878097.	2.2	13
28	Association of sedentary time and physical activity with pain, fatigue, and impact of fibromyalgia: the al-Ándalus study. Scandinavian Journal of Medicine and Science in Sports, 2017, 27, 83-92.	2.9	51
29	The Ottawa panel clinical practice guidelines for the management of knee osteoarthritis. Part two: strengthening exercise programs. Clinical Rehabilitation, 2017, 31, 596-611.	2.2	128
30	The Ottawa panel clinical practice guidelines for the management of knee osteoarthritis. Part three: aerobic exercise programs. Clinical Rehabilitation, 2017, 31, 612-624.	2.2	68
31	The Potential of Established Fitness Cut-off Points for Monitoring Women with Fibromyalgia: The al-Ándalus Project. International Journal of Sports Medicine, 2017, 38, 359-369.	1.7	8
32	Ottawa Panel Evidence-Based Clinical Practice Guidelines for Structured Physical Activity in the Management of Juvenile Idiopathic Arthritis. Archives of Physical Medicine and Rehabilitation, 2017, 98, 1018-1041.	0.9	36
33	Association of Dietary Habits with Psychosocial Outcomes in Women with Fibromyalgia: The al-Ándalus Project. Journal of the Academy of Nutrition and Dietetics, 2017, 117, 422-432.e1.	0.8	21
34	Adaptation profiles comprising objective and subjective measures in fibromyalgia: the al-Ándalus project. Rheumatology, 2017, 56, 2015-2024.	1.9	42
35	Physical fitness reference standards in fibromyalgia: The al-Ándalus project. Scandinavian Journal of Medicine and Science in Sports, 2017, 27, 1477-1488.	2.9	26
36	Independent and joint associations of physical activity and fitness with fibromyalgia symptoms and severity: The al-Ándalus project. Journal of Sports Sciences, 2017, 35, 1565-1574.	2.0	14

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37	Do women with fibromyalgia present higher cardiovascular disease risk profile than healthy women? The al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2017, 35 Suppl 105, 61-67.	0.8	4
38	Gender Differences in Symptoms, Health-Related Quality of Life, Sleep Quality, Mental Health, Cognitive Performance, Pain-Cognition, and Positive Health in Spanish Fibromyalgia Individuals: The Al-Ándalus Project. <i>Pain Research and Management</i> , 2016, 2016, 1-14.	1.8	23
39	The association of total and central body fat with pain, fatigue and the impact of fibromyalgia in women; role of physical fitness. <i>European Journal of Pain</i> , 2016, 20, 811-821.	2.8	18
40	Effects of supervised aerobic and strength training in overweight and grade I obese pregnant women on maternal and foetal health markers: the GESTAFIT randomized controlled trial. <i>BMC Pregnancy and Childbirth</i> , 2016, 16, 290.	2.4	39
41	Association of Physical Fitness with Depression in Women with Fibromyalgia. <i>Pain Medicine</i> , 2016, 17, 1542-1552.	1.9	23
42	Association of physical fitness and fatness with cognitive function in women with fibromyalgia. <i>Journal of Sports Sciences</i> , 2016, 34, 1731-1739.	2.0	9
43	Physical fitness is associated with anxiety levels in women with fibromyalgia: the al-Ándalus project. <i>Quality of Life Research</i> , 2016, 25, 1053-1058.	3.1	30
44	Ottawa Panel evidence-based clinical practice guidelines for therapeutic exercise in the management of hip osteoarthritis. <i>Clinical Rehabilitation</i> , 2016, 30, 935-946.	2.2	50
45	International Fitness Scale (IFIS): Construct Validity and Reliability in Women With Fibromyalgia: The al-Ándalus Project. <i>Archives of Physical Medicine and Rehabilitation</i> , 2016, 97, 395-404.	0.9	25
46	Factor structure of the Positive and Negative Affect Schedule (PANAS) in adult women with fibromyalgia from Southern Spain: the al-Ándalus project. <i>PeerJ</i> , 2016, 4, e1822.	2.0	21
47	Subgroups of fibromyalgia patients using the 1990 American College of Rheumatology criteria and the modified 2010 preliminary diagnostic criteria: the al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2016, 34, S26-33.	0.8	11
48	Associations between patterns of active commuting and socioeconomic factors in women with fibromyalgia: the al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2016, 34, S67-73.	0.8	3
