

# Gerben J Westerhof

## List of Publications by Year in descending order

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Version: 2024-02-01

123  
papers

9,002  
citations

81434

41  
h-index

53065

89  
g-index

140  
all docs

140  
docs citations

140  
times ranked

8042  
citing authors

#	ARTICLE	IF	CITATIONS
1	The power of sharing meaningful moments: A Buberian analysis of a counseling intervention. <i>Journal of Humanistic Counseling</i> , 2023, 62, 41-56.	0.3	1
2	The added value of autobiographical reflexivity with persuasive technology for professional identities of Social Work students: a randomized controlled trial. <i>Social Work Education</i> , 2022, 41, 767-786.	0.8	2
3	Assessing mental wellbeing using the Mental Health Continuumâ€”Short Form: A systematic review and meta-analytic structural equation modelling.. <i>Clinical Psychology: Science and Practice</i> , 2022, 29, 442-456.	0.6	8
4	Images of Recovery: A PhotoVoice Study on Visual Narratives of Personal Recovery in Persons with Serious Mental Illness. <i>Community Mental Health Journal</i> , 2021, 57, 1151-1163.	1.1	11
5	Evaluating the value of persuasive technology and the role of teachers in a blended learning course for social work students. <i>Social Work Education</i> , 2021, 40, 333-349.	0.8	6
6	The relationship between depressive symptoms, general psychopathology, and well-being in patients with major depressive disorder. <i>Journal of Clinical Psychology</i> , 2021, 77, 1472-1486.	1.0	7
7	The reflection level and the construction of professional identity of university students. <i>Reflective Practice</i> , 2021, 22, 73-85.	0.7	16
8	Exploring associations between personality trait facets and emotional, psychological and social well-being in eating disorder patients. <i>Eating and Weight Disorders</i> , 2021, , 1.	1.2	2
9	The psychometric network structure of mental health in eating disorder patients. <i>European Eating Disorders Review</i> , 2021, 29, 559-574.	2.3	11
10	Responsible Relations: A Systematic Scoping Review of the Therapeutic Alliance in Text-Based Digital Psychotherapy. <i>Frontiers in Digital Health</i> , 2021, 3, 689750.	1.5	8
11	Deconstructing recovery: A prospective study on well-being, symptom severity and acceptance in patients with major depressive disorders. <i>Journal of Affective Disorders</i> , 2021, 296, 653-659.	2.0	1
12	The Online Life Story Book: A randomized controlled trial on the effects of a digital reminiscence intervention for people with (very) mild dementia and their informal caregivers. <i>PLoS ONE</i> , 2021, 16, e0256251.	1.1	10
13	The Model for Sustainable Mental Health: Future Directions for Integrating Positive Psychology Into Mental Health Care. <i>Frontiers in Psychology</i> , 2021, 12, 747999.	1.1	25
14	Analysis of the Emails From the Dutch Web-Based Intervention â€œAlcohol de Baasâ€: Assessment of Early Indications of Drop-Out in an Online Alcohol Abuse Intervention. <i>Frontiers in Psychiatry</i> , 2021, 12, 575931.	1.3	2
15	Wonderful Life: Exploring Wonder in Meaningful Moments. <i>Journal of Humanistic Psychology</i> , 2020, 60, 147-167.	1.4	8
16	Effectiveness of a life story intervention for adults with intellectual disability and depressive and trauma-related complaints. <i>Journal of Applied Research in Intellectual Disabilities</i> , 2020, 33, 1340-1347.	1.3	3
17	The Happiness Route: finding alternatives to the problem-based approach in social work for vulnerable groups. <i>Journal of Positive Psychology</i> , 2020, 15, 666-669.	2.6	2
18	Narrative and Identity. , 2020, , 383-399.		3

