

# Inmaculada C Álvarez-Gallardo

## List of Publications by Year in descending order

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Version: 2024-02-01

69  
papers

1,679  
citations

236925

25  
h-index

330143

37  
g-index

72  
all docs

72  
docs citations

72  
times ranked

1663  
citing authors

#	ARTICLE	IF	CITATIONS
1	The Ottawa panel clinical practice guidelines for the management of knee osteoarthritis. Part two: strengthening exercise programs. <i>Clinical Rehabilitation</i> , 2017, 31, 596-611.	2.2	128
2	Fibromyalgia has a larger impact on physical health than on psychological health, yet both are markedly affected: The al-Ándalus project. <i>Seminars in Arthritis and Rheumatism</i> , 2015, 44, 563-570.	3.4	71
3	Effectiveness of Exercise on Fatigue and Sleep Quality in Fibromyalgia: A Systematic Review and Meta-analysis of Randomized Trials. <i>Archives of Physical Medicine and Rehabilitation</i> , 2021, 102, 752-761.	0.9	70
4	The Ottawa panel clinical practice guidelines for the management of knee osteoarthritis. Part three: aerobic exercise programs. <i>Clinical Rehabilitation</i> , 2017, 31, 612-624.	2.2	68
5	Validation of the modified 2010 American College of Rheumatology diagnostic criteria for fibromyalgia in a Spanish population. <i>Rheumatology</i> , 2014, 53, 1803-1811.	1.9	64
6	Differences in Sedentary Time and Physical Activity Between Female Patients With Fibromyalgia and Healthy Controls: The al-Ándalus Project. <i>Arthritis and Rheumatology</i> , 2015, 67, 3047-3057.	5.6	57
7	Association of Physical Fitness With Pain in Women With Fibromyalgia: The al-Ándalus Project. <i>Arthritis Care and Research</i> , 2015, 67, 1561-1570.	3.4	55
8	Physical and psychological paths toward less severe fibromyalgia: A structural equation model. <i>Annals of Physical and Rehabilitation Medicine</i> , 2020, 63, 46-52.	2.3	55
9	Reliability and Feasibility of Physical Fitness Tests in Female Fibromyalgia Patients. <i>International Journal of Sports Medicine</i> , 2015, 36, 157-162.	1.7	52
10	Association of sedentary time and physical activity with pain, fatigue, and impact of fibromyalgia: the al-Ándalus study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 83-92.	2.9	51
11	Ottawa Panel evidence-based clinical practice guidelines for therapeutic exercise in the management of hip osteoarthritis. <i>Clinical Rehabilitation</i> , 2016, 30, 935-946.	2.2	50
12	The discordance between subjectively and objectively measured physical function in women with fibromyalgia: association with catastrophizing and self-efficacy cognitions. The al-Ándalus project. <i>Disability and Rehabilitation</i> , 2018, 40, 1-9.	1.8	42
13	Adaptation profiles comprising objective and subjective measures in fibromyalgia: the al-Ándalus project. <i>Rheumatology</i> , 2017, 56, 2015-2024.	1.9	42
14	Association of different levels of depressive symptoms with symptomatology, overall disease severity, and quality of life in women with fibromyalgia. <i>Quality of Life Research</i> , 2015, 24, 2951-2957.	3.1	41
15	Effects of supervised aerobic and strength training in overweight and grade I obese pregnant women on maternal and foetal health markers: the GESTAFIT randomized controlled trial. <i>BMC Pregnancy and Childbirth</i> , 2016, 16, 290.	2.4	39
16	Land- and water-based exercise intervention in women with fibromyalgia: the al-andalus physical activity randomised controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2012, 13, 18.	1.9	38
17	Fitness Testing in the Fibromyalgia Diagnosis. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 451-459.	0.4	38
18	Ottawa Panel Evidence-Based Clinical Practice Guidelines for Structured Physical Activity in the Management of Juvenile Idiopathic Arthritis. <i>Archives of Physical Medicine and Rehabilitation</i> , 2017, 98, 1018-1041.	0.9	36