49	Association of Physical Fitness With Pain in Women With Fibromyalgia: The al-Ándalus Project. <i>Arthritis Care and Research</i> , 2015, 67, 1561-1570.	3.4	55
50	Differences in Sedentary Time and Physical Activity Between Female Patients With Fibromyalgia and Healthy Controls: The al-Ándalus Project. <i>Arthritis and Rheumatology</i> , 2015, 67, 3047-3057.	5.6	57
51	Fitness Testing in the Fibromyalgia Diagnosis. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 451-459.	0.4	38
52	Reliability and Feasibility of Physical Fitness Tests in Female Fibromyalgia Patients. <i>International Journal of Sports Medicine</i> , 2015, 36, 157-162.	1.7	52
53	Reliability of the ALPHA environmental questionnaire and its association with physical activity in female fibromyalgia patients: the al-Ándalus project. <i>Journal of Sports Sciences</i> , 2015, 33, 850-862.	2.0	8
54	Validity and reliability of rating perceived exertion in women with fibromyalgia: exertion-pain discrimination. <i>Journal of Sports Sciences</i> , 2015, 33, 1515-1522.	2.0	12

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55	Ageing influence in the evolution of strength and muscle mass in women with fibromyalgia: the al-Ándalus project. <i>Rheumatology International</i> , 2015, 35, 1243-1250.	3.0	9
56	Independent and combined association of overall physical fitness and subjective well-being with fibromyalgia severity: the al-Ándalus project. <i>Quality of Life Research</i> , 2015, 24, 1865-1873.	3.1	34
57	Fibromyalgia has a larger impact on physical health than on psychological health, yet both are markedly affected: The al-Ándalus project. <i>Seminars in Arthritis and Rheumatism</i> , 2015, 44, 563-570.	3.4	71
58	Cost-effectiveness of an exercise intervention program in perimenopausal women: the Fitness League Against MENopause COst (FLAMENCO) randomized controlled trial. <i>BMC Public Health</i> , 2015, 15, 555.	2.9	17
59	Association of different levels of depressive symptoms with symptomatology, overall disease severity, and quality of life in women with fibromyalgia. <i>Quality of Life Research</i> , 2015, 24, 2951-2957.	3.1	41
60	Inter-accelerometer comparison to measure physical activity and sedentary time in female fibromyalgia patients: the al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2015, 33, S46-52.	0.8	1
61	Agreement between self-reported sleep patterns and actigraphy in fibromyalgia and healthy women. <i>Clinical and Experimental Rheumatology</i> , 2015, 33, S58-67.	0.8	8
62	Are there differences in quality of life, symptomatology and functional capacity among different obesity classes in women with fibromyalgia? The al-Ándalus project. <i>Rheumatology International</i> , 2014, 34, 811-821.	3.0	18
63	Validation of the modified 2010 American College of Rheumatology diagnostic criteria for fibromyalgia in a Spanish population. <i>Rheumatology</i> , 2014, 53, 1803-1811.	1.9	64
64	Comparison of Physical Activity Using Questionnaires (Leisure Time Physical Activity Instrument and) Tj ETQq0 0 0 rgBT /Overlock 10 Tf Al-Ándalus Project. <i>Archives of Physical Medicine and Rehabilitation</i> , 2014, 95, 1903-1911.e2.	0.9	23
65	Objectively measured sedentary time and physical activity in women with fibromyalgia: a cross-sectional study. <i>BMJ Open</i> , 2013, 3, e002722.	1.9	35
66	Spanish adaptation and psychometric properties of the Sedentary Behaviour Questionnaire for fibromyalgia patients: the al-Andalus study. <i>Clinical and Experimental Rheumatology</i> , 2013, 31, S22-33.	0.8	8
67	Comparison of the International Physical Activity Questionnaire (IPAQ) with a multi-sensor armband accelerometer in women with fibromyalgia: the al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2013, 31, S94-101.	0.8	24
68	Land- and water-based exercise intervention in women with fibromyalgia: the al-andalus physical activity randomised controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2012, 13, 18.	1.9	38
69	Multidimensional Fatigue Inventory: Spanish adaptation and psychometric properties for fibromyalgia patients. The Al-Andalus study. <i>Clinical and Experimental Rheumatology</i> , 2012, 30, 94-102.	0.8	25