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19	How well do nursing staff assess the wellbeing of nursing home residents? An explorative study of using single-question scales. <i>Ageing and Society</i> , 2020, , 1-17.	1.2	2
20	Exploring facilitators and barriers to using a person centered care intervention in a nursing home setting. <i>Geriatric Nursing</i> , 2020, 41, 730-739.	0.9	11
21	The long and winding road to happiness: A randomized controlled trial and cost-effectiveness analysis of a positive psychology intervention for lonely people with health problems and a low socio-economic status. <i>Health and Quality of Life Outcomes</i> , 2020, 18, 162.	1.0	13
22	The Role of the Spiritual Meaning System in Coping with Cancer. <i>Religions</i> , 2020, 11, 49.	0.3	6
23	Participatory design of persuasive technology in a blended learning course: A qualitative study. <i>Education and Information Technologies</i> , 2020, 25, 4115-4138.	3.5	19
24	Understanding Therapeutic Change Process Research Through Multilevel Modeling and Text Mining. <i>Frontiers in Psychology</i> , 2019, 10, 1186.	1.1	16
25	Online positive psychology intervention for nursing home staff: A cluster-randomized controlled feasibility trial of effectiveness and acceptability. <i>International Journal of Nursing Studies</i> , 2019, 98, 48-56.	2.5	22
26	MEMOA: Introducing the Multi-Modal Emotional Memories of Older Adults Database. , 2019, , .		3
27	In search of the best evidence for life review therapy to reduce depressive symptoms in older adults: A meta-analysis of randomized controlled trials.. <i>Clinical Psychology: Science and Practice</i> , 2019, 26, 11-11.	0.6	27
28	Beyond Adaptive Mental Functioning With Pain as the Absence of Psychopathology: Prevalence and Correlates of Flourishing in Two Chronic Pain Samples. <i>Frontiers in Psychology</i> , 2019, 10, 2443.	1.1	9
29	Applying Intervention Mapping to Improve the Applicability of Precious Memories, an Intervention for Depressive Symptoms in Nursing Home Residents. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 5163.	1.2	2
30	Towards text mining therapeutic change: A systematic review of text-based methods for Therapeutic Change Process Research. <i>PLoS ONE</i> , 2019, 14, e0225703.	1.1	6
31	Longitudinal Associations of Autonomy, Relatedness, and Competence With the Well-being of Nursing Home Residents. <i>Gerontologist</i> , The, 2019, 59, 635-643.	2.3	39
32	Online Therapy for Depressive Symptoms: An Evaluation of Counselor-Led and Peer-Supported Life Review Therapy. <i>Gerontologist</i> , The, 2019, 59, 135-146.	2.3	19
33	Development of an Ambulatory Biofeedback App to Enhance Emotional Awareness in Patients with Borderline Personality Disorder: Multicycle Usability Testing Study. <i>JMIR MHealth and UHealth</i> , 2019, 7, e13479.	1.8	28
34	Change and stability in loneliness and friendship after an intervention for older women. <i>Ageing and Society</i> , 2018, 38, 435-454.	1.2	7
35	Precious memories: a randomized controlled trial on the effects of an autobiographical memory intervention delivered by trained volunteers in residential care homes. <i>Ageing and Mental Health</i> , 2018, 22, 1494-1501.	1.5	16
36	Longitudinal Relations Between Self-Defining Memories and Self-Esteem: Mediating Roles of Meaning-Making and Memory Function. <i>Imagination, Cognition and Personality</i> , 2018, 37, 318-341.	0.5	13

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37	Structural Validity of the World Assumption Scale. <i>Journal of Traumatic Stress</i> , 2018, 31, 816-825.	1.0	17
38	Having an Eating Disorder and Still Being Able to Flourish? Examination of Pathological Symptoms and Well-Being as Two Continua of Mental Health in a Clinical Sample. <i>Frontiers in Psychology</i> , 2018, 9, 2145.	1.1	40
39	Validation of the Mental Health Continuum—Short Form and the dual continua model of well-being and psychopathology in an adult mental health setting. <i>Journal of Clinical Psychology</i> , 2018, 74, 2187-2202.	1.0	61
40	Life story books for people with dementia: a systematic review. <i>International Psychogeriatrics</i> , 2018, 30, 1797-1811.	0.6	27
41	How is spirituality part of people's meaning system?. <i>Psychology of Religion and Spirituality</i> , 2018, 10, 157-165.	0.9	10
42	The Relation of Ego Integrity and Despair to Personality Traits and Mental Health. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2017, 72, gbv062.	2.4	22
43	Flourishing in the now: Initial validation of a present-eudaimonic time perspective scale. <i>Time and Society</i> , 2017, 26, 203-226.	0.8	39
44	Both positive mental health and psychopathology should be monitored in psychotherapy: Confirmation for the dual-factor model in acceptance and commitment therapy. <i>Behaviour Research and Therapy</i> , 2017, 91, 58-63.	1.6	85
45	The effectiveness of creating an online life story book on persons with early dementia and their informal caregivers: a protocol of a randomized controlled trial. <i>BMC Geriatrics</i> , 2017, 17, 95.	1.1	11
46	The Existential Concerns Questionnaire (ECQ)—Development and Initial Validation of a New Existential Anxiety Scale in a Nonclinical and Clinical Sample. <i>Journal of Clinical Psychology</i> , 2017, 73, 1692-1703.	1.0	45
47	How do views on aging affect health outcomes in adulthood and late life? Explanations for an established connection. <i>Developmental Review</i> , 2017, 46, 27-43.	2.6	183
48	A Meta-analysis on the Association Between Emotional Awareness and Borderline Personality Pathology. <i>Journal of Personality Disorders</i> , 2017, 31, 362-384.	0.8	40
49	Identifying fundamental criteria for eating disorder recovery: a systematic review and qualitative meta-analysis. <i>Journal of Eating Disorders</i> , 2017, 5, 34.	1.3	107
50	Can We Increase Psychological Well-Being? The Effects of Interventions on Psychological Well-Being: A Meta-Analysis of Randomized Controlled Trials. <i>PLoS ONE</i> , 2016, 11, e0158092.	1.1	229
51	Inpatient schema therapy for nonresponsive patients with personality pathology: Changes in symptomatic distress, schemas, schema modes, coping styles, experienced parenting styles, and mental well-being. <i>Psychotherapy</i> , 2016, 53, 402-412.	0.7	21
52	Who Am I? A Life Story Intervention for Persons With Intellectual Disability and Psychiatric Problems. <i>Intellectual and Developmental Disabilities</i> , 2016, 54, 173-186.	0.6	13
53	What Factors are Associated with Flourishing? Results from a Large Representative National Sample. <i>Journal of Happiness Studies</i> , 2016, 17, 1351-1370.	1.9	118
54	Acceptance and commitment therapy group-treatment for non-responsive patients with personality disorders: An exploratory study. <i>Personality and Mental Health</i> , 2015, 9, 345-356.	0.6	10