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19	Objectively measured sedentary time and physical activity in women with fibromyalgia: a cross-sectional study. <i>BMJ Open</i> , 2013, 3, e002722.	1.9	35
20	Independent and combined association of overall physical fitness and subjective well-being with fibromyalgia severity: the al-Ándalus project. <i>Quality of Life Research</i> , 2015, 24, 1865-1873.	3.1	34
21	Physical fitness is associated with anxiety levels in women with fibromyalgia: the al-Ándalus project. <i>Quality of Life Research</i> , 2016, 25, 1053-1058.	3.1	30
22	“Exercise to me is a scary word”: perceptions of fatigue, sleep dysfunction, and exercise in people with fibromyalgia syndrome—a focus group study. <i>Rheumatology International</i> , 2018, 38, 507-515.	3.0	29
23	Physical fitness reference standards in fibromyalgia: The al-Ándalus project. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 1477-1488.	2.9	26
24	Reliability of Field-Based Fitness Tests in Adults: A Systematic Review. <i>Sports Medicine</i> , 2022, 52, 1961-1979.	6.5	26
25	International Fitness Scale (IFIS): Construct Validity and Reliability in Women With Fibromyalgia: The al-Ándalus Project. <i>Archives of Physical Medicine and Rehabilitation</i> , 2016, 97, 395-404.	0.9	25
26	Multidimensional Fatigue Inventory: Spanish adaptation and psychometric properties for fibromyalgia patients. The Al-Andalus study. <i>Clinical and Experimental Rheumatology</i> , 2012, 30, 94-102.	0.8	25
27	Comparison of the International Physical Activity Questionnaire (IPAQ) with a multi-sensor armband accelerometer in women with fibromyalgia: the al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2013, 31, S94-101.	0.8	24
28	Comparison of Physical Activity Using Questionnaires (Leisure Time Physical Activity Instrument and) Tj ETQq0 0 0 rgBT /Overlock 10 Tf Al-Ándalus Project. <i>Archives of Physical Medicine and Rehabilitation</i> , 2014, 95, 1903-1911.e2.	0.9	23
29	Gender Differences in Symptoms, Health-Related Quality of Life, Sleep Quality, Mental Health, Cognitive Performance, Pain-Cognition, and Positive Health in Spanish Fibromyalgia Individuals: The Al-Ándalus Project. <i>Pain Research and Management</i> , 2016, 2016, 1-14.	1.8	23
30	Association of Physical Fitness with Depression in Women with Fibromyalgia. <i>Pain Medicine</i> , 2016, 17, 1542-1552.	1.9	23
31	Association of Dietary Habits with Psychosocial Outcomes in Women with Fibromyalgia: The al-Ándalus Project. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2017, 117, 422-432.e1.	0.8	21
32	Factor structure of the Positive and Negative Affect Schedule (PANAS) in adult women with fibromyalgia from Southern Spain: the al-Ándalus project. <i>PeerJ</i> , 2016, 4, e1822.	2.0	21
33	Are there differences in quality of life, symptomatology and functional capacity among different obesity classes in women with fibromyalgia? The al-Ándalus project. <i>Rheumatology International</i> , 2014, 34, 811-821.	3.0	18
34	The association of total and central body fat with pain, fatigue and the impact of fibromyalgia in women; role of physical fitness. <i>European Journal of Pain</i> , 2016, 20, 811-821.	2.8	18
35	Association of Patterns of Moderate-to-Vigorous Physical Activity Bouts With Pain, Physical Fatigue, and Disease Severity in Women With Fibromyalgia: the al-Ándalus Project. <i>Archives of Physical Medicine and Rehabilitation</i> , 2019, 100, 1234-1242.e1.	0.9	18
36	Cost-effectiveness of an exercise intervention program in perimenopausal women: the Fitness League Against MENopause COst (FLAMENCO) randomized controlled trial. <i>BMC Public Health</i> , 2015, 15, 555.	2.9	17

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37	Objective and subjective measures of physical functioning in women with fibromyalgia: what type of measure is associated most clearly with subjective well-being?. <i>Disability and Rehabilitation</i> , 2021, 43, 1649-1656.	1.8	17
38	Association of objectively measured physical activity and sedentary time with health-related quality of life in women with fibromyalgia: The al-Ándalus project. <i>Journal of Sport and Health Science</i> , 2019, 8, 258-266.	6.5	16
39	Substituting Sedentary Time With Physical Activity in Fibromyalgia and the Association With Quality of Life and Impact of the Disease: The al-Ándalus Project. <i>Arthritis Care and Research</i> , 2019, 71, 281-289.	3.4	16
40	Independent and joint associations of physical activity and fitness with fibromyalgia symptoms and severity: The al-Ándalus project. <i>Journal of Sports Sciences</i> , 2017, 35, 1565-1574.	2.0	14
41	Therapeutic validity of exercise interventions in the management of fibromyalgia. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019, 59, 828-838.	0.7	14
42	The Ottawa Panel guidelines on programmes involving therapeutic exercise for the management of hand osteoarthritis. <i>Clinical Rehabilitation</i> , 2018, 32, 026921551878097.	2.2	13
43	A study of the description of exercise programs evaluated in randomized controlled trials involving people with fibromyalgia using different reporting tools, and validity of the tools related to pain relief. <i>Clinical Rehabilitation</i> , 2019, 33, 557-563.	2.2	13
44	Validity and reliability of rating perceived exertion in women with fibromyalgia: exertion-pain discrimination. <i>Journal of Sports Sciences</i> , 2015, 33, 1515-1522.	2.0	12
45	Subgroups of fibromyalgia patients using the 1990 American College of Rheumatology criteria and the modified 2010 preliminary diagnostic criteria: the al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2016, 34, S26-33.	0.8	11
46	Ageing influence in the evolution of strength and muscle mass in women with fibromyalgia: the al-Ándalus project. <i>Rheumatology International</i> , 2015, 35, 1243-1250.	3.0	9
47	Association of physical fitness and fatness with cognitive function in women with fibromyalgia. <i>Journal of Sports Sciences</i> , 2016, 34, 1731-1739.	2.0	9
48	Identification of candidate genes associated with fibromyalgia susceptibility in southern Spanish women: the al-Ándalus project. <i>Journal of Translational Medicine</i> , 2018, 16, 43.	4.4	9
49	High Levels of Physical Fitness Are Associated With Better Health-Related Quality of Life in Women With Fibromyalgia: The al-Ándalus Project. <i>Physical Therapy</i> , 2019, 99, 1481-1494.	2.4	9
50	Lower Fatigue in Fit and Positive Women with Fibromyalgia: The al-Ándalus Project. <i>Pain Medicine</i> , 2019, 20, 2506-2515.	1.9	9
51	Reliability of the ALPHA environmental questionnaire and its association with physical activity in female fibromyalgia patients: the al-Ándalus project. <i>Journal of Sports Sciences</i> , 2015, 33, 850-862.	2.0	8
52	The Potential of Established Fitness Cut-off Points for Monitoring Women with Fibromyalgia: The al-Ándalus Project. <i>International Journal of Sports Medicine</i> , 2017, 38, 359-369.	1.7	8
53	Spanish adaptation and psychometric properties of the Sedentary Behaviour Questionnaire for fibromyalgia patients: the al-Andalus study. <i>Clinical and Experimental Rheumatology</i> , 2013, 31, S22-33.	0.8	8
54	Agreement between self-reported sleep patterns and actigraphy in fibromyalgia and healthy women. <i>Clinical and Experimental Rheumatology</i> , 2015, 33, S58-67.	0.8	8

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55	Physical activity, sedentary behaviour, physical fitness, and cognitive performance in women with fibromyalgia who engage in reproductive and productive work: the al-Ándalus project. <i>Clinical Rheumatology</i> , 2019, 38, 3585-3593.	2.2	7
56	Patterns of Sedentary Time and Quality of Life in Women With Fibromyalgia: Cross-Sectional Study From the al-Ándalus Project. <i>JMIR MHealth and UHealth</i> , 2020, 8, e14538.	3.7	7
57	Longitudinal associations of physical fitness and affect with depression, anxiety and life satisfaction in adult women with fibromyalgia. <i>Quality of Life Research</i> , 2022, 31, 2047-2058.	3.1	6
58	Intervention reporting and dissemination of information for the management of hand osteoarthritis. <i>Journal of Hand Therapy</i> , 2021, 34, 362-368.	1.5	4
59	Do women with fibromyalgia present higher cardiovascular disease risk profile than healthy women? The al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2017, 35 Suppl 105, 61-67.	0.8	4
60	Interplay between genetics and lifestyle on pain susceptibility in women with fibromyalgia: the al-Ándalus project. <i>Rheumatology</i> , 2022, 61, 3180-3191.	1.9	4
61	Associations between patterns of active commuting and socioeconomic factors in women with fibromyalgia: the al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2016, 34, S67-73.	0.8	3
62	Is active commuting associated with sedentary behaviour and physical activity in women with fibromyalgia? The al-Ándalus project. <i>Disability and Rehabilitation</i> , 2022, 44, 4602-4610.	1.8	2
63	Fatigue in Women with Fibromyalgia: A Gene-Physical Activity Interaction Study. <i>Journal of Clinical Medicine</i> , 2021, 10, 1902.	2.4	2
64	Fibromyalgia Impact Score in Women with Fibromyalgia Across Southern, Central, and Northern Areas of Europe. <i>Pain Physician</i> , 2019, 22, E511-E516.	0.4	2
65	THU0470â€¦EFFECT OF LAND AND WATER-BASED EXERCISE ON PHYSICAL FUNCTION IN WOMEN WITH FIBROMYALGIA: PRELIMINARY FINDINGS FROM THE AL-ÁNDALUS RANDOMISED CONTROL TRIAL. <i>Annals of the Rheumatic Diseases</i> , 2020, 79, 472.1-472.	0.9	1
66	Inter-accelerometer comparison to measure physical activity and sedentary time in female fibromyalgia patients: the al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2015, 33, S46-52.	0.8	1
67	THU0480â€¦IS PROLONGED SEDENTARY TIME ASSOCIATED WITH THE IMPACT OF THE DISEASE IN WOMEN WITH FIBROMYALGIA? THE AL-ÁNDALUS PROJECT. , 2019, , .		0
68	THU0460â€¦PHYSICAL FITNESS AND QUALITY OF LIFE IN WOMEN WITH FIBROMYALGIA: LONGITUDINAL ANALYSES FROM THE AL-ÁNDALUS PROJECT. <i>Annals of the Rheumatic Diseases</i> , 2020, 79, 466.1-467.	0.9	0
69	Physical activity and exercise in the management of chronic widespread musculoskeletal pain: A focus on fibromyalgia. , 2022, , 523-544.		0