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55	The Efficacy of Life-Review as Online-Guided Self-help for Adults: A Randomized Trial. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2015, 70, 24-34.	2.4	46
56	Identity as "knowing your place": The narrative construction of space in a healthcare profession. <i>Journal of Health Psychology</i> , 2015, 20, 326-337.	1.3	7
57	Narrative health psychology: Once more unto the breach. <i>Journal of Health Psychology</i> , 2015, 20, 239-245.	1.3	13
58	Cost-effectiveness of life-review for older adults with moderate depressive symptomatology: A pragmatic randomized controlled trial. <i>Journal of Aging Studies</i> , 2015, 34, 146-154.	0.7	6
59	Mental Health Among Living Kidney Donors: A Prospective Comparison With Matched Controls From the General Population. <i>American Journal of Transplantation</i> , 2015, 15, 508-517.	2.6	25
60	Systematic Review of Existential Anxiety Instruments. <i>Journal of Humanistic Psychology</i> , 2015, 55, 173-201.	1.4	29
61	Longitudinal Research on Subjective Aging, Health, and Longevity: Current Evidence and New Directions for Research. <i>Annual Review of Gerontology and Geriatrics</i> , 2015, 35, 145-165.	0.5	73
62	The bidirectional relation between positive mental health and psychopathology in a longitudinal representative panel study. <i>Journal of Positive Psychology</i> , 2015, 10, 553-560.	2.6	130
63	Improving the Health Care Sector with a Happiness-Based Approach. <i>Happiness Studies Book Series</i> , 2015, , 59-71.	0.1	3
64	Wisdom and Mental Health Across the Lifespan. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2014, 69, 209-218.	2.4	110
65	Towards modeling expressed emotions in oral history interviews: Using verbal and nonverbal signals to track personal narratives. <i>Literary and Linguistic Computing</i> , 2014, 29, 621-636.	0.6	3
66	The influence of subjective aging on health and longevity: A meta-analysis of longitudinal data.. <i>Psychology and Aging</i> , 2014, 29, 793-802.	1.4	301
67	Cost-effectiveness of online positive psychology: Randomized controlled trial. <i>Journal of Positive Psychology</i> , 2014, 9, 460-471.	2.6	30
68	Life review in groups? An explorative analysis of social processes that facilitate or hinder the effectiveness of life review. <i>Aging and Mental Health</i> , 2014, 18, 376-384.	1.5	13
69	Need fulfillment, need importance, and depressive symptoms of residents over the first eight months of living in a nursing home. <i>International Psychogeriatrics</i> , 2014, 26, 1161-1170.	0.6	13
70	Awareness of aging: Theoretical considerations on an emerging concept. <i>Developmental Review</i> , 2014, 34, 93-113.	2.6	245
71	Celebrating fifty years of research and applications in reminiscence and life review: State of the art and new directions. <i>Journal of Aging Studies</i> , 2014, 29, 107-114.	0.7	146
72	The development and initial validation of the narrative foreclosure scale. <i>Aging and Mental Health</i> , 2014, 18, 879-888.	1.5	10

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73	Time to flourish: the relationship of temporal perspective to well-being and wisdom across adulthood. <i>Aging and Mental Health</i> , 2014, 18, 1046-1056.	1.5	52
74	A Buberian Approach to the Co-construction of Relationships Between Professional Caregivers and Residents in Nursing Homes. <i>Gerontologist</i> , The, 2014, 54, 354-362.	2.3	15
75	Positive psychology interventions: a meta-analysis of randomized controlled studies. <i>BMC Public Health</i> , 2013, 13, 119.	1.2	1,320
76	Measuring values and committed action with the Engaged Living Scale (ELS): Psychometric evaluation in a nonclinical sample and a chronic pain sample.. <i>Psychological Assessment</i> , 2013, 25, 1235-1246.	1.2	127
77	Nudging socially isolated people towards well-being with the "Happiness Route"™: design of a randomized controlled trial for the evaluation of a happiness-based intervention. <i>Health and Quality of Life Outcomes</i> , 2013, 11, 159.	1.0	13
78	Need fulfillment in the nursing home: resident and observer perspectives in relation to resident well-being. <i>European Journal of Ageing</i> , 2013, 10, 201-209.	1.2	13
79	The Complete Mental Health Model: The Social Distribution of Mental Health and Mental Illness in the Dutch Population. , 2013, , 51-70.		4
80	Mental Health and Illness In Relation to Physical Health Across the Lifespan. , 2013, , 19-33.		5
81	An Internet-Based Intervention to Promote Mental Fitness for Mildly Depressed Adults: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2013, 15, e200.	2.1	92
82	The Aging Self in a Cultural Context: The Relation of Conceptions of Aging to Identity Processes and Self-Esteem in the United States and the Netherlands. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2012, 67B, 52-60.	2.4	82
83	Mediating processes in an effective life-review intervention.. <i>Psychology and Aging</i> , 2012, 27, 1172-1181.	1.4	36
84	Life review therapy for older adults with moderate depressive symptomatology: a pragmatic randomized controlled trial. <i>Psychological Medicine</i> , 2012, 42, 1163-1173.	2.7	118
85	Meaning in life and mastery mediate the relationship of negative reminiscence with psychological distress among older adults with mild to moderate depressive symptoms. <i>European Journal of Ageing</i> , 2012, 9, 343-351.	1.2	34
86	Differential relationships in the association of the Big Five personality traits with positive mental health and psychopathology. <i>Journal of Research in Personality</i> , 2012, 46, 517-524.	0.9	128
87	Chronological and subjective age differences in flourishing mental health and major depressive episode. <i>Aging and Mental Health</i> , 2012, 16, 67-74.	1.5	156
88	Promotion of self-management in friendship. <i>Aging and Mental Health</i> , 2012, 16, 245-253.	1.5	8
89	The impact of emotional well-being on long-term recovery and survival in physical illness: a meta-analysis. <i>Journal of Behavioral Medicine</i> , 2012, 35, 538-547.	1.1	169
90	Relatedness, autonomy, and competence in the caring relationship: The perspective of nursing home residents. <i>Journal of Aging Studies</i> , 2012, 26, 319-326.	0.7	76

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91	Longitudinal Evaluation of the Mental Health Continuum- Short Form (MHC-SF). <i>European Journal of Psychological Assessment</i> , 2012, 28, 290-296.	1.7	97
92	Psychometric properties of the Dutch Five Facet Mindfulness Questionnaire (FFMQ) in patients with fibromyalgia. <i>Clinical Rheumatology</i> , 2011, 30, 1045-1054.	1.0	125
93	Evaluating the psychometric properties of the mental health Continuum-Short Form (MHC-SF). <i>Journal of Clinical Psychology</i> , 2011, 67, 99-110.	1.0	805
94	Reminiscence and adaptation to critical life events in older adults with mild to moderate depressive symptoms. <i>Aging and Mental Health</i> , 2011, 15, 638-646.	1.5	58
95	Need support and wellbeing during morning care activities: an observational study on resident-staff interaction in nursing homes. <i>Ageing and Society</i> , 2011, 31, 1425-1442.	1.2	61
96	Resident-to-resident relational aggression and subjective well-being in assisted living facilities. <i>Aging and Mental Health</i> , 2011, 15, 59-67.	1.5	43
97	Mental Health Promotion as a New Goal in Public Mental Health Care: A Randomized Controlled Trial of an Intervention Enhancing Psychological Flexibility. <i>American Journal of Public Health</i> , 2010, 100, 2372-2372.	1.5	139
98	Mental Illness and Mental Health: The Two Continua Model Across the Lifespan. <i>Journal of Adult Development</i> , 2010, 17, 110-119.	0.8	721
99	“During my life so much has changed that it looks like a new world to me” A narrative perspective on migrating in time. <i>Journal of Aging Studies</i> , 2010, 24, 12-19.	0.7	12
100	Reminiscence and mental health: a review of recent progress in theory, research and interventions. <i>Ageing and Society</i> , 2010, 30, 697-721.	1.2	234
101	Filling a missing link: the influence of portrayals of older characters in television commercials on the memory performance of older adults. <i>Ageing and Society</i> , 2010, 30, 897-912.	1.2	18
102	Mapping the Future of Reminiscence: A Conceptual Guide for Research and Practice. <i>Research on Aging</i> , 2010, 32, 527-564.	0.9	173
103	Improvement in Personal Meaning Mediates the Effects of a Life Review Intervention on Depressive Symptoms in a Randomized Controlled Trial. <i>Gerontologist</i> , The, 2010, 50, 541-549.	2.3	96
104	Need fulfillment in caring relationships: Its relation with well-being of residents in somatic nursing homes. <i>Aging and Mental Health</i> , 2010, 14, 731-739.	1.5	54
105	The effects of integrative reminiscence on meaning in life: Results of a quasi-experimental study. <i>Aging and Mental Health</i> , 2008, 12, 639-646.	1.5	65
106	Intentions to seek (preventive) psychological help among older adults: An application of the theory of planned behaviour. <i>Aging and Mental Health</i> , 2008, 12, 317-322.	1.5	26
107	Handleiding. , 2008, , 19-26.		0
108	After the Fall of the Berlin Wall: Perceptions and Consequences of Stability and Change Among Middle-Aged and Older East and West Germans. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2006, 61, S240-S247.	2.4	29

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109	What is the problem? A Taxonomy of Life Problems and their Relation to Subjective Well-Being in Middle and Late Adulthood. <i>Social Indicators Research</i> , 2006, 79, 97-115.	1.4	14
110	Meeting the Need to Belong: Predicting Effects of a Friendship Enrichment Program for Older Women. <i>Gerontologist</i> , The, 2006, 46, 495-502.	2.3	71
111	Partners and others: Social provisions and loneliness among married Dutch men and women in the second half of life. <i>Journal of Social and Personal Relationships</i> , 2006, 23, 921-941.	1.4	21
112	Marriage, Social Integration, and Loneliness in the Second Half of Life. <i>Research on Aging</i> , 2006, 28, 713-729.	0.9	48
113	“When Looking Back on My Past Life I Regret” Retrospective Regret in the Second Half of Life. <i>Death Studies</i> , 2005, 29, 625-644.	1.8	18
114	Degree and Content of Negative Meaning in Four Different Age Groups in Germany. <i>International Journal of Aging and Human Development</i> , 2005, 61, 85-104.	1.0	6
115	Age Identity and Subjective Well-Being: A Comparison of the United States and Germany. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2005, 60, S129-S136.	2.4	278
116	IN SEARCH OF MEANING: A REMINISCENCE PROGRAM FOR OLDER PERSONS. <i>Educational Gerontology</i> , 2004, 30, 751-766.	0.7	49
117	Title is missing!. <i>Journal of Adult Development</i> , 2003, 10, 99-112.	0.8	27
118	Beyond Life Satisfaction: Lay Conceptions of Well-Being among Middle-Aged and Elderly Adults. <i>Social Indicators Research</i> , 2001, 56, 179-203.	1.4	45
119	Life contexts and health-related selves in old age. <i>Journal of Aging Studies</i> , 2001, 15, 105-126.	0.7	24
120	The Personal Experience of Aging, Individual Resources, and Subjective Well-Being. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2001, 56, P364-P373.	2.4	300
121	Individualism and Collectivism in the Personal Meaning System of Elderly Adults. <i>Journal of Cross-Cultural Psychology</i> , 2000, 31, 649-676.	1.0	25
122	The Emergence of Meaning From Meaningful Moments in Life. <i>Journal of Humanistic Psychology</i> , 0, , 002216782096777.	1.4	6
123	The Personal Meaning System in a Life-Span Perspective. , 0, , 107-122.		25